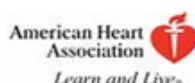


# 2019 Community CPR Classes

Offered by Havasu Regional Medical Center



We encourage you to attend one of the **FREE** training sessions below to learn the simple steps of Hands-Only™ CPR and the use of an AED (Automatic External Defibrillator). Also learn the early signs and symptoms of a heart attack!

Learn about people who are alive today because someone acted quickly and what you can do!  
All sessions are **FREE** to the community- no reservation required.

**HRMC Learning Center, Located at 1785 McCulloch Blvd. (across from K-Mart)**

**Jan 9, 2019**

**Feb 5, 2019**

**March 13, 2019**

**April 24, 2019**

**May 15, 2019**

**June 11, 2019**

*All Classes start at 6pm and are about 1 hour in length*

*Pick the date which works best for you 😊*

Hand-out materials provided at class. **This course is FREE to the community.** This not a card-earning course.

For more information call 928-453-0139