

SARATOGA MEN'S CLUB

March 17, 2020

This Month's Speaker: Kees Poelstra, M.D., Ph.D.



Kornelis Poelstra is board certified in orthopedic spine surgery. He specializes primarily in long-construct minimally invasive spine surgeries, adult spinal deformity, oncologic conditions, spinal fracture treatment, complex revision surgery and disc replacements. He is one of the world leaders in Robotic Spine Surgery, assisted in the engineering development of currently available robotic platforms and has performed more than 800 complex robotic cases thus far – more than any other surgeon in the world.

He has an extensive research background in the prevention of implant associated wound infections, novel material sciences for both spine as well as orthopaedic implant designs and worked on stem cell implantation for spinal cord injury. The

mechanical and cellular processes salient for the formation of a stable arthrodesis (spine “fusions”) and implant incorporation into the human body are of specific interest to him. He holds orthopedic and neurosurgical spine surgery training certificates from world leading institutions and also holds a PhD in Biomedical Engineering from the University of Groningen, The Netherlands.

He founded The Robotic Spine Institute of Silicon Valley and has been directing this institution since its inception. Based on his extensive robotic spine surgery experience, he has instructed surgeons all over the world with a strong focus on Asia and Europe. He has written dozens of peer reviewed publications, textbooks and chapters, and given more than 250 lectures thus far.

Although Dr. Poelstra loves to work hard, he really enjoys spending quality time with his wife and their 4 children. They challenge each other, running 5-10K races, mountain biking and rock climbing and like bouldering and hiking.

Our February Event

Retired US Airforce Colonel Gaylord Green had a distinguished career in the military and in the private sector of Silicon Valley. He was instrumental in the development of the Global Positioning System. While early applications of the GPS focused on guidance systems for ICBM's, we now use this technology in our everyday lives, from our smartphones to our car navigation systems. Gaylord had a front row seat to the rise of this important technology.

Gaylord's presentation included a history of the GPS technology, highlighting some of the milestones in its development over the past 5 decades and society's increasing dependence on Global Navigation Satellite System (GNSS) receivers that depend on the GPS. His role in its development within the military and the private sector has given him a unique perspective on the comprehensive use of the technology.

Thanks to SMC Vice President Greg Smith for convincing his neighbor Gaylord to speak to our club!

From the President



Spring is here! As I write this (in late February) the temperature outside is 80 degrees and it hasn't rained in weeks. Good for heating costs and outside dining, bad for water supply and wildfire risk...

Our club year will be over before we know it. We are on pace to end the year with full membership and a healthy waiting list; however, the list is not quite as long as it was a few months ago. Keep this in mind as you meet and interact with men in our community that might be good candidates for membership. Also, remember that recent bylaw changes allow membership for sons/sons-in-law or local business owners to join even if they don't live in the club boundaries.

I look forward to seeing you all in March!

Morgan Griffith

MENU

March 17

Foothill Club

Hors d'oeuvres at 5:30

Dinner at 6:30

Smoked Salmon Mousse

Minced Red Onion, Capers
and Piped Cream Cheese

French Bread and Crackers

Assorted Chips

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Mixed Green Salad with  
Thousand Island Dressing

Rolls and Butter

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Corned Beef and Cabbage

Rosemary Roasted Red
Jacket and Yukon Gold
Potatoes

Carrots with Brown Sugar
and Butter

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Apple and Cherry Pie

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Coffee



Photographs of our February meeting, including our speaker Gaylord Green (top left)
Photograph by Andrew Stearns

Please make your check out to Saratoga Men's Club for \$40.00 per person (\$45.00 at the door) and include this slip in the return envelope. Kindly have reservations back to SMC by Wednesday, March 11. Mail checks to: Saratoga Men's Club P.O. Box 2552 Saratoga, CA 95070.

Check one of the following: I'll pay at the door _____ Check enclosed _____ Veggie entrée _____

Please print your name: _____ Number of guests: _____

Name(s) of guest(s): _____ Wine Contribution \$ _____

Members who have paid for the entire year's dinners in advance must email dwall91@comcast.net by the Wednesday prior to the meeting as to their intention to attend.

INSTRUCTIONS FOR CREDIT CARD PAYMENT FOR DINNER

1. Go to the Saratoga Men's Club website: Saratogamensclub.com
2. Underneath "Upcoming events" which is ½ way down the page, click on [*current month*] Meeting.
3. Underneath "On-Line Registration", click on Members.
4. Log in using your Clubrunner user name and password.
5. You may now register yourself by clicking on the highlighted "REGISTER ME".
6. The next page will ask you to "CONFIRM". On the right side of this page you may click on "REGISTER ADDITIONAL GUEST". Click on this and you can register a guest on the page that then comes up.
7. You may then proceed to "Pay by Credit Card" at the bottom of the page.
8. Enter the credit card details and confirm.
9. You will receive an email confirming your registration and payment.

On-line registration closes the WEDNESDAY before the meeting.

IF YOU HAVE PAID IN ADVANCE FOR ALL MEETINGS YOU MUST CONFIRM ATTENDANCE TO Dwall91@comcast.net by the Wednesday prior to the meeting.