



Havasu Community Health Foundation

Support Groups



Better Breathers - Lung Disease Support Group

2ND Tuesday HCHF Meeting Room 5:00 PM



Bosom Buddies of Havasu (Breast Cancer Support)

1st Wednesday HCHF Meeting Room 4:00 PM



General Cancer Support Group

3rd Tuesday HCHF Meeting Room 4:00 PM



Men's Cancer Support Group

2nd Monday HCHF Meeting Room 5:00 PM



Dementia Connection of Havasu

1st, 2nd & 3rd Tuesday Covenant Church 1:00 pm

113 N. Acoma Blvd., Lake Havasu City

Includes Activity Group for loved one, call 928-855-6000 for reservation

4th Thursday HCHF Meeting Room 1:00 pm



Diabetes Support in Havasu

2nd Wednesday HCHF Meeting Room Noon

(No meetings: April, May, June, July, and August 2017)



Fibromyalgia & Chronic Fatigue Syndrome Support

1st & 3rd Wed. HCHF Meeting Room Noon



Havasu Heart Society Monthly Educational Forum

1st Tuesday HRMC Learning Center 6:00 PM

1785 McCulloch Blvd. N.



Health & Wellness 101 Monthly Educational Forum

1st Tuesday HRMC Learning Center 4:30 PM

1785 McCulloch Blvd. N.



Parkinson's Strong & Steady

3rd Thursday HCHF Meeting Room 1:30 pm



Stroke Support Group of Havasu

1st Tuesday HCHF Meeting Room 11:00 AM



#YOUmatter; Peer to Peer Support Group

3rd Saturday HCHF Meeting Room 9:00 AM

Call 928-855-5000 for more information • havasucommunityhealth.org