

Cosmopolitan Rays, October 23, 2023



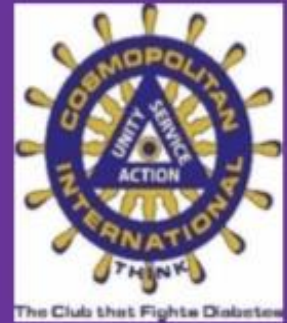
The Club that Fights Diabetes

The Cosmo Rays

Shining Light on the Cosmopolitan Club's Activities

Published After Each Meeting by the Noon Cosmopolitan Club

Meetings Held at Noon on Mondays at Thirsty's at 819 West Main, Rapid City, South Dakota



The Club that Fights Diabetes

**Cosmopolitan
Noon
Luncheon**

**October 23,
2023**

- **RC Cosmo Club News and Notes
Cosmopolitan Noon Luncheon
Monday – October 23, 2023**
- **The Rapid City Cosmopolitan
Club met Monday–October
23, 2023 At Thirsty's.**

President Chuck
Reuwsaat called
the Meeting to
Order at 12:00
PM.



President Chuck Reuwsaat Led the Members in Pledge of Allegiance









Deb Daughters,
Led the
Members in
Prayer.









President Elect Becky Kerr talked to the Members about the upcoming Ruben Clay Show and the Diabetes Health Fair.



Arletta Schuh talked
to the Members about
Events at the Summit
Arena.



Rhonda Reuwsaat
Talked to the
Members about the
Membership Night at
Thirsty's and
Christmas Party at the
Monument.



Governor Nancy Trautman talked to the Members about the Cosmopolitan Day on November 4th and about new procedures being developed for Type 1 Diabetes



President Chuck
Reuwsaat Introduced
Veronica Durand from
the Literacy Council.



She talked to the Members about the clients they serve in the area and the problems that they deal with.





LITERACY COUNCIL OF THE BLACK HILLS

Encourage. Educate. Empower.



CONTACT US TODAY!



605.391.0854



litcouncilblackhills@gmail.com



literacycouncilblackhills.org



We need you!!!

Donate on our website or support us while you shop at AmazonSmile! Just scan the QR code to get started.



Students

Improve your English with **free lessons**

Work 1 on 1 with trained tutors

Listening, Speaking, Reading and Writing

Volunteer Tutors

Work 1 on 1 with motivated adult students

Learn about other cultures while helping others

Training Provided for Literacy Council Tutors



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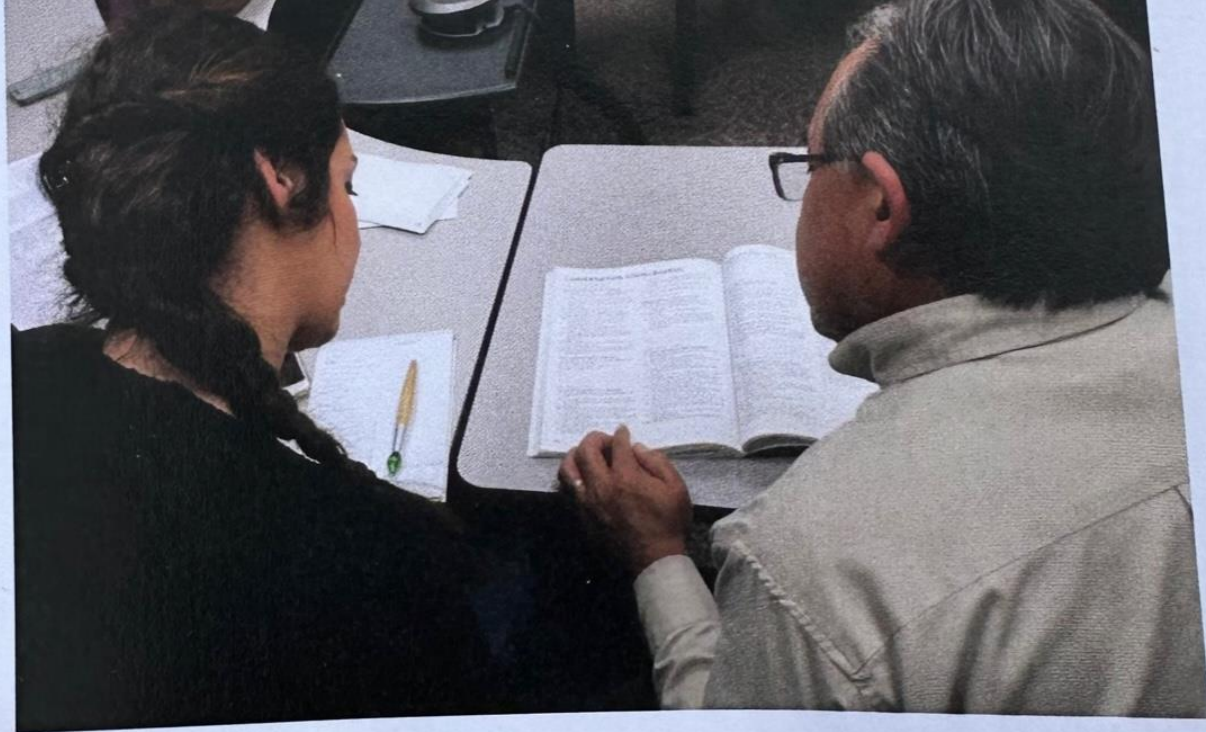
A member organization of
ProLiteracy

Our students write...

"...This tutorial help me to understand more sounds...now is more clear for me. Now I can understand more words in my job."

"I can go to the doctor and ask and understand what he tell me."

"I can go to the conference parents and ask about the behavior of my kids, understand when they tell me something important in English."



Our tutors say...

"In six months, my student got a library card, a driver's license, and a green card, all while operating her own business and caring for her family. Her determination to improve both her life and our community is very inspiring!"

"In just one hour a week, I can make a real difference in someone's life."

Encourage.

Get Involved: Be a Tutor!

Are you patient, persistent, and personable?
Are you a good listener and communicator?
Are you reliable? Are you open-minded? You
would make a great tutor! The Literacy Council
of the Black Hills is continually seeking
dedicated, responsible tutor volunteers.

Local literacy volunteers open the world of
reading to others by providing individual
tutoring and support to learners.

Our volunteer tutors complete twelve hours of
training to obtain teaching tools and resources.
They help students learn and grow at the pace
and with the methods they need.



All instruction is free and individualized.
Tutoring sessions are held at public places,
times, and days that are convenient to both
tutor and student. Tutors and students are
encouraged to meet a minimum of once a week
and to work as partners in setting goals.

The Council provides training, support, and
access to basic and supplemental resources.
Tutoring materials are located at the Rapid City
Public Library.

Becoming a volunteer is a great way
to touch someone's life, plus provide you
with a learning and growing
experience as well!

***A tutor application is available on our
website under the "Get Involved" tab.***

www.literacycouncilblackhills.org

Educate.

Get Involved: Be a Student!

Each learner is unique. We provide free, individualized tutoring to adults and teens in basic reading, speaking, and writing skills, as well as English language learning. We personalize lessons by keeping the learner's goals, strengths, and learning styles in mind.

Additionally, evening conversation classes are offered to help English language learners with speaking and listening skills.

Our research and surveying of our ELL students tell us that 42% of students want to improve their ability to read to their children and help with homework, and 37% of our students wish to improve their ability to read healthcare information.



*A student application is available
on our website.*

www.literacycouncilblackhills.org

*"The more that you read,
the more things you will know.
The more that you learn,
the more places you'll go."*

—Dr. Seuss

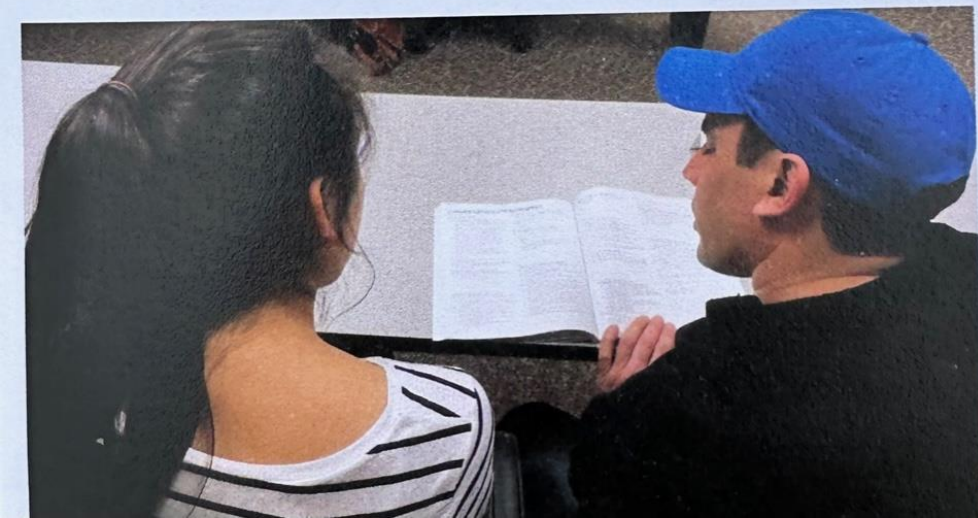


Empower.

Our Philosophy and Tutoring System

Our philosophy originated when Frank Laubach developed a highly successful program for adults who lacked skills in reading and writing. Each person who can read takes on the mission of teaching someone who cannot. The Laubach Way to Reading is a tutoring method that has proven to be effective.

We use additional methods as well, realizing that each learner is unique. Lessons are personalized to keep the student's goals, strengths, and different learning styles in mind. We believe one is never too old to learn.



Why Literacy?

According to the National Center for Education Statistics, about one in five U.S. adults have low literacy skills. Additionally, 6.5% of South Dakota's residents speak a language other than English. These literacy and language barriers are linked to lower incomes, higher unemployment, increased health costs, and greater incarceration rates. The Literacy Council of the Black Hills serves adult students from Rapid City and surrounding Black Hills communities in order to help improve people's lives through acquiring strong literacy skills. Our trained volunteers assist adult students through one-on-one tutoring and ESL conversation classes.

Empower.

Get Involved: Be a Supporter!

The Literacy Council of the Black Hills partners with the Rapid City Public Library and is affiliated with ProLiteracy, a non-profit international literacy organization whose US division provides our council with accreditation, assistance, and services.

Our organization has been supported in part by the United Way since 1991.

The Council seeks to connect with other community organizations and institutions focused on literacy in order to implement worthwhile projects and spread awareness of learning opportunities.

Cash donations are always needed for:

- * curriculum materials
- * student/tutor coordination services
- * tutor training manuals
- * community outreach materials

You can donate online at our website or by mail.

mail.

Thank you!



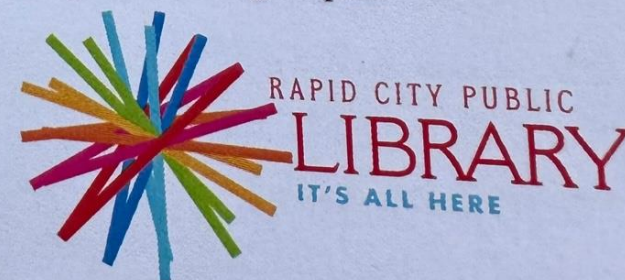
Supporting Organizations



**JOHN T. VUCUREVICH
FOUNDATION**

...to make a piece of the world a brighter place.

LIVE UNITED



A member organization of

ProLiteracy®

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TOMORROW

OUTDOOR



SOUTH SASKATCHEWAN











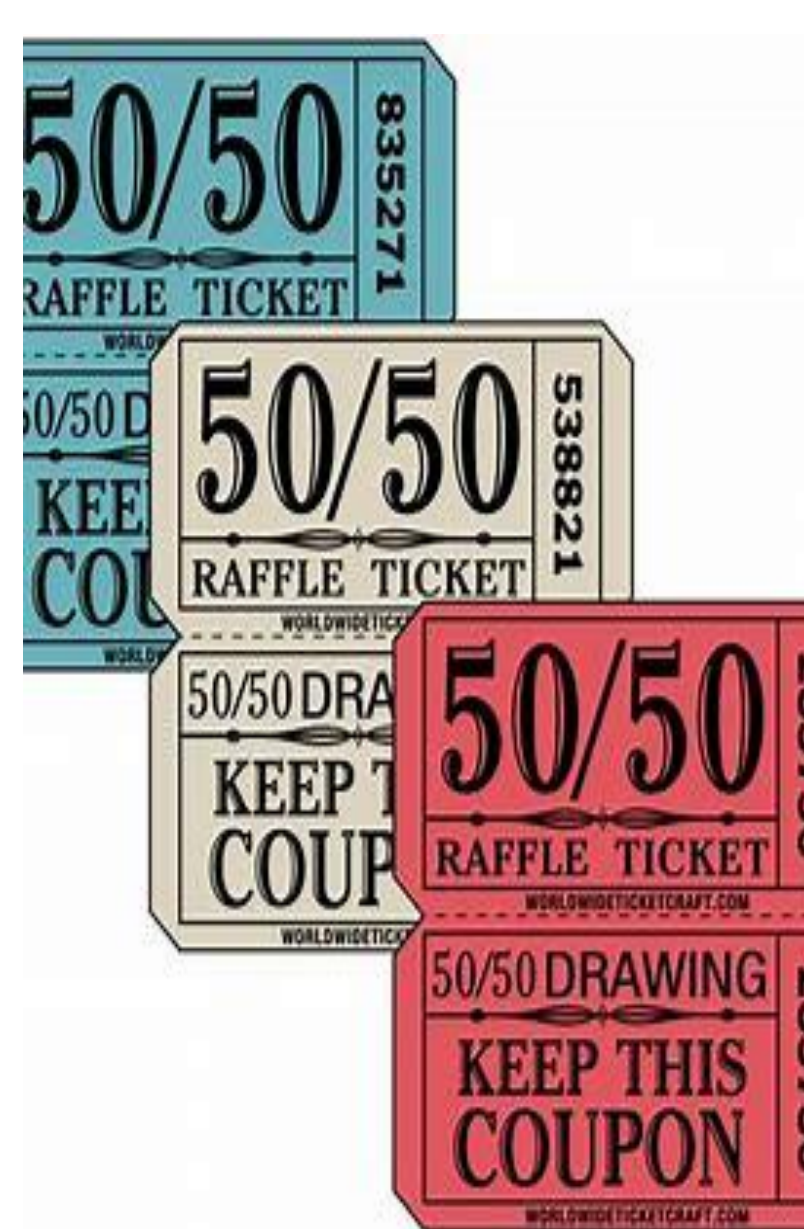




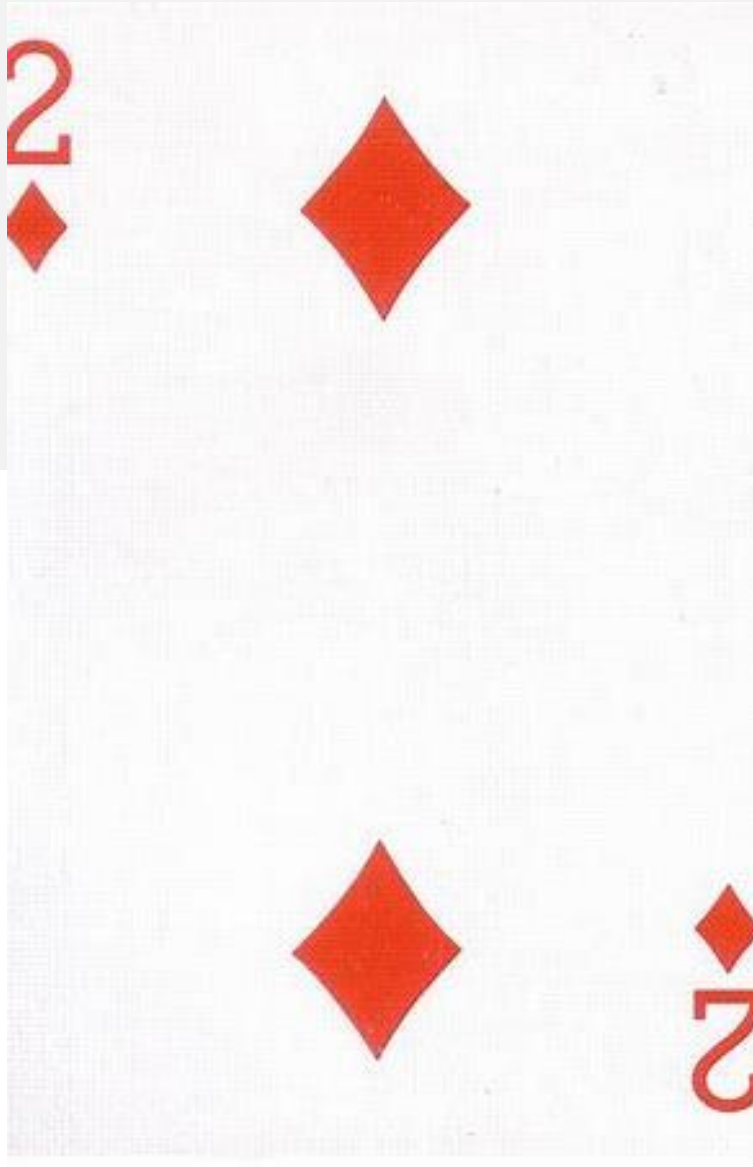


Eileen Desmond was the Lucky Ms. X for the day. She won \$5.00 Dollars.





***Deb Daughters
was the lucky 50-
50 Winner. She
won \$9.00 Dollars,
and gave \$4.00
back to the Club.***



Jim Blackwell was the Lucky 2 of Diamonds Winner. He drew the 19 of Clubs. There were 35 Cards left and it was worth \$148.00 Dollars.

Upcoming Cosmopolitan Meetings

October 30, 2023 Rapid City Sports Commission--Dave Dolan

November 6, 2023 One Heart Program Speaker is Julie Oberlander

November 13, 2023 No Meeting Veterans Day

November 17th MEMBERSHIP EVENT AT THIRSTY'S

November 20, 2023 Journey On -Provide intervention to individual's needing help.

November 27, 2023 No Meeting Thanksgiving

December 4, 2023 Mingle Monday at Osteostrong Wellness Center

Member Birthdays

Name

Gunn, Gloria
Wright, Lenny
Merbach, Karl
Versteeg, Lynn
Duffield, John
Bachi, Erin
Regelin, Meggan
Yantes, Maureen

Date

October 3
October 4
October 4
October 6
October 13
October 22
October 22
October 30



Date Joined RC Cosmopolitan Club

Anniversaries for August

<u>Name</u>	<u>Years</u>	<u>Date</u>
<i>White, Bob</i>	<i>16 years</i>	<i>Oct 15 2007</i>
<i>Gunn, Gloria</i>	<i>14 years</i>	<i>Oct 13 2009</i>
<i>Desmond, Eileen</i>	<i>7 years</i>	<i>Oct 25 2016</i>
<i>Duffield, John</i>	<i>7 years</i>	<i>Oct 25 2016</i>
<i>Trautman, Nancy</i>	<i>6 years</i>	<i>Oct 18 2017</i>
<i>Reuwsaat, Rhonda</i>	<i>1 year</i>	<i>Oct 01 2022</i>



Cosmo Ushering Event Coordinators

- Please e-mail or call the team in charge to sign up for the event or if you need to cancel
- Becky Kerr – Theater barefootbecky3209@gmail.com
(C) (605) 391-8738
- Rod Gunn – Ice Arena rgunn@rap.midco.net (C) (605)-381-3235..
- Gloria Gunn - Summer Nights grgunn@rap.midco.net (C) (605) 381-7075
- Jim and Arletta Schuh – Summit and Barnett Arena gymshoe122964@gmail.com
(C) (505)-391-8664
- Rod Gunn – Club's Website <https://portal.clubrunner.co/101337>
(C) 505 381-3532
- Rhonda Reuwsaat-Facebook Coordinator **RC Cosmopolitan Club**
_© (605)-209--615

Rapid City Cosmopolitan Club President



Rapid City Cosmopolitan Club President

- **Chuck Reuwsaat**
- **PO Box 994**
- **Rapid City, South Dakota
57709**

North Central Federation Governor



North Central Federation Governor

- **Nancy Trautman**
- **PO Box 994**
- **Rapid City, South Dakota 57709**

COSMOPOLITAN CONTACT LIST

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headquarters@cosmopolitan.org

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North Central Federation:

Nancy Trautman, Governor

Phone 605-484-1316

njt751@gmail.com

2032 Promise Rd Apt 3418, Rapid City, SD 57701

***North Central Federation Board:
Governor Nancy Trautman***

***Governor- Elect: Deb Petersen
petedoug44@sio.midco.net***

***Past Governor: Melvina Newman
melvinanew@aol.com***

***Lt. Governor: Chuck Reuwsaat
c.reuwsaat@rap.midco.net***

***Treasurer Chris Bauer
cbauer@cortrustbank.com***

Secretary Cherry Luitjen

Cherry.dakota@gmail.com

Bruce McCollier

brucemcc@sio.midco.net

Sioux Falls Noon President

Deb Petersen (same as above) Sioux Falls Evening

President Chuck Reuwsaat

(same as above) Rapid City Cosmopolitan President

Cosmopolitan International Executive Director



- Emphasize the business benefits to being a member. Encourage all members to stay active and What would you like to accomplish for the rest of the involved as we get out of it from what we put into it. year? Look at the goals you set last fall for this Cosmo year and brainstorm a couple important ones. If This year has seen significant changes and all have not reached those goals, think about a specific been very positive for the future of Cosmopolitan. target now as there is still time to reach all your goals. This is your organization. Along the way we have to Cosmopolitan is all about membership recruitment, break new ground but we will grow! Happiness comes program development and finding a cure for diabetes. through doors you didn't even know you left open. And We are all about making a difference in our local remember the 2022-2023 theme: Alone we can do little, communities and supporting efforts to prevent and find together we can do a lot. a cure for diabetes Membership is the responsibility of every member and programs play a major role in the recruitment and retention of our members. We first must sell Cosmopolitan. Second, having strong programs with interesting, motivating topics and speakers can be a strong factor for attracting prospective members and***

Melvina Newman

headquarters@cosmopolitan.org



International President Dick Gorton

- We are fortunate to have some really talented people serving as officers who will help with the implementation of our programs. Plus, you have Candy to help me and for that you are most fortunate! Most of you have had some contact with her as she contacted your clubs to update member rosters, current club officers, and names of members who have passed away this year for memorial recognition at the International Convention. Speaking of the International Convention, I can't remember the first convention Candy and I attended. It's been a few years ago. It may have been the convention in New Orleans; that was certainly a memorable one as we paraded down Bourbon Street complete with marching band! The conventions offer a number of opportunities and benefits. The first is to renew old friendships and make new ones. As a member of Cosmopolitan you will be able to participate in our business meetings and make decisions that are critical to our success. You will also visit some interesting places, places that you might not have seen if it were not for our conventions. Places like Gettysburg, New Orleans, Calgary, Rapid City, Omaha, Las Vegas, and Norfolk. Lastly, our conventions provide the latest information on what is happening with diabetes research and offer the opportunity to develop a new Cosmo project to help find a cure for this dreaded disease!
- Dick Gorton Cosmopolitan President.
thegortons@cox.net

Cosmopolitan International Officers

International President - Dick Gorton, Omaha Cornhusker Club

VP of Finance - Keith Shepherd, Regina Club

VP of Membership - Tim Dollens, Columbia Luncheon & Breakfast Clubs

VP of Marketing and Fundraising - Sheila Anderson, Sioux Falls Evening Club

Judge Advocate - Jim McVay, Omaha Cornhusker Club

Capital Federation Governor - Perry Johnson, Norfolk Club

Cornbelt Federation Governor - Gery Whalen, Omaha 1-80 Club

Mid-States Federation Governor - LaVonne Hawking, Aurora Club

Mo-Kan Federation Governor - Dayton Shepherd, Columbia Show-Me & St. Charles County Clubs

North Central Federation Governor – Nancy Trautman Rapid City Club

Western Canada Federation Governor - John Krysak, Wascana Club