



Sheila Rollins
District Governor 2015-16
District 7780

Sheila Rollins was born in Detroit Michigan. She moved to Boston in 1978 and subsequently to New Hampshire. She graduated in 1992 from Franklin-Pierce College in Rindge, New Hampshire; with a BS in marketing and completed her Master's in Mental Health Counseling, Licensed Clinical Professional Counselor (LCPC), in August of 2013.

Sheila has had many different jobs and careers over the last 30 years. She earned her flight instructor's rating in 1989 and operated an introductory aviation program for women called, "Women With Wings" for three years. She worked as a freight pilot for a UPS subsidiary. Sheila loves flying and still teaches flying (in her spare time!) at the Portland Jet Port. Sheila worked in the restaurant business in Boston for 5 years which eventually led her to Bethel, Maine, where she opened "Miller's Inn and Bakery". Her most satisfying achievement in the food service business was her restaurant, "A Fine Kettle Of Fish", on Sebago Lake in Maine. She was the owner/manager and chef for ten years before deciding in 2008 to focus solely on catering, which she continues to do. In between some of her early restaurant jobs, she worked for a time as a counselor at the Elan One School, a job that ultimately inspired her to pursue a career as a professional counselor. She presently works at Bridge Crossing in Bridgton, Maine as the clinical coordinator of a residential treatment center for children.

Sheila joined Rotary in 2006. She served as interact chair for two years and as President of her Rotary club, Bridgton Lake Region 2008-2009. She was an Assistant Governor of District 7780 for three years and is also a Paul Harris Fellow. Sheila was the Group Study Exchange Team Leader to Nigeria, 2013. This year she begins her term on the District 7780 as New Generations Chair. She will be District Governor of District 7780 in 2015-16.

She ran for the Maine House of Representatives and still participates in local politics.

Sheila and her husband Merrill Rollins, who also is a Rotarian, enjoy dance, skiing, hiking, and travel. They live at Scribners Mills in Harrison, Maine at the site of an historic water-powered sawmill with three dogs, four cats, and two goats.