COSMOTOPICS

A PUBLICATION OF COSMOPOLITAN INTERNATIONAL



COSMOTOPICS

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MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service, with special emphasis on supporting efforts to prevent and find a cure for diabetes.

In Memoriam

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

• **Jack Graham -** Saskatoon Club -Saskatoon, SK, Canada - August 6, 2021

• **Neil Firestone** - *Topeka Club* - *Topeka, KS* - *August* 29, 2021

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What a Great Convention!

Sioux Falls proved to be a great site for an International Convention. And the convention team did a fantastic job of planning activities and things to do!

Our contract with the Hotel was based on the past several years of convention attendance. However, with the Canada/US border remaining closed, we missed having our Canadian contingency in attendance, and ended up with a penalty for unused rooms blocked at the Hotel. This caused a tight but adequate convention budget to ultimately show a loss because of the attrition clause in our contract.

This clause is being addressed by our International Convention team and Board, and we will be modifying future contracts in an attempt to address this issue. However, the loss in no way reflects the efforts of the Sioux Falls convention team. They provided local sponsors and funding for many of the extras that they added to the typical convention schedule, and every attendee received a tremendous weekend value for their registration fee.

With the absence of our Canadian friends, we attempted to provide Zoom connectivity to as many sessions as we could. All of the individual meetings were connected as well as several of the larger sessions. However, we learned that the individual laptop microphones don't allow for adequate voice pickup without feedback, and if we are forced to use this structure in future conventions, we will need to have a much different setup in place to make it work properly.

The Friday evening entertainment was one of the best I have seen in recent conventions. Dueling Pianos, with talented individuals with comedic personalities made for a fabulous evening. They played requests from the audience and added a variety of jokes and stunts to keep us laughing all evening.

Awards were a real challenge this year, with the COVID protocols in various parts of the country and Canada prohibiting clubs from meeting and holding fund raisers. Many of our rewards are geared to club growth and

activities, so the CI Board voted this year to suspend the awards structure, as it would not be fair for any clubs that were prohibited from any activities. We requested clubs to submit names of individuals (or clubs) that provided exceptional activity and value during the pandemic. These are also posted on the new CI Website.

David House Executive Director

Awards were presented to the following:

Club Awards: Heartland Santa Fe Trail, Rapid City, and Edmonton.

Individual Awards: Don Feltham, Frank McGinnis, Linda Gentry, Sara Kircher, Tammy Allen, Cheryl Mackenzie, Maureen Dumonceaux, and Adrien Dumonceaux.

And the best news of all: 21 Cosmopolitan International clubs posted membership growth during the COVID pandemic. These clubs were recognized with a special bannerette to celebrate their growth: Aurora, Columbia Breakfast, Columbia Luncheon, Council Bluffs, Edmonton, Emerald City, Fremont 100, Jefferson City, Johnson County, Norfolk, Northside Lancaster, Omaha I-80, Prince Albert, Rapid City, Regina, Rockford, Saskatoon, Sioux Falls, St Charles County, Topeka, and Wichita Air Capital.

And the convention team has selected a great location for our 2021-2022 International Convention, Sioux City, IA. The convention team has already started planning for next year!

David House Executive Director headquarters@cosmopolitan.org

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"All Aboard!"

Hello Cosmos! It is my pleasure to serve as the 2021-2022 International President. I look forward to working with your Federations, Clubs, and members this year. My calendar is filling up quickly with all of your awesome fundraising and membership events, so I would encourage you to reach out and inform me of any events that I may have overlooked. Additionally, it will give me the chance to meet you if we have not already met yet.

"All Aboard!" is the motto I have chosen for the upcoming year. Membership might be the first thing that you think of when I say this, but I think there is an inherent individually specific challenge for each of us implied in "All Aboard." Similar to a train locomotive, Cosmopolitan International takes many people with specific, specialized talents to move us forward. No matter what your talents may be, we have a place for you in Cosmopolitan International, and you can certainly make a difference in the fight against Diabetes.

When I joined Cosmos, I anticipated the amount of time and energy that I would need to invest, to make a difference. The part that I was not anticipating was what Cosmopolitan International would provide to me. Cosmopolitan International has given me friends, leadership opportunities, and ways for personal as well as professional growth.

In closing, let me leave you with a short story that I shared at International Convention. I have been a Type-1

diabetic for 35 years, and I grew up playing baseball in a very "baseball rich" part of Nebraska. My teammates on the baseball team knew that I was a diabetic, so they were used to the insulin injections, finger sticks, and treating low blood sugars. One day while in the field, my mom noticed that my head wasn't in the game; I was dazing off and just seemed to be out of character. For some reason a mother always knows! So, during the game my mom stands up and yells "Darin are you high?" Of course she was speaking about my blood sugar, and my teammates knew that, so they paid no real attention to her. Unfortunately, the team up to bat heard this and couldn't stop laughing! Looking back on it now, it is much funnier than it was in 1988.

Thanks and Go Cosmos!

Darin Hartman International President darhart79@live.com



New Website Announced

By the time this Fall 2021 COSMOTopics magazine edition comes off the press, our new website will be active and online.

ClubRunner tends to be a static system you have to build individual pages to display club activities, Club, Federation, and International Officers, and Awards. Our new system will replace all of these pages with dynamically generated pages based on database entries for the various items.

There will be many new features on the site as well as most of the previous content and structure. Because the site is dynamically driven by the data, most of the pages you will see are dynamically created based on the content of the various page queries and database table content.

And we have introduced some new features targeted at the local club officers. Since people frequently rotate into and out of the club officer positions, it becomes a training issue to show them how to do the various tasks on our website that are the responsibilities of both the Treasurer and Secretary of the local clubs. We now provide a Task Dashboard that will have shortcuts to the various tasks required by club officers, as well as Federation and International officers (with individual task dashboards for Club, Federations, and International). These will become visible and active based on the login role of the member.

And to assist new officers who may be performing a task for the first time, we will be posting links to videos showing how to accomplish many of the dashboard tasks. This should make it much more comfortable for new officers to get acquainted with their tasks and how to accomplish them.

And the US Beacon database has been incorporated directly into the CI Website. Beacon members will be able to view and print their donations summary. However, Beacon donations will not be visible by other CI members, even if they are a Beacon themselves. Only a select group of members will have access to query and print individual beacon data.

Finally, the Brick database is also now included in the CI Website. No longer will you need to go to another website to see the Bricks that have been purchased in honor of CI members. The Brick system will be readily available to all members as well as the general public. Anyone will be able to search, and view purchased bricks.

You will find several more articles in this edition that explain some of the new modules we have built to enhance the site. And we anticipate adding additional modules in the future.

> David House Executive Director headquarters@cosmopolitan.org

New and Improved!



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New Website Features

With the migration from ClubRunner to the new website, we have had the opportunity to make many changes and add new features.

The new website is data centric. What does that mean? It means that many of the pages on the site are not actual pages stored on the site, but pages that are created on the fly from data stored in a database. The widgets (controls) used to display graphics and text store their information in the database instead of writing static pages to the folder system of the website. This makes it much easier and faster to edit the data being displayed.

And much of our structure is hierarchical in nature. Cosmopolitan members belong to one or more clubs. Those clubs belong to a Federation. The Federation sits underneath the umbrella of Cosmopolitan International. ClubRunner could not support many of the basic functions that we require to properly categorize our data, such as the ability to belong to more than one club, or the ability to transfer to a different club if the member moves. Today this is all very easy to do within the new website structure.

Many new features exist because of custom controls within the website.

FILE DISPLAY

For example, in ClubRunner, to post a new COSMOTopics edition, the file first needed to be uploaded to the Archive folder, and then two separate controls needed to be edited to show the current edition both on the Front Page of the site, and at the top of the Archive page. In the new system, you simply upload both the COSMOTopics PDF file and the Front Cover picture to the proper location, and all the file and picture links are automatically updated.

EVENT CALENDAR

A new global Event Calendar is available for all clubs hosting beneath the new website. Adding events to the club calendar is quite easy, and the club event will simultaneously show up on the Cosmopolitan International Event Calendar as well. Now you can see what is going on in the entire organization by viewing the event calendar on the Cosmopolitan International main site.

MEMBER LIST

Retrieving lists of members and officers is also much simpler. In ClubRunner, you needed to create a custom query in the Download Member Data section. This screen was quite powerful, but very confusing to most members. It has so many options that it was difficult to pick out what you needed in order to get the list you wanted. The new website provides Task Shortcuts. These are geared to a variety of levels, such as Member, Club Officer, Federation Officer, and International Officer. Each of these Task Shortcuts is only displayed to members based on their officer role. As an example, Federation Officers can click on a Presidents List shortcut, and instantly have a listing of all club presidents within their federation. International Officers can get a listing of all Club Presidents in a similar manor.

Be sure to check out additional articles in this edition describing other new features!

David House Executive Director headquarters@cosmopolitan.org





Report from the Cosmopolitan Diabetes Foundation (CDF): The Beacons Fund



The CDF met on Saturday, July 24, 2021 at the International Convention in Sioux Falls, SD.

As of June 30, 2021, we were pleased to report that the balance in the Foundation's investment account was \$1,465,130.63. There is \$6,160.87 in the checking account. The amount of \$1,312,242.30 is the permanently restricted balance in the endowed Beacons Fund. The balance is temporarily restricted such as the Discovery, Alert Dog, and CI Fund.

The Foundation awarded the following grants for the fiscal year ending June 30, 2021:	
Foundation	Grants
Cornhusker Diabetes Connection	\$8,500
Crusader Community Health	\$8,500
Heartland Community Health Center	\$7,500
EVMA Strelitz Diabetes Center	\$5,500
Stormont Vail Foundation	\$3,000
Childrens Hospital of The Kings Daughters	\$2,500
Kovler Diabetes Center	\$2,000
Setebaid Services, Inc.	\$1,500
Primeplus Norfolk Senior Center	\$1,000
Total:	\$40,000

Our investments for the year returned 24.65% net of fees for a gain of \$290,741.32. Our investments consist of 62% equity stock with the balance in bonds and cash. Why did we only award \$40,000 in grants, when our investments

returned \$290,741.32? It is extremely important to the CDF Board that your permanently restricted balance (The Beacons Fund) does not drop below the current balance plus additions. We can only pay expenses and award grants from the earnings. Consequently, we need to retain earnings for a period of down markets when our investment returns may be much lower.

Our gratitude goes to Kris Tumilowicz for serving 6 years on the CDF Board. Kris was very active in changing the benchmarks to step up to the next level of recognition. Thank you Kris for your service!

Your Federations are represented by the following: Jim Preston-North Central, Susie Bartlett-Mo-Kan, Russ Danstrom-Capital, Victor Smith-Mid-States and Randy Kramer-Cornbelt. Please contact any Board member with questions, comments, and/or constructive criticism. We are here to serve you.

The contributions we received at the Beacons Breakfast totaled \$9,450. While we are grateful for any amount received, I encourage all of us to work together in order to raise \$30,000 at convention as has been done in the past.

WE CAN DO IT – WE ARE COSMOPOLITANS – THE CLUB THAT FIGHTS DIABETES!

Randy Kramer Cosmopolitan Diabetes Foundation - Chair randykramer@kramercpasllc.com





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VP Finance Article

This is my fourth term as your International Vice President of Finance, and I would like to again thank you for the trust you have in me for this position. I am pleased to report that with operational controls put in place previously, week-to-week financial operations of the international office are running routinely. Executive director David House continues to manage operations in an effective manner and is always on the lookout for ways to update and improve operations. Our International Board is continuing to move forward.

With Covid 19 restrictions, my personal attendance at board meetings was an issue, but thanks to Zoom I attended scheduled executive and board meetings over the year. I was not able to attend the International Convention in Sioux Falls, SD. However, I did present Internationals financial position statement as of June 30, 2021, and a statement of activity for the year ended June 30, 2021 via Zoom connection at the board meeting to those in attendance. Also, at that time I presented the approved 2021/2022 activity budget covering the current year. In summary the activity statement presented for 2020/2021 reported a surplus of \$31,740 of which \$12,883 was from our investment portfolio and balance of surplus was due to lower than budgeted executive travel expenditures. Our investments continue to do well in our conservative investment portfolio with a 5.35% return for the year, this does not include unrealized holding gains within the account which will not be reflected in our activity statement until stocks would be sold. Operations to date from our accountant indicate a modest shortfall in operations of \$1,565, I say this cautiously as the current quarter is not quite complete and there remains several items to be tracked and recorded before the end of the quarter. We continue to monitor and post statement of activity to the website for all members to review.

I extend to Past President Arthur Brassard a big thank you for his dedication and commitment to Cosmopolitan, it was a pleasure to serve on the board through his tenure. This past year was a strange and difficult one with travel restrictions and lockdowns for all of us let alone the International President. With the assistance and use of Zoom meetings he managed very well through it all. Moving into this Cosmopolitan year let us all support current International President Darin Hartman to help achieve his membership goals and move Cosmopolitan forward.

Until we can all meet again, take care.

Keith Shepherd International VP of Finance keith.shepherd@sasktel.net

ADDITIONAL

New Website Features



TRAINING (HOW TO) VIDEOS

One of the things we are currently in the process of adding is How-To videos showing how to do some of the basic Club Officer functions required to maintain your club roster.

Club officers change. New officers may have never had to enter a new member, or update club officers. While fairly simple tasks, they can be difficult to know where to begin and what to do if you have not performed that task previously.

How-To videos will show you how to do the basic tasks your office needs done. We have currently defined the following Club Officer tasks, and will be generating the How-To videos shortly after the new website becomes active:

- Change the status of a current member
- Creating Calendar Events
- Editing the HTML control
- · Add a new member to your club roster
- Add a member from another club to your club roster
- Post Club Documents (Minutes, Contracts, Insurance, etc.)
- Emailing Members
- Updating Club Officers
- Creating Club Newsletters
- Emailing Club Newsletters to Club Members

Training (How-To) videos will be created for as many common tasks as can be defined. We have already started a list, and once the site becomes active and we begin to create the How-To videos, we will be sharing the list with club officers and designated web masters.

MAIL MODULE

We selected a great mail module to publish newsletters and send emails from the website. This module allows you to create great looking communications and select the audience by site roles. Site roles are currently defined as follows:

- International Officeers
- Federation Governors
- Federation Governor-Elect
- · Club President
- Club Secretary
- Club Treasurer

REGISTERED USER (MEMBERS)

Additional roles can be defined as needed. Most roles are auto populated as data is entered into the system. For example, when a club officer slate is defined for the next fiscal year, the users will automatically become a member of the officer role they serve in their club on the first day of the fiscal year. If officers change during the current fiscal year, there is a stored procedure that is scheduled to run every night that will add the new member to their respective role.

DOCUMENT GALLERY CONTROL

Club, Federation, and International Document structure. We have created specific folders for both International, Federation, and Clubs. There you can upload documents, and links to them will be built by our custom Document Gallery control. You will not be required to create the link to expose the documents. If the Document Gallery is set to display the extension of the files, they will appear automatically. What a time saver!

MEMBER BILLING MODULE

We have built a new Member Billing module that will allow clubs to generate and email invoices for quarterly Club, Federation, and International dues. And we are currently working on a payment module to allow members to pay their dues online as well. That one will come a little down the road, as we need to get clubs up on the system first.

EXPORT DATA

All of the data modules (any module that displays data in a grid-like control) allows exporting of the data content to Excel. This allows you to export to Excel and then sort or arrange the data any way you wish.

All in all, we think you will find the new site to be much easier to navigate, search, and use. And we anticipate creating additional functionality as time goes on. We are not stuck with someone else's structure, as we control everything about this new site!



David House Executive Director headquarters@cosmopolitan.org

CATEGORIES OF RECOGNIZED PROGRAMS Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center/program will be appropriately listed. Applications are available from CI headquarters and are downloadable from www.cosmopolitan.org under Resources, Club and Federation Info.

Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER

855 Brambleton Avenue Norfolk, VA 23510 B 757.446.5909 Jerry L. Nadler, M.D., FACP, Director

COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA

One Hospital Drive Columbia, MO 65212 B 573.882.2273 Jeff Robbins, Administrator

THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR ENDOWMENT FUND

PO Box 394 Sioux Falls, SD 57101-0394 B 605.333.7315 Dr. Laura Davis-Keppen, M.D.

EDMONTON ALBERTA DIABETES INSTITUTE

University of Edmonton Edmonton, AB, Canada Melanie Hibbard-Executive Director helanie.hibbard@drifcan.ca

CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM

1200 West State Street Rockford, IL 61102-2112 B 815.490.1600 Gordon Eggers, Jr., President and CEO

CORNBELT DIABETES CONNECTION, INC.

9905 South 173rd Circle Omaha, NE 68136 H 402.895.6732, C 402.290.3471 Terry Sanford, Chair tsanford77@cox.net

HEARTLAND COMMUNITY HEALTH CENTER

346 Maine Street
Suite 150
Lawrence, KS 66044
B 785.841.7297, ext. 208
Allie Nicholson
Executive Director
anicholson@heartlandhealth.org

DIABETES INCORPORATED

12955 Bogus Jim Road Rapid City, SD 57702 B 605.341.1273 Deanna Smith, Executive Director

THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.

PO Box 1942 Columbia, MO 65205-1942 P 573-474-4326 David Bernhardt, CPA, Executive Director





Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

COSMOPOLITAN INDUSTRIES, LTD.

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA Charlene Duquette, Director B 306,664,3158

SPECIAL LEARNING CENTER

1115 Fairgrounds Rd. Jefferson City, MO 65109 B 573.634.3070 Debbie Hamler, Executive Director dhamler@speciallearningcenter.com

Cosmopolitan Supported Diabetes Program

(Not to be confused with the Major Cosmopolitan Supported).

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

ELGIN COSMOPOLITAN CLUB DIABETES EMERGENCY RESCUE FUND

Social Service Department, Sherman Hospital 934 Center Street, Elgin, IL 60120 B 847.742.9800

UNIVERSITY OF CHICAGO MEDICINE

Kovler Diabetes Center 900 East 57th Street, Chicago, IL 60637 Peggy Hasenauer, MS, RN, Executive Director B 773.702.2371, Direct 773.834.4789, C 773.412.4171 kovlerdiabetescenter.org www.facebook.com/kovler.diabetes.center

SETEBAID SERVICES' DIABETES CAMPS FOR CHILDREN & TEENS WITH DIABETES

PO Box 196, Winfield, PA 17889-0196 B 570.524.9090 or 866.SETBAID Mark Moyer, MBA, MHA, Executive Director www.setebaidservices.org info@setebaidservices.org

RAPID CITY REGIONAL MEDICAL CLINIC-ENDOCRINOLOGY AND DIABETES EDUCATION

640 Flormann Street Rapid City SD 57701 Dr. Thomas Repas B 605.718.3300

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Randy Wright
International President-Elect

Membership and Fundraising

What is the most effective way to build a pathway to these two primary purposes? How did Norfolk survive and rebuild their club? We have doubled our membership in the last 4 years. We are currently down to 48, however, by next year's International we will cross the 60-member mark.

Start with asking your family, your neighbors and people you work with. In the last 2 years we have done just that. We currently have 10 new members who are coming forward in the next 8 weeks. During the pandemic, so many people were and still are worried about the dangers of taking vaccines and now the booster shots. We all need to reinvest in our own clubs as we have done in Norfolk.

For the first time in almost 100 years, we started to seek sponsors for our annual Norfolk First Citizen award and it has paid off! Our previous NET was around \$6,000 and now it's more like \$40,000. We hold socials, we have 2 lunches a month during the summer, in the month of June we hold a backyard cookout at no cost to members, in July we hold a pizza party, and in August we go to a baseball game to see our Norfolk Tides play. All 3 are family events and our socials are once a month. Our club is on the rise and we anticipate having 60 members by next year. Our new members are truly diverse, ethnicity-wise as well as gender. In addition to our First Citizen, we hold fund raisers at local restaurants, and the last one was almost \$800. Hopefully, we will have at least 3 over the next fiscal year. Of the last 18 new members to our club, 13 were from me and Arlene. So, just don't give up! If we can do it, any club can do likewise. We also offer incentives as does the International. Call a friend and offer to take them to a Cosmo event as your guest. We are open to all ideas and encourage you to share individual stories along the way.

Let's make the next couple of years not just good years but GREAT YEARS!

Randy Wright Cosmopolitan President-Elect w_randywright@verizon.net