





nat you don't know about your health can hurt you. Screening tests have played a major role in improving cancer survival rates by allowing doctors to detect and treat cancer before it even triggers symptoms. For example, mammograms can help identify about 87 percent of women who have breast cancer, depending on factors such as breast density. With this early detection, the patient has more treatment options and an increased probability of survival. However, many patients choose to skip these screenings-they think the test is only for those who have symptoms, or they aren't in a high-risk group, or the tests cause discomfort, etc.

When Diane Walter of College Station went to her annual physical, her doctor recommended a mammogram, a standard breast cancer screening for women over age 50. "He was putting in the order for the test, but I kept thinking about how busy I was. I thought it would be ok to put it off because I had no family history of breast cancer," Mrs. Walter says. A few days later, she received a call from Women's Imaging to schedule an appointment.

Indeed, Mrs. Walter's mammogram came back abnormal. Further tests and a biopsy confirmed a tumor. Fortunately, it was small and still in its early stages. "It was really the best-case scenario," Mrs. Walter says. "My doctor told me this was going to be just a bump in the road."

Within a week, Mrs. Walter had surgery to remove the tumor, followed by 16 days of radiation therapy. About half of all cancer patients will need radiation therapy during the course of their treatment. A linear accelerator delivers radiation with pinpoint accuracy to target and treat tumors while sparing surrounding healthy tissue.

"I didn't have many side effects from the radiation, except some fatigue," Mrs. Walter says. "I was still able to run 5ks and train for a half marathon. And when I did have a skin reaction, they got me in that same day to make sure everything was alright."

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Because radiation therapy is usually given almost daily for several weeks, it can have a large impact on a patient's life. The comprehensive care available at Baylor Scott & White Cancer Center - College Station kept Mrs. Walter from needing to travel or toggle between healthcare systems for her treatment. "Going every day gets old quickly," she says, "but having the cancer center right here made it so easy. I could still go to work and do all my normal activities because I didn't have to go to Houston or somewhere else every day."

"I can't say enough good things about Baylor Scott & White," Mrs. Walter says. "It's amazing to me that they go to work and save lives every day, and do it with such grace and compassion. Having to go through this was hard enough, but they went above and beyond for me at every step of the way."

#### Screenings help save lives

Screening tests help identify cancer cells or abnormal growths

at early stages, often even before symptoms appear. By the time a patient notices symptoms, the cancer may have grown and spread to other parts of the body, making treatment more complicated and intense.

In addition to mammograms, a number of tests are recommended for adults with certain risk factors such as age, tobacco use, or family history of cancer. Tests may include imaging, blood testing, genetic testing, or a simple physical exam.

"Now I tell everyone I know to be aware of their health and don't put off getting the screening tests," Mrs. Walter says. "Get in, get it done, and don't delay. My case could have been much worse, but because they caught it early, it truly was just a bump in the road."

To learn more about how you can help bring comprehensive cancer care to patients in your community, please contact <u>Kassi Horner</u>, director of philanthropy, at 979-207-4074.

### Save the Date

EB

#### Our Bond is Forever

**Yalentine Ball** 

Save the date for our annual Valentine Ball benefiting the Emergency Department renovation project at Baylor Scott & White Medical Center - Brenham.

**APRIL** 

#### **Diamonds & Denim**

27

Join us for the third annual Diamonds & Denim event, including a skeet shoot and evening festivities. This event benefits the Baylor Scott & White Cancer Center - College Station.

INDUSTRY NEWS

# Baylor Scott & White ranks as most awarded not-for-profit healthcare system in Texas.

n the midst of great transformation in the healthcare field, Baylor Scott & White remains committed to safe, quality care while working to drive down costs and improve each patient's experience. U.S. News & World Report recognized that commitment in its 2019-20 Best Hospitals list. Baylor Scott & White Health is the most awarded notfor-profit healthcare system in Texas for the second year in a row.

Additionally, Baylor Scott & White Medical Center - Temple is ranked #7 in Texas, with specialties Nephrology, Pulmonology & Lung Surgery ranked among the top 10% in the nation. Other specialties rated as high performing in Temple include Abdominal Aortic

Aneurysm Repair, Congestive Heart
Failure, Colon Cancer Surgery, COPD,
Knee Replacement, and Lung Cancer
Surgery. Baylor Scott & White Medical
Center - Round Rock is also rated high
performing in Hip Replacement and
Congestive Heart Failure.

"This recognition is a direct reflection of our team members' commitments to making healthcare better for those we serve," says Jim Hinton, CEO of Baylor Scott & White Health. "We are honored to once again be included on this prestigious list; but most importantly, we remain laser focused on our work to consistently deliver high-value, affordable care with an exceptional experience."



Now in its 30th year, the U.S. News Best Hospitals List helps patients and caregivers find the best medical centers for themselves and their families by scoring hospitals based on several factors, including survival, patient safety, nurse staffing, and more.

## Play a round "fore" healthcare

Brenham golf tournament raises funds to support the Emergency Department renovation project.

eeing off for the 27th annual
Healthcare Classic Golf
Tournament, 87 players and
sponsors helped raise more than \$44,700
to help fund a vital renovation of the
Emergency Department at Baylor Scott &
White Medical Center - Brenham.

The planned expansion will include two new exam rooms to serve the growing population, as well as enhancements to patient privacy and safety. The project is entirely funded by philanthropy.

"It's important to keep advanced care accessible to our community,

especially in an emergency when every second counts," says Joel Schretenthaler, chairman of the board for Baylor Scott & White Central Texas Foundation - Brenham. "It's clear from the generous support we receive that our community is dedicated to this project and to high-quality local health care."

Mr. Schretenthaler cares for his neighbors in Brenham as a Certified Registered Nurse Anesthetist at Baylor Scott & White Medical Center - Brenham. "It is an honor to provide care to people we go to church with and see in the grocery aisle," he says. "It doesn't matter if you grew up in Brenham or if you moved here in adulthood—Baylor Scott & White is committed to providing for all your family's health care needs."

To learn more about how you can help, please contact <u>Kassi Horner</u>, director of philanthropy, at 979-207-4074.

- 1. 2019 Honorary Chair Bill Pennybacker and Bill Anger | 2. 87 golfers competed in the tournament.
- 3. Darrell Blum takes a shot on the green. | 4. Joel Schretenthaler addresses the crowd at dinner following the tournament. | 5. Kyle Mertens lines up a putt while Stephen Siemsglusz and Scotty Mueller look on.



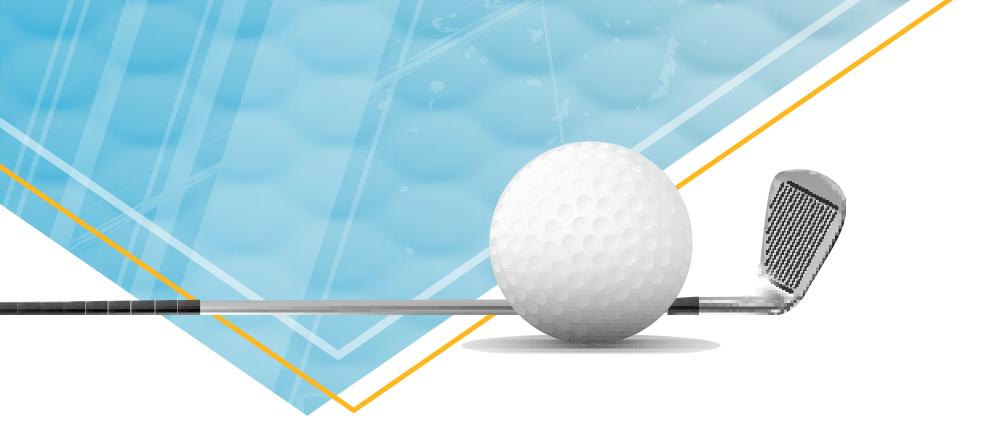
View more photos from the event at CTXFoundation.BSWHealth.com/EventGallery











**GREATER AUSTIN: SPECIAL EVENT** 

# **Swing for Health Tournament**

Topgolf $_{\text{\tiny \$}}$  tournament raised funds to benefit initiatives in the Greater Austin area.

ore than 180 guests participated in the inaugural Swing for Health Tournament on October 17 at Austin Topgolf® to raise funds to support technology and innovation projects at Baylor Scott & White throughout the Austin area.

Guests enjoyed dinner and drinks, a silent auction, raffle drawing, and a little friendly competition on the green. Net proceeds from the event will be used to invest in advanced technology that will make healthcare safer, more efficient, and more convenient for patients. Funds will also support programs designed to inspire and implement innovative solutions to reduce preventable and recurrent health problems.

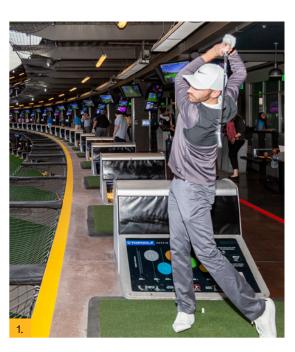
"We are most grateful to our tournament sponsors," says Jana

Sharpley, CFRE, president for Baylor Scott & White Central Texas Foundation. "You truly are investing in the future of healthcare through these initiatives."

To learn more about how you can help, please contact <u>Chris Beck</u>, director of philanthropy, at 512-496-7575.

View more photos from the event at CTXFoundation.BSWHealth.com/EventGallery

 1. Trevor Armstrong takes a swing aiming to hit one of the dartboard-like targets on the Topgolf outfield.



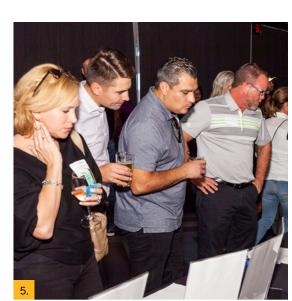
 2. Heritage Title Company | 3. Commerce National Bank





 4. Gunn Real Estate Group | 5. Guests participated in a silent auction and raffle drawing.







### **Get Out Girl**

Unique community partner event raises more than \$25,000 to benefit the Baylor Scott & White Warriors Research Institute (WRI).

ore than 200 women spent a September weekend at Lake Austin wake surfing, paddle boarding, and experiencing the healing power of water at the sixth annual Get Out Girl Paddle & Surf Jam.

A celebration on dry land with live music, catered lunch, and acupuncture and massage for participants followed two days of water activities—all to raise awareness and funds in support of mental health services for veterans and first responders in Central Texas.

Get Out Girl was founded by health and

wellness coach and Austin native, Cindy Present, as a tribute to two fallen female first responders who were both passionate about spending time on the water.

#### The Warriors Research Institute

For more than a decade, the WRI has participated in studies aimed at improving the quality of care available to military veterans and emergency responders. As part of these studies, the team delivers online mental health services free of charge to veterans, firefighters, paramedics, and their families

who are dealing with depression, anger, substance abuse, or post-traumatic stress. In addition, the WRI trains the next generation of care providers, works to eliminate the stigma of mental healthcare, and builds groups of Peer Support Specialists who can serve as bridges to professional care.

To learn more about how you can help, please contact <u>Mike Thompson</u>, senior foundation officer, at 512-803-3848.

**GREATER AUSTIN: NEWS** 

### Buda just got Better

Baylor Scott & White Medical Center - Buda proudly opened its doors on September 28.

he medical center is Baylor Scott & White's first full-service hospital in Hays County and seventh in the Austin/Round Rock Region focused on innovative healthcare and wellness.

The facility is located right in the heart of one of the nation's fastest-growing communities at 5330 Overpass Road and marks the latest step forward in our Austin expansion. New primary care and specialty care clinics opened at this same location last month.

Among many advances to benefit

patients and members is a powerful coordinated model of care and a single medical record. The electronic medical record enables greater coordination, preventing unnecessary tests and reducing the time a patient spends in the hospital or clinic.

Baylor Scott & White also looks forward to opening a medical center in Austin in early 2020. Along with Buda, our presence will complement existing medical centers in Cedar Park, Lakeway, Pflugerville, Round Rock and Taylor, as



well as more than 70 access points, 70 specialties and more than 420 providers spanning five counties.

To learn more about how you can help, please contact <u>Chris Beck</u>, director of philanthropy, at 512-496-7575.

# Communities Connected Women in Philanthropy

Join Communities Connected to make a difference in local health care.

aylor Scott & White began its commitment to the Hill Country community in 2011.
Residents then raised more than \$17 million for the Baylor Scott & White Medical Center and Specialty Clinic in Marble Falls.

As a not-for-profit health care system, Baylor Scott & White relies on philanthropic support to provide enhanced services, advanced equipment, medical education, and innovative research.

#### Unite with us

Communities Connected brings together women in our communities to continue this legacy of support for quality health care by providing financial resources to Baylor Scott & White Health in the Hill Country Region.

#### How it works

Individual gifts of \$500 are combined for greater impact of giving. Contributors meet throughout the year to hear from Baylor Scott & White leadership on ways they can enhance health care for those in their community. At the end of each year, contributors will meet to determine the projects they wish to support with their combined gifts. All philanthropic dollars given will support the selected project.

To learn more about how you can participate, please contact <u>Lori Sipos-Mollo</u>, foundation specialist, at 830-596-6974 or 512-970-2040.

CENTRAL TEXAS: PHILANTHROPIC OPPORTUNITY

## What are Community Partners?

Would you or your group like to raise money to benefit a Baylor Scott & White program? Become a Community Partner!

ommunity Partners are individuals or groups, such as businesses, community organizations, churches, or schools, who raise funds on behalf of Baylor Scott & White Central Texas Foundation. They plan and execute their own fundraising events to benefit the hospital or program of their choice. These activities play an important role in philanthropy at Baylor Scott & White, helping to raise valuable funds that directly impact the patients and families we serve.

#### How to become a Community Partner

Simply complete the <u>application</u>
<u>packet found on our website</u> and begin planning your fundraiser!

#### How we can help

- Offer advice about event planning and fundraising
- Assist with event promotion through the Foundation website
- Schedule tours, when appropriate, for your planning committee
- Assist with designating your gift to a specific fund
- Attend your fundraising event and/or check presentation as schedules allow

#### Ready to get started?

Here are some popular types of fundraisers:

- Auctions
- ▲ Bake sale or lemonade stand (especially for children wanting to make a difference!)

- Collection drive for toys, hygiene items, spare change, etc.
- ✓ Fun run or walk
- ▲ Percentage of sales
- Social media fundraiser

To learn more, please contact

<u>Miandra Morales</u>, foundation specialist, at
254-899-3768 or visit us at <u>CTXFoundation</u>.

BSWHealth.com/Community-Partners.

6



My name is Lorenzo, and I am 4 years old (that's 32 in dog years). I work with the Child Life team at Baylor Scott & White McLane Children's Medical Center helping kids feel better while they are in the hospital. I walk and play fetch with them during therapy, cuddle with them during procedures, and help them feel less stressed by being their best puppy-dog pal.

We have a really special community that supports our hospital, especially during the holidays. Would you please help me thank them? They're paw-tastic!

All our kids have been extra good this year, so I've made a special Christmas list to help our community know what they might need during their time at McLane Children's:

#### Want:

Art supplies for all ages, video games, and baby dolls (full body, all plastic, multi-cultural)

#### Need:

Pretend medical kits, plastic infant toys, and teethers

#### Wear:

Underwear and socks of all sizes

#### Read:

Sturdy board books and chapter books in English and Spanish

Santa, did you know that McLane Children's is a non-profit?

Presents help our patients smile, but what we really need is a stocking full of funding to support life-saving care for these good boys and girls. Gifts of \$25, \$50, \$100 or more could help us purchase equipment like a Video Laryngoscope (\$10,000) which helps doctors view a patient's airway in emergencies.

Thanks, Santa. You're the top dog! I'll leave some of my favorite doggy treats for the reindeer on Christmas Eve!

Your pal,



Child Life Facility Dog



P.S. Some of my friends in the hospital are very sick, and we don't want to spread germs. Please make sure all items are brand new and in original packaging!

To see our full list of needs and how and where to donate, visit <a href="https://example.com/Lorenzos-Wish-List">CTXFoundation.BSWHealth.com/Lorenzos-Wish-List</a>

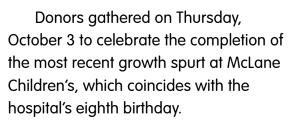




#### McLANE CHILDREN'S: NEWS

# **Growing Stronger Together**

An 18,000 square-foot expansion opens at Baylor Scott & White McLane Children's Medical Center.



"Over the past 20 years, we've grown from just one pediatric clinic and one floor of the hospital to this amazing free-standing hospital and multiple clinics throughout Central Texas," says Dell Ingram-Walker, Vice-President of Operations for McLane Children's.
"It is thanks to your kindness and generosity that we are here today. We are excited to welcome children to this expanded space, and we are looking forward to the future as we continue to grow."

Donors toured the \$26 million expansion—entirely funded by philanthropy—which focused on four key areas: Physical and Occupational Therapy (PTOT), the Fikes/CEFCO Emergency Department, Imaging, and the Carolyn & Wendell Williams Special Procedures Unit.

Frequent patients Logan Parker, Gus Karl, and Ava Canales were on hand to demonstrate the PTOT equipment for donors. The children were thrilled with the department's expanded space, which more than doubled its square-footage. Donors also played in the new sensory room, designed to engage patients who may be over- or under-stimulated during therapy.

In the Fikes/CEFCO Emergency
Department, donors explored six new
patient rooms that will enable doctors
to treat 10,000 additional patients each
year. Two of the rooms are designated

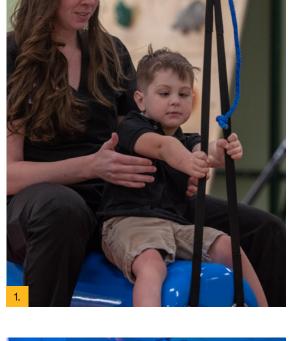
"safe rooms," designed with special doors to cover any equipment a patient might use to injure themselves or staff during a mental health crisis. Staff also demonstrated a new ultrasound machine used to quickly assess patients at the bedside following physical trauma. In addition, Lorenzo, the hospital's facility dog, showed donors how he works with the Child Life team in the Emergency Department to comfort and distract children during procedures.

In the Imaging Department, donors viewed the new 3T MRI machine and side-by-side comparison scans to demonstrate the machine's increased resolution.

Designed to look like a tree house, the new MRI can deliver scans with much higher clarity in significantly less time, reducing the need to sedate patients who may have difficulty holding still for long periods.

In the Carolyn & Wendell Williams
Special Procedures Unit, four rooms
replaced curtained bays to provide
patients more privacy and comfort. Donors
learned about more than 100 types of
procedures performed in the department
that do not require an operating room.
Staff also displayed new ultrasound
equipment that will enable nurses to place
PICC lines more quickly and painlessly.

"As a father of five," says Dr. Dominic Lucia, Chief Medical Officer for McLane Children's, "I truly appreciate having this advanced hospital in our community. We are so grateful to everyone who invests in high-quality healthcare for children in Central Texas."









<sup>1.</sup> Physical Therapist Maeli Schulte helps Gus Karl demonstrate how he uses the swing to practice balance during physical therapy. I 2. The new sensory room will help patients with sensory issues remain calm and focused on tasks during physical or occupational therapy. I 3. Child Life Specialist Ashley Blackmon shows donors the variety of ways Lorenzo can comfort, distract, or motivate patients, particularly in the Emergency Department. I 4. The new 3T MRI machine is encased inside a "tree house" to make the experience less stressful for children.

 $\label{thm:complex} \mbox{View more photos from the event at $\underline{\mbox{CTXFoundation.BSWHealth.com/EventGallery}}$$ 





McLANE CHILDREN'S: COMMUNITY PARTNER PROFILE

# TO THE MOON AND BACK

### Giving back helps heal in the wake of personal tragedy and grief.

Aubrey Koudelka's family knew she would have developmental issues after she suffered a fetal-maternal hemorrhage at birth and spent the first three months of her life in the Neonatal Intensive Care Unit (NICU).

"When Aubrey's parents got to the NICU, one of the nurses had her dressed in a little hat and blanket," says Kelly Nix, Aubrey's great-aunt and founder of To the Moon and Back. "It gave them a lot of comfort, just knowing that someone else realized that she was a viable little human being."

When Aubrey passed away suddenly at eight months old, Kelly and her family were struck with grief. "Her older brother, who was six at the time, was worried that no one would remember her," Kelly says. "To the Moon and Back was my way of turning my grief into something positive and healthy, and making sure that Aubrey would be remembered."

Inspired by the comfort that a simple hat and blanket brought to her family, Kelly and a team of volunteers began crafting hand-made comfort items, such as hats, blankets, and laundry bags to deliver to NICUs throughout Texas, including McLane Children's. They even deliver to NICUs in Canada and England.

The group of volunteers also work with nurses to determine what the babies and their families need in the NICU.

Moon-shaped pillows help prop IV lines, position babies, and show comparative growth over time. Since parents often can't hold their premature babies, the group also creates "bonding hearts" which are exchanged between the parents and baby to share their scents.

"The babies are so tiny and vulnerable, and the parents are scared and stressed during a time that should be joyful. We just want to make the parents feel as normal as possible while their baby is in the NICU," says Donna Wright, who also experienced the healing power of giving back after her grandson was stillborn. "It gave me the will to get out of bed some days and keep going. I realized that while my grandson didn't make it, there were babies that did, and families that needed this love and support."

To date, the group has donated more than 5,000 items to the McLane Children's NICU. "It's very healing for our whole family," Kelly says, "just knowing that Aubrey's little life is impacting other children and giving other families some peace and comfort."

#### **A Chance Encounter**

When Brittani Weber brought her son Kason to the McLane Children's NICU to help distribute comfort items with To the Moon and Back, she never imagined meeting up again with the physician who cared for her son as a micro-preemie infant.

"Have you ever felt like you have seen God's work right before your eyes?" Brittani says. "That's the best way I can describe seeing Dr. Raju hug my son in the exact place he saved Kason's precious life three years ago.

I was showing Kason where his isolette was located in the NICU, when I heard someone say our names. I turned around and it was Dr. Raju! He knelt down with tears in his eyes and gave Kason the biggest hug I have ever seen. Really, it's hard to put into words the feeling that we all had at that moment. It was incredible."

### Click here to read more about Kason's story.



 Dr. Venkata Raju greets Kason, whom he treated as a micro-preemie.



 Donna Wright, Kelly Nix, and Marlene Poehlmann deliver To the Moon and Back items to families in the McLane Children's NICU.

#### **More information:**

- Learn how you can support the NICU at McLane Children's
- Fundraise for Baylor Scott & White
- Learn more about To the Moon and Back



### Cancer-free and back to life

Two patients share their stories of diagnosis and treatment at the Vasicek Cancer Treatment Center in Temple.

hen champion barrel racer
Angela Ganter of Abilene was
diagnosed with breast cancer,
she was certain of one thing: she had to
survive to be there for her daughter.

In 2010, six years after her husband passed away, Angela found a lump under her arm that didn't feel right. After an ultrasound, doctors removed the lymph node and confirmed it was cancer. She immediately called family friend and oncologist, Dr. Mark Holguin at Baylor Scott & White, who scheduled a consultation with her at the Vasicek Cancer Treatment Center in Temple.

Doctors identified the primary source of Mrs. Ganter's cancer as her breast, although she'd had a clean mammogram just a few months earlier. Over the next seven years, Mrs. Ganter underwent nine surgeries and countless rounds of chemotherapy and radiation.

"I spent 24-7 trying to survive for my daughter," Mrs. Ganter says. "I had to live no matter what because I couldn't leave her without a parent."

Mrs. Ganter owns Lone Star Stables,

a ranch that breeds and trains horses for competition. Worried that her illness would cause her to lose business, she worked hard to live life normally. "I rode every day, I went to the barn to work while no one else was there, and I continued to race."

Hair loss is a common side effect of chemotherapy, but Mrs. Ganter was determined not to let that happen. "It's a big deal for rodeo queens to have long hair," she says. With some research, she learned about an ice cap system from England that prevents total hair loss by using dry ice to freeze a patient's head. The cold air would close the hair follicles during infusions to help prevent hair loss. "Dr. Holquin and the entire staff were skeptical, but they were very accommodating of what I wanted to do. They wanted what I wanted, and they were in it with me," Mrs. Ganter says. "I lost some, but not nearly all of my hair. They were all proud of every little hair on my head."

Eventually, the intense treatment caught up with her and Mrs. Ganter had to stop riding. The long trek from Abilene to Temple and back every two weeks also

took its toll, so her care team arranged to have part of her treatment done in Abilene. "But when I walked in there, it was just nothing like what I was used to at Baylor Scott & White," she says. "I always say that second place is first loser, and I knew then that the Vasicek Cancer Treatment Center truly is first place. There really isn't another place like it."

"Through my husband's illness and then my cancer journey, I have been to a lot of hospitals," Mrs. Ganter says, "but I can unequivocally say that Baylor Scott & White was the best place for me. At the end of the day, it wasn't just a hospital—it was family."

Mrs. Ganter is now cancer-free. After a long year of training, she is also back to riding, this time alongside her daughter.

Both recently qualified for the Canadian Finals Rodeo, which comprises the top 12 barrel racers in the world. "I came back to do even better than I did before," she says. "But more importantly, I get to watch and compete with my daughter."

Then and now: 1. Angela Ganter wore a wig during competition because she was afraid of losing business if any of her customers knew she was sick. | 2. Angela spoke about her experience with cancer at the 2019 Cornerstone Luncheon in Temple honoring donors who have included Baylor Scott & White in their estate plans.





didn't know I was sick," says
Billy Hargett of Temple. The
retiree was bowling in a
tournament when he realized something
was wrong. "I needed to go to the
bathroom, and I just couldn't."

At Baylor Scott & White, urologists prescribed medicine to help him urinate and all was well for a few days. Then, during a bathroom break at another bowling tournament, Mr. Hargett saw blood.

Scans confirmed a tumor the size of an apple on Mr. Hargett's bladder. "I saw what it looked like and it scared me a lot. I wanted it out of my body," he says.

Although he smoked for 50 years, Mr. Hargett says quitting was the easiest part of what came next. "I set aside the cigarettes and haven't touched one in two years."

After surgery to remove most of the tumor, Mr. Hargett underwent 40 rounds of radiation and 12 rounds of chemotherapy, which is notoriously hard on the body. "Radiation really wasn't that bad," Mr. Hargett says. "It took about five minutes every day, five days a week, and I never felt a thing. Chemo was definitely the worst part."

Eventually, Mr. Hargett had to have his bladder removed. "They said my body just couldn't take any more radiation or chemo," he says. "I decided if I'm going to live, then this is what I have to do. Compared to the alternative, it's not that bad."

Mr. Hargett credits his positive outlook and his wife, Lisa Farrell, for helping him through this journey. "The staff all said that I had one of the best attitudes, and that I was strong. I'm proud of my attitude, but my wife is the tough one. She's the strongest person I know. I always say that the Lord is on my right, and she's on my left. Without her, I don't think I would have made it."

Mrs. Farrell relied on Patient Navigator Jennifer Foster for guidance and support. "Jennifer was a godsend," she says. "She helped us schedule appointments and work through the financial issues. She made everything easier, so I could focus on Billy."

"It's so important to be there for our patients during one of the darkest periods of their lives," says Mrs. Foster. "We do everything we can to make that journey easier."

Although he's still gaining strength and isn't quite satisfied with his recovering bowling game, Mr. Hargett is thrilled to say he is now cancer-free. "I'm just tickled pink and so happy to tell everybody," he says. "I have had the best team of doctors that anybody could ever have. Now if I could get back to bowling like I was, I would be happy as a lark!"

To find out how you can support life-saving cancer care for patients like Angela and Billy, contact <u>Lori Luppino</u>, director of philanthropy, at 254-899-3771.

Then and now: 1. Billy Hargett kept a positive attitude throughout his treatment and even entertained some of the other patients with his unique humor. | 2. Billy and his wife Lisa spoke about the crucial support of their Patient Navigator at the 2019 Cornerstone Luncheon in Temple.







**WACO: SPECIAL EVENT** 

# **Charity Dove Hunt & True Grit Tribute Party**

Event raises funds benefiting Baylor Scott & White McClinton Cancer Center - Waco.

resented for the fifth year, the Charity Dove Hunt & True Grit Tribute Party raised more than \$70,000 to support high-quality cancer care for patients in the Waco and surrounding communities.

Guests at the event on Friday, September 13 enjoyed a skeet shoot and guided dove hunt followed by an evening of festivities on Saturday, including a live auction, raffle drawings, dinner, dancing, and a performance by the Sloppy Joe Band.

"We are so thankful to our generous sponsors and donors who help us invest in everything it takes to provide high-quality cancer care," says Glenn A. Robinson, president of Baylor Scott & White Medical Center - Hillcrest. "Our cancer center

recently celebrated its fifth year of service to our community, and it's only going to get better and better from here."

To learn more about how you can support cancer care in the Waco area, please contact <u>Jeremy Ksionda</u>, director of philanthropy, at 254-202-9553.

- 1. Attendees kicked off the event with a skeet shoot at Waco Gun Club and a guided dove hunt on exclusive Central Texas properties. | 2. John Avary takes aim during the skeet shoot.
- 3. Guests made bids on auction items such as hunting, cosmetics, and excursion packages. | 4. Tricia and Robert Braswell | 5. Betsy and Clifton Robinson

View more photos from the event at CTXFoundation.BSWHealth.com/EventGallery











# A lifetime of generosity

New Sports & Orthopedics Center to be named for two of Baylor Scott & White's most dedicated supporters.

or the past four decades, Ted and Sue Getterman have dedicated their talents and resources to helping Baylor Scott & White Medical Center - Hillcrest provide high quality care to patients in the Waco area. Now, in recognition of a lead gift, a new facility will bear their name: the Ted & Sue Getterman Sports & Orthopedic Center.

Mrs. Getterman and her late husband met while they were both attending Baylor University. They have two sons together, Louis Theodore III "T" and Holt Emerson, five grandchildren, and eight great-grandchildren.

"I just love them all so much," Mrs.
Getterman says. "They bring excitement into my old age and keep life interesting and fun. Family has always been so important to me and Ted, and both of our sons have continued to bless us with beautiful families."

After graduating, Mr. Getterman joined his father-in-law's business, the first exclusive 7UP bottling company in Texas. Their sons also joined the family business in the late 1970s. After Mr. Getterman served two terms as mayor of Waco, the couple sold the franchise and set out to see the world, visiting more than 30 countries.

"The planning is the most fun part of traveling," Mrs. Getterman says, "but there's truly no place like home. Of all the places we've been, we love Waco the best, although Pebble Beach was a close second."

#### Pillars of the community

Mr. and Mrs. Getterman are among Waco's most respected and generous citizens. Through the years, they played key roles in numerous organizations like Meals on Wheels, The Salvation Army, United Way, and of course Baylor Scott & White. Mr. Getterman served on the board of trustees at Hillcrest from 1993 to 2002.

"We've always loved Waco, loved our friends, loved the people," Mrs. Getterman says. "When we sold the business to a large company, they brought in executives from big cities. One of them asked me where we'll be going now that we're free from the business. I looked him in the eyes and said, 'No, sir. We love Waco and we are going to bloom where we were planted."

#### Personal experience

In the early 1990s, Mr. Getterman underwent major heart surgery following

a series of heart attacks. His own experience in rehabilitation inspired the couple to fund the Baylor Scott & White Getterman Wellness Center, offering cardiac, pulmonary, and stroke rehabilitation, as well as massage therapy and a fitness program.

"I have more people than I can count tell me how much the Wellness Center has helped them and their families. We have always been so proud of the center and the incredible people who work there."

The Gettermans have also supported hospice care, pastoral care, the emergency department, the McClinton Cancer Center, and various other initiatives at Baylor Scott & White in Waco. Mrs. Getterman continues this



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legacy with her gift to the Sports and Orthopedic Center.

"Sports have always been a big part of our lives, and when I was asked to serve on the fundraising committee for the new Sports & Orthopedic Center, I immediately said yes," Mrs. Getterman says. "As our fundraising efforts went on, the Lord continued to prick my heart about supporting this project in a significant way. It's such an exciting project and an incredible facility that will help so many in our community."

Through their generosity, the
Gettermans have helped shape healthcare
in the Waco community. "The Lord has
been good to our family and we have
been blessed every step of the way," Mrs.
Getterman says. "Giving back and being
involved in your community is just what you
do. Ted and I never thought about it any
other way."

To learn more about how you can help support the Ted & Sue Getterman Sports & Orthopedic Center, please contact <a href="Jeremy Ksionda">Jeremy Ksionda</a>, director of philanthropy, at 254-202-9553.

# Don't forget!



The deadline for making a qualified charitable distribution from your IRA is December 31, 2019.

If you are 70 ½ or older, you can make direct distributions on a tax-free basis from your traditional or Roth IRA to qualified charities, such as Baylor Scott & White Central Texas Foundation.

- You may transfer up to \$100,000 annually with no federal tax on the transfer amount.
- Transfers count toward the IRA "required minimum distribution" in the year of the gift.
- You may reduce your taxable income, even if you do not itemize deductions.
- At Baylor Scott & White Health, every dollar you give directly benefits the program or project you specify.

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Approximate deadline to request a qualified charitable rollover

Donors should send qualified charitable distribution request to their IRA custodians no later than December 10th, as processing can take two weeks or more.

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#### **IRA Rollover Deadline**

Qualified charities must receive and cash the check from your IRA before midnight on December 31st to avoid tax penalties.

To learn more, please contact <u>Jordan</u> <u>Castillo</u>, director of gift planning and central services, at 254-899-3776.

Baylor Scott & White Central Texas Foundation does not provide legal, accounting, or tax advice. Please consult your professional advisors for assistance in these areas.

FOUNDATION NEWS

## **New Monthly Giving Option**

Make a New Year's resolution to help others—join Caring Circle!

he holidays are a time to reflect on the past year and dream of what the future holds. We at Baylor Scott & White Health hope for the best gift of all for our patients—the gift of good health.

As a non-profit healthcare system, we rely on the generosity of people like you to help us provide high-quality, compassionate care to our patients all year long. When you join the Caring Circle, you can make a larger impact by spreading out your generosity with monthly gifts.

#### The good you can do

Your gift of \$15 a month can benefit

the area of greatest need at your local hospital. From patient support programs to advanced equipment, these are the most urgent needs.

Your gift of \$25 a month can help fund programs like Pawsitive Pals, featuring McLane Children's facility dog, Lorenzo. As a trained assistance dog, Lorenzo plays fetch with children during physical therapy, comforts them during procedures, and helps them feel less stressed during their time in the hospital.

Your gift of \$50 a month can help support training and education for our caregivers. We know that excellent care requires excellent training, so we provide residency and fellowship programs as well as continuing medical education for staff.

Your gift of \$100 a month can help fund programs like Patient Navigators, nurses who help guide cancer patients and their families through what can be an overwhelming and emotional experience, allowing them to focus on healing.

To learn more, please contact

<u>Christal Hice</u>, foundation officer, at 254899-3772 or visit our <u>Caring Circle</u> website.