







Cancer Association Of Havasu

94 Acoma Blvd. S. Ste. 101
Lake Havasu City, AZ 86403

928-855-5000

havasucommunityhealth.org

Pain Tracker						
Date & Time	Was Pain Episode Related to Activity?	Level of Pain at its Worst (0 =No Pain and 10 =Worst Possible Pain)	Location of Pain			
	Yes or No		 Front		 Back	
Pain Description			Medication or Other Therapy	When did you feel improvement after treatment	Level of Pain at its Worst (0 =No Pain and 10 =Worst Possible Pain)	
Aching	Intense	Stabbing				
Burning	Numb	Stinging				
Cramping	Radiating	Tender				
Deep	Sharp	Throbbing				
Dull	Shooting	Tingling				
Electric	Other _____					
Date & Time	Was Pain Episode Related to Activity?	Level of Pain at its Worst (0 =No Pain and 10 =Worst Possible Pain)	Location of Pain			
	Yes or No		 Front		 Back	
Pain Description			Medication or Other Therapy	When did you feel improvement after treatment	Level of Pain at its Worst (0 =No Pain and 10 =Worst Possible Pain)	
Aching	Intense	Stabbing				
Burning	Numb	Stinging				
Cramping	Radiating	Tender				
Deep	Sharp	Throbbing				
Dull	Shooting	Tingling				
Electric	Other _____					

