



Grandiose Utterings of Monaco South

(GUMS)

June 22, 2018 – Vol. 42, Issue 38



Optimist Club of Monaco South



OPTIMIST
INTERNATIONAL

Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 41 Years
National Philanthropy Day Colorado, Outstanding Service Organization, 2012
www.monacosouth.org

Editor for this Issue—Pat Bush



OPTIMIST
INTERNATIONAL

Good Morning Optimist

It was another great Colorado morning and we were greeted by **Allen Pierce** and **Randy Marcove** standing in for **Everett Gardner**.



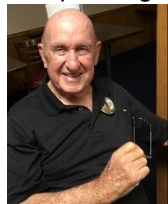
Allen Pierce

Invocation & Pledge

Jon Wachter read the invocation saying, "we should go out and live the Optimist Creed for that is the way to spread optimism to all those we meet."

Guests

Don Thomson introduced his guest **Paul Blanchard** who is recently retired. Paul said he does not know how long retirement will last as they are running the numbers now. Welcome Paul and please come join us again!



Speaking of joining us again, **Bill Litchfield**, one of several charter members of the Club, came all the way from South Carolina for the meeting this morning. He says he is only here a short time and will start his three-day drive back to North Charleston, South Carolina tomorrow, via Iowa and Ohio. *Have a safe trip Bill and stay in touch!*

From the Prez

Thank You Note: President **Jim Easton** read a well written thank you note from **Frances Owens**. Jim said the note was well written not only for the nice things she said about her visit to the club meeting, but the penmanship was outstanding. Frances spoke to our club about the Anchor Center for Blind Children a couple of weeks ago.



CO-WY Casino Night: President **Jim** then reminded everybody about the Colorado/Wyoming District's Casino Night right here at the American Legion Hall tonight. Phil Perington and Paul Simon (both absent this morning) told Jim they still needed dealers. Jim asked any member that could deal tonight to report to the hall by 5:00 p.m. for a quick training session before the doors open at 6:00 p.m. All proceeds from the Casino Night will be split 50-50 with the Optimist International Childhood Cancer Campaign and local cancer programs. The Casino Night kicks off a very busy weekend for Monaco South.

Announcements

HOBY Leadership Conference: **Paul Bernard** reported all is ready for the HOBY Leadership Conference at the University of Denver campus on Saturday evening. He needs the Monaco South members to report by 5:30 p.m. They will be in an open space south of Evans. Paul has maps of the campus showing where they will meet with the students. Monaco South members are still needed so call Paul if you are interested in participating. Members will be speaking with the students about the importance of volunteer organizations in the community.

MS150 Bike Ride: The Monaco South and Tamarac Optimist Clubs will sponsor the Pat Sorensen Memorial Rest Stop on Sunday for the MS Bike Ride to finish off the weekend. **Michael Chavez** asked for volunteers to report to the Nelson Ballfields in Johnstown at 6:00 a.m. to set up the canopies for the rest stop. He could also use some help loading his van at the storage unit on Saturday afternoon. Several Monaco South members are riding to raise funds for MS research and treatment, so you might want to support them. We hand out water, energy drinks, snakes, and wet towels to riders to help them cool down and rehydrate.

Remembering Mack McGovern: **Eldon Strong** mentioned that he rode in the MS Bike Ride for many years. He rode for former Monaco South member Mack McGovern who recently passed away from Multiple Sclerosis.

Optimist Junior Golf: **Joe Marci** and **Ron Cisco** reported that the three CO-WY District Junior Golf Tournaments have now been completed. The CO-WY District sends more qualifiers to the International Tournament in Florida than any other district. Joe and Ron thanked all members that sponsored holes and/or made donations to the tournaments. It is through those generous acts that make it possible to conduct these tournaments and support our qualifiers by helping them with the travel expenses to attend the Optimist International Tournament. *In turn, we want to thank Joe, Ron and Bob Meyer for all of their time and hard work on this project.*

New Member Orientation: **Tom Glazier** reported, that last Tuesday he lead an orientation meeting at the STEM Academy—a shout out with a big Thank You to **John Scarborough** for the use of his office. President **Jim Easton** presided over the meeting aided by former presidents, **Karl Geil** and **Ron Cisco**. New members in attendance were: **Henry**

Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
*****INVITE A FRIEND TO JOIN*****

Announcements Continued

Schonewise, Andy Towt, Jed Ziegenhagen, and Robert Ruhl. Mark Smith and Tom Glazier were there for the camaraderie and free pizza and beer! All of were impressed with the scope of the programs we do with Monaco South Optimists Club. And all had a good time!

Monaco South Ball Caps: Greg Young announced that members could get Monaco South baseball caps for the

small price of \$10.00 each. He had caps at the meeting for members wanting to purchase them. Greg mentioned that they would be good to wear at all of our projects, including this Sunday at the MS 150 hydration station.



Denver Police Museum

Mike Hesse, Board President & Fred Cisneros, Volunteer

Steve Kady introduced our guest speakers this morning Mike Hesse and Fred Cisneros from the Denver Police Law Enforcement Museum (DPLEM). Mike's father served in the Denver Police Department from 1957 through 1983. Fred was also in the Denver Police Department. Mike said he decided to help advance the Denver Police Museum when he found himself getting upset about how the police were being portrayed on television news across the country.



Mike Hesse

The objectives of DPLEM are multi-faceted. Of course, they are collecting police artifacts such as weapons, gear, cars, and uniforms used in the past.

But they envision that the museum will also play a role in improving community relations by educating visitors about the services and sacrifices made by Denver Police officers; telling the history of law enforcement in the city and memorializing the 69 fallen officers that have died in the line of duty.

One of the activities currently under way is putting up memorial signs at the locations where officers were killed. Another effort is being made to locate the grave sites of the fallen officers. Several do not even have headstones, but that will be remedied through the efforts of the DPLEM.

The one aspect of the museum that will separate the DPLEM from all other police museums will be the "Blue Experience." This experience will immerse the visitors to the museum into the most exciting, difficult, and challenging aspects of a police officer's work. Simulators will allow visitors to experience high speed chases, helicopter surveillance, SWAT raids, traffic stops, and in making the instantaneous life and death decisions that officers may face. Visitors will also get to undergo some police training, receive a replica badge and be sworn in as a citizen police officers.

The DPLEM has acquired land near the National Western Stock Yards and they plan on breaking ground on a new



Fred Cisneros showing a rendering of the new DPLEM building to Mike White and to Gary Miller and Neil Alderson above right.

Photos Steve Kady

"state of the art" facility in 2020, depending on the progress of the I-70 replacement project. The new facility will be financed through private donations to maintain the museum's autonomy. We were also treated to the viewing of a 1967 Ford Galaxie police cruiser in the

Legion Hall parking lot. **Donations for the new museum building can be made at the DPLEM website @ www.denverpolicemuseum.org.**



Proposed DPLEM Building



1967 Ford Galaxie Police Car



Gratitude & Appreciation

By Kristin Friedrich, Certified Occupational Therapist, as you may recall she spoke to us on March 2, 2018

Do you ever smile at strangers? Do you say, "Thank you!" when someone holds the door for you? Do you wave when someone allows you to merge in traffic? Do you ever strike up casual conversation with the patron in front of you while waiting in line at the grocery store?



Kristin Friedrich
Photo Noel Hasselgren

I am writing this blog today based on recent public interactions I've experienced. This morning as I was walking out of a coffee shop, I smiled at the incoming patrons. No one smiled back, and a couple of people looked confused (as if my smile was indicative of them personally knowing me). Recently, I've also held the door for people without so much as a nod of appreciation in response.

I'm just wondering when we lost our ability to facilitate simple connection and when we forgot the importance of simple gratitude and appreciation for each other as humans?

I attended a class a few weeks ago where the speaker showed a clip of a training video utilized by a popular fast food chain, which brought me to tears. The video shows a restaurant full of patrons, and with each patron, a bubble illuminates above the person's head indicating in writing what challenges the person is facing. One person is a single mom working to make ends meet, one person recently lost her spouse, one person is celebrating his last day of chemo, etc. I often see people writing on social media to be kind because you don't know what battles someone is facing, but I don't see these simple courtesies being utilized consistently in public forums.

Now, I'm going to shift my focus a bit from common connection to simple gratitude. Do you share with someone how much you appreciate them? Even if it's just the team member at the store who helps you find the baking soda

(the baking soda gets moved on me all of the time!!). Do you let your orthodontist know how much you value the annual pool party that he hosts and recognize the amount of effort that it takes to pull this type of event off?

While we all appreciate tangible rewards, there is NOTHING more valuable than someone truly expressing gratefulness for YOU as a human being. With my last company, the owner and president once called me to express her appreciation of me being part of the company. You could have written me a check for a \$1,000 because that's how much that 2-minute phone call meant to me. I was valued. My hard work and dedication were noted. I also used to be a fitness instructor and one of the center owners would ALWAYS say, "Thank you for teaching." Again, I was valued, and my dedication was noted.

So, in summary, it doesn't take significant effort to make a simple human connection or express appreciation, but I'm afraid we've become a society who will often take the time to complain but won't put forth the effort to celebrate a job well done. I'll be honest in saying that some days my coffee barista is my very favorite person. She makes my coffee just how I like it, she smiles at me, she thanks me, and we typically exchange a few pleasantries that kick my day off right (If you haven't noticed, I really like my coffee).

I challenge you to smile at a stranger, to say, "Bless you!" when someone you don't know sneezes, to laugh with the mom in front of you at the grocery store when her child does something funny and to say, "Thank you" when someone does something to help you. Human connection is beautiful. And valuable. And free.

Find someone to smile at today and be well!

To read more of Kristin's posts, read her blog @ <https://www.kristinfriedrichtherapies.com/blog>

May Birthdays

We missed this group, so a belated Happy BD: **George Buzick** (6), **Robert Duvall** (24), **Harry Fegley** (10), **Keith Gallaway** (7), **Al Gapuzan** (3), **Karl Geil** (31), **Tom Mauro** (28), **David Peck** (28), **James Riley** (1), **Gary Strowbridge** (20), **Mike White** (21), and **John Young** (3).

June Birthdays

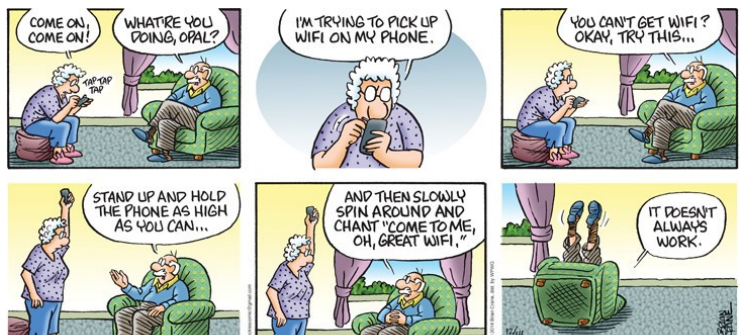
This month's birthdays are: **Perry Allen** (8), **Ed Collins** (3), **Chris Dunphy** (6), **Ed Fankhauser** (18), **Bob Finkelmeier** (29), **Everett Gardner** (16), **Joe Howard** (19), **Greg Hurd** (25), **Bill Morgan** (10), **John Scarborough** (9), **Terry Shroyer** (18), **Bryce Slaby** (22), and **Allen Yockey** (22).

Drawing Winners

President **Jim Easton** won a cup when he pulled his own number for the consecutive second week. Other cup winners included **John Greene**, **Michael Chavez**, **Neil Alderson**, **Karl Giel**, and **Tom Hoch**. Winner that tried to stretch their luck by drawing a card for the big pot were **Robert Duvall**, **Allen Malask**, and **Jon Wachter** but none were successful.

Weekly Greeters	
6/29/18	Jim VanderKamp & Paul Simon
7/6/18	Don Roth & Jack Kleinheksel
7/13/18	Steve Kady & Joe Marci
7/20/18	Frank Middleton & ?

A Bit of Humor



Optimist Club of Monaco South 2018-2019 41st Year — Chartered in 1976

See the Online Calendar @ <http://www.monacosouth.org/Events/Calendar>

June 27	Wed	6:15 pm	OCMS Board Meeting, Randy Marcove's, 4103 S. Rosemary Way
June 29	Fri	7:00 am	Meeting, Legion Hall: TBA
July 6	Fri	7:00 am	Meeting, Legion Hall: TBA
July 7-10			Optimist International Convention, Ottawa, ON Canada
July 13	Fri	7:00 am	Meeting, Legion Hall: TBA
July 18	Wed	6:15 pm	OCMS Board Meeting, Randy Marcove's, 4103 S. Rosemary Way
July 20	Fri	7:00 am	Meeting, Legion Hall: Camaraderie Day
July 27	Fri	7:00 am	Meeting, Legion Hall: TBA
July 28	Sat	7:00 am	Pancake Breakfast, Brent's Place Kid's Cure Walk, Anschutz Medical Campus East 17 th Place & Quentin Street, Aurora, CO



2017 - 2018 Officers

President	Jim Easton	720-987-7684
Vice President	Mike McMahon	303-514-5175
Vice President	Everett Gardner	924-246-0984
Secretary	Randy Marcove	303-667-3663
Treasurer	Greg Young	303-759-3921

2017 - 2018 Board of Directors

Harry Arkin	303-941-8800
Ken Duffy	303-880-5072
Robert Wardlaw	303-525-2532
Tom Kramis	303-917-5299
Rob Gardner	720-263-6203
Wyatt McCallie	303-759-2275
Paul Stratton	303-474-4358
Mark Metevia	303-880-5000
Craig Eley (Past Pres.)	303-758-9499

Past Presidents

Bob Rhue	1976-77	Lupe Salinas	1988-89	Stan Cohen	2000-01	Paul Simon	2012-13
Jerry Whitlow	1977-78	Bob Avery	1989-90	Don St. John	2001-02	Jon Wachter	2013-14
Bill Kosena	1978-79	Bill Litchfield	1990-91	Jack Rife	2002-03	John Oss	2014-15
Duane Wehrer	1979-80	Bill Walters	1991-92	Karl Geil	2003-04	Michael Chavez	2015-16
Curt Jefferies	1980-81	Kent Gloor	1992-93	Bryce Slaby	2004-05	Craig Eley	2016-17
Frank Middleton	1981-82	Gary Strowbridge	1993-94	Donlie Smith	2005-06		
John Young	1982-83	Mark Metevia	1994-95	Paul Bernard	2006-07		
Pat Bush	1983-84	Bob Safe	1995-96	Greg Young	2007-08		
Bob Hugo	1984-85	Tom Overton	1996-97	Phil Perington	2008-09		
Tom Mauro	1985-86	Peter Dimond	1997-98	Ron Cisco	2009-10		
Curt Lorenzen	1986-87	Ralph Symalla	1998-99	Ed Collins	2010-11		
Oscar Sorensen	1987-88	Cy Regan	1999-00	Randy Marcove	2011-12		

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Paul Stratton	303-366-6375	pcstratton@comcast.net
George Buzick	303-803-2268	gtbuzick@comcast.net	Pat Bush	720-254-3741	pbush@bushreese.com
Robert Wardlaw	303-525-2532	rlawardlaw@gmail.com	Craig Eley	303-758-9499	craigceley@gmail.com
Phil Perington	303-832-4578	perington@msn.com			

NEWSLETTER EDITORS: July **Paul Stratton**, Aug **Phil Perington**, Sept **George Buzick**

THE OPTIMIST CREED — Promise Yourself . . .

To be so strong that nothing can disturb your peace of mind.
To talk health, happiness and prosperity to every person you meet.
To make all your friends feel that there is something in them.
To look at the sunny side of everything and make your optimism come true.
To think only of the best, to work only for the best, and to expect only the best.
To be just as enthusiastic about the success of others as you are about your own.
To forget the mistakes of the past and press on to the greater achievements of the future.
To wear a cheerful countenance at all times and give every living creature you meet a smile.
To give so much time to the improvement of yourself that you have no time to criticize others.
To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.