

“HOW TO...” Webinar

District 9350 Food Garden Committee
27 March 2021




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Programme

- Welcome, Process and Agenda – Doug Bachelor
- How the Department of Agriculture is supporting Food Gardens - Vusumzi Zwelendaba
- How to set up community partnerships - Geraldine Nicol
- How HSRC is approaching partnership selection – Anton Lubbe
- How to identify the needs of the community - Stefanie Swanepoel
- How to cope with land tenure issues – Stephen Young
- How to do real Resilience Training for youth and the potential it holds– Leigh Brown (SEED)
- How to support urban farming in the townships– Grace Stead (Abalimi)
- How to access Food Garden information on District 9350's website – Anton Lubbe
- The Way forward - Geraldine Nicol
- Q&A
- Closure – TY - Doug



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Western Cape Government
Agriculture

Rotary Club Food Garden Webinar

WESTERN CAPE DEPARTMENT OF AGRICULTURE

How the Department of Agriculture is supporting Food Gardens

Vusumzi Zwelendaba

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FSD - AIM AND SUB PROGRAMMES

OUR AIM

To provide extension, facilitate training to farmers, with special emphasis on development of emerging farmers, implementation of land reform programmes and agricultural rural development projects including food security.

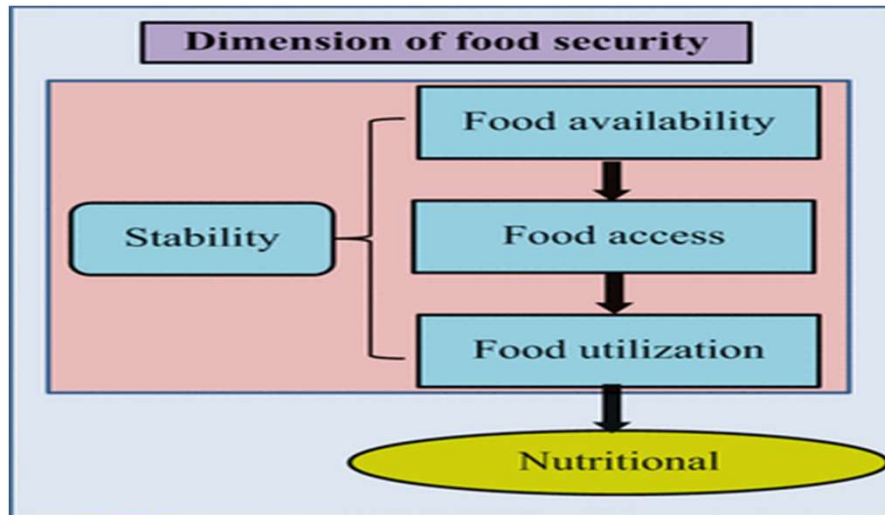
SUB PROGRAMMES

- Farmer Settlement and Development.
- Land Reform (Facilitation).
- Extension and Advisory Services (Capacity Building/Advisory).
- **Food Security (Household, Communal & School Food Gardens).**
- CASIDRA.




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DIMENSIONS OF FOOD SECURITY



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FOOD SECURITY – Facilitates access to affordable food

- Food Security: **Availability, Accessibility, Utilisation and Stability.**
- Facilitate **access to affordable and diverse** food through the implementation of food production initiatives i.e. **households, communal and school food gardens.**
- Support in the form of **community, schools and household food gardens** (including poultry for egg production) to ensure improved nutrition security.
- Supported **4165 households food gardens** across the province in this financial year.
- Supported **64 communal food gardens and 19 school food gardens.**
- Organised a **World Food Day, 2020** event in the Western Coast with the aim **promoting and raising awareness on food gardening.**
- Adopted a **One Home! One Food Garden Policy- Minister Launched this – 2020.**
- Created a **platform for constant information** sharing with all producers in the area.



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Community and School Gardens

- Receives support to the value of no more than **R200 000** – mainly for irrigation, fence, production inputs, protective clothing and tools.
- Applications are assessed by the Food Security CPAC.
- Criteria.
 - » Access to land, in case of leased - minimum 5 year lease
 - » Access to water – No municipal water.

priority is given to women, youth, and people with disability
- Involvement of municipalities.
- Training is compulsory.
- Parents for learners should be involved in school gardens.





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APP TARGETS – SCHOOL & COMMUNAL FOOD GARDENS

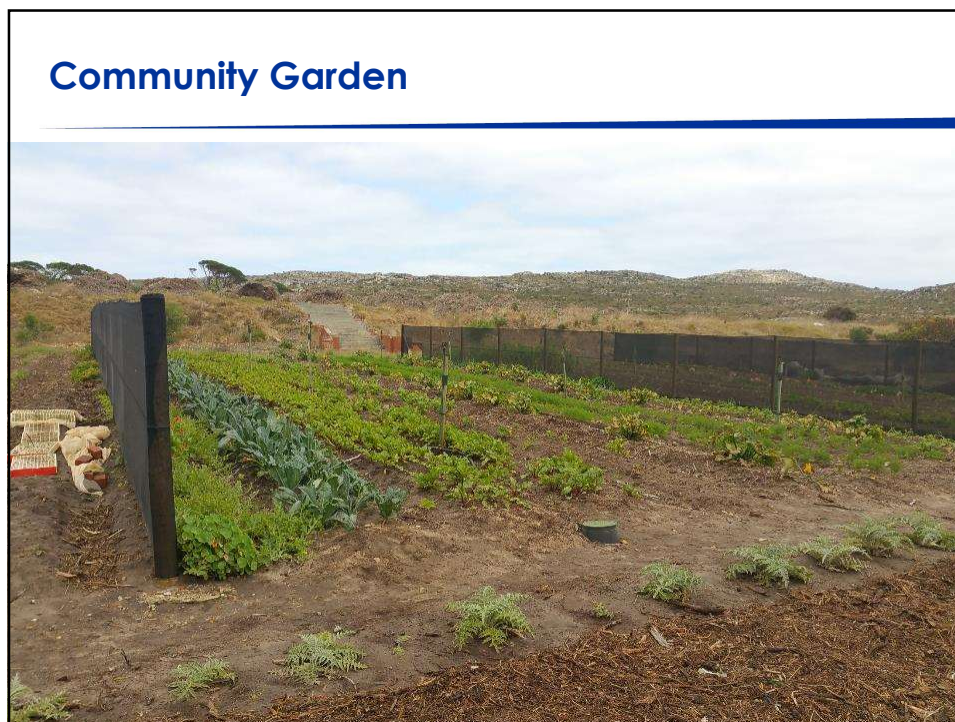
Indicator	Targets 2020/21	Adjusted Targets
School Gardens	14	33
Community Gardens	62	102



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APP TARGETS - HOUSEHOLD FOOD GARDENS		
Indicator	Targets 2020 / 21	Adjusted Targets
Quarter 1	100	100
Quarter 2	300	300
Quarter 3	300	3765
Quarter 4	100	1000
TOTAL	800	5165
 		

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School Garden



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Household Food Production

– 1. Household Food Garden Support

- Applicants must have access land (backyard).
- Applicants can prove their interest and ability to do gardening.
- Income should not be more than R 4500 / household per month.
- Priority is given to persons on the indigent registers.
- If chickens – build own chicken structure.
- Current agricultural activity present
- Items provided:
 - » Grey water filter system.
 - » Rain water harvesting tank and gutters.
 - » Vermi Compost Kit (Wormery).
 - » Garden tools and a watering can.
 - » Production inputs.



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Household Food Production

» Items provided:

- Garden tools (Hoe Dutch with handle; 3 piece garden toolset; Watering Can 10L).
- Production inputs (Seeds; seedlings; compost and fertilizer.
- 2500L water tank with slab and gutters.

» OR.

- Chickens house 2m x2m x 1.8m high with a gate.
- Chicken house material, Equipment (Feeders & Drinkers)
- Chickens (8-10 Layers) 18 weeks.
- 3 months chicken feed.



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Household Garden - Family Drip System



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Vertical Household Gardens



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Household Starter Pack



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Household Seed Pack



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Thank You
Dankie
Enkosi

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 - Farmer Support & Development
- Vusumzi Zwelendaba
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E-mail: vusumziz@elsenburg.com



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How to build Community Partnerships

Geraldine Nicol



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How to build Community Partnerships Need:

- **Trust**
- **Credibility**
- **Track record of delivery**
- **Knowledge of relevant leaders & structures**



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Begin process within your club

- **Establish Club Food Gardens Task Team (Board support needed)**
- **Identify top 3 current club projects which have hunger needs**
- **Identify which projects have best community links & relationships**



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Begin Consultation

Plan “ *together with* ” NOT “ *for* ”

- **Plan small consultative mtgs - equal no. reps of Community +Rotarians**
- **Listen to Community views on:- hunger needs, resources & solutions**
- **Ask for ideas on greatest hunger need**
- **Brainstorm a vision for a Food Garden**
- **Discuss best land & mgt venue options:- ECD/ School/Community, Institution/other**



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Continue Consultation

- **Encourage Task Team FG site visits**
- **Finalise best land choice options**
- **Create budget together**
- **Check land & water issues**
- **Together create FG strategic plan**
- **Agree on roles & responsibilities & time frames**



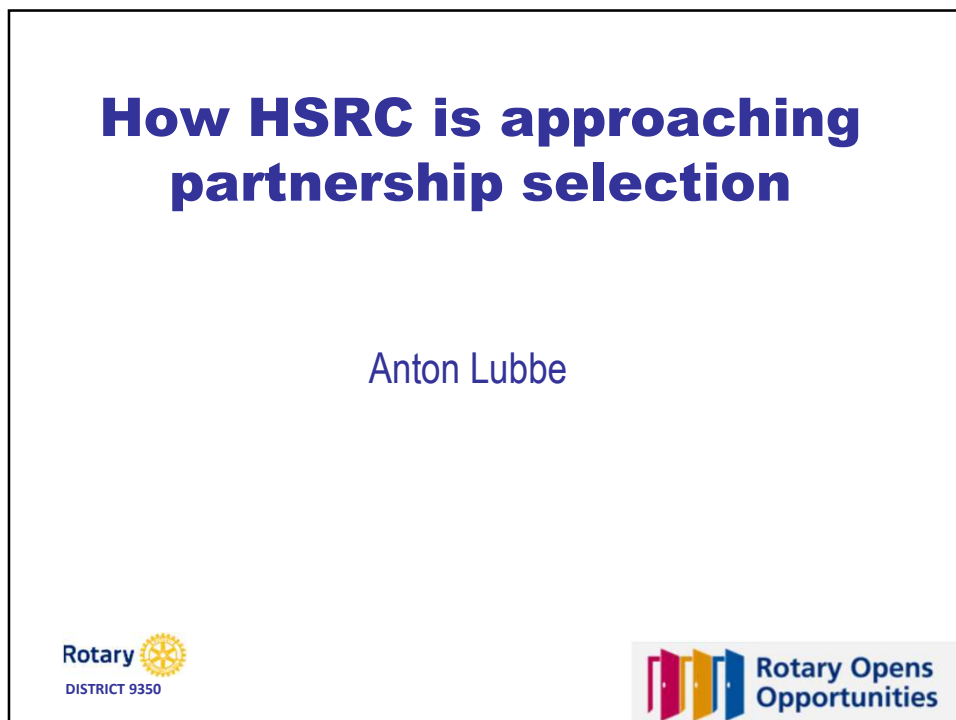
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How HSRC is approaching partnership selection

Anton Lubbe



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Develop a partnership/relationship with BIG successful gardens in terms of which we lend support in exchange for produce given to appropriate community organisations

Potential Partners

1. A
2. B
3. C

PLEASE NOTE: In exchange for support to help these gardens to expand, the amount of produce to be donated to appropriate community organisations will be negotiated as part of the agreement. (For example, with their expanded garden, The Ark, apparently, plans to feed 200 children in Mfuleni.)



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Potential Partner A

- in association with Agrimotion (an agricultural company in SW), developed a pilot garden.
- very professional, very impressive, based on Permaculture principles, more holistic – chickens, ducks, bokashi system, compost, water
- planning to expand significantly – they have the land to do so
- hydroponics, fruit trees (orchard), skills development
- negotiate to have some of their produce given to our “soup kitchens”



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Potential Partner B

- their greatest needs are for an irrigation system and a seedlings house.
- weekly market but also currently *donate* produce to Bright Lights, Night Shelter and a soup kitchen in one of the townships.
- we could arrange for them to buy in some produce from local community food gardens – Golden Eye, Mawanda
- land opposite the police station. Considering a plan to create allotments to be allocated to people who qualify. Global Grant? Very much a long term project – if at all
- negotiate with them to allocate a proportion of their produce to appropriate community organisations.



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Potential Partner C

- are keen to expand their food garden
- they have sufficient "labour", passionate gardeners, water, security, expertise
- we already have a relationship with them
- with an expanded garden, they apparently plan to feed 200 children in Mfuleni
- we also need to negotiate with them to provide produce for appropriate community organisations.



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Push Factor Selection Matrix

Potential Partner	A	B	C Fall over	Comment
Push Factors	111	119	115	These are the elements that enable production,
Security of Tenure	10	10	10 Y	
Water (High/Medium/Low)	10	10	10 Y	Need 25l/m2 per week
Dedicated gardener	5	10	5	
Equipment	7	8	4	
Institutional arrangements	10	5	10	Openess for partnership
Soil	4	7	10	
Community Ecology	10	2	8	How does it satisfy and integrate needs of ecommunity
Community skin in the game	4	10	5	
Conflict of Interest	10	10	10 Y	
Self sustaining economically	8	10	5	Market in place, costs under control
Environmentally sustainable	10	10	10 Y	Organics, pesticide etc
Security	10	10	10 Y	
Training Needs	5	10	8	
Investment Required	8	7	10	Within affordability of club



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Pull Factor Selection Matrix

Potential Partner	A	B	C Fall over	Comment
Pull Factors (Motivational)	111	113	106	Needed to stimulate people into sustainable production
Social stability				Serious relationship clashes in a community, it becomes very hard for the leader to engage in visioning, planning and implementation for a better future. Conversely, good relationships (social needs) and respect of neighbours (esteem needs) provides motivation and a strong foundation for growth
Market	10	10	7	
Sustainable motivation	10	10	8	Is a market available to generate economical sustainability
Leadership strength	10	6	10	What gets people into home food gardening and to keep on gardening (incentives), and conversely, what keeps them from growing their own food or stopping once they started (disincentives)? Are there proven ways to mobilise more households into homestead farming and to avoid abandonment?
Group Needs	10	10	10 Y	
Traditional Gardeners	8	7	10	Subjective Affiliation or the need to feel part of a group. (Harvest day)
Healthy to be able to garden	5	10	5	
Control of environment	10	10	7	
Goal setting	7	9	5	
Decision Making Power	8	7	6	
Measurement	10	8	10	
Reward	8	9	10	
Skin in the Game	7	10	8	Recognition/Capacity to earn
	8	7	10	



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Conclusion

Food Garden Partner Selection Matrix			
Potential Partner	A	B	C
Push Factors	111	119	115
Pull Factors (Motivational)	111	113	106
Total	222	232	221
Fall Over	N	N	N
Ranking	2	1	3

Garden Committee meeting week of 30 March 2021 to take decision for recommendation to Club



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How to identify the needs of the community

Introducing the Kosgangsters of Ocean View

- Stefanie Swanepoel



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Context of ocean view

- High levels of food and nutrition insecurity
- High levels of gang activity and associated violence
- High levels of alcohol and drug addiction
- Relatively high levels of service delivery protests



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The Origin Story

- Market garden in Ocean View 6 000 square metres
- First established in 2019 by Neighbourhood Farm as a training hub
- Handed over to the interns who completed training in February 2020
- Five women chose to form a cooperative
- Ocean View Organic Farmers Cooperative (OV Organics) was born



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Meeting community needs through social enterprise

- Food security:
 - Donate more than 300 loaves of bread to local feeding schemes (14 000 loaves to date)
 - Donate R6 800 worth of vegetables a month
- Livelihood creation:
 - Employ 6 full-time people and 6 part-time people
- Enterprise development:
 - Source products from local entrepreneurs
 - Provide seedlings to more than 5 grower groups
- Community cohesion:
 - Provide free space for community gatherings
 - Host the Talent Exchange Market each month

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Critical determinants of success

- A common vision:
 - Do more and be more –as people and as a business
- Understanding community needs/wants:
 - We are rooted in the community
- Right type of support
 - Donors who co-create not dictate initiatives
- Sustainable income streams
 - Multiple income streams where possible
- Understanding of dynamics and culture
 - Working through 'stuff'

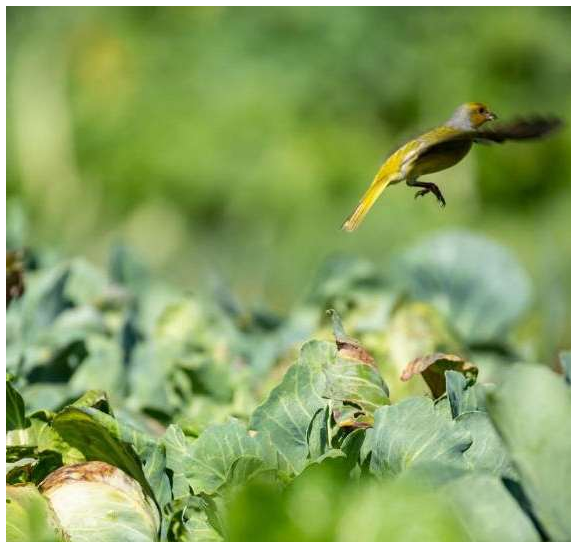
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Our future

- Double food production
- A processing centre
- A pay-as-you-can café
- Sustainable nursery
- Training hub
- Dry goods cooperative



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Thank you




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Gardening can be very rewarding



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Food Garden Projects

How to cope with Land Tenure Issues

Stephen Young



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Who owns the land where you are planning to start your food garden?



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This is an example,
there are many
forms of
agreement and
you can amend
them to suit your
needs

RENTAL AGREEMENT

THIS AGREEMENT made this ____ Day of _____, by and between _____, hereinafter called "Landlord," and _____, hereinafter called "Tenant," Landlord hereby agrees to rent to Tenant the dwelling located at _____ under the following terms and conditions:

1. **FIXED-TERM AGREEMENT (LEASE):**
Tenants agree to lease this dwelling for a fixed term of _____, beginning _____ and ending _____. Upon expiration, this Agreement shall become a month-to-month agreement **AUTOMATICALLY**, UNLESS either Tenant or Owners notify the other party in writing at least 30 days prior to expiration that they do not wish this Agreement to continue on any basis.
2. **RENT:**
Tenant agrees to pay Landlord as base rent the sum of \$_____ per month, due and payable monthly in advance on the 1st day of each month during the term of this agreement. The first month's rent is required to be submitted on or before move-in.
3. **FORM OF PAYMENT:**
Tenants agree to pay their rent in the form of a personal check, a cashier's check, or a money order made out to the Landlord.
4. **RENT PAYMENT PROCEDURE:**
Tenants agree to pay their rent by mail addressed to the Landlord (replace this with landlord's mailing address), _____, or in person at the same address, or in such other way as the Landlord will advise the Tenant in writing.
5. **RENT DUE DATE:**
Tenant hereby acknowledges that late payment will cause Landlord to incur costs not contemplated by this Rental Agreement. We allow for a 3 day grace period. In the event rent is not received prior to the 4th of the month, Tenant agrees to pay a \$25 late fee, plus an additional \$5 per day for every day thereafter until the rent is paid. Neither ill health, loss of job, financial emergency, or other excuses will be accepted for late payment.
6. **BAD-CHECK SERVICING CHARGE:**
In the event Tenant's check is dishonored and returned unpaid for any reason to Landlord, Tenant agrees to pay a returned check charge of \$25 AND accept whatever consequences there might be in making a late payment. If for any reason a check is returned or dishonored, all future rent payments will be cash or money order.
7. **SECURITY DEPOSIT:**
Tenants hereby agree to pay a security deposit of \$_____ to be refunded upon vacating, returning the keys to the Landlord and termination of this contract according to other terms herein agreed. This deposit will be held to cover any possible damage to the property. No interest will be paid on this money and in no case will it be applied to back or future rent. It will be held intact by Landlord until at least thirty (30) working days after Tenants have vacated the property. At that time Landlord will inspect the premises thoroughly and assess any damages and/or needed repairs. This deposit money minus any necessary charges for missing dead light bulbs, repairs, cleaning, etc., will then be returned to Tenant with a written explanation of deductions, within 60 days after they have vacated the property.

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When you have permission in writing, Who will take ownership of that permission?



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Look before you Leap



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How to do real Resilience Training for youth and the potential it holds



Leigh Brown / Director

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Landline : 021 671 6912

Skype: leigh.brown

Rocklands Urban Abundance
Centre, Cor. Park Avenue
and Capricorn Way, Mitchells
Plain 7785 Cape Town



SEED is an award-winning Non-Profit (052-326 NPO) that operates out of Mitchells Plain
SEED has Section 18A Tax Exemptions Status (930024544) and has 100% B-BEEE Certificates (Skills Development)
SEED is Accredited through the AgriSeta at Level 4



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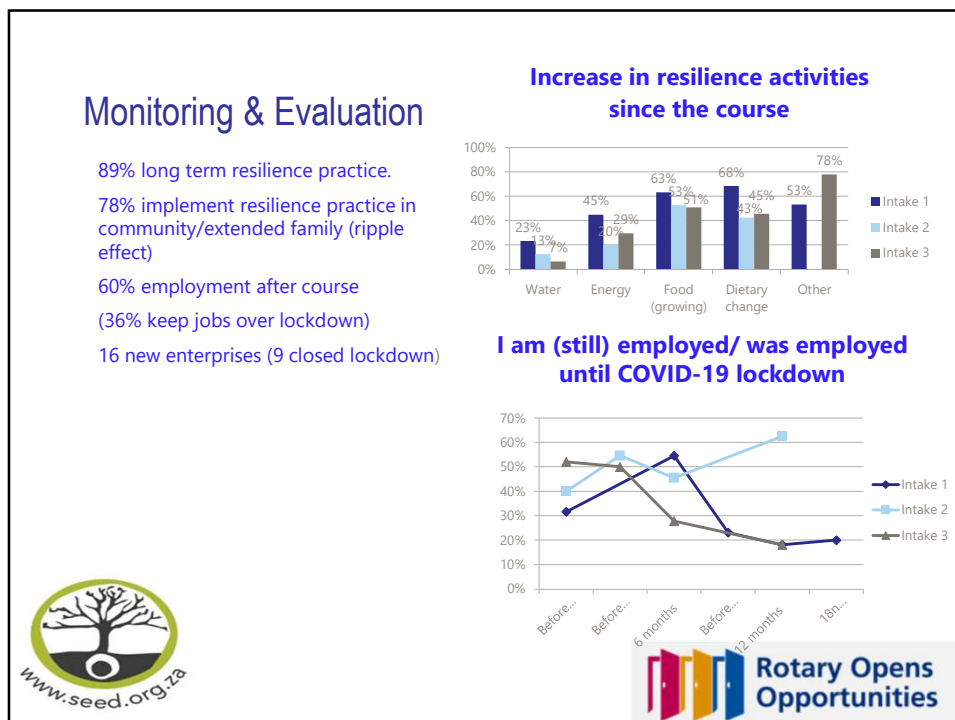
The Outdoor Classroom Program



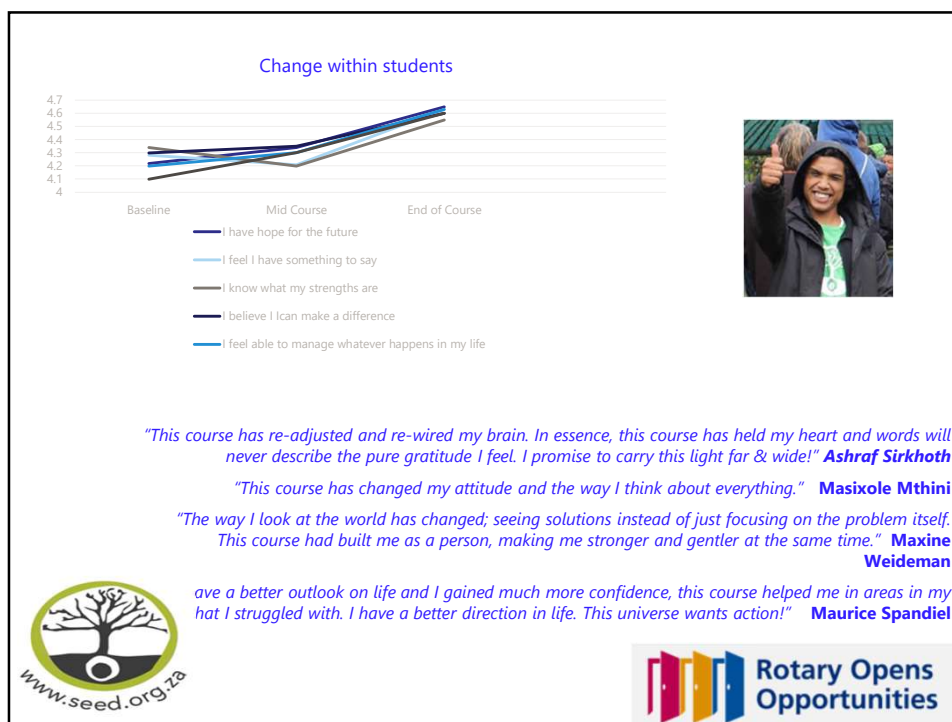
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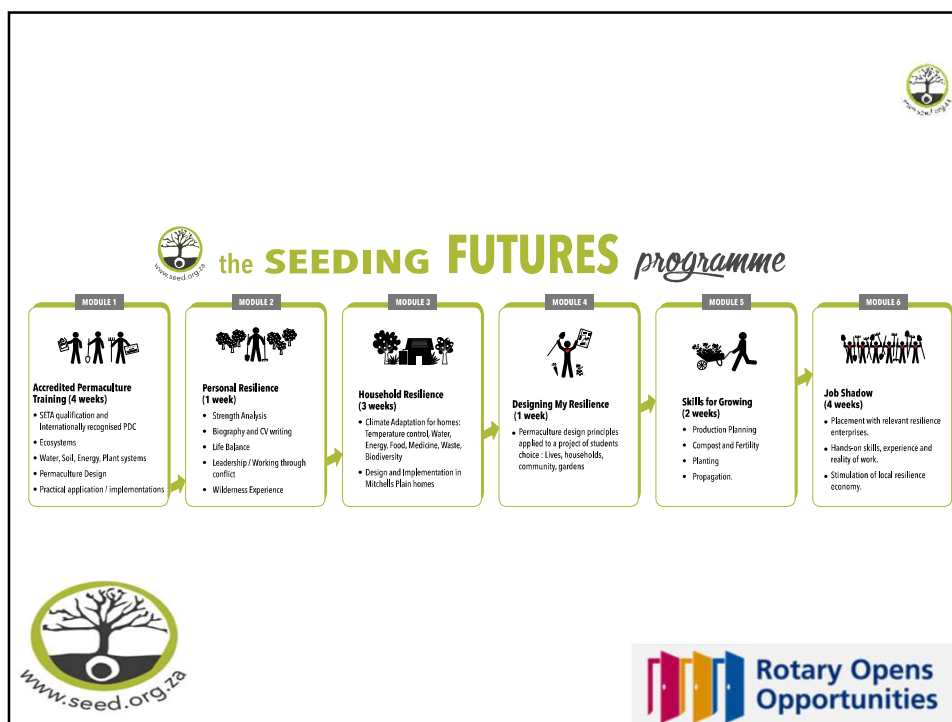
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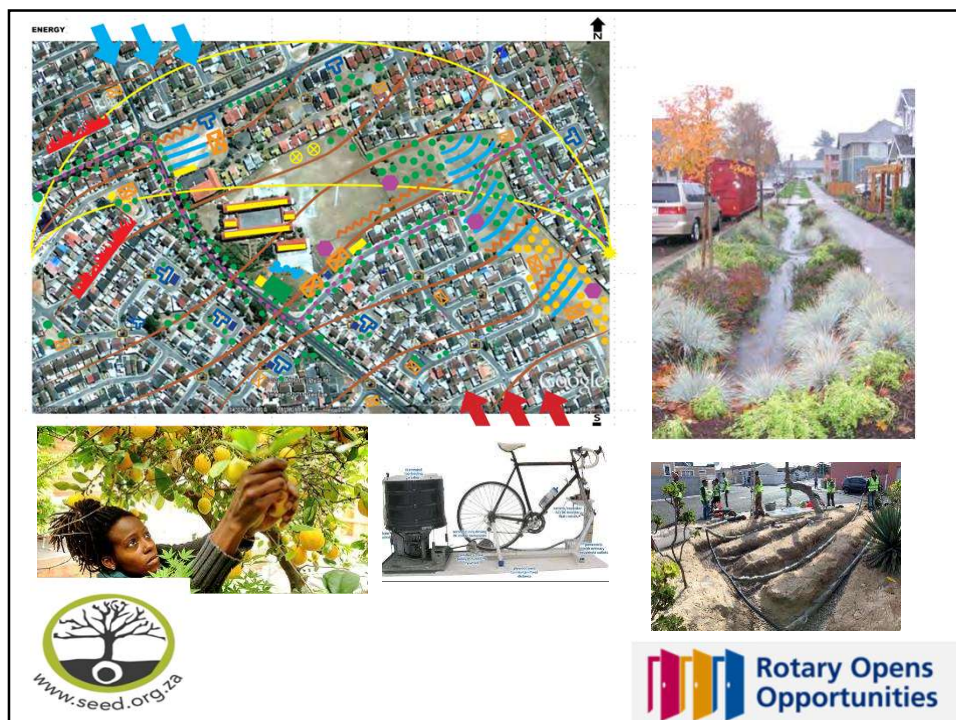
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“Though the problems of the world are increasingly complex,
the solutions remain embarrassingly simple.”

— Bill Mollison (Founder Permaculture)



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How to support urban farming in the townships

Grace Stead (Abalimi)



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How to change this
sandy soil into...



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Who we are:

- **Abalimi Bezekhaya**, Farmers of the Home in isiXhosa, established in 1982
- We are a registered **non-profit organisation** funded by local and international donors and many loyal individuals who believe in what we do
- We **train and support urban small scale farmers** to grow organic vegetables for food security and income generation
- We focus on the **townships** in the Cape Flats



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FOUR PILLARS OF ABALIMI:



Training, mentoring and extension services



Access to affordable resources



Infrastructure support



Market access



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Training & skills development



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Practical training



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Access to affordable resources



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Garden Centres



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Infrastructure support



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Manure Runs



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Market Access



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Market Access



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How to access Food Garden information on District 9350's website

Anton Lubbe



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The Way Forward

Geraldine Nicol



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Closure

Doug Bachelor



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