



Wise Up

Living Your Best Life

2nd Friday of every month ● 9:30 am to 11:00 am

Lake Havasu Senior Center

450 Acoma Blvd S, Lake Havasu City, AZ 86406

ALL AGES ARE WELCOME



JACKSON WHITE
ATTORNEYS AT LAW
ELDER LAW ATTORNEYS

LHC SENIOR
CENTER

**W.E.A.A.
Mission
Statement:**
*Raising
awareness of
dangers in our
community and
promoting the
safety, security,
health and
well-being of
our seniors.*

<p>January 11 Beware of Scams</p>	<p>July 12 Choosing a Caregiver Wisely</p>
<p>February 8 Avoiding Financial Exploitation <i>The Bank's Perspective</i></p>	<p>August 9 Empathy <i>Putting Self in Another's Shoes</i></p>
<p>March 8 Estate Planning <i>Be Prepared</i></p>	<p>September 13 Suicide Prevention</p>
<p>April 12 What is a Fiduciary?</p>	<p>October 11 Empowerment/Safety</p>
<p>May 10 Warning Signs of Abuse</p>	<p>November 8 Food for the Body & Soul <i>Proper Nutrition</i></p>
<p>June 14 APS - Roles & Responsibilities</p>	<p>December 13 Technology/Cyber Abuse Awareness</p>

Watch for more information on each session and topic.

www.havasucommunityhealth.org

928-453-8190