



ALTRUSA WAVES

Issue No. 113

President: Betty Sainz - bsainz@multiforms.com

Caring - Commitment - Community

February 2021

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Words from our President

As we begin our month of February, I decided to look up the days to celebrate. First, of course is **Valentine's Day** but those without a Valentine, can celebrate **Galentine's Day**, the 13th, which is the time to bring together the ladies in your life you love the most. Other days we can

celebrate as Altrusans would be Feb 6, **Time to Talk Day** or perhaps Feb 11, **National Make a Friend Day**. Let us not forget about the food and drink holidays, such as **National Strawberry Day** on the 27th, **National Chili Day** on 25th, **National Tortilla Chip Day** on 24th, **National Margarita Day** on 22nd, **National Chocolate Mint Day** on 19th, and **National Drink Wine Day** on 18th. **LET'S CELEBRATE!!**

But seriously, I am so excited about the valentine cards for the staff of Winter's Park and Foundry Plaza senior facilities. This is a great opportunity in which our members can participate. Special thanks to Stephanie Noland and Rita Johnson for contacting the facilities and getting information to address the cards personally to the workers as well as coordinating the candy baskets given to each property. I greatly appreciate the creativity and positive attitude given to our club! We expect to deliver these items to the facilities early next week.

The Nominating Committee has been elected to prepare a slate of officers for the February Business Meeting. Stephanie is the Chair. The members will be contacting many of you to fill Board positions (see article on right for more information) and please keep an open mind - We need you for next year!

District Nine Conference will be a virtual event this year in April and I am encouraging all members to participate (see more information in article on page 2.

New ideas . . . does anyone have some new ideas we can do while we are stuck under COVID restrictions? I am looking for service and social events. Please contact me if you do.

Thank you for all your support during these trying times. I look forward to the when we will be able to meet up again

As always, remember to keep the **Caring, Commitment, Community** spirit going.

Betty Sainz



- Feb 11 6p February General Membership meeting with Susan Henderson talking with us about the game of Pickle Ball (Zoom meeting).**
- Feb 14 Valentine's Day**
- Feb 15 Presidents' Day**
- Feb 16 6p Altrusa Reads Book Club - *The 7 1/2 Deaths of Evelyn Hardcastle*. Look for Stephanie's email for info to connect with Zoom call**
- Feb 25 6p Board Meeting - Email reminder and Zoom call information is sent prior to meeting**
- Mar 8 International Women's Day**
- Mar 11 6p March Membership Meeting - Vote on slate of Board Officers for club year 2021-2022**
- Apr 16-17-30 2021 District 9 Conference - virtual, see article on page 2**
- July 25 - Aug 1 International Convention in Charlotte NC**

NOMINATING COMMITTEE

The Nominating Committee was elected with Stephanie Noland as the Chair, Patty Lucas, Rita Johnson and Janet Black is the Alternate. These members will be working to put together a slate of officers for our Board to present to the membership in February. Voting for the new officers will be at our March membership meeting. Betty Sainz is encouraging members to consider where you can share your talents by calling Stephanie or one of the other members of this committee and volunteering . . . or agreeing to take a Board position if approached by this committee.



The Fund Raising Committee
Is responsible for leading the
Altrusa Accent
Pledge/Collect/Benediction
at our February Meeting



February 15

GARLAND ALTRUSA IMPORTANT ADDRESSES

Email: garlandaltrusa@gmail.com

Facebook: [garlandaltrusa](https://www.facebook.com/garlandaltrusa)

Website: districtnine.altrusa.org/garland/

District Nine Website: districtnine.altrusa.org

COMMITTEE REPORTS:

ATTENTION : President Betty Sainz is requesting all committees chairs call a meeting of their members to plan for the rest of our club year which ends May 31, 2021.

Communication Committee – Members of this committee are beginning the work to produce the yearbook which will be available in May. They are also continuing to update our social media sites keeping people aware of what Altrusa is involved in both helping our communities and hopefully bringing new people in to help continue the various projects slated.

Community Service – This committee will be meeting this month to make plans for future service projects. Please reach out to one of the committee members if you have a great service project idea. Club members are currently finishing up with Valentine cards that will be delivered to the staff of Winter’s Park and Founder’s Plaza senior facilities. Thank you to all that have participated in preparing those cards for delivery.

Fundraising – Our committee had an impressive year in spite of current restrictions. Traditional fundraising was not possible so we had to change our strategy. With motivated committee and club members, we were able to devote time and energy to one major fundraiser this year – North Texas Giving Day. Part of our success was due to corporate sponsors with matching pledges and that made us very aware of future opportunities we may have in securing more sponsors. In upcoming campaigns, we will be able to grow our online giving initiatives, expand our donor base and provide more support to our community. We welcome ideas to help our next club year as we build on this plan.

Membership – Member care remains a top priority for our club this year with Zoom being our main means to reach out. While COVID has prevented us from in-person meetings, we have not been deterred thanks to Zoom. Through Zoom, we initiated a new member and have been able to include visitors to both club and one business meeting. Remember that Zoom initiations can be sent out to anyone, so feel free to ask your friends to join us for the meetings and events that are coming up the remaining half of our year. Stephanie can send Zoom links to anyone . . . just let her know! Being safe at home does not prevent us from connecting through text, email, and phone, so reach out to your fellow Altrusans and let them know you’re thinking about them.

Program - Our program for the February 11th Membership meeting will be an informative presentation about one of the fastest growing sports in America, Pickleball! A Rowlett Ambassador for this exciting new sport is Susie Henderson and she will share with us elements of the game, its history, how it is played and why it has become so popular within all ages. This may be the exercise outlet you have been looking for.

Social – April 29th is our next 5th Thursday and time for the planning to have a fun event that also counts toward make-up attendance (for the perfect attendance award) for any missed regular meetings.



**HAPPY BIRTHDAY TO
FEBRUARY-MARCH BIRTHDAYS**

01	Feb	Roselyn Blackshear
10	Mar	Deborah Henson
15	Mar	Tammy Caruso
16	Mar	Marlee Nickerson
30	Mar	Christine Contreras

FEBRUARY BOOK CLUB

The February 16th Altrusa Reads selection for our discussion is *The 7 1/2 Deaths of Evelyn Hardcastle* by Stuart Turton. It will be a Zoom meeting so it is not too late to grab a copy and join in the discussion.



We will be reading *The Mystery of Mrs. Christie* by Marie Benedict. This author’s newest piece of historical fiction centers around Agatha Christie’s mysterious 11-day disappearance in December 1926. Investigators find her empty car on the edge of a deep, gloomy pond, the only clues being some tire tracks nearby and a fur coat left in the car. Strange for a frigid night. Her husband and daughter have no knowledge of her whereabouts and England unleashes an unprecedented manhunt to find the up-and-coming mystery author. Eleven days later, she reappears just as mysteriously as she disappeared, claiming amnesia and providing no explanations for her time away. Now, doesn’t that sound intriguing??

2021 DISTRICT NINE CONFERENCE

This year, the Conference will be an all “virtual” meeting in April. The plan will include speakers and workshops as well as a memorial service. Awards will be presented and attention will be given to long range strategic plan, budget, etc.

The conference will be 3 days, but not consecutive (April 16, 17, and 30). More information will be coming to us as we get closer to the designated days during April. Just think, those attending do not have to get hotel reservations and pay for meals, etc., so we are able to attend without the costs paid in the past. The Garland Club delegates to the Conference will be selected at our March meeting. Plan now to be a part of this new format.

The plan at this time for the 2022 conference is to hold it in Georgetown and plans will be publicized for that later. The 2023 Conference is when Shirley Raymer’s installation as Governor is scheduled and all of us will be working to make that a very special Conference.

Time is the only thing that is constant in that it is ever-changing. It pushes us onward, puts perspective on the past, and occasionally urges us to look at things differently.
~ Tiffany

