

A publication of Cosmopolitan International

WHAT YOU DO MAKES
A TRUE DIFFERENCE!

SUMMER
2017
ISSUE

YOU ARE TREMENDOUSLY
VALUABLE TO OUR CAUSE!

THE CLUB THAT FIGHTS DIABETES

www.cosmopolitan.org



COSMOTOPICS



FROM THE EDITOR by Tracy Miller

With the 2016-2017 Cosmopolitan year having come to a close and a new year upon us, this edition of COSMOTopics takes a look back to our accomplishments as well as our challenges over this past year. Relax and enjoy these last warm days of the year while reading year-end updates from your executive committee, as well as executive director and foundation updates.

The club articles in this edition will, hopefully, touch you and remind you why we are here. Capital Region's Chuck Cenknner gives us a glimpse into how we are affecting some very young lives, and Greater Richmond's Peggy Powers honors a very young-at-heart life. Rose La Mantia's Columbia Show-Me club is on fire with activity, and PIP and current International Judge Advocate Larry Heim walks down memory lane with some special friends you may recognize.

The production of Fall 2017 COSMOTopics is underway and features complete International Convention coverage along with an opportunity to get to know 2017-2018 International President and First Lady, John and Anita Hubert. In that edition you will also find an updated listing of Who's Who at Cosmopolitan, which is an important resource for new leadership contact information.

No matter what your role at Cosmopolitan, whether you've been around for a long time or you just signed up recently, know that you are tremendously valuable to our cause and that what you do makes a true difference. Thank you for all you give in service every day to others.

MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.



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COSMOTOPICS

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Looking Back to Look Ahead

With Summer days winding down and the 2017 International Convention now a fond memory, it is safe to say that Fall days and a new Cosmo year are upon us. I believe by all accounts, 2016-2017 was a successful one for Cosmopolitan International, even with a few less-than-hoped-for bumps.

The organization remains financially sound overall. But not uncommonly, and perhaps even like your own household budget, our expenses were higher than anticipated in some areas. This is not due to financial irresponsibility or poor forecasting, but rather to ever-increasing costs and simply timing between the conclusion of last year's budget and the start of this year's budget.

And speaking of ever-increasing costs, I am excited and grateful that the delegates to the 2017 International Convention voted in favor of numerous measures designed to curtail costs while ensuring that we are responsible stewards of our financial resources. I believe the approval of these measures takes us into the future with a solid plan for success. If we continue to work together, communicate, trust each other, and develop thoughtful plans for our finances, we will spend wisely, minimize costs, and remain on budget in the long term.

Along with maintaining healthy finances, membership, of course, continues to be a high priority. As 2016-2017 International President David House observed at his State of the Organization presentation at International Convention, our membership counts fell slightly this year. However, we also are seeing positive trends in this area. The number of members we added is at a three-year high. And the members we lost this past year compared with the members we added is at a three-year low. This is extremely encouraging! As we work toward introducing new members and retaining existing members in Cosmopolitan, I encourage all clubs to review the Recruitment and Retention Plan authored last year by Cosmos John Keeley and Chris Janke. This document provides proven methods for attracting and retaining members and is available under Resources on the Cosmopolitan website. Additionally, Aurora's LaVonne Hawking penned an excellent article on membership which was featured in the Winter 2017 edition of COSMOTopics.



I hope that all Cosmos have had an opportunity to visit and familiarize themselves with the new website. We are extremely indebted to Cosmo John LiCausi for the countless hours he has spent launching the new platform and getting us up to speed with its use. Should you need help, however, please don't hesitate to contact me. The new site is very user-friendly, and I am always happy to help you with any support you need. Club officers particularly will need to be familiar with the site, but I encourage all Cosmos to log on and see why we are so proud of our new face to the world!

The same big thank-you goes to PIP David House for the time and expertise he put into organizing both the Bricks and the Beacons databases which also are available on the website (under Projects and Foundations, respectively). Upcoming newsletters will feature details on how to order bricks in honor of or in memory of someone dear to you as well as how to track your giving within the Beacons database. Having both tools updated, accurate, and online is a big step forward for us.

The diabetic alert dog project, known as Paws Saving Lives, continues to see success. Many clubs have sponsored dogs, and international officers continue to discuss ways in which we may improve the program and, ultimately, make more dogs available to deserving diabetics. Watch future newsletters and emails for exciting developments in this area.

In closing, we accomplished a great deal this year. And we learned a lot this year. It is common today to read and hear about the importance of teamwork, and it really is true. None of us alone would have been able to accomplish a fraction of what we accomplished together. So, going forward, let us stay connected, stay curious, and dream big. I don't know what 2017-2018 holds for us, but I do know that our place in the world is more relevant than ever. Thank you for everything you do every day for your club, our organization, and most importantly, our cause.



Tracy Miller
Executive Director

It is common today to read and hear about the importance of teamwork, and it really is true.

Cosmopolitan Diabetes Foundation: What Is It?

When folks ask us what we at the CDF do, our quick answer is: we are the charitable arm of Cosmopolitan International.

It is a non-profit, non-stock corporation organized under the laws of Maryland and recognized by the Internal Revenue Service as a tax-exempt organization under section 501c3 of the Internal Revenue Code.

We also:

- **Encourage members to become a Beacon.**
- **Invest gifts so that the income will make a difference in diabetic lives.**
- **Provide grants for charitable, educational and scientific purposes.**

Each year, many dollars flow from the Cosmopolitan members and Cosmo friends to CDF to support the good work of research, support clinics to help patients, provide camperships for diabetic camps, and much more. The ever-growing stream of philanthropy begins in the hearts of donors. Whether an individual or club supports a project with a pass-through gift, whether they make a memorial donation to honor a loved one or give to the endowment fund, people who want to do something good to help find a cure for diabetes find a pathway for this through CDF. It has been said that your mission is not what you do – but the difference you make.

CDF's 2016-2017 year has been busy from start to finish. Thanks to so many Cosmo members and friends, CDF has been able to support a wide array of important work for diabetic causes.

As this year comes to a close we would like to highlight the year and let you know how your gifts have made a difference.

As with any organization, there are always certain administrative obligations to attend to and the beginning of our year started with a complete update to the Bylaws and the Policies of the CDF.

Investments

As noted in an article in the Spring 2017 CosmoTopics, a complete review of the entire investment portfolio was made and the Board voted to transfer the funds to Trust Company of America. During the past months the transfer of the funds has taken place. For more than 40 years, CDF members continue to work to defeat diabetes. With the support of the membership, CDF is happy to inform members that from our total investment portfolio of approximately \$1,155,149.00 income has been generated from those investments for this work.

Grants

CDF's fundraising efforts have reached milestones and continue to set us apart in the cause for research, treatment and education. Last year we were able to grant out \$40,700.00 to various diabetes-related purposes. Since the start of giving grants in 1984 through 2016, CDF has awarded a total of \$722,101.35 in grants. Applications were again reviewed this year and grants awarded in July 2017. All grant requests must be for diabetes-related purposes. While we wish we could fund each request, our funding is limited to the amount available from our income. We do try to award a grant to each of our recognized programs each year. I have had the opportunity to visit our major Cosmopolitan Diabetes Centers and some community programs and to meet with the Directors and learn more about our commitment to find a cure for diabetes. At all the Centers, Cosmopolitan is held in high esteem for what we have done.

Beacons

The Board would like to encourage members to continue their Beacon program or if you have finished a Beacon – start a new one. If you become a Beacon and give to the Beacon's fund, the money goes into the endowment funds. However, it also is allowed to specify where you want your Beacon pledge to go to such as one of the designated funds.

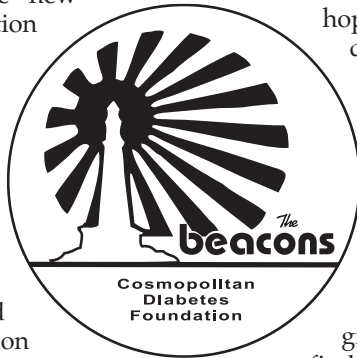


Melvina
Newman
CDF Chair

People who
want to do
something good
to help find
a cure for
diabetes find
a pathway
for this
through CDF.

The Board is preparing additional classifications for Beacons which we will have completed shortly. The new classifications would narrow the range of the current Beacon categories. We hope all members will like the new classifications and recognition we are working on.

As in past years, the CDF held its Donations/Beacons function at International Convention this year on Friday, July 28 for lunch. At that time, all attendees heard about the work of the CDF and the Cosmopolitan Foundation of Canada (CFC) and had the opportunity to make contributions to their favorite causes. In the past, these have included Cosmopolitan Recognized Projects, the Discovery Fund, and the Beacons Fund. We also heard about the



latest diabetes work taking place in Canada.

Our sincere thanks goes to many Cosmopolitans and friends who have helped make a difference and helped us reach our current investments. We hope you will help us make a difference in the future. We can continue to help in research and education only if you, the members and friends, continue to help with your contributions.

CDF always has major decisions to make in regard to how our dollars can be granted to make an impact in finding a cure for diabetes. We always welcome comments from you the members about your thoughts. It has been an honor to serve on the CDF Board. If you have any questions do not hesitate to contact a Board representative.

Again, thank you for your commitment and support of the CDF. You are all making a difference in your communities and Cosmopolitan.



We always welcome comments from you the members about your thoughts.

Cosmopolitan International Board



David House, International President

As the year winds down, and we begin to look forward to another change of the guard, it is always a good idea to analyze what has been accomplished to gain a better understanding of where we are and where we should be placing our efforts in the future.

This year saw a couple of major technical advancements for Cosmopolitan International. First, a new website. While many people had their hands in the task, Tracy Miller and John LiCausi need to be congratulated on their hard work and foresight to move us to the ClubRunner platform. But two items that we badly wanted could not be handled by the ClubRunner platform. We needed a way to display and archive the bricks that were removed from the plaza at the old headquarters building that was sold. We also needed an overhaul on the Beacons structure to move that into the 21st Century.

The Beacons database is now in place, and a link has been established on the ClubRunner Beacon page to take you directly to the site and provide the ability to search for your contributions. It is the intention to add a link to your personal profile in Club Runner that will take you directly to the detail of your Beacon account, but ClubRunner has been dragging their feet on this issue. But it will happen. Once that is in place, The Canadian Foundation has expressed an interest in posting their Beacon data on the site as well.

The Bricks that were in the plaza in Kansas City are now all available for viewing on the website. A Cosmopolitan Bricks page has been added under the Projects menu that takes you directly to the lookup page on the Bricks site.

Cosmopolitan International began a promotion of a Yoga for Diabetics program in 2016. A special thanks to JA and PIP Larry Heim for sharing a program he designed for Cancer Survivors. We have presented this program to Medical Facilities in Illinois, Missouri, Virginia, Nebraska, and Saskatchewan Canada. Response to this program has been extremely positive. It should provide a Win-Win-Win-Win for all parties.

- First, a win for the diabetic individual to add an escalating exercise program to their health care.
- Second, a win for the facility, as they see it as a community Involvement initiative.
- Third, a win for Cosmopolitan International, as we increase awareness of our organization.
- And finally, a win for the local clubs who should be able to increase their presence with local diabetics and add new members to their rosters.



John Hubert, International President-Elect

This past year ED Tracy and I worked together on the leadership manual, combining a number of manuals into one usable and up-to-date manual that is designed to be reviewed on an annual basis and changes to be made as needed. Much of the work was done at the Leadership conference we attended in Louisville. We chose to work together in the evening and were able to complete a lot of the project.

During the year it was my pleasure to also work with the Mo-Kan Governor Judy Weitkemper on membership events in Missouri and Kansas. Every event was successful bringing new membership into the clubs. Due to her hard work and persistence, she was able to show a net gain this year in our Mo-Kan Federation, which hasn't been accomplished in years. With the help of our President David House and Judge Advocate Larry Heim, we were also able to bring new life into our relationship with the Cosmopolitan Diabetes and Endocrinology Center in Columbia. We introduced a yoga program that was designed by Larry for diabetes patients. The Center was very open to the idea, and we hope to kick it off at the next diabetes walk sponsored by the Columbia Show-Me Club. I am looking forward to the coming year and working to spread the Cosmopolitan philosophy, grow our clubs and build new.



John Krysak, International Vice President for Finance

This brings to a close another year for Cosmopolitan International. With this it also brings to a close my fourth year as the V.P. of Finance. It was an exciting year beginning in Norfolk, Virginia, then a conference call Board meeting in November followed by the Spring Board meeting in Omaha, Nebraska, at the beginning of March and then attendance at the Cornbelt Federation convention in April. In between these meetings, Executive Director Tracy, our external accountants and myself keep the day to day transactions flowing smoothly. Tracy summarizes the invoices, I review and approve them, and the accountant records them all.

The current year operating results indicate a less than expected outcome based on our budget. We end the year with a deficit of \$11,614. When comparing line by line we are able to identify three main items that lead to the deficit:

1. Per Capita Dues – less than expected as has been the case in the last few years. Optimistically, we hope we have bottomed out with the reduction in membership and look forward to seeing an increase.
2. Past International President travel – in this case we have a timing issue where the past presidents travel costs of \$3,431 were submitted after the year end and were approved and included in this year's actual figures.

2017-2017 Year End Reports

3. International Convention – the 2016 International convention ended with a deficit of \$7,552 due to lower than expected attendance. This deficit is also included in this year’s operating results.

Factoring in these three items we budgeted for a surplus of \$957 and end with a deficit of \$11,614 for a difference of \$12,571. With the identified items in 2 and 3 above removed the operations would have resulted in $\$11,614 - 3,431 - 7,552 = \631 deficit.

It should also be noted that no convention reserve fund transactions have been recorded. The \$5,000 balance in reserves has been left for future due to the current financial status. These amounts are subject to change once our internal auditor reviews the books and records for the year.

It has been an honor and a pleasure serving you all this year. Take care and see you at convention.



John Keeley, International Vice President for Membership, and David House, International President

There are basically two types of clubs within our organization: Growing clubs and stagnant clubs. There appears to be a feeling that International needs to help our clubs grow. International can provide guidance and tools for clubs to utilize, but it the responsibility of the local clubs to recruit and retain membership. Here are some statistics from the past several years. While we continue losing membership, it appears we have begun to turn the tide. New membership counts:

Start Date	7/1/14	7/1/15	7/1/16
Start Count	1613	1559	1514
Adds	143	125	157
% Increase	8.87%	8.02%	10.37%
Drops	197	170	185
% Decrease	12.64%	11.23%	12.45%
End Count	1559	1514	1486
End Date	6/30/15	6/30/16	6/30/17
% Difference	3.77%	3.21%	2.08%



Bob White, International Vice President for Marketing

The development of teen clubs is well underway. Marketing and educational resources are being developed, and planning and support strategies are being formed.

Sponsorships, scholarships, and fundraising opportunities are being pursued, and a model for growth is being created. These, along with other marketing initiatives, will continue into the new year.



Rick Swansbro, International Vice President for Fundraising

The fundraising initiative comprises two overarching committees. These include identifying revenue channels in support of Cosmopolitan International and the Paws

Saving Lives diabetic alert dog program inclusive of defining the scope and structure of our diabetic alert dog program.

First, let’s consider the fundraising committee. Special thanks to our International President David House for his work in pulling together SimpleGive text donation in support of the diabetic alert dog program. Donations are directed to the CDF and count as a tax-deductible contribution. Another revenue source that was confirmed is AmazonSmile. Consumers who purchase from Amazon have the option of choosing the Cosmopolitan Diabetes Foundation to receive a donation of .5% of their purchase price. In both cases, we need to consider ways to promote these tax-deductible sources of revenue.

Conversely, we also are considering supplemental sources of revenue in support of Cosmopolitan International. Unlike CDF, fundraising support for Cosmopolitan International cannot be considered a tax-deductible contribution. Therefore, we must consider alternative options such as sponsorship, advertising, etc. whereby the burden of proving how funds are applied is with the sponsor or advertiser.

Beyond these revenue options is offering private and commercial sponsorship opportunities. These include, but are not limited to advertising in CosmoTopics magazine, offering educational booth space to diabetic related companies at convention and convention sponsorship and recognition.

Shifting to Paws Saving Lives, the committee has agreed upon a diabetic alert dog FAQ summary. This summary is intended to better communicate the scope of our Paws Saving Lives program and achieve program consistency among all clubs. This FAQ summary serves to define the role of clubs, federations and CI in the process of granting supplemental assistance. We are currently in the process of posting this important document on the Paws Saving Lives webpage.

The new Cosmopolitan International website offers an excellent platform for offering educational and promotional materials in support of Paws Saving Lives. We continue to update the Paws Saving Lives materials as downloadable documents from the website. We have recently linked the Paws Saving Lives image at the bottom of the launch page to the Paws Saving Lives webpage for greater user convenience.

Going forward, we will focus on further defining our fundraising options as well as providing depth and clarity to the Paws Saving Lives program. The basis of these efforts will be to listen to the voice of our club members where possible. Above all is the need to educate and communicate these programs to our clubs as CI initiatives.

CATEGORIES OF RECOGNIZED PROGRAMS

Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center / program will be appropriately listed. Applications are available from CI headquarters and are downloadable from www.cosmopolitan.org under Resources, Club and Federation Info.

Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER

855 Brambleton Avenue
Norfolk, VA 23510
B 757.446.5909
Jerry L. Nadler, M.D., FACP, Director

COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA

One Hospital Drive
Columbia, MO 65212
B 573.882.2273
Jeff Robbins, Administrator

THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR ENDOWMENT FUND

PO Box 394
Sioux Falls, SD 57101-0394
B 605.333.7315
Dr. Laura Davis-Keppen, M.D.

CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM

1200 West State Street
Rockford, IL 61102-2112
B 815.490.1600
Gordon Eggers, Jr.,
President and CEO

CORNBELT DIABETES CONNECTION, INC.

9905 South 173rd Circle
Omaha, NE 68136
H 402.895.6732, C 402.290.3471
Terry Sanford, Chair
tsanford77@cox.net

HEALTH CARE ACCESS - COSMOPOLITAN DIABETES PROGRAM

330 Maine St.
Lawrence, KS 66044
B 785.841.5760
Shelley Wakeman,
Executive Director
director@healthcareaccess.org

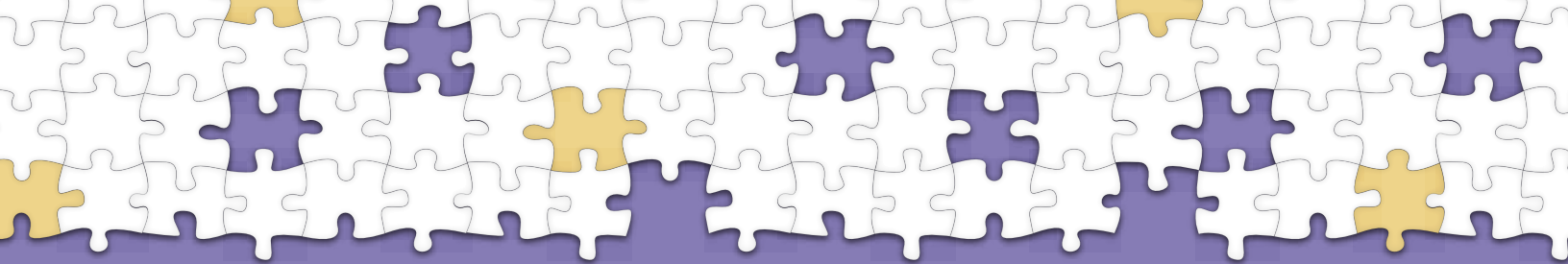
DIABETES INCORPORATED

12955 Bogus Jim Road
Rapid City, SD 57702
B 605.341.1273
Deanna Smith, Executive Director

THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.

PO Box 1942
Columbia, MO 65205-1942
P 573-474-4326
David Bernhardt,
CPA, Executive Director





Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

COSMOPOLITAN INDUSTRIES, LTD.

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA

Peter Gerrard, Director

B 306.664.3158

SPECIAL LEARNING CENTER

1115 Fairgrounds Rd. Jefferson City, MO 65109

B 573.634.3070

Debbie Hamler, Executive Director

dhamler@speciallearningcenter.com

Cosmopolitan Supported Diabetes Program

(Not to be confused with the Major Cosmopolitan Supported).

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

ELGIN COSMOPOLITAN CLUB DIABETES

EMERGENCY RESCUE FUND

Social Service Department, Sherman Hospital

934 Center Street, Elgin, IL 60120

B 847.742.9800

UNIVERSITY OF CHICAGO MEDICINE

Kovler Diabetes Center

900 East 57th Street, Chicago, IL 60637

Peggy Hasenauer, MS, RN, Executive Director

B 773.702.2371, Direct 773.834.4789, C 773.412.4171

kovlerdiabetescenter.org

www.facebook.com/kovler.diabetes.center

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Mark Moyer, MBA, MHA, Executive Director

www.setbaidservices.org

info@setbaidservices.org

RAPID CITY REGIONAL MEDICAL CLINIC- ENDOCRINOLOGY AND DIABETES EDUCATION

640 Flormann Street

Rapid City SD 57701

Dr. Thomas Repas

B 605.718.3300



Out & About

Cosmo Friendships - They Last a Lifetime By Larry Heim

I became a Cosmo in the late '70s, and had the good fortune to meet Dick Brynteson, Tom Williams and Tom Wilson in my first year of membership. We all became close friends in a short period of time and started to take skiing trips together every February. By 1989 the group had grown to seven and included Ken Mitchell, Brian Mitchell and Ron Evelyn. In that year we purchased a time share for our week at Copper Mountain, CO. As busy as our lives were, we always kept that week for the boys to get together and talk about Cosmopolitan. When I was coming up the line as a CI Officer I would report to the CI Board on the recommendations from these "summits." It was PIP Don Seyboth that gave our group its name when he said "the air must be pretty thin up there for the Rocky Mountain Boys." In retrospect, all of the suggestions that we had made to adapt to a declining membership (originating from Tom Wilson), have in fact come to pass.



As age affected us physically, only two of us make it to the mountain anymore, but we still stay in contact. In May our dear friend Tom Williams celebrated his 91st birthday. It only took one email to get every living member of the Rocky Mountain Boys to converge from all over North America to Charlotte, NC. to spend a weekend celebrating with Tom & Rose Marie. Cosmo friendships are special, and they last.



Dick Brynteson
PIP 1978-1979

Tom Williams
PIP 1979-1980

Larry Heim
PIP 1989-1990

Tom Wilson
PIP 1981-1982

Ken Mitchell
Cornbelt Governor 1980-1981

Brian Mitchell
PIP 2002-2003

Columbia Clubs Spaghetti Dinner Raises Record Funds to Fight Diabetes

By Rose La Mantia

The Columbia Show-Me club and the Columbia Breakfast Club teamed together on April 28, 2017, to feed more than 450 people and raised more \$6,000 for diabetes-related causes at the 17th Annual Ready for Spaghetti Dinner.

The event was held at the Cosmopolitan Club building in Columbia, which was decorated like an old-fashioned Italian restaurant.

Part of the proceeds from this year's dinner fund Camp Hickory Hill, a nonprofit organization that since 1974 has provided a week-long summer camp for children with diabetes.

"We nearly reached our goal of serving 500 meals," said Rose LaMantia, president of Show-Me Cosmopolitan Club. "Overall, it was a great evening."



Extreme Bowling Extravaganza

By Rose La Mantia



The Show-Me Cosmopolitan Club held their 18th Annual Extreme Bowling Extravaganza on February 11, 2017. Our chairperson was Brett Benton, who started this fundraiser 18 years ago. Brett sends out invitations to many of our local businesses and to our members to sponsor teams. The cost to sponsor a team of five is \$200. Your team bowls three games in the dark, with flashing lights and music. Each bowler received a raffle ticket, and every 15 minutes a prize was given out to the bowlers with the winning raffle ticket. We also had a Silent Auction Table. These prizes were made possible by many of our local businesses who donating gift cards or merchandise.

The Show-Me Club would like to thank all our sponsors and local businesses who donated the gift cards and other items. A special thanks to our 45 APO (Alpha Phi Omega) students who bowled as substitutes for those teams that were sponsored but didn't have bowlers. Your support and generosity helped to make our 2017 Extreme Bowling Extravaganza a huge success. We made close to \$6,000.

Everyone who participated had a fun evening, and we hope that next year we will see many new faces. The winner of this year's trophy and bragging rights went to The Odd Couple team.

Cosmo Members Gather for Memorial Day Parade and Tailgate Social

By Rose La Mantia

On Monday, May 29, 2017, Columbia Show-Me Club members gathered to decorate the local Memorial Day parade float in the parking lot near Boone Hospital. This was the 21st year the club has done this, this year with Dayton Shepherd as chairman and Jerry Sigmund as truck driver. Special thanks to Maxwell Trailers for generously donating the trailer. This year, we decided to add a tailgate to this event as a social. The club supplied bagels, cream cheese, donuts, a fruit tray, juice, and coffee. For the kids, we had bubbles, flags, and red, white and blue pinwheels which kept them very busy. Thirty people came out for this event, and next year we will need to get a bigger float to accommodate everyone!



A Lifetime of Service

By Peggy Powers



Dexter C. Rumsey, II, USN Captain (Retired) of the Greater Richmond Cosmopolitan Club was born August 4, 1917 and recently celebrated his 100th birthday. It seems fitting on this occasion to reflect on a lifetime of service of this remarkable centenarian.

In 1938, Dexter joined the United States Navy. He received his commission in 1939 flying Naval aircraft, and later transitioned to flying Naval jets (Corsair and Banshee) as a fighter pilot. He flew on various Naval assignments including the Battle of Coral Sea and the Battle of Midway. He was a Commanding Officer of the Oceana Naval Air Station from 1964 to 1966.

Dexter joined the Cosmopolitan Club of Norfolk in November 1977, serving as president in later years from 2004-2005. He served as Capital Federation Lieutenant Governor from 2002-2003 and again from 2005-2006 and chaired various committees such as the First Citizen of Norfolk award committee. In April 2006, Dexter re-established the Cosmopolitan Club of Richmond and re-named the club the Greater Richmond Cosmopolitan Club. He remained president until 2015.

Dexter embodies all the qualities associated with the Cosmopolitan International mission of unity, service, and action. He has lived more than 40 years as a Cosmopolitan member who has pledged his time, energy, talents, and funds to further advance the cure for diabetes. He is a most honorable and decent man who has great humility as do many great leaders who stand

the test of time. His sense of humor is keen, and he has regaled club members with many Naval stories. His commitment to excellence as well as his compassion for others stricken with diabetes are attributes of a great Cosmo.

The Greater Richmond club is indebted to Dexter for sharing his knowledge of diabetes as well as his many wonderful personal attributes. He continues to inspire us with his experience.

Godspeed, Dexter. One hundred years and counting!

A Rewarding Experience for Campers

By Chuck Cenker

They say a picture is worth a thousand words. This summer, Central Pennsylvania campers, medical staff, camp counselors, parents, and family members enjoyed fresh fruit as T1D children register for a week of camping.

I look forward each year as the Cosmo Club of the Capital Region provides a little respite for families by serving ice cold water, sugar-free cold drinks, and a variety of fresh fruit, along with light conversation and sharing the Cosmo story.

Thanks to club members Art and Claudia Nelson for being more than willing to share their Sunday with Setabaid, Inc. campers and their families, along with the medical staff that makes this experience possible.

It was a great day for one and all.



The CosmoTopics News

GET YOUR MESSAGE OUT!

Cosmopolitan members now have the opportunity to place either a business ad or personal message in the pages of Topics.

Would you like to increase sales for your business? Advertise in Topics! Want to wish a fellow Cosmo a happy birthday? Advertise in Topics!

Costs are as follows:

1/8 page (2"H x 3.5"W)	\$25
1/4 page (4.75"H x 3.5"W)	\$50
1/2 page (5"H x 7.5"W)	\$75
Full page (10"H x 7.5"W)	\$100

All ads should be submitted to headquarters@cosmopolitan.org. If placing a business ad, please send your artwork via JPEG (minimum resolution of 300 dpi) or high resolution PDF. Vector artwork (.eps, .ai, .pdf) with fonts outlined and 300 dpi embedded images, is preferred. If placing a personal message, simply send the wording of the message and we will do the design work.

Please make checks payable to Cosmopolitan International and mail to Cosmopolitan International, PO Box 7351, Lancaster, PA 17604. All messages should be in good taste and must be approved by COSMOTopics editor.

Please contact Executive Director Tracy with any questions at (717) 295-7142 or (800) 648-4331 or email headquarters@cosmopolitan.org.

▲ Quarter page ad size

YOUR AD HERE

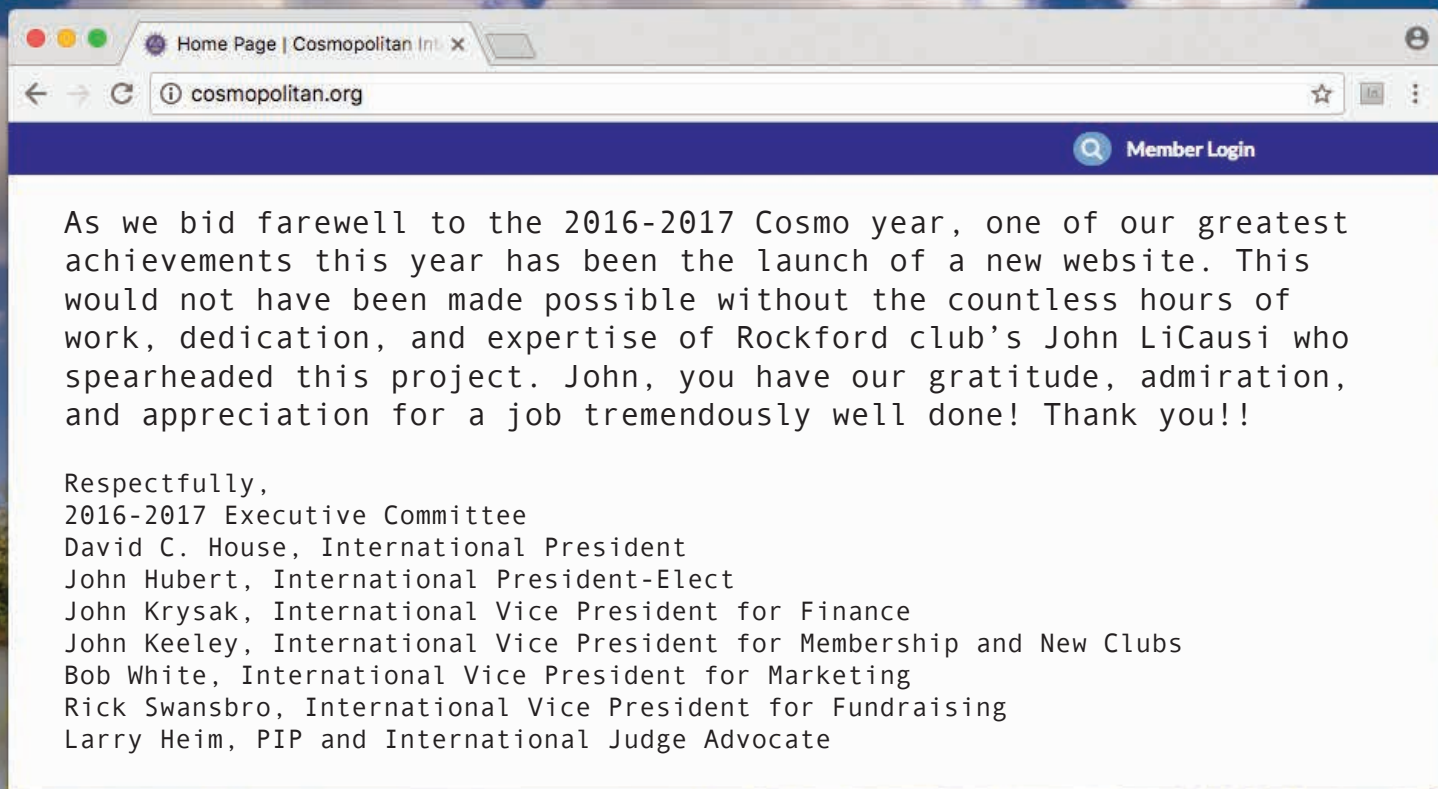
▲ Eighth page ad size

YOUR AD HERE

▲ Half page ad size

I would like to take this opportunity to extend a warm and sincere thank you to the fine Cosmos who served as governors this past year. Without their leadership and support, our clubs would not have advanced as they did in the areas of membership and fundraising. To each of you, thank you for your work and dedication. I stand proudly beside you in our fight against diabetes.

*With gratitude,
David C. House
International President 2016-2017*



The screenshot shows a web browser window with the address bar displaying "cosmopolitan.org". The page content includes a "Member Login" button and a paragraph of text:

As we bid farewell to the 2016-2017 Cosmo year, one of our greatest achievements this year has been the launch of a new website. This would not have been made possible without the countless hours of work, dedication, and expertise of Rockford club's John LiCausi who spearheaded this project. John, you have our gratitude, admiration, and appreciation for a job tremendously well done! Thank you!!

Respectfully,
2016-2017 Executive Committee
David C. House, International President
John Hubert, International President-Elect
John Kryszak, International Vice President for Finance
John Keeley, International Vice President for Membership and New Clubs
Bob White, International Vice President for Marketing
Rick Swansbro, International Vice President for Fundraising
Larry Heim, PIP and International Judge Advocate

Heartfelt thanks to all Cosmos for their calls, emails, cards, prayers, flowers, and offers of help follow my surgery earlier this Summer. I always knew that ours was a very special family, but I came to appreciate my fellow Cosmos even more following this life event. I am thrilled and blessed to say that my outcome was good, and I am back to work and feeling well. I look forward to continuing to stand beside you proudly in service to others.

Respectfully,
Tracy Miller
Executive Director

By Ccyyrree - Own work, CC0, <https://commons.wikimedia.org/wiki/index.php?curid=21905225>

Coming Soon in the Fall 2017 Edition of COSMOTopics...

**Full Coverage of the 2017
International Convention!**
(You don't want to miss it!)

Summer 2017

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COSMOTOPICS



COSMOTOPICS
PO Box 7351
Lancaster, PA 17604

In Memoriam

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

- **Mahlon Fairchild, Past International President**
– *Columbia Breakfast Club*
- **Linda Dojack** – *Winnipeg Club*
- **Elwood Marquardt** – *Sioux City Club*
- **Robert Johnston** – *Prince Albert Club*
- **Judy Campbell** – *Columbia Show-Me Club*
- **Gladys Blakeslee** – *former Austin Club*

Sympathy also is extended to the following Cosmos on the loss of their loved ones:

- **Harry R. Weitkemper** – *father of Bill Weitkemper of Columbia Luncheon and Show-Me Clubs*

