



Grandiose Utterings of Monaco South

(GUMS)

October 4, 2019 – Vol. 44, Issue 1



Optimist Club of Monaco South



OPTIMIST
INTERNATIONAL

Founded in 1976 at Denver, Colorado
Serving Youth and the Community for 43 Years
National Philanthropy Day Colorado, Outstanding Service Organization, 2012
www.monacosouth.org



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Editor for this Issue—Paul Stratton

Good Morning Optimists

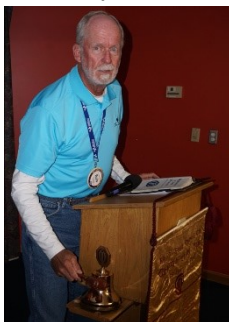
Welcome to a new president and fiscal year! Early risers **Mark Metevia** and **Stephen Hick** warmly awaited our club members, handshakes, and hearty hellos at the ready. Editor: *Thanks gentlemen—it's great to start the day by receiving a smile!*



Left, Mark Metevia & Steve Hick
Photos Noel Hasselgren

First Bell, Invocation & Pledge

New president **Bob Meyer** kicked off his term as President by ring the first bell and then asking **Noel Hasselgren** to deliver our Invocation. Noel focused on a portion of the creed—*to be just as enthusiastic about the success of others as you are about your own. Try to keep that in mind the next time you are tempted to be resentful of the good fortune that goes to others in your life.*



He then led us in the Pledge of Allegiance.

From the Prez

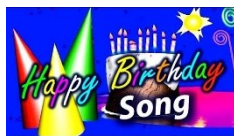
President Meyer gave us some highlights from this day, October 4th, in history, perhaps none for notable than National Golf Lover's Day! In addition, this date recognizes, National Vodka Day, the month and date Sputnik was launched, work on Mount Rushmore began, Joltin' Joe DiMaggio and Marilyn Monroe's divorced, and the death Janis Joplin.

Guests

We had a guest! Our own President **Bob Meyer** introduced his friend Larry Pulaski. Larry is a former member of the Castle Rock club. He attended our meeting today, application in hand! Editor: *Outstanding—Welcome Larry!*

October Birthdays

The gentlemen in our club born this month were recognized and received a gift they probably would not have asked for. Yes, that's right - they were serenaded with a unique version of the Happy Birthday song. The birthday boys are: **John Bamford**, 10-13; **James Docker**, 10-7; **Tom Glazier**, 10-17; **Ron Gustas**, 10-7; **Cap Hermann**, 10-9; **Ed Leuty**, 10-14; **Allan Malask**, 10-22; **Alan McCall**, 10-10; and **Robert Wardlaw**, 10-30.



Announcements

Looking for an Opportunity: Heather Mulqueen, who does a great job preparing our Friday breakfast, announced that she is also a full-time care giver companion. She has an opening now and wanted to make sure we were aware in case we know of anyone in need of assistance and companionship. If so, please give Heather a call at 303-726-6400.



Optimist Junior Golf Tournament: Speaking of National Golf Day, **Joe Marci** reminded us that there is a Junior Golf tournament on October 19th and 20th at Green Valley Ranch, 4900 Himalaya Road. There will be 100 golfers, boys and girls, and 20 will go to Florida next summer for the International Tournament. He's looking for volunteers between 7:30 a.m. - 3:00 p.m., and lunch will be included. Contact Joe, there is a signup sheet going around.

OCMS Directory Photos: **Craig Eley** was once again taking pictures of members after the meeting for the membership directory. If it is time to get a new picture taken, due to hair loss, gain, or change of hue, you need to see Craig. If you need to change your email address or contact information please see, **Tom Mauro**.

New Optimist Year and Dues are Due: On behalf of **Greg Young**, **Ron Gustas** was collecting checks. Members should have received their dues statements recently and Greg would appreciate prompt payment of dues so that the club can continue to operate.

There will be the customary options of paying the full year in one low payment or on a quarterly basis in which you will pay a slightly high dues amount. If you did not receive and invoice, contact either.

Boys & Girls Clubs Thanksgiving Dinner: **Michael Chavez** let us know that this year's Boys & Girls Clubs of Metro Denver and Girls Inc., Thanksgiving Dinner will be on Thursday, November 21st at the Owen Boys and Girls Club, 3480 W Kentucky Avenue, and at Girls, Inc., 1499 Julian Street. We will need all members on deck that night when we serve over 800 turkey dinners to underserved boys and girls. More details forthcoming.

District 3 Police Officers Honored: Councilwoman and Friend of Optimist member, **Kendra Black**, let us know District 3 Officer Mike Borquez and Officer Jim Lopez were recognized for their hard work on the Neighborhood Watch Pro-



Meeting Place
American Legion Hall Post 1
5400 East Yale Avenue (Yale & I-25), Denver, Colorado
Every Friday Morning, 7:00 – 8:00 am
******INVITE A FRIEND TO JOIN******

Continued next page

Announcements Continued

gram and Pups on Patrol! In Denver Police Department's District 3, burglaries dropped 33% in the first half of the year. See channel 4CBS report at <https://denver.cbslocal.com/video/program/1339/4179227-denver-police-officers-honored-for-crime-fighting-techniques/>. Congratulations to them both, District Commander Rick Kyle, and the other officers in the District 3!

Happy New Optimist Year: **Adrian Elcock**, Optimist International President, welcomes us to the iMagine year! He looks forward to introducing new technology, revamped programs, and an exciting vision for the first year of the second century of Optimist International—[Click Here](#) to see his message.



Welcome **Tony Carpenter**, CO-WY District Governor 2019-2020. You may have noticed a new District logo on the front page of **GUMS**, Governor Tony shares a note, "Let's make our clubs so fun and rewarding that the public will want to be a part of it! Clubs are the center of the Optimist universe, and we are here to support and serve you. I'm looking forward to an exciting journey, and to serving you in the coming year." [Click Here](#) to see.

Ponderisms

... let your mind wander for a bit.

Here are some questions that will make you think, laugh, or merely be a pleasant distraction from your busy day.

- ◇ Why do peanuts float in a regular coke and sink in a diet coke? Go ahead and try it.
- ◇ I used to eat a lot of natural foods until I learned that most people die of natural causes.
- ◇ Can you cry under water?
- ◇ How important does a person have to be before they are considered assassinated instead of just murdered?
- ◇ Once you are in heaven, do you get stuck wearing the clothes you were buried in for eternity?
- ◇ How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?
- ◇ Why is it that people say they "slept like a baby" when babies wake up like every two hours?
- ◇ If a deaf person has to go to court, is it still called a hearing?
- ◇ Why are you IN a movie, but you are ON TV?
- ◇ Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?
- ◇ Why do doctors leave the room while you change? They are going to see you naked anyway.
- ◇ Why is "bra" singular and "panties" plural?
- ◇ Why do toasters always have a setting that burns the toast to a horrible crisp, which no decent human being would eat?
- ◇ Can a hearse carrying a corpse drive in the carpool lane?
- ◇ If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?
- ◇ If electricity comes from electrons, does morality come from morons?
- ◇ Why do the Alphabet song and Twinkle, Twinkle Little Star have the same tune?
- ◇ Why did you just try singing the two songs above?
- ◇ Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him for a car ride, he sticks his head out the window?

Presidential Rants & Raves

I am going to hijack **Past Prez Ev's GUMS** article title but will simply call it "Rants and Raves," since I do not tweet.



Saturday's First Conference District Conference at St Anthony's Conference Center was well-attended with over 100 CO-WY District members, including nine from Monaco South... **Kent Gloor, Ron Cisco, Perry Allen, George Buzick, Michael Chavez, John Oss, Phil Perington, Joe Marci**, and yours truly.

2019-2020 CO-WY Guv **Tony Carpenter** laid out his Vision 2020 theme. While stressing his focus on club vitality, Tony at one point stripped to his acrobat singlet to make a point that somehow got lost in translation as the crowd erupted in laughter. He emphasized that the Clubs are the center of our universe and promised to embrace innovation to spread the Optimist vision... a theme that I emphasized in my inaugural address at last weekend's Installation Banquet. (Please refer to my speech contained in the **GUMS** distribution email.)

During a breakout session with her Presidents, Zone 5 Lt Gov **Charlie Neumann** discussed her goals, which included recognizing Honor Clubs, instituting a mentoring program, and encouraging participation at District events.

The 2nd Quarter District Conference will be held February 8, 2020 at Maggiano's in The Tech Center. Please mark your calendars with that date. Let us get additional MSOC representation at this Conference.

The 2019-2020 CO-WY District Convention will be held August 14-16 at Little America in Cheyenne WY. The Cheyenne Optimist Club is already making plans for the Convention to be the "best ever." Again, please mark your calendars.

Speaking of calendars, please regularly check out the MSOC calendar at <https://www.monacosouth.org/events/calendar>.

After polling members of the Board of Directors, I have decided to keep the 3rd Thursday of each month as the Monaco South Board meeting date. We will continue to meet at Schlessman YMCA, 3019 E Yale Ave, in the Second Floor community Room, at 6:15 p.m.

I brought old friend and former Castle Rock Optimist Club Charter President Larry Pulaski to Friday's meeting, where he completed his membership application to become the first new Monaco South member of my administration. I challenge all Monaco South members to bring a guest to upcoming meetings. Let us continue to grow the Club so that we can maintain, and build upon, our service projects and activities.

As you know, my passion is Junior Golf. As of Saturday evening, 82 junior golfers had registered for the upcoming Optimist Junior Golf event at Green Valley Ranch to be held Saturday and Sunday, October 19 and 20. Please consider volunteering at the event. Let **Ron Cisco, Joe Marci**, or me know if you can help out as we identify the first 23 qualifiers for **The 2020 Optimist** to be held at Trump National Doral Resort in Miami FL. Another 60+ junior golfers will be determined at next June's District Junior Golf Qualifiers. Let us continue to show who has the best Junior Golf Program in all of Optimist International.

I also ask for your continued support as I learn the ropes as Monaco South's newest president.

Yours in Optimism,
Prez Bob Meyer



Mary Jo Heins & Liz Burke Medicare Update & Dispatch Health

Joe Marci introduced our first speaker, Mary Jo Heins. Mary Jo is an independent licensed Medicare insurance agent, and she came to give us a 2020 Medicare update.



Mary Jo Heins
Photos Noel Hasselgren

People are eligible to get on Medicare when they turn 65 or have been on Social Security Disability Income for two years. There are two ways to get coverage—Original and Medicare Advantage. Mary Jo's main message was to be careful who you get your Medicare information from—it can be very confusing and some "experts" have products to sell.

There are 5 elements of a Medicare Advantage Plan:

- Premium
- Core Health Coverage Benefits
- Rx Formulary
- Network
- Add-on Benefits, such as dental, hearing, OTC allowance

Mary Jo feels that the add-on benefits, which get the most mention in direct mail and TV ads, are the least important element. Also, Core Health Coverage Benefits tend to be very similar across the board. Networks are the most important decision.

There are 7 Medicare Advantage HMO Networks in Colorado:

- Aetna
- Anthem
- Bright
- Cigna Health Spring
- Humana
- Mutual of Omaha
- United Health

More information on Mary Jo's services can be found at

www.medicareinsurancen Denver.com.

Mary Jo then introduced our second speaker, Liz Burke. Liz is the Community Engagement Manager for DispatchHealth.com.



Liz Burke

They provide a mobile alternative to the Emergency room or urgent care, and work in partnership with primary care. DispatchHealth's goal is to create an integrated, convenient, high touch care delivery solution that extends the capabilities of a patient's care team and provides definitive, quality care in the home while decreasing costs.

Dr. Mark Prather, a former ER doctor, and Kevin Riddleberger created DispatchHealth in Denver in 2013. They provide acute care - there is an approximate 2 hours average wait time, so they do not replace 911 or the Emergency Room. They treat children and adults, and can prescribe medications and administer the first dose. Currently, their coverage area is Boulder to Castle Rock but they have plans to expand. They are open 365 days a year from 7:00 am to 10:00 pm. DispatchHealth is in network with all major insurance carriers and Medicare advantage plans. They bill insurance for you, so patients have an average out of pocket cost of \$5.44.

Liz explained that the main difference between emergency and urgency is that in an emergency there is immediate threat to life, health, property or environment—in this case call 911. Whereas in urgency or acute care, there is no immediate danger or threat to life, health, property or environment, but if not taken care in a given period of time, then the situation may turn to an emergency care situation.

George Buzick gave a testimonial for Dispatch Health. Dispatch responded to a call George made to 911, due to the relationship they have with Denver West metro. George reported that they were thorough and responsible, and he was pleased.

Editor's testimonial: *Our family has used DispatchHealth three times, all on the weekends, and all successfully. They were able to administer IVs, do blood and flu tests, and prescribe medications. While we could have gotten to Urgent Care or the ER faster than Dispatch could arrive at our house, there are often long waits at those locations, and our costs with Dispatch were far less.*

More information is available at www.dispatchhealth.com.

Drawing

We have a drawing, but after **Steve Kady's** end of the year win last week, those choosing to go for the pot have a 1 in 52 chance with a new deck of cards. Editor: *By the way, this was such a memorable event Steve walked off without collecting his winnings and photographer **Craig Eley** forgot to send the winning picture. But for here the record and for the **GUMS** archives all has been satisfied.*



During this weekly drawing both **George Buzick** and **Kent Gloor** went searching for the Two of Diamonds, trying to succeed with a 1.9% chance, but no dice (and no \$20 either).

Styrofoam cups partially filled with cash, went to: **Bob Avery, Tom Hoch, Karl Geil, Frank Ross, Phil Perington, and Allan Malask.**

Nametag: **Ron Cisco's** name was drawn by President **Meyer** and Ron had on his proper identification. Despite the fact that he may or may not have some inside information as to the location of the Two of Diamonds, he came up short.

Friday's Baseball Quotes

With the Colorado Rockies season coming to an abrupt end with a .438 win record for the season the stats were not good. So here is Rockies Executive Update from Dick Monfort, owner and chairman, and from Executive Vice President & General Manager Jeff Bridich, see [Click Here](#).



Picture: General manager Jeff Bridich (left) manager Bud Black (center) and owner Dick Monfort (right) field questions from the media at Coors Field on Tuesday, Oct. 1, 2019. The Colorado Rockies hosted an end-of-season availability with owner/chairman & CEO Dick Monfort, executive vice president and general manager Jeff Bridich and manager Bud Black.

Weekly Greeters	
10/11/19	Joe Marci & Steve Kady
10/18/19	Dave Peck & Eldon Strong

Optimist Club of Monaco South 2019-2020 43rd Year — Chartered in 1976
See the Online Calendar @ <http://www.monacosouth.org/Events/Calendar>

Oct 11	Fri	7:00 am	Meeting, Legion Hall: Chris Castilian, Executive Director, GOCO, Great Outdoors Colorado
Oct 15	Tues	2:30 pm	Super Citizen: Most Precious Blood
Oct 17	Thur	5:30 pm	Super Citizen: Hamilton Middle School
Oct 17	Thur	6:15 pm	OCMS Board Meeting, Schlessman YMCA, 3901 E. Yale, 2nd Floor Conference Room
Oct 18	Fri	7:00 am	Meeting, Legion Hall: Camaraderie Day
Oct 25	Fri	7:00 am	Meeting, Legion Hall: Kathleen Chandler, Vote No Prop CC
Oct 25	Fri	1:00 pm	Super Citizen: Samuels Elementary
Oct 25	Fri	3:00 pm	Super Citizen: Bradley International
Nov 1	Fri	7:00 am	Meeting, Legion Hall: Mitch Jelniker, Corporate Relations Mgr., Food Bank of the Rockies
Nov 6	Wed	1:00 pm	Super Citizen: Lowry Elementary
Nov 8	Fri	7:00 am	Meeting, Legion Hall: TBA

2019 - 2020 Officers

President	Bob Meyer	303-919-4532
Vice President	Steve Kady	303-931-1470
Vice President	Dan Rodriquez	303-521-5120
Secretary	Tracy Sorensen	303-886-1743
Treasurer	Greg Young	303-759-3921

2019 - 2020 Board of Directors

Perry Allen	303-521-3453
Noel Hasselgren	303-475-7125
Jack Kleinheksel	720-938-1760
Tom Kramis	303-917-5299
Allen Malask	303-726-3700
Bill Morgan	303-868-4384
Mark Smith	303-691-9766
John Stoffel	720-837-3013
Everett Gardner (Past Pres.)	949-246-0984

Past Presidents

Bob Rhue	1976-77	Lupe Salinas	1988-89	Stan Cohen	2000-01	Paul Simon	2012-13
Jerry Whitlow	1977-78	Bob Avery	1989-90	Don St. John	2001-02	Jon Wachter	2013-14
Bill Kosena	1978-79	Bill Litchfield	1990-91	Jack Rife	2002-03	John Oss	2014-15
Duane Wehrer	1979-80	Bill Walters	1991-92	Karl Geil	2003-04	Michael Chavez	2015-16
Curt Jefferies	1980-81	Kent Gloor	1992-93	Bryce Slaby	2004-05	Craig Eley	2016-17
Frank Middleton	1981-82	Gary Strowbridge	1993-94	Donlie Smith	2005-06	Jim Easton	2017-18
John Young	1982-83	Mark Metevia	1994-95	Paul Bernard	2006-07	Everett Gardner	2018-19
Pat Bush	1983-84	Bob Safe	1995-96	Greg Young	2007-08		
Bob Hugo	1984-85	Tom Overton	1996-97	Phil Perington	2008-09		
Tom Mauro	1985-86	Peter Dimond	1997-98	Ron Cisco	2009-10		
Curt Lorenzen	1986-87	Ralph Symalla	1998-99	Ed Collins	2010-11		
Oscar Sorensen	1987-88	Cy Regan	1999-00	Randy Marcove	2011-12		

Newsletter Committee

Robert Finkelmeier	303-756-5829	Paul Stratton	303-366-6375
George Buzick	303-803-2268	Pat Bush	720-254-3741
Robert Wardlaw	303-525-2532	Craig Eley	303-758-9499
Phil Perington	303-832-4578	Greg Young	303-759-3921

NEWSLETTER EDITORS: October **Paul Stratton**, November **Phil Perington**, December **George Buzick**,

THE OPTIMIST CREED — Promise Yourself . . .

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.