

2026 Distribution Of Funds



- ***The Rapid City
Cosmopolitan Club
held their 2026
Distributions Of Funds
Luncheon Monday
June 18, 2026 at the
Rapid City Elks Club.***

Club President Becky Kerr called the Meeting to Order at 12:00 PM.



*Jim Schuh, Led
the Members in
Prayer.*



Club President Becky Kerr started the program by thanking everyone for attending the 206 Distribution of Funds.

She then thanked the Corporations in Rapid City that the Cosmopolitan Club gets its funds from.

- 1. Rush Hockey Officers**
- 2. Summer Nights Staff**
- 3. West River Electric Staff Members**

Nancy Trautman- Club President Brought the meeting to Order at 12:00 PM.

Club President Becky Kerr
then honored the 2026
Funds Award Winners.

She and President Elect
Kelly Whiting presented the
checks.





2025 / 2026 Grant Awards

Abbott House

Black Hills Center for the Aging

CASA

Diabetes, Inc

DRIF

Fork Real

Forty & Eight

Monument Diabetes Endocrinology

Rapid City Boys Club

Volunteers of America

Youth and Family Services



abbott house
Youth Services



CASA



Fork Real
Community
Cafe



Forty & Eight

Monument health



Boys Club



ABBOT HOUSE

Black Hills Center For The Aging



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CASA



Diabetes, Inc.



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Monument Diabetes Endocrinology



Forty & Eight



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Rapid City Boys Club

Volunteers of America



2026 Distribution of Funds

Youth and Family Services



2026 Distribution of Funds

***Monument
Diabetes
Endocrinology***

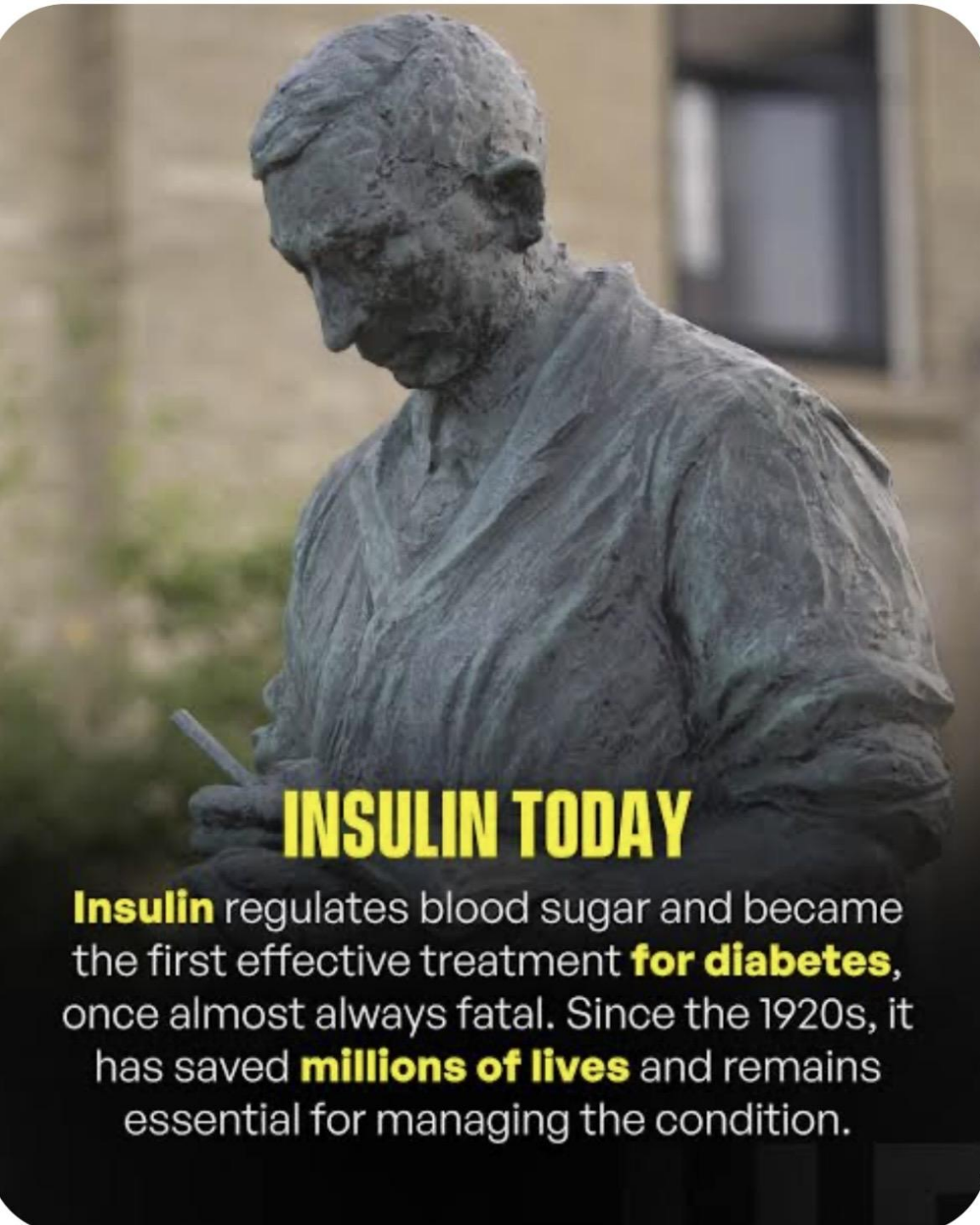
***Julie Jensen
&
Donna Riley***



MEMORIAL ENDOCRINOLOGY AND DIABETES

Dedicated to the treatment of
HORMONAL AND METABOLIC DISEASES





INSULIN TODAY

Insulin regulates blood sugar and became the first effective treatment **for diabetes**, once almost always fatal. Since the 1920s, it has saved **millions of lives** and remains essential for managing the condition.



Monument Health Endocrinology in Rapid City, SD, is located at the Monument Health Rapid City Clinic on Flormann Street, offering services for diabetes, metabolism, and other endocrine disorders with a team of endocrinologists and advanced practice providers like Dr. Sonalika Khachikian, Dr. John Palmer, and Dr. Rachel Edelen, along with nurse practitioners and physician assistants. They provide specialized care for conditions like diabetes and thyroid disorders, with providers known for being thorough and good at explaining conditions.

Diabetes is a disease in which the body does not make or properly use insulin, a hormone necessary for the body to use glucose (sugar). Almost 39 million Americans have diabetes – close to 12 percent of the population. In addition, almost 4 out of 10 adults has prediabetes. The good news is that diabetes can be prevented, managed and in some cases brought into remission. Many adult patients can manage diabetes with education and lifestyle changes; however, Monument Health physicians offer a variety of treatment options, including surgery when necessary.

The major types of diabetes include:

- Type 1 diabetes:** Formerly known as juvenile-onset or insulin-dependent diabetes, this is an autoimmune disease in which the body's own immune system destroys insulin-producing islet cells in the pancreas.
- Type 2 diabetes:** Formerly known as adult-onset diabetes is a disease where insulin does not work effectively to keep the blood sugar level normal.
- Maturity-onset Diabetes of the Young (MODY):** This form of diabetes is inherited and can vary in severity. Often, MODY resembles a very mild version of type 1 diabetes with continued partial insulin production and normal insulin sensitivity.
- Gestational diabetes:** This type of diabetes develops during pregnancy in women who have not been diagnosed with diabetes before. This type of diabetes usually occurs during the second or third trimester.



DIABETES MANAGEMENT

DIABETES MANAGEMENT

Almost 39 million Americans have diabetes – nearly 12 percent of the population. In addition, almost 4 out of 10 adults have prediabetes.

The good news is that diabetes can be prevented, managed and, in some cases, brought into remission. Our diabetes educators help patients manage diabetes through education and support.

- **Advanced Insulin Management:** Teaches you to safely make changes in insulin doses, using protocols established by our endocrinologists. You will work closely with diabetes educators to improve your diabetes control.
- **Gestational Diabetes Management Education:** Provides education to maintain blood glucose control during pregnancy. Most women with well-controlled blood sugar deliver healthy babies without any complications.
- **Insulin Injections:** How to use insulin tools, such as insulin pens.

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- **Insulin Injections:** How to use insulin tools, such as insulin pens.
 - **Insulin Pump Management:** Teaches skills necessary for insulin pump use, technical training on the pump, outpatient pump starts, recommended dosage rates, and making minor changes in insulin doses.
 - **Medical Nutrition Therapy:** Involves a consultation with a Registered Dietitian; topics may include carbohydrate counting, understanding nutrition labels, meal planning, nutritional management of weight, lipids, high blood pressure, and celiac disease.

Abbott House

Beth-Anne Ferley



Our Story

Abbott House Youth Services has served countless children and families in need since opening our doors in Mitchell, SD, in 1939.

Over the years, we have expanded our services to Sioux Falls and Rapid City to keep up with the growing needs of youth across the state.

Our mission? **Providing premier services to youth and their families.**

We are committed to helping those we work with succeed and are continually evolving to ensure success for every person who walks through our doors

Abbott House Beth-Anne Ferley



Abbott House

For over 80 years, Abbott House has devoted our work to providing transformative therapeutic support services for the betterment of youth across the state of South Dakota. Helping youth, ages seven to twenty-one, overcome obstacles posed by trauma, abuse, neglect, and behavioral disorders, our work at Abbott House represents an eternal beacon of light and support for those who've faced the unimaginable. Offering residential treatment, therapeutic foster care, and independent living resources to those we serve, we're on a mission to provide premier services for youth and their families that make a lasting impact

To accommodate the pressing need for therapeutic foster homes across Western South Dakota, Abbott House grew its operations to the community of Rapid City, SD in 2015. Today, Abbott House operates four Bridges Therapeutic Foster Homes in Rapid City, as well as four double bedroom Larson Independent Living Apartments

Champions for Our Youth

At Abbott House Youth Services, **our mission is to provide premier services to youth and families** as they navigate through some of life's most difficult challenges. Since 1939, we have served countless youth in need, helping them succeed, thrive, and overcome the adversities they have faced.



A Legacy of Hope Since 1939

Abbott House Youth Services was founded in 1939 through the vision and commitment of Mrs. Mabel Ronald, who was inspired by the work of child advocate Grace Abbott. What began as a single home in Mitchell, South Dakota, has grown into a statewide organization serving hundreds of children and families each year.

Changing Lives, One Child at a Time

Each year, Abbott House Youth Services serves hundreds of children and families, providing the stability, advocacy, life skills, and support that children need to not only survive, but thrive. Our impact isn't measured by numbers alone, but in restored trust, renewed confidence, and resilient young adults stepping into brighter futures.

Healing Happens Here

With programs and support services in Mitchell, Rapid City, and Sioux Falls, our reach continues to grow—ensuring more young people have access to the safe, healing environments they deserve.

Black Hills Center for the Aging

Lindsey Suchiro
&
Melany Barclay



Black Hills Center for the Aging

ABOUT US

The agency's purpose is to make a positive impact upon the causes and effects of poverty. It accomplishes this by supplying those living in poverty with the tools and assistance necessary to help themselves overcome these conditions. This partnership allows individuals to influence their own future well-being.





Quality of life
is our priority



Less Isolation. More Living!

We provide daytime care and activities for people of all abilities who live independently, with family or caregivers. We offer personal care/hygiene, cognitive activities, community outings, socialization, exercise/mobility, and recreation. Our goal is to improve the quality of life for caregivers and their loved ones!

Who We Are

With our busy lives, it can be hard to find time to care for our loved ones and ensure that we are still taking care of ourselves. Black Hills Center for Aging is here to help. Located in the beautiful Black Hills of South Dakota, we provide superior care for adults of any age or ability level with physical, cognitive or developmental impairments. This includes those with brain injury, stroke, Alzheimer's, or mobility issues. Some of our guests have no physical or cognitive needs simply benefit from socialization and/or supervision.

Our extremely experienced and compassionate staff make sure that your family member enjoys a safe, comfortable and supportive environment to develop friendships and experience a variety of activities, events, entertainment, and community outings.

We also offer caregiver support classes (Powerful Tools for Caregivers and Savvy Caregiver), host Alzheimer's Association Support Groups, and host Memory Cafe. Our goal is to become the premier aging resource in the Black Hills adding services as they are needed.





CASA

Court Appointed Special Advocates

Kehala Two Bulls



CASA

*Court Appointed Special
Advocates*





CASA – Affordable...

casanc.org

40 Years!

The Seventh Circuit CASA Program began in 1986, making it the first CASA Program in the state of South Dakota. In 1988 we assigned our first volunteer advocate to an abuse and neglect case. In the past 30 years, we have advocated for more than 1,300 abused and neglected children. With more and more children in need of advocacy services every year, we continue to strive to find ways to recruit, train, and supervise additional volunteers to reach our goal of advocating for every child.



Diabetes Inc,

***Sheenah
Hannah***

Kanp For Kids

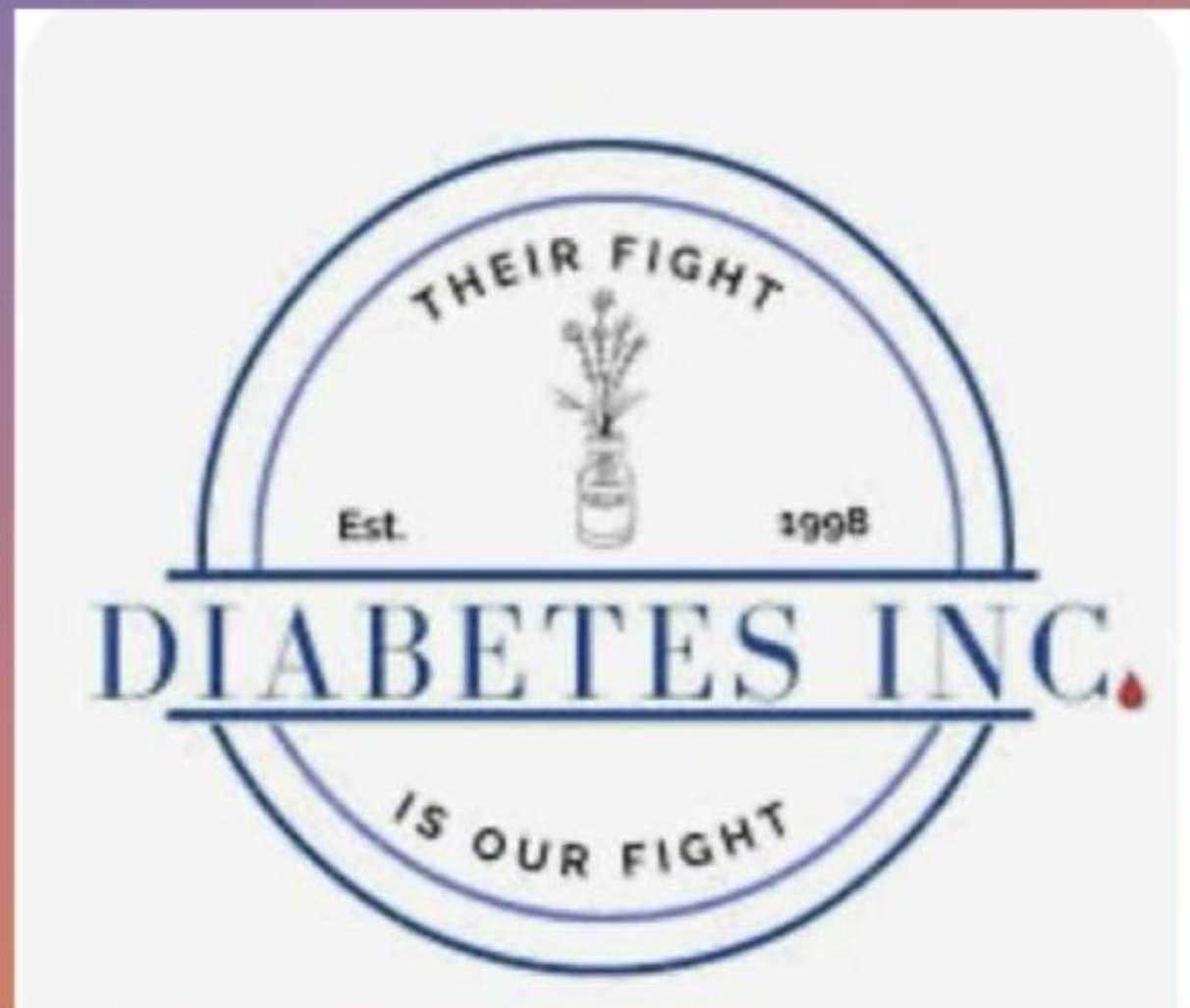


Diabetes Inc,

***Sheenah
Hannah***

Kanp For Kids

*Diabetes
Inc.*





OUTLAW RANCH



WELCOME

KAMP

FOR KIDS



Diabetes Inc.





Kamp for Kids

Kamp for Kids –
Registration will open
May 2026

Join us for an unforgettable experience at Kamp for Kids, designed specifically for children with type 1 diabetes and their families. This exciting camp will take place from August 7 to 9, 2026, at the beautiful Outlaw Ranch in Custer, South Dakota. The best part? Camp is completely free for one child or adolescent with type 1 diabetes and one guardian. Additional family members can join for just \$100, and children aged 3 and under can attend for free. We warmly welcome families and kids aged 0 to 17 from all across the U.S., not just South Dakota residents

Some of our thrilling camp activities, including rock climbing, pony rides, and horseback riding, have limited availability and operate on a first-come, first-served basis. The sooner you register, the better your chances of securing a spot in these exciting activities. While we strive to accommodate as many campers as possible, late registrations may limit our ability to ensure everyone can participate in all the fun. We truly want every child to enjoy every moment of their camp

DRIF
Diabetes
Reach
Institute
Research



A cure is within reach.

A cure would mean restoring natural insulin production and normalizing blood sugar levels without imposing other risks.

DRI clinical trials are already dramatically improving the lives of some people with type 1 diabetes who are now living insulin-free.

The Institute's scientists are addressing the major research challenges that stand in the way of a biological cure. But continuing this research is only possible with your support.

Cure-Focused Diabetes Research

The Diabetes Research Institute houses teams of scientists, engineers, and clinicians with the expertise required to tackle diabetes from many angles. This integration of medicine and technology drives the vision behind the DRI strategy, a comprehensive, multidisciplinary approach to cure diabetes. The strategy builds upon decades of cure-focused research and addresses the major challenges that stand in the way of a biological cure.



Fork Real

Dave Percy

Fork Real





Fork Real Community Café is a nonprofit, pay-what-you-can café in Rapid City, South Dakota, that serves breakfast and lunch with a mission to build community through food and conversation. It operates on a "pay-what-you-can" model, allowing guests to pay the suggested price, pay it forward for someone else, or volunteer in exchange for a meal, ensuring everyone has access to nutritious, homemade food. The menu features breakfast classics, lunch specials like soups and salads, and uses locally sourced ingredients

Key Features

Pay-What-You-Can Model:

A unique system where guests can pay what they can afford, pay it forward, or volunteer for a meal, fostering inclusivity.

Mission:

To create a welcoming space for "Real People, Real Food, Real Conversation," addressing food insecurity in the community.





Key Features

Menu:

Offers a rotating menu with breakfast (bowls, plates, pancakes) and lunch (soups, salads, nachos, chef specials) using fresh, local ingredients.

Community Focus:

Works with local organizations and uses food as a tool to connect people and build community.

Additional Services:

Provides catering, has a food truck, and offers event space rentals



Forty & Eight

Bob Fuller

Forty & Eight



Forty & Eight

OUR PURPOSE:

- Upholding and defending the Constitution of the United States
- Promoting the well-being of veterans, their widows, widowers, and orphans.
- Actively participating in selected charitable endeavors, which include among others, programs that promote child welfare and nurses training.



Forty & Eight



MEMBERSHIP

WHAT IS THE 40 & 8?

**La Société des Quarante
Hommes et Huit**

**Chevaux (The Society of Forty Men
and Eight Horses), is an
independent, invitation only, honor
society of American veterans and
service members; more commonly
known as The Forty and Eight.**

**The Forty and Eight is committed to
charitable and patriotic aims. Our
purpose is to uphold and defend the
Constitution of the United States, to
promote the wellbeing of veterans,
their widows, widnwers and
ornhans**



Forty & Eight

The Forty and Eight is committed to charitable and patriotic aims. Our purpose is to uphold and defend the Constitution of the United States, to promote the wellbeing of veterans, their widows, widowers and orphans, and to actively participate in selected charitable endeavors, which include programs that promote child welfare and nurses training. The titles and symbols of The Forty and Eight are derived from the experiences of U.S. troops during World War I.

Americans soldiers were transported to the front on the French rail system. Cramped into narrow gauge boxcars, each stenciled with "40 Hommes/8 Chevaux" denoting its capacity to hold either 40 men or 8 horses.





Rapid City Club For Boys

Sara Gentry

RC Club for Boys Sara Gentry

- Although the Club for Boys has been in four different locations since 1963, no matter where we are, it is always busy. The Club fulfills many needs in the lives of the boys in the community and has been a consistent, positive influence on the lives of over 39,000 different boys throughout the years. The Club is much more than a place for recreation. Emphasis is placed on everyday guidance. Every boy is presented an equal opportunity and is encouraged and directed by trained, professional staff members to develop to his fullest capacity. Programs are designed to help boys of all ages increase their knowledge and skills year-round.***



THE
CLUB
FOR
BOYS



Who Does The Club For Boys Serve?

Any boy between the ages of
6 and 17 can join the Club for
only \$12 per year.

What Does The Club For Boys Offer?

The Club offers many programs and activities for members to participate in, including arts and crafts, sports, outdoor recreation, homework help and STEM activities, and more.

Club For Boys

At The Club for Boys, we provide a safe, caring, and fun environment for your boys, and much, much more. For just \$12 a year, boys ages 6-17 can learn and grow in a consistent, positive environment and build life-long connections through the many youth activities and program offerings that are tailored for each age group.

We also provide additional family services to ensure that your boys thrive, such as our Nutrition Program, Family Services, and Affordable Housing through our partnership with Heartland Heights.

Every boy is presented with an equal opportunity and is encouraged and mentored by trained, professional staff members to develop to his fullest capacity.

MISSION

The Club for Boys is dedicated to providing positive experiences that develop self-esteem and character in a caring, safe, and fun environment for all boys

Club For Boys

What is The Club for Boys?

The Club for Boys is an all-boys, Rapid City non-profit organization that empowers boys to discover their full potential as caring, responsible, and active members of their community.

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Volunteers Of America



Volunteers of America Northern Rockies, Rapid City, S.D.
(KOTA)

Volunteers Of America

Volunteers of America was founded in 1896 by social reformers Ballington and Maud Booth. They envisioned a movement dedicated to "reaching and uplifting" the American people. On behalf of the organization, the Booths pledged to "go wherever they are needed, and do whatever comes to hand". That declaration has guided Volunteers of America's outreach efforts ever since.

Volunteers Of America

Mission

We serve to harness hope and re-shape futures through a faith-based ministry.

Vision

- everyone living in the fullness of a healthy body, mind, and spirit.*

Values

*Servant Leadership demonstrated through
Compassion, Respect, Excellence, Communication, and Integrity.*



Youth & Family Services

Brianna Nelson

Teaching Kids, Helping Families



At Youth & Family Services, we offer fun and educational programs for kids, prenatal through the teen years, and their families.

KINDNESS

MAKES OUR COMMUNITY STRONGER



Kindness

Be kind to yourself and others. We can all show kindness everyday and in many different ways. Visit our kindness page for some ideas on how you can help promote kindness in our community.



Youth & Family
Services

We help kids™



United Way of the Black Hills



Youth & Family Services





YFS Head Start Overview

Youth & Family Services



Learn and Grow at YFS

Youth & Family Services provides programs to more than 14,000 children and families each year. YFS is located in Rapid City and provides programs and services in every county in western South Dakota.

Get a Head Start!

Enroll your kids (ages 0-5) in our high quality Head Start programs. Choose from Home-Based or Center-Based options. No-cost to those that qualify. Enroll Today!





SUITE
400

Youth & Family Services



Nutrition Services

YFS Nutrition Services provides healthy meals and snacks to children in YFS programming, through the summer nutrition program and in conjunction with local child care providers.





***Thanks so much to
Kelly & Lori
Whiting for
organizing this
event at the Rapid
City Elks Club.***



RC

ELKS





High Noon

HIGH NOON

RC

ELK



DEAUTY 1987











RC

RLS

Special

COSMOPOLITAN
CLUB
RAPID CITY



RC

RCS

Special

COSMOPOLITAN
CLUB
RAPID CITY











