



Grandiose Utterings of Monaco South (GUMS)

June 9, 2017 – Vol. 41, Issue 36



Optimist Club of Monaco South



Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 40 Years
National Philanthropy Day Colorado, Outstanding Service Organization, 2012
www.monacosouth.org

Editor for this Issue—George Buzick



Good Morning Optimists

Little known facts, for this day, June 9th, we will have the smallest full moon of 2017, but still as gorgeous as any full moon, also called the Strawberry Moon. And, on June 9, 1943, the withholding tax on payrolls was authorized by the U.S. Congress.

A well known fact for today, was that **Steve Kady**, was our officially scheduled greeter, evidentially scheduled by himself, however, he was assisted by **Frank Middleton**, **Dick Nickoloff**, and **Ed Collins** who all came to his aid for today's meeting.



Frank Middleton, Steve Kady, & Dick Nickoloff.



Steve Kady, who was also assisted by Ed Collins.
Photos Noel Hasselgren

Another well known fact, was today's breakfast of biscuits and gravy, hash browns, and scrambled eggs was delicious! *Thank you Heather Mulqueen!*

First Bell, Invocation & Pledge

President **Craig Eley** opened the meeting and called on **Pat Bush** to give the invocation. Pat who has, according to himself, been wrong only once in his life, of course that was when he thought he was wrong, gave an outstanding invocation and led us all in the *Pledge of Allegiance*.

From the Prez

100% Day is Coming June 23!: This is the day, once a year, when we hope to get all of our members at a meeting. This meeting will feature the Denver District Attorney as our speaker, a special breakfast, and a group photo which will live in infamy! Come renew acquaintances with the great guys of Monaco South!

Denver Century Bicycle Ride: The Denver Century Bicycle Ride is looking for route marshals on Saturday morning, June 17. They will pay \$50 for each Monaco South member who signs up. This involves standing at a location on the ride route and pointing the bicyclists in the correct direction. Shifts are two and three hours, and all end by noon, many before. To sign up and choose your shift and location, go to <https://goo.gl/forms/2PAupnhIIU2aszfZ2>.

Club Directory: Prez **Craig Eley** again reminded us that there are still several April 2017 Club Directories available for anyone who has yet to pick one up.

Announcements

2017 HOBY Conference: **Paul Bernard** announced the annual Hugh O'Brian Youth (HOBY) Leadership Forum will be held on the DU campus, Saturday evening, June 24th, from 4:00 – 6:00 p.m. This provides the members of our club an opportunity to share their views on the importance of "volunteerism" in our society, according to Paul Bernard. O'Brian dedicated much of his life to the HOBY program, a non-profit youth leadership development program for high school scholars. HOBY sponsors over 10,000 high school sophomores annually through its over 70 leadership programs in all 50 states and 20 countries. Since its inception in 1958, over 435,000 young people have participated in HOBY-related programs. See HOBY Webpage.



Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Continued on the next page

Announcements Continued

Update on Oscar Sorensen: Tom Mauro reported that **Oscar Sorensen**, shown at right, has a compression fracture of the spine and is having a hard time getting around. However, he can talk on the phone, so give him a call @ 303-751-4268 and wish him well.



Rockies Handout Day: Michael Chavez asked for more individuals to sign-up for the t-shirt giveaway before the Rockies game on Thursday, June 22nd and get free admission to the game. Bring family, friends, and neighbors. Be there by 9:45 a.m. The first pitch is at 1:10 p.m. See Michael for the details.

Colorado MS-150 Hydration Station: Michael Chavez also is the one who is organizing the MS-150 hydration station in Longmont for the MS Bike Ride. This event will take place at Trail Ridge Middle School, 1000 Button Rock Drive, Longmont, and will be a combination of MSOC and Tamarac volunteers. Be there by 7:00 a.m. on Sunday, June 25th.



Colorado MS-150: In a related communication **Bob Avery** reminded us on the importance of the MS-150. He has ridden the MS-150 since 1990, and the Hydration Station has been named the Pat Sorensen Stop in honor of her lifelong battle with MS. You can also support by visiting his [Bike MS Fundraising Page, CLICK](#).

CO-WY Junior Golf Tournament Fundraiser: **Bob Meyer**, one of the chairs for the District's Junior Golf program, said that funding is about \$10,000 ahead of last year, thanks to the generosity of the sponsors and golfers who have participated in the adult golf tournament, held at the Broken Tee Golf Course in Englewood. Currently, there are currently 235 golfers signed up for the two tournaments. Tournament for older kids (Boys 14-15 & 16-18) will be at Flatirons Country Club in Boulder on Thursday, June 15th, beginning around 7:00 a.m. Younger kids will tee off at Fitzsimmons Golf Course on Friday, June 16th, at the same time (Boys 10-11, 12-13, & Girls 10-12, 13-14, & 15-18). While the hundred Rockies tickets **Joe Marci** had for the Cardinals game have all been sold, but another Rockies game event is scheduled for Sunday, July 9th at 1:10 p.m. The game is against the Chicago White Sox. Tickets must be reserved by June 28th.



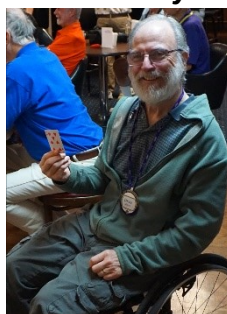
Looking for Work: **Jim Easton** is assisting his teenage son to find some summer work, so if you have any odd jobs to be done, contact Jim @ 720-987-7684.

Planning Ahead Holiday Party: **Kent Gloor** is planning way ahead and he reminds us that Christmas is coming soon, well in about six months, that the MSOC Holiday Extravaganza will be held on Saturday, December 16th. **So, Save the Date!**



Drawing

How lucky can you get? After winning last week's



pot of \$30 for wearing his name tag, **David Moore** was still having a winning streak with the draw of the lucky 7 of Hearts and again won this week's pot of \$20. Once again, we start over. All pot ticket buyer's may want to wait until David gets his ticket before they buy theirs.



IT'S NOT TOO LATE!

99th Annual Optimist International Convention

Albuquerque Convention Center
Albuquerque, New Mexico
July 6-8, 2017

[CLICK HERE FOR DETAILS](#)

Monaco South Hat and Shirt Sale

Greg Young continues to accept orders for the Monaco South Optimist hats and shirts. He orders the hats and shirts with the Monaco South logo embroidered on them once he collects enough orders to make the shipping costs reasonable. He is currently nearing that point and will be ordering soon. The shirts come in a variety of colors so you might want to order seven different colors one for each day of the week. Just let Greg know what you want and make payment to him, and then you can be styling like President Craig. Hats are available for \$10 and a shirt with no name is \$25, or with an embroidered name it is \$30. The hat only comes in blue.



Meeting Pictures



Your editor listening to capture the words of President Craig Eley.



Cy Regan trying to convince the "money man" Gary Miller to break a \$50 dollar bill.

Photos Noel Hasselgren



At right, typical early morning camaraderie prior to the first bell.

John Wiebenga Cancer is NOT a Four-Letter Word

Our speaker today was John Wiebenga, whose purpose is to help people be self-advocates of various ways to handle cancer, was introduced by his son.

Mr. Wiebenga's initial assertion was that the medical community has different perspectives on treatment for cancer, depending on their specialty, i.e., surgeons look for surgical cures, radiologists look to radiation as a cure, oncologists look for chemo therapy as a cure, etc. John says that you must take the initiative and decide for yourself, what is best for you.

In his case, his prostate cancer was diagnosed ten years ago and was first treated by a surgeon. The surgery totally messed up his insides, the cancer came back; however, he is still active. He then was treated with proton radiation, with the result that he was found to have "secondary cancer" caused by the radiation.

He also told us of the course of chemo therapy he had undergone and that many people are sensitive to the chemicals used and that almost half the time, chemotherapy is not successful. Doctors do not normally do sensitivity tests before chemo treatment because insurance will not pay for them. According to the speaker, most chemo drugs are derivatives of Mustard Gas developed in World War I. He was then given Lu-pron, which is a mind-altering drug, which you should never take because it causes emotional instability.

As the speaker's PSA numbers started to rise, once again, signifying that the cancer was back, John

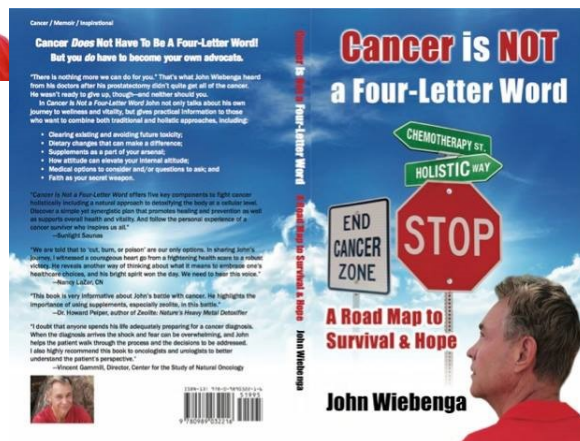


John Wiebenga
Photo Noel Hasselgren

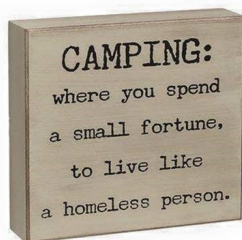
turned to alternatives to "Western medicine." Using such things as supplements, including bee pollen, turmeric, cayenne pepper and others, avoiding toxic substances, healthy dietary habits, exercise, and prayers and meditation, John is leading a successful life although he has had active stage 4 cancer for the past ten years.

For more information, see John Wiebenga's Facebook page @ www.facebook.com/cancernot4letterwordjwiebenga.

You can also order his book, titled: *Cancer is NOT a Four-Letter Word* on Amazon, or contact John at johnnysbooks@gmail.com.



Some Humor



PEOPLE MY AGE ARE SO MUCH OLDER THAN ME.

Weekly Greeters

6/16/17	Jim VanderKamp & Bob Avery
6/23/17	Bill Morgan & Dave Moore
6/30/17	Robert Wardlaw & ?
7/7/17	?

Optimist Club of Monaco South 2016-2017 40th Year — Chartered in 1976

See the Online Calendar @ <http://www.monacosouth.org/Events/Calendar>

June 15	Thur	7:30 am	Junior Golf Tournament, Boys 14-15 & 16-18, Fitzsimons Golf Course
June 16	Fri	7:00 am	Meeting, Legion Hall: Camaraderie Day
June 23	Fri	7:00 am	Meeting, Legion Hall: 100% Day & Beth McCann, Denver's first female District Attorney
June 24	Sat	4:00 pm	HOBY (Hugh O'Brian Youth Leadership) Seminar, DU campus
June 25	Sun	7:00 am	Colorado MS-150 Hydration Station, Trail Ridge Middle School, 1000 Button Rock Drive, Longmont, CO
June 30	Fri	7:00 am	Meeting, Legion Hall: Lisa Mattis, Can Do MS: MS Patients Reaching their Potential

**Past Presidents of the
Optimist Club of Monaco South**

Bob Rhue	1976-77	Tom Overton	1996-97
Jerry Whitlow	1977-78	Peter Dimond	1997-98
Bill Kosena	1978-79	Ralph Symalla	1998-99
Duane Wehrer	1979-80	Cy Regan	1999-00
Curt Jefferies	1980-81	Stan Cohen	2000-01
Frank Middleton	1981-82	Don St. John	2001-02
John Young	1982-83	Jack Rife	2002-03
Pat Bush	1983-84	Karl Geil	2003-04
Bob Hugo	1984-85	Bryce Slaby	2004-05
Tom Mauro	1985-86	Donlie Smith	2005-06
Curt Lorenzen	1986-87	Paul Bernard	2006-07
Oscar Sorensen	1987-88	Greg Young	2007-08
Lupe Salinas	1988-89	Phil Perington	2008-09
Bob Avery	1989-90	Ron Cisco	2009-10
Bill Litchfield	1990-91	Ed Collins	2010-11
Bill Walters	1991-92	Randy Marcove	2011-12
Kent Gloor	1992-93	Paul Simon	2012-13
Gary Strowbridge	1993-94	Jon Wachter	2013-14
Mark Metevia	1994-95	John Oss	2014-15
Bob Safe	1995-96	Michael Chavez	2015-16

2015 - 2016 Officers

President	Craig Eley	303-758-9499
Vice President	Mike McMahon	303-514-5175
Secretary	Randy Marcove	303-667-3663
Treasurer	Greg Young	303-759-3921

Board of Directors

Jim Easton	720-987-7684
Allen Pierce	303-883-8506
Allen Malask	303-726-3700
Bill Morgan	303-868-4384
Rob Gardner	720-263-6203
Wyatt McCallie	303-759-2275
Paul Stratton	303-474-4358
John Swick	720-422-2733
Michael Chavez (Past Pres.)	303-960-5304

Newsletter Committee

Robert Finkelmeier	303-756-5829	rfinkelmeier@comcast.net	Ralph Pedersen	303-759-3384	r.pedersen2658@comcast.net
Jim Piccinelli	303-721-1470	jp Piccinelli@earthlink.net	Phil Perington	303-832-4578	perington@msn.com
Dick Zolman	303-796-8746	rz6267@gmail.com	Paul Stratton	303-366-6375	pcstratton@comcast.net
George Buzick	303-803-2268	gtbuzick@comcast.net	Pat Bush	720-254-3741	pbush@bushreese.com
Robert Wardlaw	303-525-2532	rlwardlaw@gmail.com	Craig Eley	720-771-0866	craigceley@gmail.com

NEWSLETTER EDITORS: July **Robert Wardlaw**, August **Pat Bush**, September **Paul Stratton**

THE OPTIMIST CREED — Promise Yourself . . .

To be so strong that nothing can disturb your peace of mind.
 To talk health, happiness and prosperity to every person you meet.
 To make all your friends feel that there is something in them.
 To look at the sunny side of everything and make your optimism come true.
 To think only of the best, to work only for the best, and to expect only the best.
 To be just as enthusiastic about the success of others as you are about your own.
 To forget the mistakes of the past and press on to the greater achievements of the future.
 To wear a cheerful countenance at all times and give every living creature you meet a smile.
 To give so much time to the improvement of yourself that you have no time to criticize others.
 To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.