

COSMOTOPICS

A publication of Cosmopolitan International The Club that Fights Diabetes

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COSMOTopics

PUBLISHER/EDITOR

Sheila Anderson sheila.anderson@rascompanies.com

COSMOPOLITAN INTERNATIONAL OFFICERS AND DIRECTORS

PRESIDENT

Bob Williams bobjoe9134@aol.com

PRESIDENT-ELECT

Walter Alm wafootdr@aol.com

VP FOR FINANCE AND MARKETING

Melvina Newman mevlinanew@aol.com

VP FOR MEMBERSHIP AND NEW CLUBS

Jim Smith jim.smithjr@shaw.ca

JUDGE ADVOCATE

Jim McVay jmcvay@omahalaw.com

EXECUTIVE DIRECTOR

Kevin Harmon kevin@cosmopolitan.org

FEDERATION GOVERNORS

CAPITAL Dave Bradley
CORNBELT Terry Sanford
MID-STATES Brian Lindsay
MO-KAN Duane Muck
NORTH CENTRAL Deb Peterson
SOUTHWESTERN Richard Mealer
WESTERN CANADA Norman Hill

INTERNATIONAL HEADQUARTERS

7341 West 80th Street, PO Box 4588 Overland Park, KS 66204-0588

P. 913.648.4330 or 800.648.4331 F. 913.648.4630 www.cosmopolitan.org Email headquarters@cosmopolitan.org

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MISSION STATEMENT

The mission of Cosmopolitan International is to contribute to community well-being through charitable donations and volunteer service with special emphasis on supporting efforts to prevent and find a cure for diabetes.



IT'S ALMOST OVER AND WE'VE JUST BEGUN!

BOB WILLIAMS 2006-2007 International President

This will be my last *CosmoTopics* article as your International President. For all of those that have gone before me, how well you know that it seems like the year is over before we ever get a good start on our agendas. None-theless, much has been accomplished this year in spite of the problems we have encountered. Thanks to the perseverance and good work of our able Judge Advocate, Jim McVay, we have resolved all of our tax problems including getting all of our penalties abated. Kevin Harmon and the office staff have worked hard to get our entire Headquarters office in order and there is still much to be done.

Membership continues to be challenge, but, as of this writing, it looks as if we may end our Cosmo year with a positive increase. With a little extra effort by everyone, we might even exceed Kevin Harmon's positive twenty-two of last year. As I reported in our April monthly report, this achievement would be the first time in many years that we will have had two consecutive years of membership growth, albeit small, but never-the-less, significant. And not only do we currently have a positive increase in membership; we have chartered two new clubs and will charter a third, Lake of the Ozarks Club in June. Credit goes to many of our dedicated and hard working Cosmopolitans and I greatly appreciate your efforts.

As many of you now know, we are still making changes in our Headquarters staff, with both Cheryl and Brenda deciding to go on to greener pastures. All of us that have worked closely with Brenda and Cheryl this past year greatly appreciate the efforts they have put forth and we wish them well. This change will put even more emphasis on how we organize and staff our Headquarters office. Steve Hanna and his Task Force is continuing to work with us to identify the needs of our entire organization and to help us structure a Headquarters operation that meets the needs of all of our federations and clubs. In Omaha, I expect to be in a position to fully explain how we are proceeding

and the progress made to date. Your patience during this interim period will be greatly appreciated.

Cosmopolitan International lost two past international presidents this year, Luis Otero, 1961-62 and Dr. Charles Ray, 1971-72. Our condolences go out to both families. Luis' son Manuel, now living in Vancouver, Canada has already expressed his desire to continue his father's legacy by starting a new club in Vancouver. What a wonderful tribute to Luis.

With five of our seven federations holding their conventions on the same weekend this year, we had to utilize our entire Executive Committee plus Kevin Harmon to ensure that CI was represented at all gatherings. Jeanette and I traveled to Austin for the Southwestern Federation Convention where we were warmly welcomed. Southwestern is alive and well and I expect even bigger and better things next year.

Jeanette and I also traveled to Gettysburg for our own Capital Federation Convention. The Capital Region Club put a great convention and it was my pleasure to attend my own federation convention as International President.

The Cornbelt Federation and the Omaha clubs as well as our Headquarters staff have been hard at work preparing for our International Convention and based on preliminary reports, it should be a great convention. If you haven't made plans to do so, please plan on attending.

And remember, as we come to the close of this Cosmo year, there is still time to:

DO IT NOW!



BLUE SKIES AHEAD

KEVIN HARMON Interim Executive Director

We have weathered the storm and there are bright blue skies above in Cosmopolitan International. That sums up a year where it seemed we had seen the worst. But as with many of the events in our history, Cosmopolitan not only survived, we are poised to flourish.

As a quick recap, one year ago we found ourselves in deep financial problems with the IRS and the State of Kansas and other states over haphazardly paying or not paying at all our withholding, unemployment and sales taxes. Those events lead to discoveries of other problems and issues. Oversight of HQ operations was shifted to yours truly with a ton of help from First Lady Cindy, and maybe even our Greyhound Diamond who accompanied us almost daily to Overland Park. Cheryl and Brenda, our administrative assistants, took on the additional tasks of pitching in to pick up the pieces as we righted the ship. A number of Cosmos "stepped up" and got involved. The list is long, but suffice it to say that those that pitched in helped more than they may know. But now the Topics readers know how much it was appreciated by the board and HO.

I am very pleased to tell each Cosmo member that we have met our obligations for withholding and unemployment taxes to the IRS, have paid off the interest on those taxes, have had all penalties waived (even those that we had already paid), and are current in all of our filings. We have new bookkeeping and payroll procedures in place that ensure correct and accurate records. Those records have been reviewed and found to be in good shape.

We still have a number of initiatives to put in place. One of the chief moves is to name a permanent Executive Director, review our personnel positions, and set our course for the coming years. We have a great start at putting our house in order and we will be working very hard on getting HQ back to smooth sailing.

There are a number of other programs that are in the works or contemplated for the near future. Everything from a new website to a new line of clothing and merchandise is on the table for review. It is an exciting time to be a Cosmo. And even more exciting to be intimately involved. The best news is that we are poised to have another plus year in membership with some new prospective clubs in the works.

A big Thank You! goes to all who have helped, pitched in, sent a check, donated an item of need to HQ, called to offer encouragement, held a membership event, went and got a new member, and all the other things that make Cosmo great.

It is also exciting that our International Convention is right around the corner. If you haven't made your plans to attend, please consider doing so right away. We have an outstanding lineup of speakers and workshops. We will hear from the Honorable Dave Heineman, Governor of Nebraska, who will welcome us all to Omaha, The mayors office will also be in attendance to present greeting and with any luck the key to the city, Dr. Aaron Vinik from the Strelitz Diabetes Institutes Center will bring us up to date on IN-GAP, and Dr. Mark Rendell of Creighton University will speak on his research and strategies on Diabetes. It is a great and exciting time to be a Cosmo. Come to Omaha and be a part of the action.

WE OURSELVES FEEL THAT WHAT WE ARE DOING IS JUST A DROP IN THE OCEAN, BUT THE OCEAN WOULD BE LESS BECAUSE OF THAT MISSING DROP.

MOTHER TERESA



MAKING AN IMPACT

MELVINA NEWMAN 2006-2007 VP for Finance and Marketing

Making an *Impact* in the marketplace, an *Impact* in your own life and an *Impact* in your community keeps you in touch with people.

You have chosen to join Cosmopolitan to help make an Impact. If we look at each letter of Impact what do we see:

- The "I" stands for IMAGE: Be sure you are not just a member but are there for the help needed for fund raising and events - make a difference.
- The "M" stands for MOTIVATED: When you stay motivated, you can make a difference, make believe, make good and make change.
- The "P" stands for PEOPLE: Everything we do has to do with people. Word of mouth has always been the best form of advertising so be passionate about our cause for diabetes and spread it in the community to people.
- The "A" stands for APPLY: If we are to make an Impact, we must apply ourselves to the task at hand.
- The "C" stands for CREATIVITY: Create programs, socials and fund raising activities to make us stand out in the community and be noticed.
- The "T" stands for TACT: We must be tactful in our relationship with people because they are our future members.

Branding is Big Business - this is the time to push branding. We have an identity and that is why you joined Cosmopolitan. You never know when a little word about Cosmo may open the door for new members. To make an Impact in your Club, stay motivated, excited and tactful as you deal with people and use your creativity to grow your Club. The more members we have, the more help we have in our financial obligations and our cause for diabetes.

YOU ARE IMPORTANT TO COSMOPOLITAN, AND YOU ARE MAKING A DIFFERENCE!

FINANCE:

A year ago we estimated our income and expenses and your CI staff and Board of Directors have been very careful with your money this year. However in order for us to continue to meet our past and present obligations, we still need your support! We can all help by making a difference with 2 International projects that will directly help.

- (1) The Brick Club The Brick Courtyard is in the Courtyard in front of our International Headquarters Building. Give a gift that lasts forever, A "Permanent Tribute Brick" displayed in the Courtyard. Pay tribute to a loved one, celebrate special occasions, congratulate a recent Cosmo of the Year or simply by listing your name. The cost of each brick is \$100 and you will be helping Cosmo International.
- (2) The CI Fund The purpose of this fund is to provide Cosmopolitan International with the means to cover current and future costs of maintaining and expanding its efforts. CI receives every dollar you donate. You can still become a Charter Member by sending your donation to this new fund before the end of our fiscal year, June 30, 2007. Make checks payable to Cosmopolitan Diabetes Foundation and note on memo line "CI Fund".

We hope to see all of you in Omaha. Thanks for giving me the opportunity to serve this year as VP for Finance and Marketing.



THINK ABOUT THIS ...

JIM SMITH

2006-2007 VP for Marketing and New Clubs

Cosmopolitan International is the world's smallest service club. But it's also the most successful in many ways. We raise more money per member than any other service club, by far. The recent survey conducted my President-Elect Walter Alm confirmed that we raise about \$500.00 per member per year. Some federations and clubs contribute much more.

So how did some of the other service organizations develop into huge populations? We topped out at 4200 members a few years ago, and we've levelled off to less than 2000 Great People today.

Maybe we did something different. Maybe we didn't concentrate in the same areas. I wonder if we've been concentrating too little on raising our membership levels. It seems like we might have been concentrating so much on being Great Cosmopolitans by raising huge sums of money for the causes that we support that we forgot that it takes a bunch of good people working together first before we can go to work on fundraising.

During this year I've met very few Cosmopolitans who want to chat and strategize about finding new members. But I have had no trouble finding members who think a lot about how to raise more funds. Maybe this trend should be reversed.

We have quite a few Cosmopolitans using our new *Great People Who Should Be Cosmopolitans* forms, but there are still a lot of Cosmopolitans not using it. We have had a number of well-planned and successful Membership Events in our clubs, but there are several clubs who haven't had one or perhaps need to give it another try.

This issue of membership deserves our time, love and attention. We need to change our

emphasis and put it on membership. We already know we are great fundraisers. We need that same machine working on membership. We need to identify Great People in our communities that would benefit by joining Cosmos. We need to host Membership Events that are well-planned and put our clubs in the very best light we can. We may only get one chance at a Great Person, and we want to make their exposure to Cosmo count. So we know where we are, we know what we don't do well enough . . . it should be easy to solve our little dilemma.

We need to concentrate on having more FUN, too. Most of the clubs are a group of best friends, who enjoy getting together, working together, laughing together, planning together, succeeding together . . . just having a great time . . . together as Cosmopolitans. Let's spend some time considering how much fun we're having as Cosmopolitans, and how we can make some changes so we can have even more. Let's have so much fun that we can't stand not inviting our friends and relatives outside of Cosmopolitan to come and check us out. We all know Cosmopolitan has enriched our lives. It could easily improve theirs too!

Let's set aside time for membership discussion, and let's chat about how we can do more for ourselves; how we can have more fun as Cosmopolitans. We need more Cosmopolitans.

Let's have some fun finding a big bunch of new Cosmopolitans. Go and recheck your *Great People Who Should Be Cosmopolitans* form right now, and ask your Club President when your Cosmopolitan Membership Event is to be held.

HAVE FUN!



THE TOTALS ARE IN!

DR. WALTER ALM 2006-2007 International President-Elect

OUR CLUB'S GREAT ABILITY TO RAISE MONEY AND GIVE IT AWAY!

For approximately eight months, one of my projects as Cosmopolitan International President-Elect has been to compile total's of Cosmopolitan charitable giving. It was determined by the CI Board that we would collect data from the year August 1, 2005 through July 31, 2006. This allowed us to include money donated in July 2006, as many club and individual donations were made during the International Convention held July 2006.

I requested that club presidents and club treasurers report to me their club's total donations made during the selected year. It was further requested that they provide not only their total donations during that year, but also a break down of monies donated to diabetic causes and donations made to nondiabetic community causes. It took some time to compile the information but, The Totals Are In! Over the year studied our clubs, throughout all of CI, donated \$952,249. In total we donated \$362,077 to diabetic related causes and \$590,172 to non-diabetic community causes.

As I collected these numbers, I was impressed that although our club's focus since 1976 has been to support diabetic related causes, we have a strong fidelity to our communities' needs. Our charitable support is split about 40:60 between diabetic and community related causes. I feel it is wonderful that, in addition to our emphasis on diabetes, we contribute so much to our communities' well being.

Let's look closer at these totals. \$952,249 is pretty staggering. We are a club of about 70 chapters and 2000 members. Our ability to

raise money, almost \$500 per member, may be greater than any other service club.

My immediate next thought was, how do we use these numbers? Well to me, everything is a promotion towards membership. We should sell these totals as we sell our club to potential new members. Our mission to fight diabetes and help others is clear; our response to these needs is now well documented. I think we should constantly make reference to these accomplishments. Our documented success is a strong selling point to get prospective new members on board.

Now that we have started to collect this data, we should continue to do so. I am going to encourage our governors, club presidents, and club treasurers to be mindful that CI is going to continue compiling these totals. Club treasurers will know just how important it is to keep track of their club's charitable donations in these two categories and have their totals ready to transfer to headquarters. This is just the first of many years to come that we should use the totals of Cosmopolitan charitable giving to sell the club to others.

Lastly, we should all take pride in these accomplishments. One of our clubs main functions is to raise money and then give it away. What a wonderful thing to do, what a wonderful feeling it should give us.



CDF UPDATE

JERRY NELSON 2006-2007 CDF Board Chairman

It is hard to believe that we are nearing the end of the 2006-2007 Cosmo year. I wanted to take this opportunity to update you on where we stand in regards to some of the our goals for the year.

As you may recall from my article in the last *CosmoTopics* issue, one of our goals this year was to have 60 new Beacons. To date we have 22 (23 depending on Meyerowitz) new Beacons for the year. This includes brand new Beacons memberships and current Beacons members who have advanced to one of the Gem levels such as Emerald, Ruby, etc. We still have a little bit of time and with a big push from all of you, we can still accomplish our goal.

In addition, I explained how the Lighthouse Award works in the last issue. This is an award given each year at the International Convention to all clubs who had an increase of new Beacons members equal to or greater than 10% of their total club membership.



Currently we have two clubs that have already qualified for the Lighthouse Award: Hampton Roads from the Capital Federation and West Omaha from the Cornbelt Federation. We have three clubs that only need one more new Beacon by June 30, 2007 in order to qualify for the award: Alexandria-Cenla, Columbia Breakfast and Santa Fe Trail.

Another goal the board has is to increase donations to the Discovery Fund. This fund is one of the most exciting ways to contribute to CDF. Every dollar contributed is used to directly fund grants for diabetes-related projects. Not one dollar is goes toward expenses. The last couple of years, we have been encouraging clubs to contribute \$500 (or any amount) to the Discovery Fund. This will help ensure that we are able to fulfill as many of our grant requests as possible. We currently have just over \$9,000 in the Discovery Fund. In contrast, to date we have received grant requests totaling more than \$23,000. Please consider donating to this important fund. Wouldn't it be wonderful if we could fully grant each of the requests this year?

Thank you for a great year and for all of your continued support of CDF. See you in Omaha!

HONOR/MEMORIAL GIFTS October 2006 - May 2007

Given By In Honor of Bill & Phyllis Quire Frances Whedbee Mary Ruetten Lou & Dorothy Hoffman

Given By Austin CosmoPals Dean & Jan Barry

Richard & Charlotte Brockman C.R. Devlin Elizabeth City Club Mike & Phyllis Hertling Dr. Tom Loonan

Jack Meyerowitz
Del and Lois Oberst

Rapid City Club Richard Stefanich Tom & Rose Marie Williams

In Memory of loyce Connor Virginia Gehrke Doris Wootton Sam Weiner Donald E. Devlin George Payne Marie Hertling Don Johnson Paul Joyce Russell Loonan Dr. Carl Van de Waa Avis Weydert Gerald Snider James Butler Luis Otero, PIP Dr. Charles Ray, PIP Leta K. Rovelstad Dr. Charles Ray, PIP Mrs. Tamras

Dr. Charles Ray, PIP

RECOGNIZING ALL THAT WE DO

DR. WALTER ALM

Each year's fall edition of *CosmoTopics* lists the Cosmopolitan International (CI) officers, Governors, Governors-Elect, all of the clubs and other pertinent information. Also cited are three diabetes centers, 1) Cosmopolitan Diabetes Center at the University of Missouri-Columbia, 2) Strelitz Diabetes Institutes, Eastern Virginia Medical School and 3) Sioux Falls Pediatric Diabetes Center, Valerie Millar Outreach Network, but there is no explanation as to why these diabetes centers are listed and what their distinction means. For newer members, this may be a bit confusing. Through the years, Cosmopolitan has been instrumental in starting and continuously funding these three diabetes centers. Cosmopolitan commitment to these diabetes centers has been huge.

Clubs throughout CI raised over \$1 million and opened the Cosmopolitan Diabetes Center at the University of Missouri-Columbia in 1977. It was CI's first diabetes center. Similarly, CI has provided over \$1 million to Strelitz Diabetes Institutes, Eastern Virginia Medical School. Finally Cosmopolitan pledged and provided \$100,000 to start what is now Sioux Falls Pediatric Diabetes Center, Valerie Millar Outreach Network. Beyond the CI financial commitment at their inception, these centers have continued to be supported by the federations in which they reside.

Recently, CI received a request to include two additional programs into this group of diabetes centers: 1) Mid-States Federation proposed Crusader Clinic, and 2) Cornbelt Federation proposed Cornbelt Diabetes Connection. Over the years these federations have donated hundreds of thousands of dollars to support these two diabetes programs. The CI Board, at its March 2007 meeting, reviewed Mid-States and Cornbelt Federations' request. It seemed logical to look favorably on their request and accept Crusader Clinic and Cornbelt Diabetes Connection as CI Diabetes Centers.

It also seemed logical to formulate a criterion as to what a CI Diabetes Center is. Actually, the Board hoped that by creating such a criterion, more and more programs fitting the criterion would be added to the list of Cosmopolitan Diabetes Centers. The longer the list, the better we look. These *Categories of Recognized Programs* were approved at the March 2007 Cosmopolitan International Board meeting. They are defined as:

MAJOR COSMOPOLITAN DIABETES CENTER:

- Primary focus must be diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations

COSMOPOLITAN SUPPORTED DIABETES CENTER:

- Primary focus must be diabetes related
- A minimum of \$5,000 over two (2) years or \$10,000 over five (5) years to a single diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations

Since Clubs and Federations also provide major support to non-diabetic, community-based programs, the Board felt that we should provide mechanisms to recognize these community-based programs, thus creating a third category:

MAJOR COSMOPOLITAN COMMUNITY PROGRAM:

- Primary focus is non-diabetes related
- A minimum of \$25,000 over two (2) years or \$50,000 over five (5) years to a single non-diabetes oriented entity
- Source of funds must be Cosmopolitan members, clubs, or federations

Lastly, the Board provided a mechanism to grandfather the three current CI diabetes centers as **Major Cosmopolitan Diabetes Centers**. Clearly under these criteria Crusader Clinic and Cornbelt Diabetes Connection qualify to be cited as **Major Cosmopolitan Diabetes Centers**.

It is important to note that from a semantics standpoint the terms "Diabetes Center" and "Diabetes Program" should be deemed interchangeable. Programs meeting the outlined criteria need not be a "brick and mortar center" to receive the appropriate category of recognition.

The CI Board encourages all clubs and federations to review the programs they support. If a program meets the criterion for a *Major Cosmopolitan Diabetes Center*, or a *Cosmopolitan Supported Diabetes Center*, or a *Major Cosmopolitan Community Program*, the club or federation should provide a letter documenting that involvement to headquarters so that we can start compiling a list of programs within each category.

Again, the longer the list the better we look. Just imagine next fall's edition of *CosmoTopics* listing six or eight or ten *Major Cosmopolitan Diabetes Centers* and twenty *Cosmopolitan Supported Diabetes Centers* and five or ten *Major Cosmopolitan Community Programs*. The list would document our involvement to fight diabetes and support our communities. It will be a list we can be proud of and a list that will serve as a tool to encourage new members to join us and participate in our good works.

COSMOS IN ACTION

LAWRENCE RIVER CITY

Submitted by Tommy Johnson

During March & April, Lawrence River City Club members kept busy participating in two community service projects which not only helped a local health care clinic, but also provided the River City Club with some community publicity & helped spread the word about Cosmopolitan.

In March, the River City Club teamed up with Lawrence's Health Care Access Clinic to design, build & enter a float in the 2007 Lawrence St. Patrick's Day Parade. The River City Club has been a longtime supporter of Health Care Access, which provides medical care for the uninsured of our community. The River City Club has donated over \$20,000 to help fund diabetes related supplies for distribution to Health Care Access patients. In addition, Health Care Access has been the recipient of two Cosmopolitan Diabetes Foundation grants. Participation in the 2007 Lawrence St. Patrick's Day Parade, which attracted 148 floats & drew a crowd of several thousand onlookers, not only strengthened the relationship between the River City Cosmo Club & Health Care Access, it also showed how both organizations are working together to help the community.

On April 15th, a total of seventeen River City Cosmopolitan Club members volunteered early on a Sunday morning to work at two water stations for runners at the first annual Lawrence Half Marathon & 5K Race. The 13.1 mile & 5K races attracted 1,500 runners from across the Midwest. Health Care Access was the beneficiary of proceeds from this event, which made over \$35,000 for the clinic.

Special thanks to **Gary Bartlett**, who organized both of these volunteer opportunities for the River City Cosmopolitan Club.

NEWS FROM AURORA

Submitted by Kenlyn Nash-Demeter

The Cosmo Club of Aurora was instrumental in the promotion and establishment of the endowment fund for the Center for Diabetic Wellness, and was one of the first contributors to this fund. The Center offers free glucose screenings, education, detection of diabetes and medical referrals for ongoing care. \$10,000,.00 has been donated this to the endowment fund by our Aurora Club. This donation was given as the John Bonnie Award. John Bonnie (emeritus) has been a dedicated member since 1955.



The River City Cosmo Club banner leads the club's float entry through Downtown Lawrence.



River City Cosmo Club members and kids pose with their St. Patrick's Day float.



River City Cosmos **Denise Johnson** and **Bill Swenson** at the Lawrence Half Marathon and 5K race.



River City Cosmos **Kathy Hanna, Deanna Hoss,** and **Barb Riley** offer water to runners at the Lawrence Half Marathon and 5K race.

For more than a year, the Center for Diabetic Wellness at Provena Mercy Medical Center in Aurora (PMMC) has provided much needed education and care by helping numerous diabetes patients learn how to control their condition and responding to an identified need in the community. Recently recognized a best practice and earning an Education Recognition Certificate by the Diabetes Association, PMMC's Center for Diabetic Wellness opened its doors in March 2005 to serve those who might otherwise have gaps in their care.

Graduation Day - Individuals who turn to the Center for Diabetic Wellness do so to learn the necessary skills to live healthy with diabetes. At a special graduation ceremony for those who complete the "Life with Diabetes: diabetes self-management education program, participants receive a bag of articles that will help them continue on in their diabetes management. Items include a rubber band to remind the participant to be flexible and a paperclip to "keep things together." While obviously a special day for those graduating, it's also a momentous occasion for staff members who acted as teachers.

Cosmopolitan enthusiasm is infectious. This was the opening sentence in Aurora Cosmos local newspaper article, for the annual Progress Edition. We strive to keep our name and purpose to fight Diabetes well known in our community. Avenues we use are, our local newspaper, local TV station, 4th of July parade and participation in community activities, such as a booth at the opening of Provena Mercy Hospital Health and Wellness Club. Enthusiasm for what we do, encouraged our youngest member, 21 years old, to bring in another new member, also 21 years old. Both young men have family backgrounds of diabetes. They are encouraged by what they hear and see in Cosmos.

Club projects this year include poinsettia sale, barbeque involving Cosmos and Provena Hospital, annual steak fry, 4th of July parade, Downtown Alive - serving beverages and accepting all tips for our revenue. Socials include Christmas party, Derby Day, theatre dates and summer picnics.

THE ROCKFORD CLUB GOES THE EXTRA MILE FOR CRUSADER CLINIC

Submitted by Matt Armstrong

The Rockford Cosmopolitan Club has remained steadfast in its commitment to improve the lives of persons with diabetes and have once again stepped up their support to raise funds for the "Cosmopolitan Patient Education Center" at the Crusader Clinic on West State Street. The club has raised \$75,000 in pledges from our Club's members, friends, and the Charities Board as part of the Rockford Education for Diabetes Fund (RED). Special thanks to the following Rockford Cosmopolitan Club members for their leadership toward the success of the RED campaign: Dick Brynteson, John Schissel, Mike Spoden and John Cassioppi.

These funds will help support the Crusader Clinic Capital Campaign, "Shaping the Future of Community Healthcare in Northern Illinois." The "Cosmopolitan Patient Education Center" will be a dedicated resource to assist patients in their battle with diabetes and other chronic diseases. The new center will be named in honor of the Rockford Cosmopolitan Club's past extensive contributions of time and finances. This very generous contribution comes at a critical time in the Crusader Capital Campaign as it will go towards a Kresge Foundation challenge grant of \$300,000.

Since 1994, under the leadership of the Rockford Cosmopolitan Club and with the grateful contributions made by Cosmopolitans, we have provided in excess of \$300,000 to the Crusader Clinic/Cosmopolitan Diabetes Program.

The Crusader Clinic family deeply appreciates the generous support it has received over the past 13 years from our Cosmopolitan friends. **Until there is a cure...**



Rockford Cosmopolitan Club members meet with Crusader Clinic to discuss plans for the new "Cosmopolitan Patient Education Center" at the Crusader Clinic on West State Street in Rockford, IL. Pictured L to R: Angela Glae, UIC Pharmacy Student; Rockford Cosmopolitan Club Members - John Schissel, Noel Nickel, Mike Spoden, Brian Lindsay, Tom Gustafson; Lisa Stevens, Director Clinical Quality, Crusader Clinic; William Chan, UIC Pharmacy Student; Dick Brynteson, Rockford Cosmopolitan Club Member and Past International President.

PRINCE ALBERT WELCOMES THE COSMOPOLITAN WOMEN'S CLUB

April 14th saw the fruition of months of work by Nancy Hill and friends as the Prince Albert Women's Cosmopolitan Club was chartered The location, appropriately was the Cosmopolitan Room of the PA Golf and Curling Club. Ninety-two people, including 38 Cosmos from other Clubs attended the gala evening chaired by Chris Clinton of the PA Men's Cosmopolitan club.

International Vice President for Membership and New Clubs, Jim Smith had the pleasure of Chartering 21 members into Cosmopolitan. Jim acknowledged the sponsors of new Cosmos including Nancy Hill who has brought seventeen new members into Cosmopolitan. Governor for Western Canada, Norman Hill inducted the executive: Nancy Hill- President, Dianne Longhurst- Secretary and Vera Aug- Treasurer. Mayor Jim Scarrow brought greetings from the City and congratulated the new Cosmos. He noted that society would not enjoy the many benefits of their community without the volunteerism of service Clubs such as Cosmopolitans.

The Cosmopolitan Women's Club has fundraisers already under way and in the planning stages. A cookbook has been assembled and will be available through Club Members in May. October will see a special Women's Fashion Show.

Nancy Hill thanked the mayor and guests and acknowledged the distance Cosmos traveled including from Winnipeg, Regina, Saskatoon, Edmonton and St. Albert. She expressed her gratitude for the donations from the other Clubs in the Western Canada Federation including the Banner, Flags, Gavel and cash. The banquet was followed by a dance with live music and much socializing.



Prince Albert Cosmopolitan Women's Club



Nancy Hill and **Jim Smith** stand by the new banner.

DOWNTOWN OMAHA CELEBRATES 75TH

Submitted by Bob Klingseisen

On January 20, 2007, the Downtown Omaha Cosmopolitan Club celebrated is 75th Anniversary since being chartered on January 1, 1932. International President Bob Williams attended as well as 4 Past International Presidents and almost the entire International Board of Directors. Cosmos from Virginia, Kansas, Missouri, Iowa, South Dakota, Illinois, and of course, Nebraska came together at Caniglia's Venice Inn in Omaha to commemorate this significant milestone with the Downtown Omaha Club. Eighty-three people enjoyed this fun and festive evening and numerous guests learned the experience of being a "Cosmopolitan". 13 of the 15 clubs from the Cornbelt Federation were represented at the event.

Club President Bob Klingseisen organized and hosted the event, which featured a cocktail hour, dinner, and a special guest speaker. Past International President Jim Prouty brought memorabilia from throughout the years for all to see and reminisce.



Club President **Bob Klingseisen** receives congratulations from International President **Bob Williams**.
Cornbelt Governor **Terry Sanford** is standing beside **Bob Williams**.

Bob Williams presented the coveted 75th White Banner to Bob Klingseisen who proudly displayed it behind the head table for the remainder of the evening. The Downtown Omaha Club is one of only 13 of the 70 active clubs in Cosmopolitan to have this honor. Bob Williams also presented ten anniversary award membership pins to club members that ranged from 55 to 10 years of membership.

The event produced three new members: Brad Turner (also one of the pianists during the social hour), Donna Lewis, and Darrin Branson. It also raised \$1,700 by way of our collectible Christmas ornaments. Additionally, everyone in attendance received a complimentary, commemorative 75th Anniversary wine glass to take home with them.

The Sioux City and Three Rivers Clubs of Iowa presented Cosmo Brick Club Certificates to our club. The MO-KAN Federation Governor-Elect Gary Bartlett attended and presented a congratulations memorandum to the club. Our Canadian friends to the North, the Prince Albert, Saskatchewan Cosmopolitan Club extended a congratulatory message as well via email. The President of the United States, George W. Bush, issued a Presidential Message to the Club thanking our Club's Cosmos and Cosmopolitans everywhere for our contributions and service to raise awareness of the dangers of diabetes and our commitment to finding a cure. Nebraska Governor Dave Heineman signed a proclamation declaring January 20, 2007 Downtown Omaha Cosmopolitan Club Day and urged all Nebraskans to take due note of this observance. Omaha Mayor Mike Fahey also issued a proclamation declaring January 20, 2007 Downtown Omaha Cosmopolitan Club Day.

The keynote speaker was Chuck Sigerson, a 32-year cosmopolitan member from the I-80 Club and District 7 Omaha City Council Member, gave a great speech on the virtues of being a Cosmopolitan and the wonderful and worthwhile efforts that Cosmopolitans everywhere do for their communities. Chuck also issued an Omaha City Council proclamation signed by all seven city council members.

It was a great event and a great evening with great Cosmopolitans. Thankfully, Cornbelt Federation Governor Terry Sanford had arranged a hospitality suite at a nearby hotel for all of the out-of-towners because we did, indeed, receive a nice snow storm that evening depositing about six inches of snow. However, the crystallized sunshine did nothing to dampen the spirits of all in attendance.

CI FUND CLUB

Protecting Today. Securing Tomorrow.

RECHARGE.

As you may recall, at the 2006 International Convention in Rockford, the CI Fund was created. You can become a CHARTER MEMBER of the newly-formed **CI FUND CLUB** by making a tax deductible donation to this new fund before the end of our fiscal year, June 30, 2007.

REINFORCE.

The monies of this fund will provide our organization with a means to cover the current and future costs of maintaining and expanding our efforts to detect and defeat diabetes.

RESPOND.

New contributors, since November 1, 2006:

- \$ 500* Jefferson City Club
- \$ 500* Melvina Newman
- \$ 500* Bill and Bobbie Clifton
- \$ 500* Mo-Kan Federation
- \$ 500* Alexandria-Cenla Club
- \$1,000* Jack Meyerowitz
- \$3,000 Baltimore Club
- \$2,000 West Omaha Club
- \$1,000 Capital Region Club

Make checks payable to the: **Cosmopolitan Diabetes Foundation**Please note CI Fund on the memo line.

*These donations were matched by Capital Federation. In October 2006 Capital Federation announced that they would MATCH donations by a federation, club or individual up to a total of \$5,000. **The full matching amount has been reached-thank you Cosmopolitans!**

IN MEMORIAM

Documented from February 1, 2007 to May 24, 2007

Capital Federation HARRY C. BALLARD Norfork Club

Cornbelt Federation JEANNINE GELECKI (wife of FRANK GELECKI)

West Omaha Club

TIM JOHNSON Blair Club

Mo-Kan Federation

DICK WEISSER

Johnson County Club

JOHN H. KITZMAN Sana Fe Trail Club

ROBERT J. BERNICA Topeka Club

North Central Federation

DR. CHARLES J. RAY Rapid City Club

DONALD E. JOHNSON Sioux Falls Noon

Southwestern Federation

Luis Otero Mexico City Club

Western Canada FederationIAN J. GRAY
Prince Albert Club



LUIS OTERO 1915-2007

International President 1961-1962

Luis Otero was the International President of Cosmopolitan for 1961-1962 and passed away on May 1.

Luis was a charter member of the Mexico City Club, which was charted in 1948 and attended his first International Convention in Fort Worth, TX, in July 1955. He attended every International Convention from 1955 until the recent years when his health kept him home.

He began his International service in 1956 as a board member and rose through the ladder to become the International President at the convention in Mexico City in 1961.

His Margarita preceded him death in 1999. He is survived by four sons and their wives: Luis and Rosario, Manuel, Alejandro, Elisa and Ricardo, and Rocio and a host of grandchildren.

Luis was President of Estructuras Fabriles, S.A., a large steel fabricating company.



DR. CHARLES RAY 1912-2007

International President 1971-1972

Dr. Charles Ray was International President of Cosmopolitan for 1971-1972 and passed away on March 3, 2007

Dr. Ray was a member of the Rapid City Club where he had his dental practice. He had been a 33 year member of the Rapid City Club at the time of his term as President. Dr Ray led the organization through major reorganization changes and set the stage for Cosmopolitan as we know it today.

Besides his dental practice, Dr. Ray had an electrical engineering degree. He was a member of numerous dental boards and organizations and was well respected in his field, having served on the boards of numerous professional organizations.

Dr. Ray also served in numerous other civic clubs and church activities. He was a past district officer in the Knights of Columbus.

Dr. Ray is survived by his wife JoAnn of the home along with one son and six daughters.

COSMO BRICK CLUB

Purchasing a brick to be placed in the brick courtyard at International Headquarters is a wonderful opportunity to honor your club president, federation governor and award recipients. Bricks have also been inscribed in memory of friends and loved ones.

To date, over 400 engraved bricks have been placed in the courtyard of the historic turn-of-the-century headquarters building. To order your brick, please send your \$100 US check to head-quarters with your engraving and acknowledgement information. For more information, contact headquarters@cosmopolitan.org.

Recent Courtyard Additions

David Bradley Governor Capital Federation 2006-2007 In Honor of **Gary Munson** Sioux City Club

Donald C. Seyboth Intl Pres 1987-1988 Baltimore Club 2007

In Memory of Peter J. May 1932-2007

In Memory of **Dick Weisser** Johnson County Club 2007 Sharon Hinds Cosmo of the Year Main St. Club 2006-2007

Dr. Charles Ray Int'l President 1971-1972

John H. Kitzman Wagon Master 8/29/32-3/27/07

Cosmo Brick Club Order Form

To purchase a brick, return this form along with your \$100 check (U.S.) to International Headquarters.

ENGRAVING INFORMATION

(maximum of 3 lines, 21 characters or spaces per line)

ACKNOWLEDGEMENT INFORMATION

Name			
Street			
City	State/Prov.	Zip/Postal	
Telephone	E-mail		

CONVENTION IS JUST AROUND THE CORNER!

ED FICENEC and JERRY NELSON

2007 International Convention Co-Chairmen

The 2007 International Convention in Omaha, NE is quickly approaching. If you have not made your plans to attend, please do so as soon as possible. Hotel reservations must be made by July 18, 2007. You can make reservations directly by calling Marriott at 1-800-228-9290 or online at www.marriott.com.

For those of you that may be short on time, the business portion of the convention will begin on Thursday afternoon with the First Delegate's Meeting. Otherwise, optional activities will begin on Wednesday at noon with the Art Prouty Memorial Golf Tournament and later that evening Cosmos will have the option of taking in a Riverboat Cruise

LATE BREAKING NEWS! Dr. Aaron I. Vinik, MD, PhD, Professor of Medicine/ Pathology/Neurobiology, Eastern Virginia Medical School and Director, Research Institute, The Strelitz Diabetes Institutes has agreed to speak to us at the Second Delegates Meeting during our International Convention. He will update us on INGAP as well as current research at Strelitz Diabetes Institutes.



which will include a delicious BBQ dinner!

If you have not been to Omaha in a while, you are in for a treat. Omaha has been transformed over the last few of years with

extensive renovation along the riverfront as well as downtown. Come explore this wonderful "Cosmopolitan" city! Take a few minutes to read the "Omaha Attractions" article. We are certain Omaha has something to offer everyone!

Send in your registration now, we are looking forward to seeing you!

OMAHA ATTRACTIONS

Reprinted with permission from the Omaha Convention and Visitors Bureau

For many, one of the most alluring aspects when visiting a city is its attractions. Not only do you want a variety of entertaining, educational and enjoyable options, but you want first-class, well-known places to provide a memorable experience. Omaha has all of that - and more.

If you fly into our city, one of the first things you will see is Omaha's newly redeveloped Riverfront that runs along the edge of downtown and the Missouri River. As you make your way along the riverwalk - the whether by foot or by bike - you can visit the original landing site of Lewis & Clark, walk through the Heartland of America Park or see the WWII Heartland Memorial. You can also stop and have a bite to eat or take a riverboat cruise.

The Riverfront is also conveniently located just minutes from Omaha's historic Old Market district. Originally an industrial and warehousing district in the late 1800s, this community has retained all of its old world charm including renovated buildings, brick restaurants, pubs, boutiques and entertainment and is brimming with life year-round.

Not far from downtown is one of Omaha's world renowned attractions - the Henry Doorly Zoo. Featuring the world's largest indoor rain forest, the Lied Jungle, and the world's largest indoor nocturnal exhibit, the Kingdoms of the Night, the zoo is

nothing short of amazing. The Desert Dome and aquarium are truly unique and the new Orangutan Forest and Hubbard Gorilla Valley will leave you feeling like Jane Goodall herself. And you'll definitely want to make time to watch one of the many choices in feature films at the Lozier IMAX 3D Theater.

If you want a completely different experience from the city life, visit Omaha's Botanical Center, Lauritzen Gardens. With special exhibits all year long, you can lose yourself in the 100-acre park. And kids will especially enjoy the giant train locomotives next door at the Kenefick Park. You can also treat the family to a visit to the Durham Western Heritage Museum which showcase the history of the railroad from real-life and miniature engine displays to an operating old-fashioned soda shop.

There's just as much to see west of downtown, such as the renowned Strategic Air and Space Museum, which is an impressive interactive and educational display of aircraft and missiles that is perfect for all ages. Near the SAC Museum you can also take a safari adventure and drive through the Lee Simmons Wildlife Safari Par, where buffalo, antelope and sand hill cranes may come right up to your window. You'll also want to go through the Village at Boys Town, which offers beautiful grounds and historical insight into founder Father Flanagan's dream to care for children. Omaha is filled with a variety of unique attractions that will easily keep you entertained for days.

2007 Cosmopolitan International Convention Registration

Registrations accepted by **mail** to: Cosmopolitan International, P.O. Box 4588, Overland Park, KS 66204; by **fax** at 913.648.4630 or **online** at www.cosmopolitan.org.

Cosmo(s)/Guest: (Please print as pr	eferred on name	e badges)		-	
Club(s):					
	treet	City		Prov/State	Postal/Zip Code
Daytime Phone Nur	mber: ()		E-mail:		
Children/Teen(s): _					
	Name	Age	Name		Age
Food Allergies/Rest	rictions:				
Name Bade	ge Ribbons:			. <u> </u>	
☐ Past Int	_	☐ Sponsor Life Member	☐ Ist Time Attendee	☐ Cornbelt	Host
□ □ Beaco	on Member(s)	☐ Emerald Beacon	☐ Ruby Beacon	□ Diamond	Beacon
□ CI Boa	rd Member	☐ CDF Board Member	☐ '06-'07 Club President	□ '07-'08 C	lub President
	COMPLETE PA	CKAGE – See schedule fo	or details (includes all inc	dividual events	listed below)
	adline for all	Postmarked	Postmarked	# Attending	Total \$
	ration 7/20/07	Before 6/8/07	After 6/8/07	" / teceriaing	rotar φ
Cosmo		\$195	\$215		
Guest	to 18 years)	\$195 \$130	\$215 \$130		
IV	NDIVIDUAL EV	ENTS – For those attend	ing only certain events, a	and not the ent	re convention Total \$
8/9/07	Opening Ceremo	onies Luncheon	\$ 30	,, receiving	rocar φ
8/9/07	Welcome Party [\$ 35		
8/10/07	Beacons Breakfas		\$ 20		
8/10/07		oo with Picnic Dinner	\$ 30		
8/11/07	Awards Luncheo		\$ 30		
8/11/07	President's Banqu	uet and Dance	\$ 50 \$ 30		
	Delegate's Fee		\$ 20		
	OI	PTIONAL EVENTS – No	t included in complete p	ackage	
8/8/07	Art Prouty Memo	orial Golf Tournament	\$ 55		
8/8/07	Riverboat Cruise	with BBQ Dinner	\$ 40	. ———	
Complete Package(s)	\$	Enclosed is check # _	Payable to Cosmo Inte	ernational	* A \$15 service charge will be added to each
Individual Event(s)	\$	OR MC	Visa Expires: <u>/</u>		package paid by credit
Optional Event(s)	\$	Card #			card. All amounts are in U.S. funds. Canadian
Service Charge *	\$				Cosmos may indicate "U.S. Funds" on their
TOTAL	\$		<u></u>		personal checks.
Please mark your choi	ce(s) for the Prosic	dent's Banquet: Dinner:	Roof Tondorloin Salma	n Chielean	Vogotarian Lacaza

2007 Cosmopolitan International Convention

Cos	mo Program	Guest Program					
Wednesday, Augus	st 8, 2007	Wednesday, August 8, 2007					
11:00 a.m 12:00	Registration	11:00 a.m 12:00	Registration				
12:00 p.m 4:00 p.m.	Golf Tournament (Not included in	12:00 p.m 4:00 p.m.	Golf Tournament (Not included in				
	package price)		package price)				
2:00 p.m 4:00 p.m.	Registration	2:00 p.m 4:00 p.m.	Registration				
4:00 p.m 5:00 p.m.	Hospitality Room Open	4:00 p.m 5:00 p.m.	Hospitality Room Open				
6:00 p.m 8:30 p.m.	Riverboat Cruise with BBQ Dinner	6:00 p.m 8:30 p.m.	Riverboat Cruise with BBQ Dinner				
	(Not included in package price)		(Not included in package price)				
Thursday, August 9	9, 2007	Thursday, August 9, 2007					
8:00 a.m 11:00 a.m.	Registration	9:00 a.m 11:00 a.m.	Registration				
9:00 a.m 9:30 a.m.	First Timer Orientation	9:00 a.m 9:30 a.m.	First Timer Orientation				
9:30 a.m 10:00 a.m.	Parent/Teen Meeting	9:30 a.m 10:00 a.m.	Parent/Teen Meeting				
8:00 a.m 10:00 a.m.	CDF Board Meeting	11:30 - 1:00 p.m.	Opening Ceremonies Luncheon				
10:30 a.m 12:30	First CI Board Meeting						
12:45 p.m 2:00	Opening Ceremonies Luncheon	12:45 p.m 2:00	Opening Ceremonies Luncheon				
2:30 p.m 4:30 p.m.	First Delegates Meeting	2:00 p.m Open	Shopping				
4:30 - 7:00 p.m.	Hospitality Room Open	4:30 - 7:00 p.m.	Hospitality Room Open				
5:30 - 7:00 p.m.	PIP Reunion						
7:00 - 9:00 p.m.	Welcome Party	7:00 - 9:00 p.m.	Welcome Party				
Friday, August 10,	2007	Friday, August 10, 2007					
7:30 a.m Open	CDC Mobile Nursing Unit Screenings	7:30 a.m Open	CDC Mobile Nursing Unit Screenings				
8:00 a.m 10:00 a.m.	Beacons Breakfast	8:00 a.m 10:00 a.m.	Beacons Breakfast				
10:30 a.m 12:30	Workshops – TBA	10:30 a.m 5:00	Henry Doorly Zoo/Picnic Dinner				
10:30 a.m 12:30	Awards Judging						
1:00 p.m 5:00 p.m.	Henry Doorly Zoo/Picnic Dinner						
6:00 p.m 9:00 p.m.	Hospitality Room Open	6:00 p.m 9:00 p.m.	Hospitality Room Open				
Saturday, August 1	1, 2007	Saturday, August 11, 2007					
8:00 a.m Open	CDC Mobile Nursing Unit Screenings	8:00 a.m Open	CDC Mobile Nursing Unit Screenings				
9:00 a.m 11:00 a.m.	Second Delegates Meeting						
12:00 p.m 1:30 p.m.	Purple and Gold Awards Luncheon	12:00 p.m 1:30 p.m.	Purple and Gold Awards Luncheon				
2:00 p.m 3:00 p.m.	Second CI Board Meeting						
3:00 p.m 6:00 p.m.	Hospitality Room Open	3:00 p.m 6:00 p.m.	Hospitality Room Open				
5:30 p.m 6:30 p.m.	Cocktail Party	5:30 p.m 6:30 p.m.	Cocktail Party				

6:30 p.m. - 12:00 a.m. President's Banquet and Dance

6:30 p.m. - 12:00 a.m. President's Banquet and Dance

General Information

Dress: Casual and comfortable is suitable for most day and evening events. The Awards Luncheon is business casual. Cocktail attire is appropriate for the President's Banquet.

Airport/Hotel Transportation: If you are flying into Omaha and need transportation to the hotel, please contact headquarters with your flight information.

Cancellations: Cancellation requests received after 6/8/07 but before 7/6/07 are subject to a cancellation fee of 25%. Requests received on or after 7/6/07 but before 7/20/07 are subject to a cancellation fee of 50%. Requests received on or after 7/20/07 will be considered after the final convention accounting.

Youth Program

Wednesday, August 8, 2007

6:00 p.m.—8:30 p.m. Riverboat Cruise/BBQ Dinner

(Not included in package price)

Thursday, August 9, 2007

9:30 a.m. - 10:00 a.m. Parent/Teen Meeting

10::00 a.m. - 5:00 p.m. Papio Fun Park

Pizza, Games, Swimming at Hotel 7:00 p.m. - 9:00 p.m.

Friday, August 10, 2007

10:30 a.m. - 5:00 p.m. Henry Doorly Zoo/Picnic Dinner

Saturday, August 11, 2007

10:00 a.m. - 12:00 p.m. Planet X

12:00 p.m. - 5:00 p.m. Fun-Plex Water Park

6:00 p.m. - Open Dinner at Gengi Steakhouse

Youth Hospitality Room and/or 7:30 p.m. - Open

Dance with parents

For more information on the Youth Program. please contact Jeanne Nielsen.

> Email: nielsen@tvsonline.net Daytime Phone: 402.727.4626



Hotel Registration

Must be received at hotel by July 18, 2007

> **Omaha Marriott** 402.399.9000 800.228.9290

www.marriott.com

Room Rate: \$84 US (1-5 people)

Rollaway Bed/Crib available at no charge

Room Tax: 16.48%

Check In: 3:00 p.m.

Check Out: 12:00 p.m.

Room Guarantee: Credit Card needed to reserve

Cancellation Policy: Cancel by 6 pm first day of stay to avoid charge

Amenities:

- Indoor and outdoor swimming pools, whirlpool and fitness center
- Omaha Chophouse, onsite restaurant open for breakfast, lunch and dinner
- Data ports, high speed internet available
- In-room coffee, microwave, hair dryer and iron
- Complimentary on-site parking, free local calls
- Completely nonsmoking hotel
- Guest Rooms renovated in 2004

CURB APPEAL

Ed Thompson, Don Peers, & Terry Sanford install a new sign at HQ.



Our new sign courtesy of a grant from the Mid-States Federation.



plumbing have replaced old overgrown shrubbery courtesy of Cindy Harmon and Gary Bartlett.



Ryan Lawn & Tree renovates the landscaping.



Mike Erickson (pictured to the left in the first photo) and Larry Ryan (pictured to the right) are in the Santa Fe Club.





There is a new phone system in place now thanks to a monetary donation from the Omaha West Club.



Douglas Smith and Ed Barnes from the Johnson County Club delivered a new microwave and toaster oven to HO.



Pontiac, IL Permit #592

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