

# ALTRUSA WAVES

**President: Tina Rhodes**  
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## Words from our President

**Tina Rhodes**

March always signals "new" to me. It's the beginning of spring with plants budding for a new season and putting out so much energy. Days are getting

longer, weather is getting warmer. Things are buzzing, and it feels like our club is full of energy.

We attended the Garland Volunteer Fair and had great conversations with a few prospective members. We also met a several organizations with a heart for service, and who may provide opportunities for us to work together. And on the same evening, another team was visiting the 9th Street Garland Boxing Gym working on a project for the spring grant.

Conference is just around the corner. If you haven't registered yet, don't delay as the conference-rated hotel rooms are going quickly. We will have a great time celebrating Shirley as our new District Nine Governor, connecting with other clubs, learning more about Altrusa and how we can serve our communities. And it will be a lot of fun! Garland club has quite a few of our new members attending this year so it will be exciting to have so many first-timers representing our club.

I look forward to seeing you at our meeting on March 9th or at any of our other events this month.

In Service,  
*Tina*

### MEETING INFORMATION

#### Community Service Committee

is responsible for leading the Altrusa pledge, grace and accent at the March 10, 2023 meeting.

## IMPORTANT DATES

Mar 9	2023 Women's History Month Luncheon sponsored by Dallas Altrusa, 11:00 AM
Mar 9	Business Meeting, 6 PM, Holiday Inn Program: Garland Police Never Walk Alone Foundation
Mar 10	Book Fair at Shorehaven, 1:30 PM
Mar 23	Board Meeting Via Zoom, 6 PM
Mar 26	Book Club, 4 PM, Wildwood Firewheel
Mar 30	Fifth Thursday Social at Brass Tap, Sachse, 6 PM
Apr 13	Business Meeting, 6 PM, Holiday Inn
Apr 21 - 23	District Nine Conference, Grapevine



**Welcome our newest members that were inducted on February 9, 2023.**

Newest members and sponsors (L-R) Renee Nicholas & Stephanie Noland (sponsor); Christy Miller & Barbara Johnson, Shirley Raymer (sponsor); Helen Partain (membership committee); Mignon Morse & Tina Rhodes (sponsor); Christina Contreras (sponsor) & Laura Contreras.

### Items to bring to the meeting.

We will be filling plastic eggs for Gateway of Grace's Family Easter Egg Hunt. We need small candies to fill the eggs. Please bring these to the business meeting.

### GARLAND ALTRUSA IMPORTANT INFORMATION

EMAIL: [AltrusaGarland@gmail.com](mailto:AltrusaGarland@gmail.com)

FACEBOOK: [garlandaltrusa](https://www.facebook.com/garlandaltrusa)

WEBSITE: [AltrusaGarland.org](https://www.AltrusaGarland.org)

DISTRICT NINE WEBSITE: [AltrusaDistrictNine.org](https://www.AltrusaDistrictNine.org)

ALTRUSA INTERNATIONAL: [Altrusa.org](https://www.Altrusa.org)

## Committee Happenings

### Community Service

#### Book Fair & Book Donations

Special thanks to the volunteers who participated in the Routh Roach Book fair.

Our next book fair is Friday, March 10 at Shorehaven Elementary. Please be there by 1:30 PM.

#### Books in Spanish - Update

Thanks to everyone who's pitched in to purchase more books in Spanish for our school book fairs and lending libraries! If you are attending the March meeting, Stephanie will be collecting \$\$ then. We have two vendors that we're looking at to determine the best quality and bang for the buck.

#### Valentines at Christian Care's Bentley Assisted Living

The Valentines Ice Cream Social was a success at Christian Care. Thanks to our volunteers for sharing this special day with the residents.

### Membership

**New Member Orientation** - New member orientation will be scheduled later this month. All new members and their sponsors are encouraged to participate, but all Garland Altrusans are welcome to attend.

**New Members** - We would like to have you join a committee. We are in need of help especially with Membership and Communications. If you are interested in either of these committees, please contact Stephanie Noland for Membership or Betty Sainz for Communications for details.

### Programs

The **Garland Police Never Walk Alone Foundation** will be our program for the March meeting. The foundation helps Garland police officers and their immediate families through financial and mental health resources along with compassionate support.

Also, we will be filling Easter eggs for Gateway of Grace's upcoming family Easter egg hunt as our meeting service project. We have PLENTY of plastic eggs (like over 300), but need candy to fill them with. Please bring small Easter candies for this meeting project. Additionally, we will be donating children's books for their adult ESL classes...parents will be able to choose books to read with their children. How cool is that?

### Social

Our Fifth Thursday Social will be on March 31st at 6 PM at the Brass Tap located at 5321 The Station Blvd., Suite B150, Sachse. This is a great time to bring friends and possible members. We have worked so hard this year that we need a time to relax and enjoy each other's company! Hope to see everyone there.



Laura and Maria Contreras manning our table at the Volunteer Fair



Rita Johnson and Rhonda Schmid preparing the Valentines project at the last business meeting.

## Upcoming Birthdays

Mar 10 Deborah Henson  
Mar 15 Tammy Caruso  
Mar 30 Christina Contreras  
Apr 1 Tina Rhodes



## Altrusa Reads Book Club



March's selection is *Pretty Girls* by Karin Slaughter. Meeting and discussion will be at Wildwood Firewheel on Sunday, March 26 at 4 PM.

#### Synopsis:

More than twenty years ago, Claire and Lydia's teenaged sister Julia vanished without a trace. The two women have not spoken since, and now their lives could not be more different. Claire is the glamorous trophy wife of an Atlanta millionaire. Lydia, a single mother, dates an ex-con and struggles to make ends meet. But neither has recovered from the horror and heartbreak of their shared loss—a devastating wound that's cruelly ripped open when Claire's husband is killed.



Volunteers at Christian Care - Debbie Summerville, Rita Johnson, Patti Lucas, Mary Dyer, Barbara Johnson and our special Valentine, Karla Langston.



Diaper donations collected for Gateway of Grace. Below our program speaker, Dr. Samira Page, Founder of Gateway of Grace



Altrusa International of Dallas, Texas, Inc. Presents  
**Women's History Month Luncheon**  
Celebrating Women on the Police Force



Thursday, March 9, 2023 @ 11:00

Holiday Inn Garland

5110 North George Bush Freeway, Garland TX 75040

**Guest Speaker: Wendy Sheriff, Homeless Liaison for the  
Garland Police Department**

Silent and Live Auctions!

Price \$65

Early Bird Price \$55 Before 2/20/23



Benefitting our local community with literacy focused projects including  
scholarships, books for children and adults, and other needs.

[www.AltrusaDallas.org](http://www.AltrusaDallas.org)   [AltrusaDallas@gmail.com](mailto:AltrusaDallas@gmail.com)