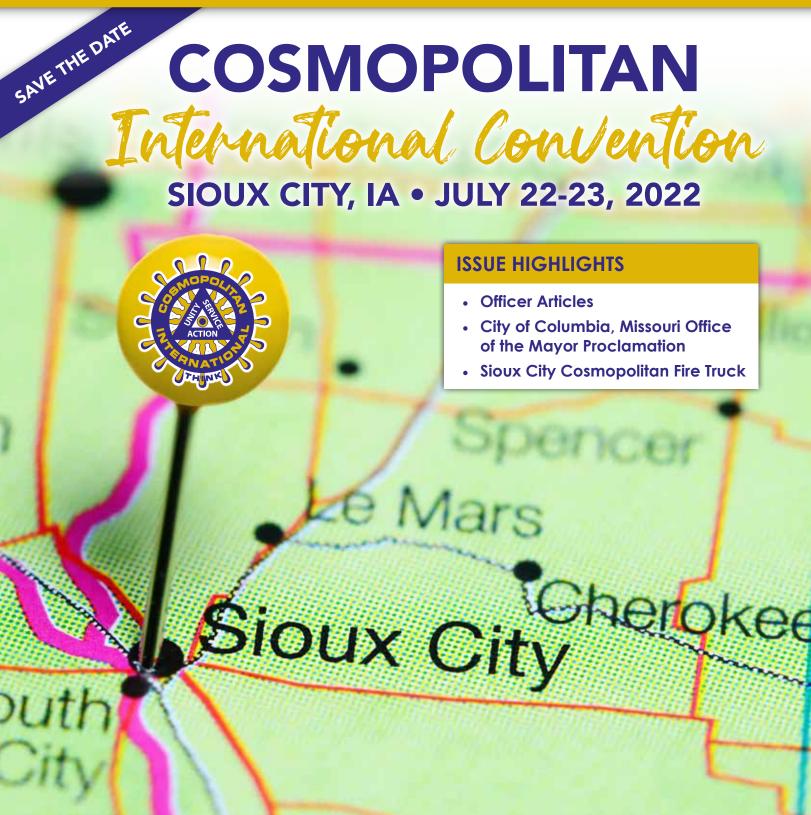
COSMO TOPICS

A PUBLICATION OF COSMOPOLITAN INTERNATIONAL



COSMOTOPICS

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MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service, with special emphasis on supporting efforts to prevent and find a cure for diabetes.

In Memoriam

The entire Cosmopolitan family joins in extending sympathy to the families of those Cosmos recently lost:

• Alan Reed - Saskatoon Club - Saskatoon, SK, Canada - March 11, 2022



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Executive Director Article

Life just seems to be moving faster and faster! Here we are, just a couple of months out from our 2022 International Convention in Sioux City, IA. The convention team has put together a great schedule, and we are housed in a Marriott Hotel called 'The Warrior Hotel.' It was completely renovated over the past several years and is a fantastic facility.

The convention schedule is posted on the Cosmopolitan International website, along with the registration form and hotel contact information. Be sure to register at the hotel as soon as you can. We have a block of rooms reserved, but if attendance exceeds last year's numbers, rooms might become scarce.

Registration on the website for the convention package became active May 21, 2022. We totally redesigned the registration process for this convention. Members need to select their club on the initial search screen, and then click on the registration icon in the Action column of the display beside their name. If the member has spouse information entered, it will bring up both the member and spouse, and allow them to register together. There is a Help page that explains the registration process as well as a Tutorial video. Both of these have links at the bottom of the search control when you click on the registration picture on the convention page.

Once we migrated our database and website away from ClubRunner, we are now able to dig into the data much easier, and I have some great news to share with our membership!

Date Range (Fiscal Year)	New Members	Total Membership Count
2018-2019	50	1094
2019-2020	58	1152
2020-2021	42	1194



WE ARE GROWING!

Here are the new member numbers, along with the total membership counts for the past three years. We are now showing a steady growth in our membership!

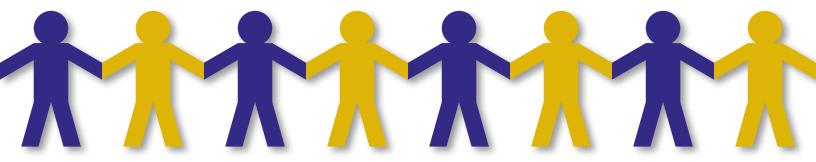
WAY TO GO COSMOS!

Many of our clubs have shown steady growth because of their involvement in their local communities. The stronger a club is in the local community, the more likely people will want to become involved. I had the pleasure of attending the 75th anniversary of the Columbia Luncheon Club this past April, and was blown away by the history and involvement of that club within their local community. It's no wonder there are three **strong** clubs in Columbia, MO! There is an article later in this edition that outlines the accomplishments of this club. The document was presented by the mayor's office at their celebration.

COVID has prevented us from gathering as an International Organization for the past several years. It is my hope and desire that our Canadian members will have the opportunity to attend this year's convention in Sioux City, IA. Travel across the border may still be a challenge for some, but it appears that attendance this year for Canadians is a strong possibility.

Looking forward to seeing all of you in Sioux City!

David House Executive Director headquarters@cosmopolitan.org



The Club that Fights Diabetes COSMOTOPICS | SUMMER 2022

Darin Hartman International President Wow! Where meeting in Sid believe that the

Hello Cosmos!

Wow! Where has the time gone? It seems like just yesterday we were all meeting in Sioux Falls for Cosmopolitan International Convention. I cannot believe that this fiscal year is coming to a close, and my term as Past International President will begin. What a rewarding and enjoyable year this has been. I want to thank each and every one of you for allowing me to serve this charity that I so dearly love.

Looking forward to International Convention 2022 in Sioux City, I am very excited to see my extended Cosmo family once again. Although many won't be present, they will be with us in spirit and mission. For those of you that will be making the trip to beautiful Sioux City, Iowa, you will be in for a real treat! With outstanding accommodations and a streamlined schedule, there will be ample time to get out, explore, and enjoy this quaint, charming city.

As I have mentioned before, Sioux City is near and dear to my heart. I spent many weekends in Sioux City during my youth. Whether I was playing baseball, shopping, or just going out to eat, as a family we always had a good time in this Northwestern Iowa gem. I hope to see you all there!

We have had many challenges over the last 2½ years with Covid-19. As Cosmos, we have learned a lot about ourselves and our organization. First of all, we are resilient! With travel restrictions, masks mandates, and limitations on public gatherings, we have survived and in most cases we have excelled. Secondly, we have learned to adapt. Zoom meetings have now become the norm. We need

to embrace technology in Cosmopolitan International to remain viable and vibrant in our communities. In order to compete with other charities, we need to find a way to stay competitive and relevant. We need to seriously consider how to reach our next generations of Cosmos and leaders of our organization. Lastly, we need to work on our branding, our message, and public outreach. We desperately need to change the mindset of being the "best kept secret" of service clubs. We need to be BOLD in our marketing and make Cosmopolitan International a familiar "household name." I have been using the tag line "No, it's not the magazine or the drink - WE are the Cosmos that make a difference!"

Let's take this club to the next level! Someday soon, we will cure diabetes and then take on a new fight!

I can't wait to see all of you in Sioux City! Thanks,

Darin Hartman International President darhart79@live.com

No, it's not the magazine or the drink—
WE are the Cosmos that make a difference!

BOLD FLAVOR!

PROCLAMATION

WHEREAS, the Columbia Cosmopolitan Luncheon Club was chartered 75 years ago on April 23, 1947 in Columbia, Missouri, at the Boone Tavern Hotel; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club has been a major contributor to the park system of Columbia, Missouri, including the Cosmopolitan Park, Cosmo-Bethel Park, Riechmann Pavilion at Stephens Lake Park, Cosmo Corner at Nifong Park, and with the maintenance thereof; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club started Advent Enterprise, now known as Job Point, which was chartered in 1966 and is still going strong today; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club has, over the years, given thousands of dollars to local charities, including baseball and soccer clubs and heart disease and cancer organizations, to name a few, and

WHEREAS, the Columbia Cosmopolitan Luncheon Club has been a good neighbor to the City of Columbia by supporting solar panels on its roof to help with energy efficiency in the community; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club, along with its other clubs, raised funds for the Cosmopolitan International Diabetes Center, which was dedicated on November 19, 1983; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club started what was known as "July 4th Cosmo Celebration" in 1952 and had continued that celebration event until 1991 when it was then turned over to the Columbia Parks and Recreation Department to host, and the Club is still a major sponsor of the annual event; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club has been the sponsoring club for several other Missouri Cosmopolitan clubs, including the Columbia Breakfast, Show-Me, Jefferson City, and St. Charles; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club has had as its main focus since 1986 the fight against and a cure for diabetes, and has donated to this cause with thousands upon thousands of dollars over its 75 years; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club constructed a community building, now called the Jerry Sigmund Community Center, to be available for rent and to operate bingo events as their main fundraiser for the gifts they have bestowed on other organizations throughout the years; and

WHEREAS, the Columbia Cosmopolitan Luncheon Club is blessed with members over the past 75 years who have been of unity, service, and action, and have provided much to enrich the lives of the Columbia community;

NOW, THEREFORE, I, Barbara Buffaloe, Mayor of the City of Columbia, Missouri do hereby proclaim Saturday, April 23, 2022 as

COLUMBIA COSMOPOLITAN LUNCHEON CLUB DAY

in the City of Columbia, Missouri, in honor and celebration of their 75th Anniversary.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed hereto the seal of the City of Columbia, this 23rd day of April, 2022.

Arbara Buffaloe

Barbara Buffaloe, Mayor

ATTEST:

Sheela Amin, City Clerk

Sioux City Cosmopolitan Fire Truck

In 1965 the Sioux City Cosmopolitan Club was chartered, and through the years they have promoted the club with an antique fire truck. One of the earliest uses of the firetruck was to park at 4th and Pierce Streets where the club members would sell ice cream bars.

Through the years the main function of the firetruck was to be an attraction entered in local parades with members walking next to and riding in the firetruck. Throughout the years there have been at least three firetrucks. The club has spent much time and resources to keep the firetruck in working order. The present truck is a 1934 Ford. The firetruck is yellow, with the Cosmopolitan emblem emblazoned on it.

The Sioux City Cosmopolitan Club firetruck had been temporarily parked because it needed multiple repairs. Before it was parked the firetruck had trouble completing the parade routes. When the truck got good and warm or hot, it would limp rather than run. One club member suggested we ask the parade organizers to have the Stockman Towing Company be the entry in front of us, so they could hoist the firetruck on their towing rig if it decided to quit.

The club considered selling the firetruck, but decided to endeavor to invest in the old and beautiful motor vehicle. With the help of several mechanically-skilled members repairs were made. The engine and brakes were repaired. The wheels were repaired and powder-coated. New tubes were attained for the tires. An electric fuel pump was added.

Some of the members dressed up the firetruck for the Sioux City Holiday Lighted Parade. Those mechanically-skilled members rigged up holiday lights. Oh, did that truck glow as she moved along the route! Our current president, Joe Bousquet, was given some repair cash for using the firetruck as a decoration for another group's gathering.

The firetruck is not available to respond to lowa brush fires or spraying water on the top story of the Ho-Chunk Center in downtown Sioux City, but can be seen in front of the Sioux City Cosmopolitan Train Show in March. It is ready for area parades. The firetruck will be present as Cosmopolitan members from throughout North America gather for the Cosmopolitan International Convention in downtown Sioux City, Iowa, U.S.A.

The Sioux City Cosmopolitan Club has invested in a firetruck to promote our club. Also, the Sioux City Cosmopolitan Club has invested in the Sioux City community. But more importantly, the Sioux City Cosmopolitan Club is investing in the needs of those afflicted with diabetes. Our firetruck is a sign and symbol of who we are. The firetruck has needed assistance, a little help from its friends. The community living with diabetes needs a little assistance. May we find a cure for diabetes. May we continue to assist diabetics in need as we gather at the firetruck to ride (or maybe push) it to a cure.





Sioux City Cosmopolitan's 1934 Ford Fire Truck

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Cosmopolitan INTERNATIONAL CONVENTION

Sioux City, 1A
JULY 22-23, 2022

Attend the 2022 Cosmopolitan International Convention in Sioux City, IA to help bridge a cure for diabetes. With many fun things to do in the Sioux City area, you'll enjoy your July weekend in the heart of America.

We look forward to seeing you for the convention this summer!

2022 Convention Committee

Randy Kramer & Richard Gordon, Convention Co-Chairs



Cosmopolitan INTERNATIONAL CONVENTION

COME EARLY STAY LATE!

WHERE:

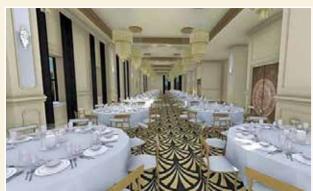
The Warrior HotelA Marriott Autograph Collection
526 6th Street
Sioux City, IA 51101

WHEN:

July 22-23, 2022
We also have pre-convention activities on July 21st.













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THRESTO DA in Sioux City, IA

Golf

There are 5 golf courses within the city limits, with 5 more within a very short distance.

Covington Links Golf Course, Covington Links Co	402-494-9841	South Sioux City, NE	
Dakota Dunes Country Club	605-232-3000	Dakota Dunes, SD	
Deer Run Golf Course, Deer Run Course	712-947-4653	Hinton, IA	
Floyd Park Golf Course	712-274-1059	Sioux City, IA	
Green Valley Golf Club	712-252-2025	Sioux City, IA	
Hidden Acres Golf Course	712-239-9942	Sioux City, IA	
Old Dane Golf Course	402-987-1100	Dakota City, NE	
Sioux City Country Club	712-277-4612	Sioux City, IA	
Sun Valley Golf Course	712-258-9770	Sioux City, IA	
The Pointe Golf and Event Center	605 356-2874	Elk Point, SD	

Casinos

Beano & Sherry's Casino	605-232-9077	North Sioux City, SD
Casino Monaco	605-333-0515	North Sioux City, SD
Dakota Rose Bar & Casino	605-232-3051	North Sioux City, SD
Hard Rock Hotel & Casino	712-226-7600	Sioux City, IA

Places to visit

Adams Homestead and Nature Preserve	605-232-0873	McCook Lake, SD
Dorothy Pecaut Nature Center	712-258-0838	Sioux City, IA
Flight 232 Memorial		Sioux City, IA
Fourth Street Historic District		Sioux City, IA

Walking Tours

Multiple walking tours of historic buildings in downtown Sioux City. See the following website for details: https://exploresiouxcity.org/walking-tours/

Restaurants

There are a number of good restaurants in Sioux City.

Here is a link to find some of the unique menus available:

https://duckduckgo.com/?q=best+restaurants+in+sioux+city&t=ffab&ia=web&iaxm=places

2022 International Convention Schedule

THURSDAY, JULY 21, 2022			
1:00 PM	7:30 PM	Registration Opens	
1:00 PM	7:30 PM	Turn in Hard Copy of Awards at Registration Desk	
1:30 PM	3:45 PM	Cosmo International Board Meeting	
4:00 PM	5:00 PM	First Timer Orientation Meeting	
4:00 PM	5:00 PM	Round Table: Building A Membership & Recruiting Strategy	
5:30 PM	7:00 PM	Opening Ceremony	
7:00 PM	9:00 PM	Entertainment (on the 2nd Level Patio)	
7:00 PM	9:00 PM	PIP Reception (Rooftop)	
9:00 PM	Close	Hospitality Room Open	
		FRIDAY, JULY 22, 2022	
8:00 AM	11:00 AM	Registration Open	
8:00 AM	8:30 AM	Deadline to Turn in Hard Copy of Awards	
8:30 AM	10:30 AM	Beacons CDF/CFC Donations Breakfast	
10:45 AM	11:45 AM	Training Sessions: Incoming Club Presidents, Federation Governor & Others	
12:00 PM	1:00 PM	Lunch	
1:00 PM	5:00 PM	Visit Interpretive Center, Miracle Field, Trinity Heights, Other	
5:00 PM	6:00 PM	Dinner	
7:00 PM	9:00 PM	Entertainment	
9:00 PM	Close	Hospitality Room Open	
		SATURDAY, JULY 23, 2022	
8:00 AM	11:00 AM	Registration Open	
8:00 AM	9:00 AM	Breakfast and Speaker	
9:00 AM	9:15 AM	Presentation for 2023 Convention	
9:30 AM	11:45 AM	Delegates Meeting	
12:30 PM	2:00 PM	Installation of Officers Luncheon	
2:15 AM	4:00 PM	2nd Cosmo International Board Meeting	
4:00 PM	5:30 PM	Cosmopolitan Diabetes Foundation Meeting	
6:00 PM	7:00 PM	Presidents Reception	
7:00 PM	9:00 PM	Awards Banquet	
9:00 PM	Close	Hospitality Room Open	
SATURDAY, JULY 23, 2022			
8:00 AM	10:00 AM	Wrap-up with a Light Continental Breakfast	
	22.12.0.12.11		

The Club that Fights Diabetes COSMOTOPICS | SUMMER 2022 11

CATEGORIES OF RECOGNIZED PROGRAMS Changing the World One Person and One Community at a Time

The mission of Cosmopolitan International is to change the world one person and one community at a time. That's why Cosmopolitan International service projects—however large or small—aim to serve both individuals and communities. Our Clubs across the US and Canada raise funds to assist in diabetes research, as well as help their local communities by sponsoring projects that are used by many people throughout their community.

An application has been prepared to facilitate listing these programs. Applications can be submitted by individual clubs or federations. Once an application is reviewed and accepted as complete, the proposed center/program will be appropriately listed. Applications are available from CI headquarters and are downloadable from www.cosmopolitan.org under Resources, Club and Federation Info.

Major Cosmopolitan Diabetes Center/Program

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

EASTERN VIRGINIA MEDICAL SCHOOL, STRELITZ DIABETES CENTER

Norfolk, VA 23510 B 757.446.5909 Jerry L. Nadler, M.D., FACP, Director

COSMOPOLITAN DIABETES CENTER UNIVERSITY OF MISSOURI-COLUMBIA

One Hospital Drive Columbia, MO 65212 B 573.882.2273 Jeff Robbins, Administrator

855 Brambleton Avenue

THE COSMOPOLITAN FUND FOR CHILDREN VALERIE MILLAR **ENDOWMENT FUND**

PO Box 394 Sioux Falls, SD 57101-0394 B 605.333.7315 Dr. Laura Davis-Keppen, M.D.

DIABETES INCORPORATED

12955 Bogus Jim Road Rapid City, SD 57702 B 605.341.1273 Deanna Smith, Executive Director

CRUSADER CLINIC/COSMOPOLITAN DIABETES PROGRAM

1200 West State Street Rockford, IL 61102-2112 B 815.490.1600 Gordon Eggers, Jr., President and CEO

HEARTLAND COMMUNITY HEALTH CENTER

346 Maine Street Suite 150 Lawrence, KS 66044 B 785.841.7297, ext. 208 Allie Nicholson **Executive Director** anicholson@heartlandhealth.org

ALBERTA DIABETES FOUNDATION & THE ALBERTA DIABETES INSTITUTE

University of Alberta 1-020 Li Ka Shing Centre for Health 8602 112 Street Edmonton, AB T6G 2E1 ADFAdmin@ABDiabetes.com albertadiabetesfoundation.com

CORNBELT DIABETES CONNECTION, INC.

9905 South 173rd Circle Omaha, NE 68136 H 402.895.6732, C 402.290.3471 Terry Sanford, Chair tsanford77@cox.net

THE CENTRAL MISSOURI DIABETIC CHILDREN'S CAMP, INC.

PO Box 1942 Columbia, MO 65205-1942 P 573-474-4326 David Bernhardt, CPA, Executive Director





Major Cosmopolitan Community Center/Program

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

COSMOPOLITAN INDUSTRIES, LTD.

28 34th Street E, Saskatoon, SK S7K 1R5 CANADA Charlene Duquette, Director B 306.664.3158

SPECIAL LEARNING CENTER

1115 Fairgrounds Rd. Jefferson City, MO 65109 B 573.634.3070 Debbie Hamler, Executive Director dhamler@speciallearningcenter.com

Cosmopolitan Supported Diabetes Program

(Not to be confused with the Major Cosmopolitan Supported).

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations
- Application (or letter) to be submitted to CI Board for consideration
- Must provide specific information to CI Board to show how criteria have been satisfied

ELGIN COSMOPOLITAN CLUB DIABETES EMERGENCY RESCUE FUND

Social Service Department, Sherman Hospital 934 Center Street, Elgin, IL 60120 B 847.742.9800

UNIVERSITY OF CHICAGO MEDICINE

Kovler Diabetes Center 900 East 57th Street, Chicago, IL 60637 Peggy Hasenauer, MS, RN, Executive Director B 773.702.2371, Direct 773.834.4789, C 773.412.4171 kovlerdiabetescenter.org www.facebook.com/kovler.diabetes.center

SETEBAID SERVICES' DIABETES CAMPS FOR CHILDREN & TEENS WITH DIABETES

PO Box 196, Winfield, PA 17889-0196 B 570.524.9090 or 866.SETBAID Mark Moyer, MBA, MHA, Executive Director www.setebaidservices.org info@setebaidservices.org

RAPID CITY REGIONAL MEDICAL CLINIC-ENDOCRINOLOGY AND DIABETES EDUCATION

640 Flormann Street Rapid City SD 57701 Dr. Thomas Repas B 605,718,3300

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July 22-23, 2022 | Sioux City, IA