

Altrusa Club of San Antonio

COMRADARIE—TRUST ★ FRIENDSHIP ★ LOYALTY

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President's Message

Welcome back for another fantastic Altrusa Year! I'm excited about the 2021-2022 year and I sincerely hope you are too. It was wonderful to see many of you in person at the May 13th meeting and installation. I know each month we will get to see more members.

My theme for the year is Camaraderie—Trust ★ Friendship ★ Loyalty. We now have 23 members and our new committee chairs will be asking you to join their committees. Please sign up for at least 2 committees. Finance lead by Diane and Kim. Communications lead by Sharon. And Membership lead by Sylvie (retention) and Sylvia Z (training). Committee chairs will have meetings as needed (not necessarily monthly) on ZOOM or locations to be determined.

June started off early with our monthly meeting on June 3rd. I didn't want to miss my first meeting, so it was changed to the 1st Thursday. Thank you all for being so flexible...but that's just part of being an Altrusan! On June 10th I will be in Florida hosting, with my sisters, a 65th plus 1 anniversary party for my beloved aunt and uncle. The original party was to be held last June but like all celebrations it had to be postponed.

My President's Service Project will be through Family

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PRESIDENT'S MESSAGE (CONT)

(Continued from page 1)

Legacy and their residential community, the Tree of Life Children's Village. I am calling the project the Children of Zambia. We will be publishing an Altrusan cookbook with the wonderful recipes you turn in. I will pay for the printing of the cookbook, then we will sell them. All the proceeds will go to Zambia for food and medical supplies. We will also be collecting school supplies, used clothes, and used books to send quarterly.

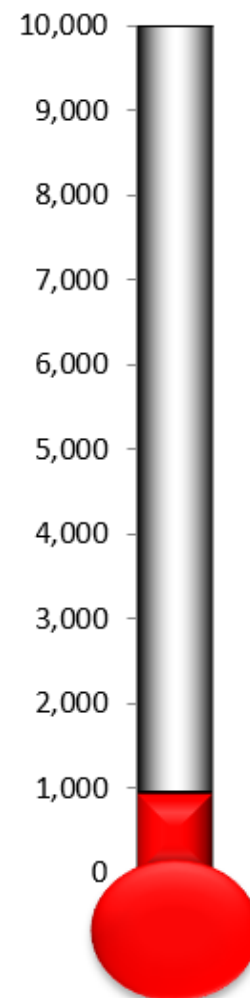
The new budget and strategic plan were approved at the meeting. We can now use them to achieve our goals. With all the awards we received at Conference, we will have our work cut out for us to repeat, but I know we can! My wish is that everyone will join in the first Service Saturday on June 19th from 9am-12noon. We will be gathering at my house at 7731 Mary Carolyn to make no sew dog and cat beds/blankets for the Humane Society, plus sort through 20 bags and boxes of donated clothes to go to Zambia, the homeless shelter, and the Rainbow Room at CPS. *Watch for more details.*

June 29th is our first of five 5th Tuesdays for this

(Continued on page 3)

**Turn in your volunteer
hours to Carol EVERY
month!**

2021–2022 Volunteer Hours



Our 2021–2022 Strategic Plan challenges us to document 10,000 service hours during this club year. We have our work cut out for us—but we got this! This thermometer will track our progress toward 10K!

ALTRUSANS IN ACTION

(Continued from page 2)

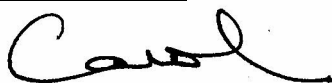
Altrusa year. It will not be a makeup meeting but all FUN. We will be meeting in the private room at the Longhorn Café, 17625 Blanco from 6-8pm. You can order off the menu if you want; but you don't have to order a meal. Please bring your family or friends to join the camaraderie. I will be introducing the International Grant we were awarded and then membership will host a BUNCO game. I hope to see you there.

Twelve (12) members turned in their volunteer hours for April. We logged in over 800 service hours! Can you imagine what we actually did if everyone would report their hours?!? May hours have also started coming in. Many thanks to those who have completed April and May and I'm looking forward to the other members doing the same. The membership committee presented a great mini training at the meeting as to what hours can be reported. If you missed the June meeting and need to know more about your hours, just let me know.

I would like to thank each of you that has congratulated me in this new and exciting Altrusa position. You inspire me to be my very best. I'm looking forward to our coming year of camaraderie and service.

Thought of the month: You are Confident...You are Special...You are Perfection!

Carol Fochler
President



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There is a lot of exciting projects and plans for the upcoming year. The committee is still looking for volunteers to join us. If you think you might be interested in learning some new skills, like posting to Facebook or Instagram, writing articles, learning how to work in Microsoft Publisher or Powerpoint, this is the committee for you!. Contact Sharon for more details.

Plans are underway to increase our brand recognition by increasing our digital footprint on Facebook and Instagram. We are already working on obtaining a large pop-up banner that we can use for marketing and visual presence at meetings, fundraisers and service events.

If you haven't "liked" Altrusa San Antonio on Facebook, be sure to do that. And make sure you follow us as well.

Please forward any pictures, content, or suggestions to Sharon for the newsletter, yearbook. We are also in need of any ideas for increasing our market presence in the San Antonio area.

ALTRUSANS IN ACTION

Altrusa Service continues strong! Service is what we do! Even though we are staying home and staying safe, Altrusans continue to serve our community!

Red Rover met virtually with the children at Bob Hope Elementary until the end of the school year. Both Sparky and Sylvie were able to attend Zoom sessions and interact with the children.

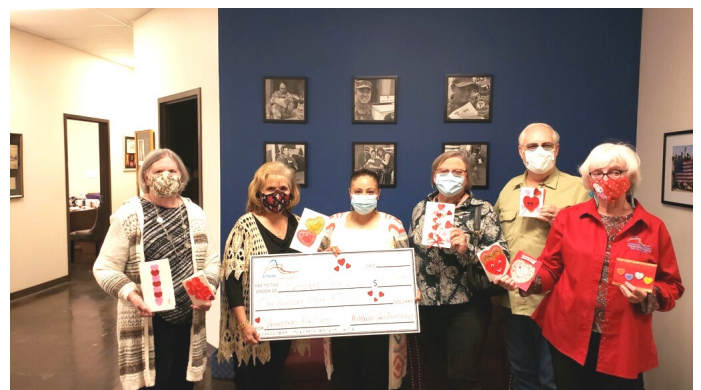
Days for Girls continues to meet monthly and there is plenty of opportunities for both sewers and non-sewers.

Support of Soldiers' Angels continues strong! In February, members made and delivered 109 Valentine Day cards along with a monetary donation to cover the cost of postage. Members hand made cards for the soldiers at home and some gathered at Carol's for another work day (with some fun, of course!).

In April and May, members collected socks for our veterans and service men and women as part of their Warm Toes for Warriors campaign. In May the socks were delivered with a monetary donation to defray the shipping costs.



Sylvie delivers handmade Valentine Day cards for delivery to Soldiers' Angels.



Altrusans Carol, Diane, Joyce, Bob and Susan deliver Valentine Day cards to Soldiers' Angels. A monetary donation to cover shipping costs was also provided.

ALTRUSANS IN ACTION



WWW.SOLDIERSANGELS.ORG

Soldiers' Angels
Valentines for Veterans

 +  = 

MAIL YOUR CARDS & \$1 PER CARD TO:
Soldiers' Angels 2895 NE Loop 410, Suite 107, San Antonio, Texas 78218





ALTRUSANS IN ACTION



Susan picks up Jackie following a recent surgery.



Rita, Joyce & Sparky hard at work preparing kits for Days for Girls



Carol arrives to help Gerleine with dressing changes.



In May, Diane, Bob, Joyce, Carol and Silver deliver socks and money to Soldiers' Angels for Warm Feet for Warriors.



Susan accompanies Gerleine to a recent doctor's appointment.

ALTRUSANS IN ACTION

DAYS FOR GIRLS

Days for Girls meets monthly on the fourth Thursday of every month. They meet at Spring Creek United Methodist Church near I-10 West and Fair Oaks Boulevard. If you don't sew, no problem! There is plenty of opportunity to do things that don't require sewing skills!

This month, the group celebrated their seventh year producing live changing menstrual kits for young women in Zambia! After assembling 100 kits, the ladies celebrated their years of success with a little party.

Once you meet the ladies in this group, you will want to return again and again! They are almost as fun as our group!



Susan volunteered with San Antonio Sports in March preparing bags for the participants in the NCAA Women's Final Four.

Children of Zambia

The 2021–2022 President's Project is to support the efforts of Family Legacy's Tree of Life Program. This is a transitional full-time living facility for children who have faced situations no child should have to experience. Children admitted into the Tree of Life may suffer from extreme medical conditions or an unsuitable home situation. Spanning over 130-acres, the facility currently has a neighborhood of 64 homes, a school, access to quality healthcare, playgrounds, a working farm and more. Each of the homes has about a dozen children.

Throughout the year, members will be collecting, washing, and sorting clothes and shoes to ship to the facility. School supplies and books will also be collected and shipped.



FAMILY LEGACY
Live transformed.

ALTRUSANS IN ACTION

Congratulations to the 2021–2022 Altrusa San Antonio Board!



Carol Fochler
President



Sharon M. Tramonte
Vice—President



Diane de la Fuente
Treasurer



Joyce Towsley
Secretary

Directors



Jackie Fremming
2020–2022



Susan Even
2020–2022



Rita Corey
2021–2023



Bob Towsley
2021–2023



Kim Glodich
Parliamentarian



Rachel Armendariz
Corresponding Secretary



Sylvia Mendez—Smith
Immediate Past President

ALTRUSANS IN ACTION

Congratulations to the 2021–2022 Committee Chairs!



Diane de la Fuente
Co-Chair



Kim Glodich
Co-Chair



Sylvia Zamora
Co-Chair



Sylvia Chessman Garcia
Co-Chair



COMMUNICATIONS



Sharon M. Tramonte



Joyce Towsley

Breakfast
Tacos
provided.

Bring old
blankets,

bed pillows,
sofa pillows,
sheets,
towels,
t-shirts,
fabric,
curtains,
Small rugs,
etc.

Did your dog
chew some-
thing? Bring
it, it can be
used!



*Rise & Shine
& Join Service
Saturday*

June 19, 2021

9am-12noon

At Carol's House

7731 Mary

Carolyn

**NO SEW
Dog & Cat
Blankets
for the
Humane
Society**

Don't want to
Cut & tie? Come
& help sort clothes
for the homeless
shelter and
Rainbow
Room



5th Tuesday
June 29, 2021

Don't miss the grant preview and Bunco Night at
Longhorn Café 17625 Blanco at 6-8pm.

\$5.00 to enter.

All funds will be given out as prizes.

See you there!



FROM YOUR BOARD

by Joyce Towsley

Born of Tragedy...World War I ... and now COVID-19, Altrusa was founded under the extreme need for women to unite to serve. This past year with the COVID-19 pandemic affecting our world, we again have an extreme need for women and men to unite to serve.

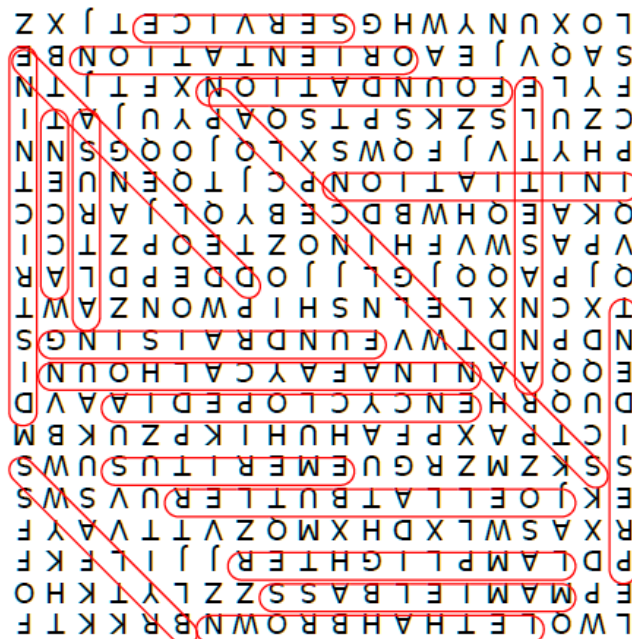
When Archduke Franz Ferdinand was assassinated in 1914, events were set in motion that would call on women to serve in ways they never had before. World War I found a record number of women called to do men's jobs. In 1917 Alfred Durham, a Kiwanian, saw the need for a civic organization for women and began to set up just that. Altrusa Institute was started in Nashville, Louisville, and Dayton Ohio. Upon moving along to Indianapolis, he joined up with Mamie L. Bass who had a much greater vision for Altrusa. She took the reigns and began to build Altrusa into the wonderful collection of selfless women that it is today.

It is hard for me to imagine the stresses that women were under. Their men away at war, most had never worked outside the home before, certainly not in the way that global wartime demanded, yet times called for dangerous duty in munition factories, airplane factories, and communications, while also keeping farms and families functioning to support our troops. Still, at this time, women were looking to serve their communities through Altrusa.

I wonder if we have become too focused on how the pandemic affects us personally that we are perhaps less active in serving the less fortunate of our world. Covid is a tragedy, but perhaps not as great as WWI. Let's try to up our game. We have wonderful, caring, selfless members. Now it is time to increase our numbers and get into high gear to again unite for service to our world and our communities.

Who do you know in your circle that could perhaps join us in the cause?

Word Search Answer Key





Mary Black Pearson
Governor



Shirley Raymer
Governor Elect



Kimberly Kierce
1st Vice Governor



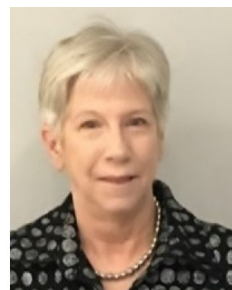
Linda Hurt
2nd Vice Governor



Mary Powlen
Treasurer



Guadalupe Carvajal
Director



Kathleen Smith
Director

RESOURCE SECTION:

From Altrusa.org:

Principles of Altrusa: <https://login.altrusa.org/files/2018/07/Altrusa-Tradition-Revised-July-2017.pdf>

Job descriptions: <https://login.altrusa.org/files/2019/02/Club-Officer-Position-Descriptions-01-2019.pdf>

President's handbook: <https://login.altrusa.org/files/2020/01/Club-Presidents-Handbook-Rev-Jan-2020.pdf>



INTERNATIONAL NEWS

Mailing to International

Due to continuing issues with USPS and extreme delays, mail should be sent to the below addresses. Do **not** send mail to the main Altrusa International office.

Altrusa International Association, Inc.

C/O Carrie Shrader
3815 S Normal Ave Apt 1
Chicago, IL 60609

For Foundation mail, the address is below.

Altrusa International Foundation, Inc.

1 N LaSalle Suite 1955
Chicago, IL 60602
Attn: Shawna Veldhuizen

ATTENTION:

Please email Grants Program applications to foundation@altrusa.org. The deadline is September 15, 2021. You will receive a confirmation email when the application is received. Do not mail grant applications to the Chicago office.

United Nations: New Focus, Name Change

Kathy Schrein, Chair
Altrusa Representative to the United Nation's
Department of Global Communications, Civil Society
Unit

Many Altrusans have asked why the United Nations changed the title of our NGO unit (non-governmental organization/no voting status) from under the longtime Department of Public Information (DPI) to the brand new Department of Global Communications (DGC)/Civil Society Unit. WOW! So many words-hard to remember!

Simply, the new name DGC reflects the current ways of working-underscoring the interactivity and cooperation in information management-between the United Nations and its stakeholders like Altrusa International. The key word is "interactivity". The old term "public Information" was deemed passive while "communication" relates to a relationship of mutual interchange.

Then, due to the expansion of activities of our unit, NGO relations- which is under the Dept. of Global Communication- changed its name to become "Civil Society Unit". The new term reflects the UN's belief that we ALL are part of an international civil society. The UN hopes this belief of a world civil society will be incorporated in all areas of its activities.

The United Nations extends a "thank you" for NGO's commitment-like Altrusa International- and our dynamic work. The UN-when the public return date is issued- and Altrusa members look forward to our continuous engagement with serving our worldwide communities.

Opening Keynote



Celeste Mergens

CEO and Founder
Days for Girls

July 28, 2021

Altrusa International
Convention

HISTORY

Altrusa Word Search

LWQLETHAHBROWNBRKKT
EPMAMIELBASSZZLYTKHO
PDLAMPLIGHTERJJILFKF
RXASWLXDHXMQZVTTVAYF
EKJOELLATBUTLERUVSWS
SSKZMZRGUEMERITUSUWS
ICTPAXPFAHUHIKPZUKBM
DUQRHENCYCLOPEDIAAVD
EQQAANINAFAYCALHOUNI
NDPNDTWVFUNDRAISINGS
TXCNXLELNSHIPWONZAWT
QJPAQQJGLJJODDEPDLAR
VPASWVFHINOZTEOPZTCI
QKAEQHWBDCBYQLJARCC
INITIATIONPCJTQENUET
PHYTVJFQWSXLQJOQGSNN
CZULSZKSPTSQAPYUJATI
FYLEFOUNDATIONXFTJTN
SAQVJEAORIENTATIONBE
LOXUNYWHGSESVICETJXZ

Nina Fay Calhoun	Strategic Plan	Joella T Butler	District Nine
Encyclopedia	Orientation	Lamplighter	Fundraising
Mamie L Bass	Letha H Brown	Foundation	Emeritus
Initiation	Delegate	Bylaws	Service
Anna Settle	President	Altrusa	Accent

TECH CORNER



TECHNO-TERMS “THE BASICS”

Dying to learn the latest technology buzzwords but don't know where to start? We have you covered! Lets start with some basics.

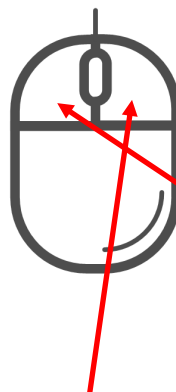
When cruising the internet, here are some handy words to know.

- (Web) Address—Often referred to as just the “address”. This is just like it sounds. It is the location of the website you are looking for. It is also know as the URL (Uniform Resource Locator).
- Address box—this is the long rectangular box that is at the top of your browser window. Just type in your favorite website into the address box, hit enter, and you are on your way!
- Browser—short for web browser A browser is software that is used to access the internet. A browser lets you visit websites. The most common browser software titles on the market are: Microsoft Internet Explorer, Google's Chrome, Mozilla Firefox, and Apple's Safari. Browser availability depends which computer or phone you use.

And while you are cruising the internet, are you interested in knowing what kind of site you are

looking at? Is it a government website, a non-profit or maybe a commercial website. The extension will let you know a lot of the times. The “extension” is the last three letters after the last “dot” or period. Here are some of the most common extensions.

- .com—typically denotes a business or commercial website
- .org—denotes a non-profit organization
- .edu—denotes an educational institution like a college or university
- .gov—denotes a government site
- .mil—denotes a military site
- .net—this is just another form of commercial “.com” website



Here are a few more helpful things to know

Click—this generally refers to clicking (press and release) the LEFT mouse button. The left side of the mouse always assumes that the user is right handed!

Right clicking—this will display a shortcut menu that is specific to the item that you have clicked. Point at something, right click and see what you get!

Stay tuned for more tech terms

Altrusa International of San Antonio Texas, INC.

6812 Bandera Road, #200A

San Antonio, Texas 78238



<https://districtnine.altrusa.org/San-Antonio/>



altrusastx@gmail.com



<https://www.facebook.com/altrusasatx/>



https://www.instagram.com/altrusa_san_antonio/

2021–2022 Officers & Directors

President.....	Carol Fochler
Vice President	Sharon M. Tramonte
Treasurer	Diane de la Fuente
Secretary	Joyce Towsley
Past President.....	Silvia Mendez-Smith
Parliamentarian.....	Kim Glodich
Directors 2020—2022	Jackie Fremming
	Susan Even
Directors 2021—2023	Rita Corey
	Bob Towsley

Program Leads

ASTRA.....	Sylvia Mendez-Smith
Dual Language.....	Susan Even
Days for Girls.....	Rita Corey
Little Free Libraries	Rose Strawn
Red Rover	Sylvia Chessman Garcia
Soldiers' Angels	Bob Towsley
Service Saturdays.....	Carol Fochler



Altrusa San Antonio Foundation

President.....	Kim Glodich
Vice President	Bob Towsley
Treasurer.....	Susan Even
Secretary.....	Sharon M. Tramonte
Directors.....	Wilma Carmona
	Rose Strawn
	Joyce Towsley

