

Volume 3, Number 6

Denver, Colorado May 10, 1985

Thank you, Duane Wehrer, for your prayer and for leading us in the Fledge of Allegiance. Happy Birthday, Bill Walters, who had a birthday on the 13th of May, and to all others who have May birthdays. Marlin reports that he visited Ralph Pedersen and that he seems to be recuperating well.

<u>Guests</u> - Dale Trower, a legal advisor at AMAX, was the guest of Bob Finkelmeier, AMAX director of human resources. Armin Flachsmann, a -1 handicap golfer, was Doug Gill's guest.

The 37th Annual Convention of the Colorado-Wyoming District Optimist International will be held at the Clarion Hotel in Colorado Springs August 15-18. You may already have received your reservation request forms in the mail.

Bowling Results - Our team has finished third against tough opposition. Bob racked up a 202 finale last night. Bob gives Joe Marci a special thank you for all the help he contributed to our bowling team and the success of the Bridge Marathon held last weekend. Our <u>bowling social</u> is set for May 25.

<u>Citizenship Awards</u> - Award presentations are in the offing at Holm this morning at 9:10 and at Southmoor Tuesday at 2:00 P.M.

<u>Arapahoe Little League</u> - There was excellent member participation last week for the layin' o' the sod but it ain't completed yet, so if you don't have your sons at the soccer field, the State Instrumental Solo contest, church Bridge at 7:30P.M., and a two-hour choir practice for the Adult Choir's Spring Concert, a petition and newsletter to write and two notices to serve personally tomorrow before the sun sets, drop by Buckley and Kentucky and lend a hand. Ever notice that there aren't enough hours in a weekend? Ever yearn for Monday? Or a sleep-in-Sunday?

<u>Jackpots</u> - No winner of the Bring-a-Guest Pot this week. Davey Jones and Curt Jefferies - split the Regular Pot.

Golf on Monday is too bit of an expense for a hacker such as I. \$40.00 for food, cart, play, and awards, when you ad it to the expense of lost balls, tees, and such is just too much for this pauper. Next event, Perry Park, will be held on the 30th, at 10:30 A.M. (my electric typewriter is in need of repair - back to Smith Corona).

George Silliman, our speaker of the day, talked on the theme of positive thinking (Hew to be Enthusiastic 24 Hours a Day) - Quoting football great Red Grange, George said, "I practice like I play." Describing "enthusiasm" as an irresistable force, he also pointed out that "lethargy" PYRAMIDS as rapidly as enthusiasm. George's way of dealing with lethargy is to:

- 1. Make up your mind
- 2. Don't hold back
- 3. Hear your own voice
- 4. Associate with enthusiastic people
- 5. Make definite plans
- 6. Add variety to your life
- 7. Think you are someone

8. Buy and wear good clothes
9. Do one thing at a time
10. Walk enthusiastically
11. Read inspiring books
12. Believe in God

In many ways <u>enthusiasm</u> and <u>optimism</u> are synonymous - associating with enthusiastic people (to make your friends feel that they are something), thinking you are someone (to think only of the best, to work for the best, and expect only the best), hearing your own voice (to be so strong that nothing can disturb your peace of mind).

Giving so much time to the improvement of ourselves that we have no time to criticize others (making up your own mind - making definite plans - not holding back doing one thing at a time - reading one thing at a time, etc.) How is Monaco South Optimist Club different? - directing our optimism, our enthusiasm, to the service of other people, while gaining strength to be able to do this in our daily lives, as a group, as individuals, as parents, children, and families. It was in an article in the Optimist Magazine where I read the following - "Service to others is the rent we pay for the space we occupy on this planet" - which sounds realistic only if our service to others has a strong optimistic outlook in our own lives and those we touch as we grow, or go, through life. We can only help others as we can nelp ourselves; we can only love others as we love ourself. With complete faith in the Almighty and a capacity to love others as we love ourselves isn't that how He told us to try to live our lives? Isn't He for us, not against us? FUTURE PROGRAMS -

May 17 Bob Caddoo - Rewards and Punishment of Money May 24 Bill Ford - Have you Cleaned your Plate? June 7 Rex Gable - What's Your Problem? June 14 ______ Sandy Braitman - How to Hire a SuperStar

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