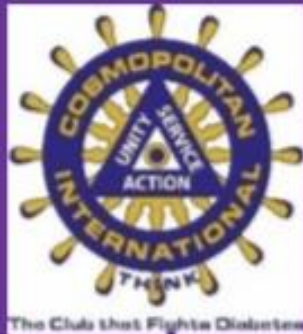


Rapid City  
Cosmopolitan  
Meeting  
Monday  
December 11,  
2023



# Cosmopolitan Rays, December 11, 2023



## The Cosmo Rays

Shining Light on the Cosmopolitan Club's Activities



Published After Each Meeting by the Noon Cosmopolitan Club  
Meetings Held at Noon on Mondays at Thirsty's at 819 West Main, Rapid City, South Dakota

# Cosmopolitan Noon Luncheon

December 11,  
2023

- RC Cosmo Club News and Notes  
Cosmopolitan Noon Luncheon  
Monday – December 11, 2023
- The Rapid City Cosmopolitan  
Club met Monday–December  
11, 2023 at Thirsty's



President Chuck  
Reuwsaat called  
the Meeting to  
Order at 12:00  
PM.





# President Chuck Reuwsaat Led the Members in Pledge of Allegiance

















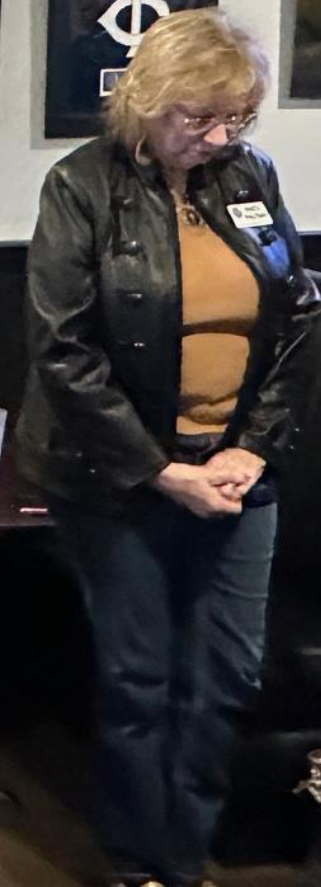
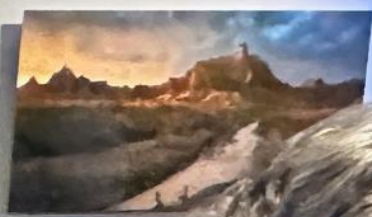
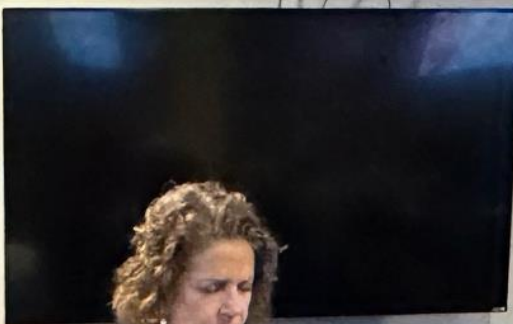
Jim Schuh, Led  
the Members in  
Prayer.





















President Chuck Reuwsaat talked to the Members Jim Keck's surgery and Allan Mathis dealing with Blood Cell Problems. He also addressed the North Central Federation News Letters





President Elect Becky Kerr talked to the Members about activity at the Fine Arts Theater.





Rodney Gunn talked to the Members about the upcoming Rush Hockey game on December 30<sup>th</sup>. The Teddy Bear Toss on the 9<sup>th</sup>, drew 4200 Stuffed Animals.





Secretary Rhonda Reuwsaat  
Introduced two new Members  
from Youth and Family Services  
as our Speakers for the day.





Sue Jorgenson presented a Slide Show about Services they provide for needy people and Children in the Area. She also thanked the Club so much for the Donation of Funds to them.





# Darcy Decker







Youth & Family  
Services <sup>TM</sup>



# Youth & Family Services (YFS)

Each year, we provide essential services and programming to more than 14,000 children and families throughout 31 counties in western South Dakota, primarily from low-income homes.



  
Youth & Family  
Services  
We help kids™



# Nine Comprehensive Programs

- Child Development Center
- Counseling Center
- Girls Inc. of Rapid City
- Middle School Program
- Home-Based Head Start
- Nutrition Services
- Rapid City Head Start
- Family Support and Advocacy Services
- Western Prevention Resource Center



# After School Programming

- Children thrive in a safe environment.
- Programs transport children from most Rapid City Area Schools so parents don't have to leave work or school.
- We offer educational, hands-on activities.
- Staff provide homework help.





# Prevention

- Prevention education for children of all ages
- Increased mentorship and leadership development
- Relationship education classes for teens and adults
- Lending library available for students, parents, educators, community groups, social service and mental health agencies, chemical dependency service providers and law enforcement personnel





Darcy Decker talked about  
Classes she has taken and how  
much they helped her in  
helping the children she helps.



- Prev  
all ag
- Incre  
devel
- Relati  
teens
- Lending  
parent  
groups  
health  
service  
enforce



# Health Services and Advocacy

- Children who have their physical, mental, and social health **needs** met are better able to learn.
- Health Connections serves girls, ages 6–17.
- Strong focus on physical, mental, social health, and mentorship.



Youth & Family  
Services

W H H H





Hydroponically Grown Lettuce







Fullerton Farm  
230 S Ellsworth Road, Box Elder





## Sweet Corn Husking

### Learning about sweet corn

Tasseling

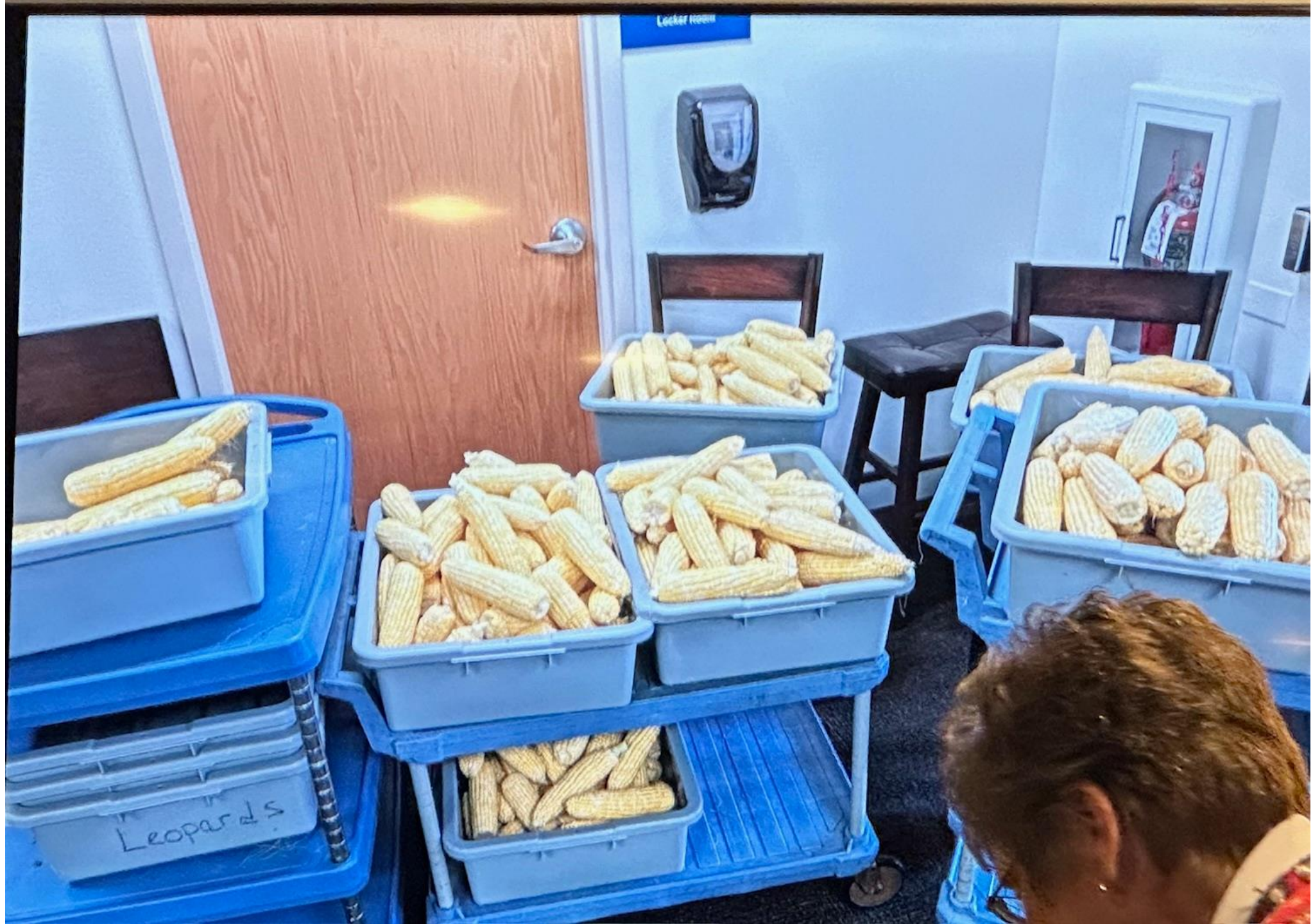
Silk leads to one kernel of corn

Silk is edible

Every corn cob has an even number  
rows of kernels













## Garden Education Classes at Fullerton Farm





Planting  
Checking the Growth  
Learning about pollination  
Learning about good bugs  
Caring for the garden  
Harvesting garden products

Enjoying the tastes of fresh  
vegetables.





## Future Beekeepers











# Harvest Festival











## Gym activities, sports teams and fun









## Summer Activities:

Bike Week

Pop-up RC Library

Fire Trucks

Garden Activities

Composting

Recycling

Many non-profits and  
community service  
organizations













***The vision of Youth & Family Services is that children in western South Dakota will develop healthy bodies, inquiring minds, wholesome relationships, compassionate hearts, creative spirits, the conviction to stand up for themselves and others, and the courage to build a better society.***





# KINDNESS

## MAKES OUR COMMUNITY STRONGER



Youth & Family Services  
Counseling Center

***Be kind to yourself and others. We can all show kindness everyday and in many different ways. Visit our kindness page for some ideas on how you can help promote kindness in our community.***





***Youth & Family Services  
has expanded our  
campus at  
120 East Adams Street.  
This facility is located in  
North Rapid City where  
many of our  
community's most  
underserved children  
and families reside.***



***Youth & Family Services provides programs to more than 14,000 children and families each year. YFS is located in Rapid City and provides programs and services in every county in western South Dakota.***



*Youth & Family  
Services*

*We help kids* <sup>TM</sup>



United Way of the Black Hills



























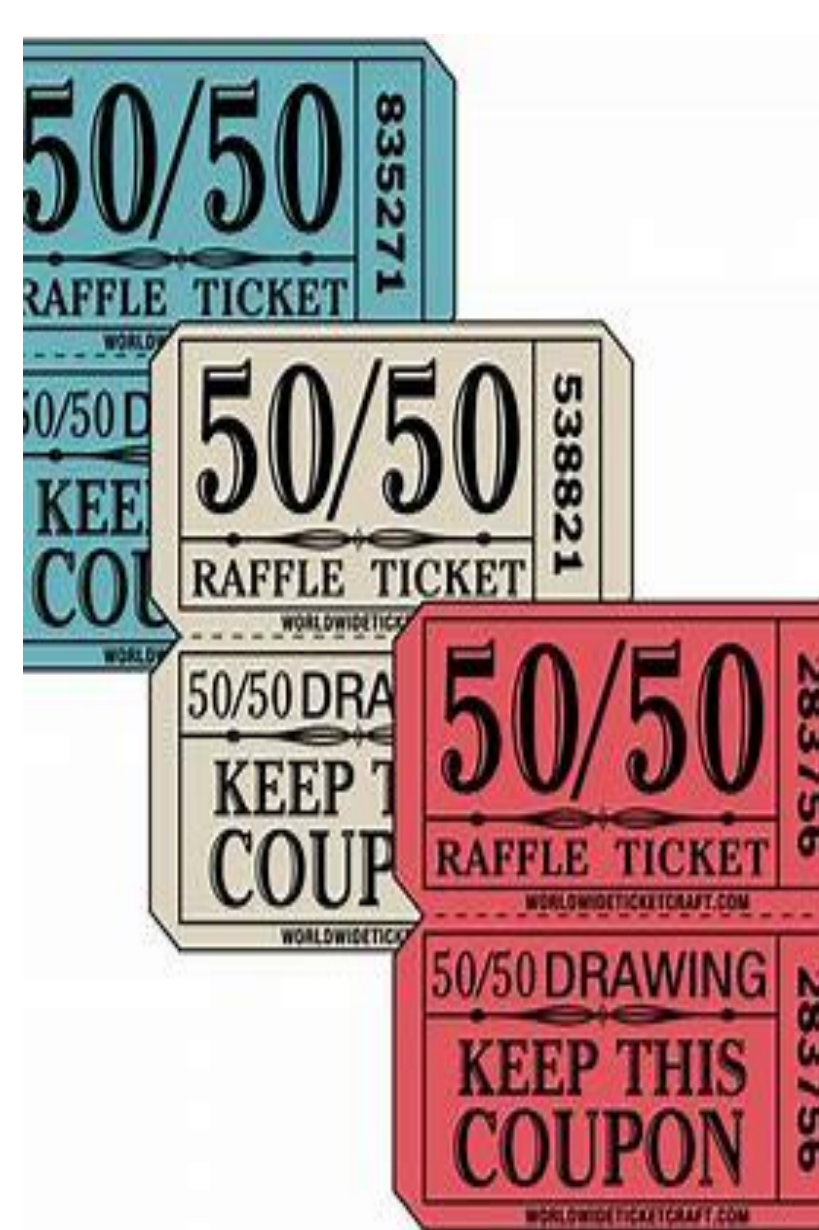




There was no Mr or Ms  
Selected for the Day..

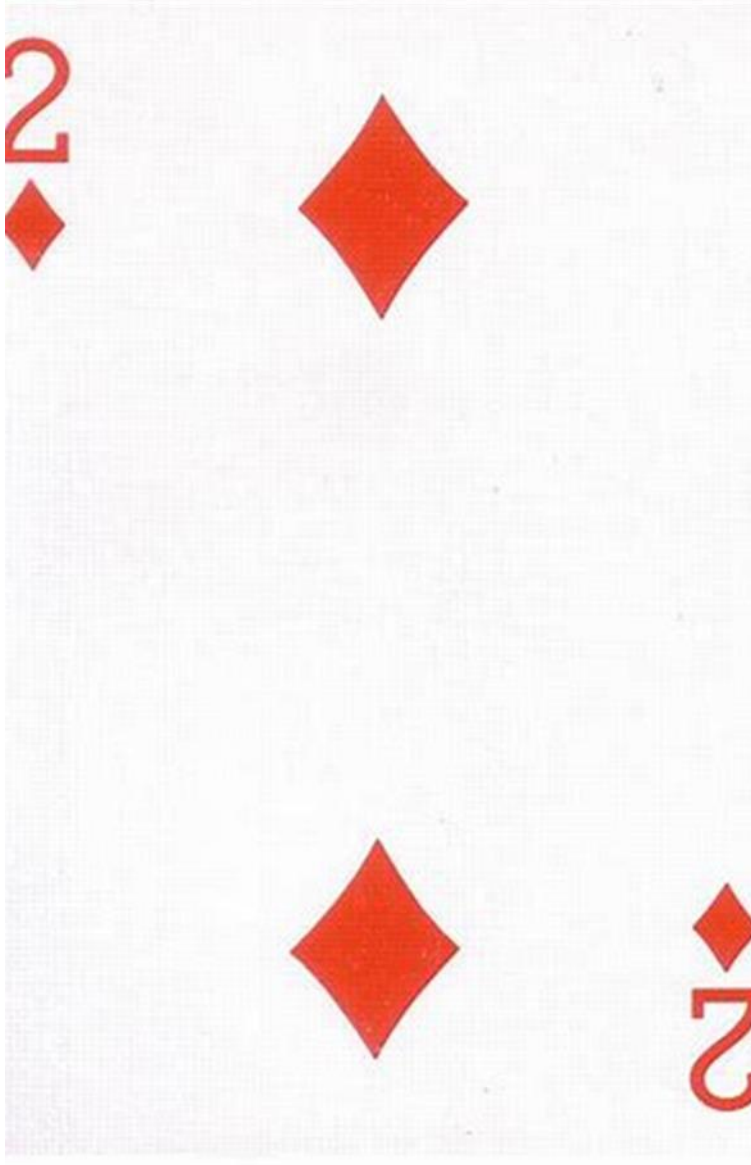






***Kathy Miller was the lucky 50-50 Winner. She won \$8.00 Dollars and gave \$6.00 back***





***Gloria Gunn was the Lucky 2 of Diamonds Winner. She drew the 3 of Spades. There were 30 Cards left and it was worth \$201.50 Dollars.***



# *Upcoming Cosmopolitan Meetings*

**December 18, 2023. Christmas Party at Monument Civic Center**

**December 25, 2023. No meeting, Christmas**

**January 1, 2024. No meeting New Years Day.**

**January 8, 2024. Fork Real Rhonda & Dave Percy**

**January 15, 2024. No Meeting Martin Luther King Day**

**January 22, 2024. Col Derek C. Oakley EAFB**

**January 29, 2023. Brian Mueller Pennington County Sheriff**

**February 5, 2023. PGA Veterans Jason Young**

**February 12. Valentines Day**

**February 19. No Meeting Presidents Day**



# Member Birthdays

## Name

- *Vaughn, Sue*
- *Carlson, Bryan*
- *Murchison, Robbie*
- *Mooney, Lynne*
- *Phelan, Paul*

## Date

*Dec 01*  
*Dec 04*  
*Dec 12*  
*Dec 15*  
*Dec 23*





# **Date Joined RC Cosmopolitan Club**

## **Anniversaries for August**

<b><u>Name</u></b>	<b><u>Years</u></b>	<b><u>Date</u></b>
<b>Kahler, Richard</b>	<b>44 years 0 months</b>	<b>Dec 10 1979</b>
<b>Edelen, Rachel</b>	<b>9 years 0 months</b>	<b>Dec 19 2014</b>





# Cosmo Ushering Event Coordinators

- Please e-mail or call the team in charge to sign up for the event or if you need to cancel
- Becky Kerr – Theater [barefootbecky3209@gmail.com](mailto:barefootbecky3209@gmail.com)  
(C) (605) 391-8738
- Rod Gunn – Ice Arena [rgunn@rap.midco.net](mailto:rgunn@rap.midco.net) (C) (605)-381-3235..
- Gloria Gunn - Summer Nights [grgunn@rap.midco.net](mailto:grgunn@rap.midco.net) (C) (605) 381-7075
- Jim and Arletta Schuh – Summit and Barnett Arena [gymshoe122964@gmail.com](mailto:gymshoe122964@gmail.com)  
(C) (505)-391-8664
- Rod Gunn – Club's Website <https://portal.clubrunner.co/101337>  
(C) 605 381-3532
- Rhonda Reuwsaat-Facebook Coordinator **RC Cosmopolitan Club**  
\_© (605)-209--615



# Rapid City Cosmopolitan Club President



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## Rapid City Cosmopolitan Club President

- **Chuck Reuwsaat**
- **PO Box 994**
- **Rapid City, South Dakota  
57709**



# North Central Federation Governor



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## **North Central Federation Governor**

- **Nancy Trautman**
- **PO Box 994**
- **Rapid City, South Dakota 57709**



# ***COSMOPOLITAN CONTACT LIST***

## ***Cosmopolitan International Headquarters:***

***Melvina Newman, Executive Director***

***Phone 717-295-7142***

***headquarters@cosmopolitan.org***

***2500 West 49th Street, Ste 223, Sioux Falls, SD 57106-6508***

## ***North Central Federation:***

***Nancy Trautman, Governor***

***Phone 605-484-1316***

***njt751@gmail.com***

***2032 Promise Rd Apt 3418, Rapid City, SD 57701***



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***North Central Federation Board:  
Governor Nancy Trautman***

***Governor- Elect: Deb Petersen  
petedoug44@sio.midco.net***

***Past Governor: Melvina Newman  
melvinanew@aol.com***

***Lt. Governor: Chuck Reuwsaat  
c.reuwsaat@rap.midco.net***

***Treasurer Chris Bauer  
cbauer@cortrustbank.com***



***Secretary Cherry Luitjen***

***Cherry.dakota@gmail.com***

***Bruce McCollier***

***[brucemcc@sio.midco.net](mailto:brucemcc@sio.midco.net)***

***Sioux Falls Noon President***

***Deb Petersen (same as above) Sioux Falls Evening***

***President Chuck Reuwsaat***

***(same as above) Rapid City Cosmopolitan President***



# ***Cosmopolitan International Executive Director***



- Emphasize the business benefits to being a member. Encourage all members to stay active and What would you like to accomplish for the rest of the involved as we get out of it from what we put into it. year? Look at the goals you set last fall for this Cosmo year and brainstorm a couple important ones. If This year has seen significant changes and all have not reached those goals, think about a specific been very positive for the future of Cosmopolitan. target now as there is still time to reach all your goals. This is your organization. Along the way we have to Cosmopolitan is all about membership recruitment, break new ground but we will grow! Happiness comes program development and finding a cure for diabetes. through doors you didn't even know you left open. And We are all about making a difference in our local remember the 2022-2023 theme: Alone we can do little, communities and supporting efforts to prevent and find together we can do a lot. a cure for diabetes Membership is the responsibility of every member and programs play a major role in the recruitment and retention of our members. We first must sell Cosmopolitan. Second, having strong programs with interesting, motivating topics and speakers can be a strong factor for attracting prospective members and***

***Melvina Newman***

***headquarters@cosmopolitan.org***





## International President Dick Gorton

- We are fortunate to have some really talented people serving as officers who will help with the implementation of our programs. Plus, you have Candy to help me and for that you are most fortunate! Most of you have had some contact with her as she contacted your clubs to update member rosters, current club officers, and names of members who have passed away this year for memorial recognition at the International Convention. Speaking of the International Convention, I can't remember the first convention Candy and I attended. It's been a few years ago. It may have been the convention in New Orleans; that was certainly a memorable one as we paraded down Bourbon Street complete with marching band! The conventions offer a number of opportunities and benefits. The first is to renew old friendships and make new ones. As a member of Cosmopolitan you will be able to participate in our business meetings and make decisions that are critical to our success. You will also visit some interesting places, places that you might not have seen if it were not for our conventions. Places like Gettysburg, New Orleans, Calgary, Rapid City, Omaha, Las Vegas, and Norfolk. Lastly, our conventions provide the latest information on what is happening with diabetes research and offer the opportunity to develop a new Cosmo project to help find a cure for this dreaded disease!
- Dick Gorton Cosmopolitan President.  
[thegortons@cox.net](mailto:thegortons@cox.net)



# Cosmopolitan International Officers

***International President - Dick Gorton, Omaha Cornhusker Club***

***VP of Finance - Keith Shepherd, Regina Club***

***VP of Membership - Tim Dollens, Columbia Luncheon & Breakfast Clubs***

***VP of Marketing and Fundraising - Sheila Anderson, Sioux Falls Evening Club***

***Judge Advocate - Jim McVay, Omaha Cornhusker Club***

***Capital Federation Governor - Perry Johnson, Norfolk Club***

***Cornbelt Federation Governor - Gery Whalen, Omaha 1-80 Club***

***Mid-States Federation Governor - LaVonne Hawking, Aurora Club***

***Mo-Kan Federation Governor - Dayton Shepherd, Columbia Show-Me & St. Charles County Clubs***

***North Central Federation Governor – Nancy Trautman Rapid City Club***

***Western Canada Federation Governor - John Krysak, Wascana Club***