
***NAMI Havasu's New Family Support Group meets,
Monthly: Every 2th Saturday, at 10 AM – 11:30 AM. Mount Olive
Lutheran Church, 2170 Havasupai Blvd, Lake Havasu City,***

NAMI Family Support Groups are **free, confidential** groups for families of individuals with mental health conditions. Through this group, members can find hope and support by connecting with others who face similar challenges and gain support.

NAMI Havasu, an affiliation of the National Alliance on Mental Illness, now offers a NAMI Family Support Group which meets once each month. This is NAMI program is for people who have loved ones with mental illness. Age limit is 18 and up.



Participant Perspectives

“Before coming to the support group, we had never spoken about mental illness to neighbors, friends and often not even to our relatives.”

“NAMI Family Support Group really works and it makes the group experience even better.”

“I just attended my first NAMI Family Support Group and the facilitators and the group experience was just the kind of support I was seeking at this time.”

Contact us to find out more about NAMI Havasu Family Support Groups!

**We need people in Havasu to help advance
the cause of NAMI Havasu.**

Call Betty Bradley 453-7869 for more information.

Betty Bradley 928-453-7869

Joyce Grabowski 651-280-9485

Keenan Norman 760-662-4448

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Havasu is an affiliate of NAMI AZ. NAMI Havasu and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.