



# Wellness Rocks

## Community Health Fair

**Saturday, October 5, 2019**

*at the LHC Aquatic & Community Center*

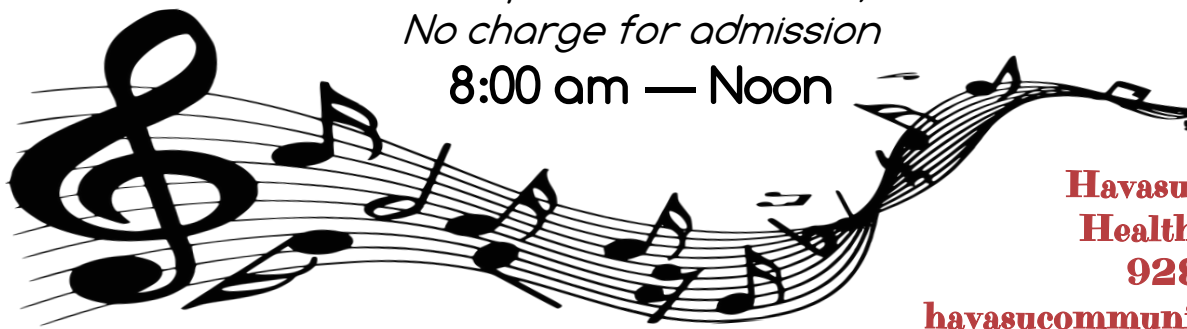
*No charge for admission*

**8:00 am — Noon**



**Havasu Community  
Health Foundation**  
**928-453-8190**

[havasucommunityhealth.org](http://havasucommunityhealth.org)



On-Stage will be a variety of fitness activities & demonstrations! Visit over 60 health-related booths, including all HCHF health programs. Find information, education, and demonstrations. Vaccinations for influenza. Skin cancer, hearing, and other screenings will also be available.

### HRMC Lab Special!

*(No blood drawn at the fair)*

Low Cost Screenings:

**Lipid Panel, A1C or PSA**

**\$5 per test**

*Provided by*

*Havasu Regional Medical Center*

Sign up at the fair,

have the test done at

Havasu Regional Urgent Care

### HCHF Lab Special!

*(No blood drawn at the fair)*

**Health Fair Special \$100**

**(5 tests regularly \$135)**

**CBC, LIPID, TSH, CMP, Vitamin D**

*made possible through a  
generous donation from*

*London Bridge Rotary Club*

Sign up at the fair, have the test  
done at Lab Corp

Sign up at  
the fair!