



Wise Up

Living Your Best Life

2nd Friday of every month ● 9:30 am to 11:00 am

Lake Havasu Senior Center

450 Acoma Blvd S, Lake Havasu City, AZ 86406

ALL AGES ARE WELCOME



JACKSON WHITE
ATTORNEYS AT LAW
ELDER LAW ATTORNEYS

LHC SENIOR
CENTER



W.E.A.A.
Mission
Statement:
Raising
awareness of
dangers in our
community and
promoting the
safety, security,
health and
well-being of
our seniors .

January 11 Beware of Scams	July 12 Choosing a Caregiver Wisely
February 8 Avoiding Financial Exploitation The Bank's Perspective	August 9 Empathy Putting Self in Another's Shoes
March 8 Estate Planning Be Prepared	September 13 Suicide Prevention
April 12 What is a Fiduciary?	October 11 Empowerment/Safety
May 10 Warning Signs of Abuse	November 8 Food for the Body & Soul Proper Nutrition
June 14 APS - Roles & Responsibilities	December 13 Technology/Cyber Abuse Awareness

Watch for more information on each session and topic.

www.havasucommunityhealth.org

928-453-8190