

Health & Wellness 101

September 4, 4:30 pm to 6:00 pm



**#youmatter;
Café**

Suicide Awareness & Prevention

*You are invited to join us for coffee, tea,
or lemonade and relaxed conversation with*

**Doug Pehling, M.A., NCSP, Teri Geier, LCSW,
Andy Chaet, BA & Bob Feliciano, Survivor of Suicide Loss**

Held in the Dining Room at **The Hampton Inn**
245 London Bridge Rd., Lake Havasu City, AZ 86403

Havasu Community Health Foundation
For more information call 928-453-8190 www.havasucommunityhealth.org

Health & Wellness 101 is a program under the umbrella of **Havasu Community Health Foundation**,
a 501(c)3 public charity. 94 Acoma Blvd. S. Suite 101, Lake Havasu City, AZ 86403

