

# COSMOTOPICS

SUMMER 2023 ISSUE

A PUBLICATION OF COSMOPOLITAN INTERNATIONAL

## UNITING COMMUNITIES, ERADICATING DIABETES: Cosmo Day Empowers

Cosmopolitan International is poised to make an extraordinary impact on November 4, 2023, with its annual flagship event, Cosmo Day.

*Read more on page 10 of this Issue of COSMOTopics.*



### ISSUE HIGHLIGHTS

- Officer Article
- Our History
- Elevate Your Cosmo Legacy
- Unpacking the Impact
- COSMO Day

# COSMOTOPICS

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- 3 Executive Director Report
- 4 Our History
- 6 Elevate Your Cosmo Legacy
- 9 Unpacking the Impact
- 10 COSMO Day Empowers
- 12 COSMO Day Marketing Kit
- 14 Categories of Recognized Programs
- 14 Save the Date for the 2024 International Convention

## MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service, with special emphasis on supporting efforts to prevent and find a cure for diabetes.

## EDITOR'S NOTE

In this edition, we take a moment to delve into our rich history, one that spans generations of dedicated individuals bound by the common goal of making a difference. We explore the roots of our organization, celebrating the remarkable journey that has brought us to where we stand today.

Discover how you can "Elevate Your Cosmo Legacy" as through our Cosmo Brick Club. This is your opportunity to etch your name in our organization's storied history.

In these pages, we'll also embark on a journey to unpack the profound impact of both Founders' Day and Cosmo Day. We'll explore the origins and significance of these two pivotal moments in our calendar, shedding light on what makes them distinct and how they unite us in purpose.

As the countdown to Cosmo Day 2023 begins, we invite you to explore the marketing ideas inside to maximize our collective efforts in raising awareness about diabetes, empowering our communities, and igniting positive change. Save the date: November 4th, 2023.



# Executive Director Report



By Melvina Newman

The close of our 2022-2023 year is now history and it was closed out in grand fashion with a fun filled convention. Not only the fun, there was also the opportunity to attend some outstanding education seminars in marketing, membership and more. If you were at International convention, you were able to bring home many ideas to share with the members of your club and it is now time to use those ideas as you look to the future.

We spend a lot of our time dreaming and ensuring that our dreams become reality. The work we do in our volunteer lives as members of Cosmopolitan is an effort to help people. What are your dreams in your club or your Federation? Has your Club or Federation developed a plan? Put your goals and plans in writing as the chances of reaching those goals increases when they are in writing. If you're willing to pay the price, any of your goals will change. If you want something bad enough, you're sure to get it. The key to success is desire.

As you look to the future, what are you especially grateful for.... What are you puzzled by... what is your wish...I hope that..... These are all phases that are healthy for all members to think about. So, it's time to consider the questions – what are some helpful ideas for the present and future, especially since the days,

months and years seem to be flying by? What would you add to the phrase “As I look toward the future, Cosmopolitan...? Is there anything you have always wanted to plan for membership, for marketing, for programming, for volunteering in your community but keep putting it off? Now is the time, now is the year and you will be able to fulfill your sentence of what you are especially grateful for. The years are going quickly, so it's time to do some exciting planning for the years ahead.

What is your wish for Cosmopolitan International – the sky's the limit!

Melvina Newman

[headquarters@cosmopolitan.org](mailto:headquarters@cosmopolitan.org)

OFFICER ARTICLE

## WHAT IS YOUR WISH FOR COSMOPOLITAN INTERNATIONAL – THE SKY'S THE LIMIT!



# Our History

## 1918-1957

Adapted from articles written by Kevin Harmon, Executive Director and Past International President, for the Spring 2008, Winter 2008, and Spring 2009 COSMOTopics.

**Editor's Note:** I thought it was important to share with you some great history about Cosmopolitan International that Kevin Harmon wrote in 2008 and 2009. It is helpful to know where we came from. This serves as a foundation and will help us all understand our organization's origins better.

We have all heard bits and pieces of the early history of Cosmopolitan. Probably most of our members have heard about P.J. Hodgins and his efforts at founding our club. It is important to know where you came from in order to plan where you are going.

There are some very good resources we had at Headquarters that have lent themselves to the study of our history. Chief among them is a little purple book called "Cosmopolitanism Through the Years" by J. Lew Garver, our International President from 1914-46. It was the time of the great war and, no doubt, Mr. Garver was pressed into extra service. We also have an adaption of sorts written by PIP Larry Heim that chronicles those early years. The other source of information is our COSMOTopics magazine collection, though they only date back to 1940.

Cosmopolitan got its start in the mind of our founder, Mr. Hodgins, in Oklahoma City in 1914. Hodgins based a model of a new social club on the Rotary format of business classification. Our Avocation club was formed where one banker, one car dealer, one barber, etc. were invited to join the club. Hodgins was apparently a very likable and enthusiastic person as the club grew immediately. It was a men's club at the time, but the ladies were invited to evening social gatherings and visitors to regular meetings were always welcome. It was a visit by a group of Tulsa men to a club meeting that led quickly to a Tulsa Avocation club forming. Hodgins set out to make his club a national

organization. These first two clubs drifted apart and eventually disbanded. Hodgins' idea changed a bit to the formation of the International Federation of Cosmopolitan Clubs based on Unity of purpose, common Service to the community, and directed Action.

Hodgins, a successful lawyer, moved to Kansas City shortly after forming the Oklahoma clubs. There is some loss of exact information about when the name changed from Avocation club to Cosmopolitan formally occurred. The Garver book and information Headquarters has are at odds as to the exact date. But there is no conflict with the fact that the very first Cosmopolitan Club was chartered and incorporated in Kansas City, MO, on March 12, 1928, our official birthday. We have a copy of the original corporate filing in the Circuit Court of Jackson County, MO by P.J. Hodgins.

With Kansas City being the first club, it wasn't long before clubs in St. Joseph, MO; Independence, MO; Kansas City, KS; Wichita, KS; and St. Louis, MO, were established. The only blight on the beginning clubs is that none are still in existence. What a shame. Our oldest existing club, Tulsa, was formed in 1923 and is followed by Norfolk and Sioux Falls. Quite interesting is a listing of some 61 clubs that were formed in cities from Washington, DC to San Antonio to Moose Jaw to Placentia Linda that aren't in existence but once proved to be very vibrant clubs.

Cosmopolitan spread quite rapidly but not easily. Just as it is today, the formation of a new club was a huge undertaking. But in our early days, the government did not provide the same level of services that is expected today. Other than national infrastructure like roads and bridges and national security, the government left the rest to the people. That said, people in the early 1900's were used to doing for themselves and found banding together to provide the extras for their community by joining organizations like Cosmos was simple. Later the idea of networking to obtain business or be known in the business community led to members seeking clubs like Cosmos.

The first name of our Club was the International Federation of Cosmopolitan Clubs, but we were not truly International until the establishment of the Winnipeg Cosmo Club in 1927. Canada clubs soon formed in Regina and Saskatoon in 1928. It wasn't until 1948 that we added the Mexico City club to our roles. That made us even more international and meant we covered much of North America.

At the time, the Cosmo clubs were all male. The ladies were referred to as Cosmopollys. It was the Canadians that asked for and received a name change for the ladies' group to Cosmo Pals.

Teen clubs were formed in the late twenties and thirties for the purpose of eliminating teen delinquency. The kids were asked to participate in bands to provide music for their communities. That led to the first and longstanding International project of providing music scholarships for youth.

Cosmos also arranged and organized the first North American Service Club leader's conference in Chicago in 1927. Cosmo continues to send its Executive Director and President-elect to this annual conference.

Our presence in Western Canada Federation is third on the federation hierarchy behind Cornbelt and MoKan. Our Mexico City club produced an International President in Luis Otero. Other Mexico clubs were formed, but none survived.

Cosmopolitan began to grow during the middle of the last century. Clubs sprang up throughout the US and Canada. The concentrations were primarily in the Midwest and Western Canada, just as it is today. We had clubs in such places as Washington, DC, Chicago, Philadelphia, St. Paul, and Seattle. Small towns were also in the mix. Do the names Pekin, Belle Fourche, Holdrege, Longmont, and Lethbridge sound familiar? Each of those smaller communities was once a part of the Cosmo heritage.

The original name of Cosmopolitan was the International Federation of Cosmopolitan Clubs and was incorporated and founded in Kansas City, MO, in 1918. New bylaws were developed in 1929 at the convention in Detroit. Those bylaws remained effective until the International Federation of Cosmopolitan Clubs was disbanded, yes disbanded, in 1933 at St. Paul. It was at this convention that Cosmopolitan International was born. The new articles of incorporation and bylaws were approved in Omaha the following year. The Judge Advocate at the time was a member of the St. Paul Club, thus our incorporation was changed to Minnesota where it remains to this day.

The war years were soon upon us. Cosmopolitan International survived the Great Depression and would survive the war. It did so without an International Convention for six straight years and with many officers serving multiple terms. This included our International President J. Lew Garver who served from 1941-1946.

In 1957, the first issue of COSMOTOPICS was sent to press. Articles reflected on fundraisers, community projects and civic involvement just like today.

Cosmopolitan survived the depression and war because just like today, we have something of value to our communities. As we approach these current economic times and pressures of our world, we can look to our history and see how we are much like our predecessors in their commitment.

# ELEVATE YOUR COSMO LEGACY:

Contribute to the Next  
Monumental Milestone in  
Columbia Park System

*Leave Your Mark with the Cosmo Brick Club*



Once nestled in the courtyard of our International Building in Kansas City, MO, the bricks of the Cosmo Brick Club held stories and commemorations that symbolized our unified spirit. However, change is a constant, and when our building was sold, we faced the challenge of relocating this special memento.

Thankfully, dedicated members from local clubs rallied together to create a fresh, vibrant canvas: a wall in the heart of Cosmopolitan Park, located in Columbia, MO.

### Handing Over the Reins to the Columbia Luncheon Club

Steering this incredible initiative is the Columbia Luncheon Club. They've been the faithful custodians of our legacy bricks, safeguarding newly purchased ones until they can find a home on our cherished wall. Partnering with a local brick manufacturer, they've even managed to cut down on shipping costs—savings that we happily pass on to you.

### The Sequel: Building Our Second Wall

As the adage goes, "Success breeds success," and the increasing demand for bricks has inspired us to expand. We're laying the groundwork for a second wall within Columbia Park System. This is your opportunity to make history with us, as we aim to fill this new space with bricks that represent our enduring commitment to each other.

### How Your Brick Purchase Transforms into Impact

For each brick, the Columbia Luncheon Club will handle:

- Brick procurement
- Safe storage until installation
- Meticulous installation on the wall
- Emailing a personalized photo of your brick once it's in place

Moreover, the proceeds from the brick sales are distributed to further our causes: \$25 goes to Cosmopolitan International, \$25-\$30 to manufacture the brick, and the remaining money is allotted to the Columbia Luncheon Club.

### Why Bricks?

These aren't just bricks; they're a lasting tribute to loved ones, a nod to exceptional Cosmo members, and a tangible marker of your own personal legacy within our community.

### Join Us in Building More than Just a Wall

Take part in this extraordinary endeavor. Purchase a brick and contribute not just to a wall, but to the legacy and future of our Cosmopolitan International community.



**PURCHASE A BRICK TODAY! FILL OUT AND SUBMIT THE COSMO BRICK CLUB ORDER FORM ON THE NEXT PAGE.**



# Cosmo Brick Club

Purchasing a brick to be placed into a monument at Cosmopolitan Park in Columbia, Missouri is a wonderful opportunity to honor a deserving leader or member of your club or federation or in memory of friends or loved ones. To date, more than 400 engraved bricks have been placed in the wall where they can be viewed by all. To order your brick, please use the order form below.

You have two options for engraving on your physical brick: without the Cosmo logo, or with the Cosmo logo. **Note: Placement of the Cosmo Logo reduces the number of characters per line!**

WITHOUT LOGO: ENGRAVING INFORMATION (max. 3 lines, 20 characters or spaces per line):


WITH LOGO: ENGRAVING INFORMATION (max. 3 lines, 12 characters or spaces per line):




Select One:

\_\_\_\_\_ Physical Brick, \$100

Acknowledgement Information:

Name		
Street Address		
City	State/Prov.	Zip/Postal
Telephone	E-mail	

Payment Method:

\_\_\_\_\_ Check Enclosed

\_\_\_\_\_ VISA, MasterCard, American Express

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Security Code: \_\_\_\_\_ Amount Paid: \_\_\_\_\_

**Mail form and payment to: Cosmopolitan International, 2500 W 49<sup>th</sup> Street Suite 223 Sioux Falls SD 57105-6508 717-295-7142**



# UNPACKING THE IMPACT:

## Founder's Day vs. Cosmo Day in Cosmopolitan International

When you're a part of an organization as dynamic and impactful as Cosmopolitan International, it's important to mark occasions that reflect both our heritage and our present-day missions. Founder's Day and Cosmo Day are two such occasions, each designed to bring attention to different facets of our organization. Let's dive into what sets them apart and why they're both crucial to our ongoing growth and influence.

### Founder's Day: A Trip Down Memory Lane

Founder's Day serves as our annual "birthday party," celebrated every March 12th since we were founded in 1918. Initiated by Rob McWilliams in 2003 during his tenure as Vice President for Finance and Marketing, the day gained official endorsement from our Board in the Fall of 2022.

### What You Can Do:

- **Spread the Word:** Club leaders should identify and collect contact information for community affairs correspondents at local newspapers and Chambers of Commerce.
- **Share Our Legacy:** Draft a press release encapsulating the essence of your club—its founding year, meeting spots, and significant projects—to send to local media outlets. Need help? Our Vice President of Marketing is your go-to person.
- **Raise Funds:** Use Founder's Day as a springboard to launch a fundraiser, showcasing your club's mission and activities.
- **Be Social:** Amplify your club's presence by sharing stories, achievements, and even future goals on social media. You can design your own content using the official Cosmo logo available in our website's Resources section, or consult our Vice President of Marketing for design support.
- **Cosmo Day:** Our Global Stand Against Diabetes

Although similar in its objective to boost organizational awareness, Cosmo Day focuses squarely on our ongoing fight against diabetes. Timed to coincide with World Diabetes Month, it takes place on the first Saturday of every November. The concept, while long-standing, was revitalized by Past International President Art Brassard.

### How to Participate:

- **Form a Committee:** Assemble a dedicated team to brainstorm ideas and spearhead this initiative.
- **Raise Awareness:** Pen a compelling press release to circulate within local media circles.
- **Seek Official Recognition:** Acquire a proclamation from local or state government bodies to validate your activities.
- **Engage the Community:** Plan and execute community events or activities that emphasize the importance of diabetes awareness.

### Why These Initiatives Matter:

- **Unified Branding:** Both Founder's Day and Cosmo Day offer platforms for us to present a cohesive message about our contributions on both community and international levels.
- **Membership Growth:** These events serve as fantastic recruitment opportunities, supporting the VP of Membership and New Clubs in attracting new members and even reinvigorating current members.
- **Public Visibility:** Last but not least, these occasions significantly elevate the public profile of Cosmopolitan International and its various projects.

Both Founder's Day and Cosmo Day are not just celebratory occasions, but potent avenues to amplify our work, ethos, and the issues we care deeply about. So, mark these dates on your calendar and let's make the most out of these wonderful opportunities to shine.

# UNITING COMMUNITIES, ERADICATING DIABETES: Cosmo Day Empowers



Cosmopolitan International, a dynamic service club organization with over 1,100 dedicated members across North America, is poised to make an extraordinary impact on **November 4, 2023**, with its annual flagship event, Cosmo Day. In harmony with the theme "Uniting Communities, Eradicating Diabetes: Cosmo Day Empowers," the organization is rallying its members and communities to join forces in the global fight against diabetes during Diabetes Awareness Month.



**Diabetes affects an astonishing 1 in 10 adults worldwide, with over 90% of cases being type 2 diabetes.** Alarming, nearly half of those individuals remain undiagnosed. These concerning statistics serve as a clarion call for action, and Cosmopolitan International is answering that call with unwavering commitment.

**Cosmo Day represents the epitome of unity and community empowerment.** Cosmopolitan International's local clubs play a pivotal role in their communities by providing volunteer support, financial assistance to local groups, and championing initiatives that fund vital diabetes research.

**The heart of Cosmopolitan International's mission lies in changing the world one person and one community at a time.** Their service projects, whether grand or humble, are meticulously designed to impact both individuals and communities. The organization's clubs across the United States and Canada collectively have raised millions of dollars, contributing to diabetes research and supporting local communities with sponsored projects that serve many.

## Notable recipients of assistance from Cosmopolitan International include:

- **Cosmopolitan International Diabetes and Endocrinology Center at the University of Missouri-Columbia: \$1,000,000**
- **Diabetes Institutes (now the Strelitz Diabetes Center) at Eastern Virginia Medical School: \$1,000,000+**
- **Cosmopolitan Pediatric Diabetes Center in Sioux Falls, SD: Over \$116,000**
- **INGAP Diabetes Research Project at the Strelitz Diabetes Center at Eastern Virginia Medical School: Over \$750,000**
- **Alberta Diabetes Center: Generously funded with over \$2 million by the Cosmopolitan Foundation of Canada Over the past two decades**
- **Various grant recipients: Receiving more than \$1,000,000 in funds since 1984**

Cosmo Day is not just an event; it's a movement, an embodiment of Cosmopolitan International's enduring dedication to eradicating diabetes and empowering communities. This November, as the world turns its gaze to Diabetes Awareness Month, Cosmo Day will shine as a beacon of hope, unity, and collective action.

**Join Cosmopolitan International on this journey to unite communities and eradicate diabetes. Be part of the change. To learn more about Cosmopolitan International and how you can get involved, visit [www.cosmopolitan.org](http://www.cosmopolitan.org).**

# Cosmo Day 2023

## MARKETING KIT - MEMBER RESOURCE GUIDE

### HOW TO PROMOTE COSMO DAY

#### Press Release

An official press release has been created. You can download this from our website under resources.

#### Proclamation Request Letter

Employ the provided proclamation letter template when communicating with government officials to seek their endorsement. This can be accessed via our website under resources.

#### Promotional Materials

- Utilize captivating photos from previous club events to craft engaging social media posts or vibrant flyers.
- Consider creating an informative club brochure; for assistance, please contact the VP of Marketing and Fundraising.
- Get shirts made with our Cosmo logo.

#### Community Engagement Ideas

Engage with your local community to amplify awareness about our organization's mission. Here are some impactful ideas:

- Host fundraising events that resonate with your community.
- Organize donation drives to support diabetes-related causes.
- Initiate community outreach activities to connect with residents.
- Establish an informative booth at local events or shopping malls.
- Reach out to local media outlets for opportunities to appear as a guest on radio or TV shows.
- Leverage the power of live broadcasting with a Facebook Live session, discussing your Club's initiatives.
- Elevate the excitement by hosting a Cosmo Party, extending invitations to locals and possibly featuring a local band.

- Raise awareness by procuring a Cosmo flag from Headquarters and displaying it prominently in your community.
- Visit local diabetes centers to strengthen community ties.
- Organize a check presentation ceremony to symbolically deliver funds raised to a local diabetes center.
- Share impactful real-life stories from members or individuals whose lives have been touched by diabetes and the transformative role of Cosmopolitan International.

#### Social Media:

##### Utilize these Hashtags:

#CosmoDay

#StopDiabetes

You can create a hashtag for your local club as well, such as #RockfordCosmos #SiouxFallsCosmos #ReginaCosmos

##### Social Media Post Ideas:

Facebook, Instagram, Twitter, LinkedIn

##### Unity in Action:

**Image:** Share an inspiring photo of Cosmo Day participants joining hands.

**Caption:** "Together, we unite for a purpose greater than ourselves. Cosmo Day 2023 is dedicated to empowering communities and eradicating diabetes. Join the movement! #CosmoDay #StopDiabetes"

##### Local Impact Spotlight:

**Image:** Spotlight a recent local club activity related to diabetes awareness.

**Caption:** "Cosmo clubs throughout North America are actively shaping their communities. From fundraisers to awareness campaigns, we're creating change one community at a time. Share your club's story!

#CosmoDay #StopDiabetes

## Member Voices:

**Image:** Feature a heartfelt member testimonial sharing their motivations for supporting Cosmo Day.

**Caption:** "Our members are the heartbeat of our mission. Hear their inspiring stories about their dedication to eradicating diabetes and empowering communities. #CosmoDay #StopDiabetes"

## Countdown to Cosmo Day:

**Image:** Share a dynamic countdown graphic displaying the days, hours, and minutes until Cosmo Day.

**Caption:** "The countdown to Cosmo Day 2023 has officially begun! We're drawing closer to uniting communities, eradicating diabetes, and making a lasting impact. Stay tuned for exciting updates!

#CosmoDay #StopDiabetes

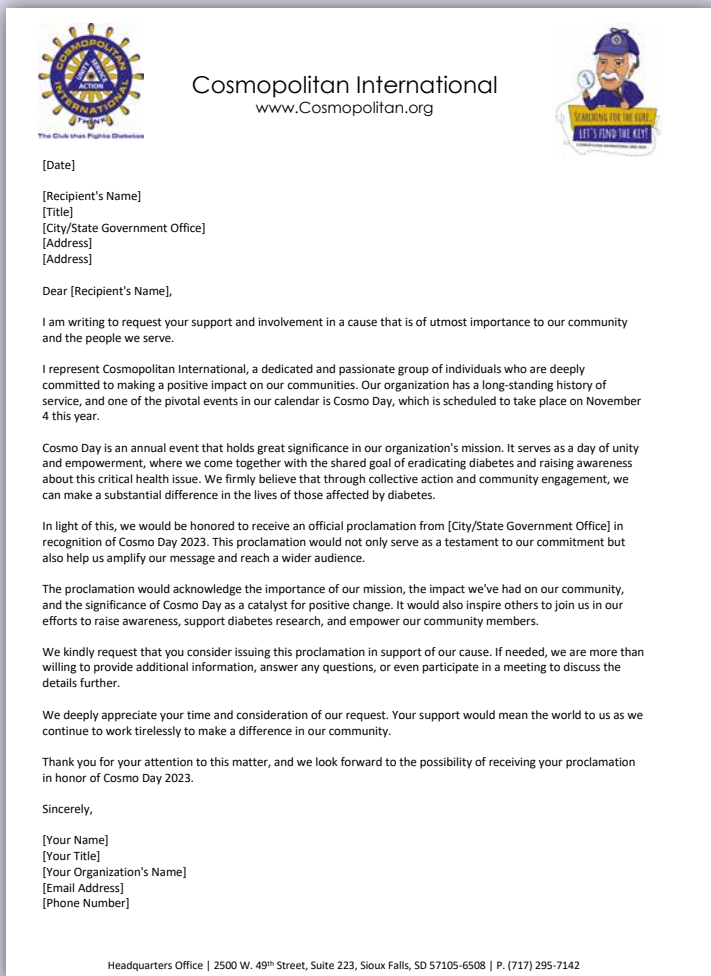
## Join the Movement:

**Image:** Craft an eye-catching graphic featuring the Cosmo Day logo and date.

**Caption:** "Cosmo Day 2023 is swiftly approaching, and we cordially invite YOU to be a part of this powerful movement and our organization's transformative mission. Mark your calendars, spread the word, and let's empower communities while eradicating diabetes together. #CosmoDay #FightingDiabetes

**Thank you for your commitment to promoting Cosmo Day 2023. Your dedication and involvement are instrumental in making our mission a reality. Together, we can create positive change and raise vital awareness about diabetes in our communities.**

## Sample Letter to Get Proclamation



The letter template includes the Cosmopolitan International logo, a cartoon character holding a sign that says "LET'S FIGHT THE KEY!", and the organization's name and website. The letter body contains several paragraphs of text with bracketed placeholders for recipient information and dates. The footer includes the organization's address and contact information.

**Cosmopolitan International**  
www.Cosmopolitan.org

[Date]

[Recipient's Name]  
[Title]  
[City/State Government Office]  
[Address]  
[Address]

Dear [Recipient's Name],

I am writing to request your support and involvement in a cause that is of utmost importance to our community and the people we serve.

I represent Cosmopolitan International, a dedicated and passionate group of individuals who are deeply committed to making a positive impact on our communities. Our organization has a long-standing history of service, and one of the pivotal events in our calendar is Cosmo Day, which is scheduled to take place on November 4 this year.

Cosmo Day is an annual event that holds great significance in our organization's mission. It serves as a day of unity and empowerment, where we come together with the shared goal of eradicating diabetes and raising awareness about this critical health issue. We firmly believe that through collective action and community engagement, we can make a substantial difference in the lives of those affected by diabetes.

In light of this, we would be honored to receive an official proclamation from [City/State Government Office] in recognition of Cosmo Day 2023. This proclamation would not only serve as a testament to our commitment but also help us amplify our message and reach a wider audience.

The proclamation would acknowledge the importance of our mission, the impact we've had on our community, and the significance of Cosmo Day as a catalyst for positive change. It would also inspire others to join in our efforts to raise awareness, support diabetes research, and empower our community members.

We kindly request that you consider issuing this proclamation in support of our cause. If needed, we are more than willing to provide additional information, answer any questions, or even participate in a meeting to discuss the details further.

We deeply appreciate your time and consideration of our request. Your support would mean the world to us as we continue to work tirelessly to make a difference in our community.

Thank you for your attention to this matter, and we look forward to the possibility of receiving your proclamation in honor of Cosmo Day 2023.

Sincerely,

[Your Name]  
[Your Title]  
[Your Organization's Name]  
[Email Address]  
[Phone Number]

Headquarters Office | 2500 W. 49th Street, Suite 223, Sioux Falls, SD 57105-6508 | P. (717) 295-7142

## Sample Social Media Graphics



Seven social media graphics are displayed in a 2x4 grid. Each graphic features the Cosmopolitan International logo and the cartoon character. The graphics include the following text:

- DIABETES FACT**  
**1 in 10**  
Adults worldwide have diabetes. Close to half are not yet diagnosed.
- DIABETES FACT**  
**1 in 2**  
People with Diabetes don't know they have it. Ask your doctor today!
- DIABETES FACT**  
**\$900B<sup>USD</sup>**  
Global Health Expenditure due to Diabetes in 2021.
- Cosmos have raised SEVERAL MILLION DOLLARS** for Diabetes research in the US and Canada.
- Cosmos are Dedicated to Empowering Communities and Eradicating Diabetes.**
- Cosmopolitan International**  
More than 1100 Cosmos working across North America making a difference in local communities. Clubs provide volunteer and financial support to local groups while also helping fund diabetes research.

Each graphic includes the hashtag #COSMODAY and the date COSMO DAY 2023 - NOV 4.

# CATEGORIES OF RECOGNIZED PROGRAMS

## Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center / program will be appropriately listed. Applications are available from CI headquarters and are downloadable from [www.cosmopolitan.org](http://www.cosmopolitan.org) under Resources, Club and Federation Info.

### Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

#### **EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER**

855 Brambleton Avenue  
Norfolk, VA 23510  
B 757.446.5909  
Jerry L. Nadler, M.D., FACP, Director

#### **COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA**

One Hospital Drive  
Columbia, MO 65212  
B 573.882.2273  
Jeff Robbins, Administrator

#### **THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR ENDOWMENT FUND**

PO Box 394  
Sioux Falls, SD 57101-0394  
B 605.333.7315  
Dr. Laura Davis-Keppen, M.D.

#### **DIABETES INCORPORATED**

12955 Bogus Jim Road  
Rapid City, SD 57702  
B 605.341.1273  
Deanna Smith, Executive Director

#### **CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM**

1200 West State Street  
Rockford, IL 61102-2112  
B 815.490.1600  
Gordon Eggers, Jr.,  
President and CEO

#### **HEARTLAND COMMUNITY HEALTH CENTER**

346 Maine Street  
Suite 150  
Lawrence, KS 66044  
B 785.841.7297, ext. 208  
Allie Nicholson  
Executive Director  
[anicholson@heartlandhealth.org](mailto:anicholson@heartlandhealth.org)

#### **ALBERTA DIABETES FOUNDATION & THE ALBERTA DIABETES INSTITUTE**

University of Alberta  
1-020 Li Ka Shing Centre for Health  
8602 112 Street  
Edmonton, AB T6G 2E1  
[ADFAAdmin@ABDiabetes.com](mailto:ADFAAdmin@ABDiabetes.com)  
[albertadiabetesfoundation.com](http://albertadiabetesfoundation.com)

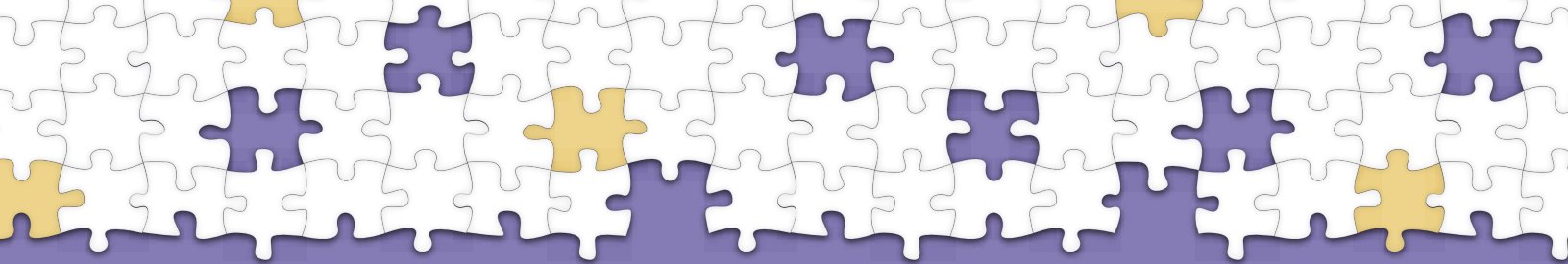
#### **CORNBELT DIABETES CONNECTION, INC.**

9905 South 173rd Circle  
Omaha, NE 68136  
H 402.895.6732, C 402.290.3471  
Terry Sanford, Chair  
[tsanford77@cox.net](mailto:tsanford77@cox.net)

#### **THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.**

PO Box 1942  
Columbia, MO 65205-1942  
P 573-474-4326  
David Bernhardt,  
CPA, Executive Director





## Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

### **COSMOPOLITAN INDUSTRIES, LTD.**

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA

Charlene Duquette, Director

B 306.664.3158

### **SPECIAL LEARNING CENTER**

1115 Fairgrounds Rd. Jefferson City, MO 65109

B 573.634.3070

Debbie Hamler, Executive Director

dhamler@speciallearningcenter.com

## Cosmopolitan Supported Diabetes Program

*(Not to be confused with the Major Cosmopolitan Supported).*

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

### **ELGIN COSMOPOLITAN CLUB DIABETES**

#### **EMERGENCY RESCUE FUND**

Social Service Department, Sherman Hospital

934 Center Street, Elgin, IL 60120

B 847.742.9800

### **UNIVERSITY OF CHICAGO MEDICINE**

Kovler Diabetes Center

900 East 57th Street, Chicago, IL 60637

Peggy Hasenauer, MS, RN, Executive Director

B 773.702.2371, Direct 773.834.4789, C 773.412.4171

[kovlerdiabetescenter.org](http://kovlerdiabetescenter.org)

[www.facebook.com/kovler.diabetes.center](https://www.facebook.com/kovler.diabetes.center)

### **SETBAID SERVICES' DIABETES CAMPS**

#### **FOR CHILDREN & TEENS WITH DIABETES**

PO Box 196, Winfield, PA 17889-0196

B 570.524.9090 or 866.SETBAID

Mark Moyer, MBA, MHA, Executive Director

[www.setbaidservices.org](http://www.setbaidservices.org)

[info@setbaidservices.org](mailto:info@setbaidservices.org)

### **RAPID CITY REGIONAL MEDICAL CLINIC- ENDOCRINOLOGY AND DIABETES EDUCATION**

640 Flormann Street

Rapid City SD 57701

Dr. Thomas Repas

B 605.718.3300



**COSMOTOPICS**  
2500 W. 49th Street, Ste. 223  
Sioux Falls, SD 57105-6508

save the Date!

# 2024 INTERNATIONAL CONVENTION



**JULY 18-21, 2024**  
**EDMONTON,**  
**ALBERTA CANADA**

For more convention information visit  
<https://www.cosmopolitan.org/page/convention>

## *In Memoriam*

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

**Diane May Chiyoko**  
*St. Albert Club*  
May 10, 2023

**Joyce Lukasiewich**  
*Edmonton Club*  
July 1, 2023

**Brian Elliott**  
*St. Albert Club*  
May 6, 2023

**Peggy Dupuis**  
*Prince Albert Club*  
June 10, 2023

