



# COSMOPOLITAN INTERNATIONAL

THE CLUB THAT FIGHTS DIABETES

Saturday, November 05, 2016

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**COSMOPOLITAN INTERNATIONAL**  
THE CLUB THAT FIGHTS DIABETES  
*Newsletter*

January 31, 2014

Brrrrr! Winter has us firmly in its grip and, baby, it's cold outside! Although the weather has been quite frightful, lots of hot things are happening here at Cosmopolitan. **CHECK IT OUT!**



The Fall 2013 edition of COSMOTopics has mailed, and you should have received your copy. If you did not, please contact headquarters at 717-295-7142 or [headquarters@cosmopolitan.org](mailto:headquarters@cosmopolitan.org). This edition is overflowing with great information including the latest news from clubs, photos of award winners from the 2013 convention, and a heartwarming story about Ruby, the diabetic alert dog (DAD). Be sure to read Ruby's story to learn more about DADs, as this is one of the possible international projects on which delegates will vote at the 2014 convention.

**Oops!** The Fall 2013 edition of COSMOTopics inadvertently named LJ Smith as governor-elect with the Capital Federation. In actuality, this position is held by Chuck Cenknor. Our deepest apologies to both LJ and Chuck for this error.



*Can You Hear Me Now?*

We all know that communication is one key to the success of any organization, so International President Sheila and Executive Director Tracy now will be holding monthly conference calls with all governors and governors-elect to discuss what is happening in each federation. This is an excellent opportunity for governors and governors-elect to exchange ideas, discuss problems, and hear about important and timely information for their clubs. If a governor or governor-elect is unable to attend the call, he or she will submit a written update on his or her area of responsibility. This will foster accountability for everyone and will help in unifying our leadership.

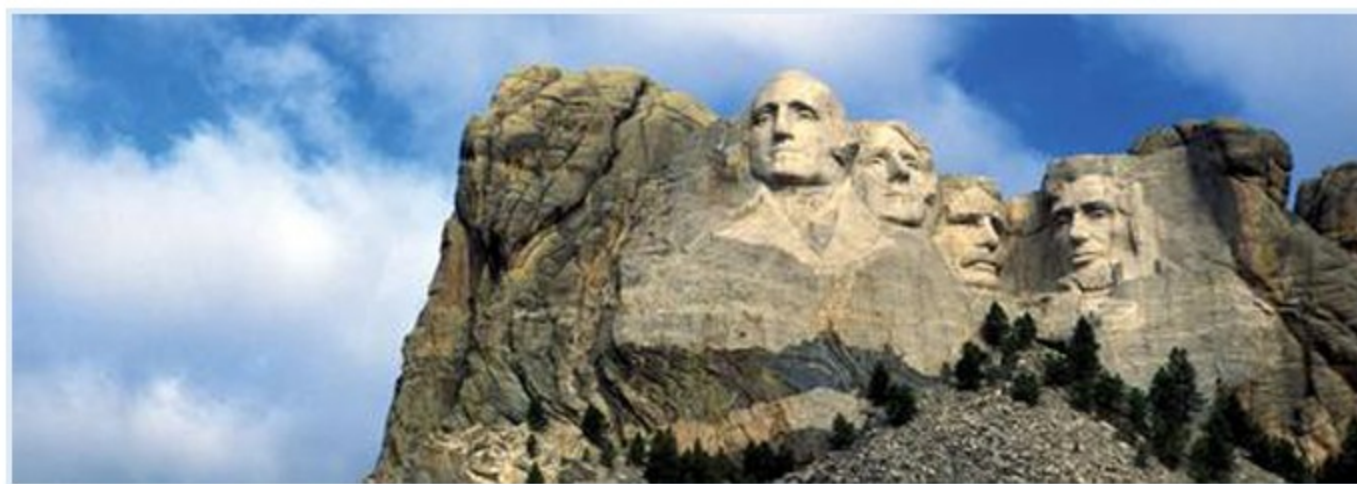
Similar monthly calls now are taking place among the executive committee. These folks are your elected leaders, and they have pledged accountability to you, our members. Summaries of each call are available to members, so please contact Executive Director Tracy for more information. Like good communication, transparency also is a key to success!

*From time to time, clubs ask our international headquarters office what benefits clubs get from international.*

One benefit is that of LIABILITY INSURANCE. Clubs do not need to undertake the headache and hassle of providing their own coverage because this is taken care of through International. If you would like to learn more about our liability coverage, please contact Executive Director Tracy anytime.



*What Have You Done for Me Lately?*



### Give Me One Good Reason...

International Convention 2014 in Rapid City, South Dakota, is right around the corner, and you don't want to miss it! Registration is coming soon, so please consider attending. Why attend, you ask? Well, remember that the International Project is returning, and this is your chance to voice your opinion and vote on what project(s) you support. Cosmopolitan has been without an International Project for several years, and we now are building momentum and enthusiasm among our clubs with the return of the Project. Did we also mention that South Dakota has some of the most scenic, historic, and captivating countryside you will ever find? More about that next time!

### Family Matters.

Family does matter. And like your own family, the Cosmopolitan family experiences ups and downs, reasons to celebrate and reasons for sorrow. To that end, we are very sad to announce the departure from International of the Lawrence Breakfast Club. LBC closed 2013 with 48 members. We thank LBC for their work over the years to fight diabetes and wish each member the very best in the future.

### And Finally...

Remember that "we can complain because the rose bushes have thorns, or rejoice because the thorn bushes have roses." (Abraham Lincoln).

Your attitude is entirely up to you. Wishing you the joy of roses on your thorn bushes.



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