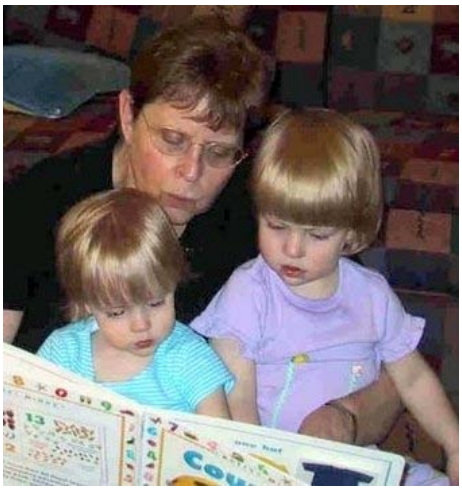Ellen Mack still reads to her grandchildren and leads a productive professional and volunteer life because eleven units of blood were available when she had a life threatening internal bleed.