2022-20223 COLORADO Vision Resource Toolkit



Important Dates

Helen Keller's Birthdate June 27, 1880

Lions Promised Helen Keller WE should be Knights of the Blind June 30, 1925

White Cane Day October 15 2022

Low Vision Awareness Month February

FREE Resources and Services for the blind and visually impaired

Audio Information Network of Colorado (AINC) <u>www.aincolorado.org</u> 303-786-7777 AINC provides FREE audio editions to newspapers, magazines, podcasts and more, 24 hours a day 7 days a week. AINC also offers FREE digital receivers and smart speakers to those who need them.

Colorado Talking Book Library (CTBL) <u>www.myctbl.org</u> 303-727-9277 CTBL manifes EDEE andia Dusilla an

CTBL provides FREE audio, Braille, and large print books keeping blind and low vision Coloradoans connected to reading, stories, and adventures. CTBL also offers FREE digital book players to those who need them.

Low Vision Rehabilitation

Ensight Skills Center and Curtis Strong Center <u>www.ensightskills.org</u> 970-407-9999 Ensight provides people with low vision the services and resources that empower independent and productive lives. Ensight accepts most insurances and never turns anyone away due to lack of funds.

Colorado Centers for Independence

Provide support, training, and more for Coloradoans who are blind and visually impaired.

Atlantis Community (Denver)

Counties Served: Adams, Arapahoe, Clear Creek, Denver, Douglas, Elbert, Jefferson <u>https://atlantiscommunity.org/</u> (303) 733-9324

Center for Independence (Grand Junction)

Counties Served: Chaffee, Delta, Eagle, Garfield, Gunnison, Hindsdale, Lake, Mesa, Montrose, Ouray, Pitkin, San Miguel http://cfigi.org/ (970) 241-0315

Center for People with Disabilities (Boulder)

Counties Served: Adams, Boulder, Broomfield, Gilpin, Jefferson, Weld <u>https://cpwd.org/</u> (303) 442-8662

Center Toward Self-Reliance (Pueblo)

Counties Served: Alamosa, Baca, Bent, Conejos, Costilla, Crowley, Custer, Fremont, Huerfano, Kiowa, Las Animas, Mineral, Otero, Prowers, Pueblo, Rio Grande, Saguache <u>http://www.ilcpueblo.org/</u> (719) 546-1271

Colorado Springs Independence Center (Colorado Springs)

Counties Served: Cheyenne, El Paso, Kit Carson, Lincoln, Park and Teller <u>https://www.theindependencecenter.org/</u> (719) 471-8181

Connections for Independent Living (Greeley)

Counties Served: Logan, Morgan, Phillips, Sedgwick, Washington, Weld (shared) and Yuma http://www.connectionscolorado.org (970) 352-8682

Disabled Resource Services (Fort Collins) Counties Served: Jackson and Larimer <u>http://www.disabledresourceservices.org</u> (970) 482-2700

NorthWest Colorado Center for Independence (Steamboat Springs)

Counties Served: Grand, Moffat, Rio Blanco, Routt and Summit http://www.nwcci.org/ (970) 871-4838

Southwest Center for Independence (Durango) Counties Served: Archuleta, Dolores, La Plata, Montezuma and San Juan <u>https://swindependence.org/</u> (970) 259-1672

Adaptive Equipment MaxiAids www.maxiaids.com

White Canes www.ambutech.com

<u>Camps</u> Colorado Lions Camp <u>https://www.coloradolionscamp.org</u>

Allen H. Stewart Lions Camp https://lionsofwyomingfoundation.org/allen-h-stewart-camp

Adaptive Skiing (most of these orgs have summer programs as well)

ASPEN SNOWMASS, ASPEN

This ski resort is synonymous with wintry fun. Swish down their four famous mountains with adaptive ski and snowboard lessons via **Challenge Aspen**. Ascendigo Autism Services teaches adults and children on the autistic spectrum how to ski and snowboard while maximizing skiers' independence and facilitating social communication.

NATIONAL SPORTS CENTER FOR THE DISABLED, WINTER PARK & DENVER

Whether you want private lessons or a group session, you'll have a tough time choosing from the many different adaptive pursuits at NSCD. Take your pick of making the powder fly with snowboarding, ski biking, snowshoeing and alpine and cross-country skiing (with both sit- and stand-ski options).

VAIL SKI RESORT, VAIL

Think "Colorado skiing" and it's not uncommon for Vail to come to mind. Earn your turns as **Vail Adaptive Lessons** takes you out for an exciting and custom-tailored ski or snowboard lesson in some of the state's finest terrain. You're practically guaranteed to leave these scenic slopes smiling with glee.

BEAVER CREEK RESORT, BEAVER CREEK

The many varied runs at **Beaver Creek are** especially known for two things: their impressive length and their fun factor. And the Beaver Creek Adaptive Program is known for making sure you have the customized equipment and instruction needed to enjoy every last inch of those runs. One-on-one lessons take your shredding to a new level.

TELLURIDE ADAPTIVE SPORTS PROGRAM, TELLURIDE

TASP has so many **adaptive winter activities**, you'll likely be tempted to stay the entire season. Drop out of a helicopter (You read that right!) to whoosh through pristine backcountry blanketed in white on a heliskiing excursion. Or climb glacial-blue frozen waterfalls as you tackle some of Telluride's most exquisite ice. Take a tour of the vast backcountry via snowmobile, snowboard or ski. And if you prefer to stick to the more mainstream snow sports, sign up for lessons in skiing (alpine and Nordic), snowboarding, snowshoeing and fat biking.

IGNITE ADAPTIVE SPORTS, NEDERLAND

Set in charming Nederland and at the base of locally loved **Eldora Mountain**, volunteer-powered Ignite Adaptive Sports has you covered when it comes to having fun in the winter sun. Glide over miles of corduroy tracks on a cross-country ski adventure or pick up the speed with downhill skiing. And if you're not into skiing, Ignite offers snowshoe, snowboard and ski bike lessons. Take your pick!

BRECKENRIDGE OUTDOOR EDUCATION CENTER, BRECKENRIDGE

BOEC partners with three of Colorado's most popular ski destinations near Denver — **Keystone**, **Breckenridge** and **Copper Mountain**. In addition to group lessons, BOEC offers one-on-one instruction to give you a personalized experience to make the most of your winter vacay. Soak up the tranquility of the mountains as you take on downhill or Nordic skiing, snowboarding, snowshoeing and ski biking.

ADAPTIVE SPORTS CENTER, CRESTED BUTTE

In summer, Crested Butte is known for wildflowers ... but come winter, it's known for wild hours in the glittering, snow-covered outdoors. Pick from family or group programs that are tailored for your whole brood to provide therapeutic benefits along with good times. Sail down the slopes on a snowboard, adaptive skis and ski bikes or keep the pace leisurely with Nordic skiing and snowshoeing. You can even ice climb in **Lake City**, so well-known for its crystalline blue walls of ice that it hosts an annual ice climbing competition. They also offer veterans and first responders discounted experiences via **Operation Rise and Conquer**.

ADAPTIVE SPORTS ASSOCIATION, DURANGO

Durango is known for a true Western vibe and you can ride the slopes of **Purgatory Resort** like a bronco-busting champ with Adaptive Sports Association. Choose from full- or half-day one-on-one lessons on state-of-the-art adaptive ski equipment in a warm and welcoming environment in the snowy outdoors. You'll be cruising those runs in no time.

FORESIGHT SKI GUIDES, BEAVER CREEK & VAIL

If you're a Level 4 skier — able to put together a series of turns and stop on your own — or above with visual impairments (including legal blindness) let Foresight be your on-slope guide. Foresight's goal is to give you an amazing on-mountain experience. They'll match you with a guide and shadow, help coordinate transportation and even lend a hand with discounted lodging. And that's all before you start skiing or snowboarding!

Not a Level 4 yet? Not a problem. Foresight recommends booking sessions with **Vail Adaptive Lessons** to learn the snowy ropes.

STEAMBOAT ADAPTIVE RECREATIONAL SPORTS, STEAMBOAT SPRINGS

Steamboat's fluffy snow is so famous it's trademarked as Champagne Powder® — so called because of a light texture that tickles your nose like Champagne bubbles. Enjoy those giggle-inducing flakes to the fullest with STARS multi-day camps (including those for veterans with disabilities and visual impairments), private lessons and guides as you ski, snowboard, ski bike and more.

Audio Described Performances

Lion Bonnie Barlow bonniejbarlow@gmail.com

Guide Dogs

There are many accredited Guide Dog Schools in the United States. For questions, presentations, and general information about the different schools contact Eliie Carlson <u>https://caninesandcanes.com</u> Colorado Lions,

As your 2022-2023 Vision Chair I hope your focus for the upcoming year is on Being Knights of the Blind and fulfilling our promise to Helen Keller.

PLease reach out to me for a club presentation or questions.

This toolkit is forever changing. If you have a resource or service you would like me to add PLEASE send it to me. <u>icyimi@gmail.com</u>

At the 2023 Colorado State Lions Convention I will be giving out a Vision Award. To a club and/or an individual who has been an exemplary Knight of the Blind. You do this by raising money, donating money, educating, volunteering, and supporting our blind and low vision communities, resources, and services.



Yours is Lions, PDG Penn Street and Guide Dog Beethoven Loveland Downtown Lions Club 970-430-3858 <u>icyimi@gmail.com</u>

"Alone we can do so little. Together we can do so much." -Helen Keller