



COSMOTOPICS

A publication of Cosmopolitan International – *The Club That Fights Diabetes*
Summer 2005 Vol. 65 No. 4



**Making a difference ...
in our communities
and around the world**

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COSMOPOLITAN MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.



COSMOTOPICS

PUBLISHER Barbara Johnson
EDITOR Teri Bavley

COSMOPOLITAN INTERNATIONAL OFFICERS AND DIRECTORS

PRESIDENT
Derry Anderson
derry@andersongroupcpa.com

PRESIDENT-ELECT
Kevin Harmon
kharmon@sunflower.com

VICE PRESIDENT FOR
MEMBERSHIP AND NEW CLUBS
Tom Gustafson
gustafsonom@msn.com

VICE PRESIDENT FOR
FINANCE AND MARKETING
Rob McWilliams, Jr.
rob.mcwilliams@pilotonline.com

JUDGE ADVOCATE
Jim McVay
jmcvay@omahalaw.com

EXECUTIVE DIRECTOR
Barbara Johnson
exdir@cosmopolitan.org

FEDERATION GOVERNORS

CAPITAL Art Nelson
CORNBELT Jami Finazzo
MID-STATES Walter Alm
MO-KAN Phil Hanson
NORTH CENTRAL John Gustafson
SOUTHWESTERN Helen Holt
WESTERN CANADA Gary Wensel

INTERNATIONAL HEADQUARTERS
7341 W. 80th Street, P.O. Box 4588
Overland Park, Kansas 66204-0588

Local 913.648.4330 Toll-free 800.648.4331
Fax 913.648.4630 www.cosmopolitan.org

E-mail headquarters@cosmopolitan.org

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Keep the Fire Burning

DERRY ANDERSON
2004-2005 International President

Editor's note: This article features themes from each of the last 11 international presidents.

Spring is in the air, the season that brings new life. It's a time to become revitalized. I believe the fires of greatness in our heart can be kept aglow only after we develop a sense of urgency and importance for what we are doing. Are you helping Cosmopolitan grow? Are you holding membership events? Are you asking a friend to club? Imagine where we would be if everyone just invited one guest a month, **12 IN 12**.

Membership in Cosmopolitan should be considered an honor and a privilege. Think of why you became involved. Why do you stay a member? You have an opportunity to affect lives in your community as well as other parts of your country through your efforts. Our clubs over the years have developed and participated in valuable projects. We raise more money per capita than any other service organization. I hope you understand the significant contribution you are making. We are small, but mighty. It's a legacy of great distinction. Let's not be afraid to **SHOUT IT OUT!** There is still time for each of us to **JUST GET ONE** new member before the International Convention . . . **BELIEVE AND WE CAN ACHIEVE.**

During my year as your International President, I have seen amazing things. From the fundraising activities to community projects, from local club meetings to membership events, this organization is **CHARTING THE COURSE TO FIGHT DIABETES.** We were successful in chartering a new club in Detroit by civic-minded individuals that were willing to **FOLLOW THE LIGHT** of Cosmopolitan. We can look back with pride at the accomplishments and events of the past year that were made possible by us pooling our talents and efforts in the spirit of Cosmopolitan. This is an organization of can-do people with **FRIENDS JOINING FRIENDS TO DEFEAT DIABETES.**

There is no question in my mind that we are improving the quality of lives as we are **RACING TOWARDS A CURE.** One major goal for this year was to complete our INGAP challenge. As of May 1st, we are \$137,530.43 shy of our \$750,000 goal. We are so close. Let's embrace and **CAPTURE THE VISION** of **BUILDING A FUTURE FREE FROM DIABETES.**

Your International Executive Committee took time in early May to meet and renew the desire to enhance this tremendous organization. Along with strategic planning, we were also able to interview candidates for the director of membership position. We were encouraged by the talents we saw and hope to make a selection soon.

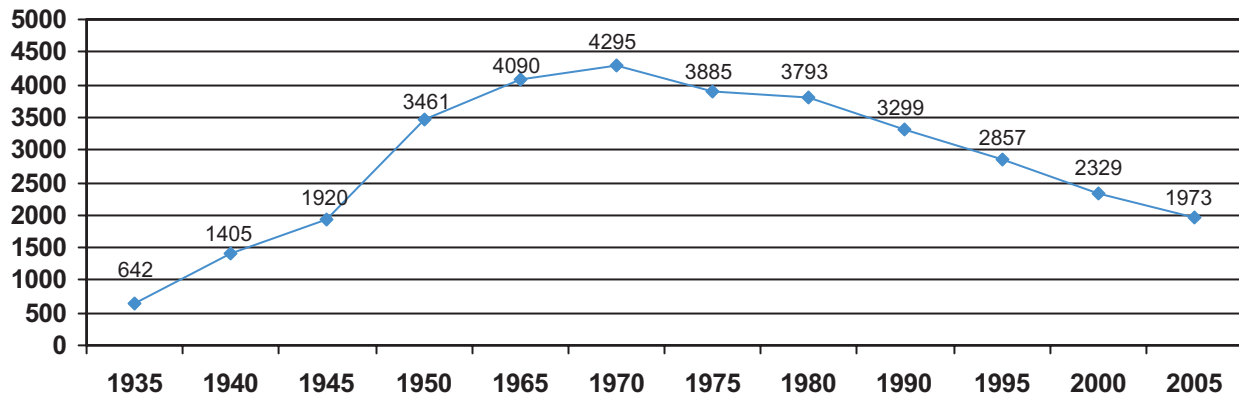
I believe **OUR FUTURE'S SO BRIGHT, WE'RE GONNA NEED SHADES.** I encourage you to continue to **LIGHT THE FIRE** of Cosmopolitan within you, and let's all get ready to "kick it up a notch" with Kevin Harmon in Regina!





Membership, Membership, Membership

BARBARA JOHNSON
Executive Director



Cosmopolitan International Membership, 1935 – 2005

If it seems like we talk a lot about membership, it's because it's vital to the future of the organization. As you can see from the above chart, Cosmopolitan International membership is shrinking at an alarming rate. Our membership size is very nearly half of what it was 30 years ago.

You might be saying, "You don't know my club. Sure, we have 5 or 10 less members than we did 10 years ago, but we still work hard and have a lot of fun. We're doing just fine." But if each club has lost five or ten members every decade, it's easy to see where our organization is headed.

So what do we do about the problem? At the International level, we offer a wide variety of recruiting materials that are available at no charge to clubs. New this year is the **invitation card** and the **membership video** recently converted to DVD. Of course, the **Unity, Service, Action brochure** is still a popular recruitment tool. Int'l VP for Membership and New Clubs Tom Gustafson has compiled a **membership event packet** that instructs clubs on how to hold a successful membership event. This packet includes sample letters and a checklist for clubs to follow.

The Executive Committee is in the process of hiring a **Director of Membership Development** that will be charged with developing and implementing a comprehensive plan to market membership in Cosmopolitan International. He/she will be responsible for assisting clubs below charter strength as well as personally working to build new clubs.

At the federation level, it is the responsibility of each governor to ensure that a new club is built in his/her federation during the year. Each federation should have a **new club committee** whose purpose is to lay the groundwork for a new club by scouting locations and securing club builders. The Director of Membership Development will work closely with those club builders to get the club chartered.

At the club level, it is crucial that each club make a concerted effort to recruit new members and retain existing members. A **membership chairman** should be appointed early in the year. Often clubs find that some of the newest members bring enthusiasm and a new circle of acquaintances to this role.

The job of a membership chair does not just end with the membership event. It is a year-round effort that involves retaining current members as well as keeping membership at the forefront at every meeting. An **attendance committee** can work hand-in-hand with the membership chair to track member participation and encourage involvement through phone calls, e-mail reminders of club meetings etc. A member who knows they are missed will not drop their membership as easily as one who feels that their membership is taken for granted.

Please consider what you can do to turn the membership tide around. The future of Cosmopolitan International depends upon it.



Focusing on Membership

TOM GUSTAFSON

Vice President for Membership and New Clubs

I wish to thank the Mo-Kan Federation for the privilege of attending their convention in Topeka, KS. They know how to run a fun, first-class event. We held a membership workshop and discussed issues currently facing CI. One consensus we arrived at was that **Cosmos have great fundraisers and social events!**

Cosmos have raised millions of dollars for charity. The clubs that attended the Mo-Kan convention have raised approximately \$2,000,000 over the past 10 years. Think about the totals when you add our international projects and fundraisers from 62 other clubs. I think we can safely say **Cosmos are experts at fundraising.**

As to Cosmo social events – can you think of a more social event than the annual convention? Some of the Rockford members that attended their first convention in Branson are still talking about the fun this group has. Take a moment and reflect on the memories created from past conventions, federation meetings and hundreds of club events. It's pretty clear **Cosmos are experts at planning great social events.**

Why does this organi-

zation excel in fundraising and social activities? I believe it's the commitment of our members to CI. The average Cosmo has been a member for nearly 13 years. If each Cosmo dedicates just 20 hours per year to Cosmo activities, that adds up to 520,000 hours of service – the equivalent of 20 people working full time for 13 years! That's just our current members – is there any doubt why we're a successful organization?

Let's look at another Cosmo related statistic: **1.28 members** – sounds small and non-threatening, doesn't it? Now look at 1.28 members in this way:

Each of our clubs has lost an average of 1.28 members per year over the past 10 years. This is a 900 member drop since 1995 – a very small statistic with devastating effects.

I believe Cosmos are so focused on fundraising and social events we're not fazed by these small losses in membership. We just work that much harder to get the job done! In our minds, the membership issue takes a back seat to the more important aspects of fundraising and social events.

Well, Fellow Cosmos, none of us are getting any

younger. Cosmopolitan International has not only lost 900 members the past 10 years but our average age has increased 4 years, from 56 to 60. As we age and our organization becomes smaller, our current fundraising commitments and planning for social events will continue to become more difficult as they are spread across fewer and fewer members.

How do we ensure we're able to meet our commitments, and that Cosmopolitan traditions continue? It's simple – bring in new members! How? We are experts at fundraising and social events. My guess is that most clubs spend 98% of their time on these, even though most are annual events that probably run on autopilot. I'll also bet most clubs have their most energetic and creative members working on these events.

How about diverting 30% of the energy dedicated to fundraising and social activities to the membership effort?

How about asking your most energetic Cosmos to put their attention into membership growth?

If Cosmos put one-third of the effort into

membership that we currently put into fundraising and social events, we'll be well on our way back towards 3,000 members.

Plan membership events and plan them well – they're a great tool to promote your club to new members. They're even better at creating enthusiasm among your current members. During these events, talk about your club's accomplishments and activities. Watch your current members as they walk around with their heads held higher. Watch as they carry that confidence and pride to the outside world. That pride will attract other members – I guarantee it.

We need to recognize Cosmopolitan's tremendous achievements and give ourselves some credit. They are simply amazing! We also need to recognize that if the current membership trends continue, the achievements and traditions of this organization will not continue! A strong, dedicated membership effort is absolutely essential to the continuation of CI. Do Cosmopolitan a service – take some of your "Cosmo Sweat" and put it into the membership effort.

Celebrating Founders Day Gains

Founders Day, March 12, 2005, marked the second year of our publicity campaign celebrating the history of Cosmopolitan International. It is always exciting to me to see the results of our Founders Day efforts. To date, at least six articles have appeared in local papers. Those of you who know how difficult it is to get public relations know this is no small feat. One enterprising club president, frustrated by his club's inability to get consistent publicity for club events, wrote a letter to the editor with information about the club's event, and included history of their civic involvement. His letter was published, proving there's more than one way to skin a cat!

Club presidents, please notify headquarters if your club was profiled in your local paper. Also, if you have not already done so, please respond to the follow-up Founders Day survey. These will help us gauge the results and participation from the clubs, as well as give us your advice and ideas on how we can continue to grow and develop our Founders Day celebration. We need this informa-



ROB McWILLIAMS
VP for Finance and
Marketing

tion for our report to the delegates at the Regina Convention in July.

As many of you are winding up your current club year and starting to plan for your next year, don't forget to add Founders Day, March 12, to your club calendar of events. Remember, this doesn't need to be a public relations opportunity for publicity – clubs can celebrate or honor the day in many ways. Other than just mentioning it in your bulletin or during a meeting, some interesting ideas passed on to me have included a dress like Patrick J. Hodgins (our founder) party and a Roaring 20's theme party with or without a casino night. These sound to me like the makings of great new member functions as well, and an easy way to impress potential new members with our long, rich heritage. Good luck planning your next Founders Day event.

The Discovery Fund

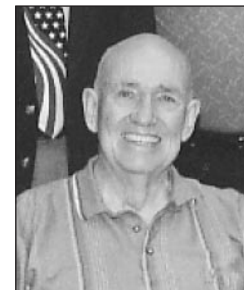
Working Toward the Detection and Defeat of Diabetes

Since 1984, the Cosmopolitan Diabetes Foundation has awarded over \$310,000 in grants for diabetes-related purposes.

Each year, your Foundation Board considers numerous grant requests for a wide variety of worthwhile causes. While we wish we could fund each request, our funding is limited to the monies donated to the Discovery Fund.

The Discovery Fund is based upon the principle of **\$1 in = \$1 out**. That promise means that all donations to this fund are used solely for the purpose of funding grant requests, and at no time are donations used for operating expenses. Not many charities can make that claim!

In the '90s, the fund saw a great influx of donations as the foundation was accepted to participate in the Combined Federal Campaign (CFC). Similar to the United Way, this campaign allows government employees, including military personnel, to contribute to a variety of charities through payroll deductions. Each year, additional charities are accepted into the CFC program. Consequently, our foundation receives fewer



DEL OBERST
Cosmopolitan Diabetes
Foundation Chairman

and fewer dollars from this program. Yet the number of grant requests we receive each year continues to rise.

That's why I'm asking each club to donate **\$500 this year to the Discovery Fund**. Your donations are so vital to so many. Here are just a few of the grants made through the Discovery Fund:

- Camp Cosmo Diabetes Day Camp
- Education classes, supplies and testing strips for the underserved
- Mobile Nursing Unit for the Cornbelt Diabetes Connection
- Education of primary care health providers
- Diabetes Awareness Day

We appreciate your help in touching the lives of those living with the effects of diabetes through your continued support of the Discovery Fund.

The Cosmopolitan Diabetes Foundation is the 501(c)(3) charitable arm of Cosmopolitan International. All donations are tax-deductible.



See You in Regina!

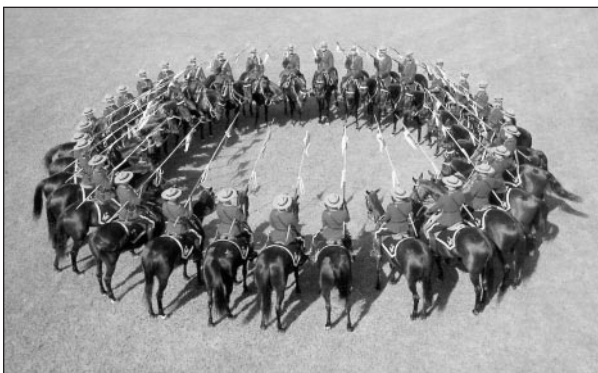
KEVIN HARMON
President—Elect

International Convention will soon be here and with that comes the anticipation of seeing old friends and meeting new Cosmos. I know that Cindy and I will be looking forward to seeing Cosmos from throughout the United States, Canada and Mexico. Convention time also brings with it an opportunity to learn from fellow Cosmos about holding membership events, the latest diabetes education news and organization basics like how to be a club officer.

The executive committee invites all Cosmos, and especially club officers, to travel to Regina and take part in our annual conference. At the convention there will be an opportunity for club presidents to attend training on leading meetings, the ins and outs of selecting committee members, new Cosmo orientation strategies, program selection, budget and treasury concerns, fundraising opportunities and membership goals. It is a great opportunity to learn from others about what works and what doesn't, and puts club officers in a position to have successful and fulfilling terms.

If you haven't made your plans to be in Regina this summer, I fully encourage you to do so. Our Canadian friends have been working hard to top Branson and from the experience we've had at previous Canada conventions, I am confident there will be a huge turnout up north and that your own experience will be packed full of Cosmo fun and friendship.

See you all in Regina.



INGAP —We're Nearly There!

Based on inputs from the various federations, it looks as if we might meet or even exceed the contribution of nearly \$85,000 we made in Branson last year. During discussions with Cosmopolitan International President Derry Anderson at our Capital Federation Convention held in May, Derry noted there was considerable excitement and enthusiasm about INGAP, and that Cosmos everywhere were committed to meeting our goal of \$750,000.

In addition to our federation contributions, the Diabetes Committee has requested that CI apply for a \$15,000 grant from Cosmopolitan Diabetes Foundation. If indeed the foundation has the funds, we are hopeful the board will agree to granting INGAP this amount at their board meeting in Regina. If this were to occur, we would be very close to meeting our goal. ***Wouldn't it be great if we met it?***

Anna Goldenberg, Executive Director of the Diabetes Institutes Foundation, reports that INGAP clinical trials will be progressing. She anticipates that by the time the Regina convention convenes, she will be able to report more definitively on the nature of the trials. In the meantime she notes, Basic science research in the Strelitz Diabetes Institutes laboratories is in full swing, with the focus on understanding how to make regeneration therapy most effective."

During our planned Diabetes Experts panel in Regina, we are planning a discussion of our total commitment to the treatment of diabetes as well as finding a cure. During this workshop, we hope to provide some insight to all Cosmos in attendance regarding the extent of our financial commitment to find a cure for diabetes.

We also hope to stimulate some preliminary thinking about our future efforts to find a cure for diabetes.

Bob Williams, Chairman
Cosmopolitan International Diabetes Committee

Cosmos in Action

Cover Story!

Cosmopolitan Kindness Reaches Nicaragua



For the past two years, Capital Region Club member Glen Dunbar has worked in the Peace Corps, serving rural areas in Nicaragua, Central America. Earlier this year, during a rest and relaxation visit back home, Glen related the great needs of the people he is serving, including children with disabilities.

Touched by the needs of these people, the Capital Region Club and individual Cosmos presented Glen with donations and best wishes for his return to Nicaragua. The donations were used in a wide variety of ways.

- Materials were used to build a swing set for disabled children.
- English is being taught with books and other educational materials.
- Children with disabilities are having learning tests and eye exams.
- The children's school had a party.
- In December, Glen purchased a Christmas gift for a student named Timba, a boy with a seriously broken leg.
- Orthopedic shoes were provided for a child with deformed feet.
- Tuition was paid for needy students.

It is satisfying to know that Cosmopolitan kindness knows no boundaries, and that Glen will be back among club members in August when his tour is finished.

*Barbara McGeary
Capital Region Club*

Rockford Club Hosts March Madness Raffle Dinner

The Rockford Cosmopolitan Club held its 1st annual raffle dinner fundraiser on March 17, 2005. The night coincided with the kickoff of the NCAA Men's basketball tournament, so the event was themed around this.

We had been struggling about how we could intensify our fundraising efforts. Several of our members have been involved in similar events through other organizations, so we decided to take the plunge and host a dinner with a raffle that awarded a total of \$10,600 in cash payouts throughout the evening. At \$150 per ticket, which included dinner and open bar – a Cosmo must! – the dinner was kept affordable.



*Mike Cropp, Todd James, Tom Custer and Russ Oellig
enjoy the Rockford Club's March Madness dinner.*

Everyone seemed to enjoy the casual, fun mood of the evening, and we were lucky enough to have a bagpipe band swing through! In addition to the raffle, we had square pools for the NCAA tournament, a nerf ball free throw contest, fishbowl raffles and a Texas Hold'em poker tournament.

The success of the event was the result of a great team effort that raised close to \$15,000 for our charitable causes. Our club plans to use a portion of the proceeds to start an annual recognition award for volunteers in our community and make a cash donation to a charity on their behalf. In addition to the funds we raised, we were able to increase awareness of our club and Cosmopolitan International in our community.

*Patrick Morrow
Rockford Cosmopolitan Club*

Cosmo Day in the Park

On September 25, 2004, the Columbia Cosmopolitan Luncheon Club held their first annual “Cosmo Day in the Park” to raise funds for scholarships for youth to the new Columbia Activity and Recreation Center.

Members of the Cosmo Club assisted the Columbia Parks and Recreation department employees with organized games for children of all ages at Cosmo Park. Prizes were awarded to all participants.

At the same time, a second group of Luncheon Cosmos ran a four-person scramble golf tournament at L.A. Nickell Golf Course. The tourney began with a lunch furnished for the 24 teams.

The club obtained 34 hole sponsors from community businesses, and one major corporate sponsor – Atkins Corporation. Due to the generosity of the sponsors, a total of 102 prizes were awarded to the 96 golfers.

The event surpassed all expectations and on October 18, 2004, the Columbia Cosmopolitan Luncheon Club presented a \$5,700 check to Columbia Parks and Recreation.

As an added bonus, the Luncheon club garnered two new members, a valuable list of community contacts and tremendous name recognition through media coverage of the event.



Mike Hood, Director of the Columbia Parks and Recreation Department, receives a \$5,700 check from Cosmo Day in the Park chair Jerry Sigmund and corporate sponsor Tom Atkins, of Atkins Corporation.

Aurora Cosmos Support Diabetes Center

Aurora Cosmos are partnering with Provena Mercy Medical Center’s Diabetes Wellness Center, which opened March 11, 2005. The club donated software for the center, and club member Gary Christensen worked with the city to have office furniture donated. A copier was also donated to the center, from the employer of a recently deceased Cosmo, Monica Moore-Viant.



Patrick Johnson, pianist extraordinaire, and Kenlyn Nash-Demeter as Sophie Tucker, the “Last of the Red Hot Mamas” entertainer Aurora Cosmos at their “Let Us Entertain You” Variety Show.

The club held a variety show with silent and live auctions on March 13, 2005. Local entertainers donated their talent, and the show was a great hit. Area merchants donated items and gift certificates, and a cash raffle was held. The auction and raffle raised \$5,000, the largest amount in many years. The money will be used for scholarships to diabetes camp, our INGAP pledge, and for our partnership with the Diabetes Wellness Center.

The club has been busy with many other events over the past year, including a holiday poinsettia sale, a Cosmo night at Riverfront Theater that brought in eight new members, bell ringing for the Salvation Army, and working with Big Brothers and Big Sisters. Club members are looking forward to a Camp Town Races potluck on Kentucky Derby day, and a steak fry in June.

*Kenlyn Nash-Demeter
Special Events and Publicity Chair
Cosmopolitan Club of Aurora*

Cosmos in Action

I-80 Club Celebrates 30 Years

The Omaha I-80 Cosmopolitan Club celebrated their thirtieth anniversary at their awards banquet on March 12, at the Field Club of Omaha. Seventy-three Cosmos from the Cornhusker, Fremont 100, Main Street, Omaha, Sioux City, Three Rivers, West Omaha and Omaha USA Clubs gathered to reminisce about the good old days, recalling how the original charter night had to be postponed for a week due to the Omaha Blizzard of 1975. Attendees listened to music and played '70s era trivia games.

A number of Cosmos received awards for their contributions to the club during 2004. Eric Dawson and Jeff Mumm both received the Rookie of the Year Awards. Dennis Weale received a special recognition plaque for his many years of service to the club as our beloved Sergeant of Arms. And Scott Knudsen received the coveted Cosmopolitan Fellowship and Unity traveling trophy for his "Crazy Cosmo Caper Committed During the Previous Calendar Year."



Ron Schuller, Cal Bjorkman, Chuck Sigerson and Gene Svensen, charter members of the I-80 Cosmopolitan Club, received special awards for their 30-year continuous support of the club.

Club president Andy Hawekotte presented Chuck Sigerson, president of the Camp Floyd Rogers board of directors, a check for \$6,000 to support the summer camp for kids with diabetes. These funds were raised during the I-80 Club's Camp Floyd Rogers Golf Tournament held last fall. The evening culminated with the presentation of the 2004 Cosmopolitan of the Year award to Brian Dryak. Brian chaired a project raffling a Harley Davidson motorcycle, which raised over \$16,000 in the I-80 Club's fight against diabetes.

Columbia Clubs Bowl for Charity



Tony Antonio, Arch Brooks, Steve Sapp, Tony Bartal and Steve Montkelli represented the Columbia Breakfast Club at Columbia Show Me Club's Extreme Bowling Tournament.

The Columbia Cosmo Breakfast Club sponsored a five-man bowling team to bowl in the Columbia Cosmo Show Me Club extreme bowling fundraiser on March 15, 2005. Bowling started at 10 p.m. and ended around 1:30 a.m. The fundraiser collected over \$2,000, with the money going to local charities.

Tony Bartal
Columbia Breakfast Club

Southwestern Federation Clubs Plan for Growth



Round table discussions at the Southwestern Federation proved fruitful, as members discussed ways to improve membership and make club meetings informative. The discussions were led by Past International President Jim Walker and Governor Helen Holt.



Mid-States Clubs Hold March Fundraisers

Over a six-day period in March, three Mid-States clubs held fundraisers. The Aurora, Rockford and Elgin Cosmopolitan clubs raised over \$27,000, to be given to each club's community service projects. The Elgin Club sponsored a nostalgic night of non-stop rock 'n' roll fun with Ronnie Rice. Over 160 people attend their event, pictured above, and most were non-Cosmopolitan members. The guests received wonderful exposure to the club, and everyone had a lot of fun.



North Central Federation Governor John Gustafson presents Cosmo member Susan Rodriguez with the "prestigious" Clean Up Award for her efforts at a recent Civic Center event. Looking on is Jan Gustin, club president.



Rapid City Noon Cosmo Club

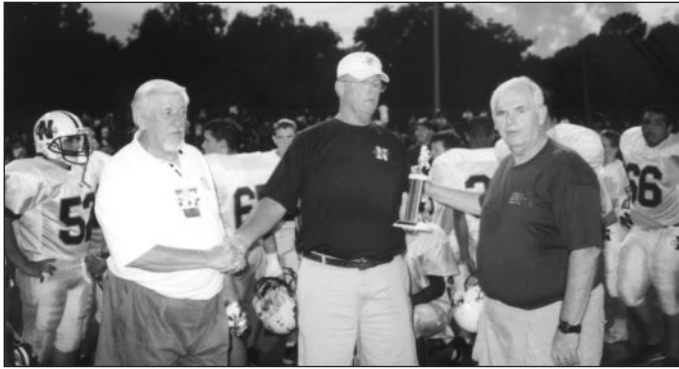
Rapid City Noon Cosmos Nonie Whalen successfully chaired the Black Hills Sports Show for the third year. The event, co-sponsored with the Naja Shriners, raised over \$25,000 for each club's charitable work.

Club members also usher theatre and arena events to raise money for their charities.



Kerma Yackley, Secretary-Treasurer; Susan Rodriguez, Sergeant at Arms; Nonie Whalen, event chair; Jan Gustin, President; and Jim Preston, Vice-President at the successful Black Hills Sports Show.

Alexandria/Cenla Club Holds Football Jamboree



The Alexandria/Cenla Cosmopolitan Club held their 54th annual football jamboree fund raiser. Cosmopolitans Bill Clifton and Bob Anderson, above, presented trophies at the jamboree, which provides the club with income to be a very visible civic club in their community.

Cosmo Brick Club

Purchasing a brick to be placed in the brick courtyard at International Headquarters is a wonderful opportunity to honor your club president, federation governor and award recipients. Bricks have also been inscribed in memory of friends and loved ones.

To date, more than 350 engraved bricks have been placed in the courtyard of the historic turn-of-the-century headquarters building. To order your brick, please send your



\$100 US check to headquarters with your engraving and acknowledgment information. For more information, contact brenda@cosmopolitan.org.

Recent Courtyard Additions

In Memory of Past
Pres. Billy Holloman
Elizabeth City, N.C.

David G. Sawchuk
Member 1983-2005
Winnipeg Club Canada

In Honor of
Lynn Stephens
Downtown Wichita

In Memory of
John L. Crum
Wichita Downtown Club

Cecil C. Jamieson
Member 1965-2005
Winnipeg Club Canada

In Honor of
Walter DeLozier
Downtown Wichita

In Appreciation of
Cornbelt Federation
2004-2005 Officers

In Memory of
John C. Chase
Johnson County Club —
2005

Helen Holt
Southwestern Federation
Governor 2004-2005

In Memory of
Jerome T. Murphy
Aurora Cosmo Club

In Memory of
Ron Weckenborg
Jefferson City Cosmo

In Memoriam

*Documented from
March 1, 2005 to
June 1, 2005*

Capital Federation

John Hartman
Norfolk

Marjorie J. Bradley
Hampton Roads

Esther "Stokey" Swink
Wife of Gilbert Swink
Norfolk

Cornbelt Federation

Lester P. Davitt
Omaha

Domenick P. Pace
Omaha West

Mid-States Federation

Monica Moore-Viant
Aurora

Jerome "Jerry" T. Murphy
Aurora

Mo-Kan Federation

Marceil Ferguson
Wife of Harvey Ferguson
Topeka

Haler E. Kennedy
Topeka

Dallas C. Power
Topeka

Dave Crotty
Husband of Tonna Crotty
Heartland

John Chase
Johnson County Club

2005 Cosmopolitan International Convention Registration

Registrations accepted by **mail** to: Cosmopolitan International, P.O. Box 4588, Overland Park, KS 66204;
by **fax** at 913.648.4630 or **online** at www.cosmopolitan.org.

Cosmo(s)/Guest _____
(Please print as preferred on name badge)

Club(s): _____

Mailing Address: _____
Street City Prov/State Postal/Zip Code

Daytime Phone Number: (____) _____ E-mail: _____

Children/Teen(s): _____
Name Age Name Age

Food Allergies/Restrictions: _____

Flight Information (if applicable) - Transportation provided by local Cosmos				
	Airline	Date	Time	Flight #
Arrival Information				
Departure Information				

Name Badge Ribbons:

<input type="checkbox"/> Past Int'l President	<input type="checkbox"/> Sponsor Life Member	<input type="checkbox"/> 1st Time Attendee	<input type="checkbox"/> Western Canada Host
<input type="checkbox"/> Beacon Member(s)	<input type="checkbox"/> Emerald Beacon	<input type="checkbox"/> Ruby Beacon	<input type="checkbox"/> Diamond Beacon
<input type="checkbox"/> CI Board Member	<input type="checkbox"/> CDF Board Member	<input type="checkbox"/> '04-'05 Club President	<input type="checkbox"/> '05-'06 Club President

COMPLETE PACKAGE – See schedule for details (includes all individual events listed below)

Deadline for all Registration 7/13/05	Postmarked After 6/1/05	# Attending	Total \$
Cosmo	\$200	_____	_____
Guest	\$200	_____	_____
Youth (up to 18 years)	\$160	_____	_____

INDIVIDUAL EVENTS – For those attending only certain events, and not the entire convention

		# Attending	Total \$
7/20/05	Welcome Party	_____	_____
7/21/05	Opening Ceremonies Brunch	_____	_____
7/22/05	Beacons Brunch	_____	_____
7/22/05	Wascana Lake Picnic	_____	_____
7/22/05	Casino Show Lounge	_____	_____
7/23/05	Awards Luncheon	_____	_____
7/23/05	President's Banquet and Dance	_____	_____
7/24/05	Continental Farewell Breakfast	_____	_____
	Delegate Fee (Meetings & Workshops)	_____	_____

OPTIONAL EVENTS – Not included in complete package

7/20/05	Regina City Tours	\$ 25	_____	_____
7/20/05	Art Prouty Memorial Golf Tournament	\$ 60	_____	_____

Complete Package(s) \$ _____ Enclosed is check # Payable to Cosmo International
 Individual Event(s) \$ _____ or _____ MC _____ Visa Expires: ____/____
 Optional Event(s) \$ _____ Card # _____
Service Charge * \$ _____ Signature _____
TOTAL \$ _____

* A \$15 service charge will be added to each package paid by credit card. All amounts are in U.S. funds. Canadian Cosmos may indicate "U.S. Funds" on their personal checks.

2005 Cosmopolitan International Convention

Cosmo Program

Guest Program

Wednesday, July 20, 2005

8:00 am-12:00 pm	CDF Board Meeting
1:00 pm-4:00 pm	CI Board Meeting
1:00 pm-6:00 pm	Registration
4:30 pm-5:00 pm	Parent & Teen Meeting
5:00 pm-5:30 pm	First Timer Orientation
5:00 pm-6:30 pm	Past Int'l Pres. & Guest Reunion
7:00 pm-12:00 am	Welcome Party

Thursday, July 21, 2005

7:00 am-8:00 am	Registration
8:00 am-10:00 am	Opening Ceremonies Breakfast
10:00 am-12:00 pm	First Delegates Meeting Lunch on own
1:00 pm-6:00 pm	Golf Tournament
1:00 pm-5:00 pm	Tours – City of Regina, RMCP or shopping (optional)
5:00 pm-8:30 pm	Dinner with Host (see pg 15 for details)
8:30 pm-11:00 pm	Hospitality Room Open

Friday, July 22, 2005

7:00 am-8:00 am	Registration
8:30 am-9:30 am	Club Presidents Training
8:30 am-10:30 am	Awards Judging
9:30 am-10:30 am	Diabetes Experts Panel
10:30 am-12:00 pm	Beacons Brunch
12:00 pm-1:30 pm	“Seal the Deal” Mbrshp. Workshop
2:00 pm-6:00 pm	Wascana Lake
6:00 pm-8:00 pm	Hospitality Room open
8:00 pm-11:00 pm	Rory Allen Show

Saturday, July 23, 2005

	Breakfast on own
9:00 am-11:00 am	2 nd Delegates Meeting
Noon-1:30 pm	Purple & Gold Awards Luncheon
2:00 pm-3:30 pm	2 nd CI Board Meeting
3:00 pm-5:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-9:30 pm	President's Banquet
9:30 pm-12:00 am	Dance

Sunday, July 24, 2005

7:00 am – 9:00 am	Farewell Continental Breakfast
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Wednesday, July 20, 2005

1:00 pm-6:00 pm	Registration
4:30 pm-5:00 pm	Parent & Teen Meeting
5:00 pm-5:30 pm	First Timer Orientation
7:00 pm-12:00 am	Welcome Party

Thursday, July 21, 2005

7:00 am-8:00 am	Registration
8:00 am-10:00 am	Opening Ceremonies Breakfast
10 am-12:00 pm	Government House Lunch on own
1:00 pm-6:00 pm	Golf Tournament
1:00 pm-5:00 pm	Tours – City of Regina, RMCP or shopping (optional)
5:00 pm-8:30 pm	Dinner with Host (see pg 15 for details)
8:30 pm-11:00 pm	Hospitality Room Open

Friday, July 22, 2005

7:00 am-8:00 am	Registration
8:30 am-10:30 am	Free time
10:30 am-12:00 pm	Beacons Brunch
12:00 pm-2:00 pm	Free time
2:00 pm-6:00 pm	Wascana Lake
6:00 pm-8:00 pm	Hospitality Room open
8:00 pm-11:00 pm	Rory Allen Show

Saturday, July 23, 2005

	Breakfast on own
9:00 am-10:00 am	Yoga class
Noon-1:30 pm	Purple & Gold Awards Luncheon
3:00 pm-5:00 pm	Hospitality Room open
6:00 pm-7:00 pm	Cocktail Reception
7:00 pm-9:30 pm	President's Banquet
9:30 pm-12:00 am	Dance

Sunday, July 24, 2005

7:00 am – 9:00 am	Farewell Continental Breakfast
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General Information

GST Refund: Non-resident visitors to Canada are eligible for a refund on GST paid on the hotel accommodations, tour packages, and/or goods exported out of Canada. Visit www.canadiantaxrefund.com for details and application form.

Hotel Surcharge: Costs for meeting rooms are dependent on the number of rooms credited to CI during the convention. Convention attendees staying at other facilities may be accessed a \$150.00 surcharge.

Cancellations: Cancellation requests received after 6/1/05 but before 7/1/05 are subject to a cancellation fee of 25%. Requests received on or after 7/1/05 but

before 7/15/05 are subject to a cancellation fee of 50%. Requests received on or after 7/15/05 will be considered after the final convention accounting.

Dress: Casual and comfortable is suitable for most day and evening events. The Awards Luncheon is business casual.

Cocktail attire is appropriate for the President's Banquet.

Dinner with Hosts: Guest are invited to spend the evening with local Cosmos either as a guest at the member's home or at a local restaurant (each pays own).

Airport Transportation: As the hotel does not offer shuttle service to the air-

port, local Cosmos have offered transportation for arrivals and departures. Please be sure to include your travel information on the registration form.

Passport Requirements: The U.S. State Dept. has issued a passport requirement for re-entry to the U.S. effective December 31, 2005. However, proof of U.S. citizenship is still required in the form of a certified copy of your birth certificate. A photo I.D. such as a current, valid driver's license is also required but is NOT valid proof of citizenship. For additional information see: www.travelstate.gov/passport.

Youth Program

Wednesday, July 20, 2005

4:30 pm-5:00 pm Parent & Teen Meeting
6:00 pm-11:00 pm Teen Welcome Party

Thursday, July 21, 2005

8:00 am-10:00 am Pancake Breakfast
10:00 am-12:00 pm Travelodge Pool
12:00 pm-1:00 pm Lunch
1:00 pm-5:00 pm Laser Quest
5:00 pm-6:00 pm Dinner (McDonalds)
6:00 pm-9:00 pm Science Centre/Imax Theatre

Friday, July 22, 2005

9:00 am-10:30 am Breakfast (McDonalds)
10:30 am-1:30 pm Maxwells Amusement Park
2:00 pm-6:00 pm Wascana Lake
6:30 pm-7:00 pm Dinner (Western Pizza)
7:00 pm-10:00 pm Movie Night

Saturday, July 23, 2005

9:00 am-11:00 am Waterslides (Travelodge)
11:30 am-12:30 pm Ruckers
1:00 pm-6:00 pm Mall/Movie
6:00 pm-7:00 pm Dinner (TBA)
7:00 pm-9:00 pm Teen hospitality room
9:30 pm-12:00 am Dance w/ adults

Sunday, July 24, 2005

7:00 am-9:00 am Farewell Continental Breakfast

Hotel Registration

*Must be received at hotel by
June 20, 2005*

Regina Travelodge Hotel
306.586.3443
www.travelodgeregina.com

Room Rate: \$96 CDN (Double Occupancy)
\$10 CDN each additional guest
18 and under – free

These rates will be honored for days preceding or following the reserved dates. Additional charge for pool-side rooms.

Room Tax: 14% GST and PST

Check In: 3:00 p.m.

Check Out: 11:00 a.m.

Room Guarantee: One night pre-paid or credit card

Amenities: Travelodge Hotel is home to "Aquaworld", an indoor water park complex featuring a swimming pool, slide pool, whirlpool, 40-person hot tub and a 252 ft. indoor waterslide. Poolside rooms available for additional charge. The hotel also offers a full-service family restaurant on-site. Each of the 200 finely appointed guestrooms feature:

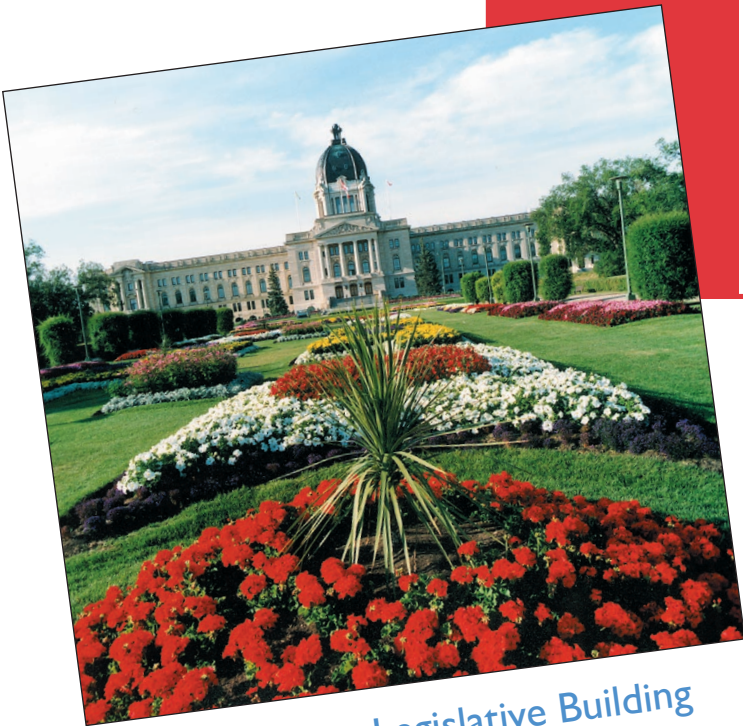
- double-queen or king beds
- voice mail/data ports/high speed internet
- complimentary in-room coffee and tea, hairdryer, iron and ironing board and mini fridge
- complimentary ground level parking, room service, free local calls and long distance access

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Overland Park, Kansas 66204

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Convention Registration Forms Inside



Saskatchewan Legislative Building



Wascana Park



Regina Trolley Tour



Photos courtesy of Tourism Regina