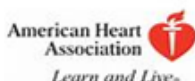


2019 Community CPR Classes

Offered by Havasu Regional Medical Center



We encourage you to attend one of the **FREE** training sessions below to learn the simple steps of Hands-Only™ CPR and the use of an AED (Automatic External Defibrillator). Also learn the early signs and symptoms of a heart attack!

Learn about people who are alive today because someone acted quickly and what you can do!
All sessions are **FREE** to the community- no reservation required.

HRMC Learning Center, Located at 1785 McCulloch Blvd. (across from K-Mart)

Sept 12, 2019

October 15, 2019

November 12, 2019

December 5, 2019

All Classes start at 6pm and are about 1 hour in length

Pick the date which works best for you 😊

Hand-out materials provided at class. **This course is FREE to the community.** This not a card-earning course.

For more information call 928-453-0139