

COSMOTOPICS

A publication of Cosmopolitan International

The 2018 International Convention in Kansas City will see Cosmopolitan celebrating its 100th anniversary, and you don't want to miss the party!

2018 International Convention



Join us in Kansas City, Missouri
JULY 26-28, 2018

EARLY SPRING 2018 ISSUE

THE CLUB THAT FIGHTS DIABETES

www.cosmopolitan.org





FROM THE EDITOR by Tracy Miller

Just when it seems that the excitement of one international convention wraps up, another is almost upon us! This year's international convention is extra special, as we celebrate Cosmopolitan International's 100th Anniversary! If you've been on the fence about whether to attend this year's convention, all I can say is, get off that fence and get on your computer to register now!

July 26 through 28 will find us at the Adam's Mark Hotel and Conference Center in Kansas City,

Missouri. Registration now is open online as well as via the registration form in this edition of COSMOTopics. Full registration information also has been emailed to every Cosmopolitan member.

The International Convention committee, chaired by VP of Membership and New Clubs Judy Weitkemper, and the Anniversary Committee, chaired by PIPS Sheila and Derry Anderson and Melvina Newman, are all hard at work to make this year's event one to remember for years to come.

With every edition of COSMOTopics, we feature the wonderful workings of many of our clubs, and this edition is no different. This time, one of the clubs highlighted is the Northside Lancaster Club, a small but very mighty club that is doing great things in their community. Northside Lancaster hasn't been featured in COSMOTopics for a long time, so join me in a big shout-out for all the excellent work they are doing to make a difference in their community.

Come late July, Kansas City will be "the" place to be. Planes, trains, automobiles...take whatever mode of transportation you choose, but the party's definitely in KC! See you there!

MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.



COSMOTOPICS

EDITOR

Tracy Miller

headquarters@cosmopolitan.org

GRAPHIC DESIGNER

Rockford Cosmopolitan Club Member

Peter Brodeski, Opus Creative Studio, Inc.
pbrodeski@opuscreativestudio.com

COSMOPOLITAN INTERNATIONAL OFFICERS AND DIRECTORS

INTERNATIONAL PRESIDENT

John Hubert

jhubert@jobpoint.org

INTERNATIONAL PRESIDENT-ELECT

Rick Swansbro

r.swansbro@outlook.com

INTERNATIONAL VP FOR FINANCE

John Krysak

john.krysak@dudleyllp.ca

INTERNATIONAL VP FOR MARKETING AND FUNDRAISING

David House

durableflags@gmail.com

INTERNATIONAL VP FOR MEMBERSHIP AND NEW CLUBS

Judy Weitkemper

judyweitk@gmail.com

INTERNATIONAL JUDGE ADVOCATE

Larry Heim

lc@khlaw.us

EXECUTIVE DIRECTOR

Tracy Miller

headquarters@cosmopolitan.org

FEDERATION GOVERNORS

CAPITAL	Russ Danstrom
CORNBELT	Dick Gorton
MID-STATES	Chris Janke
MO-KAN	Gary Bartlett
NORTH CENTRAL	Jane Wiedewitsch
WESTERN CANADA	Angela McFalls

INTERNATIONAL HEADQUARTERS

P.O. Box 7351, Lancaster, PA 17604

P. 800.648.4331 or 717.295.7142

F. 717.295.7143

www.cosmopolitan.org

Email: headquarters@cosmopolitan.org

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Lifelong Learning



Tracy Miller
Executive Director

For many of us, the years we spent in formal education were a long time ago. Still, there are many learning opportunities everywhere we look, every day. I am a believer in lifelong learning which can come in a variety of forms. Perhaps you've never thought of Cosmopolitan International as a way of continuing your learning, and yet it can be just that.

Our wonderful organization provides learning opportunities for us that you may have never considered. If you are interested in pursuing a leadership role in Cosmopolitan, you have the opportunity to learn how to establish and maintain a formal budget, how to run a meeting, how to mentor future leaders, and how to deliver a great public presentation. If the thought of any of these skills creates anxiety for you, remember that Cosmopolitan allows you to learn at your own pace, be mentored by friends, and never feel badly about not being perfect. Even for those who do not wish to pursue leadership positions, opportunities still abound. Consider what you can learn from a great guest speaker at your regular club meetings, new skills you can develop, and places you can travel that you may otherwise never have visited. Learning is all around you!

I, myself, recently wrapped up my studies for my Master of Management degree and learned some interesting facts that likely would not be found in a textbook. As an adult student already with much life experience, perhaps I was especially receptive to some of the topics my fellow students and I discussed that affect our world today. Here are a few of the discussion topics that gave me pause and broadened my thinking about my community and, in fact, our world.

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Did you know...

- "Recycling" of electronics often means simply dumping unwanted devices in third-world countries. Youngsters sort through landfills to find a wire, a piece of plastic, or some other interesting bit that they can sell for pennies to purchase a meal, or part of a meal, for themselves or their loved ones. Perhaps, like me, you thought recycling meant a lesser impact on our planet. Sadly, this is not always the case. The despair shown on the faces of scavenging children sometimes as young as four or five was remarkable. Imagine this - *just to have food.*
- Human trafficking is a world-wide problem and affects the most vulnerable among us. I saw real-life children sitting alone, crying for their parents whom they likely would never see again. Young girls are forced into marriages when they still are children themselves. Boys are forced into manual labor and paid pennies for their work. I had no idea the broad reach of this problem in society today. As you go about your daily life, I encourage you to stay alert and ready to report situations in your own community that may seem odd to you. *Someone's life may literally depend on it.*
- Immigration issues often lead the news of the day, and I learned first-hand the plight of many International students as they strive – legally – to remain in America. Many seek higher education not for academic growth but because it allows them to remain in America longer. My eyes were opened when I heard heartbreaking stories of families being separated from each other and doing whatever it took to make ends meet. *Just to be here.*

There are many more stories and lessons learned which opened my eyes, raised my awareness, and, I believe, will serve to make me a better citizen. I learned just as much without a textbook as I learned with one. And we all can. Seeking out opportunities for growth and broadening our horizons enriches our lives and makes us all better citizens. Cosmopolitan means "citizen of the world." Set out to learn something today, and be a better Cosmopolitan because of it.



Hello Fellow Cosmopolitans and Congratulations

During last year's International Convention in Regina, Saskatchewan, I made membership and club growth our main objective during my term as International President. I am happy to see that we have made progress and we are at a net gain as of this writing.

Part of our success is due to our newest club, the St. Charles County Cosmopolitan Club, which is doing very well. They are motivated and are showing a lot of Cosmo Pride, planning fundraisers and new member events. Our second newest club, the Valparaiso Club in Indiana, also is motivated with a goal of growing and giving back to their community. They have had several recent fundraisers and are working on an upcoming membership event. Please reach out to them and offer your encouragement and fellowship. Let's

welcome both clubs into our organization! The St. Charles County President is Tonya Benton and the Valparaiso President is Nancy McDaniel. You may find contact information for both of these leaders on the Cosmopolitan website. They are both eager to learn more about fundraising and gaining new members.

Thanks to our members' efforts, we currently are up 44 members as of this writing. I hope to recognize all the positive growth clubs in Kansas City at the 2018 International Convention, which also happens to be our 100th anniversary celebration. Let's all get ready for a great time renewing old friendships, making new ones, and celebrating a great 100 years of Cosmopolitan.

Shortly, we plan to hold a videotaped panel discussion with some of our member leaders who have, themselves, introduced many new members to Cosmopolitan. These leaders will share tips on how they have increased their club membership and grown their clubs. Featured will be Vice President of Membership and New Clubs Judy Weitkemper, Midstates Governor Chris Janke, Rockford Club President John LiCausi, and former Midstates Governor LaVonne Hawking. After the recording and editing process is complete, the videotape will be emailed out to all members and subsequently will be placed on the website for members' use.

In closing, I want to encourage all Cosmos to go out into your communities and show your Cosmo Pride. Tell them about the great work you have done and what you plan to do in the future. Ask them to help us give back to our communities and help us fight diabetes.

Let's also congratulate the following clubs for achieving a net gain to date.	
Aurora	7
Belvidere	1
Blair	9
Columbia Breakfast	1
Columbia Luncheon	2
Columbia Show-Me	1
Council Bluffs	4
Elizabeth City	1
Hearthland-Santa Fe	1
Norfolk	8
Omaha Cornhuskers	2
Platte River	4
Prince Albert	3
Rapid City	5
Rockford	23
Saskatoon	2
St. Charles County	21
Wichita Air Capital	3

Will see you all in KC or sooner.



John Hubert
International President

Thanks to our members' efforts, we currently are up 41 members as of this writing.



New Year, New Opportunities

It feels like just recently that we ushered in another new year. And not just any year in our case. For Cosmopolitan, 2018 marks our 100th anniversary as a service club with chapters throughout Canada and the United States. A century of service!

Looking back, we see where members came together in support of clubs and federations to serve T1 & T2 diabetics. To improve the lives of children and adults!

Since 1977, members have stepped-up, collaborated and worked tirelessly to raise funds in support of so many initiatives. These include but are not limited to Cosmopolitan Fund for Children (CFC) as a project of the North Central Federation; the Health Care Access Clinic in Lawrence and Douglas County, Kansas; the Cornbelt Diabetes Connection mobile nursing center; Cosmopolitan International and the University of Missouri support of The Columbia Diabetes Center; Crusader Community Health in Rockford, Illinois; and the Strelitz Diabetes Center INGAP (Islet Neogenesis Associated Protein) program in Norfolk, Virginia.

All of these ongoing initiatives continue today. All of these programs began by Cosmopolitan members "stepping-up" to make a difference in the lives of so many. With time, we look to the next generations of Cosmos to "step-up" and carry the baton into the next century!

Just a few short years ago, we launched the Paws Saving Lives program of offering supplemental assistance to individuals in the process of acquiring a diabetic alert dog.

I want to thank so many Cosmos who have volunteered their time to bring us to where we are today. To date, we have seen a number of clubs offer supplemental assistance to individuals in the process of acquiring a diabetic alert dog.

In addition to club support, we now have a process of offering support granted by Cosmopolitan International. This is an ideal option for offering supplemental assistance to individuals beyond the served area of Cosmopolitan clubs. Where does this process begin? Simply visit <http://cosmopolitan.org/page/paws-saving-lives> to download the recently updated grant application form. Completed forms should be submitted to Cosmopolitan International Executive Director, Tracy Miller.

Paws Saving Lives continues as a work in progress. I am confident of the potential this program offers to help improve the lives of many. There is opportunity for individuals, clubs, and federations to help take this exciting program to the next level. Be sure to visit <https://meridian.four51ordercloud.com/CosmopolitanClub/catalog/Apparel> to order your Paws Saving Lives shirt. Yes, this is a test to confirm that Cosmos everywhere have read this far! I proudly wear my Paws Saving Lives Shirt. How about you?

The 2018 Cosmopolitan International convention will offer an opportunity to celebrate the past while looking forward to the future. Mark your calendars to be at the beautiful Adam's Mark Hotel & Conference Center in Kansas City, Missouri, July 26th, 27, & 28. Let's proudly proclaim that we were there at the 100th anniversary of Cosmopolitan International!



Rick Swansbro
*International
President-Elect*

*With time,
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to "step-up"
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into the next
century!*



Visit KC

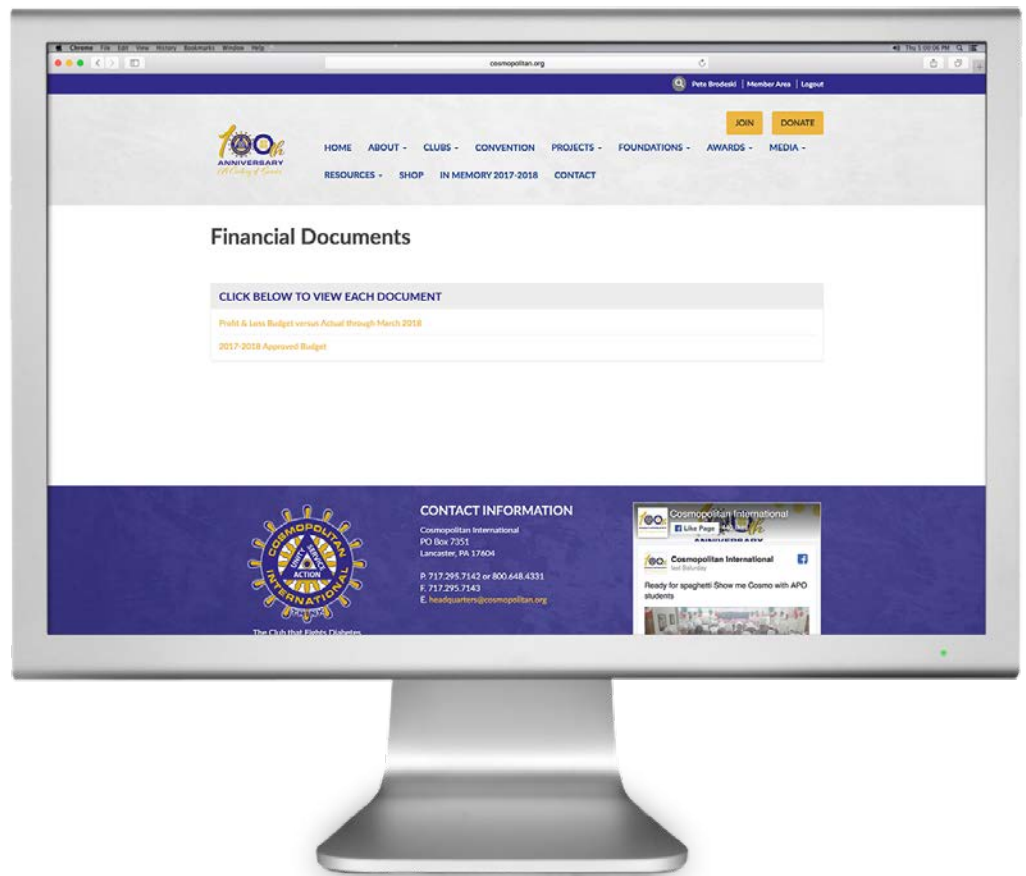
Our Financial Health

WOW time flies. It is that time of the year again when we soon meet for the 2018 international convention and the 100th anniversary celebration of Cosmopolitan International!

There have been no changes to my role as V.P. of Finance. I continue to monitor the weekly expenses as submitted to our accountant for recording and payment and provide approvals to pay once processed through our accounting system where I can see how the expenses are being posted. On a periodic basis we receive updated data from the accountant which we restore onto the International computer so we can login and review the results. This is also a backup function in that if anything ever happened to the data at the accountant's office we would only have to re-enter approximately one month of information.

To date, we are doing well financially for the year and expect to end the year with a surplus. Financial data is available on the Cosmo website under Resources > Financial Documents > Profit & Loss Budget Versus Actual Through March 2018. Please contact me or ED Tracy anytime you have questions or concerns about our finances.

I encourage all Cosmos to strive to increase membership for the remaining quarter of 2017-2018. We at headquarters commit to maintaining a hold on our expenses in order that we may have another successful year financially.



**Financial data is available on the Cosmo website under:
Resources > Financial Documents >
Profit & Loss Budget Versus Actual Through March 2018.**



John Kryszak
*International VP
Finance*

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Where Has Time Gone?

It seems that we were just in Regina having a blast at the 2017 International Convention. For those of you who missed it, it was one of the most enjoyable conventions I have attended! Kudos to the Regina and Wascana clubs for all the work and effort that goes with sponsoring a convention.



David House
International VP
Marketing/Fundraising

Fund Raising (and Marketing)...

The 2018 Kansas City International Convention is almost upon us and promises to be a very special event! A 100-year anniversary calls for some special thinking and planning. I proposed a fund raising concept to the board: "Let's host a health fair!" I have acquired a listing of diabetic-oriented companies in the Kansas City area, and we are actively marketing the concept to them. The idea is to have a health fair for diabetes open to the public and promote it with radio, television, and other means. We are selling table space to a variety of diabetic vendors and companies and promoting Cosmopolitan clubs in the local area.

Proceeds generated from booth sales will be placed into the general budget of Cosmopolitan International. This will help offset some of our expenses going forward. This may even become a standard event at future conventions. It could well offset much of our convention expenses, and provide a real relief to our annual budget!

Marketing

I have approached two companies in the local market place and have a conversation ongoing with one of them to possibly participate in our Diabetic Alert Dog program. The major concern they have is our organization funding and stability. However, they both have been impressed with our goal, and once they saw the Diabetic Alert Dog video, they really began talking about how it might fit. More will follow on this endeavor.

Speaking of Diabetic Alert Dogs

The CI Board has produced a final copy of the Cap Grant Application that is used to apply for funds from Cosmopolitan International. These funds were approved at the Regina Convention with a proposal initiated by PIP Jim Preston. To date, we have approved five \$2,000 cap grants (cap grants are grants that finish the payment for a Diabetic Alert Dog). Applicants have 90 days to complete their fundraising efforts to qualify for the grant. If they do not get to the cap grant level of fundraising, they will need to re-apply.

We hope to receive several additional grant requests and will keep you informed here about the progress.

One Final Note

The cruise idea for an international convention took a back seat because of the amount of planning and negotiations required to get special pricing. The 2019 Convention currently is slated for the Chicago area, with the Mid-States Federation hosting. Cruise information will be forthcoming about a possible 2020 convention, complete with information and estimated pricing. We decided that we needed to provide ample time for everyone to place this on their calendar and begin to budget for the event. Cruise convention pricing will be published sometime in the next several months so you can start saving for that once in a life-time cruise/convention. It should be a tremendous time for all!

A 100-year anniversary calls for some special thinking and planning.



Welcome Our Newest Cosmopolitan Club

Mo-Kan Federation is bursting at the seams with pride over our newest Cosmopolitan Club, the St. Charles County Cosmopolitan Club located in Missouri.

The Club sponsors are the Columbia Breakfast Club, the Columbia Luncheon Club, The Columbia Show-Me Club and the Jefferson City Cosmo Club. I had the honor of being the Sponsoring Committee Member along with our First Lady, Anita Hubert.

Our first meeting was held on August 27, 2017, in St. Charles with six prospective members in attendance. We continued to meet weekly, learning about Cosmo and growing the membership, until our Charter Night Ceremonies on November 7, 2017. The Club is at full charter strength with 20 members paying their first annual dues in full.

I was proud to be Master of Ceremonies of the special, semiformal festivities. The room was beautifully decorated by Rose La Mantia, Columbia Show-Me Club. A delicious dinner was served by JJ's in O'Fallon, Missouri, following the Invocation by Past International President Larry Benton. Dinner was followed by remarks from leaders of each of the four sponsoring clubs

International President John Hubert was on hand to welcome the members and make the presentation of the charter. Mo-Kan Governor Gary Bartlett welcomed and inducted the new members and installed the officers and board members. Tonya Benton, daughter of Past International President Larry Benton and CeCe Benton was installed as the President. Not only

did Tonya grow up in Cosmo, she spent many years as a Jaycee in various positions, including Columbia Jaycee president and as State Jaycee President, ranking in the top ten of all state presidents. She continues to help Jaycee Clubs with their fundraiser activities. Through her influence, the St. Charles County Club has also volunteered to work with the Jaycee Clubs fundraisers.

St. Charles County Cosmopolitan club is a unique Club in that it started with several members that grew up in a Cosmo family: Tonya Benton, daughter of Larry and CeCe Benton; Shelly Yates, daughter of First Lady Anita Hubert; Angela Gallagher, daughter of Jerry and Kay Sigmund; Jennifer Kemper, daughter of Jack and Ruth Schweitzer; and Paula Whitley, my niece. They are a young group and are all working together as a team to continue to build and grow the Club. They would love to hear from other Clubs on the topics of fundraisers, socials, and any other activities that have helped you in growing your Clubs and getting the Cosmo name out in the community.

I am planning to start another new Club in the Kansas City, Missouri, area, which will be called the KC100 Club, in April and would love to work with each Federation in building at least one new Club this coming year.

Building a new Club brings new members and friends into your federation, our organization and our fight against diabetes.



Judy Weitkemper
International VP
Membership
and New Clubs



Q & A with Rob McWilliams

Your CDF Representative from the **Cosmopolitan Club of Norfolk VA**, from the Capital Federation.

Q: If I want to become a Beacon or make a memorial donation. How do I do it, and where do I send my money?

A: For now, make your check payable to the Cosmopolitan Diabetes Foundation or CDF. In the memo line write in your reason/purpose, i.e. Beacon member, CDF general fund, in memory of fellow Cosmo..., or Strelitz Diabetes Center, Norfolk VA—to name several examples. Mail your check to CDF, 420 Financial Court Suite 120, Rockford IL 61107. Soon, we will be able to accept online donations and will let you know as soon as that option is ready to go.

Q: The equity markets did well in 2017. How did the Foundation's investments do?

A: Our conservatively slanted investment portfolio returned an annualized weighted rate of 5.79%.

Q: I hear that there will be some additional Beacon levels and new Beacon pins will be coming out. Any truth to that?

A: Yes, we have added some new levels so that you can move up quicker as a Beacon contributor to the next level, and we've

redesigned the pins accordingly. They should be delivered to us shortly. By the time convention rolls around, Beacon contributors will be wearing them. My next article will be devoted to this subject in detail.

Q: How does the CDF use our money, and what does it go to?

A: Great question! The Cosmopolitan Diabetes Foundation or CDF was setup to allow tax deductible contributions by C.I. club members to be used solely to support it's charitable causes, namely to fight the cause of diabetes, to help find a cure, educate people and treat victims of this dreadful disease. Contrary to some beliefs, the money will not be used to pay salaries to support staff, purchase equipment and office supplies, or to start new clubs. Earnings from the Foundations funds are used to give grants each year to support diabetes-related causes. Contributions can be designated for the CDF (in general), for Paws Saving Lives (diabetic alert dogs), for treatment/research centers, and diabetic youth camps among other things. Please consult your club or your federation for a cause near you. Each Federation has at least one CDF representative.



Rob McWilliams
CDF Chair

Earnings from the Foundations funds are used to give grants each year to support diabetes-related causes.



DIABETES FOUNDATION

Cosmopolitan Foundation of Canada Inc.



Darwin
Baker
CFC Chair

I have stayed a Cosmopolitan because of the people and I am inspired time and again by the Cosmopolitans I have met.

It can be easy to get caught up in the tragic events happening around the world and how awful people can be to each other. It is in times like these that I am grateful to be a part of Cosmopolitan International and the Cosmopolitan Foundation of Canada, as it reminds me of the good in people.

I am inspired by the selfless giving of both time and resources of our members. As I have said before, I joined Cosmopolitan because I was young and had no money to spare, but I wanted to help give back to my community. I have stayed a Cosmopolitan because of the people and I am inspired time and again by the Cosmopolitans I have met. They show me every day, at every meeting, at every Federation Convention, and International Conventions, that there are truly good people all around us. There is love and there is friendship in the world. The older, er, "more experienced" Cosmopolitan members in our club show me that staying actively involved in my club and community leads to a fuller, more vibrant life. I have my very good friend, Randy Klein, to thank for asking me to join the Yellowhead Cosmopolitan Club in 1989. Over the years, I have met and made many wonderful friends from all across North America. Not only other Cosmopolitans, but also some of the wonderful people that we have met who work for other organizations and worthwhile causes that we have supported.

Last Fall, we lost a good friend and club member, past international president, Jim Smith. I will always be grateful for Jim's friendship, leadership and mentorship over the years. The Cosmopolitan Foundation of Canada received many donations in Jim's memory. Thank you to everyone who donated.

I would like all of us to honor Jim's memory and his dedication to Cosmopolitan by asking a friend to join your club and experience the friendship and community spirit that we all embrace. Go to the Cosmopolitan International Website (<http://cosmopolitan.org/page/membership-documents>) and download the membership form that Jim authored - "Great People Who Should Be Cosmos." There could be no better way to honor Jim.

Cosmopolitan International

We are the Club that Fight Diabetes

and we are Proud of it!



**COSMOPOLITAN
FOUNDATION
CANADA
INC.**

Promoting The Living Gift Through Medical Research Since 1984





Out & About

Northside Lancaster Cosmopolitan Club: Small Club, Big Impact

By Kathi L'Esperance

The Northside Lancaster Club may be small in size, but we make a big impact with diabetes-related causes. Our club was founded in 1978 and was proud to have more than 40 members in those early days. Today, while our membership number is much smaller, we still work diligently to raise funds for our cause.

Each Spring, we host a block shoot that began as one of our first projects 40 years ago and which attracts some 50 people. Our block shoots have been held at numerous locations over the years and currently is held at the Strasburg Sportsman's Club. Northside Lancaster Cosmos give a big shout-out to Cosmo Ian Cannon, who is a member of the Sportsman's Club, for allowing us to hold the event there. The block shoot benefits the Strelitz Diabetes Center at the University of Virginia Medical College as well as Setabaid Services, Inc., a diabetes camp program for children here in Central Pennsylvania.

Now in its seventh year, our club hosts a dance each Fall which has become very popular over the years and is usually attended by upwards of 200 people. The idea of a dance was born some eight years ago in the minds of Vice President Cyndi Maley and former Cosmo Susan Riehl. We hold the dance at our local AmVets Post 19, which donates the hall for our use. This event, too, benefits the Strelitz Diabetes Center.



While not busy organizing the block shoot or the dance, you can find us selling sandwich coupons all year to benefit our causes, which includes the Pennsylvania Wounded Warriors. The sandwiches are very popular, and people seek us out for coupons. Who doesn't love to eat!

While our club is small, there are numerous people to thank for our success.

- Vice President Cyndi Maley has been invaluable with her tireless energy and enthusiasm in moving our club forward. If there is a job to be done, Cyndi jumps right in to help. A selfless person who always puts others first, Cyndi can be counted on for anything we need.
- Honorary Cosmo Glenn Ezard is a past club president and past Capital Federation governor. Under his leadership, the Northside Lancaster club chartered with 20 members strong. Glenn continues to advise us and sometimes joins us in ringing the Salvation Army holiday bell.
- Ed Smith, nearing age 90, was a charter member of our club since 1978. Ed has continued advising us over the years and is responsible for much of the club's success.
- Larrie Poole served our club as secretary for more than 20 years. He, too, is appreciated for his many contributions.

As for me, I was heartened to be recognized in my role as President at the 2016 International Convention in Norfolk. We are thrilled to be part of Cosmopolitan International and plan to continue making a big impact for years to come.

Editor's Note:

Those who know Kathi L'Esperance know the special woman she truly is. She has worked tirelessly and selflessly to see that the Northside Lancaster Cosmopolitan Club continues to serve the local community as well as regionally and nationally. Under Kathi's leadership, the impact the Northside Lancaster Cosmopolitan Club has to those afflicted with diabetes truly is amazing. Kathi, on behalf of everyone at Cosmopolitan, please accept our heartfelt appreciation for your time, talents, ideas, and perseverance as you continue to lead your club. Your dedication to our organization and our cause makes you an exemplary president of whom we are genuinely proud! Thank you, Kathi!



Council Bluffs Cosmopolitan Club Paws Saving Lives Program

By Bill Treadway

Since the beginning of time, man has domesticated animals for certain types of work. Whether for entertainment, military, law enforcement, or companionship, the dog seems to be one of those animals that has been useful for a variety of reasons. As a club, we are proud to participate in the use of service dogs for diabetes. Our club would like to think of it as getting a little closer to where good things happen. The diabetic service dog program was introduced to our club in late 2016 and early 2017 by former International President David House. Other club members and I listened and thought, "Wow! What a neat program to help people in need of this service."

At first, many club members were not on board with supporting this new idea. With a limited budget, many felt that we could not take on any additional projects. As the club began to bring in outside speakers on diabetic service dogs, opinions changed. By June 2017, many began to think something could be done. If we could help just one individual get a diabetic alert dog ("DAD"), that would help others get on board. We continued to be educated on where to find those who have a need. I began to seek funding through grants and pursued other benefactors for the cause.



Little by little, some success stories came through to encourage our efforts. We had to learn who trains dogs. We also had to learn the cost of a typical dog, which varies from trainer to trainer. The Cosmopolitan International website was very helpful with information we needed. To deal with the expanding idea, a new committee was formed, and the PAWS committee was charged with

gathering the information we needed. As new information was presented to our club, one expert who came to our meeting was Joe Cook from Heads Up Hounds in Louisville, Nebraska. Joe trains DADs and talked about issues that changed some of our initial ideas about how the program should proceed. One suggestion was that we should not purchase the dog for the individual, but rather assist with the purchase. The party involved should be very committed and do their own fundraising. That made sense to us. With club approval, we then ran newspaper ads inviting readers to contact us if they had a need for a DAD.

Funding for this new program became an issue. We had to maintain our regular programs while nurturing this new

one. Over time, we have received grant money and private donations. One anonymous donation was for \$5,000. Because of a very successful fundraising year, the club voted to match that gift and to build the dog project into our budget. We continue to explore ways to fund this program while maintaining our other worthwhile endeavors.

Our club was originally thinking of helping those within a 25-mile radius of Council Bluffs. We were naïve. People in need were not necessarily within that range, so we expanded the area. We now look to help people as far East as Des Moines, Iowa; and as far West as Grand Island, Nebraska.

Some of our success stories:

- In July 2017, we had our first opportunity to help Rebecca, a 23-year-old student in Lincoln, Nebraska. The training of her dog would be complete in about two weeks, and she was \$1,500 short of having the total cost. Our committee voted and paid the last installment for her. She received her dog in late July.
- In early September 2017, we received an application from a young girl named Kaleigh. Her mother, Jennifer, told us that Kaleigh was a nice-year-old and was a Type 1 Diabetic. In fact, Kaleigh was selected to be the poster child for Hy-Vee's JDRF fundraiser in Grand Island, Nebraska. Her dog, Izzy, was in training, and they were short about half the cost. Our committee decided to help with \$500 and maybe more if needed near delivery time. We did assist with an additional \$700, and Izzy joined their family on October 27, 2017.
- In October 2017, we received a request from Jena, a local 26-year-old woman. She is a single mom with a five-year-old and has both the need health-wise as well as financially. She heard about Cosmopolitan helping with the purchase of DADs because our local newspaper ran a great article on Rebecca in July. In this case, Jena needed a \$1,500 down payment. The club paid this. Her dog's training is scheduled to be completed in Spring 2018. We may have to further assist Jena at that time.
- Also in October 2017, we received our fourth opportunity to assist someone in need. Robert is a 50-year-old man from Winterset, Iowa (near Des Moines). He is married and has three teenage daughters. A Type 1 Diabetic for ten years and declining health conditions forced him into disability coverage. He has some local help, and his dog's training should be completed in Spring 2018. Our committee gave \$500 toward his fundraising and may assist further if needed.

To support the cause and the many others we serve, our website continues to be a work in progress. Soon, it will have a "donate" button which will accept PayPal and credit cards. The site already features articles of our success stories and other information about our club. We are in the process of linking our club's Facebook page to the website. We intend to develop a PowerPoint presentation to share with various local civic clubs to tell our story and, hopefully, raise support for our efforts. Momentum is building, and so is the excitement.



We were asked at the Cornbelt Federation quarterly meeting if our club has changed its focus. The answer is no! We still are supporting the fine causes as we have done in the past. We are simply adding to the list of causes.

During December 2017, we opened our club to women and are happy to report that we have five new members, two of whom are women. We have added a new civic organization to our donation list and are reviewing a second one. All our current civic organizations are receiving the same or increased levels of support. Our focus is the cure for diabetes as well as making lives better for those afflicted with Type 1 Diabetes. One hundred percent of the funds identified for the Paws Saving Lives program goes to that program. All other projects are funded through our general fund. The Council Bluffs Cosmopolitan Club is fully committed to the Paws Saving Lives program. Our members are feeling very positive for being a little closer to where the good happens.

*For more information,
visit www.cbcosmos.org.*



Paws Saving Lives
Diabetic Alert Dog Program

The Platte River Club: Unique and Ironic

By Bob Labeledz

One of the Platte River club's fundraisers is both unique and ironic. We are located in south central Nebraska, Grand Island to be specific. In addition to the Nebraska state fair, the city of Grand Island hosts three other large-scale public events throughout the year.

In early October, the city hosts the "Harvest of Harmony Parade." High school marching bands from all over Nebraska participate, and the parade travels through downtown Grand Island. There are usually 85-90 bands that march in the parade that generally lasts two and a half to three hours. Thousands of people, young and old, line the parade route. After the parade, the bands travel to Grand Island Senior High for band competitions. Our club owns a 35-foot travel trailer that has been custom-fitted to prepare and serve food. It is fitted with a deep fat fryer which we use to prepare funnel cakes. This is the ironic aspect of the trailer, since we fight diabetes and funnel cakes are usually covered with powdered sugar. We park the trailer in the same location along the parade route each year. We also sell coffee, hot chocolate, sodas, homemade cinnamon rolls, and freshly popped popcorn. Last Fall, Governor Pete Ricketts walked the parade route and then left the parade to visit our trailer for a funnel cake. He said he "could smell the funnel cakes from a block away." We did not charge him for it since, as we all know, the state is running a budget deficit this year.

In late November, the city sponsors "Railside Christmas." This event takes place in downtown Grand Island and begins at 5 p.m. on a Friday evening. All the downtown merchants, restaurants, and bars are open. We position the trailer in a prominent location and sell more funnel cakes! At this event we bring two grills and we sell hundreds of hot dogs and hamburgers, and beverages. At times, we have a difficult time keeping up with the demand, and the lines get long. Some years it's a little chilly, but we still get a good turnout.

In mid-July, the city sponsors another very popular event called "Art In The Park." Craftsmen and artists from all over Nebraska and some from Kansas converge on Stolley Park, in Grand Island. They display and sell their paintings, hand-made jewelry, pottery, quilts, photographs, and wood carvings. We position the trailer in the same spot each year and sell the same offerings as mentioned earlier. Since this is a full-day event, we are open and ready for business at 9 a.m. This event typically draws 2,000 to 3,000 people.

It seems like every service club in town has a pancake or a spaghetti feed almost every weekend. We are the only service club in town that has the ability to sell funnel cakes, and we can do it at almost any outdoor location. On occasion, a large employer will ask us to bring the trailer and funnel cakes to their company picnic. These events are good fundraisers for us. Since our membership roster usually hovers around twenty, they are not difficult for us to staff so far, and plans to continue this momentum using a quote from membership chair, Lyle Hardy "Grow Cosmos Grow!"



Columbia Show-Me Club's 30th Anniversary - November 2017



All Aboard! Sioux City Club Highlights Train Enthusiasts

By Fr. Mike Erpelding

The Sioux City Cosmopolitan Club has been sponsoring a model train show for the past six years.

The 6th Annual Train Show was held March 10 and 11, 2018, and many model trains were on display. Vendors were present with model train accessories of interest for nearly every model train enthusiast. The displays and demonstrations were geared for all ages of kids from infant to 110-years old train-lovers.

The earliest known hobby of model trains was the “carpet railways” in the 1840s. Electric trains appeared around 1900, in quite simple forms. Today the hobby of model train presentation is a creation of scenes of realistic looking trains surrounded by realistic landscapes.

Today the assembly of a model train collection includes a vocabulary including these words and phrases: scales and gauges, modules, couplers and connectors and landscaping.

The origin and growth of Sioux City was connected to railroads. The first train arrived in Sioux City on March 9, 1868. Today the Union Pacific Railroad, the BNSF Railroad and Canadian National Railroad operate in Sioux City.

Sioux City is also the home of the Sioux City Train Museum. The Museum’s website states, “This historical treasure, nestled in between the scenic Loess Hills and the Big Sioux River, was built in 1917. At one time, this site was a large industrial complex that serviced and repaired locomotives and railcars for 65 years. Today, this 30-acre complex is home to the Sioux City Railroad Museum.” Tours were offered during the weekend of the Sioux City Train Show.

The Annual Train Show is an important event for the Sioux City Cosmopolitan Club. It is an entertainment event and an opportunity for intergenerational bonding, especially for parents and children. The show raises funds to meet the goals of Cosmopolitan International.



The 6th Annual Train Show was held March 10 and 11, 2018, and many model trains were on display.



Fellowship, Unity, & Growth By Esther Hardy

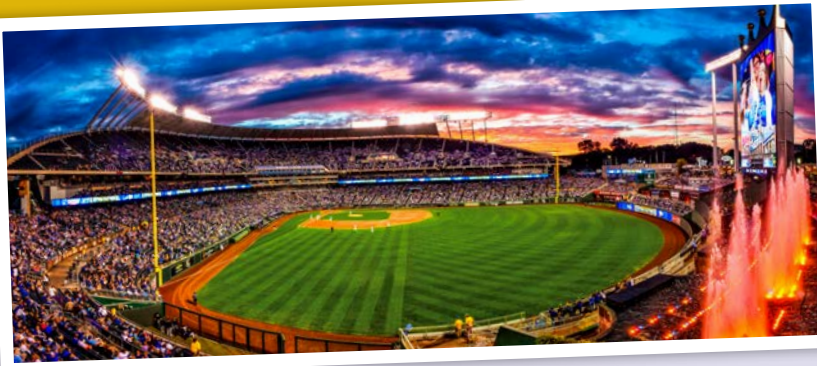
The Western Canada Federation mid-term convention and curling bonspiel was held last Fall in St. Albert, Alberta, and was hosted by the Sturgeon Valley Club. In a way it was the last "hurrah" for the club as it has now joined forces with the Edmonton Club. The Saturday evening dinner and dance focused on an Oktoberfest theme, and many Cosmos set the mood by donning costumes. In attendance for the weekend events were International President John Hubert and First Lady Anita Hubert.

A membership night also took place this past Fall and was successful in having three new members become part of the combined club. These new members were impressed with the commitment and spirit of "the club that fights diabetes" and other community endeavors supported by the club along with keeping the 'fun' in fundraising.

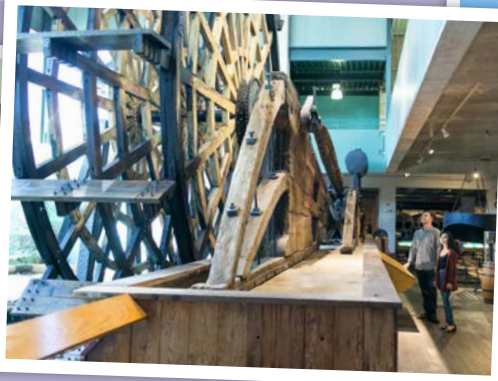
The Edmonton Club is motivated by such a positive year so far and plans to continue this momentum using a quote from membership chair, Lyle Hardy "Grow Cosmos Grow!"



COSMOPOLITAN INTERNATIONAL 2018 International Convention



Wednesday, July 25, 2018 - Royals Baseball Game



Thursday, July 26, 2018 - Steamboat Arabia Museum Tour



Friday, July 27, 2018 - Harrah's Casino

Photos by Visit KC

Register Now!

2018 Cosmopolitan International Convention Registration

July 26-28, 2018 • Kansas City, Missouri

PLEASE FILL OUT ONE REGISTRATION FORM PER ATTENDEE.

Registration Methods

- By mail to Cosmopolitan International, PO Box 7351, Lancaster, PA 17604
- Online at www.cosmopolitan.org
- By fax to 717-295-7143

Attendee Information

Name: _____

Address: _____ City: _____ State: _____ ZIP: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Email: _____ Club: _____

Are you a Cosmopolitan member? _____ Do you require any special accommodations? _____

Kindly indicate any dietary restrictions: Vegetarian Vegan Gluten Free

Pre-Convention Special Event (Wednesday)

- Kansas City Royals Baseball Game. Meet in hotel lobby at 12 p.m. Ticket cost is \$27 per person. Concessions and souvenirs at the ballpark are on your own. *Please note that a limit of 40 tickets are available, so register early!*
- PIP Dinner at Pierpont's at Union Station. Meet in hotel lobby at 6 p.m. Ticket cost is \$62 per person all inclusive (except cash bar). *Please note that this event is open only to Past International Presidents and their spouses or guests.*

Package

- Complete Package (includes all events except Pre-Convention baseball game and PIP dinner); \$300 by July 1; \$325 by July 15. Although Sunday breakfast is included in the package price, please indicate if you plan to stay for Sunday breakfast.
- Yes, I will stay. No, I will not stay.

A la Carte (if not selecting Package)

- Opening Ceremonies Welcome Luncheon (Thursday), \$40
- Explore Kansas City/Steamboat Arabia Museum Tour (Thursday), \$40
- Cosmos Got Talent Show and Dinner (Thursday), \$70
- CDF and CFC Donations Luncheon (Friday), \$40
- Dinner and Harrah's Casino (Friday), \$70
- Installation Luncheon (Saturday), \$40
- Awards Banquet (Saturday), \$100
- Breakfast (Sunday), \$25

Badge Ribbons (please check all that apply)

- Past Int'l President
- Past Int'l Spouse
- CI Board (includes Governors)
- Governor-Elect
- Club President
- First Timer
- Delegate
- CDF Board
- CFC Board
- Beacon
- Emerald Beacon
- Ruby Beacon
- Diamond Beacon
- Northern Beacon

Name on Badge _____

Hotel Information

The host hotel is the Adam's Mark Hotel and Conference Center, 9103 East 39th Street, Kansas City, Missouri 64133. Cosmopolitan has reserved a block of rooms for July 25, 26, 27, and 28. Guest room rate is \$89. For reservations, call 856-722-1369 and indicate that you are with Cosmopolitan International. To guarantee this rate, **rooms must be reserved no later than July 3, 2018**. Any rooms blocked that are not reserved by this date will be released after July 3. Rooms may be reserved at the reduced rate after this time, but availability is not guaranteed.

Airport Transportation

Uber, taxi service, or car rental are available for airport transportation.

Payment Information

- VISA, MasterCard, American Express and Discover are accepted. (Circle one.)

Card Number: _____

Expiration Date: _____/_____/_____

Security Code(on back of card): _____

Name on Card: _____

Billing Address: _____

Billing City/State/ZIP: _____

Total Amount Billed: _____

- Check enclosed. Mailing addresses above.
- Fax. Fax to (717) 295-7143.

Fees quoted are payable in US funds only. Convention fees payable by credit card, money order, or check (Canadian Cosmos please indicate "US Funds" on your personal check).

No registration will be accepted without full payment. Payment must be received by July 15, 2018.

CANCELLATION POLICY: :: Cancellations received between July 1 and July 15 will be assessed a ten (10) percent cancellation fee. No refunds will be made after July 15.

HOTEL REGISTRATION POLICY: Per board policy, due to the contractual agreement Cosmopolitan International has entered into with the convention hotel that guarantees certain minimum numbers, any registered attendee that does not stay at the convention hotel will be subject to a surcharge based on the additional fees charged to the convention when room guarantees are not met.

COSMOPOLITAN INTERNATIONAL 2018 International Convention Schedule

JULY 25-29, 2018 • KANSAS CITY, MISSOURI

WEDNESDAY, JULY 25, 2018

1:15 p.m.	Optional Royals Baseball Game	Meet in lobby at 12 p.m.
3:00 p.m. – 5:00 p.m.	Registration	Grand ABC Foyer
6:00 p.m. – 11:00 p.m.	Hospitality Suite with Complimentary Pizza	Royal Ballroom
6:30 p.m.	PIP Dinner	Meet in lobby at 6 p.m.

THURSDAY, JULY 26, 2018

7:00 a.m. – 5:00 p.m.	Registration	Grand ABC Foyer
7:00 a.m. – 8:00 a.m.	First Timer Orientation	Grand A
8:15 a.m. – 9:45 a.m.	CDF Board Meeting	Monarch
10:00 a.m. – 12:00 p.m.	CI Board Meeting	Monarch
12:30 p.m. – 2:00 p.m.	Opening Ceremonies/Welcome Luncheon	Grand EFG
2:30 p.m. – 5:30 p.m.	Explore KC/Steamboat Arabia Museum Tour	Meet in lobby at 2:30 p.m.
6:30 p.m.	Cosmos Got Talent Dinner and Show	Grand EFG
6:00 p.m. – 11:00 p.m.	Hospitality Suite	Royal Ballroom

FRIDAY, JULY 27, 2018

8:00 a.m. – 9:00 a.m.	Registration	Grand ABC Foyer
9:00 a.m. – 11:00 a.m.	Cosmopolitan Educational Forum	Grand ABC
9:00 a.m. – 11:00 a.m.	Awards Judging	Boardroom
11:30 a.m. – 1:00 p.m.	CDF & CFC Luncheon	Grand EFG
1:00 p.m. – 5:00 p.m.	Health Fair with Exhibitors	Grand ABC Foyer
6:00 p.m.	Dinner and Harrah's Casino	Grand EFG (dinner); meet in lobby at 6:45 p.m. to depart for Harrah's
6:00 p.m. – 11:00 p.m.	Hospitality Room	Royal Ballroom

SATURDAY, JULY 28, 2018

8:00 a.m. – 9:00 a.m.	Registration	Royal Ballroom
9:00 a.m. – 11:00 a.m.	Delegates Meeting	Grand ABCD
11:30 a.m. – 1:30 p.m.	Installation Luncheon	Grand EFG
1:45 p.m. – 2:45 p.m.	CI Board Meeting	Grand ABCD
3:00 p.m. – 4:00 p.m.	CDF Board Meeting	Grand ABCD
6:00 p.m. – 7:00 p.m.	President's Reception	Grand EFG
7:00 p.m. – 11:00 p.m.	President's Awards Banquet	Grand EFG

SUNDAY, JULY 29, 2017

8:30 a.m. – 10:00 a.m.	Wrap-Up Breakfast	Grand EFG
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Note: Activities and events will take place at Adam's Mark Hotel and Convention Center unless otherwise noted.

2018 International Convention *What You Need to Know Now!*

The 2018 International Convention in Kansas City will see Cosmopolitan celebrating its 100th anniversary, and you don't want to miss the party! Check out the information below for what you need to know now.

Downtown Kansas City ▶

The registration fee is higher this year than for previous conventions. Why?

The package fee this year includes seven meals and two excursions with motorcoach transportation, which is more than what was offered in some previous years. Plus, the \$89 guest room rate is significantly lower than that of previous years. The committee felt that the registration fee was a good value for all the meals and activities that are included.

This is our 100th anniversary year. What activities are planned to recognize this occasion?

The anniversary committee has several fun activities planned. Look for a pre-convention trivia contest, an Opening Ceremonies game that promises roaring laughter, and cool giveaway items. And you just never know what famous person may show up!

What do I do when I first arrive?

A Kansas City Royals baseball game is offered Wednesday afternoon, and we have only 40 tickets available to our group. This means you should register early and plan to arrive in Kansas City Wednesday morning if you plan to attend the game. If you are not planning to attend the game, be sure to catch up with Cosmo friends for complimentary pizza in the Hospitality Suite Wednesday evening.

When do I register on site?

Registration opens at 3 p.m. Wednesday and is available with varying hours through Saturday. Check the Schedule of Activities for specific times. Be sure to register before Convention officially begins Thursday morning to pick up your name badge and other important information (and some cool stuff!).

What is the Hospitality Suite about?

The Hospitality Suite is open each evening and is the gathering spot for Cosmos to catch up with old friends and new. Beverages and snacks are served, and on Wednesday evening, complimentary pizza is available. Be sure to stop by!

What happens at the Cosmopolitan Educational Forum?

Training of our members is an important function of Cosmopolitan International. Each year at Convention, we offer an educational session on various topics. This year, Membership and Fundraising will be the focus of the forum. In addition to this training at Convention, additional training opportunities on a variety of topics will be available throughout the year.

What takes place at the Health Fair?

New this year is a health fair where local diabetes-related businesses will showcase their goods and services. We anticipate a high turnout not only of vendors, but of Cosmo members and the general public, as well. The Cornbelt Diabetes Connection's Mobile Unit also will be present at Convention, and you don't want to miss a chance to tour this state-of-the-art facility.

What events and meeting may newcomers attend?

Everything...almost. Newcomers as well as seasoned members who purchased the package registration should feel free to attend all events with the one exception of the Past International President (PIP) dinner Wednesday evening. Those who have never attended convention previously will not want to miss the First-Timers event, which also is a good refresher for long-time members as well. Those who registered for ala carte events are welcome at the first-timers event, the board meetings and the delegate meeting.

What is a delegate? How do I know if I am one?

An important feature of any convention is the voting that takes place by "delegates." This occurs at the Delegates Meeting which is scheduled for Saturday morning. In the weeks and months preceding Convention, each club selects one delegate per ten members of the club to represent the club and vote on important issues that are discussed during the Delegates Meeting. If you volunteer or are asked to serve as a delegate, your club officers will discuss this with you in advance of international convention. If you are unsure if you are a delegate to this year's international convention, please speak with your club president.



Welcome To Kansas City!

By Linda Gentry

Why would you want to come to Kansas City for this year's international convention, you say? Why not! We have so much to offer, including our outstanding food which includes the world's finest steaks, the best barbeque, incredible Italian food, and most everything in between.

Kansas City is home to the 2015 World Series champion baseball team, the KC Royals. Plan to enjoy watching the Royals win again with us on Wednesday afternoon, July 25 (see registration form to register). We also are home to the National Football League's KC Chiefs, who have won 4 Championships and a Super Bowl.

We are known as the City of Fountains, boasting more than 200 fountains, which is more than that of the city of Rome. There are more miles of boulevards than in Paris. And, it is rumored that Kansas City is really the true birthplace of jazz.

The Adams Mark Hotel and Conference Center is minutes from Independence, Missouri, where you will find the Truman Home and Library, another great place to spend the afternoon. 2018 marks the 175th anniversary of the "Great Migration" of wagon trains on the Oregon Trail which began in Independence. Did you also know that Independence is home to the Midwest Genealogy Center, the nation's largest free-standing public family history library in the nation?

Kansas City history includes the Civil War and multiple places to tour. We are home to The National World War I Museum and Memorial, America's leading institution dedicated to remembering, interpreting, and understanding the Great War and its enduring impact on the global community. A must-visit stop during your stay.

Kansas City has a colorful past with its mobster connections, and the massacre at Union Station is one of the prime examples. Stop and feel the bullet holes still in the marble facade, and don't forget to peek inside at this marvelous building. There are still restaurants and speakeasies left over from those days to enjoy during your visit.

We hope your visit to Kansas City will be wonderful because of the plans we have for you and the time you can spend on your own. We have a tremendous outing planned for Thursday afternoon to the Steamboat Arabia, which sank in 1856 in the Missouri River and was buried until its rediscovery in 1987 with her 200 tons of treasure. The only casualty was one mule. Additionally, there is an outing to Harrah's Casino planned for Friday evening. If you attend this year's international convention, you most certainly will enjoy the entertainment and meals we have planned. For more information on Kansas City, please visit www.visitkc.com. See you in KC!

I'm new and don't really know a lot of people. How can I meet people?

First-timers will wear a ribbon on their name badges indicating that this is their first international convention. Seasoned members are very good about introducing themselves to first-timers, making them feel comfortable and introducing them to other people. If you are a first-timer and aren't meeting people, just let someone at the registration table know and soon you will find yourself with lots of Cosmo friends.

What should I wear to all the different events?

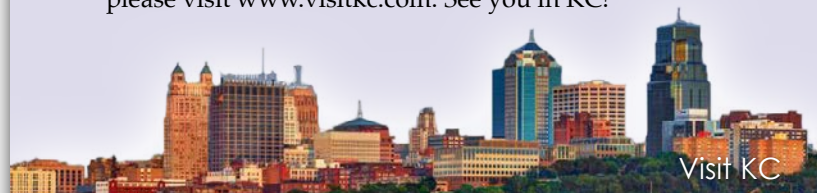
International Convention, overall, is a fairly casual event. The only event that is formal is the International President's Awards Banquet, where you will find tuxedos or suits for gentlemen and evening attire for ladies. For fun, social events such as the Explore KC museum tour, the talent show, and Harrah's casino, "smart casual" summer attire is appropriate. Board meetings, business luncheons, and dinners at the hotel find both gentlemen and ladies in business casual attire.

What if I want to say something at the board meeting? I'm not a board member.

All Cosmos are welcome to contribute at board meetings. Board members typically sit surrounding the board table, and additional seating is provided throughout the room for non-board members. Board meetings are a great opportunity to learn exactly what's going on at International.

If you have specific questions about International Convention, please feel free to contact ED Tracy at (717) 295-7142 or email headquarters@cosmopolitan.org. No question is too big or too small. We want to make sure you have all the information you need to have a great international convention experience!

See you in Kansas City!



CATEGORIES OF RECOGNIZED PROGRAMS

Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center / program will be appropriately listed. Applications are available from CI headquarters and are downloadable from www.cosmopolitan.org under Resources, Club and Federation Info.

Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER

855 Brambleton Avenue
Norfolk, VA 23510
B 757.446.5909
Jerry L. Nadler, M.D., FACP, Director

COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA

One Hospital Drive
Columbia, MO 65212
B 573.882.2273
Jeff Robbins, Administrator

THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR ENDOWMENT FUND

PO Box 394
Sioux Falls, SD 57101-0394
B 605.333.7315
Dr. Laura Davis-Keppen, M.D.

CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM

1200 West State Street
Rockford, IL 61102-2112
B 815.490.1600
Gordon Eggers, Jr.,
President and CEO

CORNBELT DIABETES CONNECTION, INC.

9905 South 173rd Circle
Omaha, NE 68136
H 402.895.6732, C 402.290.3471
Terry Sanford, Chair
tsanford77@cox.net

HEALTH CARE ACCESS - COSMOPOLITAN DIABETES PROGRAM

330 Maine St.
Lawrence, KS 66044
B 785.841.5760
Shelley Wakeman,
Executive Director
director@healthcareaccess.org

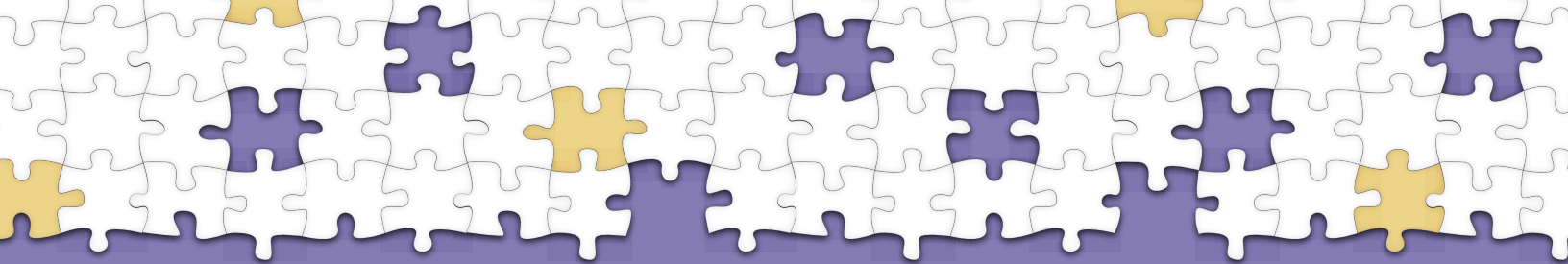
DIABETES INCORPORATED

12955 Bogus Jim Road
Rapid City, SD 57702
B 605.341.1273
Deanna Smith, Executive Director

THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.

PO Box 1942
Columbia, MO 65205-1942
P 573-474-4326
David Bernhardt,
CPA, Executive Director





Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

COSMOPOLITAN INDUSTRIES, LTD.

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA

Peter Gerrard, Director

B 306.664.3158

SPECIAL LEARNING CENTER

1115 Fairgrounds Rd. Jefferson City, MO 65109

B 573.634.3070

Debbie Hamler, Executive Director

dhamler@speciallearningcenter.com

Cosmopolitan Supported Diabetes Program

(Not to be confused with the Major Cosmopolitan Supported).

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

ELGIN COSMOPOLITAN CLUB DIABETES

EMERGENCY RESCUE FUND

Social Service Department, Sherman Hospital

934 Center Street, Elgin, IL 60120

B 847.742.9800

UNIVERSITY OF CHICAGO MEDICINE

Kovler Diabetes Center

900 East 57th Street, Chicago, IL 60637

Peggy Hasenauer, MS, RN, Executive Director

B 773.702.2371, Direct 773.834.4789, C 773.412.4171

kovlerdiabetescenter.org

www.facebook.com/kovler.diabetes.center

SETEBAID SERVICES' DIABETES CAMPS

FOR CHILDREN & TEENS WITH DIABETES

PO Box 196, Winfield, PA 17889-0196

B 570.524.9090 or 866.SETBAID

Mark Moyer, MBA, MHA, Executive Director

www.setebaidservices.org

info@setebaidservices.org

RAPID CITY REGIONAL MEDICAL CLINIC- ENDOCRINOLOGY AND DIABETES EDUCATION

640 Flormann Street

Rapid City SD 57701

Dr. Thomas Repas

B 605.718.3300

Early Spring 2018

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COSMOTOPICS



COSMOTOPICS
PO Box 7351
Lancaster, PA 17604

In Memoriam

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

- **Ranadhir Mitra**
– Columbia Show-Me Club
- **Hank Hohendorf**
– Heartland Santa-Fe Club
- **Jim Behrens**
– Roanoke Club

Sympathy also is extended to the following Cosmos on the loss of their loved ones:

- **Darlene Schroeder**
– wife of Joe Schroeder, Columbia Breakfast Club

