



HIGHLIGHTING
OUR STORY

COSMOPOLITAN INTERNATIONAL

THE CLUB THAT FIGHTS DIABETES



COSMOPOLITAN INTERNATIONAL



Mission Statement

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.

Join Us In Our Fight To End Diabetes!

Cosmopolitan International is a chartered not-for-profit civic service organization that was founded in 1918 by attorney Patrick J. Hodgins in Kansas City, Missouri. Cosmopolitan International has donated millions of dollars to diabetes research and treatment since adopting diabetes as our International focus. We aim to serve both individuals and communities. Our clubs raise fund to assist in diabetes education and research, as well as help local communities by sponsoring projects that are used by many people throughout our communities.

Many people go through life without ever being asked to join a dynamic service club in which they make new friends and serve their communities all while having **FUN!**

As a Cosmopolitan, you will enjoy developing new and lasting friendships and business contacts while you work in **UNITY** for the benefit of your community.

Cosmopolitan **SERVICE** focuses on preventing and curing diabetes, touching the lives of thousands of people.

Cosmopolitan Clubs take **ACTION** by participating in a broad range of community service projects. You will value and utilize the personal leadership skills you will develop as a member of Cosmopolitan.

Cosmopolitan International is a service club not unlike many in the industry. But there are a number of attributes that set Cosmo apart and make it a leader. Chartered in Kansas City, Missouri, in 1918, has come light years in its dedication to service.

For many years, Cosmo clubs concentrated their efforts on the needs of the communities they serve. But in 1973, Cosmopolitan formally adopted the fight against diabetes mellitus as the International focus of our members and clubs. This was well before this disease became the epidemic it is today. Since that time, our small group has done some amazing things in the fight against diabetes. This brochure highlights some of those efforts. Suffice to say, that when Cosmos get serious about an issue, we can raise awareness, raise some money and raise some hope for diabetics who suffer daily with this dreaded disease. A review of our Cosmo history points to the fact that, other than the invention of insulin, Cosmos have had a hand in virtually every major advance in the detection, treatment and research to cure diabetes. We have helped build internationally recognized and renowned treatment and research centers, been at the forefront of the development of such tests as the A1C test, improved physician education on diabetes, encouraged early intervention and treatment, and even pioneered islet cell transplantation.



Cosmopolitan Foundation of Canada, Inc.

The Cosmopolitan Foundation of Canada, Inc. was founded in 1984; five years after the USA found it's first foundation.

This programs is run similar to the Beacons Fund in the USA. Because Canada is a free and sovereign country with its own laws, it is not possible to serve both countries.

Over the years, the Cosmopolitan Foundation has received and contributed approximately one million dollars from Canadian Cosmopolitans; a substantial sum for a small group of very generous people.

Many years ago, the Cosmopolitan Foundation of Canada joined the USA in funding the INGAP program which was being developed by McGill University in Montreal, PQ, in concert with the Eastern Virginia Medical School in Norfolk, VA. More recently, they have funded the Edmonton Protocol and offshoots of that research program. They are proud of the fact they are involved with two of the world's most viable diabetes research programs.



**Diabetes Incorporated
Rapid City, South Dakota**

Diabetes Incorporated provides a diabetes camp for families of children with diabetes, support groups, case management, scholarships and other diabetes-related services. The camp is held annually at Outlaw Ranch in beautiful southern Black Hills over a four-day period. Due to the generosity of the Rapid City Cosmopolitan Club and assistance from Cosmopolitan Diabetes Foundation, every diabetic camper and accompanying adult may attend FREE. Other family members can attend at a reduced fee.



The Alberta Diabetes Foundation is a not-for-profit charitable organization dedicated to discovering a cure for diabetes. In July, 2000, the procedure dubbed the Edmonton Protocol was hailed the more significant breakthrough in diabetes research since the discovery of insulin. They successfully performed several islet cell transplants which has given substantial hope to diabetics all over the world. The support of the Cosmopolitan Club has aided in providing these talented researchers with the tools they need to succeed.



**Rapid City Regional Medical Clinic
Endocrinology and Diabetes Education
in the Black Hills**

The Rapid City Regional Medical Clinic offers services for the prevention, diagnosis, treatment and management of diabetes. The clinic includes a staff of board-certified endocrinologists, physician assistants, diabetes educators, registered dietitians and multiple nurses who work together to care for and educate the residents of western South Dakota and surrounding states.



**Crusader Clinic Community Health
Rockford, Illinois
Ensuring all persons have quality access
to Primary Health Care.**

Since its beginning in 1972, the Crusader Clinic is the only community health care center in northwest Illinois. Its mission is to provide quality care to those who find it difficult to pay for such services. In recent years, the diabetic health care collaboration between Crusader Clinic and the Cosmopolitan Club of Rockford has drawn considerable attention, both locally and nationally. Since the inception of the Rockford Cosmo Club in 1949, they have distributed tens of thousands of dollars to many worthwhile causes in the Rockford area. For several years, it sponsored nursing scholarships to three Rockford Hospitals.



**Health Care Access Clinic -
Lawrence, Kansas
Providing Needs to Diabetic Patients**

Health Care Access Clinic's mission is to help facilitate access to health services for Douglas County residents with limited financial means who are not covered by private or governmental insurance programs. Throughout two decades of service to Douglas County, they have provided primary care services, referrals to specialists, prescription medication, and health education to over 14,000 people, without incurring debt or federal funding.



**Elgin Cosmopolitan Club
Diabetes Emergency Rescue Fund
Elgin, Illinois**

The Emergency Rescue fund was started in response to a need by Sherman Hospital to provide medications for people with diabetes who are in the hospital or emergency room but cannot be discharged because they are unable to afford purchasing medications needed to care for diabetes. The Elgin Club provides monies for emergency aid to those in need.



**Setebaid Services Diabetes Camps
Winfield, Pennsylvania**

Healthcare teams have proved that diabetes camp is one of the best places for youth with Type1 diabetes to receive training on caring for their disease. The name Setebaid comes from spelling Diabetes backwards. The Cosmopolitan Club of the Capital Region began working with Setebaid Services several years ago to help fund the expenses associated with the camp. Without their support, many children from this area would not be able to attend camp.



**Provena Mercy Medical Center
for Diabetic Wellness
Aurora, Illinois**

The Center for Diabetic Wellness strives to eliminate diabetes related health issues through the development and implementation of holistic, culturally sensitive community based healthcare. Its goal is to offer education, screenings, referrals and other services to underserved residents.

Cosmopolitan Diabetes Foundation

“The Charitable Arm of
Cosmopolitan International”



For many years, Cosmopolitan International (CI) recognized the need for a vehicle which would allow U.S. members to make tax deductible contributions to fund the charitable efforts of their clubs, their Federations and the International organization. Because CI was and still is recognized by the IRS as a 501 (c)(4) organization, direct contributions to it do not qualify as a tax deduction.

To provide a vehicle for tax deductible donations, the foundation was incorporated as the Cosmopolitan International Foundation, Inc. In order to emphasize CI's efforts to find a cure for diabetes, the name was changed to the Cosmopolitan Diabetes Foundation, Inc. An endowment called the Beacons Fund was developed to establish a permanent endowment intended to ensure the perpetuity of Cosmopolitan International. There are multiple levels of Beacon membership, with pledges being made over a 10 year period.

Cosmopolitan Projects



Care ~ Educate ~ Research

**Recognized Nationally for Excellence in the Care
and Multidisciplinary Research Programs.
Columbia, Missouri**

The Cosmopolitan International Diabetes and Endocrinology Center stands as a model for the care of a large population of diabetic patients, the education of patients and the education of health care professionals, as well as basics and clinical research. Located at the University of Missouri-Columbia, The Cosmopolitan Diabetes Center sponsored a dedication and ribbon cutting on November 10, 1983, joining a private service club and public institution.



A Possible Cure

**Researching the INGAP Gene
Norfolk, Virginia**

Ongoing research being done at the Eastern Virginia Medical School Strelitz Diabetes Center is working on a breakthrough cure for diabetes.

EVMS has become a premier place in the Mid-Atlantic States which provides a multiplicity of treatment options for both Type 1 and Type 2 diabetes.



**On the Road to Detection
Mobile Clinic Drives Better Diabetes Care
Omaha, Nebraska**

The Cornbelt Diabetes Connection Inc. (CDC) is a 501(c)3 charitable not-for-profit corporation chartered in the state of Nebraska in 1993. The CDC has partnered with the Nebraska Methodist College of Nursing to provide a no-charge diabetes screening program. CDC provide the mobile clinic, driver, fuel, supplies, maintenance and storage for the unit. It is a 36 ft. motor home retrofitted especially for diabetic screening, complete with examining table, computer, video equipment and foot examination area.



**Valerie Millar Cosmopolitan
Fund for Children
Sioux Falls, South Dakota**

The Valerie Millar Cosmopolitan Fund for Children was established in memory of a 15 year-old girl who died of diabetes complications in 1990. The Fund's creation was started out of the realization that deaths such as hers can and should be prevented through better quality diabetes education and intervention.



**Cosmopolitan Industries
Saskatoon, Saskatchewan, Canada**

Cosmopolitan Industries was established through the Saskatoon Cosmopolitan Clubs. Cosmo, as it is now called, provides local care for individuals with intellectual disabilities. The Cosmo Clubs of Saskatoon have provided over \$400,000 over the years and continue to support this great community service.



**Special Learning Center
Jefferson City, Missouri**

The Special Learning Center provides comprehensive, early intervention services for children with developmental disabilities. In 2001, the Special Learning Center built a therapy wing and kindergarten classroom with the monies donated from the Cosmopolitan Club's local Cosmo/Tom Henke Charity Golf Classic. Over 17 years, the Cosmopolitan Club has donated over \$700,000 to use towards general operations in order to provide services to the children of mid-Missouri.