



Havasu Community Health Foundation

Support Groups

94 Acoma Blvd. S. Ste. 101



Bosom Buddies Breast Cancer Support Group

Meets the first Wednesday of each month at 4:00 pm, HCHF meeting room 104



Families Together Against Addiction

Meets the third Wednesday of each month at 5:30 HCHF meeting room 104



General Cancer Support Group

Meets the third Tuesday of each month at 9:30 am, HCHF meeting room 104



Fibromyalgia and Chronic Fatigue Syndrome Support

Meets the first and third Wednesday of each month at noon, HCHF meeting room 104



COPD Better Breathers

Meets every Thursday at 4:00 pm, HCHF meeting room 104



Havasu Healthy Striders

Meets every Saturday of each month summer 6:30 or winter at 7:00 at Rotary Park



COPD Boot Camp for Veterans

Meets every Thursday at 2:30 pm, HCHF meeting room 104



Living Well With Chronic Pain

Call to sign up for a 8 week session 928-855-5000



Dementia Connection of Havasu Caregiver Support & Activity Group

Activity Group in room 104

Meets the 1st, 2nd, and 3rd Tuesdays of each month at 1:00 pm, HCHF meeting room 101



Parkinson's Support Group

Meets the third Thursday of each month at 1:30 pm,

ASU Campus Santiago Lecture Hall, 100 University Way



Dementia Connection of Havasu Caregiver Support

No Activity Group

Meets the 4th Thursday of each month at 1:00 pm, HCHF meeting room 101



Stroke Support Group of Havasu

Meets the first Tuesdays of each month at 11:00 am, HCHF meeting room 101



Diabetes Support in Havasu

Meets the second Wednesday of each month at noon HCHF meeting room 104



#YOUmatter; Suicide Awareness & Support

Call 855-5000 to sign up for a personal appointment