

# ALTRUSA WAVES

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## Words from our President Tina Rhodes

Summer is here and there's no other word for it than HOT. And there's really no end in sight so while we're HOT, we may as well crank up the heat on our fundraising. NTGD is just around the corner and our guest speaker in

August will be from Communities Foundation of Texas, the founding sponsor of NTGD, who will share fundraising ideas and tools to help us be successful. We need everyone's participation to make our fundraiser a success and hit our budget of \$9,500. Our activity at this month's meeting is to write notes to our past NTGD donors thanking them for their support and planting the seed to support us again. We'll provide a list with names/addresses for members to use. If you have NEW donors in mind, this will be a great opportunity to write a short note to them as well.

Don't forget about other methods we use for fundraising: Amazon Smile and grocery stores. We all shop, some more than others, so why not make every buck count? Enroll your account(s) in the platform's charity program, community rewards, etc. Every little bit helps and those dollars will add up quickly, especially around peak shopping times.

Our Little Libraries have arrived and our work day on Aug 20th will be the assembly of the boxes. We'll need several teams to assemble each box, which takes about 45 minutes each. The boxes will still need to be installed at their appropriate locations and filled with books. But we're well on our way to completion.

Community Service Chairs, Rita and Rhonda, along with Wendy and myself, toured the 9th Street Boxing Gym and met with staff there to learn how we can serve their students. We're collecting school supplies, snacks and drinks (like Gatorade or water) for our monthly service donation. Kids use laptops and tablets most of the time so don't need as much paper/pencil/folder type supplies. But they still use those tools sometimes. So, focus on computer printer paper (which will be used by the gym's tutor), single subject spirals, pens and pencils. Snacks should be nutritious – granola bars, protein bars, beef sticks, nuts, etc., and drinks are water or power drinks with electrolytes.

And, our most exciting news for August will be welcoming another new member to Altrusa Garland: Maria Contreras. Please be ready to welcome her into this great organization, help her plug in and share her talents with us. It's an exciting time to be an Altrusan.

In Service,  
*Tina*

## IMPORTANT DATES

Aug 11	Business Meeting, 6 PM; Holiday Inn
Aug 12	International Youth Day
Aug 20	Little Libraries work day
Aug 27	Book club at Wildwood Firewheel, 4 PM
Aug 25	Board Meeting at Barbara Powers' 6 PM
Sept 8	20th Birthday Party/Business Meeting - <b>Please plan to attend!</b>
Sept 22	North Texas Giving Day

## Altrusa Garland - Service By the Numbers

There's an old country song that says, "The stars may lie, but the numbers never do..." This is not only true, but impressive when it comes to our club's community impact numbers! Thanks to Sharon Tramonte, District Nine now offers a great new one-pager that shows our impact in the community. Our 2021-22 report includes the amounts of scholarship dollars, books donated, and volunteer hours!

One new-to-us number is the Fiscal Impact. Using a metric determined by the Independent Sector and the Do Good Institute, the 2021 value of one volunteer hour in Texas is \$28.14. So, doing the math with our 8200 volunteer hours in 2021-22, our fiscal impact to Garland (and surrounding cities) is a whopping \$230,748! Wow!

Membership will be sharing this sharp looking one-pager with prospective members, but if you'd like a copy, email Stephanie (snolandtx@yahoo.com) and I'll send you one.

## MEETING INFORMATION Communications Committee

is responsible for leading the Altrusa Accent and Pledge at the August 11, 2022 meeting.

### GARLAND ALTRUSA IMPORTANT INFORMATION

EMAIL: [GarlandAltrusa@gmail.com](mailto:GarlandAltrusa@gmail.com)

FACEBOOK: [garlandaltrusa](https://www.facebook.com/garlandaltrusa)

WEBSITE: [GarlandAltrusa.org](https://www.GarlandAltrusa.org)

DISTRICT NINE WEBSITE: [AltrusaDistrictNine.org](https://www.AltrusaDistrictNine.org)

ALTRUSA INTERNATIONAL: [Altrusa.org](https://www.Altrusa.org)

## Committee Happenings

### Communications

I hope everyone saw that we made the front page of the *Garland News*! Just another way to promote our club.

The communications committee has been working to get the website up-to-date, collecting information for the directory and trying to organize pictures. Goal is to have the directory printed for distribution in September.

If you want a new head shot for the directory please see Christina Contreras after the next meeting. Also, if you want to provide your own, please email to Betty Sainz at bsainz@multiforms.com by August 15.

### Community Services

Garland Altrusans met Saturday, July 23, 2022 to sort, stamp, and count books. We sorted, stamped, and counted 1446 books. We have an estimated 1200-1500 more books that need to be sorted, stamped, and counted. All of these books are stored at the Richardson Municipal Court Building.

There are an additional 3000 books in Stephanie Noland's garage, with 2050 of those ready for an event. There are 12 boxes that partially prepared, ie. sorted, but not stamped, etc.

The Community Service Committee and Programs Committee met via Zoom on Friday, July 29 to coordinate monthly programs with donations collected at the monthly meeting.

**Make a Difference Day Items (MaDD)** - We will be assembling our Moms' bags for MaDD at the October meeting. Items needed are cosmetic bags, lotions, body spray lip gloss, candles, body wash, facial cleaner, scented soaps, scented shampoos, scarves, manicure sets, nail polish, nail polish remover, and cotton pads.

### Fundraising

North Texas Giving Day is September 22, 2022. Please start contacting friends and associates to help up achieve our goal. Details to follow.

### Membership

Altrusa Garland has a new member on deck! The board has approved Maria Contreras (Christina's mother) as our 28th member! Maria has participated in Altrusa events in the past and is going to be another great addition to our club. She will be initiated at an upcoming meeting.

### Programs

Kaitlin Gurthrow our Director of Strategic Partnerships at Communities Foundation of Texas will bring our August program on North Texas Giving Day. We are excited to hear new strategies and ideas for increasing our club's participation, our individual networks, and ways for us raise lots of money for Altrusa Garland's service projects. Please bring any questions you might have to this meeting!

### Social

The next social will be in September. If you have any suggestions, please contact Janet Black or Tammy Caruso.

### Grant Update

It's time to chill out at Chillville again. We have the materials to complete two of the three remaining spaces and need a few Altrusans for a couple of hours to come and help set up the Gone Fishin' cabin and the Fireside Library. Once these spaces are set up, we will purchase materials to set up the Memory Cafe and schedule that work day as well.. Be on the lookout for an email asking for your help here!

## Upcoming Birthdays

Aug 25 Maria Contreras

Aug 26 Patty Lucas



### Altrusa Reads Book Club

The August book selection is *Her Hidden Genius* by Marie Benedict. Meeting and discussion will be at Wildwood Firewheel on Sunday, August 27 at 4 PM.

Synopsis:

She changed the world with her discovery. Three men took the credit.

Rosalind Franklin has always been an outsider—brilliant, but different. Whether working at the laboratory she adored in Paris or toiling at a university in London, she feels closest to the science, those unchanging laws of physics and chemistry that guide her experiments. When she is assigned to work on DNA, she believes she can unearth its secrets.

Rosalind knows if she just takes one more X-ray picture—one more after thousands—she can unlock the building blocks of life. Never again will she have to listen to her colleagues complain about her, especially Maurice Wilkins who'd rather conspire about genetics with James Watson and Francis Crick than work alongside her.

Then it finally happens—the double helix structure of DNA reveals itself to her with perfect clarity. But what unfolds next, Rosalind could have never predicted.

Grab a copy to read and plan to join us later this month.

### Items to bring for August Meeting

We will be visiting the 9th Street Boxing Gym next week to tour and meet their staff, and find out how Altrusa can best serve the gym and students. We're collecting school supplies for kids AND for the tutors at the gym. They've asked for a few things, and I've asked for a list but haven't received it yet.

Computer printer paper – the tutors use to print study aids for students

Single subject spiral notebooks

Pens

Paper

Gatorade or sports drinks, with electrolytes

Water

Snacks like granola bars, protein bars, beef sticks, nuts, etc. Non-junk food.

If we get a more comprehensive list, I'll share it as soon as possible.

Also, as school supplies are on sale, it might be a good time to pick up crayons and coloring books for Hope Clinic, which we can hold onto for a future project.

### Service Project - Book Stamping

