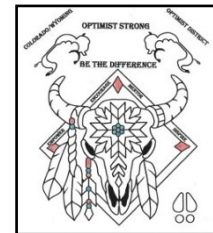




Grandiose Utterings of Monaco South

(GUMS)

February 9, 2018 – Vol. 42, Issue 19



Optimist Club of Monaco South



OPTIMIST
INTERNATIONAL

Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 41 Years
National Philanthropy Day Colorado, Outstanding Service Organization, 2012
www.monacosouth.org



OPTIMIST
INTERNATIONAL

Editor for this Issue—Paul Stratton

Good Morning Optimist

As a cold front was coming in, with fog and freezing mist, **Frank Middleton** and **Dick Zolman** greeted the men of Monaco South, as we began our day, Friday, February 9, the 40th day of 2018.



Left, Frank Middleton & Dick Zolman
Photos Noel Hasselgren

Opening Bell

With President **Jim Easton's** whereabouts unknown, Past President **Michael Chavez** pinch hit for him and grabbed the gravel.



Invocation & Pledge

Our meeting opened with an invocation delivered by **Ron Cisco**. Ron gave us a Valentine-themed message about the miracle of love and the important role love plays in our lives. He then led us in the Pledge of Allegiance to our flag.

From Past Prez Michael

Michael Chavez read a thank you note from **Kayla Gabehart**, last week's speaker. She appreciated the opportunity to be with us, and the contribution the club made to the National History Day in Colorado.

Michael then announced that earlier this week, February 6th, **Cy Regan** celebrated a birthday and turned 90 years young. Cy received a passionate, yet terrible, rendition of the Happy Birthday song from the assembled horde, whose intentions were better than their intonations.



Other Birthdays in February include: **Bob Avery**, Feb. 26; **Craig Eley**, Feb. 6; **Tom Kramis**, Feb. 2; **OC Larson**, Feb. 8; **Gary Miller**, Feb. 21; **Russ Paul**, Feb.

10; Charter Member **Oscar Sorensen**, Feb. 23; **Eldon Strong**, Feb. 7; **Jim Tapp**, Feb. 16; **Don Thomson**, Feb. 28; and **Scott Walker**, Feb. 27.



Announcements

Optimist Brain Bowl! **Karl Giel** announced that "3 down, 1 to go!" The South Region Optimist Brain Bowl tournament was held on February 3rd at Horizon Middle School in Colorado Springs. Results can be found here: <http://www.optimistbrainbowl.org/Resources/South%20Results/South2018FinalsResults.pdf>.

Forty teams, approximately 200 students, from nine different schools competed. The event was made possible by the 74 volunteers, including 6 from Monaco South; namely, **Allen Pierce**, **John Oss**, **Bill Morgan** and his son, **Nick**, **Frank Middleton**, and **Karl Geil**. Next up is the final tournament of the year, the Optimist Brain Bowl Championship on Saturday, February 24th at Hamilton Middle School, start time is 6:45 a.m.

National History Day in Colorado: **Karl Giel** also shared that Hamilton Middle School is looking for veteran History Day judges to help whittle down the projects created by its students to the 20 which will compete at the regional History Day contest. If you are interested, help is needed on Friday, March 16th, from 8:30 a.m. until about 1 p.m. Let Karl know if you can assist.

Super Bowl Winners: "Super" **Joe Marci** announced that CO-WY Optimist Jr. Golf and some of our club members were winners during Super Bowl Sunday. The Junior Golf program took in \$180, and the winners were **Bob Meyer**, **Don Thomson**, **Allen Pierce**, and **Phil Perington**. Bob and Phil each won twice! Good job picking the correct squares, gentlemen!

Golf Exposition: **Joe Marci** also stated that the Golf Exposition will be held at this weekend at the Merchandise Mart, 58th & Washington.

Continued on the next page

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Announcements Continued

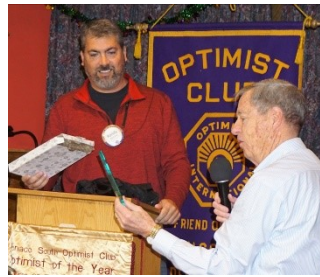
Dime-A-Day Program: Ron Cisco, standing in for Perry Allen, let us know that he recently found an additional \$100 on his pension check. If you find yourself with a couple of extra dollars, consider using them on the Dime-A-Day program. We should lead the district! Write a check for \$36.50 made out to the OI Foundation and give it to **Greg Young**.



Are You Smarter Than the Brain Bowl Chair? It was reported that the date for the anticipated humiliation of **Karl Geil** in the "Are You Smarter Than the Brain Bowl Chair?" is now Friday, March 9th, during our weekly meeting. We have learned that it is necessary to recruit our best and brightest to try to topple Karl from his perch as last year's champion, so we have done just that: **Bob Avery**, **Al Gapuzan**, and **Dick Nickoloff** will sally forth to collectively match wits with the Brain Bowl Chair. Please let **Craig Eley** know if you are interested—we need a couple more to fill out the team! Put this on your calendar—it is the intellectual apex of the Monaco South year!

Tri-Star Basketball: Michael Chavez announced that the Tri-Star Basketball competition will be held on February 15th. The event starts at 5:00 p.m., and Michael would like volunteers to be there at 4:00. It will be held at the Cope Boys and Girls Club, located on 8th and Inca. Michael is looking for two more volunteers to monitor the events for shooting, passing, and dribbling for kids 8-13. The top kids go to regionals and then to finals. Let Michael know if you can help with this fun event.

Multicultural Night at Lowry Elementary: Super Citizen coordinator **Paul Stratton** let us know that Lowry Elementary is hosting a Multicultural Night at the school on Wednesday, March 7th in the evening from 5:00-6:30. The parents running the event are looking for volunteers who are interested in helping with greeting people at the door, and possibly also with food sampling. It is said to be a fun night to see musical performances, visit classrooms, and learn about the countries they have been studying, along with taste food from around the world. If you can help, please reach out to Charis Sederberg, charismarie@gmail.com or 303-503-2437.



Randy Marcove, right, passing along crystal plaque to Frank Middleton.
Photo Noel Hasselgren

credit and accolades for getting us nominated and considered. Randy passed along the crystal plaque to Frank and shared a big "thank you" to him, which was greeted by hearty applause from all in attendance.

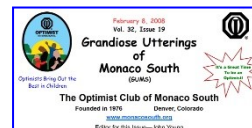


See the 2012 Optimist Club of Monaco South, Outstanding Service Organization highlights [CLICK HERE](#). It features **Randy, Karl Giel, Don Thomson**, and pictures of several other members of the Club.

Thoughts of Things to Do or Not Do

by John Young

- ⇒ The most useless thing to do ... Worry
- ⇒ The greatest joy ... Giving
- ⇒ The greatest loss ... Loss of Self-respect
- ⇒ The most satisfying work ... Helping Others
- ⇒ The ugliest personality trait ... Selfishness
- ⇒ The most endangered species ... Dedicated Leaders
- ⇒ The greatest "shot in the arm" ... Encouragement
- ⇒ The greatest problem to overcome ... Fear
- ⇒ The most effective sleeping pill ... Peace of Mind
- ⇒ The most crippling failure disease ... Excuses
- ⇒ The most powerful force in life ... Love
- ⇒ The most dangerous pariah ... A Gossiper
- ⇒ The worlds most incredible computer ... The Brain
- ⇒ The worst thing to be without ... Hope
- ⇒ The deadliest weapon ... The Tongue
- ⇒ The two most power-filled words ... "I Can"
- ⇒ The greatest asset ... Faith
- ⇒ The most worthless emotion ... Self-pity
- ⇒ The most prized possession ... Integrity
- ⇒ The most beautiful attire ... A Smile
- ⇒ The most powerful channel of communication ... Prayer
- ⇒ The most contagious spirit ... Enthusiasm
- ⇒ The most important thing in life ... Your God



[Speaking Of John Young, see Grandiose Utterings of Monaco South \(GUMS\) from February 8, 2008 when he was the editor and Greg Young was president CLICK HERE.](#)

Respect for the Speaker & Creed

Have respect for ourselves and our Club by not chatting with your neighbor during the speakers presentation or the recitation of the Optimist Creed. It is disturbing to the rest of the Club and is a bad example to our guests. Thank you!

Remembering the 2012 National Philanthropy Service Award

Past MSOC President (2011-2012) **Randy Marcove** reflected that upon the conclusion of his term **Tom Mauro** thanked him for doing a good job giving credit to club members for their efforts. In 2012, Monaco South was awarded a National Philanthropy Service Award. Randy accepted the award on behalf of the club, and recently noticed that the crystal plaque the club received was in his house. Randy asked **Frank Middleton** to join him on stage. He said that while the whole club won the award, Frank deserves

Diane Martini
Eastern Star Masonic Retirement Campus

Craig Eley introduced our speaker for today, **Diane Martini**, Marketing Director from the [Eastern Star Masonic Retirement Community](#). The title of her presentation was “Are You Ready?”.



Diane Martini
 Photo Noel Hasselgren

Diane has spent 19 years working in the senior care industry. She wants to help make sure that people have are prepared for some difficult situations and decisions that may arise as they move into their eldercare years. Some of the questions that she asks seniors are:

- ◇ Have you shared your wishes with your children/loved ones?
- ◇ If needed, what type of care would you prefer?
- ◇ Have you shared your financial status with children?
- ◇ Is your estate in order?
- ◇ Do you have your final arrangements in place?
- ◇ Do you have Powers of Attorney in place, both for medical and financial decisions?

Diane encourages people to share information with children and loved ones, since if they are not aware of your wishes and your financial status they may not know what type of care to seek out, what benefits or services are available to you, or how to cover the costs involved.

An eldercare attorney can work with you to establish a Power of Attorney, which will allow someone you designate to communicate with health care providers or other professionals. This could be critically important if difficult decisions need to be made in a timely manner. Another planning idea Diane mentioned was to pay for your final arrangements now, using today's

dollars. This will not only save on rising costs, but also allow you to make sure you have the type of service or remembrance you would prefer.

The number one reason people move into assisted living is memory loss. Number two is difficulties with mobility. As baby boomers become seniors, the current “Silver Tsunami” will put great strain on care facilities, caregivers, and state and federal services that try assist with what we likely be quickly rising prices.

The estimates are that there will be 16 million people with Alzheimer's by 2050, and memory care costs about \$5,700/month currently.

Some questions were asked about care benefits for veterans. Diane encouraged vets to investigate the benefits available since it is not always easy to get the right answers. She also mentioned that there can be long wait lists for VA facilities.

Diane brought up Long Term Care insurance, and how it can be a great resource for seniors to help cover expenses. There were questions asked about the costs, services covered and the health requirements necessary in order to get a Long-Term Care policy. There are several Monaco South club members who can assist with the answers to these questions, so consider asking around if you would like more details.

Diane is also very involved in the [Colorado Senior Lobby](#). The Lobby works on getting important messages affecting seniors in front of our legislators. Please consider joining the lobby! Diane says all are welcome and they can always use more help.

Thank you Diane for a thought provoking presentation!

February Super Citizen Presenters		
Feb 16 @ 8:20	Holm	?
Feb 16 @ 8:30	Slavens	Michael Chavez
Feb 16 @ 1:00	Samuels	Joe Marci
Feb 20 @ 2:30	MPB	Paul Gibson

Weekly Greeters	
2/16/18	Les Volpe & Ron Cisco
2/23/18	Jack Kleinheksel & Jack Kitchell
3/2/18	Tom Kramis & Casey Funk
3/9/18	Don Roth & Joe Marci

Optimist Club of Monaco South 2018-2019 41st Year — Chartered in 1976
See the Online Calendar @ <http://www.monacosouth.org/Events/Calendar>

- Feb 15 Thur 3:00 pm TriStar Basketball Club Competition, Cope Boys & Girls Club, 808 Inca Street
- Feb 16 Fri 7:00 am Meeting, Legion Hall: Camaraderie Day
- Feb 21 Wed 6:15 pm OCMS Board Meeting, Randy Marcove's, 4103 S. Rosemary Way
- Feb 23 Fri 7:00 am Meeting, Legion Hall: Maro Casparian, Director Consumer Fraud, Denver's DA's Office
- Feb 24 Sat 6:45 am Brain Bowl Championship Tournament, Hamilton Middle School, 8600 E. Dartmouth Ave.
- Mar 2 Fri 7:00 am Meeting, Legion Hall: TBA
- Mar 9 Fri 7:00 am Meeting, Legion Hall: Are You Smarter Than the Brain Bowl Chair?
- Mar 9 Fri 5:00 pm Eagle Scout Recognition Dinner, Renaissance Denver Stapleton, 3801 Quebec Street

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Peter Dimond	1997-98
Jerry Whitlow	1977-78	Ralph Symalla	1998-99
Bill Kosena	1978-79	Cy Regan	1999-00
Duane Wehrer	1979-80	Stan Cohen	2000-01
Curt Jefferies	1980-81	Don St. John	2001-02
Frank Middleton	1981-82	Jack Rife	200Feb. 03
John Young	198Feb. 83	Karl Geil	2003-04
Pat Bush	1983-84	Bryce Slaby	2004-05
Bob Hugo	1984-85	Donlie Smith	2005-06
Tom Mauro	1985-86	Paul Bernard	2006-07
Curt Lorenzen	1986-87	Greg Young	2007-08
Oscar Sorensen	1987-88	Phil Perington	2008-09
Lupe Salinas	1988-89	Ron Cisco	2009-10
Bob Avery	1989-90	Ed Collins	2010-11
Bill Litchfield	1990-91	Randy Marcove	2011-12
Bill Walters	1991-92	Paul Simon	201Feb. 13
Kent Gloor	199Feb. 93	Jon Wachter	2013-14
Gary Strowbridge	1993-94	John Oss	2014-15
Mark Metevia	1994-95	Michael Chavez	2015-16
Bob Safe	1995-96	Craig Eley	2016-17
Tom Overton	1996-97		

2017 - 2018 Officers

President	Jim Easton	720-987-7684
Vice President	Mike McMahon	303-514-5175
Vice President	Everett Gardner	924-246-0984
Secretary	Randy Marcove	303-667-3663
Treasurer	Greg Young	303-759-3921

Board of Directors

Harry Arkin	303-941-8800
Ken Duffy	303-880-5072
Robert Wardlaw	303-525-2532
Tom Kramis	303-917-5299
Rob Gardner	720-263-6203
Wyatt McCallie	303-759-2275
Paul Stratton	303-474-4358
John Swick	720-42Feb. 2733
Craig Eley (Past Pres.)	303-758-9499

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Phil Perington	303-83Feb. 4578	perington@msn.com
Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net	Paul Stratton	303-366-6375	pcstratton@comcast.net
Dick Zolman	303-796-8746	rz6267@gmail.com	Pat Bush	720-254-3741	pbush@bushreese.com
George Buzick	303-803-2268	gtbuzick@comcast.net	Craig Eley	303-758-9499.	craigceley@gmail.com
Robert Wardlaw	303-525-2532	rlawardlaw@gmail.com			

NEWSLETTER EDITORS: Feb **Paul Stratton**, Mar **Phil Perington**, Apr **George Buzick**

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.