



Grandiose Utterings of Monaco South (GUMS)



January 18, 2019 – Vol. 43, Issue 16

Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 43 Years
National Philanthropy Day Colorado, Outstanding Service Organization, 2012
www.monacosouth.org



Editor for this Issue—Phil Perington

Good Morning Optimists

This day begins with **Don Thomson** and **Ron Cisco** in matching plum colored shirts, extending their



Don Thomson & Ron Cisco
Photos Noel Hasselgren

hands of good will and hearty fellowship on Camaraderie Day. While on this weekend, we will experience a total lunar eclipse when the Earth passes exactly between the Sun and the Moon creating a shadow which stops solar rays reaching the lunar surface. The Super Blood Wolf Moon of 2019—see



[visibility maps for the Super Blood Wolf Moon eclipse of 2019 here!](#) Read the Space.com complete guide for webcasts, photo tips, and more!

Morning Musings and Conversations

Frank Middleton was busy handing out playing cards ... spreading the boys around the room to new tables and social gaggles.



Frank Middleton

Plum colored shirts seemed to rule the day as **Tom Mauro**, **Harry Fegley**, **Greg Young**, **Mark Metevia**, **Jim Easton**, and



Bob Avery

John Oss all had the plum look. **Pat Bush** sitting alone at table #5, as was "attendance taker" **Bob Avery**, who was seated in his normal space. Could it be that Bob was reading Shekhar Chandra, August 7, 2018 article, "[The psychology behind why you always want to sit in the same seat](#)" on his cell-phone? A sign of "Creatures of Habit."

Joined table #9 was gang of **Al Gapuzan**, **Mark Smith**, and **Bob Myer**, as they eagerly seemed to be waited for Dolly Parton, Jane Fonda, and Lili Tomlin—Dabney Coleman was nowhere to be seen.

Donlie Smith was adroitly organizing the Eagle

Scout review committee with grading boxes in hand around the room. **Steve Kady** relocated to a south-side corner seat, but he was undeterred and holding court in fine fashion with **Ed Collins**, **Casey Funk**, **Allen Yockey**, and "drawing pot manager" **Bob Finkelmeier**.



The "absent and missing in action" *Optimist Creed* banner, used for the recent Brain Bowl, Monaco South display was located by **Gary Strowbridge**.

Jon Wachter strolled in the door carrying a stack of egg cartons filled with multi colored golf balls, not sure where they came from. In a moment of coincidental irony **Craig Eley** and **John Young** ended up at the same table and denied that the fix was in.

Karl Geil and **Tom Overton** were lost in animated conversation at table #2, with neither getting a word in edge-wise but enjoying themselves.



Likewise, **Paul Stratton** and **Paul Bernard** strolled about the room locked in enjoyable word-smiting. **Michael Chavez**, looking as sharp as a GQ, the monthly men's magazine, "kinda guy," wearing a "sans beard" and cowboy hat—apparently ready for the National Western Stock Show.

First Bell, Invocation & Pledge

President **Everett Gardner** gavelled the gathered to attention at 7:08 a.m. and *GUMS* photographer **Noel Hasselgren** presented the Invocation: "Dear God of encouragement we ask you help us spread the ideals of optimism always keep in mind the needs of others."

The Pledge of Allegiance followed with the growing shout of "Play Ball!"

Guests

John Young re-introduced his guest from last week, **John Egan**. This was followed by a pleasant announcement that Mr. Egan has applied with application

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Continued next page

Guests Continued

and check as our newest member. Welcome aboard John, it is going to be a lot of fun and personal fulfillment.

Announcement

Dime-A-Day Program: Ron Cisco standing in for Club Foundation Rep and Dime-a-Day Chair **Perry Allen**, was proud to announce that two

members, **John Oss** and **Phil Perington** each submitted \$365 checks to Perry's matching fund challenge, and his personal check for \$73.00 has been added by to the contribution. So, if that in mind, where is your donation? *With just one dime a day, you can become part of the movement of "Helping Optimists Help Kids" and become part of a large group of Foundation supporters who realize what a difference they make every day in the lives of children.*

CO-WY Brain Bowl: Karl Geil, with his familiar call,

"The Brain Bowl is Here," reported that the Optimist Brain Bowl season is in full swing, with one tournament down and three to go. The Central Region tournament was held on January 12th at Heritage High School in Littleton. Sixty-seven teams competed. The winning teams for each grade were: Powell 6A, Mountain Ridge 7A, and Campus 8A. A list of the winning teams is found here, [CLICK HERE](#).

Based on our sign in sheets (more volunteers worked the event than signed in, but there is no way of knowing who did not sign in), we had 119 total volunteers, and Monaco South accounted for 23 (over 19%) of those. Our representatives were **Andy Towt, Perry Allen, Everett Gardner, Mike McMahon, Paul Stratton, Kent Gloor, Mark Smith, Don Roth, Jim VanderKamp, Frank Ross, Bob Meyer, Bob Avery, Michael Chavez, George Buzick, Frank Middleton, Craig Eley, Pat Bush, Robert Ruhl, Don Thomson, Gary Strowbridge, John Oss, Phil Perington, and Karl Geil.** Thank you, Monaco South!

Next up is the North Region tournament at Standley Lake High School on Saturday, January 26th. At the moment, we have 96 teams registered, so we will need even more volunteers for that one.

Update on Cy Regan: Donlie Smith is glad to report **Cy Regan**, who was to meet him for dinner, unintentionally become disoriented and proceeded to drive to his daughters' home in Longmont. He was found by police in his car in Johnstown, CO. The police helped him get to his daughters and will now be staying with her

for a few days. His daughter and son are now trying to find him an assisted living facility. *Editor: "Our thoughts and prayers are with Cy!"*

CO-WY 2nd Quarter Conference: John Oss

urged everyone to attend the 2nd Quarter District Conference on Saturday, February 9th at Cianco's, at Hyland Hills, 9650 Sheridan Blvd. Westminster. One of the speakers will be Dee Clark. Her story is a compelling one with an embedded long term drug addiction

and how she found her way out of it. You can find the agenda and registration for attached to GUMS distribution email or go to District's webpage, [CLICK HERE](#).

Once in Life Time World Voyage: Harry Fegley



Harry Fegley

announced that he and his wife Linda are taking a leave of absence. They will be traveling to Fort Lauderdale and the spending 113-days on the good ship MS Amsterdam for casual trip around the world, including, 77 ports of call. He says there was a ton of prep work before pre-boarding, including five Visa acquisitions, inoculation shots, and filling prescriptions for longer than 30 days. He plans to edit his tour pictures for easy downloading time. We are all looking forward to an action-packed travel-log program upon his return in mid-May. *"Bon voyage mon ami,"* in other words, *"have a good trip my friends."*

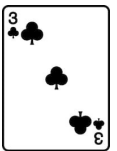
Ski Day: Bob Avery announced skiers are wanted for a rendition of **Ski Day at Copper Mountain** on Monday, February 4th. Bob said, he will be wearing his new *"Don't blame me I was left unsupervised"* t-shirt on as many occasions as necessary. For details, see Bob.

January OCMS Board Meeting: President **Everett Gardner** recapped the recent Board meeting, declaring we need more Monaco South members at the quarterly meetings. Membership was another major item on the Agenda. **Jim Easton** revisited the Club mentor program and recognized **Cory Young** for his part of the effort. *"Your magical moment when you realize why you are an optimist"* is the theme when the pairing of new-old members commences. On a sad note, **James Dockter** is relocating to Columbus, Ohio for his job with the Boy Scouts of America and we will sorely miss his energy and contribution to the Club. This year the Monaco South Election Committee will be headed up by **Joe Marci**, who will need some assistance and volunteers to assist.

Update on David Morgan: Bill Morgan was pleased and happy to report that **David Moore** is on his way with rehab and physical therapy. He is getting into great shape and looking forward to attending meetings once again.

Do We Have a Drawing?

With more than \$160 dollars in the pot, the Three of Clubs was the card to be found. Those going for the big money were **Al Gapuzan** and **Phi Perington**. But neither had the sort of luck you need to pull-in the big money.



Taking Cups were **Everett Gardner**, pulling his number first; **Gary Strowbridge; Bob Meyer; Ed Collins;** and of course, **Jack Kleinheksel**, who seems to always get a chance.



Scammers Scam Everyone

From Beth McCann, Denver District Attorney

For well over 15 years, our office has conducted presentations throughout the community on how to avoid being scammed or defrauded. This outreach program is very important to me because so many people end up being victims of these crimes.

What troubles me is that so many people think that only the elderly fall for scams. Not true! While teens and young adults may be digital natives, their inexperience makes them susceptible to online scammers. In fact, according to a report from the Federal Trade Commission, 40% of people age 20 to 29 indicated they lost money in fraud schemes in 2017 compared to 18% of people age 70 and older. [Additionally, children ages 0-18 are the largest group to experience ID theft.](#)

So much for the stereotype of tech-savvy young people! Experts say younger consumers are averaging nearly nine hours a day online and are far more open to sharing personal information to make purchases, engage in apps, etc., than others.

That's why one of my priorities this year is to include our *How to Protect Yourself from Identity Theft* presentation into our newly expanded community outreach program, which will target middle and high school students. I want to make sure the younger population knows they are being targeted by scammers and help them understand how to avoid being duped.

One of the most common forms of ID theft is from phishing scams. Below is an info-graphic from Wombat Security that will help identify emails that may be phishing for your personal information. Share this with your friends and family so they won't take the phishing bait.

Think You've Been Scammed? If you suspect you've been scammed or exploited, report it to our **Consumer Fraud Hotline** 720-913-9179.

16 Ways to Improve Your Cybersecurity

As the threat of cybercrime intensifies, know the basic steps to safeguard your data and assets.

Whether it's strengthening your passwords or treating emails from unknown senders with more caution, you can take a number of steps to reduce your risks. Here's a checklist of some suggested safeguards.

- ◆ **Software and Your Online Security:** Keep your software, operating system, and browser up to date. Software companies continuously add security updates along with every upgrade released. Installing updates as soon as they are released can help you better inoculate your devices against malicious software, or malware.
- ◆ **Set up Multi-Factor Authentication** to log in to any website or application you use for financial transactions or that contain your personal data. Multi-factor authentication is essentially another way—beyond your username and password—to help verify your identity and further safeguard your information. This can take the form of a push notification to your mobile phone or a one-time security code sent to you.
- ◆ **Run a reputable, American anti-virus product** on your home PC or laptop. This will also help prevent your device from becoming infected with malware.
- ◆ **Cybersecurity in Public Environments:** Avoid using public

Wi-Fi hotspots—like the ones at coffee shops, airports, hotels, etc. If you do use a public Wi-Fi hotspot, be sure to use a Virtual Private Network (VPN) so that others cannot intercept your communications. As an alternative, stick to the mobile network and create a personal Wi-Fi hotspot with your phone.

- ◆ Don't click on links or open attachments in unsolicited emails or text messages. Doing so may install malware on your device.
- ◆ Don't use publicly available charging cords or USB ports to charge your devices. Publicly available power outlets are generally fine, but avoid using publicly available cords or ports. These can be used to deliver malware onto your phone or to silently steal data off of your phone.

Daily Online Activities

- ◆ Don't reuse the same username and password across multiple websites and applications. If you reuse the same username and password and a hacker gains access to one of your accounts, he/she may be able to access your other accounts as well.
- ◆ Consider using a password manager. These apps create unique, complex passwords for you and then store those passwords in a cryptographically sound way.
- ◆ Create and save bookmarks for the important banking and brokerage websites that you visit often to avoid inadvertently entering your credentials on a fraudulent site.
- ◆ Only download applications from Google Play™ or the App Store® and never from a third-party app store. Third-party app stores, or apps that pop up and encourage you to download them, are much more likely to contain malware.
- ◆ Only give applications the permissions they really need. Granting an application access to your photos, location, camera, contacts, etc., makes your data and information available to the application owner.
- ◆ Limit how much information you share on social media, and lock down the privacy settings on your social media accounts. The information you share online could be exploited to gather information for fraud schemes.
- ◆ Verify that you are using a current and reliable email provider that has basic, built-in security features. Using an older email account that has not incorporated security protections will greatly increase your likelihood of getting malware.

Tools to Combat Cybercrime

- ◆ Monitor your existing lines of credit for fraudulent activity. Morgan Stanley clients who qualify for the Premier Cash Management program have complimentary access to a suite of fraud and identity theft monitoring features.
- ◆ Consider freezing your credit at all three credit bureaus to prevent fraudsters from being able to use your identity to establish new lines of credit. This way, if/when your identity is compromised, the damage will be reduced.
- ◆ Shred financial documents before discarding them, as these contain valuable information that could be used by fraudsters. Additionally, secure your sensitive documents within your home.

Weekly Greeters	
1/25/19	Pat Bush, Noel Hasselgren & Randy Marcove
2/1/19	Ed Collins & Dick Nickoloff

January Super Citizen Presenters		
Jan 22 @ 2:30	MPB	Joe Marci
Jan 25 @ 3:00	Bradley	Jon Wachter

Optimist Club of Monaco South 2019-2020 43rd Year — Chartered in 1976
See the Online Calendar @ <http://www.monacosouth.org/Events/Calendar>

Jan 25	Fri	7:00 am	Meeting, Legion Hall: Teacher / Education Recognition
Jan 26	Sat	7:00 am	Brain Bowl North, Standley Lake High School, 9300 W. 104th Ave., Westminster, CO
Feb 1	Fri	7:00 am	Meeting, Legion Hall: Audry Reyes, Manager Volunteer Mentor Program, Denver Kids, Inc.
Feb 2	Sat	7:00 am	Brain Bowl South, Challenger Middle School, 10215 Lexington Dr., Colorado Springs, CO
Feb 8	Fri	7:00 am	Meeting, Legion Hall: National History Day, Kayla Gabehart, Associate Director
Feb 9	Sat	8:00 am	CO-WY 2nd Qtr. District Conference, Cianco's, 9650 Sheridan Blvd, Westminster, CO
Feb 15	Fri	7:00 am	Meeting, Legion Hall: Camaraderie Day
Feb 21	Thur	6:15 pm	OCMS Board Meeting, Councilwomen Black's Office, 3540 S. Poplar St, Ste. 100 lower level
Feb 22	Fri	7:00 am	Meeting, Legion Hall: Mark Krekeler, Training for Health
Feb 23	Sat	7:00 am	Brain Bowl Championship Tournament, Hamilton Middle School, 8600 East Dartmouth Ave
Mar 1	Fri	7:00 am	Meeting, Legion Hall: TBA

2018 - 2019 Officers

President	Everett Gardner	949-246-0984
Vice President	Steve Kady	303-931-1470
Vice President	Bob Meyer	303-814-5990
Secretary	James Dockter	605-216-7799
Treasurer	Greg Young	303-759-3921

2018 - 2019 Board of Directors

Ken Duffy	303-880-5072
Tom Glazier	303-522-5214
Noel Hasselgren	303-475-7125
Jack Kleinheksel	720-938-1760
Tom Kramis	303-917-5299
Dan Rodriguez	303-521-5120
John Stoffel	720-837-3013
Robert Wardlaw	303-525-2532
Jim Easton (Past Pres.)	720-987-7684

Past Presidents

Bob Rhue	1976-77	Lupe Salinas	1988-89	Stan Cohen	2000-01	Paul Simon	2012-13
Jerry Whitlow	1977-78	Bob Avery	1989-90	Don St. John	2001-02	Jon Wachter	2013-14
Bill Kosena	1978-79	Bill Litchfield	1990-91	Jack Rife	2002-03	John Oss	2014-15
Duane Wehrer	1979-80	Bill Walters	1991-92	Karl Geil	2003-04	Michael Chavez	2015-16
Curt Jefferies	1980-81	Kent Gloor	1992-93	Bryce Slaby	2004-05	Craig Eley	2016-17
Frank Middleton	1981-82	Gary Strowbridge	1993-94	Donlie Smith	2005-06	Jim Easton	2017-18
John Young	1982-83	Mark Metevia	1994-95	Paul Bernard	2006-07		
Pat Bush	1983-84	Bob Safe	1995-96	Greg Young	2007-08		
Bob Hugo	1984-85	Tom Overton	1996-97	Phil Perington	2008-09		
Tom Mauro	1985-86	Peter Dimond	1997-98	Ron Cisco	2009-10		
Curt Lorenzen	1986-87	Ralph Symalla	1998-99	Ed Collins	2010-11		
Oscar Sorensen	1987-88	Cy Regan	1999-00	Randy Marcove	2011-12		

Newsletter Committee

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Robert Wardlaw	303-525-2532	rlawardlaw@gmail.com	Craig Eley	303-758-9499	craigceley@gmail.com
Phil Perington	303-832-4578	perington@msn.com	Greg Young	303-759-3921	gndyoung@comcast.net

NEWSLETTER EDITORS: Dec Paul Stratton, Jan Phil Perington, Feb George Buzick, Mar Robert Wardlaw

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.