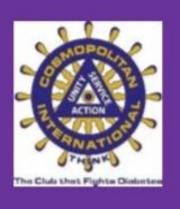


RC Cosmopolitan Club News

Cosmopolitan Rays, November 20, 2023



The Cosmo Rays

ACTION

The Club that Fights Diabetes

Shining Light on the Cosmopolitan Club's Activities

Published After Each Meeting by the Noon Cosmopolitan Club Meetings Held at Noon on Mondays at Thirsty's at 819 West Main, Rapid City, South Dakota

Cosmopolitan Noon Luncheon

RC Cosmo Club News and Notes
 Cosmopolitan Noon Luncheon
 Monday – November 20, 2023

November 20, 2023

The Rapid City Cosmopolitan
Club met Monday-November
20, 2023 At Thirsty's.

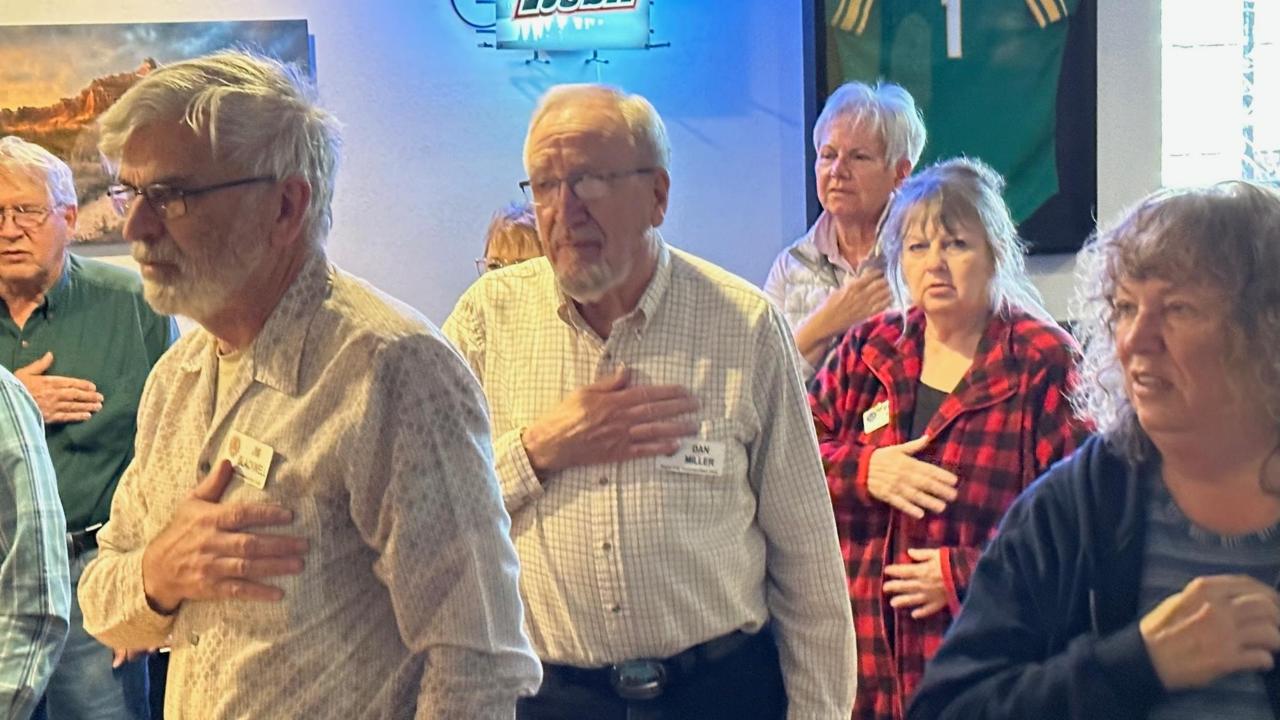
President Chuck Reuwsaat Led the Members in Pledge of Allegiance











North Central Federation Governor Nancy Trautman, Led the Members in Prayer.













Cosmopolitan Club Secretary celebrated her Birthday today.



Secretary Rhonda Reuwsaat Introduced two new Members.

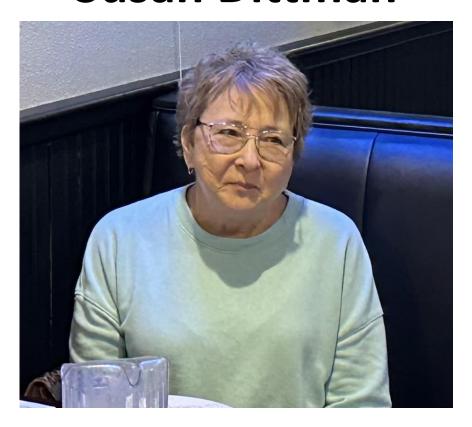


New Cosmopolitan Members

Richard Dittman



Susan Dittman



Rodney Gunn talked to the Members about the upcoming Rush Hockey game on November 24th.



President Chuck
Reuwsaat talked to the
Members about facts
about Thanksgiving.

Our One Heart speaker couldn't make it..



































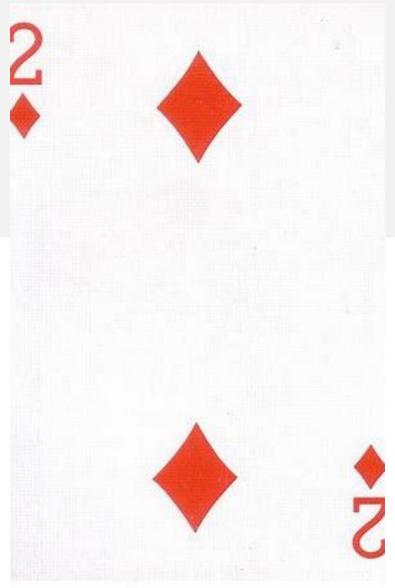
There was no Mr or Ms Selected for the Day..







Cherry Luitjens
was the lucky 5050 Winner. She
won \$10.00
Dollars and gave
\$5.00 back





John Duffield was the Lucky 2 of Diamonds Winner. He drew the 2 of Clubs. There were 31 Cards left and it was worth \$193.00 Dollars.

Upcoming Cosmopolitan Meetings

November 27, 2023 No Meeting Thanksgiving

December 4, 2023 @ 11:30 is Mingle Monday at Osteostrong Wellness Center

Member Birthdays

Name
Thomsen, Mark
Culver, Nola
Magnuson, Sonny
Fromm, Melissa
Dzintars, Lesley
Luitjens, Cherry

Date
November 8
November 9
November 11
November 11
November 20
November 20



Date Joined RC Cosmopolitan Club

Anniversaries for August

<u>Name</u>	Years	<u>Date</u>
Harming, Warren	42 years	Nov 23 1981
Thomsen, Mark	19 years	Nov 15 2004
Preston, Dee	12 years	Nov 16 2011
Magnuson, Sonny	10 years	Nov 08 2013
Scholl, Bill	6 years	Nov 08 2017
Rose, Kathy	5 years	Nov 08 2018



Cosmo Ushering Event Coordinators

- Please e-mail or call the team in charge to sign up for the event or if you need to cancel
- Becky Kerr Theater <u>barefootbecky3209@gmail.com</u>
 (C) (605) 391-8738
- Rod Gunn Ice Arena rgunn@rap.midco.net (C) (605)-381-3235...
- Gloria Gunn Summer Nights grgunn@rap.midco.net (C) (605) 381-7075
- Jim and Arletta Schuh Summit and Barnett Arena gymshoe122964@gmail.com
 (C) (505)-391-8664
- Rod Gunn Club's Website https://portal.clubrunner.co/101337
 (C) 605 381-3532
- Rhonda Reuwsaat-Facebook Coordinator <u>RC Cosmopolitan Club</u>
 © (605)-209--615

Rapid City Cosmopolitan Club President



Rapid City Cosmopolitan Club President

- Chuck Reuwsaat
- PO Box 994
- Rapid City, South Dakota 57709

North Central Federation Governor



North Central Federation Governor

- Nancy Trautman
- PO Box 994
- Rapid City, South Dakota 57709

COSMOPOLITAN CONTACT LIST

Cosmopolitan International Headquarters:

Melvina Newman, Executive Director
Phone 717-295-7142
headquarters@cosmopolitan.org
2500 West 49th Street, Ste 223, Sioux Falls, SD 57106-6508

North Central Federation:

Nancy Trautman, Governor
Phone 605-484-1316
njt751@gmail.com
2032 Promise Rd Apt 3418, Rapid City, SD 57701

North Central Federation Board: Governor Nancy Trautman

Governor- Elect: Deb Petersen petedoug44@sio.midco.net

Past Governor: Melvina Newman melvinanew@aol.com

Lt. Governor: Chuck Reuwsaat c.reuwsaat@rap.midco.net

Treasurer Chris Bauer cbauer@cortrustbank.com

Secretary Cherry Luitjen
Cherry.dakota@gmail.com

Bruce McCollier

brucemcc@sio.midco.net

Sioux Falls Noon President

Deb Petersen (same as above)Sioux Falls Evening

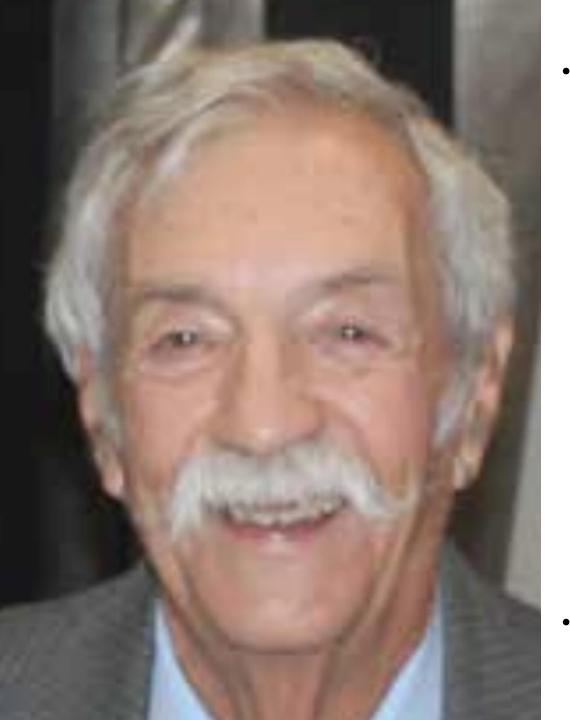
President Chuck Reuwsaat (same as above)Rapid City Cosmopolitan President

Cosmopolitan International Executive Director



Emphasize the business benefits to being a member. Encourage all members to stay active an What would you like to accomplish for the rest of the involved as we get out of it from what we put into it. year? Look at the goals you set last fall for this Cosmo year and brainstorm a couple important ones. If This year has seen significant changes and all have not reached those goals, think about a specific been very positive for the future of Cosmopolitan. target now as there is still time to reach all your goals. This is your organization. Along the way we have to Cosmopolitan is all about membership recruitment, break new ground but we will grow! Happiness comes program development and finding a cure for diabetes. through doors you didn't even know you left open. And We are all about making a difference in our local rémember the 2022-2023 theme: Alone we can do little, communities and supporting efforts to prevent and find together we can do a lot. a cure for diabetes Membership is the responsibility of every member and programs play a major role in the recruitment and retention of our members. We first must sell Cosmopolitan. Second, having strong programs with interesting, motivating topics and speakers can be a strong factor for attracting prospective members and

Melvina Newman headquarters@cosmopolitan.org



International President Dick Groton

- We are fortunate to have some really talented people serving as officers who will help with the implementation of our programs. Plus, you have Candy to help me and for that you are most fortunate! Most of you have had some contact with her asshe contacted your clubs to update member rosters, current club officers, and names of members who have passed away this year for memorial recognition at the International Convention. Speaking of the International Convention, I can't remember the first convention Candy and I attended. It's been a few years ago. It may have been the convention in New Orleans; that was certainly a memorable one as we paraded down Bourbon Street complete with marching band! The conventions offer a number of opportunities and benefits. The first is to renew old friendships and make new ones. As a member of Cosmopolitan you will be able to participate in our business meetings and make decisions that are critical to our success. You will also visit some interesting places, places that you might not have seen if it were not for our conventions. Places like Gettysburg, New Orleans, Calgary, Rapid City, Omaha, Las Vegas, and Norfolk. Lastly, our conventions provide the latest information on what is happening with diabetes research and offer the opportunity to develop a new Cosmo project to help find a cure for this dreaded disease!
 - Dick Gorton Cosmopolitan President thegortons@cox.net

Cosmopolitan International Officers

International President - Dick Gorton, Omaha Cornhusker Club VP of Finance - Keith Shepherd, Regina Club VP of Membership - Tim Dollens, Columbia Luncheon & Breakfast Clubs VP of Marketing and Fundraising - Sheila Anderson, Sioux Falls Evening Club Judge Advocate - Jim McVay, Omaha Cornhusker Club Capital Federation Governor - Perry Johnson, Norfolk Club Cornbelt Federation Governor - Gery Whalen, Omaha 1-80 Club Mid-States Federation Governor - LaVonne Hawking, Aurora Club Mo-Kan Federation Governor - Dayton Shepherd, Columbia Show-Me & St. **Charles County Clubs**

North Central Federation Governor – Nancy Trautman Rapid City Club Western Canada Federation Governor - John Krysak, Wascana Club