





ALTRUSA WAVES

President: Tina Rhodes tmrhodes63@gmail.com

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Editor: Betty Sainz bsainz@multiforms.com



Words from our **President**Tina Rhodes

Hard to believe it's July already, but here we are – half the year has gone. And the second half is going to be full of activity and projects. We submitted six awards for the 2021-2022 club

year to District Nine in June showcasing all the hard work we've done and all we've accomplished. The new year's committees and board members are hard at work finalizing plans for the new club year. Our Community Service and Programs committees are collaborating to align our service and programs, and to provide service projects at every business meeting. By the time we gather for our business meeting, these committees will have met together for additional planning and budgeting. And we're working on a couple of brand new service opportunities – it will be exciting to work with new people and introduce them to Altrusa Garland.

June was also a lot of fun. We were honored to be invited to Monica Park Christian Church on June 26th to celebrate Helen Partain as she leaves Garland and moves to her new home in Mineola. Her service and contribution to her church, her community and Altrusa, are well known. Seeing the love and support her family, friends and church family have for her was not a surprise but it was a wonderful reminder of the impact people like Helen have on our community. Helen has left her mark on all of us and I'm glad she'll still live close enough to continue being an Altrusan, and being our friend.

Our 5th Thursday social at Landon Winery was a lot of fun and we had several guests and potential members in attendance. Our social events are a great time to kick back and enjoy fellowship without working, but they're also a great chance to share Altrusa with newbies. And it was a surprise for me to have some long-time friends walk through the door. They saw our event post on social media and decided to join the fun.

As Altrusans, it is incumbent upon us to promote patriotism. I hope you were able to celebrate Independence Day in some way, whether attending a parade, wearing your patriotic clothes, flying flags, spending time with family and friends, cooking on the grill, or whatever you did. But most of all, I pray you had time to reflect on what it means to be American and to celebrate living in the greatest country in the world.

In Service, Tíma

IMPORTANT DATES

July 14 Business Meeting, 6 PM; Holiday

Inn

July 23 Book Sorting/Stamping

at Richardson Courts Bldg. 1 PM

July 24 Book club at Wildwood Firewheel,

4 PM

July 28 Board Meeting via Zoom Sept 22 North Texas Giving Day

Turning over the Reins!

Special thanks to Barbara Boyden for creating our *Altrusa Waves* for 6 years. The time and effort it takes to collect and organize all the information and then share it with our members was tremendous. These will be big foot steps to fill.

Thanks again Barbara, for your dedications to our



MEETING INFORMATION

Programs Committee

is responsible for leading the Altrusa Accent and Pledge at the July 14, 2022 meeting.

GARLAND ALTRUSA IMPORTANT INFORMATION

EMAIL: GarlandAltrusa@gmail.com FACEBOOK: garlandaltrusa

WEBSITE: GarlandAltrusa.org

DISTRICT NINE WEBSITE: AltrusaDistrictNine.org

ALTRUSA INTERNATIONAL: Altrusa.org

Keep Mary Dyer in your thoughts and prayers as she recovers from the partial hip replacement after a fall.

She will be in rehab until around the 23rd.

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Committee Happenings

Communications

The communications committee has been working to get the website up-to-date, collecting information for the directory and trying to organize pictures.

If you want a new head shot for the directory please see Christina Contreras after the next meeting. Also, if you want to provide your own, please email to Betty Sainz at bsainz@multiforms.com by July 31st.

Community Services

Our members jumped in to help out as needed. The Achievement Center of Texas offered us all their books and through the assistance and connections of Kimberly Kierce, we were able to box and store these books at the Richardson Court offices until we had a chance to organize them.

We also had 15 members and family friends join together to package and mail 46 boxes to a unit of 250 soldiers in under an hour. Thank you Mary Powlen for giving us a space to do this.

UPCOMING SERVICE PROJECT - There will be a book stamping/sorting project on Saturday, July 23 @ 1pm at the Richardson Courts building located at 2100 E. Campbell Road, Richardson (southwest corner of Campbell and Jupiter behind Walgrees). Bring your own water/snacks. RSVP to Rita Johnson, Rhonda Schmid or Tina Rhodes.

Fundraising

North Texas Giving Day is September 22, 2022. Please start contacting friends a associates to help up achieve our goal. Details to follow.

Membership

We had two member prospects attend our 5th Thursday social at Landen Winery in Wylie and have invited them to our upcoming meetings. Please remember to take a minute to introduce yourself and welcome any visitors/guests that you spot at any Altrusa event. Reach out to Stephanie if you have a member prospect coming to an event so that we can have an visitor packet ready to hand to them! If you know of someone who wants more information via email, share Stephanie's email with them and she will send a digital visitor packet right away. Her email is snolandtx@yahoo.com

At our recent District Nine Membership meeting, we got to see a new one-pager for local clubs called "Altrusa Impact". Altrusa Garland has requested ours to be created, but in the meantime...here's our local impact for Altrusa year 2021-2022: 27 members, 8200 service/volunteer hours, 5701 books donated, 2 (\$1000) scholarships awarded, and 2 grants received (Welcome to Chillville and Little Lending Libraries). We have definitely made an impact in our communities of Garland, Rowlett, and Sachse!!!

Programs

At our July meeting, the program will be presented by the Garland Police Department Boxing Club. The mission of this organization is to provide a socially acceptable, after school program for at risk youth. We will learn about how Altrusa can support this award winning program in our local community.

The committee is finalizing our program schedule for the year and will be partnering with Community Service to help us make the connection between what we learn about and what we do in our community this year. Stay tuned! It's going to be a great year!

Social

Thanks to all the members, spouses and friends who attended the social event at Landon Winery. This was a great time to socialize and meet new friends. The next social will be in September.



Upcoming Birthdays

July 16 Barbara Powers

July 22 Elizabeth Fuentes

July 22 Shirley Raymer

Aug 1 Kimberly Kierce

Aug 3 Mary Powlen



Altrusa Reads Book Club

We will be discussing *One Italian Summer* on Sunday, July 24 at 4:00 at Wildwood Firewheel. Grab a copy of this great vacation read and join us for conversation about the book. All are welcome - including guests. If you have friends who are readers...give them the info and invite them to come as well!

The August book selection is *Her Hidden Genius* by Marie Benedict.

She changed the world with her discovery. Three men took the credit.

Rosalind Franklin has always been an outsider—brilliant, but different. Whether working at the laboratory she adored in Paris or toiling at a university in London, she feels closest to the science, those unchanging laws of physics and chemistry that guide



her experiments. When she is assigned to work on DNA, she believes she can unearth its secrets.

Rosalind knows if she just takes one more X-ray picture—one more after thousands—she can unlock the building blocks of life. Never again will she have to listen to her colleagues complain about her, especially Maurice Wilkins who'd rather conspire about genetics with James Watson and Francis Crick than work alongside her.

Then it finally happens—the double helix structure of DNA reveals itself to her with perfect clarity. But what unfolds next, Rosalind could have never predicted.



Helen's Going Away Party

On Sunday, July 26th, these fellow Altrusans attended the going away party for Helen Partain given by her church as she takes the next adventure in her life. Helen will be moving to Mineola to live next to her grandson's place. Helen will still be an active member of our club and plans to attend as many functions and projects. Her new address is 254 County Ro9ad 2229, Mineola, TX 75773.

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Boxes to the Military

Above: Rita Johnson prepping the supplies to place in the boxes.

Top Right: This is a sample of a couple of the items that were included in the boxes.

Right: Are the many volunteers who coordinated and boxed all 46 cartons.

Way to go Altrusa!





Books donated by the Achievement Center of Texas

These Altrusans took a few hours on a Saturday to box the books that ACT gave to us. These are the books will be sorted and stamped on July 23rd at the Richardson Courts building

Pictured (L-R) Tina Rhodes, Kimberly Kierce, Barbara Powers, Betty Sainz and Mary Powlen. Not Pictured: Rhonda Schmid.

