



Havasu Community Health Foundation

Support Groups

94 Acoma Blvd. S. Ste. 101



Bosom Buddies of Havasu (Breast Cancer Support)

1st Wednesday HCHF Meeting Room 4:00 PM



General Cancer Support Group

3rd Tuesday HCHF Meeting Room 4:00 PM



Creason Counseling Center • Justus Girls - Teen Support Group

Each Wednesday The Shambles 3:00 PM
2126 McCulloch Blvd. N. Ste. 5 • Call for information 928-733-5009



COPD Better Breathers Club

3rd Thursday HCHF Meeting Room 5:00 PM



COPD Bootcamp For Veterans

1st, 2nd, 4th, 5th Thursdays HCHF Meeting Room 2:00 PM



Dementia Connection of Havasu

1st, 2nd & 3d Tuesday The Shambles 1:00 PM
2126 McCulloch Blvd. N. Ste. 5 & 7
Includes Activity Group for loved one, call 928-855-5000 for reservation
4th Thursday HCHF Meeting Room 1:00 PM



Diabetes Support in Havasu

2nd Wednesday HCHF Meeting Room Noon



Fibromyalgia & Chronic Fatigue Syndrome Support

1st & 3rd Wed. HCHF Meeting Room Noon



Havasu Healthy Striders—Walking Group

Saturdays Rotary Park / English Village Summer 6:30 AM
Call for meet-up location Winter 7:00 AM



Parkinson's Strong & Steady

3rd Thursday The Shambles 1:30 PM
2126 McCulloch Blvd. N. Ste. 5



Stroke Support Group of Havasu

1st Tuesday HCHF Meeting Room 11:00 AM



#YOUmatter; Peer to Peer Support Group

3rd Saturday HCHF Meeting Room 9:00 AM

Call 928-855-5000 for more information • havasucommunityhealth.org