A publication of Cosmopolitan International

2017-2018 International President John Hubert and International First Lady Anita Hubert

Show-Me

### THE CLUB THAT FIGHTS DIABETES

www.cosmopolitan.org





#### FROM THE EDITOR by Tracy Miller

This Fall 2017 edition of COSMOTopics is another full edition, complete with 2017 International Convention coverage, an opportunity to get to know International President John Hubert and International First Lady Anita Hubert, and the annual club and Past International Presidents directory.

International President John Hubert has set ambitious yet realistic and achievable goals

for our organization this year. In this edition, be sure to pay special attention to John's goals, because working toward those goals will mean success not only for our organization, but also for you and your club!

Pour yourself a nice warm beverage and enjoy this first COSMOTopics issue of 2017-2018.

#### **MISSION STATEMENT**

The mission of Cosmopolitan International is to contribute to community wellbeing through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.



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# COSMOTOPICS

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**COSMOTopics** is published four times a year. The \$9 subscription is added to the annual dues by Cosmopolitan International, Inc. Third class non-profit postage paid at Pontiac, IL.

**POSTMASTER** Send change of address to: COSMOTopics, P.O. Box 7351, Lancaster, PA 17604

### A Reward for Good Works

What motivates you? I mean, really motivates you? I believe many Cosmos would answer, "the fulfillment that comes with serving others." After all, the very mission of our organization is just that – service to our fellow citizens.

Our 2017-2018 International President, John Hubert, fits this bill perfectly. In fact, his article in this edition of Topics shows you just how much he believes in serving others. And in the spirit of that service, John has set goals for our organization for the coming year that are both attainable and realistic. He is a big believer is setting and reaching goals. And that ties directly into another area in which John is a big believer – our awards program.

How many times each day do we read an article or hear a story that makes your heart sink. Think about it. Political mudslinging, overdoses due to addiction, and sexual misconduct among those in powerful positions are just a few of the headlines that we now see daily, almost to the point where these stories are the rule, rather than the exception. The stories of individuals and communities building each other up and working for good make the news as well but, sadly, those stories come much less frequently than do the stories of controversy, the sensational, and the tragic.

How wonderful, then, to have an organization such as Cosmopolitan in our lives, where we not only have the opportunity to do good works, but to be rewarded for those good works. Our awards program began receiving a muchneeded facelift last year which continues this current year. Soon, winners will have the opportunity to select from a menu of choices for their reward. One size does not fit all, and especially because Cosmopolitan is an organization that embraces numerous generations, what appeals to one member may appeal less to another. The awards committee is working hard to make the program one in which all Cosmos will be eager to participate.

John and I encourage you to set your own goals this year, and work toward achieving them. Perhaps you want to sponsor three new members this year. When you do set such a goal, you not only will be helping your club work toward achievement of a federation or an international award, but you just may find yourself the recipient of an award as well! It won't happen, however, unless you set a goal and be intentional about achieving that goal. Tell someone in your club about your goals and what awards you are working toward. Be accountable. Write down your goals and look at them every day to remind yourself what you set out to do.

I recently told a member that we are here not only for the good of our communities, but also to build each other up. Take advantage of the fact that our wonderful organization is eager to bestow on you an award for your good works. Then, when you see those stories in the news about crime, immorality, and injustice in the world, you will remember that your organization works a little differently. It is a bright spot in the world, "good news," and you are part of it.





Tracy Miller Executive Director

Take advantage of the fact that our wonderful organization is eager to bestow on you an award for your good works.





John Hubert International President

For us to continue to do all the great things we do on an international level and for our communities we must seek out new Cosmopolitans to keep our organization functional and vibrant.

## Show-Me Cosmo Pride

My wife, Anita, and I, had an outstanding time this year at our International Convention in Regina, Saskatchewan. I especially enjoyed the friendship evening with a local host who invited us into their homes and made us feel like we were part of the family. I was honored at the convention to be installed as International President of our great organization this year and will work to improve our organization.

During my acceptance presentation, I highlighted three goals that I would like to accomplish during my term as International President. As I traveled among the Federations, I noticed that in many cases the Federation received only one or even no candidates for our awards to be won and sent to International to compete on the International level. Brian Duckett chairs the Awards Committee with Sheila Anderson and Gary Bartlett as committee members and has made some changes to enhance the participation in the awards program. I look forward to working with the Committee to continue to improve the awards program.

My first goal is to increase membership and add new clubs. For us to continue to do all the great things we do on an international level and for our communities we must seek out new Cosmopolitans to keep our organization functional and vibrant. How are we going to do this? I'm from Missouri, the Show-Me State. My presidential slogan this year is Show-Me-Cosmo Pride. Let's all take inventory of all the great things we have done as Cosmopolitans and go out into our communities and tell everyone about how we have helped improve the lives of a great many citizens, not only in our neighborhoods but also on an international level. After they hear our story, let's ask them to join in the fun and they, too, can help our fellow man live a better life.

My second goal is to investigate opportunities for additional sources of revenue for Cosmopolitan International. I realize that no one enjoys an increase in dues, currently our only source of revenue. To that end, I will work with David House, VP of Marketing and Fundraising to explore additional sources of revenue.

I am looking forward to awarding the presidential bannerette to many clubs this year. The *Show-Me-Cosmo Pride* award will be awarded to all clubs that accomplish the following during the 2017-2018 fiscal year:

- Hold at least two membership events;
- Submit at least one article to COSMOTopics;
- Submit at least one award winner to the Federation level; and
- Increase their club membership by at least ten (10) percent

Our 100th anniversary is quickly approaching, and I hope to attend a monumental celebration. It should be one of the largest we have had in recent times, and with your help, we also can celebrate accomplishing my presidential goals. I hope to see you all soon, and please contact me with any ideas you have to improve our organization.



### The Glass Is Half Full with Opportunity

### As I close-in on eleven years as a member of Cosmopolitan International, I cannot help but reflect on the opportunity before us as a service club. Yes, the glass is half full with opportunity as we look to our next century of service!

Whether it be marketing, communications, website development, or program development, your International team is positioning Cosmopolitan International for the future. So many opportunities and so little time!

We continue to build on the Paws Saving Lives diabetic alert dog program. Thanks to V.P. of Marketing & Fundraising David House, we will soon upload to our website www.cosmopolitan.org/Page/paws-saving-lives a much-improved grant application. In addition, we will continue to tweak the current Paws Saving Lives video, PowerPoint slides, and FAQ summary.

Beyond these initiatives will be the creation of marketing collaterals with a three-fold purpose.

- Communicate the Paws Saving Lives
  Program
- Encourage private and commercial fundraising
- Attract prospect grant recipients

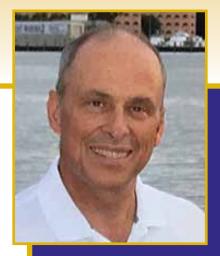
Beyond the scope of local club participation is the opportunity for other grant recipients to be considered for supplemental grant assistance. We will soon be announcing a committee at the International level to review and, if appropriate, award qualified applications.

If I can be of assistance to our many clubs, please feel free to contact me at r.swansbro@outlook.com or ring me at (815) 540-2366. I will be happy to answer your questions and look forward to supporting your club initiatives related to Paws Saving Lives!

Going forward, Paws Saving Lives will continue as a subset of our mission to be the club that fights diabetes. As the executive team, we will continue to build on this platform and look to our clubs to continue in support of this this exciting program.

Looking ahead, we have many exciting initiatives designed to lift our organization going forward. Not the least of which is the 2018 Cosmopolitan International Convention in Kansas City. Please mark your calendars for July 26 through 28, 2018, to join us for this pinnacle event when we celebrate the past century of service and look to the next century of service. See you at Convention!





Rick Swansbro International President-Elect

Looking ahead, we have many exciting initiatives designed to lift our organization going forward.





John Krysak International VP Finance

My article is prepared in memory of Past International President Jim Smith (2008-2009) whose moto was "FUN FOR LIFE."



### Time Flies When You Are Having FUN!

It all began with the beginning of another Cosmo year. We began the year with a budget which includes an estimated \$548 surplus. Since then we have been to convention. WOW, what a convention!! We managed to get 150 people registered, got them to Regina, Saskatchewan, Canada, had FUN and then returned them all home safe and sound all while ending with a surplus of \$4,800. The surplus is from



a lot of hard work to secure sponsorships and reviewing all details of the budget in order to not go over budget. Many, many thanks to all those who attended and those who gave up their time to ensure that we all had FUN (even Mother Nature, who helped turn off the lights).



Convention meetings were productive in that the delegates approved a motion to set aside \$20,000 from the building sale reserve to help provide funding for up to ten diabetic alert dogs at up to \$2,000 each. Reports were presented from the outgoing board, awards were given to the respective winners, and the incoming board was elected and installed (they even let me stay for my fifth term)!

Since the convention, operations have continued resulting in a first quarter surplus of \$3,797 after the insurance is billed back to the clubs. This said, it is a little deceiving due to the convention surplus. Operations have resulted in approximately a \$1,000 deficit during this period. On a line-by-line review, nothing stands out as being way out of line. We all must work to maintain the expenditures, but we can also help by attracting new members. Every new member is a step in the right direction.

Once again, Cosmo PIP Phil Hanson has given us a passing grade when he performed the internal audit of last year's operations.

I attended the Western Canada Interim Board Meeting and Curling Convention held in St. Albert, Alberta, Canada where I caught International President John Hubert and First Lady Anita having some FUN. John was also able to attend the Canadian Foundation and Western Canada Federation board meetings representing the International office and attend the Octoberfest social on the Saturday night.

The fact that we have so much FUN when we are together was re-affirmed when the delegates at this convention overwhelmingly commented to keep the federation holding two conventions per year.



The FUN never stops! The see-no-evil, hearno-evil, and speak-no-evil team was caught having FUN after working a Cosmo bingo and encourage you all to get out, have some FUN, and get some new members.



### Marketing and Fund Raising

# As this new position develops within the Cosmopolitan International board, I wanted to present to you several initiatives that are underway.

### **Yoga for Diabetics**

This past year, Cosmopolitan International has presented a Yoga for Diabetics program to several hospitals and clinics where we already have a good relationship. Strelitz in Virginia, Methodist College in Nebraska, University Hospital in Missouri, University of Chicago in Illinois, Regina Hospital in Canada, and two more are in the initial phases of discussion.

The response has been fantastic, as this program has several key benefits:

- The facility can use this as an outreach program for both diabetic employees and patients.
- The minimal cost allows Cosmopolitan International and local clubs to reach out to more diabetic individuals, spreading the word about our cause.
- The Yoga Instructor has additional potential customers for long term relationship building.
- The local Cosmopolitan Club should involve at least one member in each class to present the benefits of membership in their local club to these prospective diabetic members.



Methodist College in Nebraska was the first class to physically get underway, and International Judge Advocate Larry Heim flew to Omaha at his expense to help teach the first class. Larry modified a previously created yoga program for cancer patients and is helping interview and screen the yoga instructors for each of our programs as they kick off. The program is an 8-week introduction to yoga and the benefits of it for the diabetic individual. The Nebraska class was a mix of both diabetic hospital employees and patients.

If you or anyone in your club know of a facility that might be interested in this outreach program, please feel free to contact me. I would be more than happy to schedule a presentation to the facility to gauge their interest and potential.

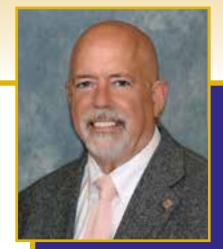
### **Diabetes Health Fair**

We have been working hard on a new concept for the 2018 International Convention in Kansas City, Missouri. We have reserved the Grand Ballroom at the Adams Mark Hotel, and will begin promoting a FREE health fair that will be open to the general public. We will be marketing booth space to companies in the greater Kansas City metro area that provide products and services for diabetics. This is tentatively scheduled to happen on Friday afternoon, after the CDF/CFC luncheon. More to come on this in future issues of COSMOTopics as well as upcoming newsletters.

### **Diabetic Alert Dog Partnership**

The voting last convention on the creation of a one-time Diabetic Alert Dog fund from Cosmopolitan International has opened the door to the potential of partnering with one or more outside organizations to assist in the generation of additional funds for dogs. We currently are working on two separate presentations to pitch our cause to outside potential corporate sponsors. These are currently in the design phase, and will be presented for editing and feedback to the CI board shortly. Once that is completed, we will begin aggressively promoting this to several potential corporate sponsors we have already identified.

It is going to be a BANNER YEAR for Cosmopolitan. Are you ready to be part of it?



David House International VP Marketing/Fundraising

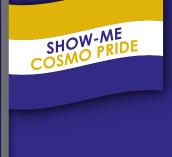
It is going to be a BAWNER YEAR for Cosmopolitan. Are you ready to be part of it?





JUdy Weitkemper International VP Membership and New Clubs

Adding new members without a Retention Plan is like pouring water into a bucket full of holes.



### Membership Retention

Our main goal this year is to increase membership. Growth is achieved by having both Recruitment and Retention Plans in place. Hopefully each club's VP of Membership has formed a committee and will assign half the committee to work on Recruitment and the other half to work on Retention.

When we think of growth, the first thing that usually comes to mind is *Recruitment*, and we are doing a good job bringing in new members, *so don't let up*. But we also have to think about Retention. Therefore, in this article I want to mainly focus on Retention.

Why retention first? Because adding new members without a Retention Plan is like pouring water into a bucket full of holes. I feel Membership Retention is the most important item, along with club building, that we need to address. Look back at the members you lost over the past few years: how many of those could you have saved? When we lose a member, we lose not only that member, but also any future members he or she may have brought to the Club.

There are several reasons we lose members. Some we can't avoid, but some we can. Look at the following scenarios:

• New Member #1: I have a passion to fight diabetes; a passion to help make my community a better place to live. I joined Cosmo not simply to join a club, but to find and be a part of other people who shared my passion. At the meetings, I was a little uncomfortable. John always sits with Mary, Bob, and Jane, and each table seemed basically the same. Then, when checking into the fundraisers, I learned about the few repeated each year but, not to worry, the same people did them each year because they knew exactly what to do. I also learned the leaders were content and not really interested in adding new fundraisers to the mix. How long would I stay with this club? Could you save me, and if so, how?

• New Member #2: I joined your club because I believe in and support the work you do for our community and for diabetes. I am extremely busy so, I pay my annual dues, but rarely do I attend meetings or get involved. How are you going to entice me to a meeting or keep me connected to the club so that I will continue to renew each year?

Most of the service clubs today are doing a great job in recruiting but still are losing more members than they bring in each year. Our club is worth fighting for. *It's time to pick a plan, get everyone on board, and get to work.* 





**CDF** Update from Convention

After serving on the Cosmopolitan Diabetes Foundation Board for two years, I am your newly elected Chairman, following in the capable footsteps of Melvina Newman who I had the pleasure to serve under during that time.

At the 2017 International Convention in Regina, grant awards were a major order of business. More than \$111,000 in 24 requests were received and \$35,064 was available to fulfill those requests. With CDF Luncheon donations received at convention, the amount rose to \$38,200.00. The initial amount available is based on the previous 12 quarters' average of investment returns on principle. The following 11 grants were awarded:

| GRANTS AWARDED BY CDF - 2017  | AMOUNT   |
|---|----------|
| Cornbelt Diabetes Connection, serving Cornbelt Federation                                       | \$5,000  |
| Cosmo Diabetes and Endocrinology Center, Columbia MO, Students with Diabetes                    | \$2,000  |
| Cosmo Diabetes and Endocrinology Center, Columbia MO, Diabetes Day                              | \$5,000  |
| Crusader Community Health, Rockford IL  | \$5,000  |
| Health Care Access Clinic, Lawrence KS  | \$5,000  |
| EVMS Strelitz Diabetes Center, Norfolk, VA  | \$5,000  |
| Setebaid Services Inc., Harrisburg PA   | \$2,000  |
| Camp Hickory Hill, Columbia MO  | \$4,000  |
| Children's Hospital of the Kings Daughters, Norfolk, VA,<br>Diabetes Halloween Buy-Back Program | \$2,000  |
| University of Chicago Kovler Diabetes Center, Chicago IL  | \$2,600  |
| Fargo Moorhead Cosmo Club, Fargo ND, Diabetes education   | \$600    |
| Total Given   | \$38,200 |

With regard to our investment fund, our finances and investment reports are issued each quarter. Third quarter 2017 investment results are in. For sake of perspective, August 31, 2016, investment totals were \$1,128,513.19 after an unrealized loss of \$164,624. At October 31, 2016, the total was \$1,096,146.53 after an unrealized loss of \$178,871.52. After all funds were transferred to new investment management by the end of December 2016, the account was at \$1,118,197.01. At market close on October 24, 2017, we were at \$1,163,582 and that includes the \$20,000 distribution that occurred last month to CI, resulting in a gain of \$61,906. Please keep in mind that the account was at \$1,138,808 in December 2009. On our assessment for the near future, Mike Fraser states, "We are higher by nearly 5.5% YTD and again this result is very much hindered by the required percentage of bond/cash holdings. Also, both the "current conditions" and "expectations" components are currently at or near their highest levels since the tech bubble of the late 1990s which is a doubled-edged sword. I still see gains going forward to year's end and am watching out for any economic or geopolitical situations that could derail this ongoing long in the tooth bull market."

In other areas, new Beacon levels have been instituted giving Beacon donors the opportunity to move up to the next dollar level quicker, and new pins have been designed and ordered. Roll out will be soon, and I will feature this topic in more detail in my next COSMOTopics article. Beacon recognition will be done on the website, and all past Beacons will be honored there as well. We also are working on allowing Beacon contributors to designate their contributions to different causes instead of just going in to the general fund.

Should you ever have any questions, please contact me by email or on my cell number in the directory. Thank you for your commitment and support of the CDF. We are all making a difference in our communities and in Cosmopolitan. Until next time!



### Rob McWilliams CDF Chair

Your new board consists of the following:

- Rob McWilliams, Chair, representing Capital Federation (3rd year), serving on the Grants and By-laws Committees.
- Randy Kramer, Vice Chair, representing Cornbelt Federation (2nd year), serving on the Finance Committee.
- Susie Bartlett, Secretary, representing Mo-Kan Federation (1st year), serving on the Grants Committee.
- Jim Preston, representing North Central Federation (1st year), serving on the Finance Committee.
- Kris Tumilowicz, representing Mid States Federation (3rd year), serving on the Beacon Committee.
- Jerry Priebe, At-Large representative, North Central Federation (1st year), serving on the Grants Committee.
- Richard Gordon, Cl representative, Past President (2nd year), serving on the Bylaws and Beacon Committees.
- Mike Fraser is our investments manager (Capital) and Dayton Smith is our CPA (Mid States).



John Hubert of Columbia, Missouri, was installed as the 2017-2018 International President at the 2017 International Convention in Regina, Saskatchewan. Let's visit with John and his wife, Anita, and get to know them a little better.

#### **Iracy:** Tell us how and why you became a Cosmopolitan.

**John:** Being in the insurance business and new in town, I was looking for new prospects while networking at a Chamber function. I was asked by a Chamber member to go to lunch, which was a Cosmo Luncheon Club meeting. PIP Phil Hanson invited me, and I joined two weeks later. PIP Larry Benton Swore me in.

### **Tracy:** Tell us about your various roles in the organization over the years.

**John:** I started becoming involved in all the club functions and was asked to join the board. Was very proud to assume the position of club president after a few years on the board. I then was called by the Mo-Kan Governor Tommy Johnson and asked if I was interested in the Governor-Elect position. I agreed and had a very productive term as a Mo-Kan Governor.

# **Tracy:** How do you feel the club needs to evolve to attract new members?

**John:** We need to give the prospects a reason to join. The reasons are many and include fellowship, giving back to the community, networking, fun, new experiences. learning new skills, and learning public speaking. We need to stress the advantages of being a Cosmopolitan.

#### **Tracy**: Tell us about your family.

**John:** Anita and I have four children between us. Johnny is a musical director at a Unitarian church in Denver,

Colorado; Lloyd is a union plumber in Columbia, Missouri; Shelly is a nurse and a fellow Cosmopolitan in our newest club, the St. Charles County Cosmopolitan Club; and Stephanie is the Epic administrator for a hospital chain in Charleston, South Carolina. I'm proud to say they all make more money than their mother and father.

# **Tracy:** Your current position at Job Point has a connection to Cosmopolitan. Tell us about that.

John: I retired from the insurance business about three years ago and started working part time with a not-for-profit organization here in Columbia called Job Point. Job Point was founded by the Columbia Cosmopolitan Luncheon Club when there were a couple of members who had older, disabled children that could not find employment in Columbia. The club worked together and started the first sheltered workshop in Columbia. Today, we still help those with disabilities find employment, and we also provide training in subjects such as HVAC, CNA, heavy highway construction, and office technologies. Graduates have the opportunity to make a living wage and a lifetime career.

# **Tracy:** When did you earn your MBA, and what is your background in business?

John: When I was released from active military duty, I took advantage of the GI Bill and, after quite a few years in night school, I finally earned a Bachelor degree in Business Administration. I owned a Texaco service station at the time, and it was the hardest I've ever worked in my life. After graduating, I was approached by an insurance sales manager and spent the next 35 years in the insurance business selling property and casualty insurance. I continued going to night school and eventually earned an MBA.



### **Tracy:** What would you say to someone considering membership?

**John:** You can go as far as you want in the organization as you want and work to improve the lives of the citizens in your community.

**Tracy:** What are your goals for this year, and how do you plan to achieve them?

**John:** My number one goal is net increase in membership. We currently are planning to offer a membership presentation, probably via webinar, which will be facilitated by our VP of Membership Judy Weitkemper and Midstates Governor Chris Janke Mid-States Governor. They will highlight how their clubs have been so successful and how to grow your club's membership. I also will work with the clubs and governors to increase membership. I am encouraging more club participation in our awards program and would like to see additional revenue sources through the VP of Fundraising so that CI's only source of revenue isn't dues.

### And some fun stuff...

Favorite TV show? Any MMA event or Discovery channel.

**Biggest pet peeve?** Complaints about the military by those who have never served.

Early riser or night owl? Night owl.

How would you spend a day off? Working on houses, cars, or at the Cosmopolitan hall doing Cosmo work.

What is a great book that you would recommend? Any reference manual showing you how to repair or fabricate.

### And from Anita...

**Tracy:** What might Cosmopolitans be surprised to know about John?

**Anita**: While living in St Louis, John received his private pilot's license and flew for Spirit Airlines out of St. Louis airport. It was something he always wanted to do because he flew as an air crewman while in the Navy in the late 60s.

**Tracy:** As First Lady, you are active in visiting clubs with John. Tell us about that.

**Anita:** Yes, I am active in visiting clubs. I love seeing all the Cosmo friends we have made and having special time with lasting memories.

Tracy: Tell us about your career.

**Anita:** I have been in retail all my life and currently am with JCPenny in the jewelry department. I love meeting the customers and developing lasting relationships by helping them select special items throughout the year.

**Iracy:** What hobbies do you enjoy outside of Cosmopolitan?

**Anita:** Other than shopping, I love my bird garden and my dogs and cat. I also love to swim.

**Iracy:** What advice to you have for future First Spouses?

**Anita:** Encourage your spouse to be patient, and make sure you pack everything needed on a trip because, surely, he or she will forget something.

Cosmopolitan Foundation of Canada Inc.

# Where to Donate for the Most Impact for Your Dollar

By Darwin Baker



Over the past 18 months it has been my honour to represent The Cosmopolitan Foundation of Canada Inc. and the fantastic Cosmopolitans who support our foundation everyday. I would like to give thanks to my hard-working team Treasure Terry Down, Secretary Roger Bradley and Vice President Kay Fay, it is great to be the front man for this dedicated group of volunteers.

This brings me to the topic for my article, Where to Donate for The Most Impact For Your Dollar. In doing some research I was quite shocked at the percent of administrative cost incurred by some of the top Canadian charities compared to our volunteer organization the Cosmopolitan Foundation of Canada, Inc. As we are all volunteers, last year with revenues of \$52,000, our administration cost-to-revenue was only 4.2 percent, and the majority (2.7%) of that was for the required financial audit.

Here are some comparisons:

| World Vision of Canada            | Revenue \$260 million 18 % to Admin.  |
|-----------------------------------|---------------------------------------|
| Heart and Stroke of Canada        | Revenue \$103 Million 48.7% to Admin. |
| Canadian Cancer Society (Ontario) | Revenue \$84 Million 42% to Admin.    |
| Canadian Diabetes Assoc.          | Revenue \$75 million 28.4% to Admin.  |

|      |  |                   |         | % from  |           | Disburse- | Admin.               |
|------|--|-------------------|---------|---------|-----------|-----------|----------------------|
|      |  |                   | Revenue | Govern- | Assets    | ments     | % of                 |
| Rank |  | Location          | \$000s  | ment    | \$000s    | \$000s    | Revenue <sup>†</sup> |
| 1    | World Vision Canada                                    | Mississauga, Ont. | 260,423 | 5.0     | 45,760    | 254,537   | 18.0                 |
| 2    | The Canadian Red Cross Society                         | Ottawa            | 197,908 | 22.2    | 144,005   | 195,510   | n.a.                 |
| 3    | Care Canada  | Ottawa            | 171,844 | 18.0    | 52,677    | 171,624   | 3.1                  |
| 4    | The Salvation Army Territorial Headquarters            | Toronto           | 155,793 | n.a.    | 1,166,816 | 135,820   | 15.0                 |
| 5    | YMCA of Greater Toronto                                | Toronto           | 112,595 | 50.2    | 113,964   | 116,161   | 8.6                  |
| 6    | Heart and Stroke Foundation of Ontario                 | Toronto           | 103,647 | 6.3     | 106,449   | 101,341   | 48.7                 |
| 7    | United Wa of Greater Toronto                           | Toronto           | 95,748  | 0.2     | 97,226    | 93,352    | 11.6                 |
| 8    | Ducks Unlimited Canada                                 | Stonewall, Man.   | 86,960  | 6.4     | 90,400    | 82,290    | 25.0                 |
| 9    | Canadian Cancer Society, Ontario Division              | Toronto           | 84,052  | 3.8     | 29,313    | 83,544    | 42.0                 |
| 10   | Canadian Diabetes Association                          | Toronto           | 74,845  | 12.2    | 34,699    | 72,229    | 28.4                 |
| 11   | Canadian Food for the Hungry International             | Abbotsford, B.C.  | 68,154  | 0.1     | 2,491     | 67,142    | 1.7                  |
| 12   | National Cancer Institute of Canada                    | Toronto           | 61,017  | 2.6     | 101, 264  | 65,001    | 4.3                  |
| 13   | The Nature Conservancy of Canada                       | Toronto           | 56,241  | 11.9    | 197,101   | 56,225    | 12.3                 |
| 14   | United Jewish Appeal of Metropolitan Toronto           | Toronto           | 55,103  | n.a.    | 35,255    | 53,054    | 13.6                 |
| 15   | Federation CJA   | Montreal          | 54,894  | n.a.    | 114,255   | 50,707    | 16.7                 |
| 16   | United Jewish Welfare Fund of Toronto                  | Toronto           | 54,143  | 0.0     | 184,338   | 41,461    | 13.8                 |
| 17   | Foster Parents Plan of Canada                          | Toronto           | 54,066  | 7.7     | 9,519     | 53,858    | 16.3                 |
| 18   | Canadian Cancer Society, National Office               | Toronto           | 52,420  | 1.0     | 9,791     | 53,098    | 7.5                  |
| 19   | United Israel Appeal of Canada Inc.                    | Toronto           | 49,122  | n.a.    | 30,892    | 52,332    | 29.5                 |
| 20   | The Canadian National Institute for the Blind, Ontario | Toronto           | 43,598  | 21.2    | 31,905    | 43,466    | 39.3                 |

<sup>†</sup>Administration expenses as disclosed on lines 5010, 5020 and 5030 of the charity's T3010 information return. Source: 2004 tax return data provided by the charities division of the Canada Revenue Agency. "In doing some research I was quite shocked at the percent of administrative cost incurred by some of the top Canadian charities compared to air volunteer organization the Cosmopolitan Faundation of Canada, Inc."

Yes, we are not in the multi-million-dollar range like they are, but almost every dollar donated to The Cosmopolitan Foundation of Canada, Inc., goes direct to research, such as our continued commitment to supporting the research of the Alberta Diabetes Foundation (ADF). The Cosmopolitan Foundation of Canada Inc. made a pledge of \$175,000 over seven years to fund this research project. The third \$25,000 installment was made in November 2017. The ADF funded the clinical research of Dr. Ray Rajotte who pioneered the first-ever islet cell transplant – the biggest breakthrough in diabetes research since the discovery of insulin. That work, plus an expanded islet-cell transplant team, and the addition of anti-rejection protocol ended up becoming the "Edmonton Protocol," now the international standard of care for islet-cell transplantation. I encourage everyone to visit the ADF website to see what they are working on and have achieved at: www.albertadiabetesfoundation.com.

Our Beacons make everything we do possible in our goal to finding a cure. THANK YOU ALL! We are going to be sending out letters to our past Beacons thanking them for their support and asking for them to continue to support our fight. Many of these letters will be going out to past Cosmopolitans who did not complete their pledges for various reasons. We are hoping to inspire them to top up their donations to complete their pledged Beacon level. Who knows – maybe a few will want to rejoin our great organization.



In May 2016, we added a new level to our Beacon Program the Canadian Diamond as we had a few special Beacons surpassing our Ruby Level this is a very impressive commitment to our Foundation.

| Northern Beacon \$1000                         | \$1,000  |
|--|----------|
| Silver Beacon \$1000, Additional \$1000        | \$1,000  |
| Gold Beacon \$1000 Additional \$1000           | \$1,000  |
| Platinum Beacon \$2000, Additional \$2000      | \$2,000  |
| Canadian Emerald \$5000, Additional \$5000     | \$5,000  |
| Canadian Ruby\$20,000, Additional \$10,000     | \$10,000 |
| Canadian Diamond \$50,000, Additional \$30,000 | \$30,000 |



Promoting The Living Gift Through Medical Research Since 1984

Our Beacons make everything we do possible in our goal to finding a cure. THANK YOU ALL!

# CATEGORIES OF RECOGNIZED PROGRAMS Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center/program will be appropriately listed. Applications are available from CI headquarters and are downloadable from www.cosmopolitan.org under Resources, Club and Federation Info.

### Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

### EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER

855 Brambleton Avenue Norfolk, VA 23510 B 757.446.5909 Jerry L. Nadler, M.D., FACP, Director

### COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA

One Hospital Drive Columbia, MO 65212 B 573.882.2273 Jeff Robbins, Administrator

### THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR ENDOWMENT FUND

PO Box 394 Sioux Falls, SD 57101-0394 B 605.333.7315 Dr. Laura Davis-Keppen, M.D.

### CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM

1200 West State Street Rockford, IL 61102-2112 B 815.490.1600 Gordon Eggers, Jr., President and CEO

### CORNBELT DIABETES CONNECTION, INC.

9905 South 173rd Circle Omaha, NE 68136 H 402.895.6732, C 402.290.3471 Terry Sanford, Chair tsanford77@cox.net

### HEALTH CARE ACCESS -COSMOPOLITAN DIABETES PROGRAM

330 Maine St. Lawrence, KS 66044 B 785.841.5760 Shelley Wakeman, Executive Director director@healthcareaccess.org

#### **DIABETES INCORPORATED**

12955 Bogus Jim Road Rapid City, SD 57702 B 605.341.1273 Deanna Smith, Executive Director

### THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.

PO Box 1942 Columbia, MO 65205-1942 P 573-474-4326 David Bernhardt, CPA, Executive Director





### Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

#### COSMOPOLITAN INDUSTRIES, LTD.

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA Peter Gerrard, Director B 306.664.3158

### SPECIAL LEARNING CENTER

1115 Fairgrounds Rd. Jefferson City, MO 65109B 573.634.3070Debbie Hamler, Executive Directordhamler@speciallearningcenter.com

### **Cosmopolitan Supported Diabetes Program** (Not to be confused with the Major Cosmopolitan Supported).

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

### ELGIN COSMOPOLITAN CLUB DIABETES EMERGENCY RESCUE FUND

Social Service Department, Sherman Hospital 934 Center Street, Elgin, IL 60120 B 847.742.9800

### UNIVERSITY OF CHICAGO MEDICINE

Kovler Diabetes Center 900 East 57th Street, Chicago, IL 60637 Peggy Hasenauer, MS, RN, Executive Director B 773.702.2371, Direct 773.834.4789, C 773.412.4171 kovlerdiabetescenter.org www.facebook.com/kovler.diabetes.center

### SETEBAID SERVICES' DIABETES CAMPS FOR CHILDREN & TEENS WITH DIABETES

PO Box 196, Winfield, PA 17889-0196 B 570.524.9090 or 866.SETBAID Mark Moyer, MBA, MHA, Executive Director www.setebaidservices.org info@setebaidservices.org

### RAPID CITY REGIONAL MEDICAL CLINIC-

### ENDOCRINOLOGY AND DIABETES EDUCATION 640 Flormann Street Rapid City SD 57701

Rapid City SD 57701 Dr. Thomas Repas B 605.718.3300

# Ut & Abou

# **Camp Hickory Hill: A Special Resource**

### By Frank La Mantia

Central Missouri Diabetic Camp, Inc. was founded in 1972 by parents of diabetic children to provide a specialized summer camp to meet the needs of these kids and teens. A church

camp near Holt Summit was borrowed that year. Tents were borrowed from the National Guard, and other tents were purchased. In 1973, Memory Lake near Gasconade, Missouri, was rented. In 1974, a facility near Hannibal, Missouri, was rented. Later that year, our present site, located approximately 5 miles northwest of Columbia, Missouri, was purchased. This camp provides diabetic youth a residential camp designed for health, active camping, and good diabetes management.

Our present 77-acre site is known as Camp Hickory Hill (CHH). From 33 individuals served in 1974, our camp has grown to serve as many as 125 campers per summer.

Our mission is to educate diabetic youth age 7 to 17 to control and manage their own diabetes and to provide an environment to promote their psychological well-being and interaction with diabetics. Our specific goals are to provide:

- Education to diabetic youth, primarily those from the state of Missouri, regarding good diabetes management and control;
- Tools to manage, control, and take ownership of their own diabetes;
- Safe, healthy environments for diabetic youth to realize they are not "the only diabetic on earth;"
- Healthy, active residential (overnight) camp environments where diabetes does not get in the way of being a kid (or teen) and having a good time;
- Specialized medical care to diabetic youth, including those who lack access to appropriate diabetic care;
- Education, environment, and medical care to diabetic adults;
- Education and support to those with diabetic family members; and
- Availability of camp property when not utilized for diabetes camping, in priority order, to other property available camps, other not-for-profit camps, community organizations and corporate retreats.

In its 45-year history, CHH has never turned away any child or teen with diabetes due to inability to pay a full \$1,200 or camper partial fee. The support of statewide organizations,

churches, service clubs, and other sponsors from the camper's sending county and of individuals and organizations in Columbia and surrounding areas are essential to the continued financial health of CHH.

CHH is a place where children and teens belong <u>because</u> they have diabetes, not <u>despite</u> having diabetes. While our mission is diabetes education, education does not get in the way of having a good time at CHH. Activities include archery, arts and crafts, boating, caving in our very own cave, challenge course, (ropes course, high ropes course, zip of une acuirred). ficking nature courses and

line, flying squirrel), fishing, hiking, nature exploration, ping pong, mud pit, rappelling, sports (volleyball, basketball, tennis, soccer, bocce, softball, tetherball, touch football), allcamp activities and just hanging out. It is our philosophy that diabetes can be managed around every person's schedule, and we use every aspect of our daily program – blood glucose monitoring, insulin administration, meals and snacks, activities, food safety and risk management – to enforce and promote our education program.

At CHH, kids and teens with diabetes gain the conference to attack life with the same energy and enthusiasm they envied in nondiabetic youth before coming to our camp. They learn that they, not their diabetes, set their limits. They also teach and learn from each another. While staff can teach good diabetes management, the lesson lands more solidly when delivered by a cabin mate. While most of our campers have experienced high and low blood sugars, CHH is often their first chance to see others with insulin reactions (low blood sugars) or elevated sugars.

And the bond that grows in just a week, between the campers themselves and between campers and staff is remarkable. Our campers keep in touch with each other during the months between camp seasons and return year after year to enjoy good friends, make new friendships, and improve their diabetes knowledge and control. Most years, half or more of our cabin and activity staff are themselves diabetics, providing living examples of the good health and success in life of good diabetes management.

Learn more about CHH by visiting our website at <u>www.camphickoryhill.com</u>, calling us at 573-445-9146, visiting us on Facebook or mailing us at P. O. Box 1942 Columbia, MO 65205-1942.



### Aurora Club Celebrates 90 Years 1927-2017



### By Kenlyn Nash-Demeter

Our first celebration in recognition of our 90th anniversary took place in May on the grounds of the Tanner House Museum. From 1954 through the 1970s, one of the clubs projects became support of the Aurora Historical Museum with members taking care of the building and grounds. Today, we are still supporting the museum. Richard Irvin, Mayor of Aurora, was in attendance to offer congratulations on the club's 90th anniversary. President LaVonne Hawking accepted a proclamation from the Mayor proclaiming "Cosmopolitan Day" in Aurora.

As members celebrate 90 years of continuous service, we also celebrate another successful year. Our membership has increased. More members are actively involved. Media coverage has also increased. Fundraising events realized \$12,000. Events included our 6th Annual Wine Taste, the annual rummage sale, and the Carson coupon book sales.

Recipients of these funds are University of Chicago Kovler Diabetes Center, Discovery Fund, two scholarships to Waubonsee Community College for students pursuing medical studies, four scholarships for children attending diabetic camp, Community In Schools for school supplies, the Marie Wilkenson Food Pantry, Hesed House (homeless shelter), Scleraderma Foundation, and the "Lights Out" project which supports peaceful and safe neighborhoods.

President John Hubert and his wife, Anita, were present at our May meeting. John spoke on happenings at the international level. He also installed the incoming 2017-2018 officers.



The second 90-year celebration was held Friday, November 3, connecting with November as Diabetes Awareness Month and our local First Friday event. This monthly event showcases entertainment, restaurants, and various businesses. The City of Aurora Mayor, current local elected officials, and Executive Director of the University of Chicago Kovler Diabetes Center, Peggy Hasenauer, MS, RN, were our guests. Ms. Hasenauer is a member of the Aurora Club. We showcased information on Cosmopolitan International and our cause. Our poster child, Frankie Bush, was present with his diabetic alert dog, Stanley. Donations from our Aurora club helped Frankie's family obtain his dog. Sling Blade, a blues and rock band, donated their time and talent as our entertainment. Everyone enjoyed the delicious food and beverage.

Aurora Cosmos are very proud of their 90 years of service and dedication!

### Meet Cosmo, the Diabetic Alert Dog By Don Gentry



The Heartland-Santa Fe Trail Cosmopolitan Club would like to introduce CI to "Cosmo" (not his AKC registered name, but his called name). The club recently purchased Cosmo, and he is in training to become a diabetic alert dog. Even more special, Cosmo will also be a sire for many years, and hopefully will produce many more diabetic alert dogs. We wish Cosmo many happy years. He currently is residing with an organization in Kansas called CARES (Canine Assistance Rehabilitation Education and Services). Founded in 1994 by Sarah Holbert, the organization has placed 1,400 dogs across 41 of the 50 United States and 8 International Countries: Peru, Puerto Rico, Panama, Canada, Belgium and Latvia, England and Germany.

For more information, please feel free to contact Sarah Holbert, Megan Lewellyn, or Amanda Blackwood at 800-498-1077 or Voice or TDD: 785-243-1077. Mail to CARES, P.O. Box 314, Concordia, KS 66901.

E-Mail: cares.ks@sbcglobal.net or visit their website: http://www.caresks.com/

CARES, Inc. is a private corporation with shareholders. The Cares Foundation is a 501(c)(3) Not-For-Profit foundation.

# APO Students: Future Cosmopolitans?

– By Larry Benton -

# When Patrick J. Hodgins wrote the bylaws in 1918 for what has become Cosmopolitan International, a primary objective was to ensure that our young people grew up to be good citizens. That is why we named the club "Cosmopolitan," the Greek word for Citizen of the World.

Alpha Phi Omega (APO) is a co-educational service fraternal organization that provides its members the chance to develop leadership skills through service projects on their college campus and in their community. It is based on the principles established by the Boy Scouts of America. There are more than 30,000 active fraternal members in more than 370 chapters on college and university campuses in the U.S. and Canada. Since its founding in 1925, more than 400,000 young men and women have joined the APO Fraternity and more than 100,000 alumni volunteer their time, energy, and financial support to assist and guide the continuing growth of APO. We all know many of them, such as former U.S. presidents Bill Clinton (Mu Alpha 67), Gerald Ford (Gamma Pi 77) and George Bush (Alpha Phi 89).

APO members get credit for performing service to their community. A service club or 501 (C)(3) organization can request APO members to help with a fundraiser or community service project. All three of the Columbia, Missouri, Cosmopolitan clubs have established a relationship with the local University of Missouri-Columbia chapter of APO, which provides 20 to 30 young men and women to help with all of their fundraisers and community service projects, including Pancake and Sausage, Ready for Spaghetti, Extreme Bowling, and Walktoberfest.

These young people are very polite and hard-working, doing whatever is asked of them, including setup before an event and clean up afterwards. The impression they give to the community as they work side-by-side side with us makes you very proud. They make us Cosmos and the community feel good that these kids are our future community leaders.

APO alumni have learned the satisfaction of giving back to their communities and, after they graduate and start their careers, they will be seeking ways to continue to serve. We hope that some of them will remember the Cosmopolitan club.

The Columbia Show-Me Cosmopolitan club held their 12th annual Walktoberfest 5K Walk/Run for Diabetes on Sunday, October 22, 2017. This event was started by International Vice President of Membership and New Clubs Judy Weitkemper and raises \$8,000 to \$12,000 per year for the Cosmopolitan International Diabetes Center at the University of Missouri in Columbia, Missouri, and Camp Hickory Hill, a local camp for children with diabetes.

Thirty APO students showed up to help with setup, marking the trail, monitoring the timer, and participate in the walk. They stayed until the end to help with teardown. At this writing, the club has already received more than \$9,000 in contributions, and we could not have done it without the help of the APO students. A big thanks to all of you!

If your club could use some help with your fundraiser or community service project, Cosmopolitan Executive Director Tracy Miller can find out if you have an APO chapter in your area and how to get hold of them. If you have a college or university in your town and they don't have an APO chapter, you could help get one established if you know a student or faculty member at the school.



# **Upcoming International Conventions!**

Mark your calendar now for these exciting upcoming International Conventions:

July 26 through 28, 2018 Adam's Mark Hotel & Conference Center Kansas City, Missouri

# OUR 100th ANNIVERSARY CELEBRATION! Registration is Coming Soon!

July 2019 O'Hare Chicago Area

2017-2018 International President John Hubert is greeted by a Churchill Downs jockey during the 2016 Service Club Leaders Conference in Louisville, Kentucky.

















































COSMOTOPICS | FALL 2017

The Club that Fights Diabetes























































The Club that Fights Diabetes

# 2017-2018 Club Meeting Time and Locations

**Aurora** - Mid-States Federation **Time:** Third Thursday, 5:30 p.m. **Location:** Oak Street Restaurant

**Belvidere** - Mid-States Federation **Time:** First three Wednesdays, noon **Location:** Belvidere Moose Lodge

### Blair - Cornbelt Federation

**Time:** Various **Location:** The Heartland Tasting Room/Tap House in Blair, Nebraska

**Broken Bow** - Cornbelt Federation **Time:** Various **Location:** Various

**Calgary** - Western Canada Federation **Time:** Second & fourth Tuesday, 6:30 p.m. **Location:** Danish Canadian Club

**Capital Region** - Capital Federation **Time:** Fourth Thursday, 1:30 p.m. **Location:** Panera Restaurant

Columbia Breakfast - Mo-Kan Federation

**Time:** Tuesday, 7:00 a.m., first & third Tues. **Location:** Sigmund Cosmopolitan Community Center

**Columbia Luncheon** - Mo-Kan Federation **Time:** First and third Tuesdsays each month **Location:** Various

**Columbia Show-Me** - Mo-Kan Federation **Time:** First Thursday, 6:30 p.m. **Location:** Columbia Country Club

**Council Bluffs** - Cornbelt Federation **Time:** Second Tuesday, 7:00 a.m., fourth Tuesday, 6:30 p.m. **Location:** Village Inn Restaurant **Edmonton** - Western Canada Federation **Time:** Second & fourth Mondays, 6:00 p.m. **Location:** Boston Pizza

### Elgin - Mid-States Federation

**Time:** Second Tuesday, 6:30 p.m. **Location:** Holiday Inn, Route 31 North, Elgin, IL 60123

Elizabeth City - Capital Federation

**Time:** Second & fourth Tuesday, 6:30 p.m. **Location:** Cosmopolitan Club Building

**Emerald City** - Mo-Kan Federation **Time:** Third Monday, 6:00 p.m. **Location:** Various

Fargo - Moorhead - North Central Federation Time: Thursdays, 12:00 p.m. Location: Various

**Fremont 100** - Cornbelt Federation **Time:** Friday, 7:00 a.m. **Location:** Fremont Eagles Club

**Greater Richmond** - Capital Federation **Time:** Second Friday night, 6:30 p.m. **Location:** Westwood Club

**Heartland-Santa Fe Trail** - Mo-Kan Federation **Time:** First Thursday, 7:00 a.m., third Thursday, 6:00 p.m. **Location:** Various

**Jefferson City** - Mo-Kan Federation **Time:** Fridays at 12:00 p.m. **Location:** Hy-Vee

Johnson County - Mo-Kan Federation Time: Thursday, 7:00 a.m. Location: Denny's Restaurant

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Lawrence River City - Mo-Kan Federation Time: First Thursday, 7:00 p.m. Location: Various

### Norfolk - Capital Federation

**Time:** First and third Thursday, noon (no meetings in July and August) **Location:** Norfolk Yacht Club

### North Side Lancaster - Capital Federation Time: Mondays, 7:00 a.m. Location: Various

### **Omaha Cornhuskers** - Cornbelt Federation **Time:** Fridays, 12:00 p.m. **Location:** Jericho's Restaurant

### Omaha I-80 - Cornbelt Federation

**Time:** Sundays **Location:** Various

### **Omaha West** - Cornbelt Federation **Time:** Wednesdays, 7:00 a.m.

Location: Garden Cafe in Rockbrook Village

### Platte River - Cornbelt Federation

**Time:** First Monday, noon, third Monday, 6:30 p.m. **Location:** HyVee Meeting Room

### Prince Albert - Western Canada Federation

**Time:** Wednesdays, 6:30 p.m. **Location:** Prince Albert Golf & Curling Club

**Rapid City** - North Central Federation **Time:** Mondays, 12:00 p.m. **Location:** Thirsty's

**Regina** - Western Canada Federation **Time:** Mondays, 7:00 a.m. **Location:** Various

### Regina Capital - Western Canada

Federation Time: Tuesdays, 6:00 p.m. Location: Nicky's Café & Bake Shop, 1005 8th Avenue, Regina, SK

### Roanoke - Capital Federation

**Time:** Wednesdays, 12:00 p.m. **Location:** Frank's – 3743 Brambleton Ave.

### **Rockford** - Mid-States Federation

**Time:** Thursday, 12:00 p.m. **Location:** Forest Hills Country Club

#### Saskatoon Couples - Western Canada Federation

**Time:** Tuesdays, 7:30 p.m. **Location:** Cosmopolitan Industries Ltd.

### Sioux City - Cornbelt Federation

**Time:** Our meetings are every Thursday at 7:00 a.m., except the last Thursday of the month when it is at noon **Location:** The Snug at McCarthy and Bailey's Irish Pub

### Sioux Falls - North Central Federation

**Time:** First, second and third Monday's noon to 1:00 p.m. **Location:** LifeScape

### **Sioux Falls Evening** - North Central Federation **Time:** Mondays, 6:00 p.m.

Location: Fry N Pan, 4204 W. 41st Street

### **St. Albert** - Western Canada Federation **Time:** Mondays, 6:30 p.m. **Location:** St. Albert Rugby Club

### St. Charles County - Mo-Kan Federation

**Time:** Second Tuesday, 6:30 p.m. social; 7:00 p.m. dinner **Location:** Various restaurants in St. Charles Co.

# 2017-2018 Club Meeting Time and Locations

(continued)

### Topeka - Mo-Kan Federation

**Time:** Noon, first, second, & third Thursdays of the month **Location:** Topeka Country Club

### Topeka - Mo-Kan Federation

**Time:** First three Thursdays at noon **Location:** Topeka Country Club

### Valparaiso - Mid-States Federation

**Time:** Second Wednesday of the month, 5:00 to 7:00 p.m. **Location:** Porter County Community Foundation

### **Wascana** - Western Canada Federation **Time:** Monthly, every third Friday

Location: Various

Watch City - Mid-States Federation Time: Mondays, 7:00 a.m. Location: Various

**Wichita Air Capital** - Mo-Kan Federation **Time:** Tuesdays, 12:00 p.m. **Location:** Scotch & Sirloin

**Wichita Downtown** - Mo-Kan Federation **Time:** Thursdays, 11:30 a.m. **Location:** Candle Club

**Winnipeg** - Western Canada Federation **Time:** Tuesdays, 6:30 p.m. **Location:** Perkins Restaurant



# 2017-2018 Who's Who with Past International Presidents

| First Name | Last Name   | Email                            | Phone          |
|------------|-------------|----------------------------------|----------------|
| Walter     | Alm         | wafootdr@sbcglobal.net           | (847) 705-0731 |
| Derry      | Anderson    | derry@andersongroupcpa.com       | (605) 334-2654 |
| Sheila     | Anderson    | sheila.anderson@rascompanies.com | (605) 334-2654 |
| Franklin   | Austin, III | faustin3@verizon.net             | (757) 482-3404 |
| Larry      | Benton      | larryandcece@aol.com             | (573) 442-2901 |
| Richard    | Brynteson   | swede.brynteson@gmail.com        | (815) 874-2028 |
| Brian      | Duckett     | duckettb@sasktel.net             | (306) 537-4828 |
| Arthur     | Flynn       |                                  | (512) 835-7617 |
| Russell    | George      | 1msgeorge@comcast.net            | (630) 205-9065 |
| Richard    | Gordon      | scissork@gmail.com               | (712) 253-8204 |
| J. Richard | Greer       | greerr1@sasktel.net              | (306) 382-5179 |
| Steve      | Hanna       | stevehanna26@aol.com             | (605) 342-0591 |
| Phillip    | Hanson      | phil@hansoncpa.com               | (573) 449-4611 |
| Kevin      | Harmon      | kh77@sbcglobal.net               | (785) 840-4647 |
| Larry      | Heim        | lc@khlaw.us                      | (717) 755-4224 |
| David      | House       | durableflags@gmail.com           | (402) 689-9141 |
| Dick       | Kahler      | dbkahler@vastbb.net              | (605) 342-8580 |
| Kurt       | Корр        | warnerkopp@gmail.com             | (573) 449-0185 |
| Brian      | Leipert     | blleipert@leipertfinancial.com   | (306) 584-0585 |
| Brian      | Mitchell    | mitchellm.b@accesscomm.ca        | (306) 584-0214 |
| Melvina    | Newman      | melvinanew@aol.com               | (605) 338-7986 |
| Delbert    | Oberst      |                                  | (224) 783-5307 |
| James      | Preston     | dpreston@mt-rushmore.net         | (605) 255-4494 |
| James      | Prouty      | wesscographics@gmail.com         | (402) 342-1714 |
| William    | Quire       | wjquire@gmail.com                | (757) 986-3859 |
| Jim        | Sauer       | asuelarson@cox.net               | (402) 551-3866 |
| Thomas     | Stone       | tom.stone@ix.netcom.com          | (717) 697-4524 |
| Robert     | Williams    | bobjoe9134@aol.com               | (540) 774-8933 |
| Thomas     | Williams    | thwclt@twc.com                   | (704) 992-8224 |
| Thomas     | Wilson      | tommytomb@me.com                 | (970) 225-1011 |

# Cosmopolitan International Bylaws

The following Cosmopolitan International Bylaws were amended as follows at the 2017 International Convention:

### Article XI: International Officers

**SECTION 9.** The judge advocate shall be the chief legal officer of the organization. He/she shall be a lawyer in good standing at the time of his/her election. He/ she shall advise on such questions as presented by Cosmopolitan International, Inc., its officers, Board members, Federations, clubs and members. The judge advocate shall have no vote at any meeting of the International Board or Cosmopolitan International convention. A judge advocate shall not serve more than two consecutive terms.

The judge advocate must be nominated by the President-Elect and elected by the International Board at the first Board meeting at the International Convention. Action on this choice shall be taken at the beginning of the meeting.

### Article XIII: International Board

**SECTION 4.** The policies of the International Board shall have the force and effect of the bylaws of the organization. Each club shall receive a copy of each new approved Board policy within sixty (60) days after its approval, and a complete set of Board policies shall be available in downloadable form on the Cosmopolitan International website. Delegates to the convention may have the right to challenge any existing Board policy and such Board policy shall be eliminated upon such challenge being sustained by a two-thirds (<sup>2</sup>/<sub>3</sub>) vote of the delegates at the Convention.

### Article XV: Conventions

**SECTION 5.** Registration fees shall be uniform for all Cosmopolitans at every convention of Cosmopolitan International, Inc., and shall be payable before the opening of the convention. With the exception of cruises, convention charges per person, other than delegate registration fees, shall be prorated so that any person who may wish to attend any portion of the convention may do so.

### Article XVI: Revenue

**SECTION 1.** Effective October 1, 2017 quarterly membership dues for each member, except Life members, Sponsor members and Members Emeritus, shall be \$25.00 U.S. Dues shall be paid to Cosmopolitan International, Inc. quarterly, in advance, on July 1, October 1, January 1, April 1, and shall be remitted by the club to Cosmopolitan International, Inc. within 30 days, based on the membership of record at Cosmopolitan International, Inc. as of the due date, including membership reports and other information required by the official report blanks provided by Cosmopolitan International, Inc.

**SECTION 8.** The International Board shall restrict \$40,000 of the current reserve account and designate it as a "Restricted Reserve Account". The Board shall not have the authority to authorize expenditures from this Restricted Reserve Account unless such expenditures are approved by a two-thirds (<sup>3</sup>/<sub>3</sub>) vote of all Board members at a properly called Board Meeting or by a conference call, or by a two-thirds (<sup>3</sup>/<sub>3</sub>) vote of all Board members at a properly called Delegates Meeting.

### Article XI: International Officers

SECTION 1. The International officers shall be as follows:

- (a) President
- (b) President-Elect
- (c) Vice President for Membership and New Clubs
- (d) Vice President for Finance
- (e) Vice President for Marketing and Fundraising
- (f) Judge Advocate

The President-Elect shall be elected annually at the International convention from among those members in good standing in Cosmopolitan International who have previously held at a minimum the office of Federation Governor or International Officer. The President-Elect shall assume the office of President at the next occurring International convention following his/ her election. The Vice President for Membership and New Clubs shall be elected annually at the International convention from among those members in good standing in Cosmopolitan International who have previously held at a minimum the office of Club President. The Vice President for Finance shall be elected annually at the International convention from among those members in good standing in Cosmopolitan International who have previously held at a minimum the office of Club President. The Vice President for Marketing and Fundraising shall be elected annually at the International convention from among those members in good standing in Cosmopolitan International who have previously held at a minimum the office of Club President.

Candidates who lose an election may drop down to the next office and run again at the same delegate's meeting.

International Officers shall serve in their respective offices for a term of one (1) year or until their successors are elected or appointed at an International convention. International Officers shall be installed during the International convention at which they are elected or appointed. The Vice President for Membership and New Clubs and the Vice President for Marketing and Fundraising shall serve no more than three (3) consecutive terms in each respective office. The Vice President for Finance shall serve no more than five (5) consecutive terms in such office. No more than two (2) members of any one Federation may serve as elected International Officers at the same time. SECTION 2. President - The President shall be chief executive officer of Cosmopolitan International and is directly and ultimately accountable for and to the entire organization for all plans, programs and projects of Cosmopolitan International and to ensure the future of Cosmopolitan International. He/she shall be responsible for, communicate with, and supervise the work and activities of the President-Elect, the Vice President for Membership and New Clubs, the Vice President for Finance, the Vice President for Marketing and Fundraising, and the Executive Director. He/she shall be responsible for ensuring that the duties of each of these offices and positions are fulfilled as required under these bylaws, applicable policies of the International Board, manuals or plans of Cosmopolitan International. He/she shall be responsible for the communication of aims, objectives, plans, and projects of Cosmopolitan International to the membership. He/she will represent Cosmopolitan International at, or designate his/her representative for, any Federation convention or annual meeting. He/she shall be responsible for and oversee the Federation Governors.

SECTION 6. Vice President for Marketing and Fundraising - The Vice President for Marketing and Fundraising shall be responsible for the marketing arm of this organization and shall be chairman of the marketing committee. He/she will report to the International President. His/her main focus is to build awareness of Cosmopolitan International. He/ she shall be responsible for all forms of communication to the public and is responsible for developing, coordinating, directing, and administering policies relating to all phases of public relations and marketing in accordance with the bylaws and Board policies of Cosmopolitan International. He/she shall communicate with the Federation Governors and Club Presidents on a regular basis. He/she shall coordinate all International fundraising activities and shall be chairman of the fundraising committee. He/she shall also collect and disseminate all Club and Federation fundraising activity information to the Cosmopolitan International Board, Executive Board and remaining Federations and Clubs. He/she shall responsible to work with the President, President-Elect and Executive Director to secure corporate sponsorships by the international business community.

# Cosmopolitan International

# Congratulations to this year's winners!

**Rookie of the Year Award:** Julie McNeill, Columbia Show-Me Club



**Cosmo of the Year: Don Feltham**, Heartland-Santa Fe Trail Club

# Other Award Winners...

Milestone Club Anniversaries in 2017:

Capital Region (25 Years), Columbia Show-Me (30 Years), Columbia Luncheon (70 Years), Aurora (90 Years), Winnipeg (90 Years)

### 25 Year Members - Joined Cl in 1992:

Kenlyn Nash-Demeter (Aurora), Todd Gow (Calgary), Mary Dallam (Capital Region), Cynthia Stone (Capital Region), Judy Armbruster (Columbia Luncheon), Linda Easley (Columbia Luncheon), Wayman Robertson (Columbia Luncheon), Brenda Hanson (Columbia Show-Me), Paul Sampson (Elgin), Alexander Wodka (Elgin), Charles Gordon (Fremont 100), Judy Hover (Headquarters (At Large), Marci Bloom (Heartland-Santa Fe Trail), Eric Burkett (Jefferson City), Robert Beck (Omaha Cornhuskers), Pat Lichter (Omaha I-80), James O'Laughlin (Omaha I-80), Jerry Nelson (Omaha West), Claire Middleton (Prince Albert), Judy Morton (Sioux City), Al Brown (Sioux Falls), Scott Weeldreyer (Sioux Falls), Brian Elliott (St. Albert)

### 50 Year Members - Joined CI in 1967:

Russell George (Aurora), Jerry Sigmund (Columbia Luncheon), George Leichert (Regina), Richard Brynteson (Rockford), Harvey Schmidt (Sioux Falls), Thomas Loonan (Sioux Falls), George Morrison (Wichita Air Capital)

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# 2016-2017 Award Winners



Membership Builder Award: Rose La Mantia, Columbia Show-Me Club



Club President of the Year: Bill Redig, Rockford Club

Governer of the Year:

Judy Weitkemper, Mo-Kan Federation

**Patrick J. Hodgins Award: Richard Gordon**, Sioux City Club

### Yearbook Award:

Heartland-Santa Fe Trail Club

Club Community Service Award:

**Emerald City Club** 

Big C Award:

Aurora, Columbia Show-Me, Rockford, Sioux City Newsletter Award: Rapid City Club

Medal of Merit Award:

Columbia Show-Me

President's Courage Award:

Columbia Show-Me

**Rebuilding Friendships Award:** 

Aurora, Belvidere, Calgary, Columbia Breakfast, Columbia Luncheon, Columbia Show-Me, Council Bluffs, Fargo-Moorhead, Fremont 100, Heartland-Santa Fe Trail, Johnson County, Lawrence River City, Norfolk, Omaha West, Prince Albert, Rapid City, Regina, Regina Capital, Rockford, Saskatoon Couples, Sioux City, Sioux Falls Noon, St. Albert, Topeka, Wascana, Wichita Air Capital

# The CosmoTopics News

# **GET YOUR MESSAGE OUT!**

Cosmopolitan members now have the opportunity to place either a business ad or personal message in the pages of Topics.

Would you like to increase sales for your business? Advertise in Topics! Want to wish a fellow Cosmo a happy birthday? Advertise in Topics!

### Costs are as follows:

| 1/8 page (2"H x 3.5"W)\$25    |
|-------------------------------|
| 1/4 page (4.75"H x 3.5"W)\$50 |
| 1/2 page (5"H x 7.5"W)\$75    |
| Full page (10"H x 7.5"W)\$100 |

All ads should be submitted to headquarters@cosmopolitan.org. If placing a business ad, please send your artwork via JPEG (minimum resolution of 300 dpi) or high resolution PDF. Vector artwork (.eps, .ai, .pdf) with fonts outlined and 300 dpi embedded images, is preferred. If placing a personal message, simply send the wording of the message and we will do the design work.

Please make checks payable to Cosmopolitan International and mail to Cosmopolitan International, PO Box 7351, Lancaster, PA 17604. All messages should be in good taste and must be approved by COSMOTopics editor.

Due dates for 2017-2018 are January 2, 2018 for Winter edition, March 1, 2018 for Spring edition, May 1, 2018 for Summer edition.

Please contact Executive Director Tracy with any questions at (717) 295-7142 or (800) 648-4331 or email headquarters@cosmopolitan.org.



# **Show Your Pride!**



# Fall 2017

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# In Memoriam

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

- **Past Executive Director John Bloom** - Heartland Santa Fe Club
- **Past International President Jim Smith** – Saskatoon Couples Club
- Past International First Lady Cindy Stone – Capital Region Club
- Judy Morton Sioux City Club

Sympathy also is extended to the following Cosmos on the loss of their loved ones:

• Melissa Tucker – daughter of Jeff Myers, Sioux City Club

