

What is the NAMI Connection Recovery Support Group Program?

NAMI Connection is a recovery support group program that offers respect, understanding, encouragement and hope. NAMI Connection groups are:

- Free and confidential
- Held weekly for 90 minutes
- Designed to connect, encourage, and support participants using a structured support group model
- Led by trained facilitators living in recovery themselves

NAMI Havasu, the local organization of the National Alliance on Mental Illness, will offer its **Connection Recovery Support Group Program every Thursday at 2:30 PM**. Meetings will take place at **1795 Civic Center Blvd., Ste. 101** (in “the old Springberg Bldg.>) Call Christie for a map. **951 440-3458**.



Participant Perspectives

“NAMI Connection has made me realize that I can truly feel comfortable around my peers and I really needed that feeling!”

“I believe NAMI Connection means hope.”

“NAMI Connection is the promise of what is and what can be in our lives.”

Contact us to find out more about NAMI Connection Recovery Support Groups! Pro-



**NAMI Havasu Connections, call
Christie Ewark, 1 951 440-3458**

Keenan Norman, President: 760-662-4448

**Chaplain Joy L. Smith, Founder & Advisor
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About NAMI

The National Alliance on Mental Illness is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Havasu is an affiliate of NAMI AZ and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living