

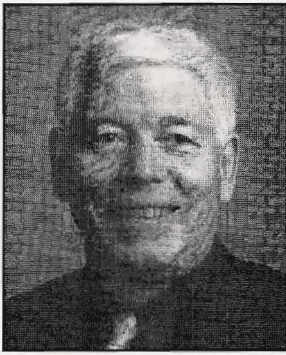


COSMOTOPICS

Spring 2003 Vol. 63 No. 3

MEMORABLE MINNEAPOLIS

*Look for International Convention Details
and Registration Forms Inside*



International President's Message

Brian Mitchell, 2002-2003 International President

People ask, "what's new?" It's not always what's new but what is Cosmopolitan doing for individual communities that we haven't told the world about. To name a few that we have been introduced to:

- the marvelous children's home that the Mexico City Club financially helps
- the major parks that Cosmos have built in Columbia, Missouri
- the terrific camp Jefferson City, Missouri has built and is now expanding
- the Crusader Clinic and their new mobile clinic in Rockford, Illinois that educates and assists persons with diabetes
- the Columbia (Missouri) Diabetes Center that continues to be a strong presence in major diabetes projects
- the Prince Albert (Saskatchewan) Club's Carment Court Seniors Home and also their contributions to the Red River Park
- the dialysis machine donated to the Regina Health District by the Regina and Wascana Couples Clubs

While you may be aware of the great work being done by the Diabetes Centers in Columbia, Rockford, and Norfolk, Dr. Goren in Calgary has received a

large grant from the Canadian Diabetes Foundation. He recently took two hours out of his busy schedule to talk with Marilyn and me about the research that they are doing with the help of our grants.

Then there are the fundraisers we've discovered in our travels:

- the major corn roast project in Belvidere
- Rockin' August in St. Albert sponsored by the Sturgeon Valley, Edmonton and St. Albert Clubs
- the Tom Henke Golf Tournament and fundraising banquet in Jefferson City
- the Cosmopolitan Golf Tournament of the Regina Capital Club, Saskatchewan
- the Calgary Club's Mount Kilimanjaro project that raised over \$30,000 for INGAP and garnered terrific local publicity

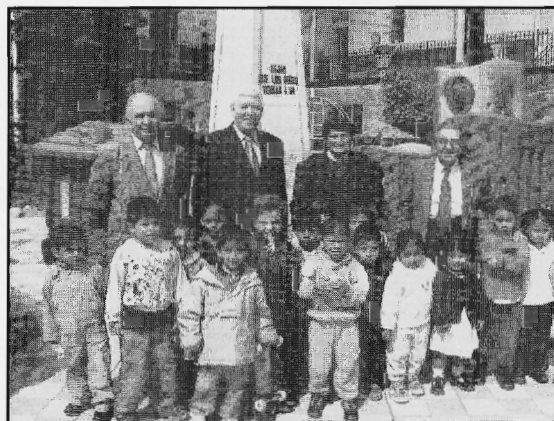
And wherever we go, there are corn, shrimp, rib and steak feeds. The toughest part of being International President might be losing weight after the banquet circuit is completed!

Cosmopolitan "citizens of the world" are helping our communities in many separate ways besides funding International diabetes research.

Marilyn and I would like to thank everyone for your support and hospitality on our visits to your clubs and regions.

I've been privileged to induct four new members in Prince Albert, five new members in Rockford and five in Mexico City but declining membership continues to be our biggest problem. I'm asking members to become club builders and member sponsors or we'll go the way of the dinosaur.

Remember to bring in two members and get one year of International dues free. "Just Get One!" and earn the "I Got Mine" pin.



Mexico City Club President Gustavo Benavides, International President Brian Mitchell, and Past International President Luis Otero join the children and staff of the children's home in Mexico City

WALKIN' WITH WALKER

Jim Walker, International President-Elect



John Bloom and I attended the Service Club Leaders Conference in Cleveland, Ohio November 21-24, 2002. The National Exchange Club hosted this event at the Cleveland Renaissance Hotel in Downtown Cleveland. The city really rolled out the carpet for the leaders of the clubs. Cleveland really is a beautiful city that has transformed itself and the attitude of its' people to charm and attract tourists. There are sites aplenty from the gorgeous downtown district to the "Rock and Roll" Hall of Fame based on the Alan Freed legend.

John was honored with a retirement plaque for his many years of service club work in Cosmopolitan. He is well known in service club and association management circles.

This event is an opportunity of the leaders of the various service clubs to come together to share thoughts and concepts on leadership, club structure and benevolent causes. It is good to be able to compare notes on what other leaders found worked best for them in their organization. Cosmopolitan shares many principles with the other service clubs in terms of meetings, goals and member expectations. We Cosmopolitans can be justly proud of our community accomplishments and collective diabetes cause. This sets us apart in deed and magnitude from the other clubs. Our emphasis on diabe-

tes required great foresight on the part of our past leaders.

It was my pleasure to have the opportunity to lead one of the first discussion groups. I can honestly say that every one in that room gave their utmost to participate in a meaningful way. There are always many different viewpoints, as you can imagine, but nowhere was there disagreement of the need and importance of their service club in their community and for the emotional well being of their members. It is pretty wonderful to hear people that have devoted and continue to devote a major portion of their time and talent to their cause. This is member development personified!

Let's venture out as we ponder the new year. Resolve to do new things, break new ground, start new projects, aspire to develop more in our personal skills and remember the good that we do as Cosmopolitans. As we do this, I know you will see the benefit in your daily lives, in the contacts that you make, the goals you set and the barriers you conquer. Our clubs need us to be as committed as possible so that we can accomplish and achieve in the future. With the cure for diabetes so close, we must remain steadfast. Ours is one of the better causes one can have.

Planning Committee Update

The Planning Committee met in Kansas City February 8, 2003 in conjunction with the Winter Board Meeting and developed a draft of the Cosmopolitan International Action Plan for the 2003-2004 Cosmo year. The agreed-upon goals are as follows:

1. Increase membership by ten percent
2. Build seven new clubs
3. Approve and fund the position and hire a Director of Membership Development
4. Promote the Cosmopolitan Diabetes Foundation and the Cosmopolitan Foundation Canada, Inc.
5. Increase public awareness of the activities and the significance of Cosmopolitan donations of time and money to the communities
6. Develop marketing programs which expand revenue sources not dependent on dues in order to provide additional financial support to Cosmopolitan International and its clubs

The complete Action Plan will be included in each 2003-2004 President's Manual. The Action Plan along with the minutes of the Winter Board Meeting may be found on the Cosmo website at www.cosmopolitan.org

Finance and Marketing Overview

Derry Anderson, International Vice President for Finance and Marketing



Get the Word Out!

Who are we? The club that fights diabetes! Promoting awareness of our club is vital. One way we can get our name out is through the media. Please supply Interna-

tional with a list of media contacts (company, contact person, phone number) your club uses. This will be helpful when there are special press releases. And how about wearing your Cosmo pin or a Cosmo shirt when you're out and about? People might just ask what the logo stands for. The more we get our name and logo out there, the more people will know about our great club. Let's not keep it a secret anymore!

And with Federation Conventions just around the corner, it's a great time to purchase gift items from International. You know you will receive quality merchandise and will also be helping bring in addi-

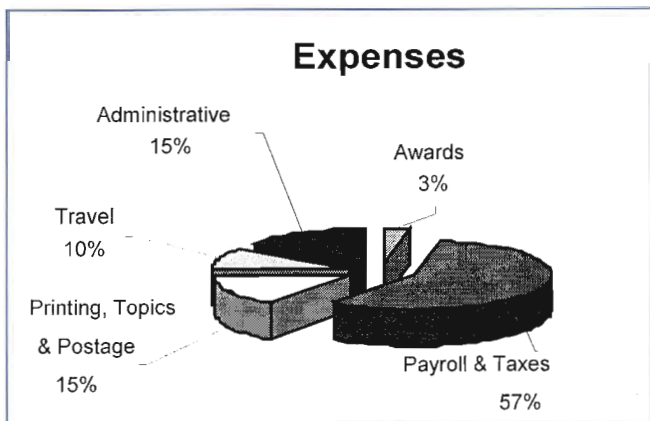
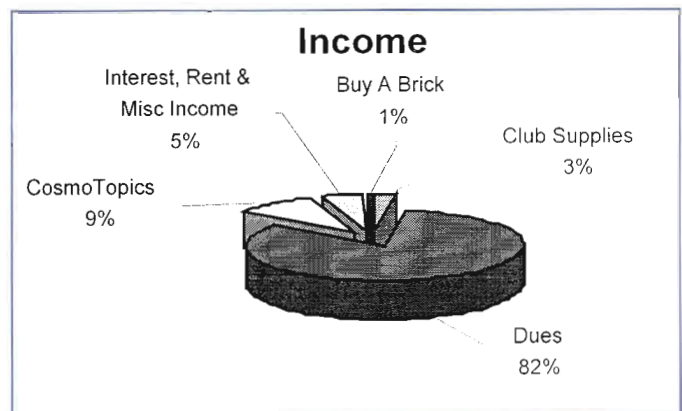
tional funds to our organization. Choices include denim and knit golf shirts, paperweights, coffee mugs, pens, certificates, plaques, and those cute, huggable buddy bears. Cosmo rings are available for men and women.

Buy A Brick

Looking for a way to honor special Cosmos? Want to have your own star on Cosmo Boulevard? The Buy-a-Brick program is just what you need. It's easy to do and will be a great honor to that special someone. You can recognize your award recipients, club presidents or past presidents, and members who have passed on, or one in the club's name. Where can you leave such a great legacy for only \$100! The engraved bricks are mounted in the courtyard in front of our historic headquarters. If each club purchases only one brick, that would bring in over \$7,000 in revenue! Contact Headquarters today to get your brick ordered.

Financially Speaking

Here are the facts and nothing but the facts. These pie charts help illustrate where our money is received and where it is spent. Let's look at income. As you can see, the primary source of income is from dues. That's why it's so important dues are paid and up-to-date. The Cosmopolitan Diabetes Foundation reimburses International for a portion of rent and the utilities. If each club bought one brick, it would increase the Buy-A-Brick Program from 1% to 6% of the organization's income.



On the expense side, the largest percentage goes to payroll and taxes. The staff salaries are very much in line with the market. Printing and Postage is second, and Administrative costs run a close third. Administrative costs include utilities, telephone, insurance, and office supplies. Travel expenses are for International officers, staff, and Governor training sessions

These graphs were created with the actual financial numbers through January 31, 2003.

GIVE THREE CHEERS FOR MEMBERSHIP

Jeanne Nielsen
Vice President for Membership and New Clubs



Motivate ourselves and those around us. We know that we belong to a great organization. We just need to be motivated to work at gaining new members and retaining our existing membership.

Energize others. Be excited about Cosmopolitan. If we are excited and enthusiastic, we can energize those around us. Excitement spreads!

Mentor new members. Don't just sign a new member and then forget about them. Encourage them to get involved. Introduce your new member to all other cosmopolitans. When they volunteer to chair an event or be an officer, offer them your assistance and expertise.

Believe in Cosmopolitan. Believe in Unity, Service and Action. Believe that we can achieve our goals. Believe that we can find a cure for diabetes.

Encourage friends and co-workers to attend a meeting. Encourage current members to attend meetings. Start a calling tree to call all members before a meeting. E-mail everyone about upcoming meetings and events. Encourage participation in all meetings, fund-raisers and social events.

Recognize that it takes all types of people to make a club work. Recognize problems and weaknesses in the club and address them. Don't just ignore them. Solving problems can help retain members. Recognize your club members with an awards problem.

Service. Tell prospective members about everything your club does for the community. Show how you serve your community through your service projects.

Help when asked! It takes everyone to make a club successful. Help with membership and bring guests to meeting and social events. Don't leave the officers to do everything. Lend a hand whenever possible.

Initiate contact with a prospective member. It takes everyone to get new members not just one person. The membership chairperson can not do it alone. Speak up and give your ideas on projects and membership.

Prepare a membership campaign. Allow adequate time to prepare. Establish goals, like JUST GET ONE! Decide whether you will offer incentives to members joining or the Cosmo that sponsors the new member. Have a follow up system built into the program. Everyone needs to give full support to a membership campaign.

Sponsor Two and Dues Are Free Membership Incentive Program

Did you know there is a way you can earn free Cosmopolitan International dues for one or even two years? Each Cosmo member who sponsors at least two new members before July 1, 2003 will be eligible to receive a reimbursement equal to one year's International dues (\$67.00 U.S.) A Cosmopolitan member who sponsors five new members before July 1, 2003 will be eligible to receive a reimbursement equal to two year's International dues (\$134.00 U.S.)

The sponsors would be eligible for reimbursement only after the new members have completed one full year of membership. The Membership Incentive Program will apply only to sponsors who bring members into an existing club.

The sponsors participating in this new program will need to send in an application for reimbursement to International Headquarters. Cosmopolitan Interna-

tional will provide copies of the reimbursement application form to each club secretary.

Club treasurers will continue to collect and forward International dues from sponsors participating in this new program in the normal manner as they do for other club members. The reimbursement will be made by Cosmopolitan International direct to the sponsor members upon receipt of a completed application form and after the new members have completed one full year of membership.

Any questions regarding this new Membership Incentive Program should be directed to Cosmopolitan International Headquarters.

Remember, it's not too late to take advantage of this exciting opportunity. The following Cosmopolitans have already sponsored at least one new member and proudly wear the "*I Got Mine*" lapel pin:

Dave Aitchins (2)	Brad Fidler	Patricia Lenart	David Rose (2)
Robert Anderson	Neil Firestone	Tom Lester	Anthony Rossi
Tony Bartel	Brad Fookin	Tony Lester	Marie Rossi
Gary Bartlett	Richard Getzschman	Brian Lindsay	Roy Rousset
Susie Bartlett	Thomas Griffey	James Manning	Larry Ryan
Samuel Bartow (3)	Jan Gustin	Mary Martin	Robert Sachse (2)
Ion Bauch	Robert Hansen	Claire Middleton	Elizabeth Schindelka
Stan Boese (2)	Phil Hanson	Mike Rogers	Richard Schindelka
Nancy Boisvert (2)	Bob Hilkewich	Brian Mitchell (2)	John Schissel
Bob Bryant	Jack Hohman	Marilyn Mitchell	Roger Schuler
Dan Burgess	Patricia Hohman	Duane Mock	Hampson Skinker
Walt Byfield	Kenneth Hultgren	Dick Mikuls	Howard Sorenson
Mike Close	Steve Irwin	Gerald Mortenson	Thomas Stone (2)
Richard Cook	Todd James	Duane Muck	George Warner (2)
Jim Copeland	Rod Jorgenson	Murphy Cheryl	Corbie Welch
Larry Doss	Gary Jurke (2)	John Palmer	Ann Westra
Julene Edwards (2)	Gene Kaup	Debra Peterson	Carlton Wich
Mike Ellington	Jim Keck, Sr.	Gary Peterson	Kim Yaholnitsky
Bonnie Emberton	John Krysak	Jerry Priebe	Harry Yamamoto
Jane Eurek	Kathy Krysak	David Rand	
Glendora Exnicious	Tom Lassandro	Rod Randolph	
Ed Ficenec, Jr.	Robert Lee	Rick Register	



Cosmopolitan Diabetes Foundation Report

Ed Thompson, Chairman

I want to thank everyone who supported the Cosmopolitan Diabetes Foundation through their year-end giving. We had a good response but, of course, we still have a long way to go in our fight against diabetes. The Investment Committee has been corresponding and recently met with Paul McClain of United Missouri Bank to ensure that the Foundation's portfolio continues to perform optimally in this economy. The deadline for grant requests is May 30, 2003. Applications are available at Headquarters. Please keep the Foundation in mind as you plan your fund raising activities for 2003.

The Cosmopolitan Diabetes Foundation is a non-profit organization recognized under section 501(c)(3) of the IRS codes. The Foundation is managed by a board of seven members. Each federation, except Western Canada, elects a member to the board, and the Cosmopolitan International Board elects one at large representative. Board members must be past governors of their federation and a current Cosmopolitan member in good standing. They cannot be a current member of the International board, or a current governor. Each board member is elected for a term of three years commencing at the close of the International Convention. Board members are limited to two consecutive terms. The current CDF board members are as follows:

Merl Duba	North Central Federation	(2002-2005) 2 nd term
Art Flynn	Southwestern Federation	(2001-2004) 2 nd term
Richard Harrison	At- Large	(2002-2005) 2 nd term
Del Oberst	Mid-States Federation	(2000-2003) 1 st term
Jerry Sigmund	Mo-Kan Federation	(2002-2005) 2 nd term
Tom Stone	Capital Federation	(2000-2003) 2 nd term
Ed Thompson	Cornbelt Federation	(2001-2004) 2 nd term

Board members are responsible to make prudent decisions with respect to Foundation funds. The board manages several funds, the largest of which is the Beacons Fund; an endowment fund designed to assure the perpetual duration of Cosmopolitanism. The principal of this fund is not used, but investment income may be used to further the educational, scientific and charitable endeavors of Cosmopolitan International.

If you would like to know more about your Foundation, visit the Cosmopolitan International website at www.cosmopolitan.org and click on "The Foundation." Or better yet, invite your federation's board member to one of your meetings as the guest speaker. They would be happy to tell your club about the Foundation activities.

If you are a Beacon, thank you. If you're not a Beacon, please become one and help assure the perpetuation of Cosmopolitanism.

NEWS FROM OUR CLUBS AND FEDERATIONS...

*Keep us informed — send newsworthy information on your club or federation to the Editor of Cosmo Topics:
P.O. Box 4588, Overland Park, KS 66204
Fax: (913) 648-4630 E-mail:headquarters@cosmopolitan.org*



From Wascana Couples Club...



Jon Ball and Brian Duckett riding for INGAP

Last May, **Brian Duckett**, the outgoing President of Cosmopolitan Foundation Canada Inc., rode his bicycle from Regina to Waskesiu, Saskatchewan, for a total of 465 km (285 miles) to raise money for INGAP. His trip was planned to be completed in four days, just in time for the Western Canada Convention. He left on May 13 and on his first day he rode from Regina to Dafoe (145 km).

That evening Jon Ball (14-year old son of Cosmo **Myrna Pollon**) joined Brian for the rest of the trip. The next day they rode from Dafoe to Melfort (130 km). They spent the night at Melfort and then traveled to Prince Albert (95km). That evening, Brian and Jon attended the Prince Albert Club supper meeting. The following day they rode from Prince Albert to Waskesiu (90 km). They were two exhausted bikers. Jon didn't want to see his bike for a long time after that. Total money raised was \$8,400. Thank you Cosmopolitans and clubs who supported this venture by collecting and donating money to this cause.

From York...

The York Club decided to contribute much-needed money to the American Heart Association through the "Walk for Cody" which was held this past year. It was because of the generous donation from the York Club that the American Heart Association was able to raise over \$100,000 to help children and adults with heart disease.

Cody, the son of York Club President George "Skip" Lehmann, was born with Nikawa Karoki Syndrome. This disease is extremely rare and has very few survivors. Cody is a survivor and it is because of the fantastic research in all the areas of medicine that he is alive today. Eight-year-old Cody has undergone 12 operations since he was born. We are grateful that the low grade of diabetes that accompanies his syndrome is treatable.



Larry Riddle presenting an "over the top" check to Cody Lehmann

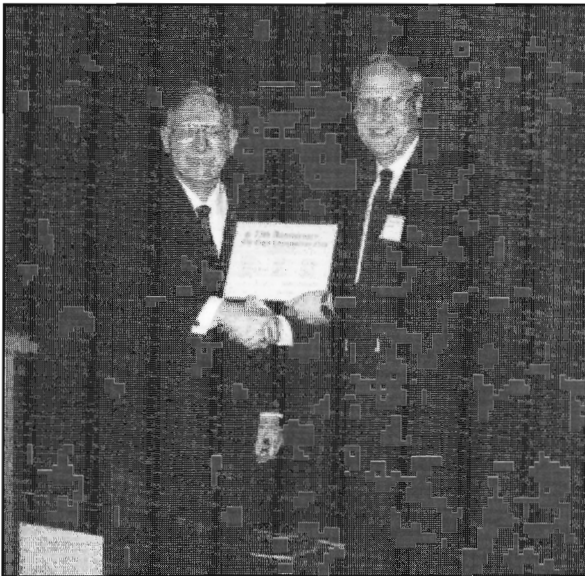
From Omaha I-80 Club...

On October 4, 2002, **Doug Geyer**, (pictured at right) President of the Omaha I-80 Club presented a \$5,000 check to **Chuck Sigerson** from Camp Floyd Rogers. Each summer, Camp Floyd Rogers provides a week of outdoor fun and self-care training for young persons with diabetes from the Omaha area. The funds were raised through the club's annual golf tournament and will be used for ongoing camp operations. The I-80 Club will provide additional funding to sponsor two needy kids to attend the 2003 camp.



Doug Geyer, Omaha I-80 President and Chuck Sigerson of Camp Floyd Rogers

From Elgin...



International President-elect Jim Walker congratulating Elgin Club President Dr. Walter Alm

The Elgin Cosmopolitan Club became the tenth Cosmo Club to commemorate their 75th anniversary. The club celebrated their 75 years of continuous service to the Elgin community and Cosmopolitan International with a special evening at the Elgin Country Club on Saturday, January 18, 2003.

The evening began with cocktails for Cosmos and their invited guests. Distinguished guests included **Jim Walker**, **Dick Brynteson** and **Russ George**. Former Cosmos were also welcomed back.

After dinner, Dr. Alm highlighted the club's achievements over the last 75 years. The mayor of Elgin declared January 18th as Elgin Cosmopolitan Day. The Proclamation was displayed that evening. Jim Walker designed and presented Dr. Alm, club president, with a beautiful plaque commemorating the club's anniversary. He also presented the 75th Anniversary banner to the club.

Following the presentations, everyone enjoyed the remainder of the evening by reminiscing with old friends and dancing to the music of Marcy Night and the Night Express.

Club News continued on following page

Dear Fellow Cosmo,

As one of the smallest active Cosmopolitan clubs in the organization, we find many fund raising activities not feasible for us. However, we have recently decided on a project we believe to be suited to our size. We plan to publish a cookbook, in the same fashion that many churches, school organizations and various other groups do, but with a special section featuring diabetic recipes. We cordially invite all Cosmopolitans to send us your very best recipes to contribute to this project.



We are truly excited about the prospects of this being a successful project, and are sincerely appreciative of your forthcoming contributions. It is our hope that our finished product will contain representations from every Cosmopolitan Club. In my opinion, as a relatively "new kid on the block", and perhaps a bit naively idealistic, representation from each club would constitute a statement of unity as depicted on our logo.

I certainly hope to have the opportunity of meeting many of you at International Convention in Minneapolis this year.

Bobbi Salis, President
Sioux Falls Evening Club

Recipe Name: _____

Ingredients:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- | | |
|--------------------------|--------------------|
| <input type="checkbox"/> | Appetizers |
| <input type="checkbox"/> | Breads/Baked Goods |
| <input type="checkbox"/> | Breakfast/Brunch |
| <input type="checkbox"/> | Desserts |
| <input type="checkbox"/> | Diabetic |
| <input type="checkbox"/> | Main Dishes |
| <input type="checkbox"/> | Potluck |
| <input type="checkbox"/> | Salads |
| <input type="checkbox"/> | Sauces |
| <input type="checkbox"/> | Side Dishes |
| <input type="checkbox"/> | Soups & Sandwiches |

Directions: _____

Submitted by: _____ **Phone or e-mail:** _____

Club: _____ **Federation:** _____

Please send your recipes **by August 1, 2003** to: Sheila Anderson, 1500 North Tahoe Trail, Sioux Falls, SD 57110 or, e-mail them to DerryA3@sio.midco.net

COMMEMORATIVE BRICKS

Bricks have been placed in the court - yard at Cosmopolitan International Headquarters in recognition of the following Cosmopolitans:

In Memory of Dean Suhr
Scottsbluff Club
1962-2002
(Placed by Lavinia Suhr)

In Memory of
William "Bill" Peck
Austin, Texas Club
(Placed by Austin Club)

In Memory of
Jeanne Leipert
Wascana Cosmo Club
(Placed by the Wascana Club)

Sandra Abello
President 2002-2003
Wascana Cosmo Club
(Placed by the Wascana Club)

In Memory of
Don Frey
(Placed by the Sioux City Club)

In Honor of
Stan Swanson
(Placed by the Sioux City Club)

Delbert M. Oberst
International President
1983-1984

Melvin "Pete" Rakow
International President
1956-1957
(Placed by Del Oberst)

In Honor of
Joe Fritz
Omaha USA Club
(Placed by Omaha USA Club)

**Gold Level Contributors to the
Headquarters Building Repair Fund**
(Contributions received after September 15, 2002)

**Columbia Luncheon Club
Jack Meyerowitz
Omaha Club
Saskatoon Couples Club**

Thank you to all the many clubs and individuals whose generous donations helped us reach the \$20,000 goal that enabled us to repair the Headquarters building.

In Memoriam

*Documented from
December 1, 2002 - March 1, 2003*

At Large

Emil "Lindy" Pischel Scottsbluff

Capital Federation

Peggy Payne Elizabeth City
(wife of George Payne)

William R. Thomas Elizabeth City

Cornbelt Federation

Barbara Wheeler Omaha Cornhuskers
Shirley Derflinger Sioux City
(wife of Bob Derflinger)

Mid-States Federation

Robert L. Logan Rockford
Chad Preiss Rockford

Mo-Kan Federation

Fay Dissinger Columbia Luncheon
(wife of Ed Dissinger)
Robert M. Johnson Wichita Downtown
Simon C. Steinberg Columbia Luncheon

North Central Federation

Betty Engen Sioux Falls
(wife of Lee Engen)

Southwestern Federation

George A. Montz Austin
Frank L. Murray Tulsa
Leonard T. Tallas Austin

2003 Cosmopolitan International Convention Schedule of Events

Cosmo Program

Wednesday, July 30, 2003

1:00 pm-4:00 pm	1 st CI Board Meeting
1:00 pm-4:00 pm	CDF Board Meeting
3:00 pm-6:00 pm	Registration
4:00 pm-6:30 pm	Hospitality Room Open
4:30 pm-5:00 pm	Parent & Teen Meeting
5:30 pm-6:30 pm	PIP Reception
7:00 pm-10:00 pm	Welcome Party Dinner

Thursday, July 31, 2003

7:00 am-8:00 am	Registration
8:00 am-10:00 am	Opening Ceremonies Breakfast
10:00 am-12:00 pm	1 st Delegates Meeting
	Lunch on own
12:00 pm-6:00 pm	Golf Tournament
12:00 pm-2:00 pm	Awards judging
1:00 pm-6:00 pm	Mall of America
6:00 pm-10:30 pm	Twins vs. Orioles Baseball Game
8:00 pm-10:00 pm	Hospitality Room Open

*Baseball Game not included in package price
see "Minneapolis Attractions" page for details*

Friday, August 1, 2003

8:00 am-9:30 am	Beacons Breakfast
10:00 am-12:00 pm	Workshops/Roundtable Discussion
	Lunch on own
1:00 pm-5:00 pm	Tour of Minneapolis/St. Paul
4:00 pm-6:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-9:00 pm	Purple & Gold Awards Banquet
9:00 pm-11:00 pm	Hospitality Room open

Saturday, August 2, 2003

	Breakfast on own
9:00 am-11:00 am	2 nd Delegates Meeting
	Lunch on own
1:00 pm-2:30 pm	2 nd International Board Meeting
2:30 pm-4:00 pm	CDF Board Meeting
4:00 pm-6:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-11:00 pm	Presidents Banquet and Dance

Guest Program

Wednesday, July 30, 2003

3:00 pm-6:00 pm	Registration
4:00 pm-6:30 pm	Hospitality Room Open
4:30 pm-5:00 pm	Parent & Teen Meeting
7:00 pm-10:00 pm	Welcome Party Dinner

Thursday, July 31, 2003

7:00 am-8:00 am	Registration
8:00 am-10:00 am	Opening Ceremonies Breakfast
10:00 am-12:00 pm	Cooking class
	Lunch on own
12:00 pm-6:00 pm	Golf Tournament
1:00 pm-6:00 pm	Mall of America
6:00 pm-10:30 pm	Twins vs. Orioles Baseball Game
8:00 pm-10:00 pm	Hospitality Room Open

*Baseball Game not included in package price
see "Minneapolis Attractions" page for details*

Friday, August 1, 2003

8:00 am-9:30 am	Beacons Breakfast
10:00 am-12:00 pm	Local shopping
	Lunch on own
1:00 pm-5:00 pm	Tour of Minneapolis/St. Paul
4:00 pm-6:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-9:00 pm	Purple & Gold Awards Banquet
9:00 pm-11:00 pm	Hospitality Room open

Saturday, August 2, 2003

	Breakfast on own
	Open time
	Lunch on own
	Open time
4:00 pm-6:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-11:00 pm	Presidents Banquet and Dance

2003 Cosmopolitan International Convention

Teen/Youth Program

Wednesday, July 30, 2003

4:30 pm-5:00 pm Parent & Teen Meeting
7:00 pm-10:00 pm Welcome Party Buffet

Thursday, July 31, 2003

9:30 am-10:30 am Continental Breakfast
10:30 am-6:00 pm Camp Snoopy – lunch on own
Mall of America
7:00 pm-9:00 pm Pool and pizza at hotel *or*
Join parents at ballgame

Friday, August 1, 2003

Sleep in/pool
Breakfast on own
12:00 pm-5:00 pm Tour of Minneapolis
Lakeside lunch, mini-golf
6:00 pm-9:00 pm Dinner and movies at hotel

Saturday, August 2, 2003

9:00 am-10:00 am Breakfast
11:00 am-6:00 pm Valley Fair Amusement Park
Lunch on own
7:00 pm-9:30 pm Dinner
9:30 pm-11:00 pm Dance with parents

General Information

Dress: Casual and comfortable is suitable for day and evening Cosmo events. Cocktail attire is appropriate for the President's Banquet.

Hotel Surcharge: Costs for meeting rooms are dependent on the number of rooms credited to CI during the convention. All convention registrants staying at other facilities will be surcharged \$150.00

Airport Shuttle: Super Shuttle – Departs from Ground Transportation every 30 minutes. \$13 each way. Call 800-730-9267 to arrange departure.

Hotel Reservation

*Must be received at hotel by
July 8, 2003*

Radisson Hotel Metrodome
615 SE Washington Avenue,
Minneapolis, MN 55414
612-379-8888

800-822-6757 (Reservations Only)

Room Rate: \$99 Single or double occupancy
Room Tax: 13%

Check In: 3:00 p.m.
Check Out: 12:00 p.m.

Room Guarantee: One night pre-paid

Cancellation Policy: Full refund of pre-paid night with 48 hours advance cancellation

Parking: \$7.50 per vehicle per day

Amenities: Hairdryer, iron & ironing board, coffeemaker, access to University Health Club, complimentary shuttle within 5 mile radius of hotel (does not include Mall of America or airport). Applebees and Starbucks restaurants located on property.

Retain for your records:

Reservation Date _____

Confirmation # _____

Cancellations: Cancellation requests received after 6/1/03 but before 7/1/03 are subject to a cancellation fee of 25%. Requests received on or after 7/1/03 but before 7/15/03 are subject to a cancellation fee of 50%. Requests received on or after 7/15/03 will be considered after the final convention accounting.

2003 Cosmopolitan International Convention Registration

Mail this form and payment to: Cosmopolitan International, P.O. Box 4588, Overland Park, KS 66204;
or fax (913) 648-4630. Registrations also accepted over secured server at www.cosmopolitan.org.

Cosmo(s)/Guest _____

Club(s): _____

Mailing Address: _____
Street
City
Prov/State
Postal/Zip Code

Daytime Phone Number: (____) _____ E-mail: _____

Children/Teen(s) _____
Name
Age
Name
Age

Name badge ribbons: _____ Past Int'l President _____ Sponsor Life Member _____ 1st Time Attendee
 _____ Beacon Member(s) _____ Emerald Beacon _____ Ruby Beacon _____ Host

COMPLETE PACKAGE – See schedule for details (Includes all “Individual Events” listed below)

Deadline for all Registration 7/15/03	Postmarked Before 6/1/03	Postmarked After 6/1/03	# Attending	Total \$
Cosmo	\$200	\$210	_____	_____
Spouse/Adult Guest	\$200	\$210	_____	_____
Teens (up to 18 years)	\$160	\$160	_____	_____

INDIVIDUAL EVENTS – (For those attending only certain events, and not the entire convention)

	# Attending	Total \$
7/30/03 Welcome Party Dinner	\$ 30	_____
7/31/03 Opening Ceremonies Breakfast	\$ 20	_____
7/31/03 Mall of America Transportation	\$ 15	_____
8/01/03 Beacons Breakfast	\$ 20	_____
8/01/03 Minneapolis/St. Paul Tour	\$ 25	_____
8/01/03 Awards Banquet	\$ 35	_____
8/02/03 President’s Banquet and Dance	\$ 50	_____
Delegat Fee	\$ 30	_____

OPTIONAL EVENTS – (Not included in “Complete Package”)

7/31/03 Art Prouty Memorial Golf	\$ 60	_____	_____
7/31/03 Minnesota Twins Baseball Game	\$ 14	_____ Family _____ Upper Club	_____
7/31/03 Bus Transportation to Ball Game	\$ 7	_____	_____

Complete Package(s) \$ _____

Enclosed is check # _____ Payable to Cosmo International *

Individual Event(s) \$ _____

or _____ MC _____ Visa Expires: /

Optional Event(s) \$ _____

Card # _____

Discount * \$ _____

Signature _____

TOTAL \$ _____

A \$10 service charge will be added to each package paid by credit card. All amounts are in U.S. funds. Canadian Cosmos may indicate “U.S. Funds” on their personal checks.

Must See Attractions in Minneapolis

The Mall of America

Minnesota's number one attraction. Shop at Macy's, Bloomingdale's, Nordstrom, and 520 other stores. There are an abundance of restaurants to choose from and the Camp Snoopy amusement park for the family. Escape to the 14 movie theaters or the largest aquarium in the state. All without having to leave the building. www.mallofamerica.com

Minnesota Twins vs. Baltimore Orioles

Don't worry about the weather; enjoy a night of baseball under the Metrodome. Seats have been reserved for the 7:05 p.m. game July 31st. Specify either Family Section (free soda for kids, no beer allowed) or Upper Club Section on your reservation form. The stadium is located within two miles of the convention hotel. School buses have been reserved for a minimum of 50 passengers for an additional fee of \$7. For those driving, parking is available for \$6-\$10 per car. www.minnesota.twins.mlb.com

Walker Art Center & Minneapolis Sculpture Garden

The largest outdoor display of modern art in the world. Located 15 minutes uptown from the Radisson Hotel. The garden includes works by Henry Moore, Jenny Holzer and Isamu Noguchi. After "walking" through the garden, tour the permanent collection that features the works of Willem de Kooning and Andy Warhol. Don't miss this world-class cultural experience. 612-375-7622

Minneapolis Institute of Arts

Open to the public daily. The permanent collection represents art works and traditions from the past 5,000 years. Free general admission/free parking. www.artmia.org or toll-free 888-642-2787.

Riverboat Cruises on the Mississippi

Narrated tours leave Boom Island in Minneapolis and St. Paul daily at noon, and 2 pm. Lunch and dinner cruises are available.

Mystic Lake Casino or Canterbury Park

The next best thing to Las Vegas or Reno! Located 30 minutes from Minneapolis. www.mysticlake.com

Tour Calhoun Square

Enjoy an interesting mix of shops and restaurants in the Uptown area. South of downtown and left of Center and bounded by Lake Calhoun and Lake of the Isles this shopping area is accessible using the Metro.

The Minnesota Zoo

This is the second largest zoo in the United States and is home to more than 2,300 animals from five continents. A few of the many animals that call the zoo home are dolphins and wild horses. The zoo also boasts a rainforest, 25-minute monorail tour and the 3-D IMAX Theater. Located just 10 minutes south of the Mall of America. www.imax.com/minnesota

The American Swedish Institute

The American Swedish Institute is the oldest museum of Swedish-American arts, culture and history in the United States. The home was completed in 1908 and is listed on the National Historic Register. Admission is \$5. www.americanswedishinst.org

Malcolm E. Willey House

Built in 1933-34, the one story L shaped house is an excellent example of Wright's genius in creating magnificence from simplicity. It is one of 10 Frank Lloyd Wright houses in Minnesota and was listed as one of the most endangered sites in Minnesota. The current owner has vowed to restore the structure to its original glory.

"The Mystery of Irma Vep"

Playing at Park Square Theater in the historic Hamm Building in Saint Paul. It is a Vaudeville tour-de-force spoof of "Gothic Melodrama" from Jane Eyre to 1930's horror movies.

Chanhassen Dinner Theatres

For a taste of Broadway, visit the nation's largest professional dinner theatre. Currently offering "Sound of Music", "Meshuggah-Nuns" (Nunsense V), and "Forever Plaid". Call 800-362-3515 for reservations and ticket information.

COSMOTOPICS
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tion and Visitors Association.*

**Federation Fair Share Goals of Cosmopolitan International's
\$750,000 Total Commitment to INGAP ***

5 year CI Commitment	\$750,000
Annual International Commitment	\$150,000
Total raised as of 2/15/2003	\$418,133
Percent of 5 year total raised to date	56%

* Federation Fair Share Goals based on membership percentage of CI total membership

