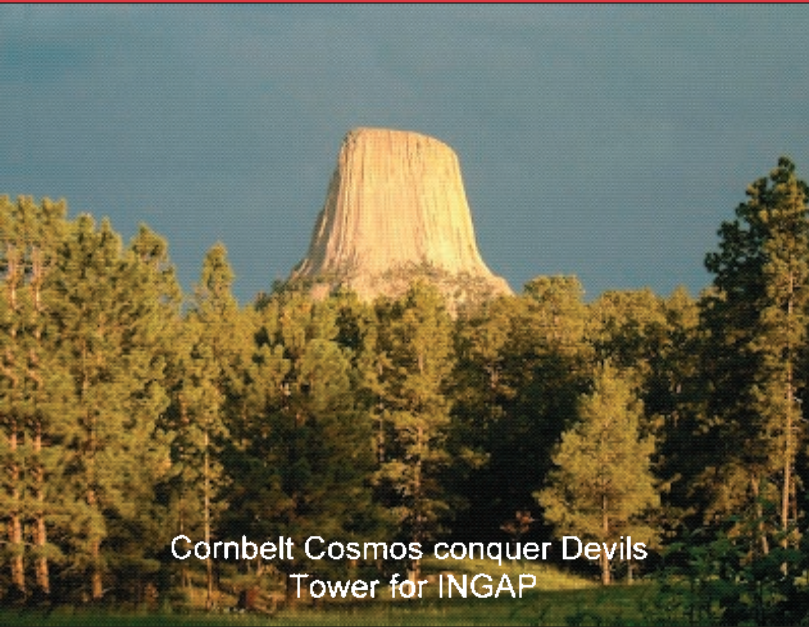


COSMOTOPICS

A publication of Cosmopolitan International, "The Club That Fights Diabetes"

Summer 2004 Vol. 64 No. 4



Cornbelt Cosmos conquer Devils Tower for INGAP



Capital Region Club's Playhouse Project



Omaha Cornhuskers Challenger Little League Team



Prince Albert Cosmopolitan Lodge

Cosmos In Action

CONTENTS

- 3 President's Message
International President, Jim Walker
- 4 Leadership Development Opportunities
International President-Elect, Derry Anderson
- 5 The Road Less Traveled
Director of Membership & Development, Joe Casper
- 6 Headquarters Highlights
Executive Director, Barbara Johnson
- 7 Answers to Your Membership Questions
International Vice President for Membership and New Clubs, Jeanne Nielsen
- 8 Founders Day Follow-up
International Vice President for Finance and Marketing, Rob McWilliams
- 9 Foundation News
CDF Chairman, Ed Thompson
- 10 INGAP Update
Diabetes Committee Chairman, Bob Williams
- 12 Cosmos In Action
- 18 In Memoriam
- 20 Welcome New Cosmo Members
- 21 Branson Convention Schedule and Hotel Reservation
- 23 Convention Registration Form

Branson photos courtesy of Branson Lakes Area Chamber of Commerce and Convention and Visitors Bureau



COSMOTOPICS

EDITOR Barbara Johnson
ASSOCIATE EDITOR Brenda Vanden Hull
STAFF ASSISTANT Toni Gelpi

COSMOPOLITAN INTERNATIONAL OFFICERS AND DIRECTORS

President

Jim Walker (jfkwalker@aol.com)

President-Elect

Derry Anderson (derry@3611040.com)

Vice President for Membership and New Clubs

Jeanne Nielsen (nielsen@tvsonline.net)

Vice President for Finance and Marketing

Rob McWilliams, Jr.
(rob.mcwilliams@pilotonline.com)

Judge Advocate

Jim McVay (jmcvay@omahalaw.com)

Executive Director

Barbara Johnson (exdir@cosmopolitan.org)

Director of Membership Development

Joseph Casper (jcasper@cosmopolitan.org)

FEDERATION GOVERNORS

Capital: Bob Williams; **Cornbelt:** Dale Hampton;
Mid-States: Tom Gustafson; **Mo-Kan:** Kevin Harmon;
North Central: Bill Kubat; **Southwestern:** Barney Flynn;
Western Canada: Myrna Pollon

INTERNATIONAL HEADQUARTERS

7341 West 80th Street, P.O. Box 4588
Overland Park, Kansas 66204-0588
Local: 913.648.4330 Toll-free: 800.648.4331
Fax : 913.648.4630 www.cosmopolitan.org
e-mail: headquarters@cosmopolitan.org

Cosmopolitan Mission Statement

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.

COSMOTOPICS is published four times a year, for \$9.00 per year, which is added to the annual dues by Cosmopolitan International, Inc. Third Class non-profit postage paid at Shawnee Mission, KS.

POSTMASTER: Send change of address to COSMOTOPICS, P.O. Box 4588, Overland Park, KS 66204-0588.



FOLLOW THE LIGHT

Jim Walker, 2003-2004 International President



It's time to go out on a limb! That's the way progress is made. There is reward at the end of the tunnel for the risk taker. It is convention season and we are all having fun. Remember though, someone else could be having fun with you and sharing your cause along the way. You have to go out on a limb, ask them to join your club.

Definite progress is being made in our efforts to recruit more Cosmos to join in the fun and share our cause. We need it! On the U.S. national news recently, we were told that 41 million Americans now have elevated blood sugar levels. This, of course, is prior warning (again) of future increases in diabetes in North America. So we must keep getting the word out of the need for education, treatment and a cure for this dreaded disease.

Now in order to make real progress, we have to consider ways to increase Cosmopolitan membership. Our numbers have improved the last few months. I am hopeful that Cosmopolitan International membership will increase this year. Many clubs are reporting excellent membership events, great personal contacts and good guest visits. Several new clubs are being worked on and some charters are expected before the Branson convention.

It is also great to report that the new Director of Membership Development is on staff. Joe Casper is an inspiring young man on a mission, a Cosmo mission. Joe is making club and federation visits and wants to meet you. Please help him as he learns more about Cosmopolitan and use him as a resource in your membership plans. You will hear more from him in Branson.

Let's work on membership before convention! Someone once said "A turtle travels only when it sticks its neck out." We will be the turtle won't we? Remember in the race, the rabbit lost and the turtle won. The great jazz musician, Duke Ellington said "Life has two rules: number 1, Never quit!; number 2, Always remember rule 1." Let us give it the last kick! We will be glad we did! Cosmopolitan is a great organization! Share it! There is no limit to what we can do with perseverance. Like the turtle, we must stick our neck out and never quit.

Someone once said "I am only one. But still, I am one. I cannot do everything, but still I can do something. And because I cannot do everything, I will not refuse to do the something that I can do." Let's get to work on our membership before convention, finish that new club, take a new leadership position in your club, reach out to friends and acquaintances and make our cause ever greater.

Your Cosmo Friend,

Jim Walker,
International President



International President Jim Walker with hand-carved staff presented by Sioux City Club member Richard Gordon.



*Derry Anderson,
International President-Elect*

Search Committee Hires Director of Membership Development

As Chairman of the Search Committee, I am pleased to announce that, after an extensive interview process, the Committee unanimously voted to hire Joe Casper to fill the position of Director of Membership Development. Joe accepted our offer and began working at Headquarters April 1st.

Since his arrival, Joe has:

- Familiarized himself with the Cosmopolitan International structure, Bylaws, and Board Policies.
- Reviewed membership material currently available and made recommendations for revisions.
- Created a membership incentive program for June and July whereby anyone sponsoring a new member would receive a certificate good for Cosmo apparel items. This information has been mailed to each club president.
- Designed an invitation card for prospective new members. Please contact your club president for details regarding the summer member incentive program and prospective member invitation cards.
- Participated in new club building efforts in Nebraska City, Nebraska and Detroit, Michigan.
- Worked to develop ties between local and national diabetes organizations.
- Contacted each club president and potential club builder via e-mail, phone, or mail.

Joe has also visited numerous clubs and has attended four federation conventions. His main objective during these visits is to build consensus around membership concerns and identify areas of potential growth.

One of the key ingredients in this strategic planning process is the development of a membership survey. Joe plans to use the feedback provided by Cosmopolitan members to formulate a membership development program, set goals and strategies, and build upon past accomplishments.

Our first goal for this position has been to establish a new club in Kansas City. We are calling on all Cosmos to assist in this effort by coming forward with potential members for the Kansas City area. Kansas City was the location of the first Cosmopolitan International club and will be an important "stake in the ground" for our growth efforts. Please contact Joe directly at the International Headquarters or via e-mail at jcasper@cosmopolitan.org with any potential Cosmo Members!

Joe is here to assist any club or federation who asks for his help in membership; and will travel if you are willing to help subsidize the expenses. Joe is personally committed to Cosmos and our Fight Against Diabetes.

Training Opportunities and Workshops Scheduled in Branson

CLUB PRESIDENT'S WORKSHOP

Friday, August 6, 2004

• 8:30 - 9:30 a.m.

Exchange ideas and info with other past and current club presidents to arm yourself with tools to have an outstanding Cosmo year.

Facilitators: Tommy Johnson and Derry Anderson

BUILDING MEMBERSHIP MOMENTUM

Friday, August 6, 2004

• 9:30 - 10:30 a.m.

Cosmopolitan International is at a crucial juncture in the road, and it is vital that we have your enthusiastic participation at this most important workshop. Your input is very important!

Facilitator: Joe Casper

MEETING OUR IN GAP CHALLENGE

Friday, August 6, 2004

• 1:00 - 2:00 p.m.

Receive the latest news on diabetes research and participate in developing an action plan to complete the Cosmopolitan pledge.

Facilitators: Bob Williams and Anna Goldenberg, Exec. Dir., DIF

FUNDRAISING

Friday, August 6, 2004

• 2:00 - 3:00 p.m.

Learn what makes a successful fundraiser work (and what doesn't).

Facilitator: Tom Stone, CFRE



The Road Less Traveled

Joseph (Joe) Casper
Director of Membership Development

The American poet Robert Frost once wrote about what seemed an arbitrary decision that ended in an unexpected result:

“Two roads diverged in a wood
And I took the one less traveled by
And that has made all the difference”

A friend once explained to me that the window of opportunity is very small; his experiences had taught him to always be ready to move when an opportunity opens before you.

We currently have the unique opportunity to secure the health and vitality of Cosmopolitan International as well as a chance to expose others to the benefits of community involvement and fellowship through a civic service organization.

The road less traveled by has always seemed to appeal to me more as I am sure it has to many of you. The lure of a small and unique organization

like Cosmopolitan International lies in its accessibility and maneuverability. Chances to contribute and lead abound in a group that can stop and change directions on a dime.

During the next few months I will be traveling to many of your clubs and conventions. I look forward to meeting many Cosmos and learning more about the unique facets of Cosmopolitan International. My goal is to provide you all with the tools and assistance to grow.

A survey will be available on the Cosmo website within the next few weeks. I encourage members to take a moment to think about these questions and give me their feedback. This information will help to guide the future of your organization.

While the road less taken is rarely the easier path; its twists and turns create a more memorable and rewarding journey. I look forward to your company on this trip.

About Joseph G. Casper:

Joe Casper has worked with numerous boards, teams and associations; striving to develop, implement and promote their initiatives and goals.

Graduating from American University in Washington D.C., Joe was a member of the 2001-2002 Patriot League Championship men's basketball team. Along with his athletic accomplishments Joe earned a Bachelor of Arts degree from AU's School of Public Affairs. He was also active in student affairs as a member of the Student Athlete Advisory Board and Staff Assistant to the Key Executive Program.

Since leaving college Joe has assisted several international organizations with their fundraising, event marketing and administrative efforts. Joe's work has taken him throughout much of the United States, but he has recently returned to Overland Park, Kansas where he spent the majority of his youth.

Joe brings with him fresh ideas in membership development coupled with an enthusiasm for Cosmopolitan International and its goals. He is eager to learn and contribute his unique background



HEADQUARTERS HIGHLIGHTS

Barbara Johnson, Executive Director

“Cosmos In Action”

When we received a record number of submissions from clubs and federations at Headquarters for this issue of *CosmoTopics*, it seemed only natural to promote the exciting work being done by Cosmopolitans throughout North America. I continue to be amazed by the dedication and hard work that Cosmopolitans exhibit through community service projects and fundraisers. From the depths of Death Valley to the peaks of Mt. Kilimanjaro and Devils Tower, and everything in between, Cosmos are working harder than ever to defeat diabetes.

If you've become a bit burned out on yet another fundraiser, or maybe a petty squabble within your club has you wondering whether what Cosmopolitans are doing is making a difference, read the letter on page 19 from the mother of a young child with diabetes addressed to the Fremont 100 Club. I guarantee you will find your motivation again.

Finding just the right fundraiser for your club and community can be challenging. Visit the Cosmo website (www.cosmopolitan.org), or call Headquarters (800.648.4331) and ask for the “*Fundraising Fundamentals*” brochure. This brochure is designed to assist your club in determining overall objectives and to help you select the type of fundraiser that might work best for your club. In addition to providing many fundraising ideas, it also tackles some of the tough questions that your club may encounter.

78 Years Later and We're Still Having Fun!

The upcoming International Convention in Branson, Missouri marks the 78th year that Cosmos have gathered together to conduct Cosmopolitan business, participate in training sessions and workshops, renew old friendships, and make new ones.

Upon returning home from the 2003 Convention in Minneapolis, attendees were asked to complete a survey regarding the activities held at the convention. Branson Convention Chairs Larry and CeCe Benton, along with the International Board, have reviewed those comments and taken many of those suggestions into consideration when planning the upcoming convention. Many of the meals will be lighter fare, and the schedule has been arranged to allow for plenty of free time while still ensuring that Cosmopolitan business is conducted without feeling rushed.

Our convention hotel, the Clarion Hotel at the Palace, is located within walking distance of some of the over 100 shows that Branson has to offer. I hope you take advantage of the fantastic \$55 room rate that includes a complimentary continental breakfast. This rate will be honored for nights preceding or following the convention as well.

Looking forward to seeing you in Branson!

Recent Board Action

At the Winter CI Board Meeting held March 6th in Kansas City, Missouri, the Board approved the following revisions to the Board Policies (*complete details available on the Cosmo website or upon request*):

1. Established a policy outlining the procedure for adoption of any future International Project.
2. Granted final authority to the Int'l Awards Chairman to resolve any questions regarding Int'l awards.
3. Deleted the guidelines for the Diabetes Center Advisory Council.

ANSWERS TO YOUR MEMBERSHIP QUESTIONS

Jeanne Nielsen

Vice President for Membership & New Clubs



It was a privilege to serve on the Search Committee for the Director of Membership Development and participate in the interview process. The committee interviewed several good candidates and I believe that Cosmopolitan International is fortunate to have the enthusiasm and excitement that Joe Casper brings to the position.

During my membership committee meeting, held in conjunction with the winter board meeting, I asked those in attendance to write down a question about membership and we would discuss them. The following questions resulted from that discussion.

Q: What financial support does Headquarters supply to new club builders? *Tom Stone, Past Int'l President*

A: Headquarters doesn't just hand out money for club building. Their support comes in different forms. The first and newest support, would be the Director of Membership, Joe Casper. Joe is available to answer questions, provide new and exciting membership strategies, attend conventions and help with the chartering of new clubs. In addition, Headquarters has, and is developing, literature and tools to assist with membership growth and retention. Available at no charge are the *New Club Building Manual*, *Unity Service and Action* brochure and video, *Seven Steps to Make Your Club Grow* brochure, *Be a Part of the Cure* brochure, invitations, name tags, etc. Support from Headquarters may not be actual cash, but the support and resources they provide are priceless.

Q: What new clubs are being worked on this year? *Jim Walker, International President*

A: At the present time, work continues on the Arbor City Club in Nebraska City, Nebraska. Dale and Faye Hampton and Perry and Linda Johnson have worked very hard to get this club off the ground. In addition, there is club building going activity going on in Detroit, Michigan and Mitchell, South Dakota. We look forward to charter dates being set for those clubs soon.

Q: How do you locate a "key person" when building a club? *Dale Hampton, Cornbelt Federation Governor*

A: Look for someone who knows lots of people or who has many business contacts. Some occupations are more conducive to this than others – sales, insurance, banking

etc. But sometimes it's the personality of an individual that draws others to them. This person may not be available to serve as president of the new club, but they know who can.

Q: Does anyone have any suggestions for approaching/soliciting former members? *John Gustafson, North Central Federation Governor-Elect*

A: Since 1988, Headquarters has maintained a database of all current and former members. Contact them to receive a list of dropped members from your club and review that list to determine which members you think may be interested in re-joining. The staff at Headquarters will then verify as many addresses as they can and mail personalized letters asking them to attend an upcoming meeting or social event. Consider inviting former members along with prospective new members to your membership events. Let them know the new things your club is doing.

Q: How do you respond to the person that says, "I just don't have time to join a club"? *Jami Finazzo, Cornbelt Federation Governor-Elect*

A: Be prepared with a list of why your Cosmopolitan club is important to you and what the club does for your community. In Jami's case, she belongs to a club that meets for lunch. Since everyone enjoys a free lunch, invite them to join you and offer to pay. Stress to prospective members that you understand other commitments to family, faith, etc. will come first and that they are not expected to attend every meeting or work every fundraiser. If your meeting time doesn't fit their schedule, suggest another Cosmo club in your area that might better suit their needs.

This is the last Cosmo Topics article that I will be writing as the V.P. of Membership and New Clubs. I would like to thank each of you for your support over the last couple of years. I especially want to thank my parents for being so supportive of my decision to run, and the Headquarters staff for everything they do for me on short notice. Bill Quire – thank you for encouraging me to run for this position in the first place. There really are too many people to list; so I just want to say a big THANK YOU to everyone.

Founders Day Follow-up



**Rob
McWilliams**

Vice President
for Finance
and Marketing

Now that our first Founders Day event is behind us, you ask “what are you going to talk about now?” – I say, our next year’s Founders Day event!

Although we are assessing and compiling the results as of this writing, I’m willing to say that our first effort at promoting ourselves via a founding anniversary event was a **great success** based on the front page article we received in the *Overland Park Sun* on March 11 under the caption “Join the Club” (see picture above). Hopefully other clubs received the same type of exposure in their hometown newspaper or business journal. If you didn’t, there’s no reason why you can’t and we are going to help.

By the time you read this article we will be in the process of preparing for next years **Founders Day** media promotion. A **survey** will be e-mailed, faxed or mailed to all current club presidents. We will seek specifics regarding any media promotion received and solicit suggestions for improving the Founders Day promotion. I encourage all clubs to include a Founders Day event celebration (optional) and promotion (strongly encourage) as part of their **club’s annual plan**. A full report of results and suggestions for improvement will be given at our international convention in Branson this summer. So please **return your survey** to headquarters in a timely manner in advance of the convention. Our promotion is only going to get better, but we need your help and the help of each club.

Cosmo Brick Club



Purchasing a brick to be placed in the brick courtyard at International Headquarters is a wonderful opportunity to honor your club president, federation governor, and award recipients. Bricks have also been inscribed in memory of friends and loved ones. To date, more than 300 engraved bricks have been placed in the courtyard of the historic turn-of-the-century Headquarters building. To order your brick, please order online through our website at www.cosmopolitan.org or send \$100 along with your engraving and acknowledgement information to Headquarters.

The following commemorative bricks have recently been placed in the courtyard:

Jerry Sigmund Columbia Luncheon Club President, 2003-2004	Blair Nebraska Cosmopolitan Club Brick #2 - 2004
Memorial - Chuck Bernhard A faithful member of Columbia Breakfast Club	George A. Harrell, Jr. Past President Elizabeth City, NC
Maxine M. Harrell Outstanding Cosmo Elizabeth City, NC	Robert Hansen Cornbelt Governor 2002-2003
Roanoke Cosmopolitan Track and Field Meet Running Since 1965	Roanoke Cosmo Club Honors Bob Williams Capital Fed. Governor
Clarence Riechmann Charter Member Columbia Luncheon	Dawn Clary Main Street President 2003-2004
In Loving Memory of Philip H. Brunk Jane & Ron Holtzman	John Bloom Executive Director 1992-2003
Tom Sawyer Downtown Wichita Mo-Kan Gov. 1978	Valerie R Showers Millar Sioux Falls Evening
Richard Brynteson International President 1978-1979	Lou Hoffman International President 1997-1998
Capital Federation 2003-2004	

New Lighthouse Award Bannerette

*Ed Thompson, Chairman
Cosmopolitan Diabetes Foundation*



We are rapidly approaching the International Convention, and I look forward to seeing many of you in Branson this summer. When we meet, you may notice some changes to the awards that we have presented to clubs in the past recognizing Beacons participation.

First, the BEACON AWARD, which recognized the highest percentage of club membership enrolled as Beacons, has been discontinued effective with this year. This award was previously presented by Cosmopolitan International, and the CI board felt it was no longer appropriate for them to continue it. The Foundation board did not want to assume this award because, by its very nature, it was nearly impossible for any but a very small club to receive the award.

The LIGHTHOUSE AWARD has traditionally been presented by the Foundation to the club with the highest percentage of **NEW BEACON MEMBERSHIPS**. This award too favored the small club with just one or two new Beacon Memberships. The Foundation will continue to present the Lighthouse Award, but the requirements have been changed to allow all clubs the opportunity to achieve it, and more than one club per year may be recognized for helping the Beacons Fund grow.

As of April 30, there are three clubs that qualify for the award this year: **West Omaha, Sioux Falls and Roanoke**. Seven clubs need only one more Beacon by June 30 to qualify: **Heartland, Omaha I-80, Grand Island, Main Street, Bellevue-Big Elk, New Orleans and Alexandria-Cenla**. Contact Foundation Assistant Toni Gelpi at Headquarters to see how close your club is to qualifying for the award.

Don't be left out on the inauguration of the new LIGHTHOUSE AWARD. Find out how many new Beacons you need between now and June 30th, sign them up, and receive the first ever LIGHTHOUSE AWARD BANNERETTE for your Awards Banner.

New LIGHTHOUSE AWARD Criteria

- A club must have new Beacon Memberships of at least 10% of their total club membership as of the close of the Cosmo year. For example, a club with 30-35 members will need 3 new members to qualify, but if they have 36-40 members they will need 4 new members.
- There is a minimum threshold requirement of at least two new Beacon memberships to qualify. (Charter strength is 20 members.)
- An increase from one Beacon level to the next will qualify as a new membership for each jump in club level. For example, a regular Beacon that jumps to Emerald will be counted as one new member, but if that regular Beacon jumps to Ruby, that will be two memberships and to Diamond will be three. A brand new declaration of Emerald will count as two memberships, and so on.
- Clubs achieving this award will have their club name recorded on the Lighthouse that is kept at Headquarters, and they will receive a bannerette for their awards banner.
- Hands Across the Border and Clubs Across the Border will be counted as one membership.
- New Beacon payments will need to be received at Headquarters by June 30 of the Cosmo year to be counted for that award year.
- New members signing up at convention will be counted in the new Cosmo year for purposes of the award. (New Beacon sign ups in Branson will count towards the 2004-05 year.)



INGAP

A Special Report

From the Diabetes Committee

May, 2004

To: All Cosmopolitans

At the Winter Board Meeting of Cosmopolitan International held March 6, 2004, the Diabetes Committee discussed at some length where we currently stand on our INGAP commitment and what we must do in the future to achieve our goal of \$750,000.

This special report is intended to let our clubs know the current status of INGAP research and field trials, how GMP and Procter & Gamble (P&G) are involved, and what our support is doing in the fight to cure diabetes.

We hope this information provides some insight as well as answers to most of the questions being asked about why Cosmopolitan International support is critical to the research being carried on at the Strelitz Diabetes Institutes and at McGill University.

To further clarify all aspects of INGAP and islet cell regeneration research ongoing at the Diabetes Institutes, Anna B. Goldenberg, Executive Director of the Diabetes Institutes Foundation has agreed to participate with us during a workshop/Diabetes Committee meeting at our International Convention in Branson on Friday afternoon. She will also attend our second delegates meeting on Saturday to answer any remaining questions we may have for her. The primary purpose of our workshop, however, will be to generate a proposal for consideration by all delegates which will lay out a realistic plan to meet our total INGAP commitment. Anna will be present to help us better understand why our support is still vital to the Institutes.

The Diabetes Committee looks forward to meeting with all interested Cosmopolitans in Branson to discuss how we should proceed to meet our commitment to the Diabetes Research Institute and their goal to find the ultimate cure for diabetes.

Bob Williams, Chairman

Clinical Trials

As you may have read in the Winter issue of *CosmoTopics*, GMP Companies and P & G completed Phase 1/2a trials in June 2003. These trials showed that the drug was safe in single doses and repeated doses for a month.

Multi-center Phase II clinical trials are now underway at twenty sites with 180 patients enrolled; 60 with Type 1 diabetes and 120 with Type 2. In this trial the dosage will be higher and the duration longer than what was given in the earlier trial, which was testing for safety only. Clinical research in this phase will be to ascertain the dosage, timing and route of administration to find out how INGAP therapy will be best administered in humans.

Where Do We Stand?

Since approving our INGAP commitment at the Saskatoon International Convention in July 2000, we have raised approximately \$526,000 toward our goal of \$750,000. Please remember that we committed \$120,000 of this total to support research being led by Dr. Lawrence Rosenberg of McGill University and the McGill University Health Center in Montreal, Canada.

To date Cosmopolitan International has met its \$120,000 goal to support Dr. Rosenberg and has sent over \$400,000 to the Diabetes Institute Foundation (DIF) in Norfolk, Virginia. DIF uses our funds to support its commitment to provide \$450,000 annually to the Strelitz Research Institute. Based on a commitment of \$630,000 over five years to the Strelitz Diabetes Institutes, Cosmopolitan International should have been sending \$126,000 per fiscal year to DIF. As you can see below we have not met our goal for the past three periods.

<u>Fiscal Year</u>	<u>Amount</u>
2000-2001	\$131,000
2001-2002	\$101,923
2002-2003	\$88,365
2003-2004	\$84,792 (to date)
Total to Date	\$406,080

**A Response From The Diabetes Institutes Foundation
Regarding Cosmopolitan International Support For INGAP
Prepared by: Anna B. Goldenberg
Executive Director**

The following are excerpts of answers provided by Anna B. Goldenberg in response to a series of questions posed by the Cosmopolitan International Diabetes Committee. These questions, in part, were provided to the committee by Bob Winters of the Cosmopolitan Club of Norfolk. The complete response by Ms. Goldenberg may be found on the Cosmopolitan website at www.cosmopolitan.org.

Please describe the nature of research ongoing at the Strelitz Diabetes Institutes (SDI). Is it an extension of INGAP research? – Research in islet cell regeneration at the Institutes has reached an important junction. One fork is the efforts of GMP Companies and Procter & Gamble to develop INGAP as a drug. The other equally important and exciting research avenue is SDI research that seeks to move beyond INGAP and expand knowledge and development of the process of islet cell regeneration. There still remains significant caveats in islet cell regeneration that must be investigated. As human trials continue in pharmaceutical development, researchers at SDI continue to probe the biological mechanism of islet cell regeneration and the important factors that will contribute to the success of this treatment for diabetes. **With Cosmopolitan funding, SDI researchers are investigating the obstacles that using INGAP will encounter.**

Does this ancillary research receive any funding from GMP and P & G? – GMP/P&G funding for SDI is intended to research INGAP as a drug. With this funding, considerable work is being done at SDI in animals to examine the robustness and durability of the response, repeatability, long-term safety of higher doses, administration techniques, and means of delivery. The field that GMP/P&G controls relates to the administration of the INGAP peptide. SDI research focuses on islet regeneration and all of the factors involved of which INGAP comprises only one part. **Cosmopolitan International support to the Diabetes Institute Foundation is a major component of this vital ancillary work.**

What impact, if any, has Cosmopolitan funding had upon INGAP research at SDI? At the time that **Cosmopolitan International** made its pledge for islet regeneration research, SDI was conducting investigations with the INGAP gene in animal models. **Cosmopolitan International** funding strengthened and accelerated SDI research through its operational support. In part with **Cosmopolitan** funding, noted researcher Dr. David Taylor-Fishwick was hired to set up a new cell and molecular biology laboratory that has investigated the means by which the INGAP gene can be regulated. **Without Cosmopolitan support, INGAP would not be in clinical trials today.**

Does the Diabetes Institute Foundation (DIF) raise funds for research at SDI? – The DIF is the supporting arm of the Strelitz Diabetes Institutes of Eastern Virginia Medical School. Of the \$725,000 that the DIF provides each year for the support of the Institutes, \$450,000 is in support of research. Funds raised by **Cosmopolitan International** and sent to the Diabetes Institute Foundation are used toward **islet regeneration research only**. In February 2003, two new scientists joined the SDI research program, the husband and wife team of Drs. Jorge and Terry Jacot. Along with the current team of Drs. Vinik, Pittenger and Taylor-Fishwick, they will be key to an ambitious new, multi-million dollar, multi-year effort at SDI to advance islet regenerative research beyond INGAP. **Cosmopolitan support will be key to this goal of finding an effective treatment of diabetes.**

Where Do We Go From Here?

The Diabetes Committee hopes that it is apparent to all Cosmopolitans that continued research at SDI is very worthwhile and that our continued support is vital to finding a viable treatment and ultimately a cure for diabetes. At your respective Federation conventions, please consider the following:

1. Explore ways at both the club level as well as the Federation level to continue to support islet regeneration research for the remainder of our fifteen-month commitment.
2. Be prepared to conduct fundraisers and to solicit corporate sponsors if appropriate.
3. Come to Branson with a Federation "game plan" and commitment to meet, exceed or meet some reasonable portion of your fair share goal.

Cosmos In Action

From Sturgeon Valley . . .



Two well-deserving members of the Sturgeon Valley Club were recognized for their volunteer efforts in St. Albert, Alberta

during National Volunteer Week (April 19-24th).

On Monday, April 19th, Mayor Richard Plain presented **Joyce Lukasiewich** with the unsung hero award at a City Council meeting. Her name will go in a permanent record book displayed at City Hall.

Gary Jurke was selected as one of the five finalists for the St. Albert Volunteer Citizen of the Year. The club was in strong attendance at the Awards Banquet on Friday, April 23rd where Mayor Plain honoured Gary's work in Cosmopolitan. Recognition of his work was also recognized in the local paper and published in the awards program.



The Sturgeon Valley Club is very proud of the work put in by these two members and applauds their efforts.

From Cornbelt Federation . . .

In an effort to take INGAP diabetes research to a new level, three members of the Omaha Club have stepped up to the plate with another exciting



fundraiser we can all get behind and support. Past Cornbelt Governor **Ed Ficenc**, Lt. Governor **Perry Johnson**, and Past International President **Jim Prouty** (left to right above) plan to scale Devils Tower located in northeast Wyoming June 10-13, 2004. Devils Tower represents a tough 867-foot, 12-hour climb and rappel.

They plan to carry with them the Cosmo flag that Calgary Club's **Ron Allen**, and his daughter Tracy, took to the top of Mt. Kilimanjaro two years ago in another INGAP fundraiser. The flag was also carried to the bottom of Death Valley last fall by Sioux City Club member **Dr. Ken Todd** in support of INGAP.

The climb is a significant expense to these three members, as they have had to obtain climbing certification from the National Park Service, obtain a permit for the climb, fees for practice time on a wall, and travel and lodging. The reason for the climb according to Perry, Ed and Jim?

- It will be a symbolic climb to show that even difficult things can be achieved - like finding the cure for diabetes.
- It will challenge people to make a significant gift to the Fight Against Diabetes.
- Proceeds go to INGAP research to find the cure.

Donations may be mailed to: COSMO INGAP c/o Security National Bank, 3500 Farnam Street, Omaha, NE 68131.

From Lawrence River City . . .

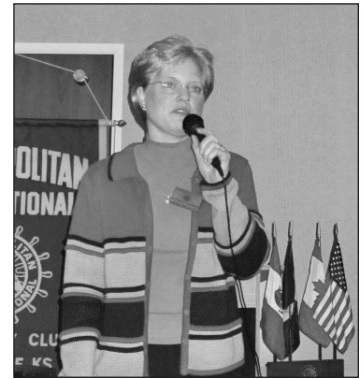
Lawrence River City Club's Annual Membership Night Is A Great Success!

The Lawrence River City Cosmopolitan Club held its annual Membership Night on March 4th with fifty-seven members and guests in attendance. The event included hors d'oeuvres, refreshments, and presentations about Cosmopolitan International and the River City Cosmopolitan Club.

Fourteen potential new members attended the event, along with several representatives from Cosmopolitan International. Those included President **Jim Walker**, and his wife **Joan**; President-Elect **Derry Anderson**, and his wife **Sheila**; and Vice President for Membership & New Clubs **Jeanne Nielsen**. Executive Director **Barbara Johnson** was also in attendance as were Heartland Club members **Don Hover**, **Barbara Odell** and **Don & Linda Gentry**. Past International President and River City Club founder **Steve Hanna** was our special guest for the evening.

Mike Hertling served as Master of Ceremonies for the evening. Program presenters included Executive Director **Barbara Johnson**, who gave a history and overall view of the Cosmopolitan International organization. River City Club member and local diabetes educator **Pat Hohman** spoke on the devastating effects of diabetes, while Mo-Kan Governor **Kevin Harmon** relayed Cosmopolitan International's in-

volvement with INGAP and our hopes for a diabetes cure in the near future. **Gary Bartlett** ended the formal presentations on a lighter note with a PowerPoint presentation that told the River City Cosmo Club story along with some of the fun that we have had during our club's fourteen-year history.

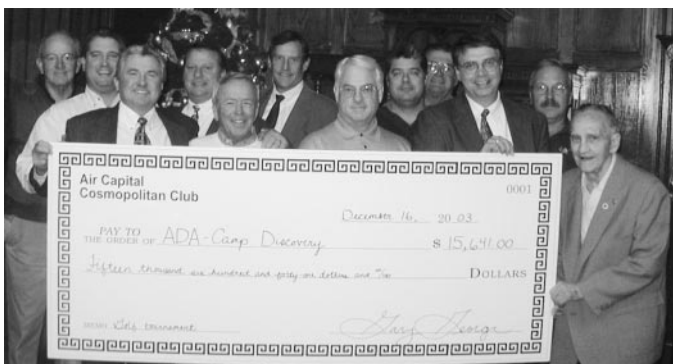


Pat Hohman

International President **Jim Walker** ended the program by offering remarks, as well as installing the River City Cosmopolitan Club's newest members, **Jerry and Marsha Tiemann**.

All those who attended the River City Club's 2004 Membership Night had a great time! By the end of the evening at least three guests had already completed membership applications, with promises from several other guests to do the same. Congratulations to Membership Vice-President **Pat Hohman** and her Membership & Education Committee for planning such an outstanding event!

From Wichita Air Capital . . .



Left to right: **George Morrison**, **James Davis**, **John Paladino** (Tournament Chairman), **Rob Lee** (Committee Member), **Bill Cupps** (Committee Member), **Dan Buck** (Committee Member), **Mike O'Bryhim**, **Dr. Pedro Murati**, **Willie Govert**, **Gary George**, **Randy Oldham** and **Walt DeLozier**.

More BIG Bucks! — The Air Capital Cosmopolitan Club of Wichita recently presented a \$15,641 check to the local chapter of the American Diabetes Association. This check represents proceeds from the club's sixth annual Benefit Golf Tournament for Diabetes, which is pledged for scholarships to Camp Discovery. The summer camp provides children with diabetes an opportunity to know others facing the same challenges. Camp Discovery was founded in 1973 and is staffed by over 70 volunteers including former campers, counselors, medical staff and program staff, with nearly 75% of the staff living with diabetes themselves. Over 200 diabetic children from age 8 to 16 attend the annual camp. The Air Capital Club's annual golf tournament has now raised over \$50,000 for scholarships to Camp Discovery.

From Prince Albert . . .



Little Red River Park is located a few minutes north of Prince Albert, a city of 40,000 people in north central Saskatchewan. Since 1992, the central portion of the park has been known as Cosmopolitan Place, which has as its focal point the Cosmopolitan Lodge. The Park and the Lodge are the hub of activities in this piece of wilderness near the hustle of our busy city.

During the winter months Cosmopolitan Place provides well-lit tobogganing hills, forested cross-country ski trails, hills for downhill skiing and snowboarding, and lots of room for hiking, dog walking, and all forms of play. A snowmobile route has been created to provide local snowmobile clubs with access to recreational services.

In the summer, families enjoy the picnic area sites for barbecues and get-togethers. Bird watching is also a major event with many different species flocking to the park, and a playground offers a major attraction for children. Bus tours also use the Cosmo Lodge as a tourist rest stop.

In 2002, the City of Prince Albert and the Prince Albert Cosmopolitan Club set up a joint committee to look into the possibility of replacing the nearly 35-year old lodge. After many meetings and planning sessions the two groups agreed upon a plan for the new construction and a fundraising strategy was adopted.

The new Cosmopolitan Lodge will be built at a cost of \$680,000, split evenly between the City of Prince Albert and the Cosmopolitan Club. The club's goal is to raise its share over the next five years and, with our commitment to the project, construction is expected to start in May of 2004. The structure will provide meeting rooms, a gathering area for about 200 people, a kitchen/canteen to serve the public. Entrance accessibility and restroom requirements will be provided for wheelchair visitors.

This ambitious scheme has meant some very active and aggressive fundraising schemes. Our money raising ventures to date include bingos, a major cash lottery, a club-sponsored Home and Leisure Sale, and several smaller raffles. We have also raised significant funds from a canvass of our present and former members. Local and national business groups have also been very generous in their support of the project.

One interesting fundraising opportunity comes from the donation by local, nationally known artist Glen Scrimshaw. Glen has donated a percentage of the proceeds from a set of limited edition prints titled "Reflecting at Little Red" to our project. You are invited to view the print, as well as Glen's other works, at www.glenscrimshaw.com. This is a great original work of art, at a great price, for a great cause.

The entire project, to date, has been a very positive experience for our club, bringing the members together and stirring us to excel in our community. It is another example of "COSMOS IN ACTION".

*Submitted by Cosmo Ron Kondra
Information compiled by Cosmo Norm Horne
For more information about the
Cosmopolitan Lodge project, write to:
Cosmo Lodge Project
c/o Cosmo Clare Middleton
Box 181
Prince Albert, SK, Canada S6V 5R5*

Cosmos In Action

From Winnipeg...

The Winnipeg Club held its sixth annual "Iron Man" golf tournament on September 10, 2003 at the River Oaks Golf Course, just outside of Winnipeg, Manitoba. The Marathon consists of golfing 100 holes in only one day. Sponsored by Frontier Subaru, the event raised close to \$30,000. Our sincere thanks to all who assisted in some way to make this a very successful event, and to the golfers who participated.

*Pictured at right is **Paquale Grego**, Tournament chair, **Sylvia Rothney** of the Alzheimer's Association and **Barry Tuckett**, President of the Winnipeg Club.*



From Capital Region...

For the twelfth consecutive year the Cosmopolitan club of the Capital Region will be selling raffle tickets for a child's playhouse at the Harrisburg Arts Fest and the Mechanicsburg Jubilee Day. Previous playhouses have included Swiss chalets, Victorian cottages, a little red schoolhouse and a country store. Club member **Clyde McGeary** was the designer as well as one of the workers for these playhouses. Other workers from the club were: **Bill Dallam**, **Mary Lou Dallam**, **Bill Walker**, **Gail Prescott**, **Roy Prescott**, **Barbara McGeary**, **Dick Shelly** and **Nick Polliard**.

Last year, **McGeary** designed a firehouse to honor the firefighter who lost their lives in the 9/11 disaster. Before he could begin construction, open

heart surgery put him out of the picture. Students from the Cumberland Perry Vocational Technical School pulled the project through by building the firehouse for the club. **Mary Lou Dallam** created and painted a Dalmation dog to go with the fire house and husband **Bill Dallam** purchased a child's pedal fire truck.

This year the VoTech students are coming through again with a fanciful, child-sized castle, again designed by **McGeary**. Club president, **William Dallam** purchased and pre-painted all the raw materials and, along with club member **Nick Polliard**, delivered everything to the VoTech class.

After the construction of the castle, Cosmopolitan Club members will complete the painting and decorating. The castle will be raffled at two Central Pennsylvania summer events.

The proceeds from last year's playhouse were awarded to INGAP, the Adult Retarded Citizens, the Art Council, and the Food Recovery Program.

*Capital Region front cover photo from left to right: **Dick Shelly**, **Bill Beatty**, **Art Nelson**, **Nick Polliard**, **Claudia Nelson** (holding baby) and **Glen Dunbar**.*



*Playhouse winner **Spencer Patterson***

From Santa Fe Trail...

Fun, friendship and giving is what our club is all about. We recently changed our name from the Overland Park Cosmopolitan Club back to the Santa Fe Trail Cosmopolitan Club - the original charter name. We have gained eight new members over the last three years. This has been accomplished by friends inviting friends. We also created our own club brochure and hope to continue to grow. We currently have twenty-two members with a goal of forty.

Our Pals have proven to be a great asset to our club working as long and hard on our projects as our members. We have Pals Night Out each month ranging from going to new restaurants to museums and art galleries.

Our big fundraiser is our funnel cake trailer (*pictured above*). We work four events each year, which nets us over \$13,000. Our thanks to **John Kitzman** and **Frank McGinnis** for donating the original trailer and the larger new improved trailer.



Our charity auction has also been a big success. We joined with ReMax Realtors and Children's Miracle Network to make it an even bigger and better auction. Last year we raised over \$100,000 dollars. We were very pleased that **Jim and Joanie Walker** were able to join us this year for this event.

Cosmos In Action

From Omaha Cornhusker...

The Challenger Little League (*pictured below*) was organized in 1989 as a separate division of the Little League so that physically and mentally challenged children could play baseball. It is difficult for some of the children who participate in the Challenger Little League to hit a baseball or swing a bat; therefore, a "buddy" system was organized, so that other children could help the challenged children play baseball. Children in wheelchairs are moved around the base path by their buddies.

The Cornhusker Club became interested in the Challenged Little League when the nephew of 30-year



member **Van Gillem** joined the Challenger Little League in 1993. Every year since, the Cornhusker Club has paid to sponsor a team in the Challenger Little League by contributing money for uniforms and equipment. On several occasions, the club members have attended Challenger Little League games and provided picnic lunches for the sponsored team after games.

The Cornhusker Club believes that the Challenger Little League is a great project because it proves an activity for physically and mentally challenged children that allows them to meet other children and build up pride; and the "buddies" experience the challenges that their friends face in their daily lives.

FROM CAPITAL REGION . . .

Prospective Members Learn Local and International Efforts to End Diabetes

Submitted by Carl J. DiVincenzo, Membership Chair

I was a bit apprehensive when asked by our club president to be the membership committee chair for the upcoming year as I had just joined the club after a long hiatus from Cosmo activities. After contacting International for materials and suggestions for ways to attract new members, I presented the idea of a membership night to our board. Each member was asked to bring at least one guest to a dinner meeting and conduct a program that would pique his or her interest in our organization.

Believing that both promotion and publicity were key; announcements were made at board meetings and in the club newsletter. One month before the event, I submitted news releases for publication in local community newspapers. One weekly published the releases each of the four weeks preceding the meeting. At the general meeting prior to the membership meeting each member was provided with a brochure and application and a reminder to bring a guest to the next meeting.

In developing the program for the meeting, I wanted to provide enough information to the guests without overwhelming them. I also didn't want to pressure them to join. My approach was to have a speaker that would provide information about Cosmopolitan International's association with the fight to find a cure for diabetes and a speaker that could provide a brief diabetes education program. Each speaker was asked to be brief so that there would be plenty of time for questions and interaction between the speakers, club members and prospective guests after the program.

Charter member and past president **Cindy Stone** led off the program with a brief overview of the International structure and the origins of the Capital Region Club.

The guests were then informed of the Capital Region Club's contributions to INGAP diabetes research as well as support for local charities including the ARC of Dauphin and Lebanon counties, CPARC, and CHANNELS. The club's current fundraising effort has begun with the design and construction of a

castle playhouse. Local students will perform construction, and ticket sales will begin during the Harrisburg Arts Fest in May.

The second presentation of the evening was made by Sharon Kelly, RN, Director of the Diabetes Education Team for Pinnacle Health System and Beth Keifer, RN a member of her team who specializes in outreach to corporations and service organizations.

The program was successful in two ways: 1.) Our 18-member club invited eight prospective members to join us for the evening. The key to having the guests join the club will be follow up by members and providing a nurturing support to our prospective members. I hope to use the material from International, especially the mentoring approach to encourage club members to provide a gentle nudge to their guests; and 2.) The program was extremely informative without providing information overload. The handouts provided by the speakers complemented the information provided in their remarks.

I appreciate the assistance and materials provided by International and recommend that membership chairs take advantage of the resources that are available to them.

Capital Region Membership Night Principals



L to R: **Carl DiVincenzo**, Capital Region Club Membership Chair, Sharon Kelly, RN, Director of the Diabetes Education Team for Pinnacle Health System, Beth Keifer, RN and **William Dallam**, President, Capital Region Club

From Alexandria-Cenla...



The Alexandria-Cenla Club is happy to announce that we have five new members. They were installed at our January meeting by Past Governor **Bill Holt**. Pictured from left to right is **Dale Genius** and his pal **Clarice**, **John Holt** and his pal **Janet**, **Michael Redman**, and **Kerston Clifton**. Not pictured is **Charles Gorum**. They are all ready to work for Cosmopolitan.

From Fremont 100...

The following letter was received from a grateful mother of a child with diabetes who was sponsored by the club:

Dear Members:

This note is to thank all of you for your generosity. Our daughter Riley, who is a type 1 diabetic, is so looking forward to attending diabetes camp and meeting other children that have the day-to-day difficulties of being a diabetic. Riley is 5 years old. She has her finger pricked for blood sugar tests 10-12 times a day and gets at least 4 shots a day. Riley is the only child in her grade school with diabetes. This opportunity to attend camp will show her that she is not alone.

The camp she will now attend, thanks to all of you, is in July at the Louisville State Park. Next week, Riley will meet with her Endocrinologist and diabetic health care team. At that time, the paperwork and check from you will be sent to the camp directors.

We do thank you for this wonderful gift.

God Bless You All,
Pat & Mary Tenopir

In Memoriam

Documented from
February 15, 2004 - May 15, 2004

Mo-Kan Federation

Charles W. Bernhard - Columbia Breakfast
Doris Reynolds - Columbia Luncheon

Southwestern Federation

Donald S. Brix - Tulsa
Joseph S. Casey - New Orleans
Oleta Harkins - Tulsa
Paula Murphy - Tulsa
(wife of Shuler Murphy)



To have your club or federation featured in the Fall 2004 Issue of *Cosmo-Topics*, please submit your article and photo to headquarters by August 1, 2004.



Walkers Enjoy Canadian Hospitality

The visit of the International President to Saskatoon was a whirlwind trip of tours, meals, club visits and shopping. Jim and Joan Walker arrived at the Saskatoon Int'l Airport to find a white stretch limo and a group of Bridge City Cosmos waiting for them.

The Bridge City Club took the Walkers to the Cosmo Industries for the afternoon where they learned about the different facets of the operation. One of the highlights of the tour was the new Snoezelen Room that provides patients with an opportunity to interact with equipment meant to heighten the senses. This new technology is fast spreading into schools and other facilities with challenged children and adults.

After the tour, it was off to the Saskatoon Club for a supper meeting with the all the Saskatoon club presidents, president-elects and their spouses.

Saturday was a very full day for the Walkers. Saskatoon Club members toured the Walkers through the Western Development Museum, and other areas of the city before returning them to the hotel to prepare for the 29th annual Dine, Dance, Auction. The Adam Ballroom looked like the Palace in Versailles, and everyone commented on the spectacular surroundings. The Dine, Dance was emceed by Past-Governor **Roger Pilon** and radio personality Patty Mertz. The Bridge City Club rounded up some \$64,000 worth of merchandise to auction off. The evening was topped off with some



Left to right: Prince Albert Club Members Elmer Miazga, Maureen Kondra, Chris Clinton, Eileen Clinton, Ron Kondra, Ken Peet, Freddie Peet, International First Lady Joan and International President Jim Walker

great entertainment – “An Evening with the Legends”. First Lady Joan was even lucky enough to receive a silk scarf from “Elvis”.

A Sunday afternoon brunch at the Willows Golf and Country Club was enjoyed before more touring with the Yellowhead Club. Everyone was invited that evening for dinner at the Samurai Japanese Restaurant.

Monday morning was spent with the Bridge City Club touring the new Synchrotron, a world class linear light accelerator. The new building, when started up this year, will be used to separate molecular particles, which will hopefully result in cures for many diseases. The tour included the Agriculture and Engineering building on the University of Saskatchewan campus. Then it was off with the Couples Club for more touring and lunch.

That evening, the four Saskatoon clubs hosted a black tie event. President Jim gave us a pep talk on Cosmo membership, and inducted seven new members. He concluded his comments by presenting the Saskatoon Club with a 75-year anniversary banner. Special entertainment was provided by Danika Steckler and Alexa Pilon. Both girls are daughters of Cosmo and silver medallists in their discipline. The President and First Lady were presented with gifts to show our appreciation for the time that they spent with us here in Canada.

Tuesday morning the Walkers departed Canada, leaving behind some American cash, and some great memories. We look forward to renewing our friendships at the Convention in Branson this summer!



Cosmo Buddy Bears

\$8.95 each

Make a child happy with this cute, huggable, 13-inch stuffed bear. Each bear arrives wearing a colorful purple t-shirt with the Cosmopolitan logo on the back. Over 1,000 have been sold. Many clubs have used them as fundraisers, or given them as gifts to local hospitals, police or fire departments. They also make great stocking stuffers!

Don't Forget to Pack Your Cosmo Apparel for the Convention!

Knit Golf Shirt: Dusty violet cotton cool weave knit. Cosmopolitan logo in white.

Men's Sizes: S,M,L,XL,XXL	\$25.00
Mens: XXXL	\$30.00
Ladies' Sizes: S,M,L,XL	\$25.00
Club Name embroidered on sleeve	\$5.00

Ball Caps:

Wheat color with tone-on-tone logo	\$15.00
------------------------------------	---------

Visors:

Wheat color with tone-on-ton logo	\$10.00
-----------------------------------	---------

Contact headquarters at 800.648.4331 to place your order today.

New, Reinstated, and Transfer Members

February 1-May 15, 2004

Alexandria-Cenla: Billie Hogue
Baltimore: Harry Tighe, Alfred Brennan
Bellevue-Big Elk: Mark Borytsky, Dave Cote
Belvidere: Mike Drella, Cheryl Murphy
Broken Bow: Everett Govier
Columbia Breakfast: Gary Lenzini, Steven Sapp
Columbia Show-Me: Bill Goodson
Capital Region Club: Wenda Clouser-Young
Edmonton: Dianne Dufresne, Susan Sevcik Gilles Tetreault
Fargo: Christopher Jackson, Mary Mickelson
Fremont: Robert Howard
Jefferson City: Cindy Davis, Geoffrey Gonder
Lawrence River City: Richard Brundage, John Christian, Robin & Nancy Donahey, Susan Leonhard
Main Street: Jan Young
Norfolk: Cynthia Cook
Omaha I-80: Eric Dawson, Lanny Smith
Prince Albert: Michael Bayda
Rapid City: Bob Chalberg, Tod Christensen, Troy Erickson, Russell Haley, Frank Morrison, Robbie Murchison
Rockford: Noel Ianno
St. Albert: Jim Kashman, Mark Morris, Barry Ripper
Saskatoon Couples: Glen & Jean Hanson, James & Ronna Verokosky,
Saskatoon Yellowhead: Kathy Baker, Darin Boire, Linda Greer
Sioux City: Mark Corbin, Mark Lockwood, Cindy Thomas
Sioux Falls: Martin Ruppert
Topeka: Les Evans, Laurie Honaker
Tulsa: Nancy Korzelius
Wascana Couples: James & Jill Powell
West Omaha: Karen Koch

2004 Cosmopolitan International Convention Schedule of Events

Cosmo Program

Wednesday, August 4, 2004

7:00 am-10:00 am	Continental Breakfast
Noon-5:00 pm	Golf Tournament
1:00 pm-6:00 pm	Registration
1:00 pm-5:00 pm	CDF Board Meeting
1:00 pm-6:00 pm	Hospitality Room open
4:30 pm-5:00 pm	First Timer Orientation
5:00 pm-5:30 pm	Parent & Teen Meeting
6:00 pm-7:00 pm	PIP Reunion
7:00 pm-10:00 pm	Ozark Mountain Welcome

Thursday, August 5, 2004

7:00 am-10:00 am	Continental Breakfast
8:00 am-11:00 am	CI Board Meeting
10:00 am-11:00 am	Hospitality Room open
Noon-2:00 pm	Opening Ceremonies Lunch
2:30 pm-4:30 pm	1 st Delegates Meeting
4:30 pm-6:00 pm	Hospitality Room open
7:00 pm-10:00 pm	Sunset Dinner on the Branson Belle * <i>optional event not included in package</i> (http://showboat.silverdollarcity.com)

Friday, August 6, 2004

7:00 am-10:00 am	Continental Breakfast
8:30 am-9:30 am	"Club President's Workshop"
9:30 am-10:30 am	"Building Membership Momentum"
11:00 am-1:00 pm	Beacons Luncheon
1:00 pm-2:00 pm	"Meeting Our INGAP Challenge"
2:00 pm-3:00 pm	"Fundraising"
3:00 pm-6:00 pm	Awards Judging
3:00 pm-6:00 pm	Hospitality Room open
6:00 pm-10:00 pm	Dixie Stampede * <i>optional event not included in package</i> (www.silverdollarcity.com/dixie)

Saturday, August 7, 2004

7:00 am-10:00 am	Continental Breakfast
9:00 am-11:00 am	2 nd Delegates Meeting
Noon-2:00 pm	Purple & Gold Awards Luncheon
2:00 pm-3:30 pm	2 nd International Board Meeting
2:00 pm-5:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-11:00 pm	President's Banquet and Dance

Guest Program

Wednesday, August 4, 2004

7:00 am-10:00 am	Continental Breakfast
Noon-5:00 pm	Golf Tournament
1:00 pm-6:00 pm	Registration
1:00 pm-6:00 pm	Hospitality Room open
4:30 pm-5:00 pm	First Timer Orientation
5:00 pm-5:30 pm	Parent & Teen Meeting
6:00 pm-7:00 pm	PIP Reunion
7:00 pm-10:00 pm	Ozark Mountain Welcome

Thursday, August 5, 2004

7:00 am-10:00 am	Continental Breakfast
10:00 am-11:00 am	Hospitality Room open
Noon-2:00 pm	Opening Ceremonies Lunch
2:30 pm-4:30 pm	Grand Village Shoppes
4:30 pm-6:00 pm	Hospitality Room open
7:00 pm-10:00 pm	Sunset Dinner on the Branson Belle * <i>optional event not included in package</i> (http://showboat.silverdollarcity.com)

Friday, August 6, 2004

7:00 am-10:00 am	Continental Breakfast
11:00 am-1:00 pm	Beacons Luncheon
3:00 pm-6:00 pm	Hospitality Room open
6:00 pm-10:00 pm	Dixie Stampede * <i>optional event not included in package</i> (www.silverdollarcity.com/dixie)

Saturday, August 7, 2004

7:00 am-10:00 am	Continental Breakfast
10:00 am-Noon	Farewell Fun
Noon-2:00 pm	Purple & Gold Awards Luncheon
2:00 pm-5:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-11:00 pm	President's Banquet and Dance

* Transportation is not included for optional events. However, if you are in need of transportation, please notify us at registration and every effort will be made by Mo-Kan Federation hosts to provide transportation.

2004 Cosmopolitan International Convention

Teen/Youth Program

Wednesday, August 4, 2004

7:00 am-10:00 am	Continental Breakfast
1:00 pm-10:00 pm	Teen Hospitality Room open
5:00 pm-5:30 pm	Parent & Teen Meeting
7:00 pm-10:00 pm	Teen Welcome Party

Thursday, August 5, 2004

7:00 am-10:00 am	Continental Breakfast
10:00 am-6:00 pm	Silver Dollar City- lunch included (www.silverdollarcity.com)
7:00 pm-10:00 pm	Sunset Dinner on the Branson Belle <i>optional event not included in package</i> (http://showboat.silverdollarcity.com)

Friday, August 6, 2004

7:00 am-10:00 am	Continental Breakfast
10:00 am-Noon	Track Family Fun Parks (www.bransontracks.com)
Noon-1:00 pm	Lunch in hospitality room
Noon-6:00 pm	Teen Hospitality Room open Games, swimming, fun
6:00 pm-10:00 pm	Dixie Stampede (<i>optional</i>)

Saturday, August 7, 2004

7:00 am-10:00 am	Continental Breakfast
10:00 am-5:00 pm	White Water Park - lunch included (www.whitewater.silverdollarcity.com)
6:00 pm-10:00 pm	Dinner at Sadie's Sideboard Party in hospitality room

Hotel Reservation

*Must be received at hotel by
June 1, 2004*

Clarion Hotel at the Palace
W. Hwy 76, Branson, Missouri
417.334.7666
www.palaceinn.com

800-725-2236 (Reservations Only)

Room Rate: \$55 - Double Queen
\$65 - King
18 and under - free
Suites available-call for rates

*These rates will be honored for days preceding
or following the reserved dates.*

*Accommodation rates include
complimentary Continental Breakfast*

Room Tax: 11.225%

Check In: 3:00 p.m.

Check Out: 12:00 p.m.

Room Guarantee: One night pre-paid

Amenities: Indoor and outdoor heated pools,
in-room coffee makers, and hairdryers. Exercise
facility, massage therapy, restaurants on property.
Walk to Grand Palace, Andy Williams, Branson
Variety Theatre and many other theatres.

General Information

Hotel Surcharge: Costs for meeting rooms are dependent on the number of rooms credited to CI during the convention. Convention attendees staying at other facilities may be accessed a \$150.00 surcharge.

Dress: Casual and comfortable is suitable for day and evening Cosmo events. Cocktail attire is appropriate for the President's Banquet.

Cancellations: Cancellation requests received after 6/1/04 but before 7/1/04 are subject to a cancellation fee of 25%. Requests received on or after 7/1/04 but before 7/15/04 are subject to a cancellation fee of 50%. Requests received on or after 7/15/04 will be considered after the final convention accounting.

Airport Information: Kansas City and St. Louis Airports are served by all major airlines and car rental agencies - Branson is a 4-hour drive from either airport.

Springfield/Branson Regional Airport (www.sgf-branson-airport.com) is served by American Airlines, American Connection, American Eagle, Northwest Link, United Express and ComAir (Delta Connection). Branson is a one hour drive from the airport. Gray Line Express operates a shuttle service to Branson, but reservations must be made in advance, 800-542-6768.

2004 Cosmopolitan International Convention Registration

Mail this form and payment to: Cosmopolitan International, P.O. Box 4588, Overland Park, KS 66204;
or fax (913) 648-4630. Registrations also accepted over secured server at www.cosmopolitan.org.

Cosmo(s)/Guest _____
(Please print as preferred on name badge)

Club(s): _____

Mailing Address: _____
Street
City
Prov/State
Postal/Zip Code

Daytime Phone Number: (_____) _____ E-mail: _____

Children/Teen(s) _____
Name
Age
Name
Age

Food Allergies/Restrictions: _____

Name Badge Ribbons:

Past Int'l President
 Sponsor Life Member
 1st Time Attendee
 Mo-Kan Host
 Beacon Member(s)
 Emerald Beacon
 Ruby Beacon
 Diamond Beacon
 CI Board Member
 CDF Board Member
 '03-'04 Club President
 '04-'05 Club President

COMPLETE PACKAGE – See schedule for details (Includes all “Individual Events” listed below)

	Deadline for all Registration 7/23/04	Postmarked After 6/1/04	# Attending	Total \$
Cosmo		\$160	_____	_____
Spouse/Adult Guest		\$160	_____	_____
Teens (up to 18 years)		\$160	_____	_____

INDIVIDUAL EVENTS – (For those attending only certain events, and not the entire convention)

			# Attending	Total \$
8/04/04	Ozark Welcome Party Buffet	\$ 45	_____	_____
8/05/04	Opening Ceremonies Luncheon	\$ 25	_____	_____
8/06/04	Beacons Luncheon	\$ 25	_____	_____
8/07/04	Awards Luncheon	\$ 25	_____	_____
8/07/04	President's Banquet and Dance	\$ 50	_____	_____
	Delegate Fee	\$ 30	_____	_____

OPTIONAL EVENTS – (Not included in “Complete Package”)

8/4/04	Art Prouty Memorial Golf Tournament	\$ 60	_____	_____
8/5/04	Sunset Dinner Cruise and Show	Adult: \$42 Age 4-11: \$19	_____	_____
8/6/04	Dixie Stampede Dinner and Show	Adult: \$37 Age 4-11: \$20	_____	_____

Complete Package(s)	\$ _____	Enclosed is check # _____ Payable to Cosmo International *
Individual Event(s)	\$ _____	or _____ MC _____ Visa Expires: ____/____
Optional Event(s)	\$ _____	Card # _____
Service Charge *	\$ _____	Signature _____
TOTAL	\$ _____	

A \$15 service charge will be added to each package paid by credit card. All amounts are in U.S. funds. Canadian Cosmos may indicate “U.S. Funds” on their personal checks.

COSMOTOPICS
P.O. Box 4588
Overland Park, Kansas 66204

NON-PROFIT ORG.
U.S. POSTAGE
Shawnee Mission, KS
Permit #671
PAID

ADDRESS SERVICE REQUESTED

Branson, Missouri



*Convention 2004
is almost here...
Register now
and join the fun!*

