

Show-Me Cosmo Club 15th Annual Virtual Walktoberfest The Year of the Pandemic



Walk to Prevent & Fight Diabetes, One Step at a Time!

Sunday, Oct. 4, 2020 - Lamb Shelter at Cosmopolitan Park

The Club that Fights Diabetes

Walk begins at 2 p.m. **However, you may walk anytime in the month!**

We would appreciate a short "video" of you "walking" to be uploaded on our Facebook page.

PROCEEDS STAY LOCAL TO BATTLE DIABETES

Entry Fee for Diabetes Walk:

Adults: \$25 registration

Children 17 and under: \$15 registration

Each registered walker receives a T-Shirt (if postmarked by Sept. 26, 2020)

Strollers, wheelchairs and pets welcome.

Please print clearly. Only 1 registration per form unless registering a child.

Name: _____ Age: _____

Name: (Child) _____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Phone: _____ Emergency Contact: _____

Use the Show-Me Cosmo Walk to Prevent & Fight Diabetes Pledge Form to obtain and track donations from sponsors to support your commitment to fight diabetes by walking in October.

Please circle your shirt size:

T-Shirt size: Youth: S M L Adult: S M L XL 2XL 3XL

**Make checks payable to Show-Me Cosmo and Mail Checks & Registrations to:
Show-Me Cosmo, P.O. Box 7445, Columbia, MO. 65205**

Waiver (Participants under the age of 18 must have a guardian signature to be accepted) In consideration of your acceptance of this entry, I, intending to be legally bound, hereby, for myself, my heirs and assignees, waive any and all claims for damages I might have against the Show-Me Cosmo Club and any individual volunteer worker for any and all injuries suffered by me as a result of this event.

Walk _____ \$25.00 Adult

Walk _____ \$15.00 a Child age 17 and under

Total Fees: _____

Additional donation amount to Fight Diabetes: _____

Grand Total: _____

Signature

Parent or guardian signature if under 18