

COSMOTOPICS

SPRING 2022 ISSUE

A PUBLICATION OF COSMOPOLITAN INTERNATIONAL

SAVE THE DATE

Cosmopolitan INTERNATIONAL CONVENTION

Sioux City, IA
JULY 22-23, 2022

ISSUE HIGHLIGHTS

- Officer Articles
- New Website Update
- A Short History of Diabetes and Insulin
- Diaversary
- It Takes a COSMO Community to Fly a Flag
- International Convention Details



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MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service, with special emphasis on supporting efforts to prevent and find a cure for diabetes.

In Memoriam

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

- **Don Hinds** - Fremont Club - Fremont, NE - Last Charter Member - November 11, 2021
- **Bob Leonard** - Columbia Breakfast Club - Columbia, MO - February 5, 2021
- **James W. Ewing** - Past Executive Director - Fort Worth, TX - February 16, 2022





David House
Executive Director



Somewhat Back to Normal

So here we are, almost 2 years into the COVID virus infection pandemic. Many things have happened over the last couple of years, including systemic lockdowns, political scandals, riots, and power grabs. We were fortunate enough to have an in-person convention in Sioux Falls in July, but we sorely missed our Canadian contingency, as they could not cross the border to join us

We were also quite fortunate to show growth of our membership during this pandemic! We recognized many clubs at the Sioux Falls International Convention for their growth during the pandemic. I was also quite proud to share this with the Service Club Leaders Conference (SCLC) management team on Thursday afternoon prior to the sessions attended by both Randy Wright and myself in Orlando, FL in November.

Depending on the location within North America, some clubs are still having issues meeting in person. Limited counts or capacities is still in effect for some areas. Others are totally wide open and somewhat back to normal. Wouldn't it be nice if we all could agree on a common strategy to deal with the COVID outbreak? It seems that there are so many different opinions, and many of the governmental departments even disagree!

But we all have to work within the confines of the local regulations in effect. Wouldn't it be wonderful if all of the various regulatory groups could finally come to a common approach that was sensible and effective for all of us! It would make life so much simpler for organizations and businesses if things were common for all.

Last year, our International President declared that we needed to have a Cosmopolitan Day! It was defined as the first Saturday in November of each year. Each club should develop a promotional event to help make their community aware of our International Project and the local club's efforts to support it. This will become an annual event that will highlight your local clubs in your community. We sent out a sample letter to all Club Presidents from the Aurora Club that can be used as a prototype for future years. In this issue you will find an article from the Saskatoon Club in Canada showing what they did to promote the Cosmopolitan Day event.

And I am pleased to report that the Sioux City Convention Committee is working hard to prepare a great International Convention this coming July. They selected a great Hotel in the heart of downtown Sioux city, IA. The Warrior Hotel is an older facility that was recently completely gutted to remove asbestos and has been totally remodeled inside with modern amenities to become competitive in the Convention Business. You will really enjoy this facility!

Sioux City is not one of our larger clubs, but they have jumped right in and have put together a great agenda. This is a great testament to the fact that smaller clubs can provide a great venue for conventions. Sioux City is a vibrant community with lots of things to do if you decide to come in early.

The spring issue of COSMOTopics will provide you with additional information on the convention schedule. The CI Website already has information about the Warrior Hotel. We will be updating the convention page with a convention schedule once it is finalized. We will also be updating the Convention Page to include a direct link to register at the hotel, so you receive the convention special pricing for your rooms, along with the link to register for the convention programs.

Stay Tuned!

David House
Executive Director
headquarters@cosmopolitan.org

INTERNATIONAL CONVENTION

Sioux City, IA





Darin Hartman
International President



Fiscal Year Game Plan

Hello Cosmos! It's that time of year again! With Federation Conventions around the corner, it means that our International Convention will be here before you know it. It is my sincere hope that our entire Cosmo family has the opportunity to attend this year.

This summer our International Convention takes place in beautiful Sioux City, Iowa. It is one of the hidden gems of the Midwest. This lovely city lies halfway between Omaha, NE and Sioux Falls, SD. Sioux City holds a very special place in my heart because it is only 35 miles from where I grew up in Nebraska. It was the destination for back-to-school shopping, movies, and a night out. The Sioux City Cosmos' are looking forward to showing off their city and rightfully so!

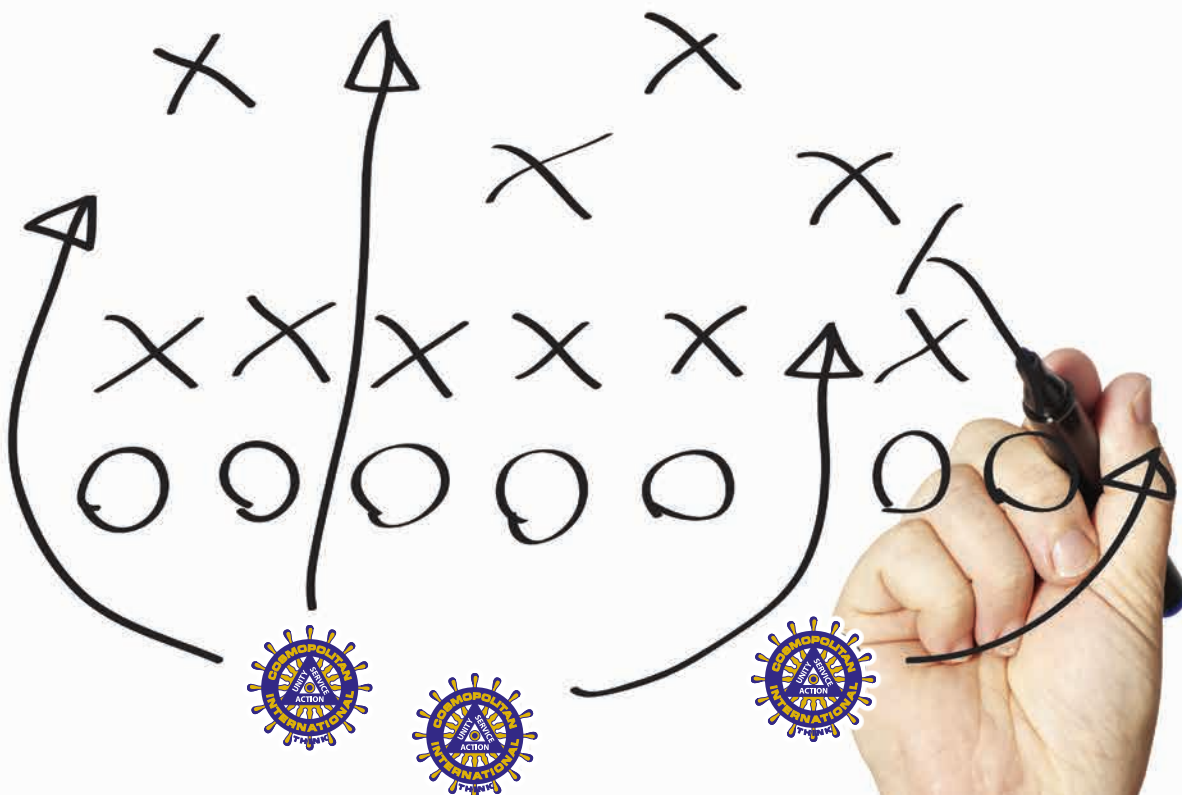
Sioux City has small town charm combined with big city amenities. With the condensed Convention format and meeting schedule, this should provide a fun-filled weekend for your favorite charitable cause.

I cannot stress enough the importance of our yearly International Conventions. These meetings are where we come up with our "game plan" for the upcoming fiscal year. One of the highlights of the weekend is the President's Banquet. This is our chance to officially welcome Randy Wright of the Capital Federation as our new President. Please make every effort to attend to welcome Randy and get "All Aboard" with Cosmopolitan International.

I am looking forward to seeing all of you there this year!

Darin Hartman
International President
darhart79@live.com

International Convention



New Website Update

Dating back to last year, we decided that the ClubRunner hosting system was too expensive for most of the smaller clubs in our organization, and we started the process of searching for a new platform to host the CI Website with the potential to host most of our clubs. Once we found a possible solution, we built a prototype site and presented it to the CI Board.

While during the migration of several clubs, we discovered that we needed to purchase a blanket SSL Certificate in order to provide the https (Secure Protocol) for all club sites, not just the CI Website. This has now been resolved, and each club will inherit the https protocol automatically. This additional expense will cause the club hosting cost per year to increase slightly, but still will be well below the ClubRunner fees.

As a side note: Several browsers will begin to require https protocol to even display the website in the near future. It is a security enhancement for the Internet that will eventually be required.

Several additional CI modules have been developed over the past couple of months, to include the following:

1. Display your Club Meeting Place on your home page/site. This module will automatically read the data from your club account and display the meeting times and place for your club meetings. This will allow guests who browse to your site to see where and when you meet.
2. Display member Anniversaries for the current month on your home page/site. This control reads your Club Roster and displays the current month anniversaries for your active members.
3. Display the next several activities from your calendar on your home page/site. This control allows you to set the window of time to use to display upcoming events.

Video tutorials are quickly being created to show site administrators how to do some of the basic web tasks, such as adding a page, including the page in the main menu, setting the permissions for the page, adding widgets/controls to the page, and setting the properties of the various widgets/controls. And Tutorials are also being created to assist members in doing basic search and print tasks for a variety of things.

As more clubs begin the process of migration to the new site, we will define additional widget/controls that need to be developed to ease the editing/maintenance of club sites.

If your club is interested in setting up or migrating a club website, feel free to contact me at the office. I will gladly assist you in any way I can. The annual cost of hosting for your club is only \$125.00/yr. plus your DNS address registration, which normally runs about \$20.00/yr. So, for less than \$150.00/yr., you can have your site up and running, with Credit Card capabilities for events, secure SSL encryption (https), and lots of custom widgets/controls to assist you in the creation/management of your site. And as more sites migrate to our system, we will define additional widgets/controls that can assist in the management of the site, without you having to pay for the cost of development of the feature.

David House
Executive Director
headquarters@cosmopolitan.org



A Short History of Diabetes and Insulin

Scientists and Physicians have been documenting the condition known as Diabetes (also sugar disease) for thousands of years. From the origins of its discovery to the dramatic breakthroughs in its treatment, many brilliant minds have played a part in the fascinating history of Diabetes.

Diabetes: Its Beginnings

The first known mention of diabetes symptoms was in 1552 B.C., when an Egyptian physician, documented frequent urination as a symptom of a mysterious disease that also caused emaciation. Also, around this time, ancient healers noted that ants seemed to be attracted to the urine of people who had this disease.

In 150 A.D. a Greek physician described what we now call diabetes as "the melting down of flesh and limbs into urine ". From then on physicians began to gain a better understanding about diabetes.

Centuries later, people known as "water tasters" diagnosed diabetes by tasting the urine of people suspected to have it (how would you like to have that job?). If the urine tasted sweet, diabetes was diagnosed. To acknowledge this feature, in 1675 the word "mellitus", meaning honey, was added to the name "diabetes", meaning siphon. It wasn't until the 1800s that scientists developed chemical tests to detect the presence of sugar in the urine.

Diabetes: Early Treatments

As physicians learned more about diabetes, they began to understand how it could be managed. The first diabetes treatment involved prescribed exercise, often horseback riding, which was thought to relieve excessive urination.

In the 1700s and 1800s, physicians began to realize that dietary changes could help manage diabetes, and they advised their patients to do things like eat only the fat and meat of animals or consume large amounts of sugar. During the Franco-Prussian War of the early 1870s, a French physician noted that his diabetic patient's symptoms improved due to the war related food rationing, and he developed individualized diets as diabetes treatments. This led to the fad diets of the early 1900s, which included the "oat-cure", "potato therapy", and the "starvation-diet".

Despite these advances, before the discovery of insulin, diabetes inevitably led to premature death. The first big breakthrough that eventually led to the use of insulin to treat diabetes was in 1889, when researchers at the University of Strasburg in France, showed that the removal of a dog's pancreas could induce diabetes.

In the early 1900s, a German scientist, found that injecting pancreatic extract into patients could help control diabetes.

Frederick Banting, a physician in Ontario, Canada, first had the idea to use insulin to treat diabetes in 1920, and he and his colleagues began trying out his theory in animal experiments. Doctor Banting did not believe having children on a 450 calorie a day diet, was the best way to treat diabetes, which was the conventional treatment at the time. He believed that kind of diet just to keep children alive maybe two years longer, was cruel and painful. Banting and his team (including Charles Best) finally used insulin to successfully treat a diabetic patient in 1922 and were awarded the Nobel Prize in Medicine the following year.

In 1922 Leonard Thompson was the first person to receive the new treatment of an insulin injection at the pediatric wing of the Toronto General Hospital. When Banting and Best entered the floor, they noticed there was no noise or movement from any of the 21 children in the ward. By the time they reached the 16th patient, they both turned to the insulin injected children and noticed some were sitting up and smiling and laughing. This was the breakthrough for the treatment of diabetes.

Diabetes: Where We Are Today

Today, insulin is still the primary therapy used to treat T1D (Type One Diabetes); other medications have since been developed to help control blood glucose levels. Diabetic patients can now test their blood sugar levels at home using blood glucose testing meter or have a CGMS (Continuous Glucose Monitoring System), and use dietary changes, regular exercise, insulin shots, insulin pumps and other medications to more precisely control their blood glucose levels, thereby reducing their risk of health complications

by Terry Weland of the Omaha I-80 Club



Keith Shepherd
International VP Finance



Reach out to Members

2022 Greetings to my fellow Cosmopolitans, I hope this message finds you all well. These are crazy times, wow who would have guessed our riding the fifth wave and I do not even own a surfboard. Covid is hindering the focus of our club activities most notably community service and fundraising for the less fortunate and diabetes research. Membership is a concern and I encourage club executives and members to reach out and contact members who have not come out to club meetings or are not vested in zoom events. A simple contact to show we care and have an interest in their remaining a member.

As Vice-president of Finance I continue to monitor International finances and records. For first half of year we are reporting a modest surplus in operations and will finalize second quarter when all bills are in to post on the website. Our investments continue to pay dividends and are holding their value through these crazy times and will continue to monitor their status and report to the executive any concerns.

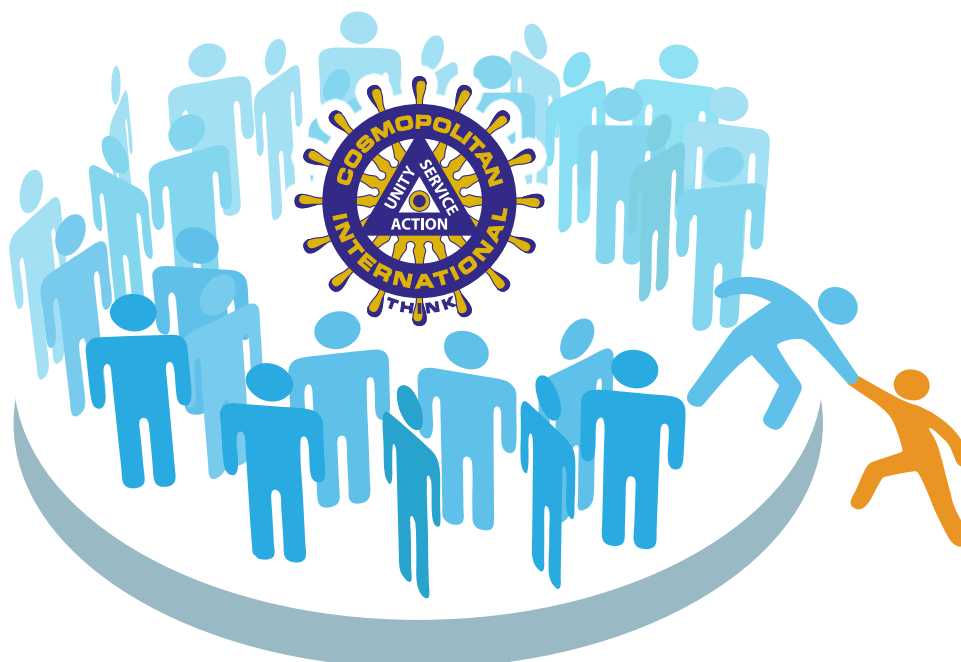
I attended the smaller than usual Western Canada Federation (WCF) mid-term convention in October hosted by the Wascana Club. What a fun convention! Mexican Night with entertainment, curling and meeting good friends. Thank you John Krysak and your committee. At the meeting the WCF and CDFC agreed to a fundraising partnership in the Juvenile Diabetes Research Foundation as noted in the report by our Foundation President, exciting times ahead. Also, the Calgary Club has agreed to host our 2022 May WCF convention and invite all

cosmopolitans to attend, the Rockies await. A thank you to all clubs who committed to our Cosmo Day celebrations with some amazing ideas, I know it raised awareness of our clubs in the community.

Lastly I encourage all members to make the effort to attend the July 2022 International Convention in Sioux City, IA they have formulated a great program for attendees. Trusting the border will be open both ways. I and many others look forward to seeing our cosmopolitan friends again.

Thank you all for your time and service to Cosmopolitan.

Keith Shepherd
International VP of Finance
keith.shepherd@sasktel.net



DIIVERSARY

It has been 1,461 days since I can

remember what life was like without diabetes. 1,461 days ago, life was spontaneous. I could grab my swimsuit and go swimming with my friends, and then we could go for a walk and get ice cream if we wanted, and I didn't have to worry about anything.

And, in the 9th grade, you shouldn't have to worry about not waking up in the morning.

In the 9th grade you shouldn't have to worry about losing your friends, because they don't understand what you are going through. You shouldn't have to worry about being alone with an incurable disease! I was so sick for months, and I was struggling with the ongoings of junior high. I was struggling with not even knowing who I was as a person yet. I was so worried about what was going on around me that I actually ignored how I was feeling.

It was supposed to be just a check-up appointment, and that appointment changed my life forever. A phone call came from the doctor at 7:00 pm explaining to us that we needed to go to Stollery Hospital immediately, that they would be waiting for me when I got there. Had we waited another 24 hours, I might not have been here today.

I am terrified of needles, and now this anxious young girl was being told that from now on, everything that keeps me alive will involve needles, lots of needles! I remember struggling with the nurse who was trying to put in my IV, just asking her for no more needles. All I really wanted that day was no more needles.

Those early days were very hard. Every meal took me 45 minutes to take my insulin just so I could eat, and I thought my life was over. Why me? No one could know. I didn't want to be different, I didn't want to be "that girl," I didn't want type 1 diabetes. I didn't ask for it and I didn't deserve it: none of us do. But I soon learned that I wasn't alone, and I had an amazing community behind me. They supported me and understood what I was going through.

Now when I want to go swimming, I grab my swimsuit, I grab my meter to check my sugars and see that I am low; I treat and wait the required 15 minutes. Then, I check my sugars again and grab my bag, my snacks, my meter, and my insulin, just in case. When I get to the pool, I check my sugars again and eat a snack, because I'm about to do some physical activity. So, I get into the pool and awhile into my swim I feel a little off. I get out to check my sugars and I'm going low again. So, I eat another snack and wait the 15 minutes. Back to swimming again but now it's time to leave. We want to stop for ice cream, but because there are no nutritional facts, I guess at what the carbs will be and take my insulin. When I get home, I realize that I guessed wrong and now I am too high! I feel sick because I have been low and now I'm too high.

I get asked all the time what affects my blood sugars, and the answer is actually quite simple - EVERYTHING! It's a vicious cycle and I can't just take a break or have a day off, no one with diabetes can. It demands your attention 24/7 and our lives become numbers and calculations. It has taken 7,305 needles in order to realize that there is nothing wrong with me, and it has taken 10,227 finger pokes for me to understand that I have nothing to be ashamed of. I continue to fight so that one day I can say, "I remember when I HAD diabetes." I fight so that no other person has to feel what I felt that day.



It has taken 7,305 needles in order to realize that there is nothing wrong with me, and it has taken 10,227 finger pokes for me to understand that I have nothing to be ashamed of.

We all fight for that day!

Brynne-Leigh Marsden
Edmonton, Alberta, Canada



Randy Wright
International President-Elect



Service Club Leaders Conference

November 18 – 20 in Orlando

I was honored to represent Cosmo International at the S.C.L.C.C. On Thursday morning my first day there sat a table where I knew no one at the table. You introduce yourself and ask where are you from and after going around the table the primary host being Moose Lodge Director Mike Rios was sitting at the table and lives in Elizabeth City he asked did you say your name is Randy Wright I said Yes. He told me that he is retired from being an investigator from Virginia State Police in it's Investigation unit seems one of his partners Bill Stolley vetted me for my position for Deputy Director of Virginia Lottery for some 4 years. So I kidded him that I was the youngest person ever who became a Moose Club member. I was 17 years old and was a Junior National Champion Bowler. The Bowling season started 2 weeks before I turned 18 so they went ahead and made me a member, so I could go ahead and join the Adults League. So I told Mike Rios I would make a deal if he joined the Elizabeth City Cosmo Club I would go back and renew my membership as a Moose member. He didn't know there was a Cosmo Club in Elizabeth City. We are planning a get together in Elizabeth City as I have Relatives down there. He currently the International Director of Membership. We had fun getting to know one another.

SOME OF THE ORGANIZATIONS REPRESENTED

American Legion
Civitan International
Cosmo International
Event Groove
Kiwanis International
Lions Club International
CCR Solutions
National AMBUCS

National Exchange Club
Optimists Clubs
Pilot International
Ruritan Clubs
Serotoma
Jl The Association of Jr. Leagues International, Inc.
Y's Men International
Zonta International

Speakers were incredible starting with Chris Singleton former minor league baseball player who went up to the Chicago Cubs he is nationally-renowned speaker with a message of resilience, forgiveness and unity following the loss of his Mother in the 2015 Mother Emanuel Church tragedy in Charleston, S.C. One of his children's books "Different-A-Story about loving Your Neighbor" was a best seller in it's category and been featured by numerous outlets including Obama Foundation. His overall mission when speaking is to inspire his audiences with his story of resilience and to unite millions of people his belief "Love is stronger than Hate". There were few dry eyes in the house.

The other Presentation was called the "AWESOME FACTORY" Erik and Emily Orton, who is an Emmy Awards writer Emily is a former English teacher turned

home school Mom. Together they write, speak and teach about living a better story. They believe the greatest gift we can all give each other is encouragement. They hope sharing their stories sparks clarity and confidence in you to live deliberately doing what you care about most with the people most about.

What they decided was to take a year off and go on a Sale Boat with their 5 children, their goal was to see most of the World and experience multiple stories, that were incredible. 2 weeks ago I received a very nice note from them. "Randy hi there it was great to be with you at the Service Club readers Conference in Orlando. Most people talk about wanting to make the World a better place. "You are doing that" as a leader of your Organization. You have clearly demonstrated your ability to lead".

"Conclusion it's easy to drift".

Lastly we had 2 African Americans Hasana Pennant and Dr. Sheila Caldwell they held an open debate on how do we increase membership diversity it was challenging. It is something all of our Clubs across U.S. and Canada should make a stronger effort to meet that challenge. It's important that we make that effort ourselves, they opened our eyes on diversity and equity.

In conclusion my personal journey over 40 years when I was appointed to Norfolk Planning Commission in 1981 from there the Lord has guided me to incredible places and leadership positions Norfolk City Council 18 years State positions Chair of Virginia Board of Commerce, National Chair of Transit Board members across North

America and One year on the UITP International across the World. My point is I know I've attended at least One Thousand conference in that 40 year time span. This was the best I've ever attended. I was so Proud to be representing Cosmopolitan International and look forward to continue our mission to expand our membership and help to find a cure for Diabetes.

Godspeed.

Randy Wright
Cosmopolitan President-Elect
w_randywright@verizon.net

It Takes A **COSMO** Community *To Fly a Flag*

On November 6 2021, Cosmopolitan Day, the Cosmopolitan Club of Saskatoon raised the Cosmopolitan Flag over their city to celebrate Cosmopolitan Day. They also requested the City of Saskatoon grant a proclamation claiming the day Cosmopolitan Day, a request that was granted.

None of this could have taken place without the hard work and cooperation at all levels of Cosmopolitan. It started with Cosmo International declaring the day Cosmopolitan Day and asking the Federations to honor this request. The Western Canada Federation then put forth the request that all of the Clubs attempt to have their City declare the day. Each Club went hard to work, making the request. The Saskatoon Club Cosmo Day Committee of Club President Terry Akister, Darwin Baker, Daryl Cherry and Debra Down noticed they could also request a flag to be flown on that day. After calls to members Pam Smith and Rick Stevenson, it was realized a Cosmo flag was no longer to be had in Saskatoon. The request for a flag was sent to David House at CI. David had a flag available and very quickly sent it off by Fed Ex. The Committee then asked WCF Treasurer Keith Shepherd if the WCF would fund the flag, as a promotional activity, under the new program the WCF had set up at Convention. Approval was given and the Flag was on its way and paid for!

Cosmo Terry Down got the Flag to City Hall in time for the big day. On the day of the Flag Raising a group of Cosmopolitan Club of Saskatoon members (see Picture) went to City Hall to watch the raising and celebrate the day.



*As you can see, it truly does take the
Cosmo Community to raise a Flag.
Let's all try to Fly Cosmo Proud next year!*

SAVE THE DATE

Cosmopolitan INTERNATIONAL CONVENTION Sioux City, IA JULY 22-23, 2022

Attend the 2022 Cosmopolitan International Convention in Sioux City, IA to help bridge a cure for diabetes. With many fun things to do in the Sioux City area, you'll enjoy your July weekend in the heart of America.

*We look forward to seeing for
the convention this summer!*

2022 Convention Committee

Randy Kramer & Richard Gordon, Convention Co-Chairs



Cosmopolitan INTERNATIONAL CONVENTION COME EARLY STAY LATE!

WHERE:

The Warrior Hotel
A Marriott Autograph Collection
526 6th Street
Sioux City, IA 51101

WHEN:

July 22-23, 2022
We also have pre-convention activities on July 20th.



CATEGORIES OF RECOGNIZED PROGRAMS

Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center / program will be appropriately listed. Applications are available from CI headquarters and are downloadable from www.cosmopolitan.org under Resources, Club and Federation Info.

Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER

855 Brambleton Avenue
Norfolk, VA 23510
B 757.446.5909
Jerry L. Nadler, M.D., FACP, Director

COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA

One Hospital Drive
Columbia, MO 65212
B 573.882.2273
Jeff Robbins, Administrator

THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR ENDOWMENT FUND

PO Box 394
Sioux Falls, SD 57101-0394
B 605.333.7315
Dr. Laura Davis-Keppen, M.D.

EDMONTON ALBERTA DIABETES INSTITUTE

University of Edmonton
Edmonton, AB, Canada
Melanie Hibbard-Executive Director
helanie.hibbard@drifcan.ca

CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM

1200 West State Street
Rockford, IL 61102-2112
B 815.490.1600
Gordon Eggers, Jr.,
President and CEO

CORNBELT DIABETES CONNECTION, INC.

9905 South 173rd Circle
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H 402.895.6732, C 402.290.3471
Terry Sanford, Chair
tsanford77@cox.net

HEARTLAND COMMUNITY HEALTH CENTER

346 Maine Street
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B 785.841.7297, ext. 208
Allie Nicholson
Executive Director
anicholson@heartlandhealth.org

DIABETES INCORPORATED

12955 Bogus Jim Road
Rapid City, SD 57702
B 605.341.1273
Deanna Smith, Executive Director

THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.

PO Box 1942
Columbia, MO 65205-1942
P 573-474-4326
David Bernhardt,
CPA, Executive Director





Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

COSMOPOLITAN INDUSTRIES, LTD.

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA

Charlene Duquette, Director

B 306.664.3158

SPECIAL LEARNING CENTER

1115 Fairgrounds Rd. Jefferson City, MO 65109

B 573.634.3070

Debbie Hamler, Executive Director

dhamler@speciallearningcenter.com

Cosmopolitan Supported Diabetes Program

(Not to be confused with the Major Cosmopolitan Supported).

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

ELGIN COSMOPOLITAN CLUB DIABETES EMERGENCY RESCUE FUND

Social Service Department, Sherman Hospital

934 Center Street, Elgin, IL 60120

B 847.742.9800

UNIVERSITY OF CHICAGO MEDICINE

Kovler Diabetes Center

900 East 57th Street, Chicago, IL 60637

Peggy Hasenauer, MS, RN, Executive Director

B 773.702.2371, Direct 773.834.4789, C 773.412.4171

kovlerdiabetescenter.org

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SETEBAID SERVICES' DIABETES CAMPS FOR CHILDREN & TEENS WITH DIABETES

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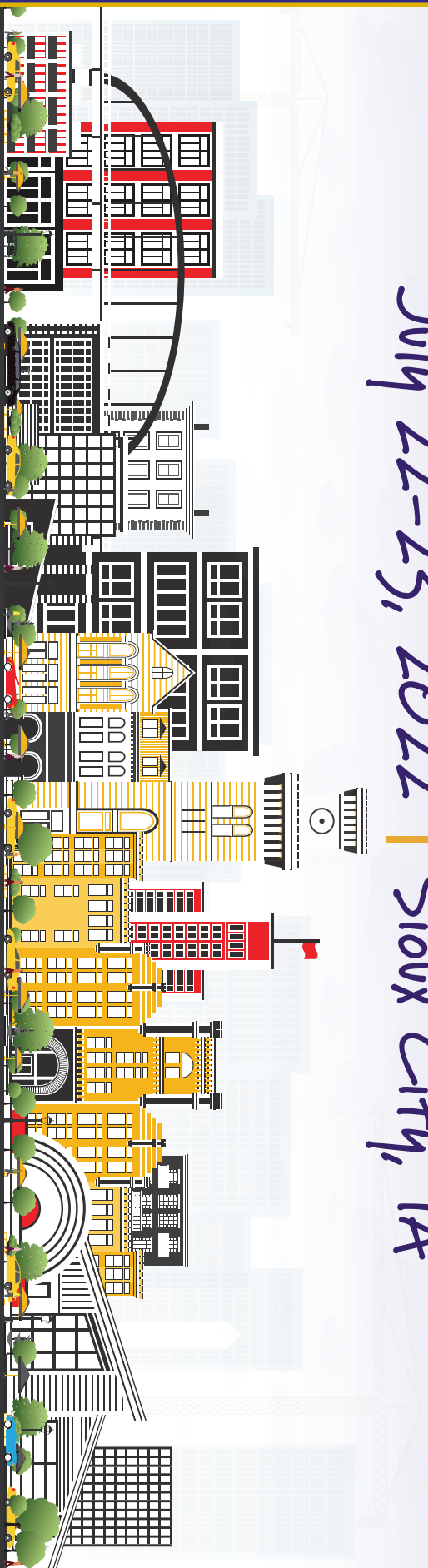
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