



COSMOTOPICS

Fall 2003 Vol. 64 No. 1



*2003~2004 International President
Jim Walker and First Lady Joan*

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COSMOTOPICS

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Cosmopolitan Mission Statement

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.

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FOLLOW THE LIGHT

Jim Walker, 2003-2004 International President



It is my sincere pleasure to serve as President of Cosmopolitan International for the 2003-2004 year. My wife Joanie is also very appreciative of the time we will have to attend Club and Federation meetings and activities this year. Thanks to all for a great 77th annual convention. We especially appreciate all of the “First Timers” who attended. All Cosmopolitans give us the desire to pursue excellence in our endeavors this year.

Our theme for the year is “Follow the Light”. I chose this theme partly because of my fascination with lighthouses, but mostly because it gives us the mental picture that we are the “guiding light” for others. Cosmos set the example in our communities. We provide the “guiding light” for others to follow.

We have terrific officers at the Club, Federation and International levels who are taking charge and doing the things that are necessary to support our goals. Please volunteer and say “Yes” when asked to work on that project; say “Yes” when asked to bring a guest to the meeting; say “Yes” when asked to help with that new club. Volunteering is fun and yields tremendous satisfaction.

Achievable goals have been established for the 2003-2004 year. But in order to achieve them, Cosmopolitans everywhere need to be actively engaged in their Club and Federation events. We are aware of the importance of moving forward on all fronts. The damage of diabetes to our population and society can be seen in every city and town in North America. Recent estimates indicate that as much as one-third of our population may soon have this dreaded disease. At the same time, our need to socialize and work together continues to grow and the demands of our fast-paced lives multiply daily. There is tremendous opportunity for personal advancement as we pursue a balance of service and personal commitments.

It is important for us to be aggressive in goal setting and relentless in achieving them. Many initiatives have already begun. As you read ahead in this issue of *CosmoTopics*, please consider how you can help us to extend our contact to make Cosmopolitan a reality to others. In doing so we may truly have experienced “Unity, Service and Action”.

We want to increase membership by 10%, build seven new clubs, increase public awareness of Cosmopolitan and its diabetes projects through more effective marketing, reevaluate and restructure the awards program, improve the use of the Cosmopolitan website and increase the use of the Internet, sell (250) bricks this year, improve on the mentoring of new leaders at the International level and have fun achieving our goals.

Your Cosmo Friend,

Jim Walker
International President



HEADQUARTERS HIGHLIGHTS

Barbara Johnson, Executive Director

I would like to thank the Board for affording me the opportunity to serve Cosmopolitans in a new and exciting capacity. I look forward to the privilege of serving as your new Executive Director. Under the leadership of International President Jim Walker and with direction from the other members of the International board, the staff and I are geared up for an exciting year.

There have been other recent changes in the staffing at Headquarters in addition to John's retirement. Michele Webb joined us in April 2003 and serves as a part-time administrative assistant. Her primary focus is membership: maintaining the database and filling merchandise orders. Michele brings to us a great deal of desktop publishing experience, which we plan to put to good use. The other part-time employee, Toni Gelpi, provides administrative support to the Cosmopolitan Diabetes Foundation. As in the past, our primary goal is to strive for, and maintain, the highest level of customer service for Cosmo members. The three of us are available to assist with your club needs and will continue to try to meet them efficiently and in a timely manner.

Additionally, plans are underway for the hiring of a fourth member of the Headquarters staff: the Director of Membership Development. The delegates overwhelmingly approved the establishment of this position at the 2003 International Convention and a Search Committee is in place. Membership growth and retention of current members is vital to the future of Cosmopolitan International. While this individual will eventually lead the charge, it is up to each of us to invite guests to our club meetings and socials, and ask them to join Cosmopolitan International - "the best little service club in the world". For ideas on how to share Cosmopolitan International with your communities, see Jeanne Nielsen's article on page six, or refer to the newly revised New Club Building Manual available from Headquarters.

If you were unable to attend the International Convention in Minneapolis, you certainly missed a great convention! From the Welcome Party Wednesday night to the President's Banquet Saturday evening, Convention Chairman Jim Sauer and the members of the Cornbelt Federation displayed first-rate Cosmopolitan hospitality and friendship. A great many Cosmos provided much-needed help and made the 2003 Minneapolis International Convention run smoothly. Although some were recruited late in the game, all cheerfully gave of their time and energy.

Special Thanks

2003 International Convention

- Tony and Jami Finazzo - Teen Chaperones
- Juli Prouty - Teen Chaperone
- Dale and Faye Hampton - Tickets and set-up
- Linda and Perry Johnson - Registration
- Sue Larson - Registration and "girl Friday" to Jim Sauer
- Derry and Sheila Anderson - Cosmo merchandising
- Jerry Nelson and Jim McVay - Cornbelt Diabetes Connection Presentation
- Bob Tallman - Mobile Nursing Unit Tours
- Terry Sanford - Golf Tournament Chair
- Bob Hansen - Transportation Captain
- Ed Thompson and crew - Hospitality Room
- Roger Kadavy - Treasurer
- Workshop Leaders - Brian Leipert, Kevin Harmon, Jeanne Nielsen, Matt Chilton, Jim McVay, and Derry Anderson
- And finally, to the Cosmos who served in the following capacities: Credentials Committee, Awards Committee, Toastmaster, Chaplains, Sergeants-at-Arms, Resolutions Chairman, Installing Officer, and President's Escorts - "thank you". The convention simply could not have been done without you!

FOUNDATION UPDATE

Ed Thompson, Chairman
Cosmopolitan Diabetes Foundation



The annual Cosmopolitan Diabetes Foundation board meeting was held on Wednesday, July 30th, at the International Convention in Minneapolis. The board heard a report from Gordon Reynolds of United Missouri Bank (UMB) regarding our investments for the past year. Gordon provided suggestions for improving our investment results in this difficult economy. He believes our portfolio is strong enough to produce enough income to cover our annual operating expenses, even in the current economy. The board will be closely monitoring UMB's performance as the year progresses.

I regret to report that the Foundation had a \$19,000 loss for the year, but it is important to note that none of that loss came from any contributions that had been donated to the Foundation. We had enough in our equity reserves to cover the loss. In response to this loss, the board passed a resolution to maintain a balance in the equity account of at least two years' expenses before making any grants from equity.

Also at the board meeting, we elected the following officers: Ed Thompson, Chairman; Richard Harrison, Vice Chairman; and Jerry Sigmund, Secretary. Tom Stone retired from the Board after serving two consecutive terms; three years of which he served as chairman. The Capital Federation has elected Bob Winters to replace Tom on the board and Del Oberst was re-elected by the Mid States Federation to serve a second term.

Although contributions to the Discovery Fund, as well as our investment income has been down for the last several years, the board was pleased to award the following grants: \$3,000 to C.I. Diabetes and Endocrinology Center in Columbia, MO; \$3,000 to Crusader Clinic in Rockford, IL; \$2,000 to Camp Cosmopolitan in Scottsbluff, NE; \$2,000 to the Cornbelt Diabetes Connection in Omaha, NE; \$1,400 to Health Care Access in Lawrence, KS; and \$250 to Avera St. Luke's Hospital in Aberdeen, SD.

At the International Convention, 25 Cosmos became new Beacons. We are off to a great start this year! Additionally, since we last reported to you, the following people have declared multi-level status:

Diamond Beacon (\$25,000 pledge)

Lois Oberst
Darwin and Jane Sletten

Ruby Beacon (\$10,000 pledge)

Dean and Jan Barry

Emerald Beacon (\$5,000 pledge)

Bill Clifton
Bobbie Clifton
Del Oberst
Ed and Marge Thompson

This kind of support will help us reach our \$1,000,000 Beacons goal before 2006. We thank all Beacons for their support. (A complete list of new Beacons can be found in Club News.)

Contributions by clubs and individuals at the Beacons Breakfast in Minneapolis totaled \$83,649.86 which is a new record for contributions at any convention! These contributions break down by \$38,912.86 for INGAP; \$28,315 for Beacons; \$12,200 for the Cosmopolitan Foundation Canada, Inc., with the remainder undesignated or committed to other funds.

Including the contributions on hand and those received at Convention, we are sending \$68,058.30 to the Strelitz Diabetes Institutes for INGAP research bringing our total contributions to \$392,459.54. Additionally, the Cosmopolitan Foundation Canada, Inc. has raised \$105,152 for INGAP bringing the total Cosmopolitan International contributions to \$498,034.54 of our total commitment of \$750,000.

Way to go Cosmos. Thank you all for your generous support of Beacons and INGAP.



Jeanne Nielsen

International Vice
President for
Membership and New
Clubs

Many Cosmos, when asked to think of prospective guests to invite to a new member event, draw a blank. However, new members can be found even in the Yellow Pages. It's much easier to come up with names for a new member event than you might think. For more in-depth information about a new member event, call headquarters and request the newly revised "Seven Steps" brochure to make your Cosmo club grow.

For a new member event, each Cosmo member should think of at least one name for a guest. The more prospective guests the club comes up with, the better chance for new members to join. As the brochure outlines, there are three points to **always remember**:

- 1. You can't sign up members unless you have guests!**
- 2. You can't have guests unless you invite people!**
- 3. The guests you have won't join unless they are asked!**

So how do you start?

1. Take blank Application for Membership forms, or use the application portion of the "Unity, Service, Action" brochures, and fill in one name of a potential new member/guest. This form will become an important tool in tracking the guest from receiving an invitation to becoming a member!

2. If you don't have a friend or acquaintance who may be interested in attending, use the list at the right and go to the phone book. Use the Yellow Pages to find names of people you know, or even people you don't.

3. Each member should provide *at least* one name, and plan to extend an invitation to attend the new member event to their prospective guest *before* the next Club meeting.

It's possible to get 10 or 15 names in a few minutes this way, even if the members don't think they know anyone to invite. At the close of your meeting, ask each member to invite their guest or guests to the new member event. Then at your next meeting, have members report on the success of their invitations.

Remember, STOP THE DROP!

Sources for Potential New Members

Accountant	Hotel
Advertising	Insurance
Air Conditioning	General
Amusement	Health
Theater	Life
Parks	Implements
Appliances	Instructors
Architect	Iron & Steel
Automobile	Jeweler
Repair	Judge
Sales	Laundry
Aviation	Law Enforcement
Airport	Lawyer
Factories	Lumber
Baker	Machinery
Bank	Manicurist
Commercial	Manufacturers
Savings	Meat
Investment	Packers
Trust	Retailer
Barber/Beautician	Military
Beverages	Moving & Storage
Bonds	Mortician
Brokers	Music
Builder	Newspaper
Cameras	Opticians
Carpenter	Osteopath
Chemist	Paint
Child Care Provider	Pharmacist
City Officers	Photographer
Cleaner	Physician
Clergy	Plumber
Clothing	Power
Computer	Printer
Sales	Radio
Support	Radiologist
Systems Analyst	Railroad
Contractor	Real Estate
General	Sales
Masonry	Appraiser
Excavating	Restaurant
Tile	Refrigeration
Roofing	Schools
County Officers	Superintendent
C.P.A.	Supervisors
Dairy Products	Principals
Dentist	Teachers
Dept. Stores	Shoes
Electrician	Signs
Farmer	Sporting Goods
Federal Employees	Surgeon
Florist	Tailor
Furnaces	Telephone
Gas & Oil	Tires
Grain Dealers	Travel Agent
Grocers	Truckers
Hardware	Veterinarian
Hospital	Welding

Introduction, Some Marketing 101 and a Plan

Rob McWilliams, Vice President for Finance and Marketing



Cosmos, thank you for your support in Minneapolis. I am looking forward to my first year as a C.I. officer serving as your V.P. of Finance and Marketing.

In our Cosmopolitan organization the “glass is always half full”. We have reason to be optimistic and much to be proud of regarding our organization and its accomplishments.

Tell a friend, business associate, vendor, daughter, son, in-laws, relative, and neighbor (you get the idea) about Cosmopolitan. Invite them to your next function. You may end up with a new member. Be passionate about this – it is important that each of us try to get at least one new member. Our growth and vitality as an organization depends on it. Every club, as part of its Action Plan for the new Cosmo year, should have at least one membership event planned. It’s a proven way to invite people to join and share Cosmopolitan.

At our International Convention I had the good fortune to sit in on a great workshop led by Vice President for Membership and New Clubs Jeanne Nielsen and Past International President Brian Leipert regarding new club

building. Past International President Steve Hanna shared with us a successful blueprint for starting a new club and keeping things on track. Jeanne Nielsen has recently had success in building a new club. Any of these Cosmos would be glad to help you - their advice is just a phone call away. Please use them as a resource.

The success of our budget this year will depend on your help in two areas. We need to sell a lot of bricks - 75 to be exact. What a great way to memorialize your Cosmo accomplishments or to remember your club officers, former members or Cosmopals – all for a great cause and on display forever at Cosmo HQ. Another budget item is the sale of Cosmo clothing, gifts, supplies and award items. Please remember these when you need awards or gifts. Cosmo products are top quality and make a great gift for your special Cosmo and for any occasion. Be proud, show your affiliation with Cosmopolitan! Headquarters will be more than happy to assist you in selecting your items and offers a quick turnaround.

Finally, I will work to create a special low-cost marketing and promotional opportunity for Cosmopolitan

International. I support creating a Cosmopolitan International Day in honor of our birthday March 12. Certainly clubs can celebrate this day as they see fit, but we will create a press release that can be mailed and e-mailed to all Chambers of Commerce and newspapers in our communities. This will announce the significance of the date, tout our long rich heritage as an international organization and its goals, and promote each club in their respective region and their community service to that region. The Lt. Governor and/or Federation Governor and the V.P. for Membership and New Clubs will be listed as the contacts.

A follow-up release will also be sent by each club with generic C.I. information and more specific information about each club and their service to their community. The club president will be listed as the contact. Hopefully these will generate some interest for us and aid the new Director of Membership Development in making his/her program successful. The cost – time, paper and some postage. The pay off – increased interest, awareness, new members and new clubs.

2002~2003 Cosmopolitan International Award Recipients

CAPITAL FEDERATION

Baltimore

Big C
Club Membership Increase Award
Membership Retention Award
Outstanding Membership Chair (Joseph Prosser)
Diamond Sponsor Award-5 members (George Warner)

Bethesda

25 Year Anniversary Member (Michael Fistere)

Capital Region

Big C
Club Membership Increase Award
Outstanding Membership Chair (Roy Prescott)

Norfolk

Friendship Builder - 10 members (Dick Cook)
25 Year Anniversary Members (Charles Grant, Dexter Rumsey)

North Side Lancaster

25 Year Anniversary Members (Don Blefko, Joseph Gall, J. Robert Myers, M. Luke Weaver, Harry Smith)

Roanoke

Membership Retention Award
Outstanding Membership Chair (Dan Chrisman)

York

25 Year Anniversary Members (Thomas Banks, Ed Bievenour, Larry Heim)

CORNBELT FEDERATION (Top Federation Award)

Bob Hansen - Governor of the Year

Fremont - Ken Hultgren - Club President of the Year

Big C
Friendship Builder - 30 members (Gail Nielsen)
Outstanding Membership Chair (Tony Wanek)

Main Street

Friendship Builder - 35 members (Jeanne Nielsen)
Sponsor Award Ring with two Diamonds - 20 members (Jeanne Nielsen)
Sponsor Award - 3 members (Nancy Nielsen)

Omaha

25 Year Anniversary Member (Larry Courtnege)

Omaha Cornhuskers

Membership Retention Award

Omaha I-80

Friendship Builder - 10 members (Roger Schuller)
25 Year Anniversary Member (David Larson)

Sioux City

1st Place Yearbook Award

Three Rivers

Club Membership Increase Award
Outstanding Membership Chair (Wayne Hinkley)

MID-STATES

Aurora

Membership Retention Award

Belvidere

Club Membership Increase Award
Membership Retention Award
Outstanding Membership Chair
25 Year Anniversary Member (Robert Bowley)

Elgin

Big C
75th Anniversary Banner
Outstanding Membership Chair (Ron Ahlman)

Rockford

25 Year Anniversary Member (John Schissel)

Watch City

Membership Retention Award
Outstanding Membership Chair

MO-KAN FEDERATION

Columbia Luncheon

Membership Retention Award
50 Year Anniversary Member (Perry Ewing Jr.)

Heartland

25 Year Anniversary Member (Don Hover)

Jefferson City

Club Membership Increase Award
Outstanding Membership Chair (Bradley Lee)
Sponsor Award - 3 members (Sam Bartow)
25 Year Anniversary Member (Robert Boeckman)

Lawrence Breakfast

25 Year Anniversary Member (Larry Marston)

Lawrence River City

1st Place Activity Banner Award

Lawrence River City *(continued)*

1st Place Top Bulletin Award
Sponsor Award - 3 members (Susie Bartlett)

Santa Fe Trail

Big C
Club Membership Increase Award
Membership Retention Award
Outstanding Membership Chair

Wichita Downtown

25 Year Anniversary Members (Gus Bulleigh, Bill Hawks, Terry Lindsey, Ronald White)

NORTH CENTRAL

Fargo-Moorhead

Club Membership Increase Award
Membership Retention Award
Outstanding Membership Chair

Rapid City

Big C
Club Membership Increase Award
Membership Retention Award
75th Anniversary Club Banner
Outstanding Membership Chair
Sponsor Award - 3 members (Jim Keck)
50 Year Anniversary Member (Richard Erdman)

Sioux Falls

Big C
Club Membership Increase Award
Outstanding Membership Chair

Sioux Falls Evening

Big C
Club Membership Increase Award
Outstanding Membership Chair

SOUTHWESTERN

Alexandria-Cenla

1st Place Club Community Service Award

Austin

Membership Retention Award
25 Year Anniversary Member (Eugene Mees)

Mexico City

Big C
Club Membership Increase Award
Outstanding Membership Chair
Sponsor Award - 3 members (David Arellano)

New Orleans

Membership Retention Award
Outstanding Membership Chair
50th Anniversary Club

Tulsa

Membership Retention Award
Beacons Award
25 Year Anniversary Member (Ed Daniel)

WESTERN CANADA

Calgary

Sponsor Award - 3 members (David Rose)
Friendship Builder - 10 members (David Rose)

Prince Albert

Big C
Club Membership Increase Award
Outstanding Membership Chair
25 Year Anniversary Member (Dennis Mountford)

Regina

Membership Retention Award
25 Year Anniversary Members (Brian Melby, Brian Mitchell)

Regina Capital

Club Membership Increase Award
Outstanding Membership Chair

Saskatoon Bridge City

Big C
Club Membership Increase Award
Membership Retention Award
Outstanding Membership Chair (Robert Higgins)
Sponsor Award - 3 members (Richard Schindelka)
25 Year Anniversary Members (Robert Higgins, Greg Lariviere, James McGill, Val Steckler)

Saskatoon Couples

Big C
Membership Retention Award
Outstanding Membership Chair

Saskatoon Yellowhead

Outstanding Membership Chair

Wascana Couples

Big C
Club Membership Increase Award
Membership Retention Award
Outstanding Membership Chair (John Krysak)

(Awards continued on following page)

COSMOPOLITAN OF THE YEAR AWARD



Gary Jurke (Sturgeon Valley)

Gary is an active and involved Cosmopolitan member who has served in nearly every club leadership position, including club president. He was also a charter member of the Sturgeon Valley Club. Gary works in conjunction with other local Cosmo clubs on highly successful fund raising events, serving in such vital positions for those events as vice president and marketing director.

Gary also works outside of Cosmo on diabetic issues, including serving on a fund raising committee for another regional diabetes research organization. This work increases community recognition of Cosmopolitan through these endeavors.

Gary served as Secretary of the Cosmopolitan Diabetes Foundation of Canada for two years before moving to Vice President and President of the Foundation.

Gary is a proud father and grandfather of two who is very active with family members and entertains at special occasions and holiday events. He has also earned the name "Reverend" for his thoughtful invocations, which he has delivered locally and regionally.

COSMOPOLITAN MEMBER COMMUNITY SERVICE AWARD



Melvina Newman (Sioux Falls)

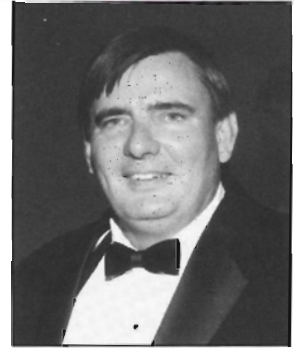
Melvina is not only a busy Cosmo, but also an actively participating businesswoman and community leader who owns a local business that has been in existence for more than 70 years. Her leadership has been tapped in Cosmo when she has held positions such as club president, and she has had perfect attendance at Board meetings while serving for the past four years on the Board of Managers for her club.

Outside of Cosmo, Melvina has been recognized by such organizations as Business and Professional Women. She is an active member of her local Chamber of Commerce, and for the past ten years has attended the State Legislative Session at the State Capitol to support and testify on business and family law legislation.

Melvina also volunteers for other civic organizations, including the American Diabetes Association, the United Way, and the Advocacy Network for Women, a statewide group in South Dakota.

She is a tireless volunteer on community projects and Club fund raisers, including the Sioux Empire Fair, the annual Boat Show and their club's largest fund raiser, the Sport Show.

PATRICK J. HODGINS AWARD



Bill Quire (Hampton Roads)

Bill has been a member of Cosmopolitan since 1988, and has served both on a local and Federation level. He has proven himself highly successful in establishing new memberships and clubs by sponsoring one club and becoming a charter member of a second new club, as well as belonging to his primary club.

Bill served as Governor of his federation during 1995-1996 and sponsored a third club during that tenure. Also during his term as Governor, Bill created the Eric Cowall Memorial Fund to help support the local diabetes center. Toward that end he raised twice his goal of \$25,000 for that fund.

His service at the International level has been multifaceted. He has attended eight International conventions, served on many committees and promoted many Cosmopolitan programs. While serving as International President during 1999-2000 he visited 37 clubs, three new clubs were chartered and an overall International membership gain of 37 was achieved.

As a past International President, Bill continues his energetic and enthusiastic support of our Cosmopolitan organization.

2002-2003 International Convention Award Nominees

The following Federation-level award winners were forwarded to the International level for consideration in their respective categories:

Club Community Service

Capital	Capital Region
Mid-States	Aurora
Mo-Kan	Columbia Show-Me
Southwestern	Alexandria-Cenla *
Western Canada	Calgary

Top Bulletin

Capital	Hampton Roads
Cornbelt	Sioux City
Mid-States	Rockford
Mo-Kan	Lawrence River City *
North Central	Sioux Falls
Western Canada	Sturgeon Valley

Top Activity Banner

Mid-States	Elgin
Mo-Kan	Lawrence River City *
North Central	Sioux Falls
Western Canada	Saskatoon Couples

Top Yearbook

Capital	Capital Region
Cornbelt	Sioux City *
Mo-Kan	Columbia Show-Me
Western Canada	Sturgeon Valley

**First Place Winner*

Congratulations to the following Cosmos who were nominated at the International level for the following awards. The 2002-2003 Federation governors judged entries for these awards. See page 10 for a summary of the winners' accomplishments.

Cosmo of the Year

Capital	Gail Prescott
Cornbelt	Terry Sanford
Mid-States	Hunter Nicol
Mo-Kan	Tommy Johnson
North Central	Naomi Whalen
Southwestern	Robert Anderson
Western Canada	Gary Jurke

Individual Member Community Service

Capital	Barbara McGeary
Cornbelt	Rosemary Opbroek
Mo-Kan	Bessie Towson
North Central	Melvina Newman
Southwestern	Alfred Cook

Patrick J. Hodgins Award

Capital	Bill Quire
Cornbelt	Jerry Nelson
Mo-Kan	Jerry Sigmund

Thanks to the following Cosmos who volunteered to judge the Club Community Service, Top Bulletin, Activity Banner, and Top Yearbook award entries at the International Convention in Minneapolis: **Dr. Walter Alm, Jan Barry, Larry Benton, Glenn Ezard, Linda Hansen, Esther Hardy, Helen Holt, Melvina Newman, Jim Postma, Jean Rodgers, and Gary Wensel.** A special thanks you to International Awards Chairman **Susie Bartlett** who coordinated the judging and presented the awards at the Awards Banquet.

Mark Your Calendars

The Mo-Kan Federation cordially invites all Cosmopolitans and their families to join us for a great summer vacation in Branson, Missouri. The 2004 International Convention will be at the Clarion Hotel at The Palace August 4-7, 2004. Regular room rates at this beautiful hotel start at \$89, but Cosmopolitans will only pay \$55 per night for a room with two queen beds and you will get that rate for as many nights as you care to stay before and after the convention.

The kids will love the indoor and outdoor swimming pools and their own special hospitality room. The adult package is expected to be \$150 and will include all breakfasts, all lunches and two magnificent dinner banquets.

Branson features breathtaking outdoor recreation, spectacular entertainment, world-renowned theme parks, and unique shopping centers.

For more information contact Larry or CeCe Benton, co-chairs, at 573-442-2901, the Clarion Hotel at The Palace www.palace.com, or the Branson/Lakes Area Chamber of Commerce

www.explorebranson.com.

Convention Countdown

2004 Branson, MO Aug. 4-7

2005 Regina, SK July 20-24

2006 Rockford, IL TBA

HELP WANTED

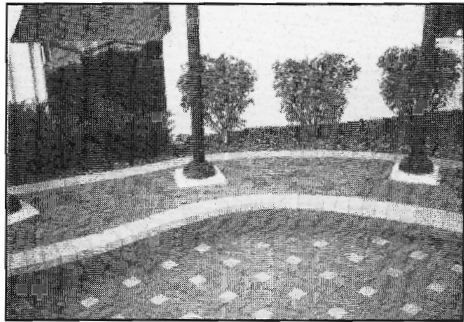
During the past year our members, clubs and federations contributed funds for the maintenance and repair of our Headquarters building. Goals were set and money was raised to refurbish the exterior of the building with wonderful results. The exterior of our building is now in great shape and beautiful.

The logical next step to take would be to identify needs for the interior. At the convention the call began to plan for interior renovations. While those plans develop and costs are estimated, there are immediate needs that can be met with the help of all the Cosmo's out there.

Our office staff is in need of newer desktop computers. Cutting edge computers aren't needed, but computers that can network easily and access the web are. If you have recently upgraded your home or office computers, consider donating your old one to HQ. We are specifically looking for Pentium 3 or higher computers with Windows XP operating system. If it happens to have a licensed copy of Microsoft Office Professional we could really move forward in the techno world. Give Barbara a call if you can help. You might also contact your tax advisor for specifics on making tax-deductible gifts. A deduction could offset the cost of that new machine you just bought or are thinking about getting.

And don't forget the staff is in dire need of a laptop with the same criteria of XP and Office. Please join me in helping modernize our office. More information will be made available on other projects as they are developed.

Kevin Harmon
Mo-Kan Governor
House Committee Chair



2003-2004 Cosmo Brick Club

Purchasing a brick to be placed in the brick courtyard at International Headquarters is a wonderful opportunity to honor your club president, federation governor, and award recipients. Bricks have also been inscribed in memory of friends and loved ones. To date, more than 250 engraved bricks have been placed in the courtyard of the historic turn-of-the-century Headquarters building.

If you would like to purchase a brick, mail or e-mail your engraving information (maximum 3 lines/21 characters or spaces per line) along with your \$100 check or club/federation billing information to International Headquarters. As a token of our appreciation, clubs and federations that purchase bricks will receive a bannerette and individuals will be recognized with a special "Cosmo Brick Club" lapel pin.

Buy-A-Brick Order Form

Date ___/___/___

ENGRAVING INFORMATION (max. 3 lines, 21 characters or spaces per line):

ACKNOWLEDGEMENT INFORMATION:

Name		
Street Address		
City	State/Prov.	Zip/Postal
Telephone	E-mail	

BILLING INFORMATION:

Cost is \$100.00 (U.S. funds) per brick.



Send billing to _____ (club name) club treasurer.

Send billing to _____ (federation name) federation treasurer.

NEWS FROM OUR CLUBS AND FEDERATIONS...

Keep us informed — send newsworthy information on your club or federation to the Editor of Cosmo Topics:
P.O. Box 4588, Overland Park, KS 66204
Fax: (913) 648-4630 e-mail:headquarters@cosmopolitan.org



From Lawrence River City ...

It was a busy spring for the Lawrence River City Cosmopolitan Club!



Several River City Club members volunteered their time on May 17th to complete a landscaping project at Health Care Access, a local organization that provides medical care for the uninsured. Club members also took time to present the organization's executive director a \$4,000 donation for the purchase of diabetic test strips.

On May 23rd, we hosted our eighth annual River City Cosmopolitan Club Diabetes Golf Classic, at Alvamar Country Club in Lawrence. Golf Tournament Committee co-chairpersons **Mike Hertling** and **Ed Phlegar**, along with fifteen committee members, did a great job of organizing this year's tournament that raised a club record of \$14,500 for a fundraising event. A beautiful day, thirty-four participating teams, thirty-seven tournament sponsors, and a bunch of energetic Cosmos all helped in making our 2003 golf tournament a great success!

June 14th found a group of ten River City Cosmos on the road to Rock Springs 4H Center, located south of Junction City, Kansas, to volunteer their time



River City Cosmo Club members **Susan Stagg** (left) and **Pat Hohman** (right), along with Mariah Dickson, daughter of River City Cosmo Club members **Duane** and **Leann Dickson**, display their insulin pumps at the club's 2003 diabetes fundraising golf tournament.



at Camp Discovery. Camp Discovery is sponsored by the American Diabetes Association and offers children with diabetes a week of camping fun each summer with full medical and dietary staff support. Once the work was complete, club members presented the ADA a check for \$3,700 to help support Camp Discovery and the children it serves.

From Fremont 100 ...



At the Cornbelt Federation Convention held this past May, **Ken Hultgren** of the Fremont 100 Cosmopolitan Club in Fremont, Nebraska presented **Jerry Nelson**, president of the Cornbelt Diabetes Connection, with checks to diabetes related functions in the amount of \$7,500.

Another check was given by unnamed members of the club, bringing the amount given at convention to almost \$10,000.

The Fremont 100 Club conducts fundraisers such as an annual golf tournament and an annual pancake feed during their John C. Fremont Days festival.

From Elgin ...

The Elgin Cosmopolitan Club held their Awards Night on May 27, 2003, at Floyd's Restaurant. The club gave funds totaling \$14,350 to the following charities: Jayne Shover Easter Seal, Kairos Family Service Inc., Senior Service Association adult day care, Provena-St. Joseph Hospital Diabetes Center, ADA Summer Camp for Diabetes, Ecker Center, Well-Child Care, Community Contacts, Crusader Cosmopolitan Clinic, INGAP research, Ruby Beacon, and the Larkin Center.



Pictured is Dr. Walter Alm presenting a check to the Rockford Crusader Clinic.

From Mid-States...



Derry Anderson, former Vice President of Finance and Marketing, installed **Tom Gustafson** as Federation Governor and

Dr. Walter Alm as Governor-Elect at the Mid-States Meeting in Rockford, Illinois.

From Main Street...

The Main Street Cosmopolitan Club is off to a great start with 25 charter members. Since chartering two months ago, we have already participated in two fundraising events. First we helped the Fremont 100 club with their pancake feed. Then on August 17th we worked a game booth for Oriental Trading Company. Even though it was over 100 degrees, we had lots of fun. Proceeds from this picnic will be donated to Camp Floyd Rogers. In October we will be going to Vala's Pumpkin Patch with the Omaha USA Club and we also plan on having a Christmas social.

We would like to take this opportunity to thank all of the clubs who donated gifts and supported us at our charter banquet.

From Boulder . . .

The Boulder Club reports a very successful 17th Annual Golf Tournament this year with over \$3,200 raised. Some of the proceeds from this event go back into the community through the Boulder Community Hospital Foundation to assist diabetes patients with limited financial resources. The Boulder Club has helped fund this for several years. A donation of \$2,100 was made to the ADA Diabetes Camp held June 28th through July 4th in Woodland Park, Colorado. Cosmo member **Jeanine Forman-Ham** personally sponsored two attendees, and outgoing club president **Bruce Kelly** again used 10 days of vacation to serve on the medical staff at Camp. Bruce's year as President was very notable because of his own difficulties with diabetes and often having to walk great distances to participate in club activities. He is a true Cosmo! For the third year in a row, the Boulder Club will assist the ADA with the "America's Walk for Diabetes" that will be held in Boulder on September 21st. Incoming President **Jim Gallagher** is looking forward to a year of fund raising and contributing to the local needs of our community.

In Memoriam

Documented from June 1- September 1, 2003

Capital Federation

David Gross Capital Region

Cornbelt Federation

Evelyn Jorgensen Main Street
James McElroy Omaha

Mo-Kan Federation

William Ayers Wichita Air Capital
Harold Edmonds Lawrence Luncheon

Southwestern Federation

Paul Badgeley Mexico City
Emma McDaniel Mexico City

Western Canada

Phyllis Gray
(Spouse of Ian Gray) Prince Albert

NEW BEACONS

since last reported in Winter 2002 TOPICS

In memory of Betty Albarado
(donated by Karen Mayhew)

Richard Braun
Rose Mary Braun

Liz Chilton
Mike Close

Doris Daniels
John Dougherty

Phyllis Erhart
Richard Gulizia

Tom Gustafson
John Kadlec

Bill Keck
Jim Keck

Quentin Kubas
Patrick Miskill

Steve Mix
Cy Moore

Michael Rasmussen
Elaine Rehmer

Tim Rensch
Brenda Sanford

Bette and Orvel Sawvel
Ron Schuller

Steve Sprenger
Robert Tallman

Lester Timm
Casmir Tomac

Bessie Towson
George and Anne Warner

Eddie Welch

In honor of Sanford Wood
(donated by Terry and Brenda Sanford)

Duane Zimmerman

Clubs

Capital Region
Columbia Breakfast
New Orleans
Sioux Falls Evening

Clubs Across the Border

Omaha Cornhusker/ Edmonton
Rockford/ Calgary

Hands Across the Border

Bobbie Clifton/ Shelley Duckett
Jerry Sigmund/ Brian Duckett

Main Street Club Charters June 28th, 2003

It is indeed a great pleasure to report the recent chartering of the Main Street Cosmopolitan Club. Approximately 70 persons attended the Charter Inaugural of the new Main Street Cosmopolitan Club on June 28th in Fremont, Nebraska. The Main Street Club was sponsored by the Fremont 100 Cosmopolitan Club, also in Fremont, and the club builder was International Vice President for Membership Jeanne Nielsen, who was also installed as a charter member of the new club.



Main Street Cosmopolitan Club Charter Members take the Cosmo pledge led by 2002-2003 International President Brian Mitchell

Former International President Brian Mitchell installed 21 charter members and 2003-2004 International President Jim Walker installed the club's new officers: Dawn Clary, President; Shelly Walters, Vice President; Becca Ott, Treasurer and Dee Steyer, Secretary.

In addition to Brian Mitchell and Jim Walker and their spouses, other dignitaries in attendance included International President-Elect Derry Anderson and his wife Sheila, Cosmopolitan Diabetes Foundation Chairman Ed Thompson, former Executive Director John Bloom, and Executive Director Barbara Johnson. Gail Nielson of the Fremont 100 Cosmopolitan Club served as Master of Ceremonies.



New Club Officers (left to right) Dawn Clary, President; Shelly Walters, Vice President; Dee Steyer, Secretary; and Becca Ott, Treasurer are installed by International President Jim Walker

COSMOPOLITAN INTERNATIONAL

2003-2004 DIRECTORY

President

Jim Walker
4816 Royal Court
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B: (605) 235-1220 (x6257)
jfkwalker@aol.com

President-Elect

Derry Anderson
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VP for Membership & New Clubs

Jeanne Nielsen
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FEDERATION GOVERNORS

Capital

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Mo-Kan

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Western Canada

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Mo-Kan

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Southwestern

Helen Holt
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Sieper, LA 71472
H: (318) 793-2279
holtmemories@aol.com

Western Canada

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Winnipeg, MB R2M 5H5
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gwensel@buhler.com

COSMOPOLITAN DIABETES FOUNDATION

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Chairman

Ed Thompson
4131 S. 174th Street
Omaha, NE 68135
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edthompson@tconl.com
Cornbelt (2000-2003)

Vice Chairman

Richard Harrison
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Creedmoor, TX 78610
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At-Large (2002-2005)

Secretary

Jerry Sigmund
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4200 South Minnesota Avenue
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North Central (2002-2005)

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Austin, TX 78758
H: (512) 835-7617
B: (512) 250-0670
Southwestern (2001-2004)

Del Oberst
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Elgin, IL 60123
H: (847) 741-9153
Mid-States (2003-2006)

Robert Winters
255 College Cross, Apt. 65
Norfolk, VA 23510-1145
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B: (757) 622-3111
Capital (2003-2006)

Brian Mitchell
23 Rawlinson Crescent
Regina, SK S4S 6B7
H: (306) 584-2014
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mitchellm.b@accesscomm.ca
Ex-Officio (2003-2004)

COSMOPOLITAN FOUNDATION CANADA, INC.

P.O. Box 7741
Saskatoon, SK S7K 4R5

President

Gary Jurke
25 Butterfield Crescent
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Strelitz Diabetes Institutes Eastern Virginia Medical School

855 Brambleton Avenue
Norfolk, VA 23510
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Leon-Paul Georges,
M.D., FACP, Director

Etta Vinik, MA, Associate Director

Cosmo Diabetes Center University of Missouri-Columbia

One Hospital Drive
Columbia, MO 65212
(573) 882-2273

F. Elaine Rehmer, Administrator

Sioux Falls Pediatric Diabetes Center Valerie Millar Outreach Network

1100 South Euclid Avenue
P.O. Box 5039
Sioux Falls, SD 57117-5039
(605) 333-7315

John Shelso, M.D.

2003~2004 CLUB DIRECTORY

ALEXANDRIA-CENLA, LA

Southwestern
PRES: Bill Holt
140 Dixie Church Rd.
Sieper, LA 71472
H: (318) 793-2279
MEETS: 1st & 3rd Thursday(*) 6:30 p.m.

AURORA, IL

Mid-States
PRES: Rich Stefanich
441 Sullivan Road
Aurora, Illinois 60506
B: (312) 322-6080
H: (630) 897-8806
MEETS: 3rd Thursday, 7 p.m.
Uncle Pat's Restaurant

AUSTIN, TX

Southwestern
PRES: Dick Mealer
11412 Morning Glory Trail
Austin, TX 78750
B: (512) 217-0439
H: (512) 258-5880
MEETS: 1st Tuesday, noon
3rd Tuesday, 7:00 p.m.
Tres Amigos Mexican Restaurant

BALTIMORE, MD

Capital
PRES: George Warner
12300 Rosslare Ridge #403
Timonium, MD 21093
H: (410) 252-1168
MEETS: 2nd & 4th Thursday, noon
The Valley Inn

BELLEVUE - BIG ELK, NE

Cornbelt
PRES: Julie Wheatley
19716 Ewel Ct.
Plattsmouth, NE 68048
B: (402) 293-4000
H: (402) 296-2534
MEETS: 1st & 3rd Wednesday, 6:45 a.m.
Downtown Coffee Shop

BELVIDERE, IL

Mid-States
PRES: Ken Redeker
1405 Walts Way
Belvidere, IL 61008
B: (815) 544-3200
H: (815) 742-3748
MEETS: Wednesday, noon
Huddle Restaurant

BETHESDA, MD

Capital
PRES: Robert Higgins
7713 Glennon Drive
Bethesda, MD 20817
H: (301) 365-2707
MEETS: Wednesday, 12:15 p.m.
Kenwood Golf & Country Club

BLAIR, NE

Cornbelt
PRES: Tim Hoffman
9570 Pinecrest Dr.
Blair, NE 68008
B: (402) 593-4544
H: (402) 426-3695
MEETS: 1st and 3rd Tuesday, 7:00 a.m.
Café on Main

BOULDER, CO

At-Large
PRES: James Gallagher
2921 20th St.
Boulder, CO 80304
B: (303) 442-7927
H: (303) 443-2317
MEETS: 2nd and 4th Thursday, 6:30 p.m.
The Cork and Cleaver

BROKEN BOW, NE

Cornbelt
PRES: James A. Weber
RR2, Box 250
Broken Bow, NE 68822
B: (308) 872-6811
H: (308) 872-3268
MEETS: 2nd Tuesday, 6:30 p.m.
Lobby Hotel

CALGARY, AB

Western Canada
PRES: Chris Weber
2236-35 St. SW
Calgary, AB T3E 2X8
H: (403) 217-4693
MEETS: 2nd & 4th Monday, 6:30 p.m.
Danish Canadian Club

CAPITAL REGION, PA

Capital
PRES: Bill Dallam
117 Tuscarora St.
Harrisburg, PA 17104
H: (717) 238-0907
MEETS: 3rd Thursday, 6:30 p.m.
Mechanicsburg Naval Officer's Club

CHEYENNE, WY

At-Large
PRES: Donald Hasvold
8109 Bonnie Brae Loop
Cheyenne, WY 82009
B: (307) 632-1671
H: (307) 635-4322
MEETS: 1st & 3rd Wednesday
Wigwam Lounge

COLUMBIA BREAKFAST, MO

Mo-Kan
PRES: Tony Bartal
2940 Maple Bluff Dr.
Columbia, MO 65203
H: (573) 445-6029
MEETS: Tuesday, 7:00 a.m. (except 5th)
Stephens College

COLUMBIA LUNCHEON, MO

Mo-Kan
PRES: Jerry Sigmund
214 Divot Dr.
Columbia, MO 65201
B: (573) 886-5040
H: (573) 442-4592
MEETS: Tuesday, noon
Jack's Gourmet Restaurant

COLUMBIA SHOW-ME, MO

Mo-Kan
PRES: Pete Bakutes
P.O. Box 7424
Columbia, MO 65205
B: (573) 874-8686
H: (573) 449-4255
MEETS: 1st Thursday, 6:30 p.m. (*)

COUNCIL BLUFFS, IA

Cornbelt
PRES: Roy Lovely
800 Hawthorn Court
Council Bluffs, IA 51503
B: (402) 558-3677
H: (712) 323-3186
MEETS: 1st and 2nd Tuesdays, 7:00 a.m.
Village Inn Restaurant

EDMONTON, AB

Western Canada
PRES: Rod Randolph
93 Coachman Way
Sherwood Park, AB T8H 1M3
B: (780) 453-5280
H: (780) 416-0774
MEETS: 2nd Monday, 6:00 p.m.
Northern Alberta Inst. Of Technology

(*) denotes various locations

2003~2004 CLUB DIRECTORY

ELGIN, IL

Mid-States
PRES: Walter Alm
1795 Grandstand Place
Elgin, IL 60123
B: (847) 742-0500
H: (847) 705-0731
MEETS: 1st Tuesday, 6:00 p.m.
Village Squire

ELIZABETH CITY, NC

Capital
PRES: Leslie Kirby
100 S. Oakum St.
Edenton, NC 27952
H: (252) 482-2207
MEETS: Tuesday, 7:30 p.m.
Cosmopolitan Club Building

FARGO, ND-MOORHEAD, MN

North Central
PRES: Mike Rasmusson
1204 17 St. S.
Moorhead, MN 56560
B: (701) 280-9548
H: (218) 233-2817
MEETS: Thursday, noon
Fryin' Pan Restaurant
September to June

FREMONT, NE

Cornbelt
PRES: Jonathan Rohlf
P.O. Box 549
Fremont, NE 68026
B: (402) 721-2500
H: (402) 721-6157
MEETS: Friday, 7:00 a.m.
Holiday Lodge

GRAND ISLAND, NE

Cornbelt
PRES: Larry Selzler
55 A Kuester Lake
Grand Island, NE 68801
B: (308) 389-5122
H: (308) 384-6828
MEETS: 1st & 3rd Monday, 6:30 p.m.
Country Kitchen

HAMPTON ROADS, VA

Capital
PRES: Dave Bradley
6819 Palister Road
Norfolk, VA 23518
B: (757) 222-2794
H: (757) 853-8758
MEETS: 1st or 2nd Saturday, 7:00 p.m. (*)

HEARTLAND, KS

Mo-Kan
PRES: Linda Gentry
8765 Candlelight Lane
Lenexa, KS 66215
B: (913) 661-2086
H: (913) 492-6936
MEETS: 3rd Thursday, 6:00 p.m. (*)

JEFFERSON CITY, MO

Mo-Kan
PRES: Linda Shields
1824 Lisa Drive
Jefferson City, MO 65101
B: (573) 893-3700 x. 1375
H: (573) 635-8051
MEETS: Friday, noon
American Legion

JOHNSON COUNTY, KS

Mo-Kan
PRES: Eric Dollard
10308 Noland Rd.
Overland Park, KS 66215
B: (816) 936-5306
H: (913) 492-7357
MEETS: Thursday, 7:00 a.m.
Denny's

LAWRENCE BREAKFAST, KS

Mo-Kan
PRES: Joe Scales
227 Concord
Lawrence, KS 66049
B: (785) 843-4170
H: (785) 842-2595
MEETS: 1st, 2nd, & 3rd Friday, 7:00 a.m.
Mass. Street Deli

LAWRENCE LUNCHEON, KS

Mo-Kan
PRES: Dean Penny
1220 N. 1066 Rd.
Lawrence, KS 66049
H: (785) 840-0799
MEETS: Wednesday (except 2nd), noon
Holiday Inn & Holidome

LAWRENCE RIVER CITY, KS

Mo-Kan
PRES: Mary Beth Swenson
3600 Riverview Rd.
Lawrence, KS 66049
B: (785) 842-0107
H: (785) 749-7221
MEETS: 1st Thursday, 6:30 p.m. (*)

MAIN STREET, NE

Cornbelt
PRES: Dawn Clary
1260 County Rd. U
Fremont, NE 68025
B: (402) 727-4626
H: (402) 727-5353
MEETS: Tuesday, 7 p.m.
Blue Bottle Coffee House

MEXICO CITY, MEX

Southwestern
PRES: Gustavo Benavides
Cordilera 134
Las Aguilas DF 01710
B: (011) 525-680-1853
H: (011) 525-680-1856
MEETS: Various locations & times

NEW ORLEANS, LA

Southwestern
PRES: Michael Yuratic
116 Dorothy Drive
Avondale, LA 70094
B: (504) 888-4720
H: (504) 436-0279
MEETS: Various locations & times

NORFOLK, VA

Capital
PRES: Pat B. Miskill
533 New Hampshire Ave.
Norfolk, VA 23508
B: (757) 403-1533
H: (757) 622-6767
MEETS: Thursday, 12:00 p.m.
Doubletree Hotel

NORTH SIDE LANCASTER, PA

Capital
PRES: Steven Dunbar
256 Lumber Bar
Mount Joy, PA 17552
H: (717) 653-8768
MEETS: 1st & 3rd Wednesday, 6:30 p.m.
BPOE Elks Club

OMAHA, NE

Cornbelt
PRES: Gary Petersen
Security National Bank
1120 S. 101st St.
Omaha, NE 68144
B: (402) 344-7300
MEETS: Tuesday, 11:45 a.m.
Venice Inn

(*) denotes various locations

2003~2004 CLUB DIRECTORY

OMAHA CORNHUSKERS, NE

Cornbelt
PRES: Bob Nagler
3104 South 165th
Omaha, NE 68130
B: (402) 334-0287
H: (402) 334-5854
MEETS: Friday, noon
Jerico's Restaurant

OMAHA I-80, NE

Cornbelt
PRES: Terry Sanford
3033 N. 93rd St.
Omaha, NE 68134
B: (402) 572-8200 x. 404
H: (402) 895-6732
MEETS: Fridays, 7:00 a.m.
Backstreet Restaurant

OMAHA USA, NE

Cornbelt
PRES: Sue Larson
6456 Cuming St.
Omaha, NE 68132
B: (402) 595-1158
H: (402) 551-3866
MEETS: 1st & 3rd Monday, 6:00 p.m.
Olive Garden Restaurant

OMAHA WEST, NE

Cornbelt
PRES: Bob Tallman
9913 N. 34th Circle
Omaha, NE 68112
B: (402) 990-4401
H: (402) 455-9280
MEETS: Every Wed. (except 5th) 7:00 a.m.
Petrow's Restaurant

PLACENTIA-LINDA, CA

At-Large
PRES: Ed Bennett
2951 Pembroke
Fullerton, CA 92631
B: (714) 528-9560
H: (714) 528-0980
MEETS: Various locations and times

PRINCE ALBERT, SK

Western Canada
PRES: Barry Read
841-20th Street West
Prince Albert, SK S6V 4H5
B: (306) 953-8500
H: (306) 763-1108
MEETS: Wednesday, 6:30 p.m.
P.A. Golf & Curling Club
September through June

RAPID CITY, SD

North Central
PRES: Jim Postma
3217 Palmer Court
Rapid City, SD 57702
B: (605) 343-7700
H: (605) 388-3349
MEETS: Monday, noon
Radisson Hotel

REGINA, SK

Western Canada
PRES: Dennis Friesen
2506 McDonald Street
Regina, SK S4N 2Z5
B: (306) 757-1744
H: (306) 352-1590
MEETS: Every 2nd Monday, 7:00 p.m.
Western Pizza

REGINA CAPITAL, SK

Western Canada
PRES: Craig Weinbender
7619 Century Dr.
Regina, SK S4Y 1E5
B: (306) 525-7334
H: (306) 545-7267
MEETS: 2nd Monday, 7:30 p.m.
Nickys Café (Sept-June)

ROANOKE, VA

Capital
PRES: Dan Pollock
920 Shirley Rd.
Salem, VA 24153
B: (540) 853-1672
H: (540) 389-6492
MEETS: Wednesday, 12:15 p.m.
D.J.'s Restaurant

ROCHEPORT, MO

Mo-Kan
PRES: Roger Pilkenton
202 Orchard Ct.
Columbia, MO 65203
B: (800) 269-3210
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MEETS: Various locations & times

ROCKFORD, IL

Mid-States
PRES: Jacob Fitzgerald
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Rockford, IL 61125
B: (815) 639-4107
H: (815) 670-3489
MEETS: Thursday, 12:00 p.m.
Forest Hills Country Club

ST. ALBERT, AB

Western Canada
PRES: Bob Mason
55 Montcalm Crescent
St. Albert, AB T8N 2C8
B: (780) 418-0335
H: (780) 459-6263
MEETS: 1st and 3rd Monday, 6:30 p.m.
St. Albert Rugby Club

SANTA FE TRAIL, KS

Mo-Kan
PRES: Hank Hohendorf
6555 W. 49th
Shawnee Mission, KS 66202
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Ryan Lawn Care

SASKATOON, SK

Western Canada
PRES: Harry Schmall
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Saskatoon, SK S7H 2S6
B: (306) 955-6498
H: (306) 374-3874
MEETS: Mondays, 6:00 p.m.
Smiley's Restaurant

SASKATOON BRIDGE CITY, SK

Western Canada
PRES: Ken King
1045 Mahoney Ave.
Saskatoon, SK S7L 3Z2
B: (306) 242-3233
H: (306) 382-6200
MEETS: Monday, 6:00 p.m.
Saskatoon Inn

SASKATOON COUPLES CLUB, SK

Western Canada
PRES: Jerry Wanhella
2329 Haultain Ave.
Saskatoon, SK S7J 1P9
H: (306) 343-6350
MEETS: Social: 12th of each month (*)
Business: 4th Tuesday, 7:30 p.m.

SASKATOON YELLOWHEAD, SK

Western Canada
PRES: Darwin Baker
563 Nordstrum Road
Saskatoon, SK S7K 7X6
B: (306) 220-3735
H: (306) 975-3780
MEETS: Tuesdays, 7:30 a.m.
Senator Hotel
September through June

(*) denotes various locations

2003~2004 CLUB DIRECTORY

SCOTTSBLUFF, NE

At-Large
PRES: Kelly Beatty
610 W. 32nd Street
Scottsbluff, NE 69361
H: (308) 632-5853
MEETS: 1st & 3rd Wednesday, noon
Elks Lodge

SIoux CITY, IA

Cornbelt
PRES: Patrick Curry
1418 Blair
Sioux City, IA 51103
B: (712) 255-1775
H: (712) 258-0424
MEETS: Thursdays, 7:00 a.m.
Mid-American Energy

SIoux FALLS, SD

North Central
PRES: John Dougherty
3700 S. Westport
Sioux Falls, SD 57106
B: (605) 361-6318
H: (605) 361-5660
MEETS: Mondays, noon
Sioux Vocational

SIoux FALLS EVENING, SD

North Central
PRES: Deb Peterson
4208 South Cathy
Sioux Falls, SD 57106
B: (605) 977-5936
H: (605) 361-0884
MEETS: 3rd Monday, 6:30 p.m. (*)

STURGEON VALLEY, AB

Western Canada
PRES: Lyle Hardy
12 Lepine Place
St. Albert, AB T8N 4M9
B: (780) 459-6638
H: (780) 458-8089
MEETS: 1st & 3rd Thursday, 6:00 p.m.
Senior Citizen Center
(Sept. - June)

SUNRISE, SK

Western Canada
PRES: Tammy Leipter de Montas
46 Wood Crescent
Regina, SK S4S 6J7
B: (306) 359-1044
H: (306) 565-3382
MEETS: 3rd Tuesday of month, (*) 7 p.m.

THREE RIVERS, IA

Cornbelt
PRES: Wayne Hinkley
4714 Central St.
Sioux City, IA 51108
B: (712) 255-9280
H: (712) 239-7107
MEETS: 1st Monday, noon
3rd Monday, HyVee, evening

TOPEKA, KS

Mo-Kan
PRES: Neil Firestone
3800 SW Nottingham Rd.
Topeka, KS 66610
B: (785) 271-6696
H: (785) 478-9054
MEETS: Thursdays, 12:00 p.m.
Topeka Country Club

TULSA, OK

Southwestern
PRES: Dale Nicholson
128 North 70th West Ave.
Tulsa, OK 74127
H: (918) 245-6522
MEETS: 1st Thursday, 7:00 p.m.
Cosmopolitan Clubhouse

WASCANA COUPLES, SK

Western Canada
PRES: John Krysak
199 Wells St.
Regina, SK S4R 5Z6
B: (306) 757-5555
H: (306) 949-9714
MEETS: 22nd of every month, 7:00 p.m. (*)

WATCH CITY, IL

Mid-States
PRES: Holly Repeta
37 W. 360 Linda Lane
Elgin, IL 60123
B: (847) 697-7746
H: (847) 697-7575
MEETS: 2nd Thursday on even months (*)
3rd Friday on odd months (*)

WICHITA AIR CAPITAL, KS

Mo-Kan
PRES: Larry Gurney
1861 N. Rock Road, Ste. 320
Wichita, KS 67206
B: (316) 685-2245
H: (316) 744-0284
MEETS: 3rd Tuesday, noon
Scotch and Sirloin

WICHITA DOWNTOWN, KS

Mo-Kan
PRES: Gene Kaup
4311 Ironwood
Wichita, KS 67042
H: (316) 636-4568
MEETS: Thursdays, 11:45 a.m.
Bester Brown Lodge

WINNIPEG, MB

Western Canada
PRES: Barry Tuckett
15 Erlandson Drive
Winnipeg, MB R3K 0G6
B: (204) 982-9134
H: (204) 885-1056
MEETS: 1st & 3rd Tuesday, 6:30 p.m.
Viscount Gort Hotel

YORK, PA

Capital
PRES: Tom Banks
2165 May Apple Drive
York, PA 17402
B: (717) 561-6010
H: (717) 542-5000
MEETS: 1st Monday, 6:30 p.m.
First Capital Dispensing Co.

Did You Know . . .

that your club web pages may be linked to the Cosmo web site? As web sites become increasingly more important tools of communication, this is a great opportunity to inform members of upcoming events or to provide meeting information to prospective members.

And, as always, you will find helpful information, up-to-date addresses and phone numbers for other Cosmos, Minutes of the 2003 Board and Delegate Meetings, and an opportunity to voice your opinion at www.cosmopolitan.org.
To access the member services pages: **Member name: cosmo**
Password: unity

(*) denotes various locations

COSMOTOPICS
 P.O. Box 4588
 Overland Park, Kansas 66204

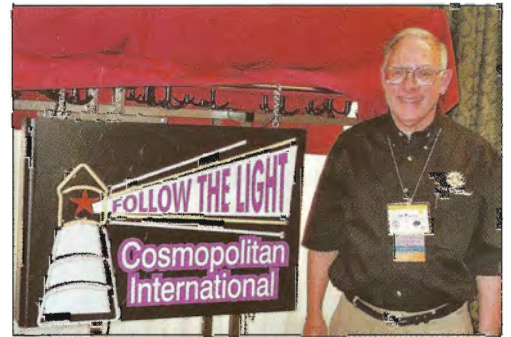
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Minneapolis Memories



Lawrence River City Club members tour the CDC Mobile Nursing Center



Int'l President Jim Walker introduces his 2003-2004 "Follow the Light" theme



Past International President Luis Otero (1961-62) and Sheila Anderson



PIP Brian Mitchell passes the gavel to Jim Walker



WCF Governor Myrna Pollon and husband Bill



The gang's all here!



"Revitalizing Your Club Membership" workshop led by Kevin Harmon



Esther and Lyle Hardy and Myrtle Jacula from the Sturgeon Valley Club



Chef Jim Sauer and Assistant Marge Thompson at the cooking demonstration offered for the guests