



Toolkit: Building Bridges of Understanding

POPULATION

Training and support framework for pediatricians and preventive toolkits for families.

FOCUS

Behavioral health integration in pediatric primary care to manage mild and moderate cases of Anxiety, Depression, and Attention Deficit/Hyperactive Disorder

OVERVIEW

You can get involved by introducing this toolkit into any community to increase the capacity for prevention and treatment. RAGMHI volunteers offer guidance for creating requisite telephone support to the pediatrician by a child psychiatrist, assisted referral, and emergency plan. The core didactic training is on-demand with Boston Children's Hospital '*Building Bridges of Understanding*'. This training and the requisite supports enables pediatricians to overcome the fact that there are not enough child psychiatrists to see all youth with symptoms (Walter H J, Vernacchio L, Correa E T, et al. Five-Phase Replication of Behavioral Health Integration in Pediatric Primary Care, *Pediatrics*, 2021; 148 (2) e2020001073).

BENEFITS

- increases access to timely assessment and treatment
- provides pediatricians the skills and supports to manage mild and moderate cases
- allows child psychiatrist to focus on severe cases
- preventive toolkits provided for child, teen, and parent

COST

- a) Funds may be needed to create requisite local support of pediatricians by child psychiatrist
- b) For pediatricians training in North America, standard fees occur with earning 7 AMA PRA category 1 credits (training is free when not earning the Continuing Medical Education credits)

TOOLKIT CONTENTS

- 16 on demand training sessions on assessment and core didactic content; pre- and post-test
- Clinician Manual
- Information for 3 age groups on Anxiety, Depression, and Attention Deficit/Hyperactive Disorder

The link is BuildingBridgesofUnderstanding.org

CONTACT

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