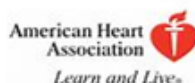


# 2018 Community CPR Classes

Offered by Havasu Regional Medical Center



We encourage you to attend one of the **FREE** training sessions below to learn the simple steps of Hands-Only™ CPR and the use of an AED (Automatic External Defibrillator). Also learn the early signs and symptoms of a heart attack!

Learn about people who are alive today because someone acted quickly and what you can do!  
All sessions are **FREE** to the community- no reservation required.

**HRMC Learning Center, Located at 1785 McCulloch Blvd. (across from K-Mart)**

**July 10, 2018**

**August 15, 2018**

**September 13, 2018**

**October 18, 2018**

**November 7, 2018**

**December 13, 2018**

*All Classes start at 6pm and are about 1 hour in length*

*Pick the date which works best for you 😊*

Hand-out materials provided at class. **This course is FREE to the community.** This not a card-earning course.

For more information call 928-453-0139